

ELM NI: Suicide Prevention, Every Life Matters

Northern Ireland · Charity number 105820

Details

Known as	ELM NI
Status	Overdue
Registered	2017-01-16
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	73 Argyll View Larne BT40 2js BT40 2JS
Phone	07514573731
Email	elmni@yahoo.com

Activities

Purposes: The objects of the Association shall be to: I. Work for the assistance of persons who are suicidal, despairing or in distress and thus reduce the incidence of suicide and self-harm by providing or assist in providing support, information and appropriate services and referral for treatment from professionals to enable such persons to receive immediate help, compassion and friendship; II. Alleviate distress and offer assistance to people who have suffered loss through suicide or anguish through self-harm by loved ones, in particular by the development of support systems within the community; III. Promote the fostering of positive mental health and to improve the emotional wellbeing of people residing in the area of benefit; IV. Advance the education of the public into, and raise awareness of, the causes and effects of suicide and self-harm and into matters relating to the nature of grieving, bereavement and the treatment and rehabilitation of individuals that self-harm.

What the charity does: The advancement of education,The advancement of education,The advancement of health or the saving of lives,The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works:

Advice/advocacy/information,Counselling/support,Education/training,Medical/health/sickness,Volunteer development

Who the charity helps: Addictions (drug/solvent/alcohol abuse),Adult training,Asylum seekers/refugees,Carers,Children (5-13 year olds),Ethnic minorities,Ex-offenders and prisoners,General

public, Hiv/aids, Homelessness, Learning disabilities, Men, Mental health, Older people, Parents, Physical disabilities, Sensory disabilities, Sexual orientation, Specific areas of deprivation, Tenants, Travellers, Unemployed/low income, Victim support, Voluntary and community sector, Volunteers, Women, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2024-03-31	£1,030	£1,497	£0	0

Trustees

Name	Role	Appointed
Miss Matilda Coralie Letson		
Mr Adrian James Smith		
Mr Peter Mcallister		
Mrs Frances Bird		

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Northern Ireland - Charity number 105820

Accounts

ELM NI SUICIDE PREVENTION

LARNE RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2024

OPENING BALANCE 1 APRIL 2023		PAYMENTS	
ULSTER BANK	3592.88		
SANTANDER	117.61		
CASH IN HAND	7.52	TELEPHONE	809.77
		JUST GIVING	216.00
DONATIONS	1030.97	PRINTER	63.88
		FRANK BEATTIE & CO	408.00
		CLOSING BALANCE	31.3.24
		CASH IN HAND	7.52
		ULSTER BANK	3116.30
		SANTANDER	127.51
	<hr/>		<hr/>
	4,748.98		4,748.98
	=====		=====

ELM NI: Suicide Prevention, Every Life Matters

Northern Ireland - Charity number 105820

Accounts

ELM NI SUICIDE PREVENTION

LARNE RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2023

OPENING BALANCE 1 APRIL 2022		PAYMENTS	
ULSTER BANK	1961.02		
SANTANDER	21.27	INSURANCE	350.00
CASH IN HAND	13.52	TELEPHONE	896.80
		JUST GIVING	216.00
DONATIONS	5314.80	HEAT & LIGHT	117.19
REFUND NIE/INS	502.30	BANK FEE	10.00
		RENT	2400.00
		WATER RATES	18.39
		PRINTER	66.58
		SUNDRY	19.94
		CLOSING BALANCE	31.3.23
		CASH IN HAND	7.52
		ULSTER BANK	3592.88
		SANTANDER	117.61
	<hr/>		<hr/>
	7,812.91		7,812.91
	=====		=====

ELM NI: Suicide Prevention, Every Life Matters

Northern Ireland - Charity number 105820

Annual report

ELM NI SUICIDE PREVENTION

Annual Report for April 2020 to 31st March 2023

Charity Reg No NIC 105820

Address 109 Main St Larne BT40 1HJ

Trustees:

Peter McAllister

Adrian Smith

Frances Bird

Carlee Letson

Aims and objectives,

ELM NI aims to save lives, offer advice and support to those that are affected by suicide and self-harm. ELM NI aims to also promote positive mental health within the East Antrim area. We strive to raise awareness of suicide and mental health. We do this by Awareness events, Fund raising events, World Suicide prevention day and Training Events

Summary of years 2020 – 2023

ELM NI are continuing to provide support for those with mental health problems and those who have been affected by suicide and to those who are feeling suicidal or suffering

from mental health problems, we do this by providing counselling, providing different therapies such as relaxation therapy and group support. We still have a strong working partnership with many different groups such as, Wave Trauma Centre, PSNI Wellness and recovery hub, Start 360, NI probation board, Nexus, Ascertain and many other groups, this then enables us to provide our services across several types of addictions and mental health issues.

We rely solely on volunteers and on public donations to allow us to keep providing our services. We are a totally voluntary group.

Due to covid all our fundraising plans and information/training events had to be cancelled but we have been very fortunate to have the support of many local businesses and groups. We would like to extend our heartfelt gratitude to the following;

BCT Terumo, Co-op, MacAllister McAleese solicitors, PSNI, Co Antrim Grand Black Chapter, Man Utd supporters club and Ballycarry Presbyterian to name a few, without their support we would not be here.

Unfortunately we did have a major setback late 2020 early 2021 when we were approached by 2 women offering to volunteer for us to raise money through our charity shop. It all started well with monies being raised being paid via our Just Giving page but very quickly this stopped and monies being raised were held by these 2 individuals and they refused to lodge any of it into ELM NI bank account or Just Giving apparently on the basis that they didn't trust us

despite having been given copies of our accounts etc. They even reported us to the charity commission but they very quickly decided in our favour and advised them to deposit the money into our account as legally it belonged to ELM NI but again they refused to do this. We were left with no option but to involve the police and then a solicitor. We are very grateful to Trevor Ringland of MacAuley & Ritchie solicitors who donated his services to us and helped us to reclaim a part of the monies raised. We had been provided with an audio message by our landlord which stated that they had in excess of £2000 raised in the name of ELM NI (this was as a result of them trying to takeover our premises behind our back) but all we were able to recover through Trever was £828.30 which included a cheque from Man Utd supporters made out to ELM NI. Whilst the question remains, where did the other £1200 + go, you can decide for yourselves, our legal advice was not to pursue it any further.

At the end of 2021 we realised we could longer afford to keep our premises in Main St Larne and with great sadness returned the keys to our landlord. We continue to provide help and support to all who need it as demand is very high as a result of Covid and lock downs etc.

We apologise for the lateness of our accounts and this report but we have numerous family bereavements.

Peter McAllister

Treasurer

ELM NI: Suicide Prevention, Every Life Matters

Northern Ireland - Charity number 105820

Annual return

INDEPENDENT EXAMINER'S REPORT TO THE CHARITY TRUSTEES OF ELM NI SUICIDE PREVENTION

I report on the accounts of the trust for the year ended 31 March 2023, which are set out on page 1 of 1.

As the charity's trustee's you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- Examine the accounts under section 65 of the Charities Act
- Follow the procedures laid down in the general directions given by the Commission under section 65(9)(b) of the Charities Act
- State whether particular matters have come to my attention

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. The accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

I have completed my examination and have no concerns in respect of the matters 1-4 listed above. In connection with following directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

FRANK BEATTIE & COMPANY LTD - Eileen Wilson

M.A.A.T

98B MAIN STREET

LARNE

BT40 1RE

3 May 2024

ELM NI: Suicide Prevention, Every Life Matters

Northern Ireland - Charity number 105820

Accounts

PIPS LARNE RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH
2022

OPENING BALANCE 1 APRIL 2021		PAYMENTS	
ULSTER BANK	1179.83	MOTOR EXPENSES	370.01
BANK OF IRELAND	1483.96	INSURANCE	907.97
SANTANDER	23.26	TELEPHONE	1084.95
CASH IN HAND	(92.43)	JUST GIVING	216.00
PETER	(40.00)	HEAT & LIGHT	195.82
DONATIONS	5096.55	BANK FEE	25.00
JUST GIVING	1252.82	RENT	3150.00
		WATER RATES	171.13
		PRINTER	135.31
		FRANK BEATTIE & CO	240.00
		REPAIRS	10.00
		GOOGLE	1.99
		STORAGE	400.00
		CLOSING BALANCE	31.3.22
		CASH IN HAND	13.52
		ULSTER BANK	1961.02
		SANTANDER	21.27
	_____		_____
	8,903.99		8,903.99
	=====		=====

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Treasurer

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Annual return

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PIP'S LARNE**

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FRANK BEATTIE & COMPANY LTD

M.A.A.T

98B MAIN STREET

LARNE

BT40 1RE

15 DECEMBER 2022