

# WALKING FREE

Northern Ireland · Charity number 107118

## Details

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**Status** Received

**Registered** 2018-08-28

**Register** [View on the Charity Commission for Northern Ireland register](#)

## Contact

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**Address** 9 Monteith Meadows  
Annaclone  
Banbridge  
Bt32 5ap  
BT32 5AP

**Phone** 07776 285003

**Email** [info@walkingfree.org](mailto:info@walkingfree.org)

**Website** [www.walkingfree.org](http://www.walkingfree.org)

## Activities

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**Purposes:** The purposes of the charity are: • to relieve the needs of people who are lost and hurting in society locally, nationally and Internationally, in particular those suffering from life controlling issues such as drug and alcohol addiction, and assist them in their spiritual, physical, educational and emotional journey to freedom and to a life of meaning, purpose and productivity. • to relieve suffering and promote the well-being of those people and their families in the area of benefit (Northern Ireland, Republic of Ireland, England, Scotland and Wales) who are suffering or experiencing mental or emotional distress and anguish as a result of mental illness, drug and alcohol addiction, suicide, social and/or economic circumstances, domestic abuse and/or violence and difficulties in their personal lives by the provision of education, development projects and projects that develop life skills for all individuals in the area. • to promote or assist in promoting one to one support for beneficiaries within the area of benefit who have need of such assistance as a result of their youth, age, disability or infirmity, or social and economic circumstances, in an effort to increase the abilities, life skills and self-confidence of such communities in the area of benefit. • to raise awareness of addictions and life controlling issues through engagement in projects and in the provision of resources, training and financial support to assist those in poverty, suffering and distress.

**What the charity does:** The prevention or relief of poverty, The advancement of education, The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

**How the charity works:** Community development, Counselling/support, Education/training, Medical/health/sickness, Relief of poverty

**Who the charity helps:** Addictions (drug/solvent/alcohol abuse), Ex-offenders and prisoners, General public, Homelessness, Learning disabilities, Mental health, Specific areas of deprivation

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£106,377	£88,805	£0	0

## Trustees

Name	Role	Appointed
George Mcilroy		
Gregory Turnbull		
Janet Johnston		
Natalie Gordon		
Trevor Johnston		

**WALKING FREE**

Northern Ireland - Charity number 107118

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# Accounts

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**Receipts and payments accounts**

For the period from	01/04/2024	To	31/03/2025
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**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	95,381			95,381	72,876
Bank interest		-		-	-
Royalty income		-		-	-
Retained profits	10,996			10,996	9,724
<b>A1 Sub total (Gross income for the Annual Return)</b>	<b>106,377</b>	<b>-</b>	<b>-</b>	<b>106,377</b>	<b>82,600</b>
<b>A2 Asset and investment sales (see tables 1 and 2 in section 7 of the guidance).</b>					
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>106,377</b>	<b>-</b>	<b>-</b>	<b>106,377</b>	<b>82,600</b>
<b>A3 Payments</b>					
Wages and salaries	28,800			28,800	28,800
Motor running expenses	19,597			19,597	15,290
Travel expenses	13,183			13,183	12,394
Purchases	9,512			9,512	4,403
Donations	7,698			7,698	5,028
Subsistence	2,525			2,525	1,964
Bank charges	1,162			1,162	102
Equipment expensed	1,041			1,041	40
Telephone	694			694	1,349
Office stationary/expenses	717			717	1,260
Professional fees	451			451	208
Accountancy	300	1		300	300

Advertising	83				83	
Postage	42				42	141
<b>A3 Sub total</b>	<b>85,805</b>				<b>85,805</b>	<b>71,278</b>

**A4 Asset and investment purchases**  
(see tables 1 and 2 in section 7 of the guidance)

<b>A4 Sub total</b>						

**Total payments** 85,805 - - - 85,805 71,278

**Net of receipts/(payments)** 20,572 - - - 20,572 11,322

**Cash funds this year end** 20,572 - - - 20,572 10,996

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	Total funds to nearest £	Last year to nearest £
B1 Cash funds	PayPal account	20,572	-	-	20,572	10,947
	Petty Cash	-	-	-	-	49
		-	-	-	-	-
	<b>Total cash funds</b>	<b>20,572</b>	<b>-</b>	<b>-</b>	<b>20,572</b>	<b>10,996</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	Total funds to nearest £	Last year to nearest £
B2 Other monetary assets						
	<b>Total</b>					

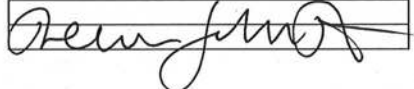
Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	Last year
B3 Investment assets			-	-	-
			-	-	-
			-	-	-
			-	-	-
	<b>Total</b>				

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	Last year
B4 Assets retained for the charity's own use	Motorhome			11,813	15,750
	<b>Total</b>			<b>11,813</b>	<b>15,750</b>

Categories	Details	Fund to which liability relates	When due (optional)	Amount due (optional)	Last year
B5 Liabilities	Accountancy	Unrestricted		300	300
	<b>Total</b>			<b>300</b>	<b>300</b>

Signed by one or two trustees on behalf of all the trustees

Signature

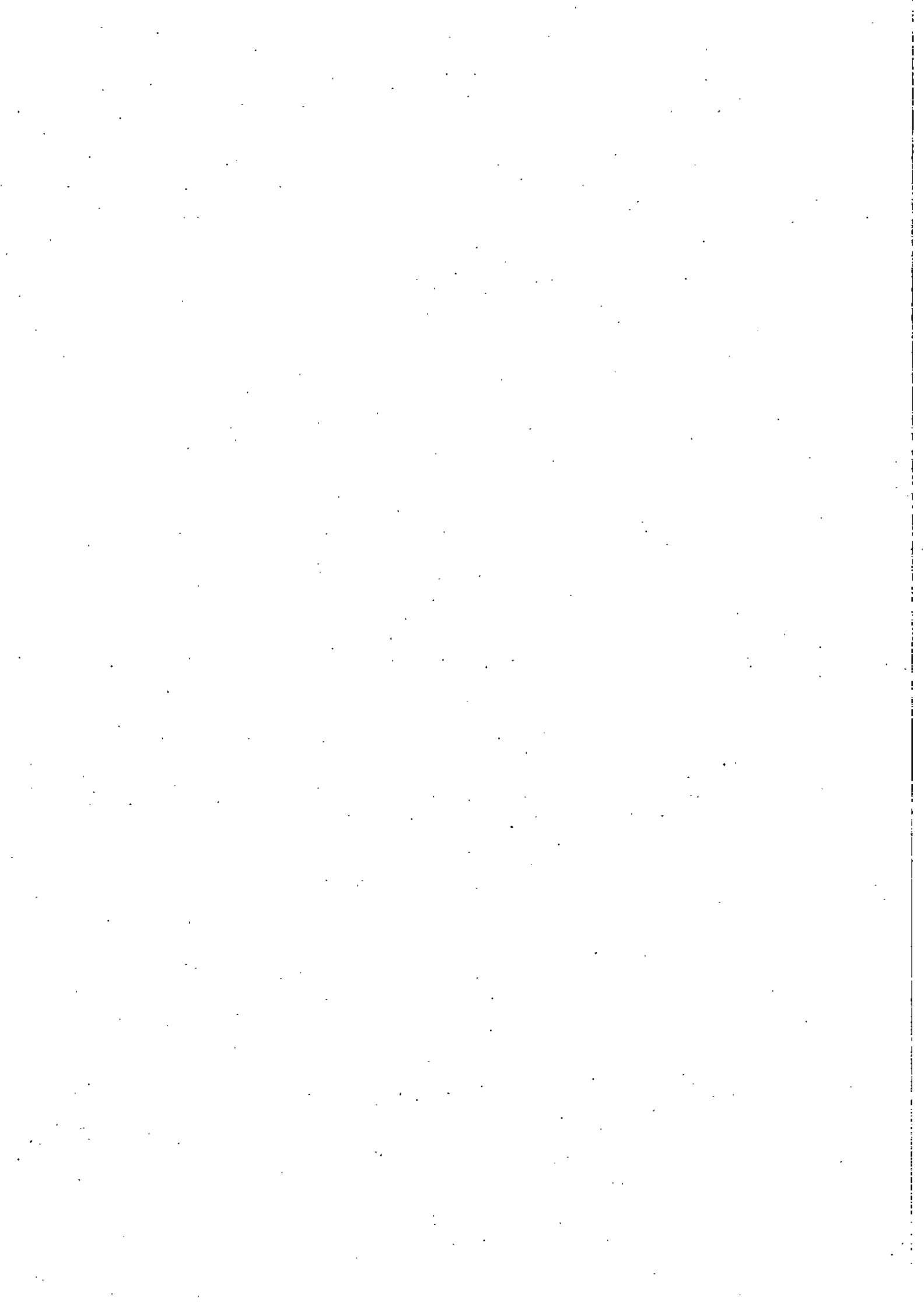


Print Name

TREVOR JOHNSON

Date of approval

3/12/25



**WALKING FREE**

Northern Ireland - Charity number 107118

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# Accounts

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## Receipts and payments accounts

For the period from	01/04/2023	To	31/03/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	72,876			72,876	81,166
Bank interest		-		-	-
Royalty Income	-	-		-	-
Retained profits	9,724			9,724	22,250
<b>A1 Sub total (Gross income for the Annual Return)</b>	<b>82,600</b>	<b>-</b>	<b>-</b>	<b>82,600</b>	<b>103,416</b>
<b>A2 Asset and investment sales (see tables 1 and 2 in section 7 of the guidance).</b>					
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>82,600</b>	<b>-</b>	<b>-</b>	<b>82,600</b>	<b>103,416</b>
<b>A3 Payments</b>					
Wages and salaries	28,800			28,800	28,600
Motor running expenses	15,290			15,290	14,170
Travel expenses	12,394			12,394	14,340
Donations	5,028			5,028	8,236
Purchases	4,403			4,403	10,636
Subsistence	1,964			1,964	2,513
Telephone	1,349			1,349	979
Office stationary/expenses	1,260			1,260	2,545
Staff welfare	326			326	-
Accountancy	300			300	300
Professional fees	208			208	-
Postage	141			141	139
Bank charges	102			102	86
Equipment expensed	40			40	-
Insurance				-	649
<b>A3 Sub total</b>	<b>71,604</b>	<b>-</b>	<b>-</b>	<b>71,604</b>	<b>83,192</b>
<b>A4 Asset and investment purchases (see tables 1 and 2 in section 7 of the guidance)</b>					
				-	21,000
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>21,000</b>
<b>Total payments</b>	<b>71,604</b>	<b>-</b>	<b>-</b>	<b>71,604</b>	<b>104,192</b>
<b>Net of receipts/(payments)</b>	<b>10,996</b>	<b>-</b>	<b>-</b>	<b>10,996</b>	<b>9,724</b>
<b>Cash funds this year end</b>	<b>10,996</b>	<b>-</b>	<b>-</b>	<b>10,996</b>	<b>9,724</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	Total funds to nearest £	Last year to nearest £
B1 Cash funds	PayPal account	10,947	-	-	10,947	9,679
	Petty Cash	49	-	-	49	45
		-	-	-	-	-
	<b>Total cash funds</b>	<b>10,996</b>	<b>-</b>	<b>-</b>	<b>10,996</b>	<b>9,724</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	Total funds to nearest £	Last year to nearest £
B2 Other monetary assets						

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	Last year
B3 Investment assets			-	-	-
			-	-	-
			-	-	-
			-	-	-
		Total	-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	Last year
B4 Assets retained for the charity's own use	Motorhome			15,750	21,000
			Total	-	15,750

Categories	Details	Fund to which liability relates	When due (optional)	Amount due (optional)	Last year
B5 Liabilities	Accountancy	Unrestricted		300	300
			Total	-	300

Signed by one or two trustees on behalf of all the trustees

Signature  
  
 T. George, M. Gray

Print Name  
 TREVOR JOHNSON  
 GEORGIE McILROY

Date of approval  
 25/9/24  
 25/9/24

**WALKING FREE**

Northern Ireland - Charity number 107118

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# Annual report

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**NI Charity Ref: 107118**

**TRUSTEES ANNUAL REPORT**

**YEAR ENDING MARCH 2024**

## 1.0 Introduction

This Annual Report relates to the year April 2023 to March 2024 which has been a strong year of operation and delivery for Walking Free. The Receipt and Payment accounts have been presented in the attached documents.

Walking Free was constituted in August 2018 under a Constitution and Governing document which is provided in Appendix 1.

## 2.0 Walking Free Purpose

WALKING FREE was set up in Northern Ireland UK in August 2018 with a remit across the UK and Ireland to raise awareness of addictions and provide assistance and support to people who are suffering from life-controlling issues by helping them detox, get ready for rehabilitation, undertake rehabilitation. We provide a range of resources both online and books as well as one-to-one personal mentoring to addicts to get free from their addiction.

This leads to the second purpose as Walking Free supports former addicts to stay free from their addiction, to find a job, career, further study or education and to develop skills for life such as managing finance and relationships. Some of this is done directly and some through referrals to other faith-based organisations and churches who offer specific courses and training.

The third purpose provides one-to-one support in an effort to increase the abilities, life skills and self-confidence of such communities in the area of benefit. We work with those affected by life-controlling issues such as alcohol and drug addiction, self-harming etc and provide support directly to these individuals on a face-to-face basis, as well as on live streaming to help them to get free from these addictions and to stay free.

The fourth purpose to raise awareness is primarily carried out through school visits to Schools in Northern Ireland, England, Scotland, Wales and Republic of Ireland) to raise awareness of the distress caused by drugs and alcohol and to share stories of former addicts who are now free to encourage school kids to make great life choices.

## 3.0 Key Achievements

The charity has had a strong year of delivery of support and training to those in addiction and facing life-controlling issues. The charity continued many of its operations online via online Recovery Groups and live streaming. Several hundred individuals were supported remotely via regular phone calls, some were referred to other ministries or rehabilitation centres for specialist support.

A new Walking Free Radio Station (Recovery Radio International) [www.recoveryradiointernational.com](http://www.recoveryradiointernational.com) is now live and whilst there is a lot of content there already, it will be an ongoing project to add testimonies, interviews with Rehabilitation centres, advice on Recovery from a Christian perspective and much more.

Recovery Retreats have taken place in Scotland with circa 100 attendees at each event, at Inchinnan Bible centre near Glasgow Airport, we have up to 100 people in recovery who join us.

John has continued to undertake a range of speaking engagements across the UK and Ireland and he and Trish moved to be based in Tipperary, Ireland in August 2023 as part of the agreement he is providing support to the rehab. His involvement in the rehab has grown significantly to the degree that we are influencing the programme to a large degree.

Two churches in Limerick and Tullamore receive regular practical support from John and both churches are doing well. Limerick church is growing quickly, they are on the streets 5-6 days a week and are leading many to Christ. (Over 3500 in last year)

Walking Free has been partnering with Joshua ministry which is run by Liam McNamara. They have two churches, one in Navan and the other in Ballyborough Co Cavan. They also have an outreach in Dublin, centred in the Salvation Army building on Kings Inn street near Dublin's Henry Street. John will be training up a team of 11 leaders for Joshua. It's proving to be quite an experience as they are all very young Christian's but we are making significant progress.

John is also writing a new book Reflection on Recovery. Walking Free livestreaming on Facebook live and YouTube has proved a great means of reaching more people; thousands are tuning in and it's proving to be a fantastic way of reaching our and helping people all over the world.

#### 4.0 Public Benefit requirement

The Trustees confirm that all activity undertaken in the reporting year fulfilled the obligations as set out in the public benefit statement. Many people have been helped, impacted and supported in a positive and beneficial way in line with the public benefits. Walking Free provided a range of benefits which flow from its charitable purposes which are for all of the public within the area of benefit and all benefits are beneficial. In the case of relieving the needs of people who are lost and hurting, the public benefit was the advancement of health and in some cases saving of lives, individuals becoming well again as a result of the intervention.

#### 5.0 Financial Overview

The Receipts & Payments Accounts for the period set out details of the income and expenditure. As at March 2024, Walking Free generated a net unrestricted surplus of £10,996.00

The Trustees agreed at its meeting in September 2024 that it would continue to work towards a reserves policy that equates to a minimum of 3 months operating expenditure of the charity, which would equate to approximately £10,000 in the current reporting period.

#### 6.0 Trustees

The following Trustees served as Trustees in the period April 2023 to March 2024.

Dr George McIlroy  
Mr Trevor Johnston  
Ms Natalie Clarke  
Mr Greg Turnbull  
Mrs Janet Johnston

No Trustee received any emoluments during the period of this report, nor were there any expenses claimed by Trustees in their capacity as Trustees during this reporting period.

7.0 Confirmation

This report was adopted by the Trustees at its annual general meeting on 25 September 2024

Signed

A handwritten signature in blue ink, appearing to read 'Trevor Johnston', written over a horizontal dashed line.

Trevor Johnston

Chair

A handwritten signature in blue ink, appearing to read 'George McIlroy', written over a horizontal dashed line.

George McIlroy

Treasurer

**WALKING FREE**

Northern Ireland - Charity number 107118

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# Annual return

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## **Independent Examiner's Report to the Trustees of Walking Free NI107118.**

I report on the accounts of the Trust for the year ended 31 March 2024.

### **Respective responsibilities of charity trustees and examiner:**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

### **Basis of independent examiner's report:**

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

### **Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



Name: Matthew Warters  
Chartered Institute of Management Accountants 1-OA1VBK  
Address: 21 Briggland Court, Wilsden, Bradford, BD15 0HL  
Date: 22/08/2024

**WALKING FREE**

Northern Ireland - Charity number 107118

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# Accounts

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Fund to which liability relates

Unrestricted

When due (optional)


Total


Amount due (optional)

300
300

Last year

300
300

Signature

  
S. GEORGE NEWLAW

Print Name

S. GEORGE NEWLAW

Date of approval

19/12/23

19/12/23

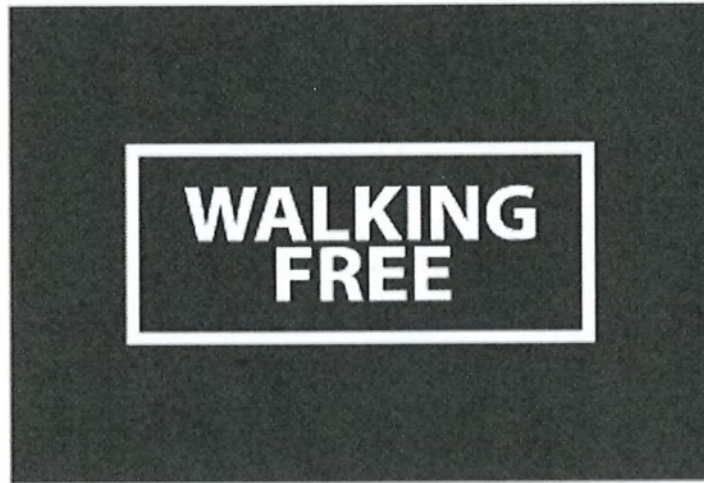
**WALKING FREE**

Northern Ireland - Charity number 107118

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# Annual report

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**NI Charity Ref: 107118**

**TRUSTEES ANNUAL REPORT**

**YEAR ENDING MARCH 2023**

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This leads to the second purpose as Walking Free supports former addicts to stay free from their addiction, to find a job, career, further study or education and to develop skills for life such as managing finance and relationships. Some of this is done directly and some through referrals to other faith-based organisations and churches who offer specific courses and training.

The third purpose provides one-to-one support in an effort to increase the abilities, life skills and self-confidence of such communities in the area of benefit. We work with those affected by life-controlling issues such as alcohol and drug addiction, self-harming etc and provide support directly to these individuals on a face-to-face basis, as well as on live streaming to help them to get free from these addictions and to stay free.

The fourth purpose to raise awareness is primarily carried out through school visits to Schools in Northern Ireland, England, Scotland, Wales and Republic of Ireland) to raise awareness of the distress caused by drugs and alcohol and to share stories of former addicts who are now free to encourage school kids to make great life choices.

## 3.0 Key Achievements

The charity has had a strong year of delivery of support and training to those in addiction and facing life-controlling issues. The charity continued many of its operations online via online Recovery Groups and live streaming. Several hundred individuals were supported remotely via regular phone calls, some were referred to other ministries or rehabilitation centres for specialist support.

In this reporting period, the Trustees took the decision to set Revival Ireland up in its own right with its own Board of Directors. Walking Free established Revival Ireland as a project of Walking Free and Revival Ireland has now been established as a separate ministry with its own Board of Directors.

Over many years now we have built strong relationships with other like-minded Christians across the island of Ireland.

Walking Free has continued to undertake outreach in West Yorkshire, partnering with Christ Harvest Church in Keighley and providing food parcels to local lonely, hungry and broken people on a weekly basis.

A new Walking Free Radio Station (Recovery Radio International) was launched in December 2022 with work ongoing to develop content. due to go live

A Motorhome was purchased (funded by a donation via Walking Free USA) and it will be used in conjunction with the Radio Station for work across Ireland and UK.

Recovery Retreats have taken place in Scotland in August 2022 with circa 100 attendees, alongside various speaking engagements in Glasgow, London and Ireland. Walking Free is supporting the establishing of churches and leadership teams in Limerick and Tullamore.

John is writing a new book Reflection on Recovery. Walking Free livestreaming on Facebook live and YouTube has proved a great means of reaching more people, thousands are tuning in and it's proving to be a fantastic way of reaching our and helping people all over the world.

#### 4.0 Public Benefit requirement

The Trustees confirm that all activity undertaken in the reporting year fulfilled the obligations as set out in the public benefit statement. Many people have been helped, impacted and supported in a positive and beneficial way in line with the public benefits. Walking Free provided a range of benefits which flow from its charitable purposes which are for all of the public within the area of benefit and all benefits are beneficial. In the case of relieving the needs of people who are lost and hurting, the public benefit was the advancement of health and in some cases saving of lives, individuals becoming well again as a result of the intervention.

#### 5.0 Financial Overview

The Receipts & Payments Accounts for the period set out details of the income and expenditure. As at March 2023, Walking Free generated a net unrestricted surplus of £9724.00

The Trustees agreed at its meeting in September 2023 that it would continue to work towards a reserves policy that equates to a minimum of 3 months operating expenditure of the charity, which would equate to approximately £8000 in the current reporting period.

#### 6.0 Trustees

The following Trustees served as Trustees in the period April 2022 to March 2023.

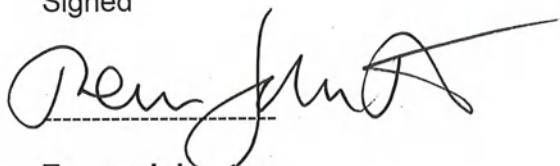
Dr George McIlroy  
Mr Trevor Johnston  
Ms Natalie Clarke  
Mr Greg Turnbull  
Mrs Janet Johnston

No Trustee received any emoluments during the period of this report, nor were there any expenses claimed by Trustees in their capacity as Trustees during this reporting period.

#### 7.0 Confirmation

This report was adopted by the Trustees at its annual general meeting on 6  
December 2023

Signed

A handwritten signature in black ink, appearing to read 'Trevor Johnston', written over a horizontal dashed line.

**Trevor Johnston**

**Chair**

A handwritten signature in black ink, appearing to read 'George McIlroy', written over a horizontal dashed line.

**George McIlroy**

**Treasurer**

**WALKING FREE**

Northern Ireland - Charity number 107118

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# Annual return

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## **Independent Examiner's Report to the Trustees of Walking Free NI107118.**

I report on the accounts of the Trust for the year ended 31 March 2023.

### **Respective responsibilities of charity trustees and examiner:**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

### **Basis of independent examiner's report:**

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

### **Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



Name: Matthew Warters  
Chartered Institute of Management Accountants 1-OA1VBK  
Address: 21 Briggland Court, Wilsden, Bradford, BD15 0HL  
Date: 19/12/2023