

Route to Health and Fitness

Northern Ireland · Charity number 105013

Details

Status Removed

Registered 2016-03-23

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

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Activities

Purposes: The purposes of the association are to promote the health and wellbeing of the inhabitants of Ballymoney and surrounding environments with people aged 50+ with conditions such as asthma, obesity, depression, those with cardiac and lung conditions without the distinction of sexual orientation, race, political opinion, gender, religious or other opinions. The association is to provide educational facilities on health and fitness, offer support, signposting to other agencies for advice and information. Not only that, but to work in partnership with local authorities and the said inhabitants, voluntary and other organisations in a common effort to advance education. Presently working alongside the Cedar Foundation and with day opportunities to help the confidence and self esteem learning about their health and providing workshops in learning about the gym equipment in a safe manner. To provide the facilities in the interest of social welfare for all the community, for the elderly, one parent families, people with disabilities and relief of those in need. For said inhabitants to enhance these facilities in the interest of social welfare to include recreation and leisure time occupation with the object of improving conditions for life.

What the charity does: The advancement of health or the saving of lives

How the charity works: Disability, Education/training, Sport/recreation

Who the charity helps: Learning disabilities, Mental health, Older people, Physical disabilities, Unemployed/low income

Finances

Period end	Income	Expenditure	Assets	Employees
2018-08-31	£22,365	£27,769	£0	1