

Monday Club Portglenone

Northern Ireland · Charity number 107850

Details

Status Received

Registered 2021-05-14

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address 65 Moyagoney Road
Portglenone
Ballymena
Bt44 8jh
BT44 8JH

Phone 07811 490767

Activities

Purposes: The Club is established to relieve those in need by reason of age or ill-health and to promote the health of those of 60 years or over in Portglenone, Clady and Innisrush without distinction of sex, nationality or religion, in particular by providing health and wellness activities and a midday meal. (a) to provide facilities in the interests of social welfare for the education, recreation and leisure-time occupation of the beneficiaries who by reason of social or economic circumstances have need of such facilities.

What the charity does: The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Community development, Cross-border/cross-community, General charitable purposes, Volunteer development

Who the charity helps: General public, Mental health, Older people, Voluntary and community sector

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£23,991	£17,495	£0	0

Trustees

Name	Role	Appointed
Dr Rose Mary Campbell		
Mrs Angela Dillon		
Mrs Anne Bell		
Mrs Eithne Mulholland		
Mrs Iris Glass		
Mrs Sally Glass		

Monday Club Portglenone

Northern Ireland - Charity number 107850

Accounts

Monday Club Financial statement September 2024 - August 2025

Bank Balance September 2024: £16,210.57

Bank Balance August 2025: £6,496.09

Income		Expenditure	
Funding Awards for All	£4,489	Rent	£264
Members' Contributions	£3,091	Programmes	£300
St Vincent de Paul donation	£200	Food	£1,286
		Activities	£6,326
		Shows	£2,119
		Dinner	£4,350
		Transport	£2,850
Total Income	£23,991	Total Expenditure	£17,495

Signed: Anne Bell
Chairperson

Signed: Angela Dillon
Treasurer

Authorised by: Karen Duffin

Monday Club Portglenone

Northern Ireland - Charity number 107850

Accounts

Monday Club Portglenone

Accounts from September 2023 - August 2024

<i>Opening Balance 3.09.2023</i>	£ 22,247.88
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INCOME

Membership contributions	£ 3,312.50
St Vincent de Paul	£ 200.00
TOTAL INCOME	£ 25,760.38

EXPENDITURE

Transport	£ 2,300.00
Dinner at trips	£ 3,063.45
Entrance to events	£ 1,230.00
Rent	£ 186.00
Programme cost	£ 110.00
Equipment costs	£ 513.57
Lunches	£ 1,254.95
Activities	£ 282.30
Insurance	£ 309.54
Admin Costs	£ 300.00
TOTAL EXPENDITURE	£ 9,549.81

<i>Income less expenditure</i>	£ 16,210.57
<i>Bank Statement August 2024</i>	£ 16,210.57

Monday Club Portglenone

Northern Ireland - Charity number 107850

Annual report



Annual Report from September 2023 - June 2024.

This year saw some changes to the structure of our programme when we reduced our meetings from every Monday of the month to the first three Mondays of each month. This new arrangement resulted in the first Monday being our fitness event, the second a social event and the third a guest speaker. These changes did not result in a decrease in our numbers attending each week, indeed we welcomed new members.

It is good to keep active and the exercise routines were embraced by everyone. We had some interesting discussions during our social time when we interacted with others and shared opinions and differences.

In September we had a colour analysis expert come to help us look our best by wearing colours to reflect our personality. Continuing this theme in October the ladies from the local beauty salon taught us how to apply make-up to enhance our features and not to look like mutton dressed like lamb.

In November we received nutritional advice and in December we enjoyed an excellent Christmas dinner followed the next week by an enchanting show of Christmas music by candlelight.

The arrival of 2024 didn't deflect us from continuing with our exercise routine every month and we invited a representative from MEEAP to inform us of the many benefits available to the older person. In February and March, we had two very informative and important talks on how to keep our brain fit and healthy as we age. These talks gave our members plenty to think about and assured us that the activities of the Monday club were helping to encourage social engagement, keep our bodies active and to learn new things.

Our spring outing to Clogher cathedral and Forth Chapel was a very different and most enjoyable experience. The talks by the guides in each location gave us some wonderful information about the history of each place of worship and the determination of the custodians to maintain the buildings despite the financial pressures they encounter. Our lunch in Corrick House hotel was delicious and we had time to explore the beautiful gardens.

In April we had an exciting table quiz when the questions varied from easy to 'I've never heard of that'. For our social event in May we invited a speaker to talk about maintaining a healthy gut and the importance of good eating habits. She brought along some products and the members were happy to buy some and begin the process of building up good bacteria in their gut.

In June our summer outing took us to the Tayto factory when we had to robe up in protective clothing to take our guided tour around the castle. The guides were very informative and some of us were surprised at the level of noise in the building. We came home with a large packet of crisps.

Over the year we had an average attendance of 40 members at each event with a slight decrease on the days when we do the exercise! The feedback I received and the obvious enjoyment and participation in all the events makes my preparation and planning worthwhile. As a community we need each other and a kind word of comfort is more important now than ever. Community support

at times of bereavement and sickness goes a long way to showing that we care. Our efforts were acknowledged at the MEAAP celebration event when our club was awarded first price in the Community friendship category. There were over 40 entries in this category and it was a recognition of just how friendly Portglenone is as a community. This was a wonderful surprise and we felt that we were appreciated by the wider community.

Monday Club Portglenone

Northern Ireland - Charity number 107850

Annual return



Monday Club Accounts: - September 2023 – August 2024

Opening Balance 3.09.2023 = £ 22,247.88

Income		Expenditure	
Membership contributions	£3,312.50	Lunches	£1254.95
St Vincent de Paul donation	£200	Activities	£282.30
		Equipment costs	£513.57
		Rent	£186.00
		Insurance	£309.54
		Programmes	£110
		Admin costs	£300
		Transport	£ 2,300.00
		Entrance to events	£1,230
		Dinner at events	£3063.45
Total income	£25,760.38	Total Expenditure	£9,549.81

Income less Expenditure = £16,210.57		Bank Statement August 2024 = £16,210.57	
Treasurer: Angela Dillon	<i>Angela Dillon</i>		
Chairperson: Anne Bell	<i>Anne Bell</i>		31 December 2024
Verified by:	<i>Karen Dillon</i>		

~~Angela - 31 Dec 2024~~

Monday Club Portglenone

Northern Ireland - Charity number 107850

Accounts



MONDAY CLUB
PORTGLENONE

Financial Statement from Sept 2022 – August 2023

Income		Expenditure	
Carry over from 2022	£25,149.58	Rent	£258.00
Funding	£10,946.00	Insurance	£289.00
Member's Contributions	£5,135.40	Activities & Equipment	£3,866.43
Donation St Vincent de Paul	£100.00	Lunches	£1,022.23
		Entrance to events	£7,857.44
		Dinner at events	£2,504.00
		Transport	£2,750.00
		Programmes	£236.00
		Volunteers	£100.00
		Admin Costs	£200.00
		Total	£19,083.10
Total Income	£41,330.98		
Total Expenditure	£19,083.10		
Balance at 2nd Sept 2023	£ 22,247.88		

McGovern & Duffin
Accountancy & Taxation Services
5 Ballymena Road, Portglenone
Co Antrim, N. Ireland, BT44 8AE
Tel: 028 2582 2517

Signed: Arme Bell
Chairperson

Signed: Angela Dillon
Treasurer

Verified: Kasen Duffin
Date: 8/2/2024

Monday Club Portglenone

Northern Ireland - Charity number 107850

Annual report



Trustees Annual Report to Members

June 2023.

The past year has been one of many exciting events and changes. We began the year by celebrating multi-cultural week over 4 sessions. We enjoyed a talk on Indian culture, had an African drum demonstration, enjoyed a wonderful dance performance and listened to a talk on Iranian culture. These talks culminated in a visit to the Islamic Centre in Belfast which was an interesting learning experience for everyone. These events were sponsored by Apex Housing Association to whom we are most grateful.

In October we hosted a Fashion Show from a local retailer which raised an amazing amount for money to go to our local MS group. We continued with our chair exercises on the first Monday of each month. In November we received some very informative nutritional advice which I hope we have all put into practice and this was followed by a talk from one of our members of her early life in the district. In December a local florist helped us to make a Christmas arrangement which adorned our tables during the festive season. We enjoyed a Christmas lunch and ended the month with a visit to the Waterfront for a Fairy tale of New York.

In January we spent some money at a garden centre, received advice on slow cooking and were entertained by songs of Johnny Cash. In February we were given advice on energy conservation and had a visit from the Dog's trust. We listened to a talk on the Forestry Service and completed a questionnaire on how we would like to see our forests developed within our area. On March and April, we had a talk on My Life in Galway and had an exercise session with Babs. We ended this term with a most enjoyable visit to Royal Hillsborough castle.

Leading up to our summer break we took part in a most entertaining quiz and received advice on how to access benefits for senior citizens. Our summer outing was to Blessingbourne House where the weather was very kind to us and we enjoyed a walk in the gardens and afternoon tea in the house.

During the past year we decided to honour one of the founders of our club who had recently passed away at the age of 96 years. The family donated money as did a member of the council and we were able to purchase a bench with an inscription in her memory.

The numbers attending our weekly club remain fairly constant at 40 – 45 per week and the feedback has been most positive with regard to the talks and events organised for the club.

Next year we will be reducing our club events to three per month with the first Monday being exercise, the second a social day and the third an invited speaker. Recommendations for speakers would be most welcome.

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Annual return



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PORTGLENONE

Financial Statement from Sept 2022 – August 2023

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Carry over from 2022	£25,149.58	Rent	£258.00
Funding	£10,946.00	Insurance	£289.00
Member's Contributions	£5,135.40	Activities & Equipment	£3,866.43
Donation St Vincent de Paul	£100.00	Lunches	£1,022.23
		Entrance to events	£7,857.44
		Dinner at events	£2,504.00
		Transport	£2,750.00
		Programmes	£236.00
		Volunteers	£100.00
		Admin Costs	£200.00
		Total	£19,083.10
Total Income	£41,330.98		
Total Expenditure	£19,083.10		
Balance at 2nd Sept 2023	£ 22,247.88		

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Signed: Arme Bell
Chairperson

Signed: Angela Dillon
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Verified: Kasen Duffin
Date: 8/2/2024