

# CAVANALECK COMMUNITY ASSOCIATION

## ANNUAL REPORT – 2022/2023

THE LEAF CENTRE

7 WILLOW VALE

CAVANALECK

ENNISKILLEN

BT94 4FA

Cavanaleck community association was established in the nineties with support from volunteers and the Housing Executive. The purpose of the group is to provide activities, programs and events that bring the community together and increase skills and learning and decrease social isolation and loneliness.

We have been a registered charity since 2022. We continue to run courses and events for our groups.

At the present time we have a primary age children's groups called The Little Willows, a teenage group, a men's group and a older persons group. We also have a women's group.

Last year was particularly difficult for us as we lost one of our dedicated members, Mary Fee RIP. Mary ran the womens and older persons group and has been a big loss to the committee and wider community.

Whilst we completed and provided many programs during covid, since covid it has been difficult to keep our volunteers due to family commitments and employment changes.

2023 has been a difficult year. We did continue with our children's program and the teenagers. We also organised family community events in the summer, Halloween and Christmas, and occasional coffee mornings. However, towards the end of the year we recruited 2 new committee members and working alongside supporting communities, we are now confident that we have a program of work for 2024 that we can provide to our community.

We continue to have an active childrens group, a teenage group, a knitting and crochet group, a planned mens group, the womens group and our older peoples group.

We know the benefit our programs have been to participants from feedback that we receive so we are looking forward to the year ahead.

We want to achieve the following for all those who come and take part in our programs

- Build self esteem
- Help to reduce stress, fear and anxiety
- Enrich relationships
- Bring communities together
- Reduce isolation
- Evoke new opportunities
- Reduce boredom
- Increase happiness
- Enable self expression and self discovery
- Improve emotional and physical health
- Have a pride in our place and space

All our workers are volunteers. Without them we could not exist and provide these vital community activities.

We would like to thank all those who support us through coming along and volunteering but also the community too as they support all of our events.

CAVANALECK COMMUNITY ASSOCIATION

## RECEIPTS AND PAYMENTS ACCOUNT

For the year ending 31<sup>st</sup> March 2023