

Registration number NI072222

Youthlife Limited
Financial Statements & Trustees' Report
for the year Ended 31 March 2025

Youthlife Limited
Company limited by guarantee

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Youthlife Limited
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Legal and Administrative Information

Status :

The organisation is a charitable company limited by guarantee, incorporated in Northern Ireland on 31 March 2009 and is recognised as a charity by the Inland Revenue. The governing document is a Memorandum and Articles of Association.

Directors :

Ms Dorothy Hutchinson (Chairperson)
Ms Catrina McFeely
Mr Giovanni Doran
Ms Lisa Archibald
Mrs Tina Fallon

Secretary :

Mr Giovanni Doran

Accountants :

Doherty & Co Accountants Ltd
Chartered Certified Accountants
The Amp
11 Ebrington Square
Derry
BT47 6FA

Main Bankers :

Bank of Ireland
27 Culmore Road
Derry
BT48 8JB

Address:

23 Bishop Street
Derry
BT48 6PR

Inland Revenue Charity Reference Number :

XR 34422

Company Number :

NI072222

Charity Commision for Northern Ireland Number:

NIC105568

Youthlife Limited

Trustees' Annual Report for the Year Ended 31 March 2025

The financial statements comply with the Charities Act (NI) 2022, Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019.)

The company is governed by a Memorandum and Articles of Association dated 31/03/09. The company number is NI 72222 and the registered office is 23 Bishop Street, Derry/Londonderry, BT48 6PR. The company is a registered Northern Ireland charity - reference NIC 105568.

Directors and trustees

The directors of the charitable company (the Charity) are the trustees for the purpose of Charity Law.

The trustees during the year and at 31 March 2025 were as follows:

Ms Dorothy Hutchinson
Ms Catrina McFeely
Mr Giovanni Doran
Ms Lisa Archibald
Mrs Tina Fallon

Chair's report

Funding streams improved significantly during 2024-2025 which enabled Youthlife to work to full capacity and provide pathways to services from a wide variety of sources reaching those young people most in need of support; with a large number of clients through the self referral and CAMHS pathways to counselling.

Year end resources for unrestricted and restricted funds were £18,277 and £85,500 respectively totalling £103,777 of funds to be carried over. A healthy budget indeed.

I want to sincerely thank each staff member and the board for their continuing commitment to Youthlife and to express how much I appreciate their input, dedication and support throughout the year.

The board wish to thank the staff, counsellors and volunteers for their continuing support and hard work during the year and also to our funders and supports who have helped sustain Youthlife throughout 2024-2025.

Our purposes and activities

The purpose of the Charity is to support children and young people aged 5-25 years who have experienced bereavement, separation and loss of a significant person in their life. Youthlife offer counselling, art and alternative therapies, group work and outreach workshops and activities.

In shaping our objectives for the year and planning our activities, the directors have considered the Charity Commissions guidance on public benefit requirement (PBR1). We endeavour to encourage a wide range of children, young people and their parents and carers to take advantage of our expertise and community signposting services.

Youthlife Limited

Trustees' Annual Report for the Year Ended 31 March 2025

Our Volunteers

The Charity is governed by a Board of Directors who are all volunteers. The Board of Directors oversee the financial affairs and administration and ensure the smooth running of the Charity's affairs in accordance with legal obligations, funders requirements and ethical standards.

Thanks to volunteer Michelle McCoy who completed placement hours with Youthlife in anticipation of completing a diploma in Children and young people counselling and who has since become a self-employed member of the team delivering services on Youthlife's behalf.

Paula Coyle returned to Youthlife to complete placement hours as she trained to become a family therapist, working with 4 families providing guidance, support and relationship building to greatly improve their mental health and home environments.

Chloe Hyndman continues to volunteer in the Youthlife office; the placement was facilitated through Now-Group. Chloe supports in the completion of administration duties and inspired all staff and counsellors to complete Autism NI training.

Also thanks to May Duffy and Cliona Lindsay for co-facilitating workshops alongside our team of dedicated counsellors.

Achievements and performance

Our main achievement continues to be the charity's timely and effective response to all referrals Youthlife received April 24-March 25. During this period we have maintained our relationship and contracts with WHSCT in relation to providing services for approximately 50 children and young people (440 sessions) in the Northern sector of the Western Trust. We also completed delivery of an additional contract offering services across the Western Trust delivering an additional 716 sessions to children and young people (approx 90 young people). This enabled Youthlife service in Omagh and Enniskillen to continue, provided by the Western Trust CAMHS was maintained throughout the financial year 2024-2025.

The National Lottery Community Fund secured a self-referral pathway to our services following bereavement, separation or loss; providing a self-referral pathway utilised by parents/guardians/carers and across the statutory, community and voluntary sectors. This Pathway to Counselling supported in reducing CAMHS waiting list and ensuring children receive the right support at the right time. NLCF provided 520 counselling sessions this year topped up and enhanced through other small project funds with an additional crisis and complex pathway meeting the mental health needs of Children in Care, those at risk of self-harm and suicide and autistic young people. The Self-referral pathway has developed and strengthened partnerships across the Children and Adolescent Mental Health statutory, community and voluntary sectors. Our Virtual Youthlife service continues to reach geographically and demographically as many teenagers in particular feel more confident attending sessions online or on the phone. Youthlife continue to offer services on CAMHS behalf in Omagh and Enniskillen and feel confident this will continue into 25/26.

In this period April 24 - March 25 Youthlife has provided signposting or services to more than 500 families, registered 461 unique individuals and engaged 338 unique children and young people in 2144 scheduled 1:1 counselling and art therapy sessions. 1887 sessions were attended 198 did not attend. These figures include 163 unique participants and 989 sessions delivered on behalf of Western Trust CAMHS.

Youthlife Limited

Trustees' Annual Report for the Year Ended 31 March 2025

Achievements and performance - continued

Youthlife have retained a skilled team of 10 counsellors and 2 art therapists and our reputation for quality services and meeting mental health need continues to grow. This year all staff and counsellors attended Autism NI training.

Youthlife performance is measured through SDQs (Strength and difficulties questionnaires) and Youthlife evaluations. The SDQ responses measure improvements over a range of indicators including emotional and physical symptoms and relationships with friends, family and peers. Response indicated Youthlife is an effective intervention, the majority of clients moving from 'abnormal' or 'borderline' category to 'normal' (SDQ terminology) levels over the range of indicators. Feedback from parents and clients is highly positive with noticeable improvements within the 8-10 week period.

Following 1:1 counselling:

94.3% agree or strongly agree: I am feeling more in control of my life

90.2% agree or strongly agree: I value and respect myself more

90.6% agree or strongly agree: I feel I can cope more with everyday life

83.6% agree or strongly agree: My self esteem has increased

82.7% agree or strongly agree: I have made plans for the future

88.1% agree or strongly agree: I am managing my relationships better

Financial review

Funding of £164,475 was secured during the year and donations and fundraising totalled £8,918. Direct costs including wages and programme costs were £120,645, administration overheads were £45,714 and depreciation of £369 was charged. This resulted in a surplus for the year of £6,665 which when added to opening reserves of £97,112, left the Charity with reserves of £103,777 at the year end.

The Directors were pleased with the results for the year. The unrestricted reserves at the year end were £18,277.

Reserves policy and going concern

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency costs. Due to the nature of the activities of the Charity no material unplanned costs are expected. The major costs are wages, programme costs and rent but funding is/will be in place to cover most of these costs. The Directors consider that a satisfactory level of unrestricted reserves to be in the region of £7,000.

Plans for future periods

Youthlife's core service aims to secure 2000 sessions per year; delivered across the Derry and Strabane area. Once our maximum capacity of 2000 sessions is financially secure, funding efforts may turn to the creation of a coordinators post and to maintaining CAMHS service, and extending the self referral pathway in Omagh and/or Enniskillen to meet an identified need in more rural communities.

Future plans also include, an increase in 'alternative therapies' including equine therapy, use of art, sport, dance and music to improve confidence and mental health.

We will review and update our current strategy and, we seek to secure a new coordinator post and, enhance board membership and development.

Youthlife Limited

Trustees' Annual Report for the Year Ended 31 March 2025

Statement of Trustees' Responsibilities

The Charity Trustees (who are also the directors of the Youthlife Limited for the purposes of company law) are responsible for preparing a Trustees' Annual Report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the profit or loss of the company for that year.

In preparing these the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles in the Charities SORP;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

This report was approved by the Board on 13 October 2025 and signed on its behalf by



Dorothy Hutchinson
Chairperson

13 October 2025

Youthlife Limited
Company limited by guarantee

Independent Examiner's report to the Charity Trustees of Youthlife Limited
Year ended 31 March 2025

I report solely to the Charity Trustees on my examination of the accounts for the year ended 31 March 2025. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than Youthlife Limited and its Trustees as a body for my work or for this report. As a practising member of the Chartered Association Of Certified Accountants I am subject to its ethical and other professional requirements which are detailed at www.accaglobal.com.

Respective responsibilities of charity trustees and examiner

As the Charity Trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 and the Charities Act (Northern Ireland) 2008. Having satisfied myself that the charity is not subject to an audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act.
- follow the procedures laid down in general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me concern to believe:

1. that accounting records were not kept as required by with section 386 of the Companies Act 2006 and section 63 of the Charities Act;
2. that the accounts do not accord with those accounting records;
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006, the Charities Act and with methods and principles of the Charities Statement of Recommended Practise applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic Of Ireland.
4. that there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) above and, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.


Stephen Doherty FCCA

Chartered Certified Accountant
The Amp
11 Ebrington Square
Derry
BT47 6FA

13 October 2025

Youthlife Limited
Company limited by guarantee

Statement of Financial Activities for the year Ended 31 March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Totals £	Totals 2024 £
<u>Incoming Resources</u>					
Donations, legacies and similar incoming resources	5	8,918	-	8,918	6,006
Income from activities of furtherance of charitable objects	5	542	163,933	164,475	179,972
Income from activities for generating funds	5	-	-	-	-
Total incoming resources		<u>9,460</u>	<u>163,933</u>	<u>173,393</u>	<u>185,978</u>
<u>Resources Expended</u>					
Charitable expenditure:					
Furtherance of charitable activities	6	4,877	115,768	120,645	120,962
Management and administration	6	1,500	44,214	45,714	35,236
Depreciation	6	-	369	369	-
Total resources expended		<u>6,377</u>	<u>160,351</u>	<u>166,728</u>	<u>156,198</u>
Net movement in funds in year		3,083	3,582	6,665	29,780
Total funds brought forward at 31 March 2024		<u>15,194</u>	<u>81,918</u>	<u>97,112</u>	<u>67,332</u>
Total funds carried forward at 31 March 2025		<u>18,277</u>	<u>85,500</u>	<u>103,777</u>	<u>97,112</u>

There are no recognised gains or losses other than the profit or loss for the above financial year.

Youthlife Limited
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Balance Sheet as at 31 March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Totals £	Totals £
<u>Fixed Assets</u>					
Tangible Assets		-	1,473	1,473	1,842
Total fixed assets		-	1,473	1,473	1,842
<u>Current Assets</u>					
Cash at bank and in hand		18,277	85,336	103,613	96,244
Total current assets		18,277	85,336	103,613	96,244
Creditors: amounts falling due within one year		-	(1,309)	(1,309)	974
Net current assets		18,277	84,027	102,304	95,270
Total assets less current liabilities		18,277	85,500	103,777	97,112
Net assets		18,277	85,500	103,777	97,112
<u>Financed by:</u>					
Funds		18,277	85,500	103,777	97,112

For the year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors responsibilities:

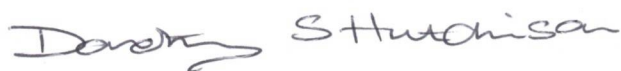
-The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;

-The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

Youthlife Limited
Company limited by guarantee

These financial statements were approved by the Board of Directors and authorised for issue on 13 October 2025, and are signed on behalf of the Board by;



Dorothy Hutchinson
Director

Company Registration Number: NI072222

Youthlife Limited
Company limited by guarantee

Notes to the financial statements
Year ended 31 March 2025

1. General information

The Charity is a charitable private company limited by guarantee, registered in Northern Ireland. The address of the registered office is 23 Bishop Street, Derry, BT48 6PR.

2. Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Youthlife Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Turnover

Turnover represents the total value of grants received and receivable as well as other income arising from other operating and fundraising activities during the year. Grants are recognised in the Profit and Loss account when the conditions for their receipt have been complied with and there is reasonable assurance that the grant will be received.

Tangible assets

Tangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated depreciation and impairment losses.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Plant and machinery	- 20%	reducing balance
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Youthlife Limited
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Notes to the financial statements (continued)
Year ended 31 March 2025

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Where investments in non-convertible preference shares and non-puttable ordinary shares or preference shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in profit or loss. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in profit or loss, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised in profit or loss immediately.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised in profit or loss immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

3. Funds

Unrestricted Revenue Funds - comprise those revenue funds which the management committee are free to use in accordance with the company objectives.

Restricted Revenue Funds - comprise those revenue funds which have been given for particular purposes and projects.

4. Limited by guarantee

The company is limited by guarantee and a registered charity by Revenue & Customs.

HMRC Charity Reference: XR 34422

Charity Commission of Northern Ireland Number: NIC105568

Youthlife Limited
Company limited by guarantee

Notes to the financial statements (continued)
Year ended 31 March 2025

5. Incoming Resources

	Unrestricted Funds £	Restricted Funds £	Totals 2025 £	Totals 2024 £
<u>Donations, legacies and similar incoming resources</u>				
Donations and fundraising	8,918	-	8,918	6,006
	8,918	-	8,918	6,006

Income from activities of furtherance of charitable objects

CAMHS	-	80,883	80,883	58,507
Big Lottery Community Fund	-	39,650	39,650	64,150
Trusthouse	-	16,650	16,650	16,650
RTE Toy Appeal	-	10,000	10,000	-
Halifax Foundation	-	5,000	5,000	3,150
Pixel	-	5,000	5,000	-
Leathersellers	-	5,000	5,000	-
Woodward	-	1,750	1,750	-
Department for Communities	542	-	542	-
Seeds (WHSCT)	-	-	-	15,000
Children In Need	-	-	-	8,295
LFT	-	-	-	4,980
Albert Hunt	-	-	-	4,000
Victoria Homes	-	-	-	2,560
Childrens Court	-	-	-	1,450
Enkalon	-	-	-	1,000
WHSCT	-	-	-	230
	542	163,933	164,475	179,972

Income from activities generating funds

Other	-	-	-	-
Total	-	-	-	-

Investment and other income

Interest received	-	-	-	-
	-	-	-	-
Total incoming resources	9,460	163,933	173,393	185,978

Youthlife Limited
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Notes to the financial statements (continued)
Year ended 31 March 2025

6. Resources expended	Unrestricted Funds £	Restricted Funds £	Totals 2025 £	Totals 2024 £
<u>Furtherance of charitable activities</u>				
Wages and salaries	4,715	45,067	49,782	51,217
Programme costs	-	70,368	70,368	69,412
Travel expenses	-	333	333	256
Hospitality expenses	162	-	162	77
Total	4,877	115,768	120,645	120,962
<u>Management and administration costs</u>				
Training	-	1,130	1,130	409
Rent	-	32,375	32,375	24,800
Insurance & subscriptions	-	3,085	3,085	1,984
Light and heat	-	1,141	1,141	1,048
Repairs and maintenance	-	448	448	1,799
Printing, postage and stationery	-	279	279	498
Publicity	-	180	180	85
Telephone & internet	-	2,551	2,551	2,244
Computer & equipment costs	131	168	299	780
Uniforms	477	-	477	-
Consultancy fees	-	2,500	2,500	181
Accountancy fees	800	100	900	900
Bank charges	-	194	194	141
General expenses	92	63	155	367
Total	1,500	44,214	45,714	35,236
<u>Depreciation</u>				
Depreciation of tangible assets	-	369	369	-
	-	369	369	-
Total resources expended	6,377	160,351	166,728	156,198

Youthlife Limited
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Notes to the financial statements (continued)
Year ended 31 March 2025

7. Staff costs

The average number of persons employed by the company during the was 2 (2024: 2).

No remuneration was paid and no expenses were reimbursed to the directors during the year.

The key management personnel of the charity comprises of the Trustees and the Manager. The total benefits of the key management personnel was £49,782 (31 March 2024 - £51,217).

8. Tangible assets

	Plant and machinery	Total
	£	£
Cost		
At 1 April 2024 and 31 March 2025	11,494	11,494
Depreciation		
At 1 April 2024	9,652	9,652
Charge for the year	369	369
At 31 March 2025	10,021	10,021
Carrying amount		
At 31 March 2025	1,473	1,473
At 31 March 2024	1,842	1,842

9. Creditors: amounts falling due within one year

	2025	2024
	£	£
Other creditors	1,309	974

10. Contingent assets and liabilities

Youthlife Limited has received grant assistance from government, public and other bodies. The payment of these grants is made subject to certain conditions being fulfilled by the company. The directors consider these conditions will be satisfactorily fulfilled and the likelihood of the company having to repay any grant is remote.

Youthlife Limited
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Notes to the financial statements (continued)
Year ended 31 March 2025

11. Analysis of charitable funds

Analysis of movements in unrestricted funds

	Balance at 1 April 2024	Incoming Resources	Resources Expended	Transfers	Funds at 31 March 2025
	£	£	£	£	£
General Fund	15,194	9,460	(6,377)	-	18,277
	<u>15,194</u>	<u>9,460</u>	<u>(6,377)</u>	<u>-</u>	<u>18,277</u>

Name of unrestricted fund Description of the Fund

General Funds Funds which the Charity is able to apply freely in pursuit of its own charitable objectives and related purposes.

Analysis of movements in restricted funds

	Balance at 1 April 2024	Incoming Resources	Resources Expended	Transfers	Funds at 31 March 2025
	£	£	£	£	£
Restricted Fund	81,918	163,933	(160,351)	-	85,500
	<u>81,918</u>	<u>163,933</u>	<u>(160,351)</u>	<u>-</u>	<u>85,500</u>

Name of restricted fund Description of the Fund

Restricted Fund Funds which the Charity applies for particular purposes and projects in pursuit of its charitable objectives.

Analysis of net assets between funds

	General Fund	Restricted Fund	Total
Fixed Assets	-	1,473	1,473
Debtors	-	-	-
Cash at bank and in hand	18,277	85,336	103,613
Creditors	-	(1,309)	(1,309)
Total	<u>18,277</u>	<u>85,500</u>	<u>103,777</u>