

Federation of Experts by Experience

Northern Ireland · Charity number 106893

Details

Status	Overdue
Registered	2017-10-04
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	88 Woodland Park Lisburn Bt28 1lq BT28 1LQ
Phone	028 92674089
Email	maevemills@live.co.uk

Activities

Purposes: The Objects are to relieve the need and promote and protect the mental health of users of mental health services ("the beneficiaries") in Northern Ireland ("the area of benefit") in particular but not exclusively by: providing support, advocacy, networking, practical advice, education, and by any other charitable means as the Trustees shall consider appropriate; acting as a representative of users of mental health services to raise awareness of the needs, experience and issues affecting the beneficiaries to mental health professionals and the general public.

What the charity does: The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works:

Advice/advocacy/information, Education/training, Medical/health/sickness, Welfare/benevolent

Who the charity helps: Men, Mental health, Older people, Voluntary and community sector, Volunteers, Women

Finances

Period end	Income	Expenditure	Assets	Employees
2024-03-31	£5,291	£0	£0	0

Trustees

Name	Role	Appointed
Michele Boyle		
Miss Maeve Rosalind Mills		
Mrs Catherine Anne Mcgroggan		
Pete Brown		

Federation of Experts by Experience

Northern Ireland - Charity number 106893

Accounts

FEDERATION OF EXPERTS BY EXPERIENCE CHARITY NUMBER 106893

INCOME AND EXPENDITURE

YEAR END	31/3/2024	1/4/2023
Opening Balance	£5291.58	
Represented by Bank	£5288.28	
Petty Cash	£3-20	
TOTAL	£5291.58	
EXPENDITURE		£0.00
Opening Cash	£0.00	£5291.58
Closing Balance	£5291.58	
Represented by		
Bank		£5288.28
Petty Cash		£3-20
TOTAL		£5291.58

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Represented by Bank	£5288.28	
Petty Cash	£3.20	
TOTAL	£5291.58	
EXPENDITURE		£0.00
Opening Cash	£0.00	£5291.58
Closing balance	£5291.58	
Represented by		
BANK		£5288.28
PETTY CASH		3.20
TOTAL		5291.58

Federation of Experts by Experience

Northern Ireland - Charity number 106893

Annual report

Federation of Experts by Experience Trustee Report for year ending 31st March 2023

The Trustees did not have regular Trustee meetings in this period due to several Trustees being unwilling to use public transport and attend meetings due to concerns about risk to health following the covid outbreak in the United Kingdom . Also our constitution did not permit on line meetings.

Another major constraint during this period was that the organisation had no current bank account as our Barclays bank account had been closed in July 2021 and despite going through Barclays complaints procedure and completing several on line application forms we could not obtain a new bank account with Barclays.

The experience of the Covid lockdown had a major impact on mental health of all age groups, leading to a reluctance on behalf of many people to engage in social activities and leading to a greater incidence of mental distress in the community . We thus consider that The organisation will have to relaunch itself and seek support from other organisations and stakeholders if we are to develop our membership.

We still believe that mental health service users need a united voice in N.Ireland to monitor and speak out on a range of significant issues at a time when there is more pressure than ever on mental health services , not just the impact of the covid pandemic, the cost of living crisis, the shortage of social housing , the budgetary restraints impacting availability of services , both in the statutory and voluntary.

The organisation also needs to have more trustees on the Committee who have specific experience in using digital forums and fund raising . So this is a goal that we will be pursuing in the next two years.

Signed Maeve Mills Secretary

Catherine McGroggan Treasurer

Federation of Experts by Experience

Northern Ireland - Charity number 106893

Annual return

Independent Examiner's Report to the Trustees of Federation of Experts by Experience

I report on the accounts of the Federation of Experts by Experience for the year ending 31st March 2023 .

Respective responsibilities of Charity Trustees and Examiner

The Charity's Trustees are responsible for the preparation of the accounts in accordance with the Charity Act {N.Ireland} 2008

It is my responsibility to

1. Examine the accounts under Section 65 of the Charity Act
2. Follow the procedures laid down in the general directions give by the Commission under Section 65{9.b}of the Charity Act
3. State whether particular matters may come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under Section 65 of the Charity's Act

and my examination was carried out in accordance with general directions given by the Charity Commission for Northern Ireland under section 65{9b} of the Charity Act

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from the charity trustees concerning such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe;

1. That accounts records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounts requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's Report

I have completed my examination and have no concern in respect of the matter{1-4}listed above and in connection with following the directions of the Charity Commission for Northern Ireland , I have found no matters that require drawing to your attention.

Mr Philip Smith

18th November 2024

Federation of Experts by Experience

Northern Ireland - Charity number 106893

Accounts

FEDERATION OF EXPERTS BY EXPERIENCE

CHARITY NUMBER 106893

AGM 24th October 2024

INCOME AND EXPENDITURE

Year end	31/3/2020	1/4/2019
Opening balance	£7249.29	
Represented by bank	£7235.14	
Petty Cash	£14.15	
Course Fees	£400.00	
TOTAL	£7649.29	
Expenditure		
National Paranoia Network	0	1542.66
Holiday inn Event	0	482.80
Holiday inn Acc.	0	76.00
Event handouts	0	31.00
AI Printing	0	24.00
Event travel/car park	0	31.00
FEBE Banner	0	85.00
Derry meeting	0	74.30
Misc car park	0	1.00
Trustee meeting	0	9.95
Total Expenditure	0	-- 2357.71
Opening cash	0	7269.29
Closing balance	7649.29	5288.28
Represented by		
Bank		5288.28
Petty Cash		3.20
Total		5291.58

Federation of Experts by Experience

Northern Ireland - Charity number 106893

Annual report

TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDING 31/3/2020

The Trustees present the Annual Report and Statement of Receipts and Payments for the Federation of Experts by Experience for the year ending 31/3/2020

Federation of Experts by Experience is a charity which has existed since 2006 when it emerged from the E.B.E. Mental Health Reference Group which was the mental health service user group to the Bamford Review of Mental Health and Learning Disabilities Services .

The organisation registered with the Charity Commission NI under the Charity Number 106893 from 4th October 2017.

It was set up to fulfil several objects which are defined by its Constitution as follows:
2;1 ' providing support, advocacy, networking, information, education and by any other charity means as the Trustees shall consider appropriate'

2.2' acting as a representative of users of mental health services to raise awareness of the needs, experiences and issues affecting the beneficiaries to mental health services and the general public'.

REVIEW FOR THE YEAR APRIL 2019 TO MARCH 2020

As mentioned in our previous year's report there had been a lot of interest generated in training of the use of the Maastricht Interview Questionnaire for Hearing Voices by some service users and professionals present at the F,E,B,E Conference held at B.C.M Belfast in November 2018 when Peter Bullimore had given a presentation on this subject. FEBE therefore organised a two day workshop for ten participants which was composed of service users and mental health professionals at the Holiday Inn, Belfast on the 3rd and 4th September 2019. Everyone found the course challenging but very informative and positive in promoting an empowering and empathic approach in dealing with ' voices'

Another area of interest identified at the Conference was the new mental capacity legislation pertaining to Northern Ireland so training was provided on this subject by Adel Thomas, Head of the Mental Capacity Unit at Mindwise office , Derry on the 19th July . It was attended by Trustees, several members from Mindwise, Bee Heard and S.U.N network. The general consensus that this is a complex piece of legislation which will require considerable resources in training for the mental health workforce and voluntary organisations.

Febes engaged in a number of networking , information and awareness events through -out this year, including meeting with members of Strabane New Bridge Advocates – a self help support group , Participation and Practice of Rights Group Conference on 10TH October in Belfast and the NICVA AGM in December.

Several Trustees were participants in the Draft Mental Health Action Plan Workshop held at the Junction, Dungannon on 24th October following several members involvement in devising the 10 year Mental Health Strategy.

The Febe Committee held four Trustee Meetings in the year and some progress was achieved in creating a Febe website but this was not operational before the end of March 2020. We also launched a newsletter but were awaiting the website before putting on line .

We had planned to hold a FEBE strategy planning day in March 2020 but this plan was put on hold due to the worldwide covid pandemic which resulted in the government restricting numbers attending in door meetings .

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