

# Carrickfergus Cornerstone

Northern Ireland · Charity number 105477

## Details

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**Status** Received

**Registered** 2017-04-10

**Register** [View on the Charity Commission for Northern Ireland register](#)

## Contact

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**Address** 32 Westmount Avenue  
Carrickfergus  
BT38 8dq  
BT38 8DQ

**Phone** 07598746742

## Activities

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**Purposes:** The Group is established for the relief of those in need due to recovery from or on-going suffering from addiction in the Mid and East Antrim Borough (hereinafter called the areas of benefit) through the provision of an environment where persons can meet for mutual support and gain information from outside agencies to help the recovery process.

**What the charity does:** The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

**How the charity works:** Counselling/support

**Who the charity helps:** Addictions (drug/solvent/alcohol abuse)

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£5,796	£6,880	£0	0

## Trustees

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Name	Role	Appointed
Miss Alison Arutura		
Mr David English		
Mr George Clarke		
Mr Paul John Reilly		
Mr Robert John Atcheson		
Mrs Karen Alexandra Curran		
Ms Lorna Irene Mckee		

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**Carrickfergus Cornerstone**

Northern Ireland - Charity number 105477

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# Accounts

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**CARRICKFERGUS CORNERSTONE  
INCOME & EXPENDITURE REPORT  
1st April 2024 - 31st March 2025**

Prepared by Carrickfergus Community Forum  
Signed : Janice Cherry



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<b>Balance BF 1st April 2024</b>	<b>£5,821.33</b>
<b>Income</b>	<b>£5,796.85</b>
<b>Expenditure</b>	<b>£6,880.13</b>
<b>Balance at 31st March 2025</b>	<b>£4,738.05</b>

Carrickfergus Cornerstone  
**INCOME AND EXPENDITURE ACCOUNT**  
**YEAR ENDED 31st March 2025**

**Balance at 1st April 2024** **£5,821.33**

**INCOME**

Impact Network Grant	1492.47
Mid and East Antrim Borough Council Grant	300.00
ASCERT Grant	500.00
Members Donations	584.38
Community Foundation NI Gills Charity	2920.00

**Total Income:** **£5,796.85**

**EXPENDITURE**

Bank Fees	32.86
Refreshments	388.7
Taxi Costs	600
Allotment	889.33
Hospitality for Group Events	1395.46
Bus Hire	350
Esteem Building Activity Entrance Fees	136
Mobile	156.13
Fuel Costs	9.98
Equipment	146.32
Room Hire	1920
Insurance	522.96
Workshop Facilitation / Training	300
Stationery	32.39

**Total Expenditure:** **£6,880.13**

**Balance at 31st March 2025** **£4,738.05**

Reconciled with bank statements  
Prepared by: Lucy Simms

*Lucy Simms*

Signed : *G. O'Connell* Chairperson

Signed : *H. O'Connell* Treasurer

**Carrickfergus Cornerstone**

Northern Ireland - Charity number 105477

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# Accounts

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**Carrickfergus Cornerstone**  
**INCOME AND EXPENDITURE ACCOUNT**  
**YEAR ENDED 31st March 2024**

**Balance at 1st April 2023 £4,408.49**

**INCOME**

South Antrim Community Network Grant	992.62
Mid and East Antrim Borough Council Grant	300.00
ASCERT Grant	792.08
Members Donations	478.00
Halifax	3965.00

**Total Income: £6,527.70**

**EXPENDITURE**

Bank Fees	35.46
Mobile Phone	144.81
Refreshments	392.17
Hospitality (group events)	892.35
Allotment Supplies	703.99
Equipment	0.00
Stationery	162.64
Fuel	30.01
Taxi Costs	862.75
Rent	960.00
Workshops & Training Facilitation	300.00
Team Building Activities	138.60
Insurance	492.08

**Total Expenditure: £5,114.86**

**Balance at 31st March 2024 £5,821.33**

Reconciled with bank statements

Prepared by: Lucy Simms



Signed: 

Chairperson **GEORGE CLARKE**

Signed: 

Treasurer **KAREN CURRAN**

**Carrickfergus Cornerstone**

Northern Ireland - Charity number 105477

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# Annual report

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# CARRICKFERGUS CORNERSTONE ADULT ADDICTION GROUP



c/o 31 Lancasterian Street  
Carrickfergus  
BT38 7AB  
Tel: 07598 746742

## **TRUSTEES REPORT 2023 - 2024**

### **Charitable Purposes of Carrickfergus Cornerstone**

- 1 To foster an atmosphere of mutual support among adults who are experiencing or recovering from the effects of substance abuse and addiction in the Mid and East Antrim Borough (hereinafter called the area of benefit) and facilitate access to premises / meeting facilities.
- 2 To provide information, training, signposting, guidance and support to the inhabitants of Mid and East Antrim Borough on issues such as alcohol, drugs and addiction.

### **How we achieved this in 2023/2024**

Carrickfergus Cornerstone continued to meet weekly in the Carrickfergus Community Forum premises where the group were able to meet in a safe, central venue to talk about their addiction issues. This was done in a non-judgemental setting giving members a chance to help each other while offering a safe place to come helping to remove the stigma that is attached to addiction while offering a place to come to tackle social isolation.

The group also has an allotment which is there for all members of the group. The allotment is used for occupational therapy and occupying the mind away from their addiction. The allotment is also used for group members to just chat and relax with a up of tea when the weather allows.

Carrickfergus Cornerstone also offered one to one recovery coaching where members who are struggling can avail of private sessions. The recovery coaching is also available to people with addiction issues who are referred to the group by the community addiction service NI, GP's or word of mouth from existing group members. These sessions offer clients a way to

Registered as a Charity in Northern Ireland NIC 105477



take some control of their own recovery through mutual respect and gentle advice. For new clients these sessions also offer a chance to join in with the group offering long term help from others in the same situation.

Our group has a telephone line for members to use if they need to talk privately outside of meeting times when they are alone and cravings of their addiction are strong. This phone number can also be used for other people suffering with addiction who are interested in coming to the group or just to enquire about a few one to one sessions or hear what we do.

The group went on a best practice visit to the Armagh Planetarium. This offered the group members a chance to socialise in an unfamiliar setting which was both educational and enjoyable with the day finishing off with a light meal. This activity was a way to promote wellbeing and aid good mental health. The group also had an end of year celebration which is to congratulate members for their past year of sobriety and instil pride and encouragement. This takes place in a drug and alcohol free environment where we also hand out certificates to members for any courses they have completed in the last year.

During the year 2023 – 2024 our group secured funding from the Halifax Foundation, Impact Network, Mid & East Antrim Council and Ascertainment. This enabled our group to continue to help the people of Carrickfergus Whitehead & Greenisland and the outlying towns as we strive to tackle addiction, social isolation and mental wellbeing. We hope to continue to host speakers on the recovery from addiction enrol members on relevant courses and maintain and make use of the allotment in the year ahead.

Registered as a Charity in Northern Ireland NIC 105477



**Carrickfergus Cornerstone**

Northern Ireland - Charity number 105477

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# Annual return

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**CARRICKFERGUS CORNERSTONE  
INCOME & EXPENDITURE REPORT  
1st April 2023 - 31st March 2024**

Prepared by Carrickfergus Community Forum  
Signed : Janice Cherry

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<b>Balance BF 1st April 2023</b>	<b>£4,408.49</b>
<b>Income</b>	<b>£6,527.70</b>
<b>Expenditure</b>	<b>£5,114.86</b>
<b>Balance at 31st March 2024</b>	<b>£5,821.33</b>

**Carrickfergus Cornerstone**

Northern Ireland - Charity number 105477

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# Accounts

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**CARRICKFERGUS CORNERSTONE  
INCOME & EXPENDITURE REPORT  
1st April 2022 - 31st March 2023**

Prepared by Carrickfergus Community Forum  
Signed : Janice Cherry

A handwritten signature in black ink, appearing to be 'J. Cherry', is written over a horizontal line.

<b>Balance BF 1st April 2022</b>	<b>£2,294.46</b>
<b>Income</b>	<b>£7,046.10</b>
<b>Expenditure</b>	<b>£4,932.07</b>
<b>Balance at 31st March 2023</b>	<b>£4,408.49</b>

**Carrickfergus Cornerstone**  
**INCOME AND EXPENDITURE ACCOUNT**  
**YEAR ENDED 31st March 2023**

**Balance at 1st April 2022** **£2,294.46**

**INCOME**

South Antrim Community Network Grant	631.04
Mid and East Antrim Borough Council Grant	861.56
ASCERT Grant	992.00
Members Donations	605.00
Halifax Grant	3880.00
Carrickfergus Community Forum	76.50

**Total Income:** **£7,046.10**

**EXPENDITURE**

Bank Fees	35.92
Mobile Phone	215.85
Refreshments	361.47
Hospitality (group events)	950.25
Allotment Supplies	444.96
Equipment	229.99
Stationery	386.98
Fuel	65.02
Taxi Costs	490.00
Rent	960.00
Workshops & Training Facilitation	300.00
Insurance	491.63

**Total Expenditure:** **£4,932.07**

**Balance at 31st March 2023** **£4,408.49**

Reconciled with bank statements  
Prepared by: Lucy Simms



Signed:  Chairperson

Signed:  Treasurer

**Carrickfergus Cornerstone**

Northern Ireland - Charity number 105477

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# Annual report

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Carrickfergus  
Adult Addiction



Carrickfergus Cornerstone  
C/O 31 Lancasterian Street  
Carrickfergus  
BT38 7AB

Support Group Tel: 07598 746742

## Trustees Report 2022-2023

During the year 2022-2023 The group continued to meet weekly at above premises. The group secured funding from Halifax foundation, Ascertainment, Impact Network and Mid and east Antrim Council.

The funding enabled the group to continue to meet twice weekly in the community forum building which is a safe central location where the group can meet to discuss their addiction issues in a nonjudgemental environment.

During 22/23 year we were able to maintain the group's allotment where members of the group can go for therapeutic activities and relaxation this was weather permitting. Funding received enabled the group to purchase equipment and materials to be used for the therapeutic activities that take place during the allotment activities. The group allotment is a means of occupying the mind and discussing issues on a one-to-one setting.

Our group had a best practice visit to Cultra Folk Park, these group outings support the mental health and well-being of participants. Engaging with others in an open space environment, gaining historical information on the ways of previous living and life previously experienced by their ancestors. This also helps group members to bond and offload personal issues in a relaxed environment reducing isolation often suffered by those who experience addiction.

The group continues to offer telephone support which members can avail of if they need to talk outside of meeting times and this is also the number for new people with substance issues to reach out for help. One to one coaching sessions are offered to clients who come through referrals from addiction services and local GPs, this service is a recovery service building relationships with the client, providing guidance on recovery and methods used and introduction to the group.

The funding secured enabled the group to offer members transport to meetings on dark, wet nights, this encourages members to attend as social isolation during the winter months can lead to relapse. Members attended an end of year celebration. This celebration is held annually, members can have a night out without the use of drugs or alcohol, this builds pride and self-esteem and encourages the

group to continue on the path of sobriety. Holding this event gives all members recognition to what they have achieved over the year.

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**Carrickfergus Cornerstone**  
**INCOME AND EXPENDITURE ACCOUNT**  
**YEAR ENDED 31st March 2023**

**Balance at 1st April 2022** **£2,294.46**

**INCOME**

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**EXPENDITURE**

Bank Fees	35.92
Mobile Phone	215.85
Refreshments	361.47
Hospitality (group events)	950.25
Allotment Supplies	444.96
Equipment	229.99
Stationery	386.98
Fuel	65.02
Taxi Costs	490.00
Rent	960.00
Workshops & Training Facilitation	300.00
Insurance	491.63

**Total Expenditure:** **£4,932.07**

**Balance at 31st March 2023** **£4,408.49**

Reconciled with bank statements  
Prepared by: Lucy Simms



Signed :  Chairperson

Signed :  Treasurer