

Home-Start Lakeland

Northern Ireland · Charity number 105854

Details

Status	Received
Company number	626485
Registered	2016-10-06
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	Home Start 2 New Street Enniskillen Bt74 6ah BT74 6AH
Phone	028 6634 6818
Email	info@homestartlakeland.org.uk
Website	https://homestartlakeland.org.uk/

Activities

Purposes: The Objects of the Charity are: a) to safeguard, protect and preserve the good health, both mental and physical of children and parents of children; b) to prevent cruelty to or maltreatment of children; c) to relieve sickness, poverty and need amongst children and parents of children; d) to promote the education of the public in better standards of child care; principally but not exclusively within the area of County Fermanagh and its environs.

What the charity does: The prevention or relief of poverty, The advancement of education, The advancement of education, The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Community development, Cultural, Disability, Education/training, Medical/health/sickness, Playgroup/after schools, Relief of poverty, Research/evaluation, Volunteer development, Welfare/benevolent

Who the charity helps: Carers, Ethnic minorities, Interface communities, Learning disabilities, Mental health, Parents, Physical disabilities, Preschool (0-5 year olds), Travellers, Unemployed/low income, Victim support, Voluntary and community sector, Volunteers, Women, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£78,403	£79,105	£0	2

Trustees

Name	Role	Appointed
Mr Bryan Green		
Mr Hugh Thomas Gerald Hegarty		
Mrs Anne Harte		
Mrs Christine Carty		
Mrs Jennifer Marshall Thompson		
Mrs Mabel Greaves		
Mrs Maeve Murphy		
Mrs Maureen Hassard		
Mrs Rhonda Kelly		
Mrs Ruth Coalter		

Home-Start Lakeland

Northern Ireland - Charity number 105854

Accounts

Charity Commission for NI Number: 105854
Company Number: NI626485

Home-Start Lakeland
(A company limited by guarantee, not having a share capital)

Financial Statements
for the year ended 31 March 2025

CooperIrvine Ltd
Chartered Accountants
6 Townhall Street
Enniskillen
Co Fermanagh
BT74 7BA
Northern Ireland

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

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Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES AND OTHER INFORMATION

Trustees	Maeve Murphy (Chairperson) Jenny Thompson (Vice chairperson) Christina Carty (Treasurer) Gerry Hegarty Mabel Greaves Anne Harte Maureen Hassard Ruth Coalter Bryan Green (appointed October 2024) Rhonda Kelly (appointed January 2025)
Charity Commission for NI Number	105854
Company Number	NI626485
Registered Office and Business Address	Belmore Mews Enniskillen Co Fermanagh BT74 6AH
Accountants	CooperIrvine Ltd Chartered Accountants 6 Townhall Street Enniskillen Co Fermanagh BT74 7BA
Bankers	Bank of Ireland Townhall Street Enniskillen Co Fermanagh BT74 7BD

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES' REPORT

for the year ended 31 March 2025

The trustees present their report and the unaudited financial statements for the year ended 31 March 2025.

Home-Start Lakeland is registered as a charity with the Charity Commission for Northern Ireland (Charity number 105854) and is an independent charity, working under the umbrella of Home-Start UK. It is a charitable company limited by guarantee, not having a share capital (Company number NI626485). The registered office address is Belmore Mews, New Street, Enniskillen, Fermanagh BT74 6AH, which is also the principal place of activity of the charitable company.

The financial statements comply with the Charities Act (Northern Ireland) 2008 and subsequent updates (including 2022) and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Directors/Trustees

The trustees who served during the year are set out on page 3. The directors of the company who served during the year are as follows;

Claire Steele (Secretary)

Maeve Murphy
Jenny Thompson
Christine Carty
Gerry Hegarty
Mabel Greaves

Anne Harte
Maureen Hassard
Ruth Coalter
Bryan Green (appointed October 2024)
Rhonda Kelly (appointed January 2025)

The charitable company is governed by the board. The board governs the activities of the charitable company in line with the objectives set out in the governing documents of the charity, namely the Memorandum and Articles of Association and the charity's constitution. None of the trustees has a beneficial interest in the charitable company. The senior manager and the other staff are responsible for the day-to-day operations of the charitable company throughout the year.

Charitable purpose

The constitution and purposes of the charity are detailed in the Memorandum and Articles as the governing documents. These are to safeguard, protect and preserve the good health, both mental and physical of children and parents of children; to prevent cruelty to or maltreatment of children; to relieve sickness, poverty and need amongst children and their parents and to promote the education of the public in better standards of childcare within the Fermanagh area. The main activity of the charity during the year has been to continue to raise funding for the purpose of achieving its objectives.

Public Benefit

The direct benefits which flow from our purposes include; improved health outcomes and improved uptake of health appointments, happier, safer children and happier safer homes. As a result fewer children suffer cruelty or maltreatment, parents and children feel less marginalised. Families make better use of local services and are less isolated and have wider horizons. Families are better able to cope with their needs. Families develop improved coping strategies and parents become more confident through increased education in childcare standards. All of these benefits are demonstrated by the completion of review visit forms which track an individual family's "journey of change". Also feedback questionnaires are completed by families and referrer at the close of support. The benefits of all our purposes are also demonstrated by regular evaluation of the services by Health and Social Care Trusts, funders and monitoring and evaluation of the service. The purposes do not give rise to any harm. The beneficiaries of our purposes are families who are experiencing difficulties or suffering stress and who have at least one child under 5 years of age and live in the Areas of Benefit. A private benefit to volunteers may arise from our mandatory training in values and attitudes, safeguarding children, confidentiality etc. Through the training volunteers gain skills and experience which are transferrable to other settings. These benefits are incidental and necessary to ensure the benefit is provided to our beneficiaries. A second private benefit to Trustees may arise from our programme of training in good governance, finance etc. Through the training Trustees gain skills and experience which are transferrable to other settings. These benefits are incidental and necessary to ensure the benefit is provided to our beneficiaries. These private benefits are relevant to all our purposes.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES' REPORT

for the year ended 31 March 2025

Main achievements in the year

It has been another busy year in Home-Start Lakeland with a 10% increase in referrals to last year and 48 families receiving support this year. This puts an ever-increasing strain on our greatest resource – our volunteers, but thanks to the 27 committed individuals who provided home visiting support to families in Co Fermanagh, we continue our proven track record.

The cost-of-living increases continue to effect families. Rising costs of fuel, food and insurance put ever increasing strain on families and requests for second hand clothing, equipment and requests for fuel grants continued to increase and add to the work of the scheme this year. This year we were awarded Bryson Energy Electricity grants and were able to offer these grants of £200 to families struggling with energy prices. Families were also given Christmas food hampers from Enniskillen Foodbank and Christmas gifts for parents and children donated by the staff of Encirc. The staff of BT had historically provided Christmas gifts for families so we were very grateful to Encirc for filling this gap. Action for Children and Save the Children provided grocery vouchers for struggling families and we were able to refer families for Foodbank. Toddler Sense kindly provided free play sessions to 2 Home-Start families.

Our Amazing Multiples group were able to partake in some great activities at their monthly meet up thanks to funding from the Halifax Foundation. We had 22 families registered for the group that meets monthly September through to June.

Our new family group launched in February 2024, 'Families of the World' continues to grow and flourish. We are advertising the group publicly and registered families are inviting other families along. We have 39 families registered and 20 different countries represented. Thanks to Good Relations through Fermanagh and Omagh District Council and Openreach Community Fund through the Community Foundation, we were able to host a wealth of activities for families and parent only events including sensory play, messy play, physical play, pottery painting and a boat trip. Each month the group chose a celebration or holiday and we do activities, eat foods and the family from that country tell us how they celebrate.

Financial summary for the year

During the year ended 31 March 2025, Home-Start Lakeland produced a deficit of £321. Subsequently, the total assets less current liabilities as at 31 March 2025 amounts to £69,332.

Members' Funds and Reserves Policy

At the year end, Home-Start Lakeland had a members' fund of £69,332. It is the policy of Home Start Lakeland to retain a level to cover any unforeseen expenditure and allow the charity to continue in operation. In accordance with the reserves policy stated on the Memorandum and Articles of the Charity, there is a restricted fund of £40,000 only to be used in the event of winding down.

Special provision relating to small companies

The report has been prepared in accordance with the special provision relating to small companies within Part 15 of the Companies Act 2006.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES' REPORT

for the year ended 31 March 2025

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Both company Law and charity law require the trustees to prepare financial statements for each financial year. Under these laws the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under these laws the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

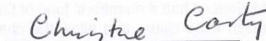
- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent; state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees have overall responsibility for ensuring that the charitable company has appropriate systems of control, financial and otherwise. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure the financial statements comply with the appropriate accounting standards. They are also responsible for the safeguarding of assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees also had regard to the Charity Commission's public benefit requirement statutory guidance.

This report was approved by the trustees on 17th June 2025 and signed on its behalf by:



Maeve Murphy (Chairperson)



Christine Carty (Treasurer)

Home-Start Lakeland

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CHARTERED ACCOUNTANTS' REPORT to the Board of Trustees on the unaudited financial statements of Home-Start Lakeland for the year ended 31 March 2025

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of the charity for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes from the charity's accounting records and from information and explanations you have given to us.

This report is made solely to the Board of Trustees of Home-Start Lakeland, as a body, in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Home-Start Lakeland and state those matters that we have agreed to state to the Board of Trustees of Home-Start Lakeland, as a body, in this report in accordance with the guidance of Chartered Accountants Ireland. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Home-Start Lakeland and its Board of Trustees, as a body, for our work or for this report.

We have carried out this engagement in accordance with guidance issued by Chartered Accountants Ireland and have complied with the ethical guidance laid down by Chartered Accountants Ireland relating to members undertaking the compilation of financial statements.

It is your duty to ensure that Home-Start Lakeland has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of Home-Start Lakeland. You consider that Home-Start Lakeland is exempt from the statutory audit requirement for the year. We provide an independent Examiners' Report as required under Charity law.



COOPERIRVINE LTD

Chartered Accountants
6 Townhall Street
Enniskillen
Co Fermanagh
BT74 7BA
Northern Ireland

Date: 2nd June 2025

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the year ended 31 March 2025 as set out in the financial statements.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008 and subsequent updates (including 2022).

It is the responsibility of the independent examiner to:

- Examine the accounts under section 65 of the Charities Act
- Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's report

An examination of your charity accounts as required under section 65 of the Charities Act was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving my cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached

Independent examiner's statement

Having completed the examination there are no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, no matters that have been found require drawing to your attention.

Name: Paul Stronge FCA

Company Name: CooperIrvine Ltd

Address: 6 Townhall Street, Enniskillen, Co Fermanagh, BT74 7BA

Date: 2nd June 2025

Signature:  _____

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 March 2025

	Notes	Restricted £	Unrestricted £	2025 £	2024 £
Income	2	8,050	70,353	78,403	59,922
Expenditure		(7,964)	(71,141)	(79,105)	(75,470)
Surplus/(deficit) on ordinary activities before interest		86	(788)	(702)	(15,548)
Interest receivable and similar income		-	381	381	402
Total Comprehensive Income		86	(407)	(321)	(15,146)
Members' funds brought forward		40,000	29,653	69,653	84,799
Capital contribution	11	-	-	-	-
Transfer between funds	8	-	-	-	-
Total funds carried forward		40,086	29,246	69,332	69,653

The charity has no recognised gains or losses other than the income for the year. The results for the year have been calculated on the historical cost basis. The charity's income and expenses all relate to continuing operations.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

BALANCE SHEET

as at 31 March 2025

	Notes	2025 £	2024 £
Fixed Assets			
Tangible assets	3	<u>1,719</u>	<u>2,022</u>
Current Assets			
Debtors	4	1,800	270
Cash and cash equivalents		<u>91,949</u>	<u>72,847</u>
		<u>93,749</u>	<u>73,117</u>
Creditors: Amounts falling due within one year	5	<u>(26,136)</u>	<u>(5,486)</u>
Net Current Assets		<u>67,613</u>	<u>67,631</u>
Total Assets less Current Liabilities		<u>69,332</u>	<u>69,653</u>
Members' Funds			
Statement of Financial Activities		<u>69,332</u>	<u>69,653</u>
Restricted funds of the charity	9	40,000	40,000
Unrestricted funds of the charity		<u>29,332</u>	<u>29,653</u>
		<u>69,332</u>	<u>69,653</u>

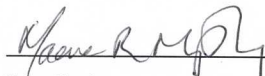
The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of Charities SORP (FRS 102).

For the financial year ended 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006.


The trustees confirm that the members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus and deficit for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Approved by the Board and authorised for issue on 17th June 2025 and signed on its behalf by



Maeve Murphy
(Chairperson)



Christine Carty
(Treasurer)

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2025

1. GENERAL INFORMATION

Home-Start is a charitable private company limited by guarantee incorporated in Northern Ireland. Belmore Mews, New Street, Enniskillen, Fermanagh BT74 6AH is the registered office, which is also the principal place of activity of the charitable company. The nature of the company's operations and its principal activities are set out in the Trustees' Report. The financial statements have been presented in Pound Sterling (£) rounded to the nearest pound which is also the functional currency of the company.

ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the charity for the year ended 31 March 2025 have been prepared in accordance with the provisions of Charities SORP (FRS 102), the Charities Act (NI) 2008 and subsequent updates (including 2022) and the Companies Act 2006. The charity is a public benefit entity.

Basis of preparation

The financial statements have been prepared on the basis of going concern under the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Cash flow statement

The company has availed of the exemption from the requirement to prepare a Statement of Cash Flows because it is classified as a small company.

Income

Income comprises grants and donations received alongside money raised through fundraising during the year. All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured.

Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

Property, plant and equipment and depreciation

Property, plant and equipment are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of property, plant and equipment, less their estimated residual value, over their expected useful lives as follows:

Plant and machinery	-	20% Straight Line
Fixtures, fittings and equipment	-	15% Reducing Balance

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2025

continued

Debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost

Taxation

Home-Start Lakeland is a not-for-profit organisation. The company is not liable to corporation tax.

Going concern

There are no material uncertainties about the charity's ability to continue.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 March 2025

2.

INCOME	2025			2024
	Restricted	Unrestricted	Total	Total
Donations received				
Regular donors	-	310	310	390
Individual donations	-	462	462	1,002
Soroptomist club	-	250	250	320
Karen Caswell	-	-	-	50
Amazon Smile	-	-	-	5
Just giving	-	196	196	20
Anonymous	-	5,825	5,825	5,000
Knit-Knatters	-	200	200	-
Enniskillen Presbyterian	-	545	545	-
Jam	-	20	20	-
	-	-	-	-
	-	7,808	7,808	6,787

Income from fundraising and programmes	2025			2024
	Restricted	Unrestricted	Total	Total
Encirc	-	2,000	2,000	-
Open Garden Event	-	7,040	7,040	-
Enniskillen 10K	-	4,662	4,662	-
Dunnes	-	-	-	398
Tesco	-	238	238	306
B&M bag pack/collection	-	783	783	1,038
	-	-	-	-
	-	14,723	14,723	1,742

Grants received	2025			2024
	Restricted	Unrestricted	Total	Total
WHST	-	42,322	42,322	38,935
Ecclesiastical Fund	-	-	-	1,000
Henry Smith	-	-	-	8,000
Four Acre Trust	-	-	-	2,021
Halifax	3,750	-	3,750	1,250
Fermanagh & Omagh DC	1,800	-	1,800	197
John Moore's	1,000	1,000	2,000	-
Garfield Weston	-	2,500	2,500	-
Black Santa	-	2,000	2,000	-
Tele Community Fund	1,500	-	1,500	-
	8,050	47,822	55,872	51,403

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2025

continued

3. PROPERTY, PLANT AND EQUIPMENT

	Plant and machinery £	Fixtures, fittings and equipment £	Total £
Cost			
At 1 April 2024	4,229	4,267	8,496
Additions	-	-	-
At 31 March 2025	4,229	4,267	8,496
Depreciation			
At 1 April 2024	4,229	2,245	6,474
Charge for the year	-	303	303
At 31 March 2025	4,229	2,548	6,777
Net book value			
At 31 March 2025	-	1,719	1,719
At 1 April 2024	-	2,022	2,022

4. DEBTORS

	2025 £	2024 £
Restricted grants		
Donations	1,800	270
Taxes and social security	-	-
Total	1,800	270

5. CREDITORS

Amounts falling due within one year

	2025 £	2024 £
Accruals	1,074	1,074
PAYE	1,872	-
Amounts received on account	22,500	3,750
Credit card	162	156
Pension costs	528	506
Total	26,136	5,486

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2025

continued

6. CAPITAL COMMITMENTS

The charity had no material capital commitments at the year ended 31 March 2025.

7. EVENTS AFTER END OF REPORTING PERIOD

There is a grant of material significance from Garfield Weston of £7,700 and Children In Need of £15,000 to be applied to next year.

8. MEMBERS' FUNDS

The conditions leading to the restriction of the income received have been fulfilled during the accounting period. The capital grant has been spent and the resultant asset is unrestricted. A fund transfer is therefore made from restricted to unrestricted within the members' funds in line with Charities SORP (FRS 102).

9. RESERVES POLICY

In accordance with the Reserves policy as stated in the Memorandum and Articles of the Charity, the restricted reserve account of £40,000 can only be used in the event of the Charity winding down.

10. RELATED PARTY TRANSACTIONS

There have been no related party transactions during the accounting period.

11. CAPITAL CONTRIBUTION

The transfer of liabilities and assets from Home-Start Lakeland and Irvinestown to Home-Start Lakeland was agreed by the Trustees in 2014. This was approved by the Charity Commission Northern Ireland (CCNI) 1 April 2019. A transfer of liabilities and assets was made by way of a capital contribution amounting to £39,596 made up of restricted funds of £20,000 and unrestricted funds of £19,596.

12. STAFF AND PENSION COSTS

There are no high paid staff whose emoluments as defined for taxation purposes amounted to over £60,000. The average number of employees for the year ended 31 March 2025 was 2. The charity operates a 'net pay arrangement' pension scheme for employees under auto enrolment.

HOMESTART LAKELAND
(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION
RELATING TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS DETAILED INCOME AND EXPENDITURE ACCOUNT for the year ended 31 March 2025

	Restricted	Unrestricted	2025 £	2024 £
Income				
WHSC T	-	42,322	42,322	38,935
Grants	8,050	5,500	13,550	12,468
Fundraising	-	14,723	14,723	1,732
Donations	-	7,808	7,808	6,787
	<u>8,050</u>	<u>70,353</u>	<u>78,403</u>	<u>59,922</u>
Expenditure				
Salaries	-	49,752	49,752	47,691
Pension costs	-	6,218	6,218	5,961
Volunteer expenses	3,127	-	3,127	5,177
Staff expenses	830	408	1,238	1,985
Utilities	-	3,280	3,280	2,649
Rent	300	4,900	5,200	5,200
Professional fees	-	3,379	3,379	3,742
Office expenses	-	2,419	2,419	1,902
General expenses	-	-	-	69
Programmes	3,707	482	4,189	737
Depreciation	-	303	303	357
	<u>7,964</u>	<u>71,141</u>	<u>79,105</u>	<u>75,470</u>
Miscellaneous income				
Bank interest received	-	381	381	402
	<u>86</u>	<u>(407)</u>	<u>(321)</u>	<u>(15,146)</u>

Home-Start Lakeland

Northern Ireland - Charity number 105854

Accounts

Charity Commission for NI Number: 105854
Company Number: NI626485

Home-Start Lakeland
(A company limited by guarantee, not having a share capital)

Financial Statements

for the year ended 31 March 2024

CooperIrvine Ltd
Chartered Accountants
6 Townhall Street
Enniskillen
Co Fermanagh
BT74 7BA
Northern Ireland

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TRUSTEES AND OTHER INFORMATION

Trustees

Gerry Hegarty (Chairperson)
Maeve Murphy (Vice chairperson)
Christina Carty (Treasurer)
Mabel Greaves
Jenny Thompson
Anne Harte
John Cathcart (retired March 2024)
Ruth Coalter (appointed January 2024)
Maureen Hassard (appointed January 2024)

Charity Commission for NI Number

105854

Company Number

NI626485

Registered Office and Business Address

Belmore Mews
Enniskillen
Co Fermanagh
BT74 6AH

Accountants

CooperIrvine Ltd
Chartered Accountants
6 Townhall Street
Enniskillen
Co Fermanagh
BT74 7BA

Bankers

Bank of Ireland
Townhall Street
Enniskillen
Co Fermanagh
BT74 7BD

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES' REPORT

for the year ended 31 March 2024

The trustees present their report and the unaudited financial statements for the year ended 31 March 2024.

Home-Start Lakeland is registered as a charity with the Charity Commission for Northern Ireland (Charity number 105854) and is an independent charity, working under the umbrella of Home-Start UK. It is a charitable company limited by guarantee, not having a share capital (Company number NI626485). The registered office address is Belmore Mews, New Street, Enniskillen, Fermanagh BT74 6AH, which is also the principal place of activity of the charitable company.

The financial statements comply with the Charities Act (Northern Ireland) 2008 and subsequent updates (including 2022) and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Directors/Trustees

The trustees who served during the year are set out on page 3. The directors of the company who served during the year are as follows;

Claire Steele (Secretary)

Gerry Hegarty

Maeve Murphy

Christina Carty

Mabel Greaves

Jenny Thompson

Anne Harte

John Cathcart (retired March 2024)

Ruth Coalter (appointed January 2024)

Maureen Hassard (appointed January 2024)

The charitable company is governed by the board. The board governs the activities of the charitable company in line with the objectives set out in the governing documents of the charity, namely the Memorandum and Articles of Association and the charity's constitution. None of the trustees has a beneficial interest in the charitable company. The senior manager and the other staff are responsible for the day-to-day operations of the charitable company throughout the year.

Charitable purpose

The constitution and purposes of the charity are detailed in the Memorandum and Articles as the governing documents. These are to safeguard, protect and preserve the good health, both mental and physical of children and parents of children; to prevent cruelty to or maltreatment of children; to relieve sickness, poverty and need amongst children and their parents and to promote the education of the public in better standards of childcare within the Fermanagh area. The main activity of the charity during the year has been to continue to raise funding for the purpose of achieving its objectives.

Public Benefit

The direct benefits which flow from our purposes include; improved health outcomes and improved uptake of health appointments, happier, safer children and happier safer homes. As a result fewer children suffer cruelty or maltreatment, parents and children feel less marginalised. Families make better use of local services and are less isolated and have wider horizons. Families are better able to cope with their needs. Families develop improved coping strategies and parents become more confident through increased education in childcare standards. All of these benefits are demonstrated by the completion of review visit forms which track an individual family's "journey of change". Also feedback questionnaires are completed by families and referrer at the close of support. The benefits of all our purposes are also demonstrated by regular evaluation of the services by Health and Social Care Trusts, funders and monitoring and evaluation of the service. The purposes do not give rise to any harm. The beneficiaries of our purposes are families who are experiencing difficulties or suffering stress and who have at least one child under 5 years of age and live in the Areas of Benefit. A private benefit to volunteers may arise from our mandatory training in values and attitudes, safeguarding children, confidentiality etc. Through the training volunteers gain skills and experience which are transferrable to other settings. These benefits are incidental and necessary to ensure the benefit is provided to our beneficiaries. A second private benefit to Trustees may arise from our programme of training in good governance, finance etc. Through the training Trustees gain skills and experience which are transferrable to other settings. These benefits are incidental and necessary to ensure the benefit is provided to our beneficiaries. These private benefits are relevant to all our purposes.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES' REPORT

for the year ended 31 March 2024

Main achievements in the year

It has been another busy year in Home-Start Lakeland with a similar number of referrals to last year but a 10% increase in the number of supported home visited families with 49 families receiving support this year. This puts an ever-increasing strain on our greatest resource – our volunteers but thanks to the 26 committed individuals who provided home visiting support to families in Co Fermanagh we continue our proven track record.

The cost-of-living increases and the after effects of the global pandemic continue to effect families. Our covid born babies have started nursery and school and only now will we see the true effects the pandemic had on our children. Rising costs of fuel, food and insurance put ever increasing strain on families and requests for second hand clothing, equipment and requests for fuel grants continued to increase and add to the work of the scheme.

We took a slight step back from online programmes this year, but 12 families were supported through an online pre-recorded Baby Massage programme giving parents the opportunity to access these classes on a day and at a time that suits them. A donation of BookStart packs from BookTrust allowed us to distribute books and resources to Home-Start Families. Fourteen families attended our 3 BookStart events held in the libraries in Irvinestown, Lisnaskea and Enniskillen and those who were not able to attend received their packs from volunteers and staff.

Our Amazing Multiples group were able to partake in some great activities at their monthly meet up thanks to funding from the Halifax Foundation. We had 23 families registered for the group that meets monthly September through to June.

Referrals from families who were new to the Fermanagh area increased and it was difficult to meet the demand through volunteer support. These families cited poor mental health, isolation and lack of support. They didn't always feel welcome at other groups and so we decided to launch our new family group in February 2024, 'Families of the World' with 15 registered families. The group is continuously growing and hopefully with grants applied for, we will be able to extend the numbers and activities.

Financial summary for the year

During the year ended 31 March 2024, Home-Start Lakeland produced a deficit of £15,146. Subsequently, the total assets less current liabilities as at 31 March 2024 amounts to £69,653.

Members' Funds and Reserves Policy

At the year end, Home-Start Lakeland had a members' fund of £69,653. It is the policy of Home Start Lakeland to retain a level to cover any unforeseen expenditure and allow the charity to continue in operation. In accordance with the reserves policy stated on the Memorandum and Articles of the Charity, there is a restricted fund of £40,000 only to be used in the event of winding down.

Special provision relating to small companies

The report has been prepared in accordance with the special provision relating to small companies within Part 15 of the Companies Act 2006.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES' REPORT

for the year ended 31 March 2024

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

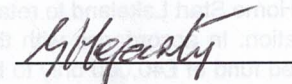
Both company Law and charity law require the trustees to prepare financial statements for each financial year. Under these laws the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under these laws the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

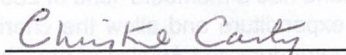
- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent; state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees have overall responsibility for ensuring that the charitable company has appropriate systems of control, financial and otherwise. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure the financial statements comply with the appropriate accounting standards. They are also responsible for the safeguarding of assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees also had regard to the Charity Commission's public benefit requirement statutory guidance.

This report was approved by the trustees on 24/06/2024 and signed on its behalf by:



Gerry Hegarty (Chairperson)



Christine Carty (Treasurer)

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

CHARTERED ACCOUNTANTS' REPORT

to the Board of Trustees on the unaudited financial statements of Home-Start Lakeland for the year ended 31 March 2024

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of the charity for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes from the charity's accounting records and from information and explanations you have given to us.

This report is made solely to the Board of Trustees of Home-Start Lakeland, as a body, in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Home-Start Lakeland and state those matters that we have agreed to state to the Board of Trustees of Home-Start Lakeland, as a body, in this report in accordance with the guidance of Chartered Accountants Ireland. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Home-Start Lakeland and its Board of Trustees, as a body, for our work or for this report.

We have carried out this engagement in accordance with guidance issued by Chartered Accountants Ireland and have complied with the ethical guidance laid down by Chartered Accountants Ireland relating to members undertaking the compilation of financial statements.

It is your duty to ensure that Home-Start Lakeland has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of Home-Start Lakeland. You consider that Home-Start Lakeland is exempt from the statutory audit requirement for the year. We provide an independent Examiners' Report as required under Charity law.



COOPERIRVINE LTD
Chartered Accountants
6 Townhall Street
Enniskillen
Co Fermanagh
BT74 7BA
Northern Ireland

Date: 13th June 2024

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the year ended 31 March 2024 as set out in the financial statements.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008 and subsequent updates (including 2022).

It is the responsibility of the independent examiner to:

- Examine the accounts under section 65 of the Charities Act
- Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's report

An examination of your charity accounts as required under section 65 of the Charities Act was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving my cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached

Independent examiner's statement

Having completed the examination there are no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, no matters that have been found require drawing to your attention.

Name: Paul Stronge FCA

Company Name: CooperIrvine Ltd

Address: 6 Townhall Street, Enniskillen, Co Fermanagh, BT74 7BA

Date: 13th June 2024

Signature:  _____

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

BALANCE SHEET

as at 31 March 2024

	Notes	2024 £	2023 £
Fixed Assets			
Tangible assets	3	<u>2,022</u>	<u>2,379</u>
Current Assets			
Debtors	4	270	740
Cash and cash equivalents		<u>72,847</u>	<u>94,976</u>
		<u>73,117</u>	<u>95,716</u>
Creditors: Amounts falling due within one year	5	<u>(5,486)</u>	<u>(13,296)</u>
Net Current Assets		<u>67,631</u>	<u>82,420</u>
Total Assets less Current Liabilities		<u>69,653</u>	<u>84,799</u>
Members' Funds			
Statement of Financial Activities		<u>69,653</u>	<u>84,799</u>
Restricted funds of the charity	9	40,000	40,000
Unrestricted funds of the charity		<u>29,653</u>	<u>44,799</u>
		<u>69,653</u>	<u>84,799</u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of Charities SORP (FRS 102).

For the financial year ended 31 March 2024 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The trustees confirm that the members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus and deficit for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Approved by the Board and authorised for issue on 24/06/2024 and signed on its behalf by

Gerry Hegarty
(Chairperson)

Christine Carty
(Treasurer)

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2024

1. GENERAL INFORMATION

Home-Start is a charitable private company limited by guarantee incorporated in Northern Ireland. Belmore Mews, New Street, Enniskillen, Fermanagh BT74 6AH is the registered office, which is also the principal place of activity of the charitable company. The nature of the company's operations and its principal activities are set out in the Trustees' Report. The financial statements have been presented in Pound Sterling (£) rounded to the nearest pound which is also the functional currency of the company.

ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the charity for the year ended 31 March 2024 have been prepared in accordance with the provisions of Charities SORP (FRS 102), the Charities Act (NI) 2008 and subsequent updates (including 2022) and the Companies Act 2006. The charity is a public benefit entity.

Basis of preparation

The financial statements have been prepared on the basis of going concern under the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Cash flow statement

The company has availed of the exemption from the requirement to prepare a Statement of Cash Flows because it is classified as a small company.

Income

Income comprises grants and donations received alongside money raised through fundraising during the year. All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured.

Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

Property, plant and equipment and depreciation

Property, plant and equipment are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of property, plant and equipment, less their estimated residual value, over their expected useful lives as follows:

Plant and machinery	-	20% Straight Line
Fixtures, fittings and equipment	-	15% Reducing Balance

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 March 2024

Debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost

Taxation

Home-Start Lakeland is a not-for-profit organisation. The company is not liable to corporation tax.

Going concern

There are no material uncertainties about the charity's ability to continue.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 March 2024

2.

INCOME

Donations received

	2024			2023
	Restricted	Unrestricted	Total	Total
Regular donors	-	390	390	420
Individual donations	-	1,002	1,002	1,319
Soroptomist club	-	320	320	1,200
Osborne's	-	-	-	100
Amazon Smile	-	5	5	17
Just giving	-	20	20	-
Anonymous	-	5,000	5,000	5,000
Rotary club	-	-	-	250
Karen Caswell	-	50	50	-
S & J McGirr	-	-	-	2,700
Elizabeth Keys	-	-	-	500
	-	6,787	6,787	11,506

Income from fundraising and programmes

	2024			2023
	Restricted	Unrestricted	Total	Total
Asda Bag Pack	-	-	-	1,110
Stanley Moffitt	-	-	-	500
Ian Kells	-	-	-	500
E'killen Credit Union	-	-	-	500
St Patrick's Day	-	-	-	2,250
Dunnes	-	398	398	-
Tesco	-	306	306	-
B&M Street Collection	-	1028	1028	-
	-	1,732	1,732	4,860

Grants received

	2024			2023
	Restricted	Unrestricted	Total	Total
WHSCT	-	38,935	38,935	37,603
Ecclesiastical Fund	-	1,000	1,000	-
Henry Smith	8,000	-	8,000	23,667
Four Acre Trust	2,021	-	2,021	5,900
Halifax	1,250	-	1,250	-
Fermanagh & Omagh DC	197	-	197	1,240
	11,468	39,935	51,403	68,410

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2024

continued

3. PROPERTY, PLANT AND EQUIPMENT

	Plant and machinery £	Fixtures, fittings and equipment £	Total £
Cost			
At 1 April 2023	4,229	4,267	8,496
Additions	-	-	-
At 31 March 2024	4,229	4,267	8,496
Depreciation			
At 1 April 2023	4,229	1,888	6,117
Charge for the year	-	357	357
At 31 March 2024	4,229	2,245	6,474
Net book value			
At 31 March 2024	-	2,022	2,022
At 1 April 2023	-	2,379	2,379

4. DEBTORS

	2024 £	2023 £
Restricted grants	270	740
Donations	-	-
Taxes and social security	-	-
Total	270	740

5. CREDITORS

Amounts falling due within one year	2024 £	2023 £
Accruals	1,074	990
PAYE	-	1,763
Amounts received on account	3,750	10,021
Credit card	156	42
Pension costs	506	480
Total	5,486	13,296

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2024

continued

6. CAPITAL COMMITMENTS

The charity had no material capital commitments at the year ended 31 March 2024.

7. EVENTS AFTER END OF REPORTING PERIOD

There is a grant of material significance from Halifax of £3,750 to be applied to next year.

8. MEMBERS' FUNDS

The conditions leading to the restriction of the income received have been fulfilled during the accounting period. The capital grant has been spent and the resultant asset is unrestricted. A fund transfer is therefore made from restricted to unrestricted within the members' funds in line with Charities SORP (FRS 102).

9. RESERVES POLICY

In accordance with the Reserves policy as stated in the Memorandum and Articles of the Charity, the restricted reserve account of £40,000 can only be used in the event of the Charity winding down.

10. RELATED PARTY TRANSACTIONS

There have been no related party transactions during the accounting period.

11. CAPITAL CONTRIBUTION

The transfer of liabilities and assets from Home-Start Lakeland and Irvinestown to Home-Start Lakeland was agreed by the Trustees in 2014. This was approved by the Charity Commission Northern Ireland (CCNI) 1 April 2019. A transfer of liabilities and assets was made by way of a capital contribution amounting to £39,596 made up of restricted funds of £20,000 and unrestricted funds of £19,596.

12. STAFF AND PENSION COSTS

There are no high paid staff whose emoluments as defined for taxation purposes amounted to over £60,000. The average number of employees for the year ended 31 March 2024 was 2. The charity operates a 'net pay arrangement' pension scheme for employees under auto enrolment.

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2024

8. CAPITAL COMMITMENTS

The charity had no material capital commitments at the year ended 31 March 2024.

HOMESTART LAKELAND
(A company limited by guarantee, not having a share capital)

9. EVENTS AFTER END OF REPORTING PERIOD

SUPPLEMENTARY INFORMATION

There is a grant of material significance in relation to the year ended 31 March 2024 which is applied to next year.

RELATING TO THE FINANCIAL STATEMENTS

8. MEMBERS' FUNDS

FOR THE YEAR ENDED 31 MARCH 2024

The conditions leading to the grant of material significance in relation to the year ended 31 March 2024 which is applied to next year are as follows: The capital grant has been spent and the resultant asset is unrestricted. A fund transfer is therefore made from restricted to unrestricted within the members' funds in line with Charities SORP (FRS 102).

9. RESERVES POLICY

In accordance with the Reserves Policy as stated in the Memorandum and Articles of the Charity, the restricted reserve account of £40,000 can only be used in the event of the Charity winding down.

10. RELATED PARTY TRANSACTIONS

There have been no related party transactions during the accounting period.

11. CAPITAL CONTRIBUTION

The transfer of liabilities and assets from Home-Start Lakeland and Tivinstown to Home-Start Lakeland was agreed by the Trustees in 2014. This was approved by the Charity Commission Northern Ireland (CCHI) in April 2016. A transfer of liabilities and assets was made by way of a capital contribution amounting to £39,586 made up of restricted funds of £20,000 and unrestricted funds of £19,586.

12. STAFF AND PENSION COSTS

There are no right paid staff whose emoluments as defined for taxation purposes amounted to over £50,000. The average number of employees for the year ended 31 March 2024 was 2. The charity operates a 'net pay' arrangement pension scheme for employees under an agreement.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS DETAILED INCOME AND EXPENDITURE ACCOUNT for the year ended 31 March 2024

	Restricted	Unrestricted	2024 £	2023 £
Income				
WHST	-	38,935	38,935	37,603
Grants	11,468	1,000	12,468	30,807
Fundraising	-	1,732	1,732	4,860
Donations	-	6,787	6,787	11,506
	<u>11,468</u>	<u>48,454</u>	<u>59,922</u>	<u>84,776</u>
Expenditure				
Salaries	8,228	39,463	47,691	45,866
Pension costs	-	5,961	5,961	5,733
Volunteer expenses	1,793	3,384	5,177	4,432
Staff expenses	1,000	985	1,985	1,289
Utilities	-	2,649	2,649	2,373
Rent	-	5,200	5,200	5,200
Professional fees	-	3,742	3,742	3,414
Office expenses	-	1,902	1,902	2,416
General expenses	-	69	69	317
Programmes	447	290	737	822
Depreciation	-	357	357	743
	<u>11,468</u>	<u>64,002</u>	<u>75,470</u>	<u>72,605</u>
Miscellaneous income				
Bank Interest	-	402	402	77
Net (deficit)/surplus	<u>-</u>	<u>(15,146)</u>	<u>(15,146)</u>	<u>12,248</u>

Home-Start Lakeland

Northern Ireland - Charity number 105854

Annual report



Because Childhood Can't Wait



HOME-START LAKELAND

ANNUAL REPORT 2023 - 2024

Charity Number: NIC105854

How Home-Start Lakeland helps families in our community

For the past 24 years Home-Start Lakeland has been offering one-to-one personalised home-visiting support for parents with children under five. Our volunteers provide non-judgmental, practical and emotional support to help build the family's confidence and its ability to cope at a time when they are dealing with issues such as isolation, bereavement, mental health difficulties, post-natal depression, illness, disability, multiple births or just finding parenting overwhelming. In many cases we manage to reach families that won't engage with other services.

Home-Start Lakeland believes that children need a happy and secure childhood and that parents play a key role in giving their children a good start and in helping them achieve their full potential. Home-Start wants to see a society in which every parent has the support needed to give their children the best start in life and focuses its support on the early years – the most crucial time in a child's development.

Home-Start Lakeland places trained volunteers alongside parents. Support is provided on a weekly basis for as long as a family needs it. Volunteers are managed and supervised by the local scheme which in turn is given support and guidance by Home-Start UK. Home-Start is a local community resource with all the benefits that come from being part of a strong national organisation.

What Home-Start brings to the Fermanagh Community

- Outreach to families through home-visiting support.
- Partnership working and local expertise to enhance family support.
- Trustees: local people selected, trained and guided to run a local service.
- Volunteers: local parents selected, trained and supervised to provide support to other local parents.
- Added value: local and other funding and resources brought into the Fermanagh community



Home-Start Lakeland Trustees 2023 – 2024

Our Trustees are also volunteers, giving time, knowledge and experience to direct and oversee the work of the scheme.

Position	Name	
Chairperson	Gerry Hegarty	
Vice-Chairperson	Maeve Murphy	
Treasurer	Christine Carty	
Members	Jenny Thompson Mabel Greaves Anne Harte John Cathcart (retired March 24) Maureen Hassard Ruth Coalter	
Staff	Co-ordinator:	Diane Noble
	Administrator:	Claire Steele



Chairperson's report

Another busy year for Home-Start Lakeland has ended, with much good work completed. On behalf of the trustees I wish to thank the staff and volunteers, not just for the achievements that are listed in this report, but for the ways in which their work was carried out.

It is a privilege to be invited into someone's home, whatever the circumstances, but especially in times of difficulty, when tactful support can make a great difference. It requires skill, sensitivity, and determination to provide this type of help. Our volunteers have these qualities and of course, invaluable experience of parenting. They are well equipped to deliver the support that builds the confidence of parents and improves their practical skills. At a critical time for the family, they provide much needed guidance and friendship.

Children deserve the best possible start in life. It is the desire to provide this that motivates volunteers to offer their time to Home-Start. We are grateful to them for their generosity in coming to us and for taking part in the demanding training that they must complete before beginning home visiting. Without volunteers, we would not have Home-Start.

We are equally grateful to Diane and Claire who manage all parts of this organisation efficiently and promptly. The requirements of the many statutory agencies who supervise our work must be always met and our staff are mindful of this; something that makes the work of the trustees much easier. In addition, the staff work with enthusiasm and cheerfulness, with a welcome for all who call on our service.

Families of the World is a new group set up this year to provide support to families who are new to our area and who feel very isolated. The acute problems that isolation causes were recognised through the family visiting work already being carried out. The new group becomes part of the range of services offered to families, joining the Amazing Multiples group and the training programmes already being offered.

The demand for support continues at a high level so the need for additional volunteers is great. The types of difficulties that families experience is changing, and to provide the best support, Home-Start works alongside other local agencies. Our staff have responded well to the new challenges they have met.

We continue to work closely with the WHSCT. The Trust's contract is vital to us financially and, as it is supervised closely, it provides us with an additional incentive to maintain the highest standards. Raising the other funds we need is becoming more difficult. We are very appreciative of all from the local area who contribute. Our funding from the Henry Smith Foundation has ended after three years and we are now applying to other funders.

This year we were joined by two new trustees, Maureen Hassard and Ruth Coalter. We welcome them and the contribution they will make to our work in future. John Cathcart retired as trustee as his other work commitments increased. We are grateful for what he did for Home-Start during his time as a trustee. I thank all the trustees for their commitment to the work of Home-Start.

We look forward to continuing to support those families who look to Home-Start for support.

Gerry Hegarty

Co-ordinator's Report

It has been another busy year in Home-Start Lakland with a similar number of referrals to last year but a 10% increase in the number of supported home visited families with 49 families receiving support this year. This puts an ever-increasing strain on our greatest resource – our volunteers, but thanks to the 26 committed individuals who provided home visiting support to families in Co Fermanagh we continue our proven track record.

The cost-of-living increases and the after effects of the global pandemic continue to effect families. Our covid born babies have started nursery and school and only now will we see the true effects the pandemic had on our children. Rising costs of fuel, food and insurance put ever increasing strain on families and requests for second hand clothing, equipment and requests for fuel grants continued to increase and add to the work of the scheme this year.

We took a slight step back from online programmes this year, but 12 families were supported through an online pre-recorded Baby Massage programme giving parents the opportunity to access these classes on a day and at a time that suits them. A donation of BookStart packs from BookTrust allowed us to distribute books and resources to Home-Start Families. Fourteen families attended our 3 BookStart events held in the libraries in Irvinestown, Lisnaskea and Enniskillen and those who were not able to attend received their packs from volunteers and staff.

Our Amazing Multiples group were able to partake in some great activities at their monthly meet up thanks to funding from the Halifax Foundation. We had 23 families registered for the group that meets monthly September through to June.

Referrals from families who were new to the Fermanagh area increased and it was difficult to meet the demand through volunteer support. These families cited poor mental health, isolation and lack of support. They didn't always feel welcome at other groups and so we decided to launch our new family group in February 2024, 'Families of the World' with 15 registered families. The group is continuously growing and hopefully with grants applied for, we will be able to extend the numbers and activities.

There are many people who make my job easier and more enjoyable. Thank you to the volunteers who give of their time so unconditionally. Additionally the Trustees who are also volunteers and do what is mostly unseen but very important work. Lastly, I have to mention our Administrator Claire Steele, whose dedication and tenacity to her work are of huge benefit to the scheme.

Home-Start Lakeland have a long history of providing family support in Co Fermanagh and I am proud to be part of all we have achieved. I look forward to 2024/2025 and all that it brings.

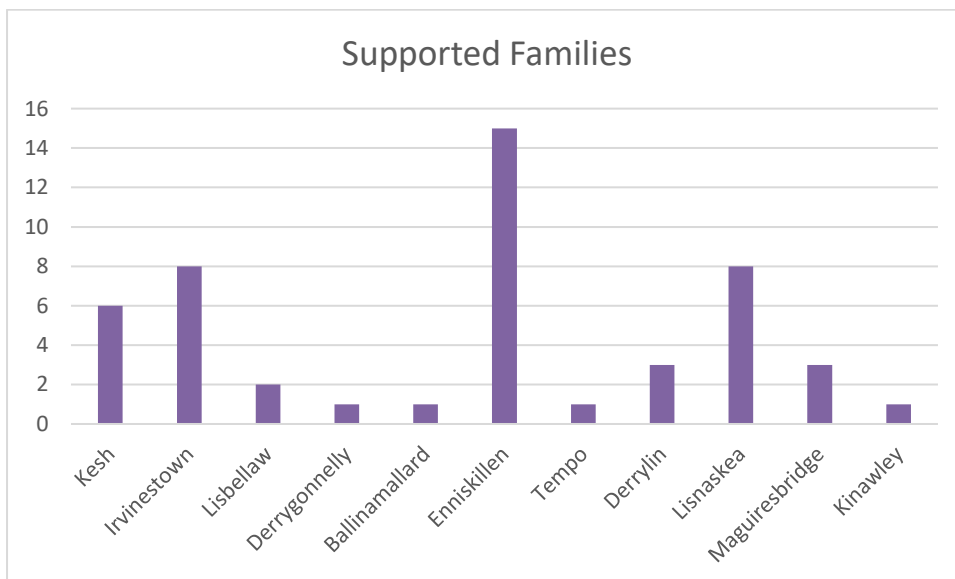
Diane Noble

2022/23 Statistics

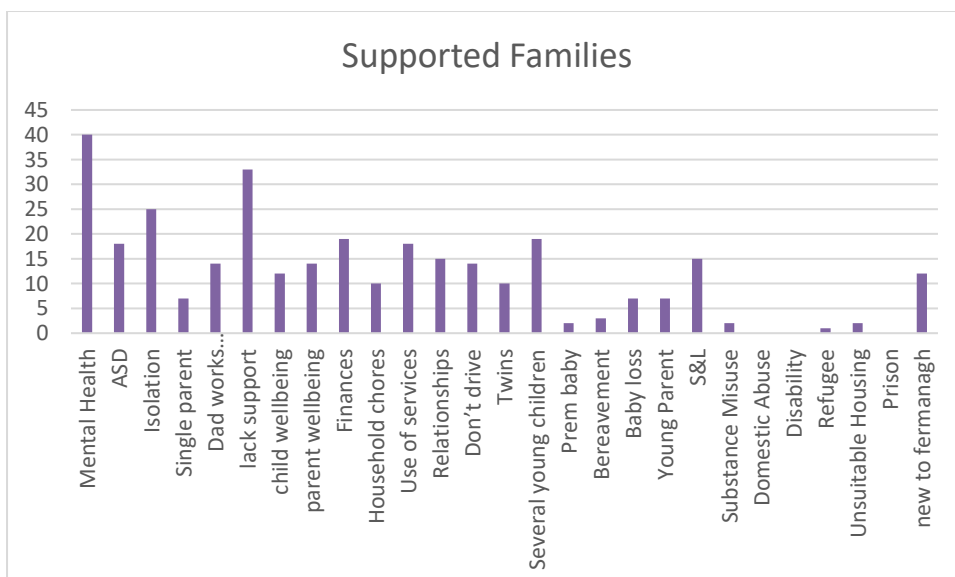
Families Supported

Home visited families	49
Children in home visited families	118
Amazing Multiples Group	23
Families of the World group	15
Online Infant Massage programme	12
BookStart Events	14

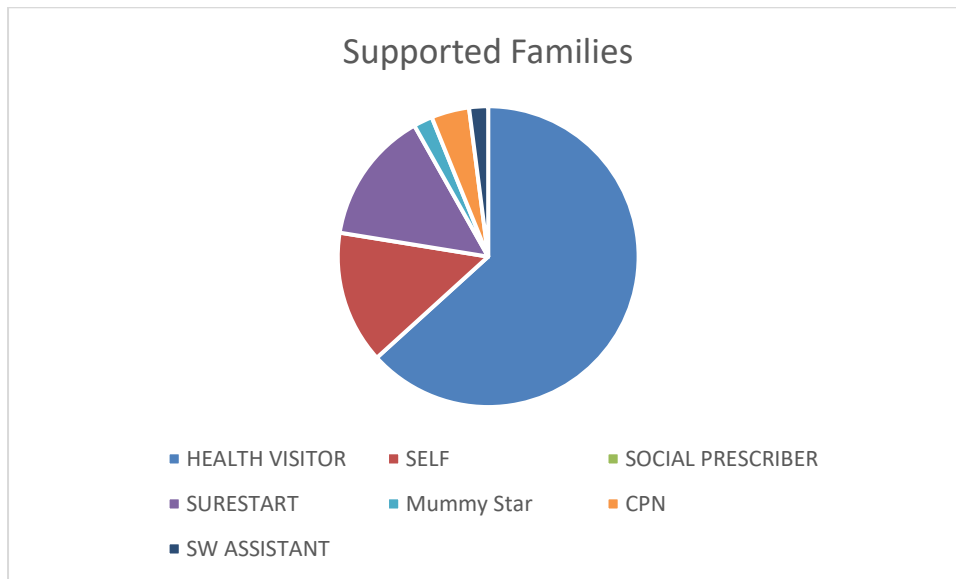
Areas families live



Issues Faced by Families



Source of Referral



What Our Volunteers Do

Our volunteers support families in many different ways. They visit the family weekly for 2-3 hours. The type of support they offer is dependent on the skills of the volunteer and the needs of the family but could include:

- reassurance and someone to talk to
- confidential and friendly support through difficult times
- practical help with feeding babies, household chores, shopping, cooking
- looking after children so parents can attend appointments
- opportunities for children to play, read, have fun or get out to a park
- transport to medical appointments or to shops and services
- signposting and links to other services

Our volunteers this year have been: Anita C, Carol, Catherine, Chrissie, Christine, Eileen, Eoin, Francis, Heather H, Heather J, Hilary P, Hilary G, Jennifer, Kelly, Lisa L, Louize, Mabel, Mary McB, Mary M, Mia, Patricia D, Patricia H, Patricia M, Patrick, Sinead, Ursula

Volunteer Training

As well as our Home-Start Preparation course, we offer our volunteers training on an ongoing basis. Some of this training was offered online this year, and some face to face, on subjects such as:

- Safeguarding Refresher
- Autism Awareness Training
- Introduction to Attachment & Aces
- Domestic Abuse
- Cruse Grief Training
- Paediatric First Aid

We also celebrated and thanked our Volunteers with a guided tour of Castle Coole House during Volunteer Week in June, Christmas Crafts and Christmas Lunch.



Volunteer Story

While browsing through Facebook one day last year I saw a plea for volunteers for Home-Start. We had recently moved to Enniskillen, and I had been looking for a way to meet new people and to use my time after recently taking an early(ish) retirement. I called the number and spoke to Diane who sent me the necessary paperwork and I was soon on a training course.

The training course was interesting and comprehensive giving a flavour of the type of situations that may be encountered, as well as thinking about the role of the volunteer, meeting the needs of children, attachment and the purpose and history of Home-Start. The hybrid system of online and face to face learning was helpful, the hospitality at the in-person sessions was plentiful and as well as meeting new people I was introduced to Fifteens which have now become a favourite!

I was matched with a family soon after the training ended and have been with them for about 9 months. The information and introductions at the beginning were useful and helped to establish a relationship with the family and set boundaries. I have enjoyed my weekly two hours, talking with Mum, and occasionally Dad, playing with the little ones and sometimes going on an outing. I am about to finish with this family and am looking forward to the next experience.

The regular supervision that I have experienced has been helpful in talking through the issues that the family face and being able to think out loud and being given tips for signposting the family. It has also given an opportunity to explore training needs that I have, and I have undertaken paediatric first aid training and attended a session held by Women's Aid.

I have also become involved with one of the groups, giving the opportunity to meet more young families and spend time with them. I have met other volunteers at times throughout the year, including a lovely Christmas meal.

Home-Start has fulfilled my hope to meet people and to use my time and skills as we settle into a new life in Enniskillen. Everyone has been very welcoming and supportive, and I have learnt that the support given to families by Home-Start is an invaluable resource.



Family Story

I'm K, married to my wonderful husband M and we are parents to our gorgeous ray of sunshine, O. We are a happy, confident, flourishing and thriving family, and that is largely due to the help and the support that we received from Home-Start over the first 18 months of being new parents.

M and myself had been trying for a few years before finally falling pregnant. Despite the initial excitement and giddiness, over time, doubts and intrusive thoughts began creeping in. My mental health has been a long standing issue, I've been on a variety of medication and had thought I had found the correct prescription. Yet, the feeling of depression and anxiety was there.

My family live in England. Relations with parents were ever changing. My sister was always there at the end of the phone, but having a young family of her own, was unable to fly out. M's family, again, relations there were never constant and I personally felt uncomfortable around them at times. So there definitely was a feeling of loneliness, which was enhanced due to my mental health.

Throughout the pregnancy, I would panic at the thought of people being near or looking after the baby. These thoughts were because of past trauma that I experienced, and they were becoming frequent and overwhelming, which, mixed with everything else I was feeling, made me really miserable and unable to fully enjoy what is supposed to be, one of the most wonderful experiences.

O entered the world via an unplanned C-Section. It wasn't something that I had envisioned but ultimately, it was the best decision. O was healthy, beautiful and ours! Despite not being able to move, keep on top of my own personal basic needs or pick up O, M and I were on cloud nine.

After 3 weeks, M had to go back to work. My mental health started to deteriorate further. I did try and rationalise with myself: I'm a new parent, I'm tired, this is normal?! But I started to experience panic attacks at the thought of being alone with O, I felt like I couldn't cope, that I couldn't be the mum that O deserved and that I was a failure. It was so bad that I actually looked up adoption. I couldn't leave O or ask for help, as I didn't trust anyone. With all these negative and worrying thoughts, some contradicting themselves, which in itself was maddening, M had to take sick leave to help and support me and O. When O was 2 months old, I was diagnosed with Postnatal Depression and ongoing anxiety.

The Health Visitor who was privy to all of this, put me in touch with Home-Start. Initially, this did add to my feeling of failing as a parent, but after talking to them in our first meeting, those feelings were put at ease. They explained what would happen, the help that was on offer and most importantly, I wasn't the only person with these sort of feelings, and that, with time, things will get better.

The most wonderful lady, A, would come to my home for weekly meetings. I cannot praise A enough! She is patient, compassionate, practical, approachable, caring, encouraging, the perfect person to have by your side. During our meetings we would talk about everything and more. I never felt judged or that I was a burden. I felt listened to and heard, and genuinely cared for. A

would play and engage with O, an experience I thought I would never allow or enjoy, but I was absolutely thrilled.

During really low times, washing wasn't even in my thought process, A would gently encourage me to do so. She made me feel safe, made me realise that O would be safe and that I would feel good completing and looking after my basic needs. This may sound like a small task, but for me, it was huge and it was a positive feeling completing these kinds of tasks.

A made it known that I was able to contact her, day or night, and that she would be in touch as soon as she could. This, added with all the help and support A was giving, made me start valuing myself as a person and as a mum, and feeling that my emotions and experiences were valid.

A encouraged me to go to various SureStart programmes, mainly baby groups. Whereas before these weekly meetings, it would have been a flat no. But knowing that I had support and knowing the progress I had made, I felt able to give it a try. I have made some fantastic friends through these baby groups and have experienced so many wonderful moments with O. My confidence also grew.

A huge milestone for me is when O was 8 months old. I took her out for lunch, on my own. Just me and my little daughter enjoying ourselves, out and about. I can not express how proud I felt. I called A as soon as I got home to share the wonderful news!!

As our weekly visits were drawing to a stop, I could feel my anxiety starting to rise. A also noticed this and it was decided that, although I had come so far from our first meeting, I wasn't ready for them to stop yet. So A continued to visit for a further 4 months.

During that time, with the ongoing help and support, the talking and listening, the advice and caring, my confidence grew further. I was becoming increasingly capable and absolutely loved my role as mummy. After the extra 4 months, I felt ready to do this.

I do sometimes meet with A for a coffee and a chat, which is lovely. A has made a huge positive impact in mine and my family's lives.

I think in total, A was part of our lives for 15 months and what a difference she and Home-Start have made. I know that I couldn't have coped without their guidance and support. I can't thank them enough.

I was assured that if I needed further assistance, it would be offered. I receive updates about the various support and services that are on offer to me and although I feel as though I don't need to attend them, it's reassuring to know that they are there.

What Families say:

- Having (the volunteer) visit every week was something to look forward to, it broke my long week in the house up, simply having someone to talk to
- A service so under appreciated until you are desperately in need, it has been beyond what words could describe. A service I didn't know existed but needed to get me and my family through the difficult and hard times. I am so grateful for it.
- It was a great help to have someone look after 2-4 kids so I would have less pressure & stress & I was able to go to appointments I otherwise wasn't able to go to.
- This service is invaluable. It has helped me and the kids in so many ways.
- I found it very beneficial and looked forward to the volunteer coming out. It was a great help.
- Very grateful for all the help and support
- (Volunteer) was brilliant in helping around house without being asked. She was amazing with (child) reading and playing. She was brilliant in helping me open up and talk about things.
- (Volunteer and Co-ordinator) were brilliant in giving advice about services available.
- (Child) loved having (volunteer) play with him weekly. He counted down the days until she returned.
- The service has been amazing and such a massive support.
- It really helped me get over my fear of leaving my daughter with other people. I really appreciate the support I've had and would recommend the service to other new Mums.



➤ AMAZING MULTIPLES

Amazing Multiples is a group for Fermanagh parents of twins and more. It was established in 2013 to offer peer support and practical guidance for parents. The group meets once a month and new families are always welcome, including antenatal parents and their supporters. 23 families were registered for Amazing Multiples this year. Thank you to the Halifax Foundation for Northern Ireland who part funded the group this year.



Amazing Multiples offers:

- A time for play
- Support & a chance to link with other parents of multiples, to share ideas and experiences
- Signposting to other services
- Information and practical advice
- Refreshments and a chance to chat
- A chance to meet up with others before your babies arrive

➤ FAMILIES OF THE WORLD

Home-Start Lakeland have seen an increase in referrals from families who have moved into Fermanagh from other parts of the World. These families reported feeling isolated and experiencing low mental health. We developed a group called 'Families of the World' which began in February 2024. The group meets once a month and celebrates a different culture, festival or holiday each month with activities for the children, refreshments, opportunities to chat and relevant speakers and support services.



The Big Community Paddle

Home-Start Lakeland had a stand in the volunteer village at this community volunteer event at Enniskillen Castle on Monday 8 May 2023. It was a great opportunity to share our work and recruit new volunteers.



King Charles III visits Enniskillen

Co-ordinator Diane Noble and Chairperson Gerry Hegarty were invited by Fermanagh and Omagh District Council to have the pleasure of meeting King Charles during his visit to Fermanagh and were able to share information about Home-Start Lakeland. He asked us to pass on his well wishes to our volunteers who Diane told him were the people Home-Start were most indebted to.



Our Funders

A big thank you must go to our funders, supporters and community fundraisers who have contributed so much to Home-Start Lakeland this year.

Funders:

- Western Health and Social Care Trust continue to fund core costs & we thank them for their recognition of the early intervention support we provide.
- Henry Smith funded our Staff salaries as part of a 3-year grant. This grant ended in July 2023
- Fermanagh & Omagh District Council part funded Office Rent.
- The Halifax Foundation for Northern Ireland funded volunteer expenses, volunteer training and our Amazing Multiples group.

Fundraising and Donations

The Soroptomists have been long term friends of Home-Start Lakeland and kindly made us one of the recipients of money raised at their Breakfast event.

Tesco also regularly support us and this year we were the recipients of their book sale for a week.

We saw a return to Bag Packing after a break due to covid. Thank you to B&M for the opportunity to raise money in store and to the volunteers who gave up their time to bag pack.

Thanks to Dunnes Stores who permitted us to share information on Home-Start Lakeland and collect money in their foyer.

We were very lucky to win £1000 through the Ecclesiastical Fund who regularly give money to nominated charities.

Thank you to the customers of shops across Fermanagh who regularly fill our collection boxes. We also have a small number of regular donors who donate to us on a monthly basis.





Christmas & Easter Donations

Thank you to the staff of BT who donated gifts to the children and parents of Home-Start families at Christmas and Easter Eggs at Easter.

Enniskillen Foodbank donated Food Hampers which we delivered to Home-Start families in time for Christmas.



HOME START

Lakeland

Do you have parenting experience? Would you share this experience? Could you spare 2-3 hours per week?

If so, we really need your help.

Training, support & expenses provided

If you are interested in volunteering, please contact:

Home-Start Lakeland

Belmore Mews,

Enniskillen BT74 6AH

028 6634 6818 info@homestartlakeland.com

**For parents when
they need us most**



Home-Start Lakeland

Northern Ireland - Charity number 105854

Annual return

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the year ended 31 March 2024 as set out in the financial statements.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008 and subsequent updates (including 2022).

It is the responsibility of the independent examiner to:

- Examine the accounts under section 65 of the Charities Act
- Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's report

An examination of your charity accounts as required under section 65 of the Charities Act was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving my cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached

Independent examiner's statement

Having completed the examination there are no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, no matters that have been found require drawing to your attention.

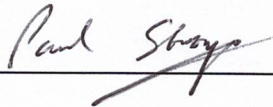
Name: Paul Stronge FCA

Company Name: CooperIrvine Ltd

Address: 6 Townhall Street, Enniskillen, Co Fermanagh, BT74 7BA

Date: 13th June 2024

Signature: _____



Home-Start Lakeland

Northern Ireland - Charity number 105854

Accounts

Page

Charity Commission for NI Number: 105854
Company Number: NI626485

Home-Start Lakeland
(A company limited by guarantee, not having a share capital)

Financial Statements

for the year ended 31 March 2023

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Supplementary Information on Income and Expenditure Account

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

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Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES AND OTHER INFORMATION

Trustees

Gerry Hegarty (Chairperson)
Maeve Murphy (Vice chairperson)
Christina Carty (Treasurer)
Mabel Greaves
Marian Swift (retired 22/11/2022)
Jenny Thompson
Doreen McIntyre (retired 22/11/2022)
Harold Hunter
John Cathcart (appointed 01/02/2023)
Anne Harte (appointed 01/02/2023)

Charity Commission for NI Number

105854

Company Number

NI626485

Registered Office and Business Address

Belmore Mews
Enniskillen
Co Fermanagh
BT74 6AH

Accountants

CooperIrvine Ltd
Chartered Accountants
6 Townhall Street
Enniskillen
Co Fermanagh
BT74 7BA

Bankers

Bank of Ireland
Townhall Street
Enniskillen
Co Fermanagh
BT74 7BD

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES' REPORT

for the year ended 31 March 2023

The trustees present their report and the unaudited financial statements for the year ended 31 March 2023.

Home-Start Lakeland is registered as a charity with the Charity Commission for Northern Ireland (Charity number 105854) and is an independent charity, working under the umbrella of Home-Start UK. It is a charitable company limited by guarantee, not having a share capital (Company number NI626485). The registered office address is Belmore Mews, New Street, Enniskillen, Fermanagh BT74 6AH, which is also the principal place of activity of the charitable company.

The financial statements comply with the Charities Act (Northern Ireland) 2008 and subsequent updates (including 2022) and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Directors/Trustees

The trustees who served during the year are set out on page 3. The directors of the company who served during the year are as follows;

Claire Steele (Secretary)	
Christine Carty	Doreen McIntrye (retired 22/11/2022)
Mabel Greaves	Marian Swift (retired 22/11/2022)
Gerry Hegarty	Jenny Thompson
Harold Hunter	John Cathcart (appointed 01/02/2023)
Maeve Murphy	Anne Harte (appointed 01/02/2023)

The charitable company is governed by the board. The board governs the activities of the charitable company in line with the objectives set out in the governing documents of the charity, namely the Memorandum and Articles of Association and the charity's constitution. None of the trustees has a beneficial interest in the charitable company. The senior manager and the other staff are responsible for the day-to-day operations of the charitable company throughout the year.

Charitable purpose

The constitution and purposes of the charity are detailed in the Memorandum and Articles as the governing documents. These are to safeguard, protect and preserve the good health, both mental and physical of children and parents of children; to prevent cruelty to or maltreatment of children; to relieve sickness, poverty and need amongst children and their parents and to promote the education of the public in better standards of childcare within the Fermanagh area. The main activity of the charity during the year has been to continue to raise funding for the purpose of achieving its objectives.

Public Benefit

The direct benefits which flow from our purposes include; improved health outcomes and improved uptake of health appointments, happier, safer children and happier safer homes. As a result fewer children suffer cruelty or maltreatment, parents and children feel less marginalised. Families make better use of local services and are less isolated and have wider horizons. Families are better able to cope with their needs. Families develop improved coping strategies and parents become more confident through increased education in childcare standards. All of these benefits are demonstrated by the completion of review visit forms which track an individual family's "journey of change". Also feedback questionnaires are completed by families and referrer at the close of support. The benefits of all our purposes are also demonstrated by regular evaluation of the services by Health and Social Care Trusts, funders and monitoring and evaluation of the service. The purposes do not give rise to any harm. The beneficiaries of our purposes are families who are experiencing difficulties or suffering stress and who have at least one child under 5 years of age and live in the Areas of Benefit. A private benefit to volunteers may arise from our mandatory training in values and attitudes, safeguarding children, confidentiality etc. Through the training volunteers gain skills and experience which are transferrable to other settings. These benefits are incidental and necessary to ensure the benefit is provided to our beneficiaries. A second private benefit to Trustees may arise from our programme of training in good governance, finance etc. Through the training Trustees gain skills and experience which are transferrable to other settings. These benefits are incidental and necessary to ensure the benefit is provided to our beneficiaries. These private benefits are relevant to all our purposes.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

TRUSTEES' REPORT

for the year ended 31 March 2023

Main achievements in the year

Home-Start Lakeland are delighted that they have been able to provide a safe, friendly and efficient service, meeting its main objectives within budgetary constraints despite trying to recover from the pandemic. Volunteers are back to pre-pandemic activity and visiting families in their homes to their full capacity.

The scheme has continued to offer programmes online to meet the needs of families such as infant massage and slow cooker training.

Our Amazing Multiples group continues on a monthly basis, and this gives families with twins the opportunity to come together and share experiences and knowledge with each other while the children play together and enjoy activities. The group continues monthly and is suspended during July/August.

Support to families in the wider community was provided through the Facebook and Instagram page which shared local information of interest, support for families and activities for children. A new website was also developed which hosts core information about the scheme and regular updates.

A total of 45 families received support from a matched volunteer during this year and 22 families were registered for the Amazing Multiples group. In addition to the face to face support 33 families received support through online programmes.

Recruiting, training & supporting volunteers continues to be a large part of the work of the charity but this is a very cost effective way of supporting families and easing the strain on core health services. 23 volunteers provided support to families throughout the year and 9 new volunteers were recruited during the year. Existing volunteers continued to enhance their skills, attending online and face to face training and support and supervision.

The scheme was the chosen beneficiary of the St Patricks Day event in Enniskillen which was a great opportunity to raise needed funds and to raise the profile and awareness of Home-Start Lakeland. It was a great success and we raised £2250.

Home-Start Lakeland are satisfied that we have enough reserves to cover the fixed costs for the next 12 months. We are proud of our achievements during the year. The contact with families throughout the year and the continued aftermath of the pandemic has been beyond measure in importance, providing a life line in many cases to parents in isolation which without our support could lead to potential mental health issues. The scheme continues to adapt and address the needs of families, providing a valuable and vital service to the local community alongside meeting our charitable purpose.

Financial summary for the year

During the year ended 31 March 2023, Home-Start Lakeland produced a surplus of £12,248. Subsequently, the total assets less current liabilities as at 31 March 2023 amounts to £84,799.

Members' Funds and Reserves Policy

At the year end, Home-Start Lakeland had a members' fund of £84,799. It is the policy of Home Start Lakeland to retain a level to cover any unforeseen expenditure and allow the charity to continue in operation. In accordance with the reserves policy stated on the Memorandum and Articles of the Charity, there is a restricted fund of £40,000 only to be used in the event of winding down.

Special provision relating to small companies

The report has been prepared in accordance with the special provision relating to small companies within Part 15 of the Companies Act 2006.

TRUSTEES' REPORT
for the year ended 31 March 2023

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

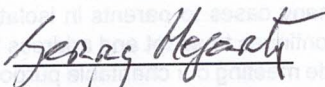
Both company Law and charity law require the trustees to prepare financial statements for each financial year. Under these laws the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under these laws the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period.

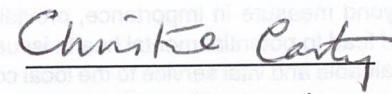
In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees have overall responsibility for ensuring that the charitable company has appropriate systems of control, financial and otherwise. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure the financial statements comply with the appropriate accounting standards. They are also responsible for the safeguarding of assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees also had regard to the Charity Commission's public benefit requirement statutory guidance.

This report was approved by the trustees on 20/06/2023 and signed on its behalf by:


Gerry Hegarty (Chairperson)


Christine Carty (Treasurer)

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

CHARTERED ACCOUNTANTS' REPORT

to the Board of Trustees on the unaudited financial statements of Home-Start Lakeland for the year ended 31 March 2023

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of the charity for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes from the charity's accounting records and from information and explanations you have given to us.

This report is made solely to the Board of Trustees of Home-Start Lakeland, as a body, in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Home-Start Lakeland and state those matters that we have agreed to state to the Board of Trustees of Home-Start Lakeland, as a body, in this report in accordance with the guidance of Chartered Accountants Ireland. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Home-Start Lakeland and its Board of Trustees, as a body, for our work or for this report.

We have carried out this engagement in accordance with guidance issued by Chartered Accountants Ireland and have complied with the ethical guidance laid down by Chartered Accountants Ireland relating to members undertaking the compilation of financial statements.

It is your duty to ensure that Home-Start Lakeland has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of Home-Start Lakeland. You consider that Home-Start Lakeland is exempt from the statutory audit requirement for the year. We provide an independent Examiners' Report as required under Charity law.

COOPERIRVINE LTD
Chartered Accountants
6 Townhall Street
Enniskillen
Co Fermanagh
BT74 7BA
Northern Ireland

Date: 6th June 2023

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the year ended 31 March 2023 as set out in the financial statements.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008 and subsequent updates (including 2022).

It is the responsibility of the independent examiner to:

- Examine the accounts under section 65 of the Charities Act
- Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's report

An examination of your charity accounts as required under section 65 of the Charities Act was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving my cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached

Independent examiner's statement

Having completed the examination there are no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, no matters that have been found require drawing to your attention.

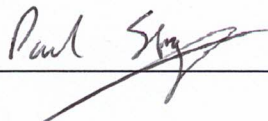
Name: Paul Stronge FCA

Company Name: CooperIrvine Ltd

Address: 6 Townhall Street, Enniskillen, Co Fermanagh, BT74 7BA

Date: 6th June 2023

Signature: _____



STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 March 2023

	Notes	Restricted £	Unrestricted £	2023 £	2022 £
Income	2	24,907	59,869	84,776	81,543
Expenditure		(24,907)	(47,608)	(72,605)	(70,346)
Surplus/(deficit) on ordinary activities before interest		-	12,171	12,171	11,197
Interest receivable and similar income		-	77	77	23
Total Comprehensive Income		-	12,248	12,248	11,220
Members' funds brought forward		40,000	32,551	72,551	61,331
Capital contribution	11	-	-	-	-
Transfer between funds	8	-	-	-	-
Total funds carried forward		40,000	44,799	84,799	72,551

The charity has no recognised gains or losses other than the income for the year. The results for the year have been calculated on the historical cost basis. The charity's income and expenses all relate to continuing operations.

Approved by the Board and authorised for issue on 26/03/23 and signed on its behalf by


Christine Doherty
(Treasurer)


Gerry Hargreaves
(Chairperson)

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

BALANCE SHEET

as at 31 March 2023

	Notes	2023 £	2022 £
Fixed Assets			
Tangible assets	3	<u>2,379</u>	<u>3,122</u>
Current Assets			
Debtors	4	740	1,710
Cash and cash equivalents		<u>94,976</u>	<u>77,585</u>
		<u>95,716</u>	<u>79,295</u>
Creditors: Amounts falling due within one year	5	<u>(13,296)</u>	<u>(9,866)</u>
Net Current Assets		<u>82,420</u>	<u>69,429</u>
Total Assets less Current Liabilities		<u>84,799</u>	<u>72,551</u>
Members' Funds			
Statement of Financial Activities		<u>84,799</u>	<u>72,551</u>
Restricted funds of the charity	9	40,000	20,000
Unrestricted funds of the charity		<u>44,799</u>	<u>52,551</u>
		<u>84,799</u>	<u>72,551</u>

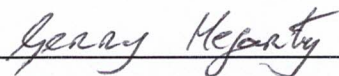
The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of Charities SORP (FRS 102).

For the financial year ended 31 March 2023 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006.

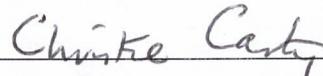
The trustees confirm that the members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus and deficit for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Approved by the Board and authorised for issue on 20/06/2023 and signed on its behalf by



Gerry Hegarty
(Chairperson)



Christine Carty
(Treasurer)

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2023

1. GENERAL INFORMATION

Home-Start is a charitable private company limited by guarantee incorporated in Northern Ireland. Belmore Mews, New Street, Enniskillen, Fermanagh BT74 6AH is the registered office, which is also the principal place of activity of the charitable company. The nature of the company's operations and its principal activities are set out in the Trustees' Report. The financial statements have been presented in Pound Sterling (£) rounded to the nearest pound which is also the functional currency of the company.

ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the charity for the year ended 31 March 2023 have been prepared in accordance with the provisions of Charities SORP (FRS 102), the Charities Act (NI) 2008 and subsequent updates (including 2022) and the Companies Act 2006. The charity is a public benefit entity.

Basis of preparation

The financial statements have been prepared on the basis of going concern under the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Cash flow statement

The company has availed of the exemption from the requirement to prepare a Statement of Cash Flows because it is classified as a small company.

Income

Income comprises grants and donations received alongside money raised through fundraising during the year. All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured.

Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

Property, plant and equipment and depreciation

Property, plant and equipment are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of property, plant and equipment, less their estimated residual value, over their expected useful lives as follows:

Plant and machinery	-	20% Straight Line
Fixtures, fittings and equipment	-	15% Reducing Balance

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 March 2023

Debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost

Taxation

Home-Start Lakeland is a not-for-profit organisation. The company is not liable to corporation tax.

Going concern

There are no material uncertainties about the charity's ability to continue.

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 March 2023

2. INCOME

Donations received

	2023			2022
	Restricted	Unrestricted	Total	Total
Regular donors	-	420	420	480
Individual donations	-	1,319	1,319	775
Soroptomist club	-	1,200	1,200	-
Osborne's	-	100	100	-
Amazon Smile	-	17	17	-
Westville FRC	-	-	-	2,940
Anonymous	-	5,000	5,000	2,500
Rotary club	-	250	250	-
Enniskillen Motor Club	-	-	-	1,000
S & J McGirr	-	2,700	2,700	-
Elizabeth Keys	-	500	500	-
	-	11,506	11,506	7,695

Income from fundraising and programmes

	2023			Total
	Restricted	Unrestricted	Total	Total
Asda Bag Pack	-	1,100	1,100	500
Rooneys Spar/ Tracey	-	-	-	1,000
Stanley Moffitt	-	500	500	-
Programmes	-	-	-	12
Ian Kells	-	500	500	-
E'killen Credit Union	-	500	500	-
St Patrick's Day	-	2,250	2,250	-
Paul Caswell - quiz	-	-	-	510
Siobhan Byrne	-	-	-	500
Balcas	-	-	-	500
Euro Auction	-	-	-	500
Elite Electronics	-	-	-	500
Encirc	-	-	-	1,000
Four Acre Trust	-	-	-	3,500
Paul Caswell 10k	-	-	-	250
	-	4,860	4,860	8,772

Grants received

	2023			Total
	Restricted	Unrestricted	Total	Total
WH SCT	-	37,603	37,603	36,178
Community Cash	-	-	-	-
Enkalon	-	-	-	-
Henry Smith	23,667	-	23,667	22,333
Community foundation	-	-	-	-
Four Acre Trust	-	5,900	5,900	-
Trusthouse	-	-	-	-
Black Santa	-	-	-	-
Dalradian	-	-	-	-
Yacht Club	-	-	-	-
Fermanagh & Omagh DC	1,240	-	1,240	1,565
Sisters of Mercy	-	-	-	5,000
John Moores	-	-	-	-
	24,907	43,503	68,410	65,076

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2023

continued

7. EVENTS AFTER END OF REPORTING PERIOD

There is a grant of material significance from the Henry Smith Charity due to be received. There is £8,000 to be awarded next year contingent upon criteria being met at the time.

8. MEMBERS' FUNDS

The conditions leading to the restriction of the income received have been fulfilled during the accounting period. The capital grant has been spent and the resultant asset is unrestricted. A fund transfer is therefore made from restricted to unrestricted within the members' funds in line with Charities SORP (FRS 102).

9. RESERVES POLICY

In accordance with the Reserves policy as stated in the Memorandum and Articles of the Charity, the restricted reserve account of £40,000 can only be used in the event of the Charity winding down.

10. RELATED PARTY TRANSACTIONS

There have been no related party transactions during the accounting period.

11. CAPITAL CONTRIBUTION

The transfer of liabilities and assets from Home-Start Lakeland and Irvinestown to Home-Start Lakeland was agreed by the Trustees in 2014. This was approved by the Charity Commission Northern Ireland (CCNI) 1 April 2019. A transfer of liabilities and assets was made by way of a capital contribution amounting to £39,596 made up of restricted funds of £20,000 and unrestricted funds of £19,596.

12. STAFF AND PENSION COSTS

There are no high paid staff whose emoluments as defined for taxation purposes amounted to over £60,000. The average number of employees for the year ended 31 March 2023 was 3. The charity operates a 'net pay arrangement' pension scheme for employees under auto enrolment.

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

Home-Start Lakeland
(A company limited by guarantee, not having a share capital)

HOMESTART LAKELAND

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS DETAILED INCOME AND EXPENDITURE ACCOUNT for the year ended 31 March 2023

	Restricted	Unrestricted	2023 £	2022 £
Income				
WHSCCT	-	37,603	37,603	36,178
Grants	24,907	5,900	30,807	28,898
Fundraising	-	4,860	4,860	8,772
Donations	-	11,506	11,506	7,695
	<u>24,907</u>	<u>59,869</u>	<u>84,776</u>	<u>81,543</u>
Expenditure				
Salaries	20,235	25,631	45,866	48,237
Pension costs	-	5,733	5,733	3,851
Volunteer expenses	4,432	-	4,432	2,495
Staff expenses	-	1,289	1,289	1,275
Utilities	-	2,373	2,373	1,726
Rent	-	5,200	5,200	5,200
Professional fees	-	3,414	3,414	3,352
Office expenses	-	2,416	2,416	1,659
General expenses	-	317	317	147
Programmes	240	582	822	1,064
Depreciation	-	743	743	1,340
	<u>24,907</u>	<u>47,608</u>	<u>72,605</u>	<u>70,346</u>
Finance				
Other Interest	-	77	77	23
Net (deficit)/surplus	<u>-</u>	<u>12,248</u>	<u>12,248</u>	<u>11,220</u>

Home-Start Lakeland

Northern Ireland - Charity number 105854

Annual report

HOME START



Because Childhood Can't Wait

HOME-START LAKELAND

ANNUAL REPORT 2022 - 2023

Charity Number: NIC105854

How Home-Start Lakeland helps families in our community

For the past 23 years Home-Start Lakeland has been offering one-to-one personalised home-visiting support for parents with children under five. Our volunteers provide non-judgmental, practical and emotional support to help build the family's confidence and its ability to cope at a time when they are dealing with issues such as isolation, bereavement, depression, post-natal depression, illness, disability, multiple births or just finding parenting overwhelming. In many cases we manage to reach families that won't engage with other services.

Home-Start Lakeland believes that children need a happy and secure childhood and that parents play a key role in giving their children a good start and in helping them achieve their full potential. Home-Start wants to see a society in which every parent has the support needed to give their children the best start in life and focuses its support on the early years – the most crucial time in a child's development.

Home-Start Lakeland places trained volunteers alongside parents. Support is provided on a weekly basis for as long as a family needs it. Volunteers are managed and supervised by the local scheme which in turn is given support and guidance by Home-Start UK. Home-Start is a local community resource with all the benefits that come from being part of a strong national organisation.

What Home-Start brings to the Fermanagh Community

- Outreach to families through home-visiting support.
- Partnership working and local expertise to enhance family support.
- Trustees: local people selected, trained and guided to run a local service.
- Volunteers: local parents selected, trained and supervised to provide support to other local parents.
- Added value: local and other funding and resources brought into the Fermanagh community



Home-Start Lakeland Trustees 2022 – 2023

Our Trustees are also volunteers, giving time, knowledge and experience to direct and oversee the work of the scheme.

Position	Name
Chairperson	Marian Swift (retired Nov 22)/Gerry Hegarty
Vice-Chairperson	Maeve Murphy
Treasurer	Christine Carty
Members	Jenny Thompson Mabel Greaves Harold Hunter (retired June 23) Doreen McIntyre (retired Nov 22) Anne Harte John Cathcart
Staff	Co-ordinator: Diane Noble Administrator: Claire Steele



Chairperson's report

This year has happily seen the end of the Covid restrictions and a return to the working practices of previous years. While we are aware that the virus is still with us and will remain with us, family visits have resumed, allowing our volunteers to bring their support into the family home where it is most effective. We can look back at the last few years with pride and satisfaction thinking of how staff and volunteers responded to the needs of families in different ways during the times when face to face contact was not permitted.

It is appropriate to acknowledge the help we received from our funders during those times, not alone the essential financial support but also their understanding of the changing conditions under which we worked. Special thanks are due to the Western Health and Social Care Trust. By part funding our work and closely monitoring the help we provided to families, the Trust confirmed the value of the early intervention work done by the volunteers. The provision of group programmes for parents has grown recently with the encouragement from the Trust.

We have exceeded our targets for family support and have continued to work closely with other local agencies, such as the Food Bank, St Vincent's and the Salvation Army to provide food, clothing and fuel for those requiring it. This year again, at Christmas, our families received gifts from the staff at BT. These were most generous and welcome.

We are grateful to the Henry Smith Fund for support during the last three years and to those local organisations who have provided help to us, some anonymously, and others whose names appear elsewhere in this report. We can assure them that we will continue to provide an effective service. The need for the work of Home-Start continues to grow in Fermanagh as does the need for volunteers to bring support into family homes. We depend on the generosity and selflessness of volunteers and are most grateful for all that they have done.

During this year three trustees have retired from the Board. In the autumn, Doreen McIntyre and Marian Swift retired and more recently, the longest serving trustee, Harold Hunter, has stepped down. Harold has been involved in almost all aspects of trustee work, including a long period as Treasurer. His extensive local knowledge was well used in fund raising activities and he could always be relied on to help when needed. We wish all the retiring trustees well and thank them for what they did for Home-Start.

Two new trustees have joined the Board in recent months, Anne Harte and John Cathcart. We welcome them and hope they will find the work rewarding.

In conclusion, I repeat my thanks to staff, volunteers and trustees for their work. Without their work, nothing can be achieved. With their cooperation, everything is possible.

Gerry Hegarty

Co-ordinator's Report

It has been another busy year in Home-Start Lakeland and it is hard to believe that I am here again, reporting on the close of our 2022/23 year. We saw a 25% increase in referrals this year with 41 referrals received compared to 30 in the same time frame in the previous year. This may be in part, due to things returning to normal but it also marks the current need and demand for support for families with young children.

This year we supported 45 families with a home visiting family which included 110 children. We continued with some online programmes in the form of infant massage, slow cooker programme and energy efficiency, delivering to 33 families. Fermanagh and Omagh District Council kindly donated a Slow cooker, equipment and groceries to families in Neighbourhood Renewal areas and an energy efficiency monitor to participants of the training.

I handed over the reigns of the Amazing Multiples group to Claire. The group had 22 families registered and met monthly with various activities, play and outings.

The past year has been a difficult one for the charity sector and families. The cost-of-living increases have been an unwelcome and continuing trend and families are under more financial pressure than ever before. We have witnessed parents taking on extra part-time jobs to meet basic living costs and increases in demand for financial support continues. Thankfully we have been able to meet some of this need through referral to foodbank, the Save the Children Early Years Grant, referral to SVP and Action for Children for oil, Christmas hampers from Foodbank and Christmas parcels for children and parents through generous donations from BT staff in Enniskillen.

The ability to recruit volunteers has also become more difficult, due in part to people having to work more to meet rising costs. We trained 9 new volunteers this year to meet the demand of referrals. I cannot thank enough, the 23 volunteers who supported families this year. They are the ones who do the hard work and without them our charity would not exist. Time is our most precious commodity, and they give it away week after week to support families with young children in Fermanagh.

Our Trustees are also volunteers and show great commitment and dedication to the scheme. They fulfill their roles entirely and never complain about me getting in touch with endless questions and decisions. We said Goodbye to Marian, Doreen and Harold this year and thank them for all their work and dedication to Home-Start over the years.

I could not do any of this without my trusty sidekick Claire Steele, the scheme Administer and master problem solver. No task is ever too great or complicated for Claire and she does it all with good grace and a smile on her face.

I look forward to the incoming year and will continue in Home-Start Lakeland's endeavors to support and meet the needs of parents and children in Co Fermanagh.

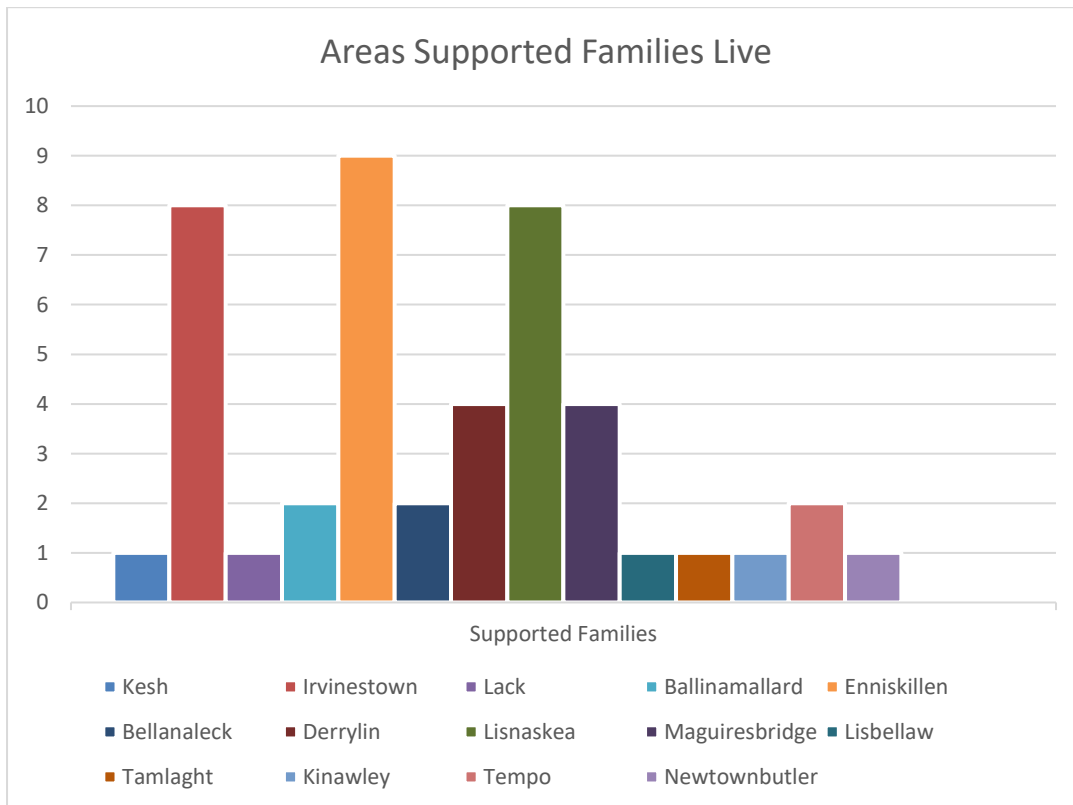
BECAUSE CHILDHOOD CAN'T WAIT

Diane Noble

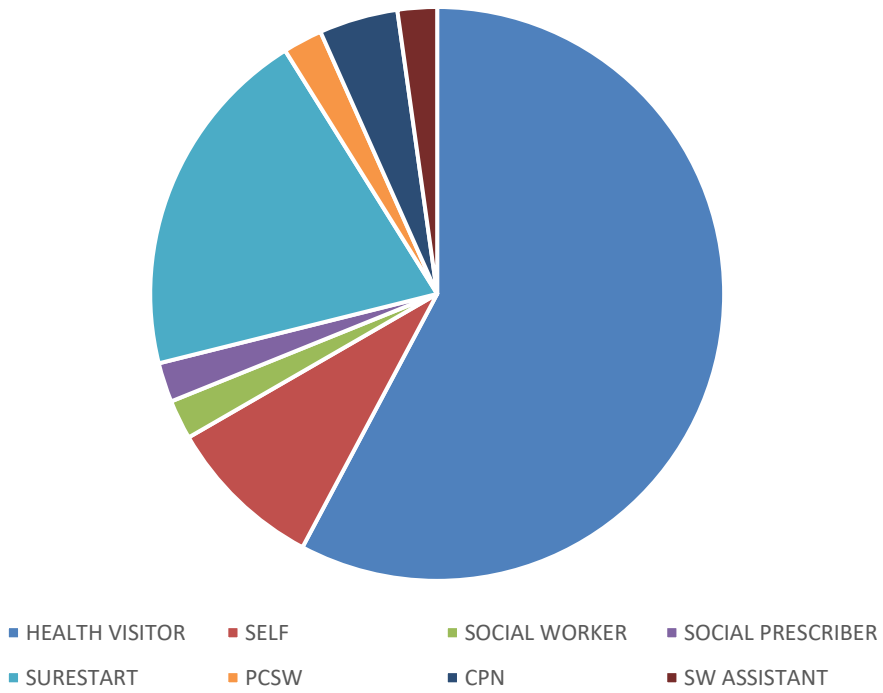
2022/23 Statistics

Families Supported

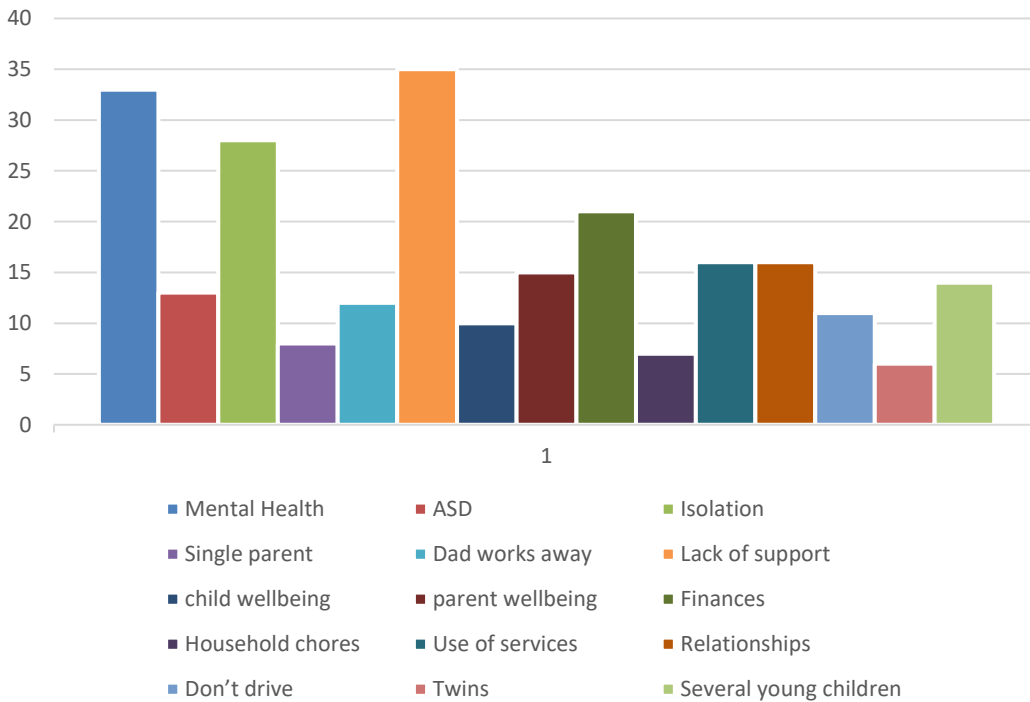
Home visited families	45
Children in home visited families	110
Twins families	22
Online programmes	33



Source of Referral



Issues faced by Supported Families



What Our Volunteers Do

Our volunteers support families in many different ways. They visit the family weekly for 2-3 hours. The type of support they offer is dependent on the skills of the volunteer and the needs of the family but could include:

- reassurance and someone to talk to
- confidential and friendly support through difficult times
- practical help with feeding babies, household chores, shopping, cooking
- looking after children so parents can attend appointments
- opportunities for children to play, read, have fun or get out to a park
- transport to medical appointments or to shops and services
- signposting and links to other services

Our volunteers this year have been: Anita C, Anita McG, Catherine, Cathy, Chrissie, Christine, Francis, Heather, Hilary P, Hilary G, Jennifer, Kathleen, Kelly, Lisa L, Mabel, Mary McB, Mary M, Patricia D, Patricia H, Patricia M, Ruth, Sinead, Ursula



Volunteer Training

As well as our Home-Start Preparation course, we offer our volunteers training on an ongoing basis. Some of this training was offered online this year, and some face to face, on subjects such as:

- Safeguarding Refresher
- Play Training
- Sleep Training
- ACE's
- Mindset – Mental & Emotional & Wellbeing Awareness Programme
- Energy Efficiency

We also celebrated and thanked our Volunteers with a picnic on Devenish Island during Volunteer Week, Christmas Crafts Christmas Lunch and a yoga session.



Volunteer Story

I have volunteered in the past but was unable to fully commit due to my workload and pressures of work but now I am retired I have the time to volunteer.

When I retired, I felt I wanted to give a little back to my community and numerous organisations were advertising for help. I saw an advertisement in the local paper for Home-Start Lakeland recruitment for volunteers and I applied.

After my initial training during which I met other volunteers, I was placed with my first family and I am still with them. They are a family of 4 [Mum, Dad and 2 boys under 2 years]. Mum is a busy young lady with 2 boys and all the attention and care they require as they are so young. Lunch time is difficult with 2 boys to feed and we both agreed that this was a good time for me to call to offer a little support. I spend two hours weekly with them. During this time I help with meals and also play with the boys, this frees their Mum to do housework upstairs. They are adorable boys and every week there is new developments in their skills and it is amazing to watch. We have planted sunflowers and have all went on an outing to feed the ducks together. It is so little of my time but is very appreciated by Mum and she is grateful for these two hours and we include a chat and she states she looks forward to my visit every week.

It's a wonderful feeling to help others especially this young family. As an older woman it is great to feel that others appreciate your help and life experiences but I am also learning so much from this young lady and her boys. It puts a smile on my face and I feel worthwhile.

Home-Start Lakeland offers initial and ongoing training. They are always on the other end of the phone or I can call to the office if I need support or guidance. I receive regular supervision. They are a little family and encourage ongoing activities for their volunteers to offer their thanks and I have met some really nice people.



Family Story

My daughter was born at 24 weeks gestation and I really struggled with anxiety when she was finally discharged from hospital after 5 months in neonatal intensive care. My Health Visitor referred me to Home-Start for some additional support as my husband works away several days a week. I had no time to myself and I couldn't manage to stay on top of cooking or housework while looking after my daughter as I worried about her constantly and couldn't bear for her to be out of my sight. Having a Home-Start volunteer really helped me get over this separation anxiety, making the transition to leaving her with relatives and eventually starting nursery less stressful for me.

My Home-Start volunteer visited on Thursdays for 2 hours and I looked forward to seeing her every week. She was always interested in how I was and remembered details about my family. She played with my daughter and helped me build up to leaving her gradually, by taking the dog for a short walk or going to pick up some shopping. She became a friend during the months that she visited us and I hope we keep in touch.



What Families say:

- (The volunteer) was fantastic – I looked forward to her visit every week. It really helped me get over my fear of leaving my daughter with other people. I really appreciate the support I've had and would recommend the service to other new Mums.
- Loved having the support and girls to talk to. Great support service.
- My volunteer was amazing, a fantastic support to me
- I really enjoyed having the support of Home-Start, (volunteer) is a lovely person and we all loved her company. I felt like it was very nice to have someone to talk to and that listens
- The boys love (volunteer). They were very happy to know she would come to play with them and read them stories
- Amazing and so helpful
- (volunteer) was easy to talk to and relaxed
- This is an excellent service that can help parents and children. The service was approachable and not too intrusive. They worked with my family on a subtle basis and had I needed extra support I could of called on one of the girls for advice.
- Wonderful support

- Very helpful and volunteer provided very fast. Much appreciated
- Very friendly. Lovely woman. Great to chat to. Thanks so much
- It was a fantastic service, very helpful, I couldn't have asked for better
- (volunteer) was a brilliant help and company to me and my boys
- She was just what I needed at the right time
- (volunteer) gave me a chance to spend time with (older boy).
- She was great for my own mental health and wellbeing
- A great experience that I am extremely grateful for
- I am very thankful to HS. I owe you a lot. You make a huge difference in my life. Thank you so much
- Fantastic service and would recommend it to anyone who would be I need of help
- It felt like we have known each other for a very long time
- Very valuable service and thoroughly enjoyed our time with Home-Start
- It has made a huge difference to our family
- They loved (volunteer). She was good fun!
- If we didn't have it we would be worse off & just couldn't cope
- (Child) is now more manageable
- My volunteer was amazing, a fantastic support to me
- I really enjoyed having the support of Home-Start, (volunteer) is a lovely person and we all loved her company. I felt like it was very nice to have someone to talk to and that listens
- The boys love (volunteer). They were very happy to know she would come to play with them and read them stories
- Amazing and so helpful
- (volunteer) was easy to talk to and relaxed
- This is an excellent service that can help parents and children. The service was approachable and not too intrusive. They worked with my family on a subtle basis and had I needed extra support I could of called on one of the girls for advice.
- Wonderful support
- Very helpful and volunteer provided very fast. Much appreciated
- Very friendly. Lovely woman. Great to chat to. Thanks so much
- It was a fantastic service, very helpful, I couldn't have asked for better
- (volunteer) was a brilliant help and company to me and my boys
- She was just what I needed at the right time
- (volunteer) gave me a chance to spend time with (older boy).
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- Very valuable service and thoroughly enjoyed our time with Home-Start
- It has made a huge difference to our family
- They loved (volunteer). She was good fun!
- If we didn't have it we would be worse off & just couldn't cope
- (Child) is now more manageable
- It really helped my son to get the 1:1 time with (the volunteer), he looked forward to it every week.

➤ AMAZING MULTIPLES

Amazing Multiples is a group for Fermanagh parents of twins and more. It was established in 2013 to offer peer support and practical guidance for parents. The group meets once a month and new families are always welcome, including antenatal parents and their supporters. 22 families were registered for Amazing Multiples this year.



Amazing Multiples offers:

- A time for play
- Support & a chance to link with other parents of multiples, to share ideas and experiences
- Signposting to other services
- Information and practical advice
- Refreshments and a chance to chat
- A chance to meet up with others before the big event

Our Funders

A big thank you must go to our funders, supporters and community fundraisers who have contributed so much to Home-Start Lakeland this year.

Funders:

- Western Health and Social Care Trust continue to fund core costs & we thank them for their recognition of the early intervention support we provide.
- Henry Smith fund our Staff salaries as part of a 3-year grant.
- Fermanagh & Omagh District Council part funded Office Rent and online programmes.

Fundraising and Donations

The Four Acre Trust gave us the opportunity to seek out donations from individuals, businesses and organisations we had never had before and they match funded it. Thank you to Jackie & Shane McGirr, KitaKards, the Soroptomists, Enniskillen Credit Union and Stanley Moffitt who made generous donations.

Osborne & Co chose us as their nominated charity for the recipients of the sales of their 2022 Christmas bauble and Enniskillen Rotary made a contribution to our volunteer expenses.

Thank you to the customers of shops across Fermanagh who regularly fill our collection boxes. We also have a small number of regular donors who donate to us on a monthly basis.





Project St Patrick chose us as the nominated charity to be the recipients of the St Patrick's Day collection back in 2020. The parade was cancelled due to Covid 19 and we waited 3 long years to get our opportunity for this fantastic fundraiser. We were finally able to fulfill that this year and are very grateful to Project St Patrick for the opportunity and delighted to raise £2250.

Thanks also to Reilly's of Enniskillen, Asda, Tesco and Sweet Memories who donated prizes for the raffle



Christmas Donations

Thank you to the staff of BT who donated gifts to the children and parents of Home-Start families at Christmas.

Enniskillen Foodbank donated Food Hampers which we delivered to Home-Start families in time for Christmas.





Do you have parenting experience? Would you share this experience? Could you spare 2-3 hours per week?

If so, we really need your help.

Training, support & expenses provided

If you are interested in volunteering, please contact:

Home-Start Lakeland

Belmore Mews,

Enniskillen BT74 6AH

028 6634 6818

info@homestartlakeland.com

**For parents when
they need us most**



Home-Start Lakeland

Northern Ireland - Charity number 105854

Annual return

Home-Start Lakeland

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the year ended 31 March 2023 as set out in the financial statements.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008 and subsequent updates (including 2022).

It is the responsibility of the independent examiner to:

- Examine the accounts under section 65 of the Charities Act
- Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act.
- State whether particular matters have come to my attention.

Basis of independent examiner's report

An examination of your charity accounts as required under section 65 of the Charities Act was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving my cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached

Independent examiner's statement

Having completed the examination there are no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, no matters that have been found require drawing to your attention.

Name: Paul Stronge FCA

Company Name: CooperIrvine Ltd

Address: 6 Townhall Street, Enniskillen, Co Fermanagh, BT74 7BA

Date: 6th June 2023

Signature: _____

