

Head Injury Support Limited

Northern Ireland · Charity number 105830

Details

Known as	Previously know as Headway Newry Limited
Status	Received
Company number	74078
Registered	2016-09-23
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	4 Kildare Street Newry BT34 1dq BT34 1DQ
Phone	02830833728
Email	info@headinjurysupport.org.uk
Website	www.headinjurysupport.org.uk

Activities

Purposes: The Company's objects are:- i. To provide opportunities for brain injury survivors and their carers and family members to socialise and establish friendships. ii. To assist brain injury survivors and their carers and family members to acquire new skills and pastimes. iii. To provide brain injury survivors and their carers and family members with: (a) Information which will enhance their quality of life (b) Emotional support

What the charity does: The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Counselling/support, Disability, General charitable purposes

Who the charity helps: Carers, Men, Physical disabilities, Sensory disabilities, Voluntary and community sector, Volunteers, Women

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£230,420	£266,869	£0	7

Trustees

Name	Role	Appointed
Mr Malcolm Knox		
Mr Pat O'Neill		
Mrs Ann Cobban		
Mrs Carole Murphy		
Mrs Hannah Downey		

Head Injury Support Limited

Northern Ireland - Charity number 105830

Accounts

Company Registration Number: NI074078
Charity Number: XT22608

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
Annual Report and Unaudited Financial Statements
for the financial year ended 31 December 2024

Paul Hagerty & Co
Chartered Accountants
11 The Square
Rostrevor
Co Down
BT34 3AZ

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
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Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

REFERENCE AND ADMINISTRATIVE INFORMATION

Directors	Hannah Downey Pat O'Neill Ann Cobban Mr Malcolm Knox (Appointed 26 August 2024) Carole Murphy
Charity Number in Northern Ireland	XT22608
Company Registration Number	NI074078
Registered Office and Principal Address	4 Kildare Street Newry Co Down BT34 1DQ Northern Ireland
Independent Examiner	Paul Hagerty & Co Chartered Accountants 11 The Square Rostrevor Co Down BT34 3AZ
Principal Bankers	Ulster Bank 86 Hill Street Newry Co Down BT34 1BT

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2024

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 December 2024.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the directors of Head Injury Support Limited present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 December 2024.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

1. To provide opportunities for brain injury and stroke survivors and their carers and family members to socialise and establish friendships.
2. To assist brain injury and stroke survivors and their carers and family members to acquire new skills and past-times.
3. To provide brain injury and stroke survivors and their carers and family members with (i) information which will enhance their quality of life and (ii) emotional support.

Review of Activities, Achievements and Performance

2024 was a successful year in which we have continued to extend activities and social events to our growing number of members. We continued to develop the 'Just for Me' programme which provides much needed support for our carers. We have also continued our 'My Day My Way' project for survivors. This programme has provided an extensive range of activities and social outings which has attracted new members from the Newry area and beyond. The programme has also enabled us to extend our services to a larger number of people with the charity now supporting a number of stroke survivors and their carers.

In 2024 we continued with our fundraising and volunteering strategies. These strategies have been effective in enhancing fundraising activities and recruiting more volunteers throughout the year. The feedback around the services this year has been positive among both carers and survivors. Our social enterprise 'Creative Minds' has continued to grow and develop, and was formally launched during 2024. We have continued to meet the objectives and performance indicators of our funders which allow us to remain in receipt of grants.

Financial Review

Our National Lottery Grant secured in January 2021, and amounting to a total of £440K ended in January 2025. Consequently, in 2025, there will be an increased focus on fundraising activities and events. We also continued to benefit from further tranches of the Dormant Fund grant which was secured in 2023 and covers the period to 2027. Further grant applications will be made during 2025, particularly in relation to transportation, members' activities and improving the sustainability of our social enterprise.

Financial Results

At the end of the financial year the company has assets of £150,018 (2023 - £175,218) and liabilities of £14,228 (2023 - £2,979). The net assets of the company have decreased by £(36,449).

Head Injury Support Limited

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DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2024

Directors

The directors who served throughout the financial year, except as noted, were as follows:

Hannah Downey

Pat O'Neill

Ann Cobban

Mr Malcolm Knox (Appointed 26 August 2024)

Carole Murphy

Compliance with Sector-Wide Legislation and Standards

The company engages pro-actively with legislation, standards and codes which are developed for the sector. Head Injury Support Limited subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Plans for future

In the next year, Head Injury Support Newry Limited plans:

To remain proactive, focused and planned in our approach to fundraising.

To increase the amount of social, crafting and recreational activities that we offer along with the variety.

Review and apply for funding opportunities


To welcome new members and expand the number of family carers into our family of carers


To introduce and execute a new carers programme

To continue to develop our Social Enterprise in the Newry hub

To continue to develop new strategic initiatives including our volunteering strategy.

Approved by the Board of Directors on 26 September 2025 and signed on its behalf by:


Carole Murphy
Trustee


Pat O'Neill
Trustee

Head Injury Support Limited

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STATEMENT OF DIRECTORS' RESPONSIBILITIES

for the financial year ended 31 December 2024

The directors are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Directors on 26 September 2025 and signed on its behalf by:



Carole Murphy
Trustee



Pat O'Neill
Trustee

Head Injury Support Limited

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INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS OF HEAD INJURY SUPPORT LIMITED

We have examined the financial statements of the company for the financial year ended 31 December 2024, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our work, or for this report.

Respective responsibilities of directors and examiner

The company's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The company's directors consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to our attention.

Basis of independent examiner's report

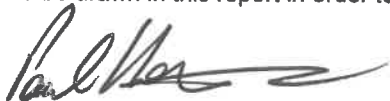
We have examined your company financial statements as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



PAUL HAGERTY & CO

Chartered Accountants

11 The Square

Rostrevor

Co Down

BT34 3AZ

Date: 26 September 2025

Head Injury Support Limited

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STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)

for the financial year ended 31 December 2024

		Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
Incoming Resources	Notes						
Charitable activities							
- Grants from governments and other co-funders	3.1	-	162,663	162,663	-	181,874	181,874
Activities for generating funds	3.2	58,513	-	58,513	37,505	-	37,505
Investments	3.3	1,984	-	1,984	1,831	-	1,831
Other income	3.4	7,260	-	7,260	-	-	-
Total incoming resources		67,757	162,663	230,420	39,336	181,874	221,210
Resources Expended							
Raising funds	4.1	34,619	1,596	36,215	9,693	11,741	21,434
Charitable activities	4.2	67,099	163,555	230,654	18,048	177,586	195,634
Total Resources Expended		101,718	165,151	266,869	27,741	189,327	217,068
Net incoming/outgoing resources before transfers		(33,961)	(2,488)	(36,449)	11,595	(7,453)	4,142
Gross transfers between funds		-	-	-	-	-	-
Net movement in funds for the financial year		(33,961)	(2,488)	(36,449)	11,595	(7,453)	4,142
Reconciliation of funds:							
Total funds beginning of the year	12	145,134	27,105	172,239	133,539	34,558	168,097
Total funds at the end of the year		111,173	24,617	135,790	145,134	27,105	172,239

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

Head Injury Support Limited

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Company Number: NI074078

BALANCE SHEET

as at 31 December 2024

	Notes	2024 £	2023 £
Fixed Assets			
Tangible assets	9	918	1,008
Current Assets			
Cash at bank and in hand		149,100	174,210
Creditors: Amounts falling due within one year	10	(14,228)	(2,979)
Net Current Assets		134,872	171,231
Total Assets less Current Liabilities		135,790	172,239
Funds			
Restricted trust funds		24,617	27,105
General fund (unrestricted)		111,173	145,134
Total funds	12	135,790	172,239

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.


For the financial year ended 31 December 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The directors confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Approved by the Board of Directors and authorised for issue on 26 September 2025 and signed on its behalf by


Carole Murphy
Trustee


Pat O'Neill
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2024

1. GENERAL INFORMATION

Head Injury Support Limited is a company limited by guarantee incorporated in the United Kingdom. The registered office of the company is 4 Kildare Street, Newry, Co Down, BT34 1DQ, Northern Ireland which is also the principal place of business of the company. The financial statements have been presented in Pound (£) which is also the functional currency of the company.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

As permitted by the Companies Act 2006, the company has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

Cash flow statement

The company has availed of the exemption in FRS 102 from the requirement to produce a cash flow statement because it is classified as a small company.

Incoming Resources

Voluntary income or capital is included in the Statement of Financial Activities when the company is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the company has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the company. Income from government and other co-funders is recognised when the company is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the company is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the company is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the company is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the company recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the company is notified of entitlement.

Head Injury Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2024

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Resources Expended

All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 15% Straight line

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the company has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3.	INCOME				
3.1	CHARITABLE ACTIVITIES	Unrestricted Funds	Restricted Funds	2024	2023
		£	£	£	£
	Grants from governments and other co-funders:				
	Grants Receivable	-	162,663	162,663	181,874
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
3.2	OTHER TRADING ACTIVITIES	Unrestricted Funds	Restricted Funds	2024	2023
		£	£	£	£
	Donations & Fundraising	58,513	-	58,513	37,505
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
3.3	INVESTMENTS	Unrestricted Funds	Restricted Funds	2024	2023
		£	£	£	£
	Interest Received	1,984	-	1,984	1,831
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
3.4	OTHER INCOME	Unrestricted Funds	Restricted Funds	2024	2023
		£	£	£	£
	Other income	7,260	-	7,260	-
		<u> </u>	<u> </u>	<u> </u>	<u> </u>

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2024

4. EXPENDITURE					
4.1 RAISING FUNDS	Direct Costs	Other Costs	Support Costs	2024	2023
	£	£	£	£	£
Costs of Generating Funds	-	-	36,215	36,215	21,434
4.2 CHARITABLE ACTIVITIES	Direct Costs	Other Costs	Support Costs	2024	2023
	£	£	£	£	£
Expenditure on Charitable Activities	49,150	1,399	180,105	230,654	195,634
4.3 SUPPORT COSTS		Cost of Raising Funds	Charitable Activities	2024	2023
		£	£	£	£
General Office		27,441	32,554	59,995	46,461
Repairs and Maintenance		4,781	2,470	7,251	5,241
Legal and Other professional Fees		3,993	10,000	13,993	2,448
Salaries and Wages		-	135,081	135,081	115,502
		36,215	180,105	216,320	169,652
5. ANALYSIS OF SUPPORT COSTS				2024	2023
				£	£
General Office				59,995	46,461
Repairs and Maintenance				7,251	5,241
Legal and Other professional Fees				13,993	2,448
Salaries and Wages				135,081	115,502
				216,320	169,652
6. NET INCOMING RESOURCES				2024	2023
				£	£
Net Incoming Resources are stated after charging/(crediting):					
Depreciation of tangible assets				1,399	1,209
Deficit/(surplus) on foreign currencies				886	(505)
7. INVESTMENT AND OTHER INCOME				2024	2023
				£	£
Bank interest				1,984	1,831
8. EMPLOYEES AND REMUNERATION					
The staff costs comprise:				2024	2023
				£	£
Wages and salaries				135,081	115,503

Head Injury Support Limited
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NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 December 2024

9. TANGIBLE FIXED ASSETS

	Fixtures, fittings and equipment £	Total £
Cost		
At 1 January 2024	31,810	31,810
Additions	1,309	1,309
At 31 December 2024	<u>33,119</u>	<u>33,119</u>
Depreciation		
At 1 January 2024	30,802	30,802
Charge for the financial year	1,399	1,399
At 31 December 2024	<u>32,201</u>	<u>32,201</u>
Net book value		
At 31 December 2024	<u>918</u>	<u>918</u>
At 31 December 2023	<u>1,008</u>	<u>1,008</u>

10. CREDITORS	2024	2023
Amounts falling due within one year	£	£
Trade creditors	11,028	979
Accruals and deferred income	3,200	2,000
	<u>14,228</u>	<u>2,979</u>

11. RESERVES	2024	2023
	£	£
At the beginning of the year	172,239	168,097
(Deficit)/Surplus for the financial year	(36,449)	4,142
At the end of the year	<u>135,790</u>	<u>172,239</u>

12. FUNDS			
12.1 RECONCILIATION OF MOVEMENT IN FUNDS	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 January 2023	133,539	34,558	168,097
Movement during the financial year	11,595	(7,453)	4,142
At 31 December 2023	<u>145,134</u>	<u>27,105</u>	<u>172,239</u>
Movement during the financial year	(33,961)	(2,488)	(36,449)
At 31 December 2024	<u>111,173</u>	<u>24,617</u>	<u>135,790</u>

Head Injury Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2024

12.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 January 2024 £	Income £	Expenditure £	Transfers between funds £	Balance 31 December 2024 £
Restricted funds					
Restricted	27,105	162,663	165,151	-	24,617
Unrestricted funds					
Unrestricted General	145,134	67,757	101,718	-	111,173
Total funds	172,239	230,420	266,869	-	135,790

12.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use £	Current assets £	Current liabilities £	Total £
Restricted trust funds	-	24,617	-	24,617
Unrestricted general funds	918	124,483	(14,228)	111,173
	918	149,100	(14,228)	135,790

13. STATUS

The company is limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

14. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

HEAD INJURY SUPPORT LIMITED
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SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2024

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement

for the financial year ended 31 December 2024

	2024 £	2023 £
Income	228,436	219,379
Cost of generating funds		
Respite & Social Costs	27,097	26,319
Activity Classes Costs	21,692	19,769
	48,789	46,088
Gross surplus	179,647	173,291
Expenses		
Wages and salaries	135,081	115,503
Staff training	1,107	130
Rent payable	13,915	13,933
Rates	1,222	1,163
Insurance	1,462	1,881
Light and heat	5,838	5,056
Repairs and maintenance	7,251	5,330
Printing, postage and stationery	2,723	2,420
Advertising	818	-
Telephone	4,386	3,300
Computer costs	9,194	1,712
Hire of equipment	1,264	1,190
Travelling and entertainment	16,336	15,583
Legal and professional	10,354	-
Accountancy	3,639	2,448
Bank charges	246	275
Surplus/deficit on exchange	886	(505)
General expenses	854	91
Subscriptions	85	201
Depreciation	1,399	1,209
Charitable donations	20	60
	218,080	170,980
Miscellaneous income		
Bank interest	1,984	1,831
Net (deficit)/surplus	(36,449)	4,142

Head Injury Support Limited

Northern Ireland - Charity number 105830

Accounts

Company Registration Number: NI074078
Charity Number: XT22608

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
Annual Report and Unaudited Financial Statements
for the financial year ended 31 December 2023

Paul Hagerty & Co
Chartered Accountants
11 The Square
Rostrevor
Co Down
BT34 3AZ

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
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Head Injury Support Limited

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REFERENCE AND ADMINISTRATIVE INFORMATION

Directors	Hannah Downey Pat O'Neill Ann Cobban Carole Murphy
Charity Number in Northern Ireland	XT22608
Company Registration Number	NI074078
Registered Office and Principal Address	4 Kildare Street Newry Co Down BT34 1DQ Northern Ireland
Independent Examiner	Paul Hagerty & Co Chartered Accountants 11 The Square Rostrevor Co Down BT34 3AZ
Principal Bankers	Ulster Bank 86 Hill Street Newry Co Down BT34 1BT

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2023

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 December 2023.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the directors of Head Injury Support Limited present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 December 2023.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

1. To provide opportunities for brain injury and stroke survivors and their carers and family members to socialise and establish friendships.
2. To assist brain injury and stroke survivors and their carers and family members to acquire new skills and past-times.
3. To provide brain injury and stroke survivors and their carers and family members with (i) information which will enhance their quality of life and (ii) emotional support.

Review of Activities, Achievements and Performance

2023 was a successful year in which we have continued to extend activities and social events to our growing number of members. We have further developed the 'Just for Me' programme providing much needed support for our carers. We have also continued our 'My Day My Way' project for survivors. This programme has provided an extensive range of activities and social outings which has attracted new members from the Newry area and beyond. The programme has also enabled us to extend our services to a larger number of people with the charity now supporting a number of stroke survivors and their carers.

In 2023 we continued with our fundraising and volunteering strategies. These strategies have been effective in enhancing fundraising activities and recruiting more volunteers throughout the year. The feedback around the services this year has been positive among both carers and survivors. Our social enterprise 'Creative Minds' has continued to grow and develop. We have continued to meet the objectives and performance indicators of our funders which allow us to remain in receipt of grants.

Financial Review

Our National Lottery Grant secured in January 2021, and totalling £440K, will end in December 2024. We have also continued to benefit from the funding granted for 2022 and 2023 by the Community Foundation which has funded our carers programme "Just for Me". Other smaller grants were also secured including £7K in respect of a very successful gardening project.

Futher grant applications will be made during 2024, particularly in relation to digitalising and improving the sustainability of our social enterprise.

Financial Results

At the end of the financial year the company has assets of £175,218 (2022 - £170,097) and liabilities of £2,979 (2022 - £2,000). The net assets of the company have increased by £4,142.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2023

Directors

The directors who served throughout the financial year, except as noted, were as follows:

Hannah Downey
Pat O'Neill
Ann Cobban
Carole Murphy

Compliance with Sector-Wide Legislation and Standards

The company engages pro-actively with legislation, standards and codes which are developed for the sector. Head Injury Support Limited subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Plans for future

In the next year, Head Injury Support Newry Limited plans:

- To remain proactive, focused and planned in our approach to fundraising.
- To increase the amount of social, crafting and recreational activities that we offer along with the variety.
- Review and apply for funding opportunities
- To welcome new members and expand the number of family carers into our family of carers
- To introduce and execute a new carers programme
- To continue to develop our Social Enterprise in the Newry hub
- To continue to develop new strategic initiatives including our volunteering strategy.

Approved by the Board of Directors on 8 October 2024 and signed on its behalf by:



Carole Murphy
Trustee



Pat O'Neill
Trustee

Head Injury Support Limited

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STATEMENT OF DIRECTORS' RESPONSIBILITIES

for the financial year ended 31 December 2023

The directors are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Directors on 8 October 2024 and signed on its behalf by:



Carole Murphy
Trustee



Pat O'Neill
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS OF HEAD INJURY SUPPORT LIMITED

We have examined the financial statements of the company for the financial year ended 31 December 2023, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our work, or for this report.

Respective responsibilities of directors and examiner

The company's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The company's directors consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your company financial statements as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



PAUL HAGERTY & CO

Chartered Accountants

11 The Square

Rostrevor

Co Down

BT34 3AZ

Date: 8 October 2024

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)
for the financial year ended 31 December 2023

	Notes	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £
Incoming Resources							
Charitable activities							
- Grants from governments and other co-funders	3.1	-	181,874	181,874	-	143,651	143,651
Activities for generating funds	3.2	37,505	-	37,505	65,587	-	65,587
Investments	3.3	1,831	-	1,831	312	-	312
Total incoming resources		39,336	181,874	221,210	65,899	143,651	209,550
Resources Expended							
Raising funds	4.1	9,693	11,741	21,434	30,888	-	30,888
Charitable activities	4.2	18,048	177,586	195,634	57,072	119,422	176,494
Total Resources Expended		27,741	189,327	217,068	87,960	119,422	207,382
Net incoming/outgoing resources before transfers		11,595	(7,453)	4,142	(22,061)	24,229	2,168
Gross transfers between funds		-	-	-	-	-	-
Net movement in funds for the financial year		11,595	(7,453)	4,142	(22,061)	24,229	2,168
Reconciliation of funds:							
Total funds beginning of the year	12	133,539	34,558	168,097	131,371	34,558	165,929
Total funds at the end of the year		145,134	27,105	172,239	109,310	58,787	168,097

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

Company Number: NI074078

BALANCE SHEET

as at 31 December 2023

	Notes	2023 £	2022 £
Fixed Assets			
Tangible assets	9	1,008	2,217
Current Assets			
Cash at bank and in hand		174,210	167,880
Creditors: Amounts falling due within one year	10	(2,979)	(2,000)
Net Current Assets		171,231	165,880
Total Assets less Current Liabilities		172,239	168,097
Funds			
Restricted trust funds		27,105	58,787
General fund (unrestricted)		145,134	109,310
Total funds	12	172,239	168,097

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

For the financial year ended 31 December 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The directors confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Approved by the Board of Directors and authorised for issue on 8 October 2024 and signed on its behalf by



Carole Murphy
Trustee



Pat O'Neill
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2023

1. GENERAL INFORMATION

Head Injury Support Limited is a company limited by guarantee incorporated in the United Kingdom. The registered office of the company is 4 Kildare Street, Newry, Co Down, BT34 1DQ, Northern Ireland which is also the principal place of business of the company. The financial statements have been presented in Pound Sterling (£) which is also the functional currency of the company.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

As permitted by the Companies Act 2006, the company has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

Cash flow statement

The company has availed of the exemption in FRS 102 from the requirement to produce a cash flow statement because it is classified as a small company.

Incoming Resources

Voluntary income or capital is included in the Statement of Financial Activities when the company is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the company has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the company. Income from government and other co-funders is recognised when the company is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the company is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the company is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the company is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the company recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the company is notified of entitlement.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2023

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Resources Expended

All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 15% Straight line

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the company has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3. INCOME

3.1	CHARITABLE ACTIVITIES	Unrestricted Funds £	Restricted Funds £	2023 £	2022 £
	Grants from governments and other co-funders:				
	Grants Receivable	-	181,874	181,874	143,651
		<u>-</u>	<u>181,874</u>	<u>181,874</u>	<u>143,651</u>
3.2	OTHER TRADING ACTIVITIES	Unrestricted Funds £	Restricted Funds £	2023 £	2022 £
	Donations & Fundraising	37,505	-	37,505	65,587
		<u>37,505</u>	<u>-</u>	<u>37,505</u>	<u>65,587</u>
3.3	INVESTMENTS	Unrestricted Funds £	Restricted Funds £	2023 £	2022 £
	Interest Received	1,831	-	1,831	312
		<u>1,831</u>	<u>-</u>	<u>1,831</u>	<u>312</u>

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2023

4. EXPENDITURE					
4.1 RAISING FUNDS	Direct Costs £	Other Costs £	Support Costs £	2023 £	2022 £
Costs of Generating Funds	465	-	20,969	21,434	30,888
4.2 CHARITABLE ACTIVITIES	Direct Costs £	Other Costs £	Support Costs £	2023 £	2022 £
Expenditure on Charitable Activities	45,742	1,209	148,683	195,634	176,494
4.3 SUPPORT COSTS		Cost of Raising Funds £	Charitable Activities £	2023 £	2022 £
Repairs and Maintenance		3,220	2,021	5,241	2,783
General Office		15,301	31,160	46,461	53,058
Legal and Other professional Fees		2,448	-	2,448	4,320
Salaries and Wages		-	115,502	115,502	114,475
		20,969	148,683	169,652	174,636
5. ANALYSIS OF SUPPORT COSTS				2023 £	2022 £
Repairs and Maintenance				5,241	2,783
General Office				46,461	53,058
Legal and Other professional Fees				2,448	4,320
Salaries and Wages				115,502	114,475
				169,652	174,636
6. NET INCOMING RESOURCES				2023 £	2022 £
Net Incoming Resources are stated after charging/(crediting):					
Depreciation of tangible assets				1,209	1,209
(Surplus) on foreign currencies				(505)	(343)
7. INVESTMENT AND OTHER INCOME				2023 £	2022 £
Bank interest				1,831	312

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2023

8. EMPLOYEES AND REMUNERATION

The staff costs comprise:	2023	2022
	£	£
Wages and salaries	115,503	114,039
Pension costs	-	429
	<u>115,503</u>	<u>114,468</u>

9. TANGIBLE FIXED ASSETS

	Fixtures, fittings and equipment £	Total £
Cost		
At 31 December 2023	31,810	31,810
Depreciation		
At 1 January 2023	29,593	29,593
Charge for the financial year	1,209	1,209
At 31 December 2023	30,802	30,802
Net book value		
At 31 December 2023	<u>1,008</u>	<u>1,008</u>
At 31 December 2022	<u>2,217</u>	<u>2,217</u>

10. CREDITORS

Amounts falling due within one year	2023	2022
	£	£
Trade creditors	979	-
Accruals and deferred income	2,000	2,000
	<u>2,979</u>	<u>2,000</u>

11. RESERVES

	2023	2022
	£	£
At the beginning of the year	168,097	165,929
Surplus for the financial year	4,142	2,168
At the end of the year	<u>172,239</u>	<u>168,097</u>

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2023

12. FUNDS

12.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 January 2022	131,371	34,558	165,929
Movement during the financial year	(22,061)	24,229	2,168
At 31 December 2022	133,539	34,558	168,097
Movement during the financial year	11,595	(7,453)	4,142
At 31 December 2023	<u>145,134</u>	<u>27,105</u>	<u>172,239</u>

12.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 January 2023 £	Income £	Expenditure £	Transfers between funds £	Balance 31 December 2023 £
Restricted funds					
Restricted	34,558	181,874	189,327	-	27,105
Unrestricted funds					
Unrestricted General	133,539	39,336	27,741	-	145,134
Total funds	<u>168,097</u>	<u>221,210</u>	<u>217,068</u>	<u>-</u>	<u>172,239</u>

12.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use £	Current assets £	Current liabilities £	Total £
Restricted trust funds	-	27,105	-	27,105
Unrestricted general funds	1,008	147,105	(2,979)	145,134
	<u>1,008</u>	<u>174,210</u>	<u>(2,979)</u>	<u>172,239</u>

13. STATUS

The company is limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

14. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

HEAD INJURY SUPPORT LIMITED
(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2023

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement

for the financial year ended 31 December 2023

	2023 £	2022 £
Income	219,379	209,238
Cost of generating funds		
Respite & Social Costs	26,319	21,661
Activity Classes Costs	19,769	9,828
	46,088	31,489
Gross surplus	173,291	177,749
Expenses		
Wages and salaries	115,503	114,039
Staff defined contribution pension costs	-	429
Staff training	130	219
Rent payable	13,933	14,027
Rates	1,163	1,019
Insurance	1,881	1,852
Light and heat	5,056	7,881
Repairs and maintenance	5,330	2,783
Printing, postage and stationery	2,420	1,933
Advertising	-	4,006
Telephone	3,300	2,250
Computer costs	1,712	2,462
Hire of equipment	1,190	778
Travelling and entertainment	15,583	13,415
Accountancy	2,448	4,320
Bank charges	275	259
Surplus/deficit on exchange	(505)	(343)
General expenses	91	2,794
Subscriptions	201	398
Depreciation	1,209	1,209
Charitable donations	60	163
	170,980	175,893
Miscellaneous income		
Bank interest	1,831	312
Net surplus	4,142	2,168

Head Injury Support Limited

Northern Ireland - Charity number 105830

Annual report

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2023

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 December 2023.

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The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the directors of Head Injury Support Limited present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 December 2023.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

1. To provide opportunities for brain injury and stroke survivors and their carers and family members to socialise and establish friendships.
2. To assist brain injury and stroke survivors and their carers and family members to acquire new skills and past-times.
3. To provide brain injury and stroke survivors and their carers and family members with (i) information which will enhance their quality of life and (ii) emotional support.

Review of Activities, Achievements and Performance

2023 was a successful year in which we have continued to extend activities and social events to our growing number of members. We have further developed the 'Just for Me' programme providing much needed support for our carers. We have also continued our 'My Day My Way' project for survivors. This programme has provided an extensive range of activities and social outings which has attracted new members from the Newry area and beyond. The programme has also enabled us to extend our services to a larger number of people with the charity now supporting a number of stroke survivors and their carers.

In 2023 we continued with our fundraising and volunteering strategies. These strategies have been effective in enhancing fundraising activities and recruiting more volunteers throughout the year. The feedback around the services this year has been positive among both carers and survivors. Our social enterprise 'Creative Minds' has continued to grow and develop. We have continued to meet the objectives and performance indicators of our funders which allow us to remain in receipt of grants.

Financial Review

Our National Lottery Grant secured in January 2021, and totalling £440K, will end in December 2024. We have also continued to benefit from the funding granted for 2022 and 2023 by the Community Foundation which has funded our carers programme "Just for Me". Other smaller grants were also secured including £7K in respect of a very successful gardening project.

Further grant applications will be made during 2024, particularly in relation to digitalising and improving the sustainability of our social enterprise.

Financial Results

At the end of the financial year the company has assets of £175,218 (2022 - £170,097) and liabilities of £2,979 (2022 - £2,000). The net assets of the company have increased by £4,142.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2023

Directors

The directors who served throughout the financial year, except as noted, were as follows:

Hannah Downey
Pat O'Neill
Ann Cobban
Carole Murphy

Compliance with Sector-Wide Legislation and Standards

The company engages pro-actively with legislation, standards and codes which are developed for the sector. Head Injury Support Limited subscribes to and is compliant with the following:


- The Companies Act 2006
- The Charities SORP (FRS 102)

Plans for future

In the next year, Head Injury Support Newry Limited plans:

- To remain proactive, focused and planned in our approach to fundraising.
- To increase the amount of social, crafting and recreational activities that we offer along with the variety.
- Review and apply for funding opportunities
- To welcome new members and expand the number of family carers into our family of carers
- To introduce and execute a new carers programme
- To continue to develop our Social Enterprise in the Newry hub
- To continue to develop new strategic initiatives including our volunteering strategy.

Approved by the Board of Directors on 8 October 2024 and signed on its behalf by:


Carole Murphy

Trustee


Pat O'Neill

Trustee

Head Injury Support Limited

Northern Ireland - Charity number 105830

Annual return

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS OF HEAD INJURY SUPPORT LIMITED

We have examined the financial statements of the company for the financial year ended 31 December 2023, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our work, or for this report.

Respective responsibilities of directors and examiner

The company's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The company's directors consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to our attention.

Basis of independent examiner's report


We have examined your company financial statements as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



PAUL HAGERTY & CO

Chartered Accountants

11 The Square

Rostrevor

Co Down

BT34 3AZ

Date: 8 October 2024

Head Injury Support Limited

Northern Ireland - Charity number 105830

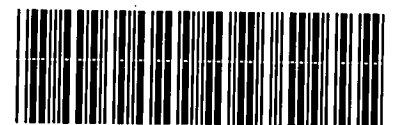
Accounts

Company Number: NI074078
Charity Number: XT22608

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
Annual Report and Unaudited Financial Statements
for the financial year ended 31 December 2020

Paul Hagerty & Co
Chartered Accountants
11 The Square
Rostrevor
Co Down
BT34 3AZ

TUESDAY



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JNI 28/09/2021 #118
COMPANIES HOUSE

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
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Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

REFERENCE AND ADMINISTRATIVE INFORMATION

Directors	Hannah Downey Michael Downey Pat O'Neill Ann Cobban Carole Murphy
Charity Number in Northern Ireland	XT22608
Company Number	NI074078
Registered Office and Principal Address	4 Kildare Street Newry Co Down BT34 1DQ Northern Ireland
Independent Examiner	Paul Hagerty & Co Chartered Accountants 11 The Square Rostrevor Co Down BT34 3AZ
Bankers	Ulster Bank 86 Hill Street Newry Co Down BT34 1BT

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2020

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 December 2020.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the directors of Head Injury Support Limited present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 December 2020.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

1. To provide opportunities for brain injury survivors and their carers and family members to socialise and establish friendships.
2. To assist brain injury survivors and their carers and family members to acquire new skills and past-times.
3. To provide brain injury survivors and their carers and family members with (i) information which will enhance their quality of life and (ii) emotional support.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2020

Review of Activities, Achievements and Performance

2020 started out in the usual vein and then the Covid 19 Pandemic struck and totally altered the way that we work directly with people. We went into lockdown mid-March, our Hub closed, our 3 Outreach weekly support sessions stopped and staff had to work remotely from home. Personal face-to-face contact is vital and key to the support we provide, we very quickly had to respond and flex and adapt the practical elements of our model of support. Collectively the Board and staff team responded with innovative, alternate and creative methods and means of support to meet the needs of those we support and that this was operational within 10 days of total lockdown restrictions coming into place in March 2020, a major achievement.

Our society and the community at large now were faced with 'loss' and adjusting to new ways of dealing with the issues that this throws up. We all faced the loss of the 'ordinary', seemingly mundane routines of our lives that meant the loss of connection, companionship and contact provided through meeting and being with family, friends, work colleagues and acquaintances. These are some of the of the greatest issues that people tell us they feel after they acquire brain injury. Our model aims to meet these needs which is why we provide - social, recreational and other activities, through group sessions which allows for the opportunity for mutual support. We could no longer do this but we knew that maintaining contact and communication with the people we support was going to be even more vital now than ever, as the isolation; loneliness and lack of purpose, structure and routine that survivors face, would now be compounded.

During the full lockdown periods some of the alternative supports we provided were practical support signposting people to groups in their locality, food suppliers, pharmacy and contacting GP's. We also supplied, to all survivors and carers who required them, a tablet and provided one to one phone support to support in setting up people to allow them to access our online support and to allow connection with family and friends; staff maintained a telephone 'staying connected' service and we delivered crafts, activities and other items personally or by post to their homes so that that they could either join with the group at our weekly group sessions which we delivered on line on the same days and times as when face to face to maintain their routine or to provide some pastime activities at home.

Bingo and games, family entertainment nights etc were provided on line allowing interaction with their own familiar groups and we also extending these to join up with the other groups and Newry Hub attenders to widen their connections and grow their support networks.

For carers we provided a range of different 'feel good activities' with the home delivery of individual afternoon tea treat boxes to join in and enjoy with others with an afternoon tea online; pampering items; online support programmes and of course frequent chats with allocated staff members thereby maintaining contact over the phone as often as they required. The result was that survivors and carers told us that felt 'thought of'; 'not forgotten' and that 'someone cared about them'.

All of these support activities enabled us to continue to meet the objectives and performance indicators of our funders which allowed us to remain in receipt of our grants and SLA funding.

We received our highly rated externally evaluated report which measured the impact and difference we had made through the activities we had been providing over 3 years. This proved essential in providing evidence-based research that we could present to funders.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2020

Financial Review

Ongoing long-term funding secured:

During the initial lockdown we completed a new Grant application to the The National Lottery 'People and Communities' Programme and were delighted to be awarded this in September 2020. It amounts to almost £500K to provide a programme of support over the next 4 years and will commence in January 2021.

This will allow us to grow the services we offer and importantly it will allow us to support people who have had a diagnosis of 'stroke', as currently they are unable to access the outreach and other services funded by the SHSCT Service Level Agreement. This will also allow and provide for stability and continuity in the continuation of support to those we currently support; allow for growth and development and secure and provide additional employment opportunities.

We were delighted to have had the optional 5th year of the SLA confirmed by the SHSCT, which means we will be able to continue offering the services they fund principally the Outreach Services to survivors and carers supports until November 2021.

Due to the Covid 19 pandemic, as with all charities, our fundraising activities were decimated, especially given that our activities all are local and rely heavily on face to face interactions with the local community. We were delighted that we had a window in the Covid 19 restrictions which meant we could host our Annual Golf Classic Fundraiser in September, which was so well supported and proved financially very successful, given the hardships businesses and communities were facing.

Financial Results

At the end of the financial year the company has assets of £113,416 (2019 - £100,585) and liabilities of £2,000 (2019 - £2,065). The net assets of the company have increased by £12,896.

Directors

The directors who served throughout the financial year, except as noted, were as follows:

Hannah Downey
Michael Downey
Pat O'Neill
Ann Cobban
Carole Murphy

Compliance with Sector-Wide Legislation and Standards

The company engages pro-actively with legislation, standards and codes which are developed for the sector. Head Injury Support Limited subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Plans for future

In the next year, Head Injury Support Newry Limited plans:

(1) To continue to remain responsive and creative in meeting the limitations, restrictions, demands and mitigations that the Covid 19 pandemic has placed on our model of support.

(2) To commence delivery of the new service offers which will allow us to overcome some of the previous barriers that our external evaluation feedback highlighted, in terms of

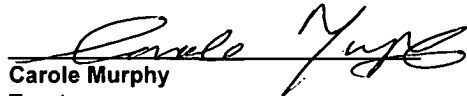
- offering our services to those who have had a stroke
- overcoming transport barriers
- increasing the amount of support (in terms of time and additional opportunities) we can offer weekly, both to those that currently avail of Outreach Services and also to new beneficiaries across the SHSCT
- growing the staff team required
- delivering new elements including a volunteering strategy


(3) To continue to develop our Social Enterprise business in our Newry hub by

- providing the opportunity for others from Outreach areas to be engaged in purposeful, meaningful opportunities
- to make and create a variety of arts, crafts and up-cycling activities, that people will purchase

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
DIRECTORS' ANNUAL REPORT
for the financial year ended 31 December 2020

Approved by the Board of Directors on 27 September 2021 and signed on its behalf by:


Carole Murphy
Trustee


Ann Cobban
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

STATEMENT OF DIRECTORS' RESPONSIBILITIES

for the financial year ended 31 December 2020

The directors are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.


In preparing these financial statements, the directors are required to:


- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Charities Act (Northern Ireland) 2008. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Directors on 27 September 2021 and signed on its behalf by:


Carole Murphy
Trustee


Ann Cobban
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS OF HEAD INJURY SUPPORT LIMITED

We have examined the financial statements of the company for the financial year ended 31 December 2020, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our work, or for this report.

Respective responsibilities of directors and examiner

The company's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The company's directors consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your company financial statements as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



PAUL HAGERTY & CO

Chartered Accountants

11 The Square

Rostrevor

Co Down

BT34 3AZ

Date: 27 September 2021

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)
for the financial year ended 31 December 2020

	Notes	Unrestricted Funds 2020 £	Restricted Funds 2020 £	Total 2020 £	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total 2019 £
Incoming Resources							
Charitable activities							
- Grants from governments and other co-funders	3.1	-	134,894	134,894	-	113,359	113,359
Activities for generating funds	3.2	29,775	-	29,775	79,438	-	79,438
Investments	3.3	68	-	68	102	-	102
Other income	3.4	5,474	-	5,474	-	-	-
Total incoming resources		35,317	134,894	170,211	79,540	113,359	192,899
Resources Expended							
Raising funds	4.1	41,177	-	41,177	32,813	18,477	51,290
Charitable activities	4.2	(17,361)	133,499	116,138	20,429	96,713	117,142
Total Resources Expended		23,816	133,499	157,315	53,242	115,190	168,432
Net incoming/outgoing resources before transfers		11,501	1,395	12,896	26,298	(1,831)	24,467
Gross transfers between funds		-	-	-	-	-	-
Net movement in funds for the financial year		11,501	1,395	12,896	26,298	(1,831)	24,467
Reconciliation of funds							
Balances brought forward at 1 January 2020	13	96,955	1,565	98,520	70,657	3,396	74,053
Balances carried forward at 31 December 2020		108,456	2,960	111,416	96,955	1,565	98,520

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

Company Number: NI074078

BALANCE SHEET

as at 31 December 2020

	Notes	2020 £	2019 £
Fixed Assets			
Tangible assets	9	314	1,542
Current Assets			
Debtors	10	-	1,074
Cash at bank and in hand		113,102	97,969
		113,102	99,043
Creditors: Amounts falling due within one year	11	(2,000)	(2,065)
Net Current Assets		111,102	96,978
Total Assets less Current Liabilities		111,416	98,520
Funds			
Restricted trust funds		2,960	1,565
Unrestricted designated funds		108,457	96,955
General fund (unrestricted)		(1)	-
Total funds	13	111,416	98,520

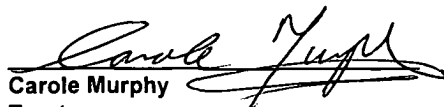
These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.


For the financial year ended 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The directors confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Approved by the Board of Directors and authorised for issue on 27 September 2021 and signed on its behalf by


Carole Murphy
Trustee


Ann Cobban
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

1. GENERAL INFORMATION

Head Injury Support Limited is a company limited by guarantee incorporated in the United Kingdom. The registered office of the company is 4 Kildare Street, Newry, Co Down, BT34 1DQ, Northern Ireland which is also the principal place of business of the company. The financial statements have been presented in Pound Sterling (£) which is also the functional currency of the company.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Companies Act 2006 and Part 8 of the Charities Act (Northern Ireland) 2008. They also comply with the Statement of Recommended Practice (SORP 2005, as updated in 2008) and with the financial reporting standards. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)" and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Cash flow statement

The company has availed of the exemption in FRS 102 from the requirement to produce a cash flow statement because it is classified as a small company.

Incoming Resources

Voluntary income or capital is included in the Statement of Financial Activities when the company is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the company has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the company. Income from government and other co-funders is recognised when the company is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the company is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the company is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the company is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the company recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the company is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

Resources Expended

All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 15% Straight line

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the company from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the company has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3. INCOME					
3.1 CHARITABLE ACTIVITIES	Unrestricted Funds	Restricted Funds	2020	2019	
	£	£	£	£	
Grants Receiveable	-	134,894	134,894	113,359	
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	
3.2 OTHER TRADING ACTIVITIES	Unrestricted Funds	Restricted Funds	2020	2019	
	£	£	£	£	
Donations & Fundraising	29,775	-	29,775	79,438	
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	
3.3 INVESTMENTS	Unrestricted Funds	Restricted Funds	2020	2019	
	£	£	£	£	
Interest Received	68	-	68	102	
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

3.4	OTHER INCOME		Unrestricted Funds	Restricted Funds	2020	2019
			£	£	£	£
	Other income		5,474	-	5,474	-
4.	EXPENDITURE					
4.1	RAISING FUNDS	Direct Costs	Other Costs	Support Costs	2020	2019
		£	£	£	£	£
	Costs of Generating Funds	1,168	-	40,009	41,177	51,290
4.2	CHARITABLE ACTIVITIES	Direct Costs	Other Costs	Support Costs	2020	2019
		£	£	£	£	£
	Expenditure on Charitable Activities	22,031	1,777	92,330	116,138	117,142
4.3	SUPPORT COSTS		Cost of Raising Funds	Charitable Activities	2020	2019
			£	£	£	£
	Repairs and Maintenance General Office		1,737	-	1,737	8,570
	Accountancy Services		35,968	243	36,211	38,305
	Salaries and Wages		2,304	-	2,304	2,400
			-	92,087	92,087	96,713
			40,009	92,330	132,339	145,988
5.	ANALYSIS OF SUPPORT COSTS				2020	2019
					£	£
	Repairs and Maintenance General Office				1,737	8,570
	Accountancy Services				36,211	38,358
	Salaries and Wages				2,304	2,400
					92,087	96,713
					132,339	146,041
6.	NET INCOMING RESOURCES				2020	2019
					£	£
	Net Incoming Resources are stated after charging/(crediting):					
	Depreciation of tangible assets				1,777	2,015
	(Surplus)/deficit on foreign currencies				(630)	485

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

7. INVESTMENT AND OTHER INCOME	2020	2019
	£	£
Sundry income	5,474	-
Bank interest	68	102
	<u>5,542</u>	<u>102</u>
8. EMPLOYEES AND REMUNERATION		
The staff costs comprise:	2020	2019
	£	£
Wages and salaries	88,940	93,889
Pension costs	3,147	2,889
	<u>92,087</u>	<u>96,778</u>
9. TANGIBLE FIXED ASSETS		
	Fixtures, fittings and equipment	Total
	£	£
Cost		
At 1 January 2020	26,975	26,975
Additions	549	549
At 31 December 2020	<u>27,524</u>	<u>27,524</u>
Depreciation		
At 1 January 2020	25,433	25,433
Charge for the financial year	1,777	1,777
At 31 December 2020	<u>27,210</u>	<u>27,210</u>
Net book value		
At 31 December 2020	<u>314</u>	<u>314</u>
At 31 December 2019	<u>1,542</u>	<u>1,542</u>
10. DEBTORS	2020	2019
	£	£
Prepayments and accrued income	-	1,074
	<u>-</u>	<u>1,074</u>
11. CREDITORS	2020	2019
Amounts falling due within one year	£	£
Accruals and deferred income	2,000	2,065
	<u>2,000</u>	<u>2,065</u>

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

12. RESERVES

	2020 £	2019 £
At 1 January 2020	98,520	74,053
Surplus for the financial year	12,896	24,467
At 31 December 2020	<u>111,416</u>	<u>98,520</u>

13. FUNDS

13.1 RECONCILIATION OF MOVEMENT IN FUNDS	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 January 2019	70,657	3,396	74,053
Movement during the financial year	26,298	(1,831)	24,467
At 31 December 2019	96,955	1,565	98,520
Movement during the financial year	11,501	1,395	12,896
At 31 December 2020	<u>108,456</u>	<u>2,960</u>	<u>111,416</u>

13.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 January 2020 £	Income £	Expenditure £	Transfers between funds £	Balance 31 December 2020 £
Restricted funds					
Restricted	1,565	134,894	133,499	-	2,960
Unrestricted funds					
Unrestricted	96,956	35,317	23,816	-	108,457
Unrestricted General	(1)	-	-	-	(1)
	96,955	35,317	(23,816)	-	108,456
Total funds	<u>98,520</u>	<u>170,211</u>	<u>157,315</u>	<u>-</u>	<u>111,416</u>

13.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use £	Current assets £	Current liabilities £	Total £
Restricted trust funds	-	2,960	-	2,960
Unrestricted designated funds	314	110,142	(2,000)	108,456
	<u>314</u>	<u>113,102</u>	<u>(2,000)</u>	<u>111,416</u>

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

14. STATUS

The company is limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

15. CASH AND CASH EQUIVALENTS	2020 £	2019 £
Cash and bank balances	<u>113,102</u>	<u>97,969</u>

16. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

HEAD INJURY SUPPORT LIMITED
(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement

for the financial year ended 31 December 2020

	2020 £	2019 £
Income	164,669	192,850
Cost of generating funds		
Respite & Social Costs	17,892	13,338
Activity Classes Costs	6,957	9,508
	24,849	22,846
Gross surplus	139,820	170,004
Expenses		
Wages and salaries	88,940	93,889
Staff defined contribution pension costs	3,147	2,889
Staff training	234	300
Rent payable	14,727	17,172
Rates	929	929
Insurance	1,808	1,273
Light and heat	3,698	4,504
Protective Clothing	1,434	-
Repairs and maintenance	1,737	2,662
Printing, postage and stationery	4,254	6,796
Advertising	604	2,398
Telephone	3,097	1,655
Computer costs	3,357	1,738
Legal and professional	564	2,660
Accountancy	2,304	3,230
Bank charges	265	304
Surplus/deficit on exchange	(630)	485
General expenses	220	740
Depreciation	1,777	2,015
	132,466	145,639
Miscellaneous income		
Sundry income	5,474	-
Bank interest	68	102
	5,542	102
Net surplus	12,896	24,467

Head Injury Support Limited

Northern Ireland - Charity number 105830

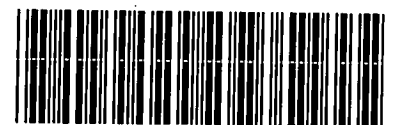
Annual report

Company Number: NI074078
Charity Number: XT22608

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
Annual Report and Unaudited Financial Statements
for the financial year ended 31 December 2020

Paul Hagerty & Co
Chartered Accountants
11 The Square
Rostrevor
Co Down
BT34 3AZ

TUESDAY



JNI 28/09/2021 #118
COMPANIES HOUSE

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
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Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

REFERENCE AND ADMINISTRATIVE INFORMATION

Directors	Hannah Downey Michael Downey Pat O'Neill Ann Cobban Carole Murphy
Charity Number in Northern Ireland	XT22608
Company Number	NI074078
Registered Office and Principal Address	4 Kildare Street Newry Co Down BT34 1DQ Northern Ireland
Independent Examiner	Paul Hagerty & Co Chartered Accountants 11 The Square Rostrevor Co Down BT34 3AZ
Bankers	Ulster Bank 86 Hill Street Newry Co Down BT34 1BT

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2020

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 December 2020.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the directors of Head Injury Support Limited present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 December 2020.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

1. To provide opportunities for brain injury survivors and their carers and family members to socialise and establish friendships.
2. To assist brain injury survivors and their carers and family members to acquire new skills and past-times.
3. To provide brain injury survivors and their carers and family members with (i) information which will enhance their quality of life and (ii) emotional support.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2020

Review of Activities, Achievements and Performance

2020 started out in the usual vein and then the Covid 19 Pandemic struck and totally altered the way that we work directly with people. We went into lockdown mid-March, our Hub closed, our 3 Outreach weekly support sessions stopped and staff had to work remotely from home. Personal face-to-face contact is vital and key to the support we provide, we very quickly had to respond and flex and adapt the practical elements of our model of support. Collectively the Board and staff team responded with innovative, alternate and creative methods and means of support to meet the needs of those we support and that this was operational within 10 days of total lockdown restrictions coming into place in March 2020, a major achievement.

Our society and the community at large now were faced with 'loss' and adjusting to new ways of dealing with the issues that this throws up. We all faced the loss of the 'ordinary', seemingly mundane routines of our lives that meant the loss of connection, companionship and contact provided through meeting and being with family, friends, work colleagues and acquaintances. These are some of the of the greatest issues that people tell us they feel after they acquire brain injury. Our model aims to meet these needs which is why we provide - social, recreational and other activities, through group sessions which allows for the opportunity for mutual support. We could no longer do this but we knew that maintaining contact and communication with the people we support was going to be even more vital now than ever, as the isolation; loneliness and lack of purpose, structure and routine that survivors face, would now be compounded.

During the full lockdown periods some of the alternative supports we provided were practical support signposting people to groups in their locality, food suppliers, pharmacy and contacting GP's. We also supplied, to all survivors and carers who required them, a tablet and provided one to one phone support to support in setting up people to allow them to access our online support and to allow connection with family and friends; staff maintained a telephone 'staying connected' service and we delivered crafts, activities and other items personally or by post to their homes so that that they could either join with the group at our weekly group sessions which we delivered on line on the same days and times as when face to face to maintain their routine or to provide some pastime activities at home.

Bingo and games, family entertainment nights etc were provided on line allowing interaction with their own familiar groups and we also extending these to join up with the other groups and Newry Hub attenders to widen their connections and grow their support networks.

For carers we provided a range of different 'feel good activities' with the home delivery of individual afternoon tea treat boxes to join in and enjoy with others with an afternoon tea online; pampering items; online support programmes and of course frequent chats with allocated staff members thereby maintaining contact over the phone as often as they required. The result was that survivors and carers told us that felt 'thought of'; 'not forgotten' and that 'someone cared about them'.

All of these support activities enabled us to continue to meet the objectives and performance indicators of our funders which allowed us to remain in receipt of our grants and SLA funding.

We received our highly rated externally evaluated report which measured the impact and difference we had made through the activities we had been providing over 3 years. This proved essential in providing evidence-based research that we could present to funders.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2020

Financial Review

Ongoing long-term funding secured:

During the initial lockdown we completed a new Grant application to the The National Lottery 'People and Communities' Programme and were delighted to be awarded this in September 2020. It amounts to almost £500K to provide a programme of support over the next 4 years and will commence in January 2021.

This will allow us to grow the services we offer and importantly it will allow us to support people who have had a diagnosis of 'stroke', as currently they are unable to access the outreach and other services funded by the SHSCT Service Level Agreement. This will also allow and provide for stability and continuity in the continuation of support to those we currently support; allow for growth and development and secure and provide additional employment opportunities.

We were delighted to have had the optional 5th year of the SLA confirmed by the SHSCT, which means we will be able to continue offering the services they fund principally the Outreach Services to survivors and carers supports until November 2021.

Due to the Covid 19 pandemic, as with all charities, our fundraising activities were decimated, especially given that our activities all are local and rely heavily on face to face interactions with the local community. We were delighted that we had a window in the Covid 19 restrictions which meant we could host our Annual Golf Classic Fundraiser in September, which was so well supported and proved financially very successful, given the hardships businesses and communities were facing.

Financial Results

At the end of the financial year the company has assets of £113,416 (2019 - £100,585) and liabilities of £2,000 (2019 - £2,065). The net assets of the company have increased by £12,896.

Directors

The directors who served throughout the financial year, except as noted, were as follows:

Hannah Downey
Michael Downey
Pat O'Neill
Ann Cobban
Carole Murphy

Compliance with Sector-Wide Legislation and Standards

The company engages pro-actively with legislation, standards and codes which are developed for the sector. Head Injury Support Limited subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Plans for future

In the next year, Head Injury Support Newry Limited plans:

(1) To continue to remain responsive and creative in meeting the limitations, restrictions, demands and mitigations that the Covid 19 pandemic has placed on our model of support.

(2) To commence delivery of the new service offers which will allow us to overcome some of the previous barriers that our external evaluation feedback highlighted, in terms of

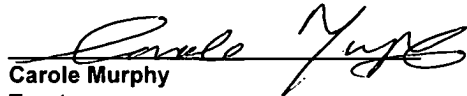
- offering our services to those who have had a stroke
- overcoming transport barriers
- increasing the amount of support (in terms of time and additional opportunities) we can offer weekly, both to those that currently avail of Outreach Services and also to new beneficiaries across the SHSCT
- growing the staff team required
- delivering new elements including a volunteering strategy


(3) To continue to develop our Social Enterprise business in our Newry hub by

- providing the opportunity for others from Outreach areas to be engaged in purposeful, meaningful opportunities
- to make and create a variety of arts, crafts and up-cycling activities, that people will purchase

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
DIRECTORS' ANNUAL REPORT
for the financial year ended 31 December 2020

Approved by the Board of Directors on 27 September 2021 and signed on its behalf by:


Carole Murphy
Trustee


Ann Cobban
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

STATEMENT OF DIRECTORS' RESPONSIBILITIES

for the financial year ended 31 December 2020

The directors are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.


In preparing these financial statements, the directors are required to:


- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Charities Act (Northern Ireland) 2008. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Directors on 27 September 2021 and signed on its behalf by:


Carole Murphy
Trustee


Ann Cobban
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS OF HEAD INJURY SUPPORT LIMITED

We have examined the financial statements of the company for the financial year ended 31 December 2020, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our work, or for this report.

Respective responsibilities of directors and examiner

The company's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The company's directors consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your company financial statements as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



PAUL HAGERTY & CO

Chartered Accountants

11 The Square

Rostrevor

Co Down

BT34 3AZ

Date: 27 September 2021

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)
for the financial year ended 31 December 2020

	Notes	Unrestricted Funds 2020 £	Restricted Funds 2020 £	Total 2020 £	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total 2019 £
Incoming Resources							
Charitable activities							
- Grants from governments and other co-funders	3.1	-	134,894	134,894	-	113,359	113,359
Activities for generating funds	3.2	29,775	-	29,775	79,438	-	79,438
Investments	3.3	68	-	68	102	-	102
Other income	3.4	5,474	-	5,474	-	-	-
Total incoming resources		35,317	134,894	170,211	79,540	113,359	192,899
Resources Expended							
Raising funds	4.1	41,177	-	41,177	32,813	18,477	51,290
Charitable activities	4.2	(17,361)	133,499	116,138	20,429	96,713	117,142
Total Resources Expended		23,816	133,499	157,315	53,242	115,190	168,432
Net incoming/outgoing resources before transfers		11,501	1,395	12,896	26,298	(1,831)	24,467
Gross transfers between funds		-	-	-	-	-	-
Net movement in funds for the financial year		11,501	1,395	12,896	26,298	(1,831)	24,467
Reconciliation of funds							
Balances brought forward at 1 January 2020	13	96,955	1,565	98,520	70,657	3,396	74,053
Balances carried forward at 31 December 2020		108,456	2,960	111,416	96,955	1,565	98,520

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

Company Number: NI074078

BALANCE SHEET

as at 31 December 2020

	Notes	2020 £	2019 £
Fixed Assets			
Tangible assets	9	314	1,542
Current Assets			
Debtors	10	-	1,074
Cash at bank and in hand		113,102	97,969
		113,102	99,043
Creditors: Amounts falling due within one year	11	(2,000)	(2,065)
Net Current Assets		111,102	96,978
Total Assets less Current Liabilities		111,416	98,520
Funds			
Restricted trust funds		2,960	1,565
Unrestricted designated funds		108,457	96,955
General fund (unrestricted)		(1)	-
Total funds	13	111,416	98,520

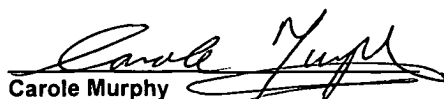
These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.


For the financial year ended 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The directors confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Approved by the Board of Directors and authorised for issue on 27 September 2021 and signed on its behalf by


Carole Murphy
Trustee


Ann Cobban
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

1. GENERAL INFORMATION

Head Injury Support Limited is a company limited by guarantee incorporated in the United Kingdom. The registered office of the company is 4 Kildare Street, Newry, Co Down, BT34 1DQ, Northern Ireland which is also the principal place of business of the company. The financial statements have been presented in Pound Sterling (£) which is also the functional currency of the company.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Companies Act 2006 and Part 8 of the Charities Act (Northern Ireland) 2008. They also comply with the Statement of Recommended Practice (SORP 2005, as updated in 2008) and with the financial reporting standards. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)" and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Cash flow statement

The company has availed of the exemption in FRS 102 from the requirement to produce a cash flow statement because it is classified as a small company.

Incoming Resources

Voluntary income or capital is included in the Statement of Financial Activities when the company is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the company has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the company. Income from government and other co-funders is recognised when the company is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the company is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the company is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the company is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the company recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the company is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

Resources Expended

All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 15% Straight line

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the company from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the company has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3. INCOME					
3.1 CHARITABLE ACTIVITIES	Unrestricted Funds	Restricted Funds	2020	2019	
	£	£	£	£	
Grants Receiveable	-	134,894	134,894	113,359	
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	
3.2 OTHER TRADING ACTIVITIES	Unrestricted Funds	Restricted Funds	2020	2019	
	£	£	£	£	
Donations & Fundraising	29,775	-	29,775	79,438	
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	
3.3 INVESTMENTS	Unrestricted Funds	Restricted Funds	2020	2019	
	£	£	£	£	
Interest Received	68	-	68	102	
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

3.4	OTHER INCOME		Unrestricted Funds	Restricted Funds	2020	2019
			£	£	£	£
	Other income		5,474	-	5,474	-
4.	EXPENDITURE					
4.1	RAISING FUNDS	Direct Costs	Other Costs	Support Costs	2020	2019
		£	£	£	£	£
	Costs of Generating Funds	1,168	-	40,009	41,177	51,290
4.2	CHARITABLE ACTIVITIES	Direct Costs	Other Costs	Support Costs	2020	2019
		£	£	£	£	£
	Expenditure on Charitable Activities	22,031	1,777	92,330	116,138	117,142
4.3	SUPPORT COSTS		Cost of Raising Funds	Charitable Activities	2020	2019
			£	£	£	£
	Repairs and Maintenance		1,737	-	1,737	8,570
	General Office		35,968	243	36,211	38,305
	Accountancy Services		2,304	-	2,304	2,400
	Salaries and Wages		-	92,087	92,087	96,713
			40,009	92,330	132,339	145,988
5.	ANALYSIS OF SUPPORT COSTS				2020	2019
					£	£
	Repairs and Maintenance				1,737	8,570
	General Office				36,211	38,358
	Accountancy Services				2,304	2,400
	Salaries and Wages				92,087	96,713
					132,339	146,041
6.	NET INCOMING RESOURCES				2020	2019
					£	£
	Net Incoming Resources are stated after charging/(crediting):					
	Depreciation of tangible assets				1,777	2,015
	(Surplus)/deficit on foreign currencies				(630)	485

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

7. INVESTMENT AND OTHER INCOME	2020	2019
	£	£
Sundry income	5,474	-
Bank interest	68	102
	<u>5,542</u>	<u>102</u>
8. EMPLOYEES AND REMUNERATION		
The staff costs comprise:	2020	2019
	£	£
Wages and salaries	88,940	93,889
Pension costs	3,147	2,889
	<u>92,087</u>	<u>96,778</u>
9. TANGIBLE FIXED ASSETS		
	Fixtures, fittings and equipment	Total
	£	£
Cost		
At 1 January 2020	26,975	26,975
Additions	549	549
At 31 December 2020	<u>27,524</u>	<u>27,524</u>
Depreciation		
At 1 January 2020	25,433	25,433
Charge for the financial year	1,777	1,777
At 31 December 2020	<u>27,210</u>	<u>27,210</u>
Net book value		
At 31 December 2020	<u>314</u>	<u>314</u>
At 31 December 2019	<u>1,542</u>	<u>1,542</u>
10. DEBTORS	2020	2019
	£	£
Prepayments and accrued income	-	1,074
	<u>-</u>	<u>1,074</u>
11. CREDITORS	2020	2019
Amounts falling due within one year	£	£
Accruals and deferred income	2,000	2,065
	<u>2,000</u>	<u>2,065</u>

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

12. RESERVES

	2020 £	2019 £
At 1 January 2020	98,520	74,053
Surplus for the financial year	12,896	24,467
At 31 December 2020	<u>111,416</u>	<u>98,520</u>

13. FUNDS

13.1 RECONCILIATION OF MOVEMENT IN FUNDS	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 January 2019	70,657	3,396	74,053
Movement during the financial year	26,298	(1,831)	24,467
At 31 December 2019	96,955	1,565	98,520
Movement during the financial year	11,501	1,395	12,896
At 31 December 2020	<u>108,456</u>	<u>2,960</u>	<u>111,416</u>

13.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 January 2020 £	Income £	Expenditure £	Transfers between funds £	Balance 31 December 2020 £
Restricted funds					
Restricted	1,565	134,894	133,499	-	2,960
Unrestricted funds					
Unrestricted	96,956	35,317	23,816	-	108,457
Unrestricted General	(1)	-	-	-	(1)
	96,955	35,317	(23,816)	-	108,456
Total funds	<u>98,520</u>	<u>170,211</u>	<u>157,315</u>	<u>-</u>	<u>111,416</u>

13.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use £	Current assets £	Current liabilities £	Total £
Restricted trust funds	-	2,960	-	2,960
Unrestricted designated funds	314	110,142	(2,000)	108,456
	<u>314</u>	<u>113,102</u>	<u>(2,000)</u>	<u>111,416</u>

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

14. STATUS

The company is limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

15. CASH AND CASH EQUIVALENTS	2020 £	2019 £
Cash and bank balances	<u>113,102</u>	<u>97,969</u>

16. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

HEAD INJURY SUPPORT LIMITED
(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement

for the financial year ended 31 December 2020

	2020 £	2019 £
Income	164,669	192,850
Cost of generating funds		
Respite & Social Costs	17,892	13,338
Activity Classes Costs	6,957	9,508
	24,849	22,846
Gross surplus	139,820	170,004
Expenses		
Wages and salaries	88,940	93,889
Staff defined contribution pension costs	3,147	2,889
Staff training	234	300
Rent payable	14,727	17,172
Rates	929	929
Insurance	1,808	1,273
Light and heat	3,698	4,504
Protective Clothing	1,434	-
Repairs and maintenance	1,737	2,662
Printing, postage and stationery	4,254	6,796
Advertising	604	2,398
Telephone	3,097	1,655
Computer costs	3,357	1,738
Legal and professional	564	2,660
Accountancy	2,304	3,230
Bank charges	265	304
Surplus/deficit on exchange	(630)	485
General expenses	220	740
Depreciation	1,777	2,015
	132,466	145,639
Miscellaneous income		
Sundry income	5,474	-
Bank interest	68	102
	5,542	102
Net surplus	12,896	24,467

Head Injury Support Limited

Northern Ireland - Charity number 105830

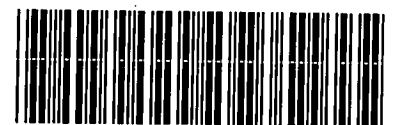
Annual return

Company Number: NI074078
Charity Number: XT22608

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
Annual Report and Unaudited Financial Statements
for the financial year ended 31 December 2020

Paul Hagerty & Co
Chartered Accountants
11 The Square
Rostrevor
Co Down
BT34 3AZ

TUESDAY



JNI 28/09/2021 #118
COMPANIES HOUSE

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
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Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

REFERENCE AND ADMINISTRATIVE INFORMATION

Directors	Hannah Downey Michael Downey Pat O'Neill Ann Cobban Carole Murphy
Charity Number in Northern Ireland	XT22608
Company Number	NI074078
Registered Office and Principal Address	4 Kildare Street Newry Co Down BT34 1DQ Northern Ireland
Independent Examiner	Paul Hagerty & Co Chartered Accountants 11 The Square Rostrevor Co Down BT34 3AZ
Bankers	Ulster Bank 86 Hill Street Newry Co Down BT34 1BT

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2020

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 December 2020.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the directors of Head Injury Support Limited present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 December 2020.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

1. To provide opportunities for brain injury survivors and their carers and family members to socialise and establish friendships.
2. To assist brain injury survivors and their carers and family members to acquire new skills and past-times.
3. To provide brain injury survivors and their carers and family members with (i) information which will enhance their quality of life and (ii) emotional support.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2020

Review of Activities, Achievements and Performance

2020 started out in the usual vein and then the Covid 19 Pandemic struck and totally altered the way that we work directly with people. We went into lockdown mid-March, our Hub closed, our 3 Outreach weekly support sessions stopped and staff had to work remotely from home. Personal face-to-face contact is vital and key to the support we provide, we very quickly had to respond and flex and adapt the practical elements of our model of support. Collectively the Board and staff team responded with innovative, alternate and creative methods and means of support to meet the needs of those we support and that this was operational within 10 days of total lockdown restrictions coming into place in March 2020, a major achievement.

Our society and the community at large now were faced with 'loss' and adjusting to new ways of dealing with the issues that this throws up. We all faced the loss of the 'ordinary', seemingly mundane routines of our lives that meant the loss of connection, companionship and contact provided through meeting and being with family, friends, work colleagues and acquaintances. These are some of the of the greatest issues that people tell us they feel after they acquire brain injury. Our model aims to meet these needs which is why we provide - social, recreational and other activities, through group sessions which allows for the opportunity for mutual support. We could no longer do this but we knew that maintaining contact and communication with the people we support was going to be even more vital now than ever, as the isolation; loneliness and lack of purpose, structure and routine that survivors face, would now be compounded.

During the full lockdown periods some of the alternative supports we provided were practical support signposting people to groups in their locality, food suppliers, pharmacy and contacting GP's. We also supplied, to all survivors and carers who required them, a tablet and provided one to one phone support to support in setting up people to allow them to access our online support and to allow connection with family and friends; staff maintained a telephone 'staying connected' service and we delivered crafts, activities and other items personally or by post to their homes so that that they could either join with the group at our weekly group sessions which we delivered on line on the same days and times as when face to face to maintain their routine or to provide some pastime activities at home.

Bingo and games, family entertainment nights etc were provided on line allowing interaction with their own familiar groups and we also extending these to join up with the other groups and Newry Hub attenders to widen their connections and grow their support networks.

For carers we provided a range of different 'feel good activities' with the home delivery of individual afternoon tea treat boxes to join in and enjoy with others with an afternoon tea online; pampering items; online support programmes and of course frequent chats with allocated staff members thereby maintaining contact over the phone as often as they required. The result was that survivors and carers told us that felt 'thought of'; 'not forgotten' and that 'someone cared about them'.

All of these support activities enabled us to continue to meet the objectives and performance indicators of our funders which allowed us to remain in receipt of our grants and SLA funding.

We received our highly rated externally evaluated report which measured the impact and difference we had made through the activities we had been providing over 3 years. This proved essential in providing evidence-based research that we could present to funders.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2020

Financial Review

Ongoing long-term funding secured:

During the initial lockdown we completed a new Grant application to the The National Lottery 'People and Communities' Programme and were delighted to be awarded this in September 2020. It amounts to almost £500K to provide a programme of support over the next 4 years and will commence in January 2021.

This will allow us to grow the services we offer and importantly it will allow us to support people who have had a diagnosis of 'stroke', as currently they are unable to access the outreach and other services funded by the SHSCT Service Level Agreement. This will also allow and provide for stability and continuity in the continuation of support to those we currently support; allow for growth and development and secure and provide additional employment opportunities.

We were delighted to have had the optional 5th year of the SLA confirmed by the SHSCT, which means we will be able to continue offering the services they fund principally the Outreach Services to survivors and carers supports until November 2021.

Due to the Covid 19 pandemic, as with all charities, our fundraising activities were decimated, especially given that our activities all are local and rely heavily on face to face interactions with the local community. We were delighted that we had a window in the Covid 19 restrictions which meant we could host our Annual Golf Classic Fundraiser in September, which was so well supported and proved financially very successful, given the hardships businesses and communities were facing.

Financial Results

At the end of the financial year the company has assets of £113,416 (2019 - £100,585) and liabilities of £2,000 (2019 - £2,065). The net assets of the company have increased by £12,896.

Directors

The directors who served throughout the financial year, except as noted, were as follows:

Hannah Downey
Michael Downey
Pat O'Neill
Ann Cobban
Carole Murphy

Compliance with Sector-Wide Legislation and Standards

The company engages pro-actively with legislation, standards and codes which are developed for the sector. Head Injury Support Limited subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Plans for future

In the next year, Head Injury Support Newry Limited plans:

(1) To continue to remain responsive and creative in meeting the limitations, restrictions, demands and mitigations that the Covid 19 pandemic has placed on our model of support.

(2) To commence delivery of the new service offers which will allow us to overcome some of the previous barriers that our external evaluation feedback highlighted, in terms of

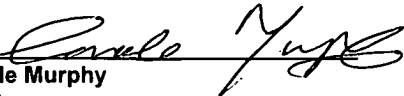
- offering our services to those who have had a stroke
- overcoming transport barriers
- increasing the amount of support (in terms of time and additional opportunities) we can offer weekly, both to those that currently avail of Outreach Services and also to new beneficiaries across the SHSCT
- growing the staff team required
- delivering new elements including a volunteering strategy


(3) To continue to develop our Social Enterprise business in our Newry hub by

- providing the opportunity for others from Outreach areas to be engaged in purposeful, meaningful opportunities
- to make and create a variety of arts, crafts and up-cycling activities, that people will purchase

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
DIRECTORS' ANNUAL REPORT
for the financial year ended 31 December 2020

Approved by the Board of Directors on 27 September 2021 and signed on its behalf by:


Carole Murphy
Trustee


Ann Cobban
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

STATEMENT OF DIRECTORS' RESPONSIBILITIES

for the financial year ended 31 December 2020

The directors are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.


In preparing these financial statements, the directors are required to:


- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Charities Act (Northern Ireland) 2008. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Directors on 27 September 2021 and signed on its behalf by:


Carole Murphy
Trustee


Ann Cobban
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF DIRECTORS OF HEAD INJURY SUPPORT LIMITED

We have examined the financial statements of the company for the financial year ended 31 December 2020, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our work, or for this report.

Respective responsibilities of directors and examiner

The company's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The company's directors consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your company financial statements as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



PAUL HAGERTY & CO

Chartered Accountants

11 The Square

Rostrevor

Co Down

BT34 3AZ

Date: 27 September 2021

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)
for the financial year ended 31 December 2020

	Notes	Unrestricted Funds 2020 £	Restricted Funds 2020 £	Total 2020 £	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total 2019 £
Incoming Resources							
Charitable activities							
- Grants from governments and other co-funders	3.1	-	134,894	134,894	-	113,359	113,359
Activities for generating funds	3.2	29,775	-	29,775	79,438	-	79,438
Investments	3.3	68	-	68	102	-	102
Other income	3.4	5,474	-	5,474	-	-	-
Total incoming resources		35,317	134,894	170,211	79,540	113,359	192,899
Resources Expended							
Raising funds	4.1	41,177	-	41,177	32,813	18,477	51,290
Charitable activities	4.2	(17,361)	133,499	116,138	20,429	96,713	117,142
Total Resources Expended		23,816	133,499	157,315	53,242	115,190	168,432
Net incoming/outgoing resources before transfers		11,501	1,395	12,896	26,298	(1,831)	24,467
Gross transfers between funds		-	-	-	-	-	-
Net movement in funds for the financial year		11,501	1,395	12,896	26,298	(1,831)	24,467
Reconciliation of funds							
Balances brought forward at 1 January 2020	13	96,955	1,565	98,520	70,657	3,396	74,053
Balances carried forward at 31 December 2020		108,456	2,960	111,416	96,955	1,565	98,520

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

Company Number: NI074078

BALANCE SHEET

as at 31 December 2020

	Notes	2020 £	2019 £
Fixed Assets			
Tangible assets	9	314	1,542
Current Assets			
Debtors	10	-	1,074
Cash at bank and in hand		113,102	97,969
		113,102	99,043
Creditors: Amounts falling due within one year	11	(2,000)	(2,065)
Net Current Assets		111,102	96,978
Total Assets less Current Liabilities		111,416	98,520
Funds			
Restricted trust funds		2,960	1,565
Unrestricted designated funds		108,457	96,955
General fund (unrestricted)		(1)	-
Total funds	13	111,416	98,520


These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.


For the financial year ended 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The directors confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Approved by the Board of Directors and authorised for issue on 27 September 2021 and signed on its behalf by


Carole Murphy
Trustee


Ann Cobban
Trustee

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2020

1. GENERAL INFORMATION

Head Injury Support Limited is a company limited by guarantee incorporated in the United Kingdom. The registered office of the company is 4 Kildare Street, Newry, Co Down, BT34 1DQ, Northern Ireland which is also the principal place of business of the company. The financial statements have been presented in Pound Sterling (£) which is also the functional currency of the company.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Companies Act 2006 and Part 8 of the Charities Act (Northern Ireland) 2008. They also comply with the Statement of Recommended Practice (SORP 2005, as updated in 2008) and with the financial reporting standards. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)" and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Cash flow statement

The company has availed of the exemption in FRS 102 from the requirement to produce a cash flow statement because it is classified as a small company.

Incoming Resources

Voluntary income or capital is included in the Statement of Financial Activities when the company is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the company has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the company. Income from government and other co-funders is recognised when the company is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the company is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the company is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the company is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the company recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the company is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

Resources Expended

All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 15% Straight line

Debtors

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the company from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the company has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3. INCOME					
3.1 CHARITABLE ACTIVITIES	Unrestricted Funds	Restricted Funds	2020	2019	
	£	£	£	£	
Grants Receiveable	-	134,894	134,894	113,359	
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	
3.2 OTHER TRADING ACTIVITIES	Unrestricted Funds	Restricted Funds	2020	2019	
	£	£	£	£	
Donations & Fundraising	29,775	-	29,775	79,438	
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	
3.3 INVESTMENTS	Unrestricted Funds	Restricted Funds	2020	2019	
	£	£	£	£	
Interest Received	68	-	68	102	
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	

Head Injury Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

3.4	OTHER INCOME		Unrestricted Funds	Restricted Funds	2020	2019
			£	£	£	£
	Other income		5,474	-	5,474	-
4.	EXPENDITURE					
4.1	RAISING FUNDS	Direct Costs	Other Costs	Support Costs	2020	2019
		£	£	£	£	£
	Costs of Generating Funds	1,168	-	40,009	41,177	51,290
4.2	CHARITABLE ACTIVITIES	Direct Costs	Other Costs	Support Costs	2020	2019
		£	£	£	£	£
	Expenditure on Charitable Activities	22,031	1,777	92,330	116,138	117,142
4.3	SUPPORT COSTS		Cost of Raising Funds	Charitable Activities	2020	2019
			£	£	£	£
	Repairs and Maintenance General Office		1,737	-	1,737	8,570
	Accountancy Services		35,968	243	36,211	38,305
	Salaries and Wages		2,304	-	2,304	2,400
			-	92,087	92,087	96,713
			40,009	92,330	132,339	145,988
5.	ANALYSIS OF SUPPORT COSTS				2020	2019
					£	£
	Repairs and Maintenance General Office				1,737	8,570
	Accountancy Services				36,211	38,358
	Salaries and Wages				2,304	2,400
					92,087	96,713
					132,339	146,041
6.	NET INCOMING RESOURCES				2020	2019
					£	£
	Net Incoming Resources are stated after charging/(crediting):					
	Depreciation of tangible assets				1,777	2,015
	(Surplus)/deficit on foreign currencies				(630)	485

Head Injury Support Limited
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

7. INVESTMENT AND OTHER INCOME	2020	2019
	£	£
Sundry income	5,474	-
Bank interest	68	102
	<u>5,542</u>	<u>102</u>
8. EMPLOYEES AND REMUNERATION		
The staff costs comprise:	2020	2019
	£	£
Wages and salaries	88,940	93,889
Pension costs	3,147	2,889
	<u>92,087</u>	<u>96,778</u>
9. TANGIBLE FIXED ASSETS		
	Fixtures, fittings and equipment	Total
	£	£
Cost		
At 1 January 2020	26,975	26,975
Additions	549	549
At 31 December 2020	<u>27,524</u>	<u>27,524</u>
Depreciation		
At 1 January 2020	25,433	25,433
Charge for the financial year	1,777	1,777
At 31 December 2020	<u>27,210</u>	<u>27,210</u>
Net book value		
At 31 December 2020	<u>314</u>	<u>314</u>
At 31 December 2019	<u>1,542</u>	<u>1,542</u>
10. DEBTORS	2020	2019
	£	£
Prepayments and accrued income	-	1,074
	<u>-</u>	<u>1,074</u>
11. CREDITORS	2020	2019
Amounts falling due within one year	£	£
Accruals and deferred income	2,000	2,065
	<u>2,000</u>	<u>2,065</u>

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

12. RESERVES

	2020 £	2019 £
At 1 January 2020	98,520	74,053
Surplus for the financial year	12,896	24,467
At 31 December 2020	<u>111,416</u>	<u>98,520</u>

13. FUNDS

13.1 RECONCILIATION OF MOVEMENT IN FUNDS	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 January 2019	70,657	3,396	74,053
Movement during the financial year	26,298	(1,831)	24,467
At 31 December 2019	96,955	1,565	98,520
Movement during the financial year	11,501	1,395	12,896
At 31 December 2020	<u>108,456</u>	<u>2,960</u>	<u>111,416</u>

13.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 January 2020 £	Income £	Expenditure £	Transfers between funds £	Balance 31 December 2020 £
Restricted funds					
Restricted	1,565	134,894	133,499	-	2,960
Unrestricted funds					
Unrestricted	96,956	35,317	23,816	-	108,457
Unrestricted General	(1)	-	-	-	(1)
	96,955	35,317	(23,816)	-	108,456
Total funds	<u>98,520</u>	<u>170,211</u>	<u>157,315</u>	<u>-</u>	<u>111,416</u>

13.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use £	Current assets £	Current liabilities £	Total £
Restricted trust funds	-	2,960	-	2,960
Unrestricted designated funds	314	110,142	(2,000)	108,456
	<u>314</u>	<u>113,102</u>	<u>(2,000)</u>	<u>111,416</u>

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 December 2020

14. STATUS

The company is limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

15. CASH AND CASH EQUIVALENTS	2020 £	2019 £
Cash and bank balances	<u>113,102</u>	<u>97,969</u>

16. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

HEAD INJURY SUPPORT LIMITED
(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement

for the financial year ended 31 December 2020

	2020 £	2019 £
Income	164,669	192,850
Cost of generating funds		
Respite & Social Costs	17,892	13,338
Activity Classes Costs	6,957	9,508
	24,849	22,846
Gross surplus	139,820	170,004
Expenses		
Wages and salaries	88,940	93,889
Staff defined contribution pension costs	3,147	2,889
Staff training	234	300
Rent payable	14,727	17,172
Rates	929	929
Insurance	1,808	1,273
Light and heat	3,698	4,504
Protective Clothing	1,434	-
Repairs and maintenance	1,737	2,662
Printing, postage and stationery	4,254	6,796
Advertising	604	2,398
Telephone	3,097	1,655
Computer costs	3,357	1,738
Legal and professional	564	2,660
Accountancy	2,304	3,230
Bank charges	265	304
Surplus/deficit on exchange	(630)	485
General expenses	220	740
Depreciation	1,777	2,015
	132,466	145,639
Miscellaneous income		
Sundry income	5,474	-
Bank interest	68	102
	5,542	102
Net surplus	12,896	24,467