

Trustee Annual Report 26<sup>th</sup> January 2020

Ballykelly is within the top 40-45% of most deprived areas in Northern Ireland and the community has very few activities and facilities that cater for young people. Against this backdrop Ballykelly Boxers ABC has quickly become an invaluable asset to the local community, providing a positive and constructive environment for young people to take part in a well-respected sport that has an extensive local history dating back generations.

At Ballykelly Boxers we recognise that working with young people is an opportunity to help them develop core skills and qualities that will improve their lives and enhance the local community.

Our training is undertaken on a minimum of 3 nights per week with additional time allocated to prepare for competitions. As a smaller entity we do not have the same population concentration as most clubs, in order to compensate for this it is necessary for us to travel extensively for competitions with other clubs, although this increases the logistical challenge it also offers the competitors a chance to visit other communities and meet young people from a range of diverse social backgrounds.

The club also has fully trained coaches to help develop boxers to their fullest potential simultaneously improving skill and fitness. A welcome benefit that accompanies physical exercise and health is the well documented improvements this can make to mental health. Ballykelly Boxers also has robust safe-guarding policies and training.

Andrew Peoples Charman  
31/1/20