

Northern Ireland Newpin

Northern Ireland · Charity number 105131

Details

Known as Newpin N.I.

Status Received

Company number [49451](#)

Registered 2016-05-18

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address Newpin
18-19 Jasmine Court
Londonderry
Bt47 2dz
BT47 2DZ

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Activities

Purposes: The Charity's objects are (a) To promote the protection and preservation of mental health amongst parents and children and the prevention of child abuse. (b) To assist in relieving and supporting families suffering from mental distress or emotional difficulties and in educating professional workers on appropriate forms of advice, treatment and support through the Charity's network of parent/child support centres and projects. (c) To work for and promote the study of and the research into family mental health to obtain and make records of and disseminate information concerning the same.

What the charity does: The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information,Counselling/support,Cross-border/cross-community,Education/training,Playgroup/after schools

Who the charity helps: Children (5-13 year olds),Ethnic minorities,Mental health,Parents,Preschool (0-5 year olds),Specific areas of deprivation,Voluntary and community sector,Women

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£138,645	£161,520	£0	4

Trustees

Name	Role	Appointed
Mr Aidan Loughery		
Mrs Alicia Devine		
Mrs Janine Mc Cready		
Mrs Jennifer Taylor		
Mrs Lisa Tracey		

Northern Ireland Newpin

Northern Ireland - Charity number 105131

Accounts

Charity Number: 105131
Company Number: NI049451

NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

CLAREMOUNT
CHARTERED ACCOUNTANTS
43 CLARENDON STREET
DERRY
BT48 7ER

NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)
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NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)
TRUSTEES' AND OTHER INFORMATION

TRUSTEES

Mrs J McCready
Ms J Taylor
Mrs A Carlin
Mrs L Tracey
Mr A Loughrey

CHARITY NUMBER IN NORTHERN IRELAND

105131

PRINCIPAL ADDRESS

18-19 Jasmine Court
Waterside
Derry / Londonderry
BT47 2DZ

INDEPENDENT EXAMINER

Claremount
Chartered Accountants
43 Clarendon Street
Derry
BT48 7ER

NORTHERN IRELAND NEWPIN
 (A company limited by guarantee, not having a share capital)
TRUSTEES' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 March 2025.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of Northern Ireland Newpin present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2025.

The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

PRINCIPAL ACTIVITY

The objective of the charity is to enable isolated families to cope emotionally with the stresses of parenting, making lasting changes in their lives and relationships with their children.

MISSION, OBJECTIVES AND STRATEGY

OBJECTIVES

The objects of the charity during the year were to enable isolated families to cope emotionally with the stresses of parenting and to make lasting changes in their lives and relationships with their children.

The core work of Newpin and the process is about developing strengths in people, not focusing on problems. Newpin achieves its objectives by:

- Raising the self-esteem of parents who are suffering from depression and isolation.
- Encouraging within each individual an awareness of their own value as a person, a parent and a fulfilled member of the community.
- Nurturing positive, loving, and supportive parenting.
- Helping to provide the opportunity for the children to develop emotionally, physically, and psychologically at their own pace in a secure and caring environment.
- Ending repeat effects of destructive family relationships.
- Preventing the hurting (emotional and physical) of children.
- Enabling mothers to come to terms with their past and prevent trans-generational trauma.

During the year, the following attendances were recorded at Newpin:

Adults -2,304
 Children under 5 -1,432
 Children over 5 - 1,367

There were in total 74 mothers referred or self-referred to Newpin during the period with their 114 children. Newpin offers a weekly therapeutic group session, and 421 individual adult counselling sessions were carried out during the period and 106 child psychotherapy sessions.

REVIEW OF ACHIEVEMENTS AND PERFORMANCE

Newpin works on a cross-community and multi-cultural basis, supporting families where there has been

NORTHERN IRELAND NEWPIN

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TRUSTEES' ANNUAL REPORT

FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

stress due to a combination of challenges including poverty, domestic violence, addictions, trans-generational trauma, inadequate housing, mental health difficulties.

Our objectives are:

- Build resilience and the ability to navigate during periods of difficulty, drawing on psychological, social, cultural, and physical resources, which will support the person's wellbeing, thriving and daily functioning.
- To provide a safe and supportive environment for vulnerable parents/children where learning, confidence building, and safe reflection can take place to enable participants to be more proactive in taking care of their own feelings and promote self-efficiency.
- To improve life skills such as building up self-esteem, managing emotions and relationships, promoting a positive self-image, negotiation skills, problem solving, critical thinking and decision making.

Every year seems to be more challenging than the last for the staff at Newpin. We have seen a marked increase of referrals to Newpin for mums who have had addictions to either prescribed medications or street drugs. This is a particular challenge in terms of providing programmes and maintaining engagement. Newpin has become a 'safe haven' for these mums and their children. We have introduced more therapeutic programmes for them and the children and also a Parenting Programme as some of them have been apart from their children due to addictions. This brings challenges of its own as the older children still display anger towards their mums and test boundaries. Trisha Davidson provides a Parenting Programme for us which is very well attended and has been given great feedback.

WE also have Art Therapy in the afternoons for the older children and some Sound Bath Therapy and Meditation which has helped them to regulate themselves. We also continue with our culturally sensitive services to those in our community whose first language is not English. This has made a slow but steady progress.

For mums further on in their Newpin journey we are completing their Employability Skills programme which helps with CV building and confidence skills. We help with mock interviews and encourage belief in that they can confidentially join the workplace. Our first group will complete their Computer Skills programme with Dermott Mc Cool from Rutledge and get their certificates soon. WE are so very proud of them all.

FINANCIAL REVIEW

The results for the financial year are set out on page 10 and additional notes are provided showing income and expenditure in greater detail.

FINANCIAL RESULTS

At the end of the financial year the charity has assets of £223,318 (2024 - £246,096) and liabilities of £3,973 (2024 - £3,876). The net assets of the charity have decreased by £(22,875).

In the year ahead, due to a lack of services for parents adopting young children and those in kinship care, we are including them in our service introducing them to our Parenting Programme and offering other therapeutic and counselling services. We are also still expanding on our Gardening Project and in the process of replanting produce for the year ahead to use in our Health and Nutrition programmes. This has been a great way to get the older children involved in planting and maintaining the raised beds. We hope to have some potatoes and vegetables in the autumn.

Staff are also continuing training in Autism and ADHD which will be invaluable in the playroom and also encourage mums to be aware of diagnosis and lend support.

The directors and management committee will continue to govern the company on line with the constitution to achieve the objectives noted above.

NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)
TRUSTEES' ANNUAL REPORT
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

TRUSTEES

The trustees who served throughout the financial year, except as noted, were as follows:

Mrs J McCready
Ms J Taylor
Mrs A Carlin
Mrs L Tracey
Mr A Loughrey

In accordance with the Constitution, the trustees retire by rotation and, being eligible, offer themselves for re-election.

COMPLIANCE WITH SECTOR-WIDE LEGISLATION AND STANDARDS

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Northern Ireland Newpin subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

APPROVED BY THE BOARD OF TRUSTEES ON 1 FEBRUARY 2026 AND SIGNED ON ITS BEHALF BY:

J.mccready
J.McCready

Mrs J McCready
Trustee

A Carlin
Alicia Carlin

Mrs A Carlin
Trustee

NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)
STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

The trustees, who are also directors of Northern Ireland Newpin for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A (Small Entities). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

APPROVED BY THE BOARD OF TRUSTEES ON 1 FEBRUARY 2026 AND SIGNED ON ITS BEHALF BY:

J.mccready

J. McCready

Mrs J McCready
Trustee

A Carlin

Alicia Carlin

Mrs A Carlin
Trustee

NORTHERN IRELAND NEWPIN

(A company limited by guarantee, not having a share capital)

**INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF TRUSTEES OF
NORTHERN IRELAND NEWPIN**

We have examined the financial statements of the charity for the financial year ended 31 March 2025, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for our work, or for this report.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The charity's trustees consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

We have examined your charity financial statements as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

NORTHERN IRELAND NEWPIN


(A company limited by guarantee, not having a share capital)

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

INDEPENDENT EXAMINER'S STATEMENT

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Mr K McCauley

**Claremount
Chartered Accountants
43 Clarendon Street
Derry
BT48 7ER**

DATE: 1 FEBRUARY 2026

NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)
STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an Income and Expenditure Account)
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
INCOMING RESOURCES							
Donations and legacies	3.1	500	138,145	138,645	3,192	193,752	196,944
RESOURCES EXPENDED							
Charitable activities	4.1	-	161,520	161,520	-	183,014	183,014
NET INCOME/(EXPENDITURE)		500	(23,375)	(22,875)	3,192	10,738	13,930
Transfers between funds		-	-	-	-	-	-
NET MOVEMENT IN FUNDS FOR THE FINANCIAL YEAR		500	(23,375)	(22,875)	3,192	10,738	13,930
RECONCILIATION OF FUNDS:							
Total funds beginning of the year	10	26,450	215,770	242,220	23,258	205,032	228,290
TOTAL FUNDS AT THE END OF THE YEAR		26,950	192,395	219,345	26,450	215,770	242,220

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

NORTHERN IRELAND NEWPIN
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Company Number:
BALANCE SHEET
AS AT 31 MARCH 2025

	Notes	2025 £	2024 £
CURRENT ASSETS			
Debtors	7	-	22,500
Cash at bank and in hand		223,318	223,596
		223,318	246,096
CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	8	(3,973)	(3,876)
NET CURRENT ASSETS		219,345	242,220
TOTAL ASSETS LESS CURRENT LIABILITIES		219,345	242,220
FUNDS			
Restricted trust funds		192,395	215,770
General fund (unrestricted)		26,950	26,450
TOTAL FUNDS	10	219,345	242,220

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

For the financial year ended 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The trustees confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charity.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

APPROVED BY THE BOARD OF TRUSTEES AND AUTHORISED FOR ISSUE ON 1 FEBRUARY 2026 AND SIGNED ON ITS BEHALF BY

J.mccready

J.McCready

Mrs J McCready
Trustee

A Carlin

Alicia Carlin

Mrs A Carlin
Trustee

NORTHERN IRELAND NEWPIN
 (A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

1. GENERAL INFORMATION

Northern Ireland Newpin is a company limited by guarantee incorporated in Northern Ireland. The registered office of the charity is which is also the principal place of business of the charity. The financial statements have been presented in Pound (£) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

BASIS OF PREPARATION

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

As permitted by the Companies Act 2006, the charity has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

STATEMENT OF COMPLIANCE

The financial statements of the charity for the financial year ended 31 March 2025 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

FUND ACCOUNTING

The following are the categories of funds maintained:

RESTRICTED FUNDS

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

UNRESTRICTED FUNDS

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.
- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

INCOMING RESOURCES

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

INCOME FROM CHARITABLE ACTIVITIES

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the

continued

NORTHERN IRELAND NEWPIN

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NOTES TO THE FINANCIAL STATEMENTS**FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025**

conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.
- Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

RESOURCES EXPENDED

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Land and buildings freehold	10% Straight line
Plant and machinery	20% Straight line
Fixtures, fittings and equipment	20% Straight line

DEBTORS

Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

CASH AT BANK AND IN HAND

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

continued

NORTHERN IRELAND NEWPIN
 (A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

TAXATION AND DEFERRED TAXATION

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the charity's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3. INCOME

3.1 DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	2025 £
Donations and legacies	500	-	500
Western Health & Social Care Trust	-	108,719	108,719
Clear Projects	-	4,191	4,191
Community Foundation	-	5,300	5,300
Henry Smith Charity	-	-	-
Derry City & Strabane District Council	-	-	-
Trust House Charity	-	-	-
Awards for All	-	19,935	19,935
	<u>500</u>	<u>138,145</u>	<u>138,645</u>

	Unrestricted Funds £	Restricted Funds £	2024 £
Donations and legacies	3,192	-	3,192
Western Health & Social Care Trust	-	100,017	100,017
Clear Projects	-	3,970	3,970
Community Foundation	-	43,965	43,965
Henry Smith Charity	-	21,300	21,300
Derry City & Strabane District Council	-	2,000	2,000
Trust House Charity	-	22,500	22,500
	<u>3,192</u>	<u>193,752</u>	<u>196,944</u>

continued

NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

**4. EXPENDITURE
BY FUND TYPE**

	Unrestricted Costs	Restricted Costs	2025 Total	Unrestricted Costs	Restricted Costs	2024
Rent, Rates & Water	-	262	262	-	838	838
Light & Heat	-	3,553	3,553	-	3,517	3,517
Insurance	-	1,930	1,930	-	1,735	1,735
Repairs & Maintenance	-	5,116	5,116	-	4,504	4,504
Wages/Salaries	-	89,221	89,221	-	81,448	81,448
Staff Training	-	530	530	-	1,203	1,203
Hire Costs	-	977	977	-	1,280	1,280
Telephone	-	854	854	-	889	889
Programme Costs	-	11,390	11,390	-	9,483	9,483
Printing, Postage & Stationery	-	686	686	-	1,414	1,414
Volunteer Expenses	-	8,139	8,139	-	9,996	9,996
Facilitator Fees	-	36,386	36,386	-	63,020	63,020
Laundry & Cleaning	-	-	-	-	1,205	1,205
Accountancy Fees	-	2,280	2,280	-	2,280	2,280
Bank Charges	-	196	196	-	202	202
	-	161,520	161,520	-	183,014	183,014

**4. EXPENDITURE
BY ACTIVITY TYPE**

	Direct Costs £	Support Costs £	2025 Costs £	Direct Costs £	2024 Costs £
Rent, Rates & Water	262	-	262	838	838
Light & Heat	3,553	-	3,553	3,517	3,517
Insurance	1,930	-	1,930	1,735	1,735
Repairs & Maintenance	5,116	-	5,116	4,504	4,504
Wages/Salaries	89,221	-	89,221	81,448	81,448
Staff Training	530	-	530	1,203	1,203
Hire Costs	977	-	977	1,280	1,280
Telephone	854	-	854	889	889
Programme Costs	11,390	-	11,390	9,483	9,483
Printing, Postage & Stationery	686	-	686	1,414	1,414
Volunteer Expenses	8,139	-	8,139	9,996	9,996
Facilitator Fees	36,386	-	36,386	63,020	63,020
Laundry & Cleaning	-	-	-	1,205	1,205
Accountancy Fees	2,280	-	2,280	2,280	2,280
Bank Charges	196	-	196	202	202
	161,520	-	161,520	183,014	183,014

continued

NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

5. EMPLOYEES AND REMUNERATION

The staff costs comprise:	2025	2024
	£	£
Wages and salaries	89,221	81,448

6. TANGIBLE FIXED ASSETS

	Land and buildings freehold £	Plant and machinery £	Fixtures, fittings and equipment £	Total £
COST				
At 31 March 2025	162,260	10,108	3,126	175,494
DEPRECIATION				
At 31 March 2025	162,260	10,108	3,126	175,494
NET BOOK VALUE				
At 31 March 2025	-	-	-	-

7. DEBTORS

	2025	2024
	£	£
Trade debtors	-	22,500

**8. CREDITORS
AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025	2024
	£	£
Taxation and social security costs	1,705	1,608
Accruals and deferred income	2,268	2,268
	3,973	3,876

9. RESERVES

	2025	2024
	£	£
At the beginning of the year	242,220	228,290
(Deficit)/Surplus for the financial year	(22,875)	13,930
At the end of the year	219,345	242,220

continued

NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

10. FUNDS**10.1 RECONCILIATION OF MOVEMENT IN FUNDS**

	Unrestricted Funds £	Restricted Funds £	Total Funds £
At 1 April 2023	23,258	205,032	228,290
Movement during the financial year	3,192	10,738	13,930
At 31 March 2024	26,450	215,770	242,220
Movement during the financial year	500	(23,375)	(22,875)
At 31 March 2025	26,950	192,395	219,345

10.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 April 2024 £	Income Expenditure		Transfers between funds £	Balance 31 March 2025 £
	£	£	£	£	£
RESTRICTED FUNDS					
Restricted	215,770	138,145	161,520	-	192,395
UNRESTRICTED FUNDS					
Unrestricted General	26,450	500	-	-	26,950
TOTAL FUNDS	242,220	138,645	161,520	-	219,345

10.3 ANALYSIS OF NET ASSETS BY FUND

	Current assets £	Current liabilities £	Total £
Restricted trust funds	(23,011)	(364)	(23,375)
Unrestricted general funds	246,596	(3,876)	242,720
	223,585	(4,240)	219,345

11. STATUS

The charity is a company limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one financial year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

12. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

NORTHERN IRELAND NEWPIN
(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

NORTHERN IRELAND NEWPIN

(A company limited by guarantee, not having a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement

FOR THE FINANCIAL YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
INCOME		
Donations	500	3,192
Western Health & Social Care Trust	108,719	100,017
Clear Projects	4,191	3,970
Community Foundation	5,300	43,965
Henry Smith Charity	-	21,300
DCSDC	-	2,000
Trust House Charity	-	22,500
Awards for All	19,935	-
	<u>138,645</u>	<u>196,944</u>
EXPENSES		
Wages and salaries	89,221	81,448
Staff training	530	1,203
Hire costs	977	1,280
Rent, rates & water	262	838
Insurance	1,930	1,735
Light and heat	3,553	3,517
Laundry & Cleaning	1,020	1,205
Repairs and maintenance	4,631	4,504
Printing, postage and stationery	686	1,414
Telephone	854	889
Programme Costs	10,855	9,483
Facilitator fees	36,386	63,020
Accountancy	2,280	2,280
Bank charges	196	202
Volunteer Expenses	8,139	9,996
	<u>161,520</u>	<u>183,014</u>
NET (DEFICIT)/SURPLUS	<u>(22,875)</u>	<u>13,930</u>



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Tue, 03 Feb 2026 17:38:17 **Janine McCready** Signed the Document (IP: 82.132.218.185)
Tue, 03 Feb 2026 14:46:54 **Alicia Carlin** Signed the Document (IP: 51.148.248.255)



Northern Ireland Newpin

Northern Ireland - Charity number 105131

Accounts

COMPANY REGISTRATION NUMBER: NI049451
CHARITY REGISTRATION NUMBER: 105131

NORTHERN IRELAND NEWPIN
Company Limited by Guarantee
UNAUDITED FINANCIAL STATEMENTS
31 MARCH 2024

CLAREMOUNT
Chartered accountants
43 Clarendon Street
Derry
BT48 7ER

**NORTHERN IRELAND NEWPIN
COMPANY LIMITED BY GUARANTEE
FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024**

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Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	5
Statement of financial activities (including income and expenditure account)	6
Statement of financial position	7
Notes to the financial statements	8

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)

YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

Reference and administrative details

Registered charity name Northern Ireland Newpin

Charity registration number 105131

Company registration number NI049451

Principal office and registered office 18-19 Jasmine Court
Waterside
Derry ~ Londonderry
BT472DZ

The trustees

Ms J McCready
Ms J Taylor
Mrs A Carlin
Mrs L Tracey
Mr A Loughrey

Independent examiner Karol McCauley
43 Clarendon Street
Derry
BT48 7ER

Structure, governance and management

The Charity is a 'not-for-profit' organisation, is limited by guarantee and has no share capital. The company is governed and managed by the board of directors and management committee. The directors who served the Charity throughout the year are shown below. The registered office and details of other professional advisors are listed on page 1.

The board of directors carry out their governance role throughout the year by way of meetings on a regular basis to review the performance of the Charity and to make decisions regarding the Charity's financial and operational matters. The directors govern the activities of the company in line with the objectives set out in the governing documents of the charity, namely the Memorandum and Articles of Association and the charity's constitution.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)

(continued)

YEAR ENDED 31 MARCH 2024

Objectives and activities

The objects of the charity during the year were to enable isolated families to cope emotionally with the stresses of parenting and to make lasting changes in their lives and relationships with their children.

The core work of Newpin and the process is about developing strengths in people, not focusing on problems. Newpin achieves its objectives by:

- Raising the self-esteem of parents who are suffering from depression and isolation.
- Encouraging within each individual an awareness of their own value as a person, a parent and a fulfilled member of the community.
- Nurturing positive, loving, and supportive parenting.
- Helping to provide the opportunity for the children to develop emotionally, physically, and psychologically at their own pace in a secure and caring environment.
- Ending repeat effects of destructive family relationships.
- Preventing the hurting (emotional and physical) of children.
- Enabling mothers to come to terms with their past and prevent trans-generational trauma.

During the year, the following attendances were recorded at Newpin:

Adults	2,213
Children under 5	1,542
Children over 5	1,073

There were in total 86 mothers referred or self-referred to Newpin during the period with their 137 children. Newpin offers a weekly therapeutic group session, and 585 individual adult counselling sessions were carried out during the period and 383 child psychotherapy sessions.

Achievements and performance

Newpin works on a cross-community and multi-cultural basis, supporting families where there has been stress due to a combination of challenges including poverty, domestic violence, addictions, trans-generational trauma, inadequate housing, mental health difficulties.

Our objectives are:

- Build resilience and the ability to navigate during periods of difficulty, drawing on psychological, social, cultural, and physical resources, which will support the person's wellbeing, thriving and daily functioning.
- To provide a safe and supportive environment for vulnerable parents/children where learning, confidence building, and safe reflection can take place to enable participants to be more proactive in taking care of their own feelings and promote self-efficiency.
- To improve life skills such as building up self-esteem, managing emotions and relationships, promoting a positive self-image, negotiation skills, problem solving, critical thinking and decision making.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)

(continued)

YEAR ENDED 31 MARCH 2024

Achievements and performance

We have, once again, seen an increased demand on our services. The lingering effects of COVID-19 on maternal mental health, including anxiety, depression, and feelings of isolation, have increased the need for support. A cost-of-living crisis and the inability to access G.P.'s exacerbates stress for parents, making access to mental health services more critical.

Like many charities we have faced tighter funding due to the economic downturn and inflation. Grants that were once available are now being directed to broader healthcare needs, leaving maternal mental health underfunded and for us a challenge to access. This has also been compounded by challenges in recruiting and retaining staff and the effect this has had on us all has added extra stress to staff...but we are still here and still managing to do our best for everyone!

In the past year we have introduced new programmes to Newpin, and we are particularly proud of our 'Gardening Project' where we managed to grow tomatoes, celery, carrots, beetroot, peas and chard. We have also included a Health & Nutrition Programme for our families, and they use the vegetable from the garden. This has been very successful and very well attended.

We have also introduced training programmes for our volunteers and in particular mothers with a lived experience who are vital contributors to our service. We have also introduced culturally sensitive services and adapted therapy and educational programmes to support the diverse communities who are now using Newpin. Our Art Therapy Sessions have been particularly rewarding for those mothers and children using Newpin who may speak English well but have difficulty in comprehension of what is being said within Therapeutic sessions.

Financial review

The net incoming resources for the year was £13,930 (2023 - net incoming resources £7,212).

The trustees aim to have a cash reserve covering at least 3 months expenditure at any given time. The full results are set out in the accounts which form part of this report.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)
(continued)

YEAR ENDED 31 MARCH 2024

Plans for future periods

In the year ahead, we will tailor our services for different cultural groups to ensure accessibility and relevance. Include programs like mindfulness, yoga, or play therapy that focus on nurturing the mother-child relationship. Include programs like mindfulness, yoga, or play therapy that focus on nurturing the mother-child relationship.

The directors and management committee will continue to govern the company in line with the constitution to achieve the objectives noted above.

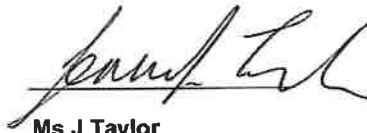
Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 07 February 2025 and signed on behalf of the board of trustees by:



Ms J McCready
Trustee



Ms J Taylor
Trustee

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NORTHERN IRELAND NEWPIN

YEAR ENDED 31 MARCH 2024

I report to the trustees on my examination of the financial statements of Northern Ireland Newpin ('the charity') for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of Charities Act (Northern Ireland) 2008 (the '2008 Act') and the Companies Act 2006 ('the 2006 Act'). You are satisfied that the accounts of the company are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements as carried out under section 65 of the 2008 Act. In carrying out my examination I have followed the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the 2008 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with my examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Mr K McCauley

CLAREMOUNT
Chartered Accountants
43 Clarendon Street
Derry
BT48 7ER

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2024

		2024	2023		
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	3,192	193,752	196,944	210,706
Total income		<u>3,192</u>	<u>193,752</u>	<u>196,944</u>	<u>210,706</u>
Expenditure					
Expenditure on charitable activities	6,7	—	183,014	183,014	203,494
Total expenditure		<u>—</u>	<u>183,014</u>	<u>183,014</u>	<u>203,494</u>
Net (expenditure)/income and net movement in funds		<u>3,192</u>	<u>10,738</u>	<u>13,930</u>	<u>7,212</u>
Reconciliation of funds					
Total funds brought forward		<u>23,258</u>	<u>205,032</u>	<u>228,290</u>	<u>221,078</u>
Total funds carried forward		<u>26,450</u>	<u>215,770</u>	<u>242,220</u>	<u>228,290</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

**NORTHERN IRELAND NEWPIN
COMPANY LIMITED BY GUARANTEE
STATEMENT OF FINANCIAL POSITION
31 MARCH 2024**

	Note	2024 £	2023 £
Current assets			
Debtors	12	22,500	3,591
Cash at bank and in hand		<u>223,596</u>	<u>228,769</u>
		246,096	232,360
Creditors: amounts falling due within one year	13	<u>3,876</u>	<u>4,070</u>
Net current assets		<u>242,220</u>	<u>228,290</u>
Total assets less current liabilities		<u>242,220</u>	<u>228,290</u>
Net assets		<u>242,220</u>	<u>228,290</u>
Funds of the charity			
Restricted funds		215,770	205,032
Unrestricted funds		<u>26,450</u>	<u>23,258</u>
Total charity funds	14	<u>242,220</u>	<u>228,290</u>

For the year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:


- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue 07 February 2025, and are signed on behalf of the board by:



**Ms J McCready
Trustee**



**Ms J Taylor
Trustee**

The notes on pages 8 to 16 form part of these financial statements.

**NORTHERN IRELAND NEWPIN
COMPANY LIMITED BY GUARANTEE
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024**

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in Northern Ireland and a registered charity in Northern Ireland. The address of the registered office is 18-19 Jasmine Court, Waterside, Derry ~ Londonderry, BT472DZ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Freehold property	-	10% straight line
Plant and machinery	-	10% straight line
Fixtures and fittings	-	20% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

3. Accounting policies *(continued)*

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Limited by guarantee

The company is limited by guarantee and, therefore, there is no issued share capital.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Sponsorship & Donations	3,192	—	3,192
Grants			
Western Health & Social Care Trust	—	100,017	100,017
Clear Projects	—	3,970	3,970
Community Foundation	—	43,965	43,965
Henry Smith Charity	—	21,300	21,300
Derry City & Strabane District Council	—	2,000	2,000
Trust House Charity	—	22,500	22,500
	<u>3,192</u>	<u>193,752</u>	<u>196,944</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grants			
Western Health & Social Care Trust	—	96,598	96,598
Clear Projects	—	6,516	6,516
Unite Ireland	—	250	250
Children in Need	—	24,717	24,717
Awards for All	—	9,975	9,975
Community Foundation	—	21,000	21,000
Henry Smith Charity	—	20,700	20,700
PHA Funding	—	3,076	3,076
Halifax Foundation	—	5,374	5,374
Trust House Charity	—	22,500	22,500
	<u>—</u>	<u>210,706</u>	<u>210,706</u>

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

6. Expenditure on charitable activities by fund type

	Restricted Funds £	Total Funds 2024 £	Restricted Funds £	Total Funds 2023 £
Rent, Rates & Water	838	838	572	572
Light & Heat	3,517	3,517	5,456	5,456
Insurance	1,735	1,735	1,553	1,553
Repairs & Maintenance	4,504	4,504	3,298	3,298
Wages/Salaries	81,448	81,448	103,120	103,120
Staff Training	1,203	1,203	525	525
Staff Travel	–	–	62	62
Hire Costs	1,280	1,280	1,296	1,296
Telephone	889	889	2,224	2,224
Programme Costs	9,483	9,483	6,019	6,019
Printing, Postage & Stationery	1,414	1,414	557	557
Volunteer Expenses	9,996	9,996	5,290	5,290
Facilitator Fees	63,020	63,020	65,083	65,083
Laundry & Cleaning	1,205	1,205	5,358	5,358
Accountancy Fees	2,280	2,280	2,160	2,160
Bank Charges	202	202	195	195
Membership Fees	–	–	726	726
	<u>183,014</u>	<u>183,014</u>	<u>203,494</u>	<u>203,494</u>

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

7. Expenditure on charitable activities by activity type

	CORE	Support costs	Total funds
	£	£	2024 £
Rent, Rates & Water	838	—	838
Light & heat	3,517	—	3,517
Insurance	1,735	—	1,735
Repairs & maintenance	4,504	—	4,504
Wages/salaries	81,448	—	81,448
Staff Training	1,203	—	1,203
Hire Costs	1,280	—	1,280
Telephone	889	—	889
Programme Costs	9,483	—	9,483
Printing, Postage and stationery	1,414	—	1,414
Volunteer expenses	9,996	—	9,996
Facilitator Fees	63,020	—	63,020
Laundry & cleaning	1,205	—	1,205
Accountancy Fees	2,280	—	2,280
Bank charges	202	—	202
	<u>183,014</u>	<u>—</u>	<u>183,014</u>

	CORE	Support costs	Total funds
	£	£	2023 £
Rent, Rates & Water	572	—	572
Light & heat	5,456	—	5,456
Insurance	1,553	—	1,553
Repairs & maintenance	3,298	—	3,298
Wages/salaries	103,120	—	103,120
Staff Training	525	—	525
Staff Travel	62	—	62
Hire Costs	1,296	—	1,296
Telephone	2,224	—	2,224
Programme Costs	6,019	—	6,019
Printing, Postage and stationery	557	—	557
Volunteer expenses	5,290	—	5,290
Facilitator Fees	65,083	—	65,083
Laundry & cleaning	5,358	—	5,358
Accountancy Fees	2,160	—	2,160
Bank charges	195	—	195
Membership Fees	726	—	726
	<u>203,494</u>	<u>—</u>	<u>203,494</u>

**NORTHERN IRELAND NEWPIN
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

8. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	<u>81,448</u>	<u>103,120</u>

The average head count of employees during the year was 4 (2023: 5).

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

9. Independent examination fees

	2024	2023
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	2,280	2,160

10. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

11. Tangible fixed assets

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Total £
Cost				
At 1 April 2023	162,260	10,108	3,126	175,494
Additions	—	—	—	—
At 31 March 2024	<u>162,260</u>	<u>10,108</u>	<u>3,126</u>	<u>175,494</u>
Depreciation				
At 1 April 2023	162,260	10,108	3,126	175,494
Charge for the year	—	—	—	—
At 31 March 2024	<u>162,260</u>	<u>10,108</u>	<u>3,126</u>	<u>175,494</u>
Carrying amount				
At 31 March 2024	<u>—</u>	<u>—</u>	<u>—</u>	<u>—</u>
At 31 March 2023	<u>—</u>	<u>—</u>	<u>—</u>	<u>—</u>

12. Debtors

	2024	2023
	£	£
Trade debtors	<u>22,500</u>	<u>3,591</u>

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

13. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals and deferred income	2,268	2,268
Social security and other taxes	1,608	1,802
	<u>3,876</u>	<u>4,070</u>

14. Analysis of charitable funds

	At 1 April 2023	Income £	Expenditure £	At 31 March 2024
Unrestricted funds	£ <u>23,258</u>	<u>3,192</u>	<u>—</u>	<u>26,450</u>
	At 1 April 2023	Income £	Expenditure £	At 31 March 2024
Restricted funds	£ <u>205,032</u>	<u>193,752</u>	<u>(183,014)</u>	<u>215,770</u>

Northern Ireland Newpin

Northern Ireland - Charity number 105131

Annual report

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

Structure, governance and management.

The Charity is a 'not-for-profit' organisation, is limited by guarantee and has no share capital. The company is governed and managed by the board of directors and management committee. The directors who served the Charity throughout the year are shown below. The registered office and details of other professional advisors are listed on page 1.

The board of directors carry out their governance role throughout the year by way of meetings on a regular basis to review the performance of the Charity and to make decisions regarding the Charity's financial and operational matters. The directors govern the activities of the company in line with the objectives set out in the governing documents of the charity, namely the Memorandum and Articles of Association and the charity's constitution.

Objectives and activities

The objects of the charity during the year were to enable isolated families to cope emotionally with the stresses of parenting and to make lasting changes in their lives and relationships with their children.

The core work of Newpin and the process is about developing strengths in people, not focusing on problems. Newpin achieves its objectives by:

- Raising the self-esteem of parents who are suffering from depression and isolation.
- Encouraging within each individual an awareness of their own value as a person, a parent and a fulfilled member of the community.
- Nurturing positive, loving, and supportive parenting.
- Helping to provide the opportunity for the children to develop emotionally, physically, and psychologically at their own pace in a secure and caring environment.
- Ending repeat effects of destructive family relationships.
- Preventing the hurting (emotional and physical) of children.
- Enabling mothers to come to terms with their past and prevent trans-generational trauma.

During the year, the following attendances were recorded at Newpin:

Adults	2213
Children under 5	1,542
Children over 5	1,073

There were in total 86 mothers referred or self-referred to Newpin during the period with their 137 children. Newpin offers a weekly therapeutic group session, and 585 individual adult counselling sessions were carried out during the period and 383 child psychotherapy sessions.

Achievements and performance

Newpin works on a cross-community and multi-cultural basis, supporting families where there has been stress due to a combination of challenges including poverty, domestic violence, addictions, trans-generational trauma, inadequate housing, mental health difficulties.

Our objectives are:

- Build resilience and the ability to navigate during periods of difficulty, drawing on psychological, social, cultural, and physical resources, which will support the person's wellbeing, thriving and daily functioning.
- To provide a safe and supportive environment for vulnerable parents/children where learning, confidence building, and safe reflection can take place to enable participants to be more proactive in taking care of their own feelings and promote self-efficiency.
- To improve life skills such as building up self-esteem, managing emotions and relationships, promoting a positive self-image, negotiation skills, problem solving, critical thinking and decision making.

**NORTHERN IRELAND NEWPIN
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2024**

We have, once again, seen an increased demand on our services. The lingering effects of COVID-19 on maternal mental health, including anxiety, depression, and feelings of isolation, have increased the need for support. A cost-of-living crisis and the inability to access G.P.'s exacerbates stress for parents, making access to mental health services more critical.

Like many charities we have faced tighter funding due to the economic downturn and inflation. Grants that were once available are now being directed to broader healthcare needs, leaving maternal mental health underfunded and for us a challenge to access. This has also been compounded by challenges in recruiting and retaining staff and the effect this has had on us all has added extra stress to staff...but we are still here and still managing to do our best for everyone!

In the past year we have introduced new programmes to Newpin, and we are particularly proud of our 'Gardening Project' where we managed to grow tomatoes, celery, carrots, beetroot, peas and chard. We have also included a Health & Nutrition Programme for our families, and they use the vegetable from the garden. This has been very successful and very well attended.

We have also introduced training programmes for our volunteers and in particular mothers with a lived experience who are vital contributors to our service. We have also introduced culturally sensitive services and adapted therapy and educational programmes to support the diverse communities who are now using Newpin. Our Art Therapy Sessions have been particularly rewarding for those mothers and children using Newpin who may speak English well but have difficulty in comprehension of what is being said within Therapeutic sessions.

Plans for future periods

In the year ahead, we will tailor our services for different cultural groups to ensure accessibility and relevance. Include programs like mindfulness, yoga, or play therapy that focus on nurturing the mother-child relationship. Include programs like mindfulness, yoga, or play therapy that focus on nurturing the mother-child relationship.

The directors and management committee will continue to govern the company in line with the constitution to achieve the objectives noted above.

Northern Ireland Newpin

Northern Ireland - Charity number 105131

Annual return

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NORTHERN IRELAND NEWPIN

YEAR ENDED 31 MARCH 2023

I report to the trustees on my examination of the financial statements of Northern Ireland Newpin ('the charity') for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of Charities Act (Northern Ireland) 2008 (the '2008 Act') and the Companies Act 2006 ('the 2006 Act'). You are satisfied that the accounts of the company are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements as carried out under section 65 of the 2008 Act. In carrying out my examination I have followed the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the 2008 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with my examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.



Mr K McCauley

CLAREMOUNT
Chartered Accountants
43 Clarendon Street
Derry
BT48 7ER

27 March 2024

Northern Ireland Newpin

Northern Ireland - Charity number 105131

Accounts

COMPANY REGISTRATION NUMBER: NI049451
CHARITY REGISTRATION NUMBER: 105131

NORTHERN IRELAND NEWPIN
Company Limited by Guarantee
UNAUDITED FINANCIAL STATEMENTS
31 MARCH 2023

CLAREMOUNT
Chartered Accountants
43 Clarendon Street
Derry
BT48 7ER

**NORTHERN IRELAND NEWPIN
COMPANY LIMITED BY GUARANTEE
FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023**

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Independent examiner's report to the trustees	5
Statement of financial activities (including income and expenditure account)	6
Statement of financial position	7
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NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)

YEAR ENDED 31 MARCH 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

Reference and administrative details

Registered charity name	Northern Ireland Newpin
Charity registration number	105131
Company registration number	NI049451
Principal office and registered office	18-19 Jasmine Court Waterside Derry ~ Londonderry BT472DZ

The trustees

Ms D McAnaney – resigned 30/06/23
Ms C O'Donnell – resigned 30/06/23
Ms C Donaghy – resigned 30/10/23
Ms J McCready
Ms J Taylor – appointed 22/11/23
Mrs A Carlin – appointed 13/02/24
Mrs L Tracey – appointed 20/06/23
Mr A Loughrey – appointed 22/11/23

Independent examiner	Karol McCauley 43 Clarendon Street Derry BT48 7ER
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Structure, governance and management

The Charity is a 'not-for-profit' organisation, is limited by guarantee and has no share capital. The company is governed and managed by the board of directors and management committee. The directors who served the Charity throughout the year are shown below. The registered office and details of other professional advisors are listed on page 1.

The board of directors carry out their governance role throughout the year by way of meetings on a regular basis to review the performance of the Charity and to make decisions regarding the Charity's financial and operational matters. The directors govern the activities of the company in line with the objectives set out in the governing documents of the charity, namely the Memorandum and Articles of Association and the charity's constitution.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)

(continued)

YEAR ENDED 31 MARCH 2023

Objectives and activities

The objects of the charity during the year were to enable isolated families to cope emotionally with the stresses of parenting and to make lasting changes in their lives and relationships with their children.

The core work of Newpin and the process is about developing strengths in people, not focusing on problems. Newpin achieves its objectives by:

- Raising the self-esteem of parents who are suffering from depression and isolation.
- Encouraging within each individual an awareness of their own value as a person, a parent and a fulfilled member of the community.
- Nurturing positive, loving and supportive parenting.
- Helping to provide the opportunity for the children to develop emotionally, physically and psychologically at their own pace in a secure and caring environment.
- Ending repeat effects of destructive family relationships.
- Preventing the hurting (emotional and physical) of children.
- Enabling mothers to come to terms with their past and prevent trans-generational trauma.

During the year the following attendances were recorded at Newpin:

Adults	2,191
Children under 5	1,531
Children over 5	1,036

There were in total 79 mothers referred or self-referred to Newpin during the period with their 112 children. Newpin offers a weekly therapeutic group session and 449 individual adult counselling sessions were carried out during the period and 160 child psychotherapy sessions.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)

(continued)

YEAR ENDED 31 MARCH 2023

Achievements and performance

Newpin works on a cross-community basis, supporting families where there has been stress due to a combination of challenges including; poverty, domestic violence, addictions, trans-generational trauma, inadequate housing; mental health difficulties.

Our objectives are:

- Build resilience and the ability to navigate during periods of difficulty, drawing on psychological, social, cultural and physical resources, which will support the person's wellbeing, thriving and daily functioning.
- To provide a safe and supportive environment for vulnerable parents/children where learning, confidence building and safe reflection can take place to enable participants to be more proactive in taking care of their own feelings and promote self-efficiency.
- To improve life skills such as building up self-esteem, managing emotions and relationships, promoting a positive self image, negotiation skills, problem solving, critical thinking and decision making.

This has been one of the most challenging years at Newpin and one where we have been seeing the affects of COVID19 on mothers who gave birth during that period. The loneliness', fear and isolation has had a great impact on their mental health. Depression and anxiety have gone undiagnosed and led in some cases to social services intervention and the risk of losing their child/children.

This has weighed heavily on Newpin staff and compounded with the challenge of securing funding, has been a struggle for all of us.

We have also almost finished a pilot scheme for a 'Dad's project' which has been very successful. We have been doing this programme on Saturday morning to encourage more dads to attend and who may not be able to attend during the week due to work commitments.

Newpin was also able to secure funding for the older children (10-15 yr. olds) and were able to introduce Drum Therapy and Art Therapy which eased the awkwardness of group or face to face counselling for this age group. This was so successful that we also secured funding for the mums and was greatly welcomed Particularly by mums from other nationalities who, although had good English, found it difficult to communicate how they were 'feeling inside'. They have All produced some beautiful art works which we are hoping to put on show in an exhibition about the impact of maternal mental health.

We would like to take this opportunity to thank all our volunteers who have been there every day and most weekends to help us in delivering programmes. We would be lost without these selfless individuals who really do care about the community they live in.

Financial review

The net incoming resources for the year was £7,212 (2022 - net incoming resources £88,100).

The trustees aim to have a cash reserve covering at least 3 months expenditure at any given time. The full results are set out in the accounts which form part of this report.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) (continued)

YEAR ENDED 31 MARCH 2023

Plans for future periods

We have seen an increase in referrals from various organisations for mums and their children from countries who are involved in conflict and have found themselves living here and trying to cope with trauma.

We are in the process of developing a programme to help these mums using Art Therapy and also a hands-on parenting programme. We hope to have this up and running mid-summer.

The directors and management committee will continue to govern the company in line with the constitution to achieve the objectives noted above.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 27 March 2024 and signed on behalf of the board of trustees by:

J.mccready
27/03/2024 16:06:45

J.McCready

Ms J McCready
Trustee

J Taylor
27/03/2024 15:09:12

J Taylor

Ms J Taylor
Trustee

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NORTHERN IRELAND NEWPIN

YEAR ENDED 31 MARCH 2023

I report to the trustees on my examination of the financial statements of Northern Ireland Newpin ('the charity') for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of Charities Act (Northern Ireland) 2008 (the '2008 Act') and the Companies Act 2006 ('the 2006 Act'). You are satisfied that the accounts of the company are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements as carried out under section 65 of the 2008 Act. In carrying out my examination I have followed the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the 2008 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with my examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.



Mr K McCauley

**CLAREMOUNT
Chartered Accountants
43 Clarendon Street
Derry
BT48 7ER**

27 March 2024

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2023

			2023		2022
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	—	210,706	210,706	274,683
Total income		—	210,706	210,706	274,683
Expenditure					
Expenditure on charitable activities	6,7	—	203,494	203,494	186,583
Total expenditure		—	203,494	203,494	186,583
Net income and net movement in funds		—	7,212	7,212	88,100
Reconciliation of funds					
Total funds brought forward		23,258	197,820	221,078	132,978
Total funds carried forward		23,258	205,032	228,290	221,078

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 8 to 16 form part of these financial statements.

**NORTHERN IRELAND NEWPIN
COMPANY LIMITED BY GUARANTEE
STATEMENT OF FINANCIAL POSITION
31 MARCH 2023**

	Note	2023 £	2022 £
Current assets			
Debtors	12	3,591	3,010
Cash at bank and in hand		<u>228,769</u>	<u>224,763</u>
		232,360	227,773
Creditors: amounts falling due within one year	13	<u>4,070</u>	<u>6,695</u>
Net current assets		<u>228,290</u>	<u>221,078</u>
Total assets less current liabilities		<u>228,290</u>	<u>221,078</u>
Net assets		<u><u>228,290</u></u>	<u><u>221,078</u></u>
Funds of the charity			
Restricted funds		205,032	197,820
Unrestricted funds		<u>23,258</u>	<u>23,258</u>
Total charity funds	14	<u><u>228,290</u></u>	<u><u>221,078</u></u>

For the year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 27 March 2024, and are signed on behalf of the board by:

J.mccready
27/03/2024 16:06:45

J. McCready

**Ms J McCready
Trustee**

J Taylor
27/03/2024 15:09:12

J Taylor

**Ms J Taylor
Trustee**

The notes on pages 8 to 16 form part of these financial statements.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in Northern Ireland and a registered charity in Northern Ireland. The address of the registered office is 18-19 Jasmine Court, Waterside, Derry ~ Londonderry, BT472DZ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2023

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Freehold property	-	10% straight line
Plant and machinery	-	10% straight line
Fixtures and fittings	-	20% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2023

3. Accounting policies *(continued)*

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Limited by guarantee

The company is limited by guarantee and, therefore, there is no issued share capital.

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2023

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grants			
Western Health & Social Care Trust	—	96,598	96,598
Clear Projects	—	6,516	6,516
Unite Ireland	—	250	250
Children in Need	—	24,717	24,717
Awards for All	—	9,975	9,975
Community Foundation	—	21,000	21,000
Henry Smith Charity	—	20,700	20,700
PHA Funding	—	3,076	3,076
Halifax Foundation	—	5,374	5,374
Trust House Charity	—	22,500	22,500
	—	<u>210,706</u>	<u>210,706</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grants			
Western Health & Social Care Trust	—	94,686	94,686
Clear Projects	—	4,980	4,980
Mercy Trust	—	3,000	3,000
Derry City & Strabane DC	—	3,934	3,934
Children in Need	—	37,064	37,064
Community Foundation	—	20,000	20,000
SSE Renewables – Slieve Kirk	—	2,000	2,000
Henry Smith Charity	—	45,050	45,050
John Moores	—	2,710	2,710
DOH	—	30,000	30,000
Community Fund	—	4,920	4,920
Rural Community Network	—	3,839	3,839
Trust House Charity	—	22,500	22,500
	—	<u>274,683</u>	<u>274,683</u>

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2023

6. Expenditure on charitable activities by fund type

	Restricted Funds	Total Funds 2023	Restricted Funds	Total Funds 2022
	£	£	£	£
Rent, Rates & Water	572	572	424	424
Light & Heat	5,456	5,456	2,608	2,608
Insurance	1,553	1,553	1,292	1,292
Repairs & Maintenance	3,298	3,298	9,880	9,880
Wages/Salaries	103,120	103,120	106,963	106,963
Staff Training	525	525	342	342
Staff Travel	62	62	137	137
Hire Costs	1,296	1,296	977	977
Telephone	2,224	2,224	776	776
Centre Projects & Events	4,047	4,047	3,348	3,348
Printing, Postage & Stationery	557	557	952	952
Volunteer Expenses	5,290	5,290	5,380	5,380
Facilitator Fees	65,083	65,083	46,541	46,541
Laundry & Cleaning	5,358	5,358	2,853	2,853
Accountancy Fees	2,160	2,160	2,424	2,424
Bank Charges	195	195	206	206
Membership Fees	726	726	622	622
Sundry	1,972	1,972	858	858
	<u>203,494</u>	<u>203,494</u>	<u>186,583</u>	<u>186,583</u>

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

7. Expenditure on charitable activities by activity type

	CORE	Support costs	Total funds
	£	£	2023
			£
Rent, Rates & Water	572	—	572
Light & heat	5,456	—	5,456
Insurance	1,553	—	1,553
Repairs & maintenance	3,298	—	3,298
Wages/salaries	103,120	—	103,120
Staff Training	525	—	525
Staff Travel	62	—	62
Hire Costs	1,296	—	1,296
Telephone	2,224	—	2,224
Centre Projects and Events	4,047	—	4,047
Printing, Postage and stationery	557	—	557
Volunteer expenses	5,290	—	5,290
Facilitator Fees	65,083	—	65,083
Laundry & cleaning	5,358	—	5,358
Sundry	1,972	—	1,972
Accountancy Fees	2,160	—	2,160
Bank charges	195	—	195
Membership Fees	726	—	726
	<u>203,494</u>	<u>—</u>	<u>203,494</u>

	CORE	Support costs	Total funds
	£	£	2022
			£
Rent, Rates & Water	424	—	424
Light & heat	2,608	—	2,608
Insurance	1,292	—	1,292
Repairs & maintenance	9,880	—	9,880
Wages/salaries	106,963	—	106,963
Staff Training	342	—	342
Staff Travel	137	—	137
Hire Costs	977	—	977
Telephone	776	—	776
Centre Projects and Events	3,348	—	3,348
Printing, Postage and stationery	952	—	952
Volunteer expenses	5,380	—	5,380
Facilitator Fees	46,541	—	46,541
Laundry & cleaning	2,853	—	2,853
Sundry	858	—	858
Accountancy Fees	2,424	—	2,424
Bank charges	206	—	206
Membership Fees	622	—	622
	<u>186,583</u>	<u>—</u>	<u>186,583</u>

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2023

8. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023	2022
	£	£
Wages and salaries	<u>103,120</u>	<u>106,963</u>

The average head count of employees during the year was 5 (2022: 5).

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

9. Independent examination fees

	2023	2022
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	2,280	2,160

10. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

11. Tangible fixed assets

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Total £
Cost				
At 1 April 2022	162,260	10,108	3,126	175,494
Additions	—	—	—	—
At 31 March 2023	<u>162,260</u>	<u>10,108</u>	<u>3,126</u>	<u>175,494</u>
Depreciation				
At 1 April 2022	162,260	10,108	3,123	175,491
Charge for the year	—	—	—	—
At 31 March 2023	<u>162,260</u>	<u>10,108</u>	<u>3,123</u>	<u>175,491</u>
Carrying amount				
At 31 March 2023	—	—	—	—
At 31 March 2022	—	—	—	—

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2023

12. Debtors

	2023	2022
	£	£
Trade debtors	3,591	3,010

13. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	–	2,268
Social security and other taxes	1,804	2,161
Other creditors	2,266	2,266
	<u>4,070</u>	<u>6,695</u>

14. Analysis of charitable funds

	At 1 April 2022	Income	Expenditure	At 31 March 2023
	£	£	£	£
Unrestricted funds	<u>23,258</u>	–	–	<u>23,258</u>
	At 1 April 2022	Income	Expenditure	At 31 March 2023
	£	£	£	£
Restricted funds	<u>197,820</u>	<u>210,706</u>	<u>(203,494)</u>	<u>205,032</u>

Northern Ireland Newpin

Northern Ireland - Charity number 105131

Annual report

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Structure, governance and management.

The Charity is a 'not-for-profit' organisation, is limited by guarantee and has no share capital. The company is governed and managed by the board of directors and management committee. The directors who served the Charity throughout the year are shown below. The registered office and details of other professional advisors are listed on page 1.

The board of directors carry out their governance role throughout the year by way of meetings on a regular basis to review the performance of the Charity and to make decisions regarding the Charity's financial and operational matters. The directors govern the activities of the company in line with the objectives set out in the governing documents of the charity, namely the Memorandum and Articles of Association and the charity's constitution.

Objectives and activities

The objects of the charity during the year were to enable isolated families to cope emotionally with the stresses of parenting and to make lasting changes in their lives and relationships with their children.

The core work of Newpin and the process is about developing strengths in people, not focusing on problems. Newpin achieves its objectives by:

- Raising the self-esteem of parents who are suffering from depression and isolation.
- Encouraging within each individual an awareness of their own value as a person, a parent and a fulfilled member of the community.
- Nurturing positive, loving, and supportive parenting.
- Helping to provide the opportunity for the children to develop emotionally, physically, and psychologically at their own pace in a secure and caring environment.
- Ending repeat effects of destructive family relationships.
- Preventing the hurting (emotional and physical) of children.
- Enabling mothers to come to terms with their past and prevent trans-generational trauma.

During the year, the following attendances were recorded at Newpin:

Adults	2191
Children under 5	1,531
Children over 5	1,036

There were in total 79 mothers referred or self-referred to Newpin during the period with their 112 children. Newpin offers a weekly therapeutic group session, and 449 individual adult counselling sessions were carried out during the period and 160 child psychotherapy sessions.

Achievements and performance

Newpin works on a cross-community and multi-cultural basis, supporting families where there has been stress due to a combination of challenges including poverty, domestic violence, addictions, trans-generational trauma, inadequate housing, mental health difficulties.

Our objectives are:

- Build resilience and the ability to navigate during periods of difficulty, drawing on psychological, social, cultural, and physical resources, which will support the person's wellbeing, thriving and daily functioning.
- To provide a safe and supportive environment for vulnerable parents/children where learning, confidence building, and safe reflection can take place to enable participants to be more proactive in taking care of their own feelings and promote self-efficiency.
- To improve life skills such as building up self-esteem, managing emotions and relationships, promoting a positive self-image, negotiation skills, problem solving, critical thinking and decision making.

**NORTHERN IRELAND NEWPIN
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2022**

This has been one of the most challenging years at Newpin and one where we have been seeing the affects of COVID19 on mothers who gave birth during that period. The loneliness, fear and isolation has had a great impact on their mental health. Depression and anxiety have gone undiagnosed and led in some cases to social services intervention and the risk of losing their child/children.

This has weighed heavily on Newpin staff and compounded with the challenge of securing funding, has been a struggle for all of us.

We have also almost finished a pilot scheme for a 'Dad's project' which has been very successful. We have been doing this programme on Saturday morning to encourage more dads to attend and who may not be able to attend during the week due to work commitments.

Newpin was also able to secure funding for the older children (10-15 yr. olds) and were able to introduce Drum Therapy and Art Therapy which eased the awkwardness of group or face to face counselling for this age group. This was so successful that we also secured funding for the mums and was greatly welcomed Particularly by mums from other nationalities who, although had good English, found it difficult to communicate how they were 'feeling inside'. They have All produced some beautiful art works which we are hoping to put on show in an exhibition about the impact of maternal mental health. We would like to take this opportunity to thank all our volunteers who have been there every day and most weekends to help us in delivering programmes. We would be lost without these selfless individuals who really do care about the community they live in.

Plans for future periods

We have seen an increase in referrals from various organisations for mums and their children from countries who are involved in conflict and have found themselves living here and trying to cope with trauma.

We are in the process of developing a programme to help these mums using Art Therapy and also a hands-on parenting programme. We hope to have this up and running mid-summer.

The directors and management committee will continue to govern the company in line with the constitution to achieve the objectives noted above.

Northern Ireland Newpin

Northern Ireland - Charity number 105131

Annual return

NORTHERN IRELAND NEWPIN

COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NORTHERN IRELAND NEWPIN

YEAR ENDED 31 MARCH 2023

I report to the trustees on my examination of the financial statements of Northern Ireland Newpin ('the charity') for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of Charities Act (Northern Ireland) 2008 (the '2008 Act') and the Companies Act 2006 ('the 2006 Act'). You are satisfied that the accounts of the company are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements as carried out under section 65 of the 2008 Act. In carrying out my examination I have followed the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the 2008 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with my examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.



Mr K McCauley

**CLAREMOUNT
Chartered Accountants
43 Clarendon Street
Derry
BT48 7ER**

27 March 2024