

The Gemma McHale Foundation

Trustees report and financial statement

for year ended 31st March 2025

Charity Commission for Northern Ireland Registration Number: 106489

The Gemma McHale Foundation

Contents **for year ended 31 March 2025**

	Page
Legal and administrative information	1
Trustee Report	2-5
Independent examiner's report	6
Statement of receipts and payments	7 – 8
Statement of Assets & Liabilities	9
Notes to financial statements	10 – 11

The Gemma McHale Foundation
Legal and administrative information
for the year ended 31 March 2025

Legal Status

The group is a registered charity with the Charity Commission for Northern Ireland since 10 May 2017 under registration number 106489.

Trustees

Siobhan Goan (Chairperson)
Philomena Clarke (Treasurer)
Siobhan McHale (Secretary)
Joanne Jordan
Kieran McHale
Kieran Mc Guire

Registered Address

8A Crilly's Hill Road
Castlederg
Co. Tyrone
BT81 7EW

Bankers

Ulster Bank
Strabane Branch
29 Abercorn Square
Strabane
Co. Tyrone
BT82 8AL

The Gemma McHale Foundation

Trustees' Report

for year ended 31 March 2025

The trustees present their report and the financial statements for the year ended 31 March 2025.

Trustees

The committee of the group, known as the trustees for the purposes of charity law, who served during the year and up to the date of this report are set out on page 1.

Charitable objects

The charity is established for the prevention or relief of sickness by:

- (1) the promotion, provision and teaching of the practice of mindfulness for children and young people in particular, but not exclusively so as to promote and protect good mental health and wellbeing;
- (2) the provision of financial assistance to charities that work for the prevention or relief of sickness and also to individuals who are in need of medical treatment;
- (3) such other charitable means as the charity trustees determine.

The Trustees must use the income of the Charity in promoting the Objects outlined above.

The group is a registered charity with the Charity Commission for Northern Ireland since May 2017 under registration number 106489.

Organisational Structure

The day-to-day management of the charity is carried by the Chairperson, Treasurer and Secretary and the trustees meet on a regular basis to inform and discuss all matters concerning the charity to enable the trustees to make all the policy decision.

Review of activities and achievements

The Statement of Receipts and Payments sets out the results for the year. The purpose of the funds is outlined in the notes to the financial statements.

The charities main activities included:

- An annual 'Gemma's Cycle'
- An annual 'Gemma's 5K'

Our main achievements this year have been:

- Delivery of Mindfulness Programme through the Relax Kids Programme to children. Children greatly benefited from this programme which is evidenced in evaluation forms from school facilitators.
- Providing a Counselling Service to 7 Primary Schools which again can be evidenced by the very positive comments of Principals/counselling facilitator/parents and children on how some children benefited greatly from: one-to-one therapy and small group therapy.
- Continuation of Bereavement Support Group funded through grants (to include Counselling, therapies, trips etc)
- Donating to other charities namely:

Cancer Support

MS Support

Respite Support

Aware NI

Suicide Awareness

Air Ambulance

Kevin Bell Trust

The Foundation benefited from sponsorship from:-

Donations from The Public

SSE Airtricity

5K Run and Cycle

Farmers Union

SECAD Wind Farm

NINLA Awards For All

Seegronan Wind Farm

Thronog Wind Farm

SJP Charity Foundation

PHA Clear Grant

Santander Charitable Giving

DAERA Grant

John Moores Foundation

Darius Donation

D Gallen Donation

John E Draw

Edwards, Glebe, St. Eugene's, St Columba's Primary Schools

Reserves

The statement of Receipts and Payments sets out the results for the year. The purpose of the funds is outlined in the notes to the financial statements.

Statement of trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Charity law require Trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with the United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

The Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that year. In preparing the financial statements, the trustees are required to:-

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed subject to and departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the group and enable them to ensure that the financial statements comply with applicable law. They are also responsible for safeguarding the assets of the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

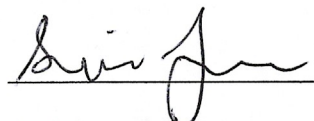
Statement of disclosure of information to independent examiner

So far as each of the trustees in office at the date of approval of these financial statements are aware:

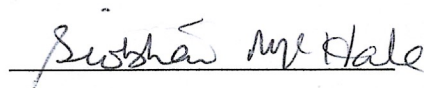
- There is no relevant audit information of which the group's independent examiner is unaware; and
- The trustees have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the group's independent examiner is aware of that information.

This report was approved by the trustees on 14 Jan 2026 and signed on its behalf by:

Signature:



Siobhan Goan
Chairperson



Siobhan McHale
Secretary

Independent Examiner's report to the charity trustees of The Gemma McHale Foundation for the year ended 31 March 2025

I report on the accounts of the charity set out on pages 1 and 2

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Independent Examiner

Edward J Kerlin

**122 Altinure Road
Claudy, Co. Derry, BT47 4DF.**

8/1/2026

The Gemma McHale Foundation
Statement of Receipts and Payments
for year ended 31 March 2025

THE GEMMA McHALE FOUNDATION
INCOME AND EXPENDITURE STATEMENT.
12 MONTHS ENDED 31 MARCH 2025.

2025

INCOME FOR YEAR

	£	£
Donations From The Public		10,376.60
SSE Airtricity		6,200.00
5K Run and Cycle		5,544.00
Farmers Union		3,254.50
SECAD Wind Farm		3,494.00
NINLA Awards for All		20,000.00
Seegronan Wind Farm		4,500.00
Thornog Wind Farm		994.00
SJP Charity Foundation		2,500.00
PHA Clear Grant		4,000.00
Santander Charitable Giving		2,500.00
DAERA Grant		1,996.80
John Moores Foundation		3,280.00
Darius Donation		1,000.00
D Gallen Donation		1,500.00
John E Draw		578.00
Edwards School		750.00
Glebe P School		700.00
St Eugenies School		400.00
St Columbas P School		200.00

73,767.90

EXPENDITURE FOR YEAR

Counselling	14,913.38
Relax Kids Programme	2,256.00
Bereavement Support Group	22,005.30
Cancer Support	750.00
MS Support	500.00
Respite Support	555.00
Fuel Expenses	751.40
Insurance	850.73
Stationery & Office Supplies	628.20
Advertising	275.00
Run / Cycle Expenses	2,941.91
Aware NI	1,000.00
Suicide Awareness	200.00
Air Ambulance	1,100.00
Kevin Bell Trust	200.00
John E Draw Expenses	170.00
Work at Office	9,598.75
Broadband Expense	1,048.52
Sundry Expenses	490.48

60,234.67

SURPLUS FOR YEAR ON ACTIVITIES

13,533.23

THE GEMMA McHALE FOUNDATION
STATEMENT OF AFFAIRS AS AT 31 MARCH 2025

MOVEMENTS ON BANK ACCOUNTS

	2025	
	£	£
OPENING BALANCE ON BANK ACCOUNTS		
Bank Current Account	32,454.29	
Petty Cash Stg.	2.92	
Euro Petty Cash in Stg.	165.04	

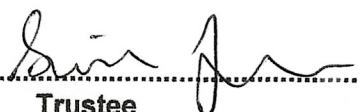
		32,622.25
		=====
ADD Surplus for Year		13,533.23

CLOSING BALANCE ON BANK ACCOUNTS		
Bank Current Account	45,761.10	
Petty Cash Stg.	88.20	
Euro Petty Cash in Stg.	306.18	

		46,155.48
		=====

TRUSTEES' REPORT

We approve these accounts and confirm that we have made available all relevant records and information necessary for their preparation.

SIGNED  DATE 8 JANUARY 2026

Trustee

SIGNED  DATE 8 JANUARY 2026

Trustee

The Gemma McHale Foundation
Statement of Assets and Liabilities
for year ended 31 March 2025

Cash at Bank & In Hand as at 31.03.2025

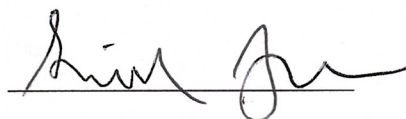
Bank & Cash Balances: Bank Current Account: £45761.10

Petty Cash Stg. £88.20

Euro Petty Cash in Stg. £306.18

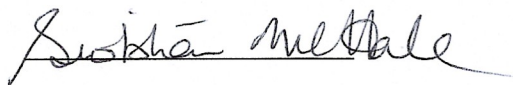
Other Assets: £15848.09

APPROVED BY THE TRUSTEES and Signed on their behalf on 12.01.2026



Siobhan Goan

Chairperson



Siobhan Mc Hale

Secretary

The Gemma McHale Foundation
Notes to the financial Statements
for year ended 31 March 2025

1. Accounting Policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and are prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015) and follow the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (issued March 2005).

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.2 Incoming resources

Income from donations, membership and grants is included in incoming resources when these are received.

When donors specify that donations and grants are for a particular restricted purpose, which do not amount to pre conditions regarding entitlement, this income is included in incoming resources of restricted funds when received.

1.3 Interest receivable

Interest is included on a receivables basis by the charity.

1.4 Resources expended

Resources expended are included in the Statement of Receipts and Payments on a payables basis.

1.5 Fund accounting

Unrestricted funds relate to general funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by funders/donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charges against the specific fund.

1.6 Taxation

The group is not registered for taxation purposes and there has been no tax charges arisen for the group for the year ended 31 March 2025.

2. Fundraising

The charity has raised funds through donations, sponsorship and events highlighted in review of activities and achievements.

3. Grant Income :

SSE Airtricity, SECAD Wind Farm, NINLA Awards For All, Seegronan Wind Farm, Thornog Wind Farm, SJP Charity Foundation, PHA Clear Grant, DAERA Grant, John Moores Foundation, Santander Charitable Giving

4. Trustees emoluments

The trustees neither received nor waived any emolument during the year.

5. Financial commitments

The charity has no financial commitments at present.

6. Transaction with trustees

The trustees attend meetings and carry out the business of the charity on a voluntary basis. Travel expenses are paid to Trustees who carry out the business of the charity, at the standard rate provided by HM Revenue & Customs, on receipt of an approved travel claim. Broadband expenses are paid on receipt of providers invoices.

7. Charity Commission for Northern Ireland

The Gemma McHale Foundation is a registered charity with the Charity Commission for Northern Ireland since 10 May 2017 under registration number 106489.

8. Going concern

In common with all community groups in Northern Ireland, the group continues to experience difficulties in securing long term funding. However, in view of the grants awarded and with volunteer support, the trustees are confident that the group can continue its activities and are therefore satisfied that it is appropriate for the financial statements to be prepared on the going concern basis.