

Causeway Rural & Urban Network

Northern Ireland · Charity number 104883

Details

Status	Received
Company number	56878
Registered	2016-04-01
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	1-5 Brook Street Coleraine County Londonderry BT52 1pw BT52 1PW
Phone	028 7034 4934
Email	info@crun.org
Website	www.crun.org

Activities

Purposes: The advancement of community development in Northern Ireland (the “area of benefit”) and in particular the promotion of the community and voluntary sector for the benefit by providing services, training, support, information, facilities and amenities to community and voluntary groups and encouraging and assisting such groups and organisations to co-operate to achieve their aims. (1) To develop the capacity and skill of residents of communities in the area of benefit that suffer social and economic disadvantage, in such a way that they are better able to identify, and help meet, their needs and participate more fully in society. (2) The advancement of health and well-being. (3) To promote good community relations, religious and racial harmony and equality and diversity. (4) To promote such other charitable purposes as may from time to time be determined.

What the charity does: The prevention or relief of poverty, The advancement of education, The advancement of health or the saving of lives, The advancement of citizenship or community development, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Community development, Youth development

Who the charity helps: Voluntary and community sector, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£333,793	£410,954	£-15,339	8

Trustees

Name	Role	Appointed
Miss Dorothy Moore		
Mr Albert Clyde		
Mr Evan Reid		
Mr Patrick Crothers		
Mrs Angela Welch		
Mrs Indhu Jairath		
Ms Stephanie Quigley		
Rev Robert Ritchie		
Tony Mcgonigle		

Accounts

COMPANY REGISTRATION NUMBER: NI056878
CHARITY REGISTRATION NUMBER: NIC104883

**Causeway Rural & Urban Network
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2025**

DONALDSON & THOMPSON

Chartered Accountants
3 Limavady Road
Londonderry
BT47 6JU

Causeway Rural & Urban Network

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2025

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Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered charity name Causeway Rural & Urban Network

Charity registration number NIC104883

Company registration number NI056878

Principal office and registered office 1 Brook Street
Coleraine
BT52 1PW

The trustees

Thomas Anthony McGonigle
Robert Ritchie
Angela Welch
Albert Clyde
Indu Jairath
Dorothy Moore
Anthony McGarvey (Retired 24 June 2025)
Patrick Crothers
Stephanie Quigley (Appointed 1 April 2025)
Evan Reid (Appointed 1 April 2025)

Network Manager Ann McNickle

Company secretary Robert Ritchie

Independent examiner Donaldson & Thompson Chartered Accountants
3 Limavady Road
Londonderry
BT47 6JU

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 17th October 2005, accepted as a charity by HM Revenue & Customs under reference number XR44321 and registered with the Charity Commission for Northern Ireland on 1st April 2016 under charity number NIC104883. The company was established under a Memorandum of Association which states the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Objectives and activities

The charitable purpose of the company is: The advancement of community development in Northern Ireland (the "area of benefit") and in particular the promotion of the community and voluntary sector for the benefit by providing services, training, support, information, facilities and amenities to community and voluntary groups and encouraging and assisting such groups and organisations to co-operate to achieve their aims.

- (1) To develop the capacity and skill of residents of communities in the area of benefit that suffer social and economic disadvantage, in such a way that they are better able to identify, and help meet their needs and participate more fully in society.
- (2) The advancement of health and well-being.
- (3) To promote good community relations, religious and racial harmony and equality and diversity.
- (4) To promote such other charitable purposes as may from time to time be determined.

CRUN was established in September 1999 as a network of local community and voluntary groups with the aim of enabling regeneration and encouraging sustainability in local communities through community development processes. The network has worked tirelessly since it was established and currently has a database of over 240 organisations with more coming forward every year. Many changes have taken place over the years and CRUN currently implements a range of training and mentoring programmes in Community Development, Good Relations, Substance Misuse Education and Prevention and Positive Mental Health and encourages an ethos of collaborative working and sustainability to all of its members. Programmes and projects are delivered based on evidence and identified need within the Causeway Coast and Glen's area.

The charity's trustees have had regard to the Charity Commission for Northern Ireland's guidance on public benefit.

Achievements and performance

CRUN has maintained a level of funded projects to enable the organisation to continue to support the community within the Causeway area. We have adapted our way of working, since the global pandemic and now have a hybrid way of connecting and also engaging with individuals and community groups in the area. However, more groups and participants are wanting to return to 'in person' events.

The continued support from the Department of Communities has enabled CRUN to retain its core staff to oversee the current projects, as listed below, and apply for further funding to 'Empower People Develop Communities Enable Change'

During 2024/25 the projects have adapted and continued to excel within the communities that they support. During the last 12 months the Youth Empowerment And Resilience (YEAR) Project has finished this had been funded by the National Lottery since 2013.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

The YEAR Project, funded by National Lottery Community Fund has been funded since 1 April 2013 and has offered a range of activities. A summary of the key activities that have been undertaken with the young people are:

New young people have been signing up since September 2023, all young people experiencing low self esteem and confidence, anxiety, isolation and loneliness. All young people now coming are also dealing with autism and/or ADHD and/or other learning difficulties such as dyslexia, dyspraxia, dyscalculia, however overall contact positive and regular for most young people.

- Youth Led Group Activities
 - Non screen gaming spaces as some of the young people had reported wanting to get off screens - this created space for group chats and space to get to know each other and the staff and volunteer. Character design and campaigns - this built personal development, confidence and teamwork
 - Creative Spaces
 - Talks on blacksmithing, herbal remedies, the Now Group and a new youth project starting soon (Brian from CAN), Vinyl cutting and t-shirt printing, 3d model printing and painting
 - Young People, Housing and Hidden Homelessness Interactive Training Events
 - Study Spaces to support young people with journalling, budgeting, CV building and job/training course searches
- Unaccredited Training
 - Herbal remedies, mixed media art and design, glass art and copper foiling
- One to one support
 - As and when requested by young people, most support given through group work sessions 2-3hrs, 4-7 sessions per week.
- FareShare Project
 - In response to an identified need of service users we have continued the FareShare Project in place with a focus on reducing food waste to remove stigma of young people using a food bank. FareShare supports approximately 15-30 people per week.
- Partnerships & Community activities
 - Supporting loneliness and isolation research carried out by Noel Wilson through network through University of Ulster, assisted Noel with presentations throughout the Young People Housing and Hidden Homelessness Interactive Training sessions.
 - To support lifestyle, social and economic independence and inclusion for young people liaising with
 - Links Counselling
 - Jobs & Benefits
 - NRC
 - University of Ulster
 - N.I. Anti-Poverty Network

Referrals and Signposting - Links Counselling, BRAKE, Triangle Housing, Jobs & Benefits, NRC
Throughout the project cycle over 150 people have had direct contact with YEAR

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

The FareShare scheme has continued to be a great asset to many young people and their support networks. The scheme has allowed YEAR to support young people and their families during the cost-of-living crisis. Everything from weekly food packages to ensuring young families had enough over Christmas to be able to afford heat, electricity, presents for children and food instead of having to choose between presents and food. Parents of young people are supported through the FareShare scheme which decreases the amount of stress in the family home making home life more manageable for both the young people and their support networks. The pop in facility in Room One also provides a safe space for young people to call in to when they just feel the need to have a bit of their own space.

The Brake Project has worked directly with 19 young people since 1 April 2021. We have been able to offer a variety of support to the participants who are engaging including; small group training sessions, 1:1 training sessions, group activity sessions and fortnightly 1:1 goal setting / review sessions.

Group Training Sessions - Groups sessions have offered the participants an opportunity to interact with peers and to develop their skills and qualifications

1:1 Training sessions - 1:1 sessions have been provided to participants who feel unable to engage in group sessions.

Group Activity Sessions - This quarter group activity sessions have included weekly gym sessions, cookery and community project development.

Team Building Activity - We have offered a range of team building activities this quarter which have included The Chocolate Factory and the Cinema.

1:1 Support Sessions - These sessions are completed on a fortnightly basis and take place in local coffee shops, walks on the beach.

A new funded BRAKE project stated on 1 Jan 25 and will run for 12 months, they will engage 15 young people and already have these recruited.

The Fresh Start programme funded through Department for Communities 66 women regularly attending across three sites, Ballysally, Killowen and Central Coleraine. All women are recruited from areas of high deprivation and there is evidence of paramilitary behaviour or community tension. All three areas have low numbers of women in community leadership roles.

All the women in the group have linked their volunteering projects to social action. In Ballysally it is about the reduction of household debt and increasing the skills base of their membership through organising community events where food poverty is at the fore of the agenda. Volunteers in the group organised two successful Christmas and Easter Events with 400 people attending. Volunteers from the group prepared and served refreshments, dressed up as Mrs Santa and Elves, organised fundraising stalls including a Tombola and Raffle and conducted the event risk assessments, liaised with suppliers and facilitators of events and the local council for the necessary permissions to hold the event.

Killowen have focused on the environment and green health, as in their area, few houses have gardens as they are laid out in terraces. Women have been volunteering in their community garden and are also organising social and leisure activities for local pensioners including Bingo and a Beetle Drive. This has involved risk assessments, collecting prizes, advertising the events and organising

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

and volunteering at the events. This has built confidence in the group's ability to continue and sustain the progress they have developed so far.

The Coleraine Group have been honing their crafting skills, organised and delivered workshops to members of the community to build up their facilitation and leadership skills. The group completed risk assessments, organised refreshments, advertised the sessions and organised and delivered them. They will continue to build on the work they have delivered to date.

Community capacity building has been built on the women completing a series of tasks including achieving first aid and food hygiene certificates, learning how to organise an event, completing all of the safety protocols and advertising the event which then involves social media and digital skills. This type of action-based learning has resulted in a real level of confidence having been developed and skills embedded in the local community.

Good Relations Workshops took place with all three groups with a focus on heritage and how impacts in the 20th Century continue to impact us today. We examined the history of Coleraine in terms of its formation as part of the plantation and how it has been impacted geographically as it straddles east and west of the River Bann. We organised two study visits to Crumlin Road Gaol and the Titanic Centre in Belfast and organised heritage walks with local volunteers to study the history and development of the town. Programme participants also looked at their own history including how the decade of centenaries impact their own families.

Money matters workshops were a key element of the programme as vulnerability to debt can leave women and families vulnerable to moneylenders and debt collection. We examined the connection between emotional state and impulsive financial behaviours and learned how to budget for household expenses and seasonal activities like Christmas.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

In August 23 we started the HELP Project which is funded by the National Lottery Community Fund, with initial project set up - conceptual meetings, establishing referral partners and referral pathways, forward planning/consultations, advertising/branding. Programmes were open for referrals in late September and classes were rolled out from October 2023. In 2024 to 2025 we have continued to develop the programme, beneficiaries and local relationships. We have developed a programme of activities including yoga, chair exercise, creative writing, crafting, painting, textile art, social choir, knitting and crochet. We also delivered goal setting, life coaching, pain management, and personal development programmes. We had a programme of walks which we are further developing in year three. Our condition management programme included alternative therapies, nutrition, nature and well-being, mindfulness, sleep hygiene and breath workshops.

Each quarter we developed and delivered a new and varied programme with more emphasis on building social connection, increasing skills and building social esteem. We started a social choir as this is a great outlet for expressing emotion and creating fellowship. We have also organised more social activities including walks and small social occasions.

During this time personal plans were formulated with engaging participants and tailored opportunities identified to provide support on their wellness journey. Signposting was also offered to those who needed guidance outside of the HELP programme.

Staff continued to develop wellness plans with the engaging participants both individually as well as in a group setting.

Community Wellbeing Ambassadors have been able to use their experience to shape the path of the programmes. They have drawn on personal experience, having been in a similar position themselves. Their knowledge of - the barriers to engage has been beneficial in attracting and retaining a good number of participants in Year 1 and Year 2 and we will continue to develop this in Year 3.

Steering Group - the Steering Group are heavily involved and feed in what gaps in service they see when trying to place patients into relevant supports within a community setting. There are plans in Year 3 is to build on the service we have been offering in Bushmills and to expand to other areas.

Participants who have engaged with the programme are encouraged to feedback and their one to ones at the achievement of each milestone. This year we are adding further nutrition and wellness element to our programme including guest speakers who will focus on pain management, sleep, neuro plasticity, life coaching and goal setting.

A total of 141 beneficiaries have taken part in the project to date.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Suicide Prevention/Mental Health Community Development Support small grants provided much needed support to 10 community organisations/groups and helped over 200 beneficiaries and numerous volunteers. Some of the activities included in the grant applications have been for people and communities to connect and socialise again in a safe environment. The Community based Suicide Prevention Development Officer's (SPDO) is a joint community resource between CRUN and NACN with the aim of protecting and improving mental health and wellbeing whilst reducing health inequalities. Suicide prevention is a key priority of the CRUN/NACN SPDO which requires action across many sectors including working across early years, education, health, schools, communities, sports clubs and churches.

CRUN has also individually worked with many groups offering advice and support on Capacity Building, Partnership Working, Grants Applications, Financial Good practice, Mentoring Support, Charity Commission Applications & Risk Assessment Procedures, which was made more difficult during the pandemic. Fourteen community groups have availed of annual accounts preparation and independent examination as required by the Charity Commission.

Financial review

The results for the year are contained in the financial statements from page 8. The Network has continued to receive funding from various government agencies and funders to support the varied work that they undertake. This has been received through various tender and grants processes. The reserves of the organisations have reduced during the year but will be increased again during 2025/26. This is due to 3 new funding streams starting in the early part of the financial year, thus ensuring that the Company can meet its legal redundancy requirements.

Plans for future periods

The trustees will continue to build on what Causeway Rural & Urban Network has established over its 30 years and maintain its core values and objectives to ensure the continued development within the communities of the Causeway area and beyond. They will review the current strategic and operational plans over the coming 12 months.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Causeway Rural & Urban Network

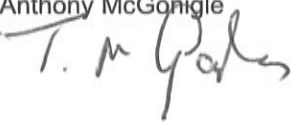
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

The trustees' annual report was approved on 7 October 2025 and signed on behalf of the board of trustees by:

Thomas Anthony McGonigle
Trustee



Robert Ritchie
Trustee



Causeway Rural & Urban Network

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network

Year ended 31 March 2025

I report on the financial statements for the year ended 31 March 2025, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Causeway Rural & Urban Network

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network *(continued)*

Year ended 31 March 2025

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of 'named body' which is one of the listed bodies.



Donaldson & Thompson
Chartered Accountants
Independent Examiner

3 Limavady Road
Londonderry
BT47 6JU

7 October 2025

Causeway Rural & Urban Network
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

Year ended 31 March 2025

			2025		2024
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Charitable activities	5	236,003	97,786	333,789	473,089
Investment income	6	4	—	4	2
Total income		<u>236,007</u>	<u>97,786</u>	<u>333,793</u>	<u>473,091</u>
Expenditure					
Expenditure on charitable activities	7,8	<u>277,464</u>	<u>133,490</u>	<u>410,954</u>	<u>436,288</u>
Total expenditure		<u>277,464</u>	<u>133,490</u>	<u>410,954</u>	<u>436,288</u>
Net (expenditure)/income and net movement in funds		<u>(41,457)</u>	<u>(35,704)</u>	<u>(77,161)</u>	<u>36,803</u>
Reconciliation of funds					
Total funds brought forward		71,488	101,921	173,409	136,606
Total funds carried forward		<u>30,031</u>	<u>66,217</u>	<u>96,248</u>	<u>173,409</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 14 to 22 form part of these financial statements.

Causeway Rural & Urban Network

Company Limited by Guarantee

Statement of Financial Position

31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible fixed assets	14	4,353	4,581
Current assets			
Debtors	15	58,438	96,459
Cash at bank and in hand		48,796	90,652
		<u>107,234</u>	<u>187,111</u>
Creditors: amounts falling due within one year	16	<u>15,339</u>	<u>18,283</u>
Net current assets		<u>91,895</u>	<u>168,828</u>
Total assets less current liabilities		<u>96,248</u>	<u>173,409</u>
Net assets		<u>96,248</u>	<u>173,409</u>
Funds of the charity			
Restricted funds		66,217	101,921
Unrestricted funds		30,031	71,488
Total charity funds	18	<u>96,248</u>	<u>173,409</u>

For the year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 14 to 22 form part of these financial statements.

Causeway Rural & Urban Network

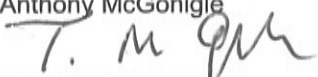
Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2025

These financial statements were approved by the board of trustees and authorised for issue on 7 October 2025, and are signed on behalf of the board by:

Thomas Anthony McGonigle
Trustee



Robert Ritchie
Trustee



Company registration number:

NI056878

The company is a private limited company limited by guarantee, registered in Northern Ireland.

The notes on pages 14 to 22 form part of these financial statements.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in Northern Ireland and a registered charity in Northern Ireland. The address of the registered office is 1 Brook Street, Coleraine, BT52 1PW.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures, fittings & equipment - 20% reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

Causeway Rural & Urban Network is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Grants Receivable-Dfc	73,344	—	73,344
Grants Receivable -Fresh Start	25,535	—	25,535
Grants Receivable-PHA Small Grants	10,717	—	10,717
Grants Receivable-IFI-PYDP	108,299	—	108,299
Grants Receivable- Various Funders	5,800	—	5,800
Grants Receivable-CDH	—	—	—
Income from Charitable activities	2,955	—	2,955
Grants Receivable-The National Lottery Community Fund	—	—	—
Grants Receivable-Healthy Living Centre Alliance Ltd	—	—	—
Grants Receivable-TEO Shared Threads	—	—	—
Grants Receivable-The National Lottery HELP	—	97,786	97,786
Grants Receivable - Oak Housing & Homelessness Innovation & Voice Fund	—	—	—
Grants Receivable-PHA-Menopause Grant	—	—	—
Grants Receivable -Better Days	9,353	—	9,353
	<u>236,003</u>	<u>97,786</u>	<u>333,789</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2025

5. Charitable activities (continued)

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Grants Receivable-Dfc	67,347	—	67,347
Grants Receivable -Fresh Start	67,654	—	67,654
Grants Receivable-PHA Small Grants	10,762	—	10,762
Grants Receivable-IFI-PYDP	87,681	—	87,681
Grants Receivable- Various Funders	2,640	—	2,640
Grants Receivable-CDH	9,600	—	9,600
Income from Charitable activities	3,334	—	3,334
Grants Receivable-The National Lottery Community Fund	—	105,999	105,999
Grants Receivable-Healthy Living Centre Alliance Ltd	5,000	—	5,000
Grants Receivable-TEO Shared Threads	16,165	—	16,165
Grants Receivable-The National Lottery HELP	—	73,483	73,483
Grants Receivable - Oak Housing & Homelessness Innovation & Voice Fund	20,000	—	20,000
Grants Receivable-PHA-Menopause Grant	3,424	—	3,424
Grants Receivable -Better Days	—	—	—
	<u>293,607</u>	<u>179,482</u>	<u>473,089</u>

6. Investment income

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Bank interest receivable	<u>4</u>	<u>4</u>	<u>2</u>	<u>2</u>

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Community projects	216,964	130,855	347,816
Personal Youth Development programme	52,497	—	52,497
Support costs	8,003	2,635	10,641
	<u>277,464</u>	<u>133,490</u>	<u>410,954</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Community projects	235,974	143,891	379,867
Personal Youth Development programme	47,898	—	47,898
Support costs	4,330	4,195	8,523
	<u>288,202</u>	<u>148,086</u>	<u>436,288</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Grant funding of activities £	Support costs £	Total funds 2025 £	Total fund 2024 £
Community projects	345,816	2,000	4,136	351,952	384,053
Personal Youth Development programme	52,497	—	—	52,497	47,898
Governance costs	—	—	6,505	6,505	4,337
	<u>398,313</u>	<u>2,000</u>	<u>10,641</u>	<u>410,954</u>	<u>436,288</u>

9. Analysis of support costs

	Community projects £	Total 2025 £	Total 2024 £
General office	3,913	3,913	3,839
Finance costs	223	223	147
Governance costs	6,505	6,505	4,339
	<u>10,641</u>	<u>10,641</u>	<u>8,325</u>

10. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2025 £	2024 £
Depreciation of tangible fixed assets	<u>923</u>	<u>1,145</u>

11. Independent examination fees

	2025 £	2024 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>560</u>	<u>560</u>

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025 £	2024 £
Wages and salaries	224,731	240,926
Social security costs	17,426	17,522
Employer contributions to pension plans	9,132	11,774
Other employee benefits	1,674	1,562
	<u>252,963</u>	<u>271,784</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

12. Staff costs *(continued)*

The average head count of employees during the year was 7 (2024: 8). The average number of full-time equivalent employees during the year is analysed as follows:

	2025 No.	2024 No.
Number of staff	<u>7</u>	<u>8</u>

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £43,800 (2024:£42,403).

13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

14. Tangible fixed assets

	Fixtures and fittings £	Total £
Cost		
At 1 Apr 2024	21,051	21,051
Additions	<u>695</u>	<u>695</u>
At 31 Mar 2025	<u>21,746</u>	<u>21,746</u>
Depreciation		
At 1 Apr 2024	16,470	16,470
Charge for the year	<u>923</u>	<u>923</u>
At 31 Mar 2025	<u>17,393</u>	<u>17,393</u>
Carrying amount		
At 31 Mar 2025	<u>4,353</u>	<u>4,353</u>
At 31 Mar 2024	<u>4,581</u>	<u>4,581</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

15. Debtors

	2025	2024
	£	£
Prepayments and accrued income	14,378	38,724
Other debtors	44,060	57,735
	<u>58,438</u>	<u>96,459</u>

16. Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals and deferred income	13,902	18,283
Other creditors	1,437	–
	<u>15,339</u>	<u>18,283</u>

17. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £9,132 (2024: £11,774).

18. Analysis of charitable funds

Unrestricted funds

	At 1 Apr 2024	Income	Expenditure	At 31 Mar 2025
	£	£	£	£
General funds	71,488	236,007	(277,464)	30,031

	At 1 Apr 2023	Income	Expenditure	At 31 Mar 2024
	£	£	£	£
General funds	66,081	293,609	(288,202)	71,488

Restricted funds

	At 1 Apr 2024	Income	Expenditure	At 31 Mar 2025
	£	£	£	£
Restricted Funds	101,921	97,786	(133,490)	66,217

	At 1 Apr 2023	Income	Expenditure	At 31 Mar 2024
	£	£	£	£
Restricted Funds	70,525	179,482	(148,086)	101,921

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

19. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Tangible fixed assets	2,442	1,911	4,353
Current assets	39,410	67,824	107,234
Creditors less than 1 year	(11,821)	(3,518)	(15,339)
Net assets	<u>30,031</u>	<u>66,217</u>	<u>96,248</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Tangible fixed assets	2,354	2,227	4,581
Current assets	86,666	100,444	187,110
Creditors less than 1 year	(17,532)	(750)	(18,282)
Net assets	<u>71,488</u>	<u>101,921</u>	<u>173,409</u>

Accounts

COMPANY REGISTRATION NUMBER: NI056878
CHARITY REGISTRATION NUMBER: NIC104883

**Causeway Rural & Urban Network
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2024**

DONALDSON & THOMPSON

Chartered Accountants
3 Limavady Road
Londonderry
BT47 6JU

Causeway Rural & Urban Network

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2024

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Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2024

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

Reference and administrative details

Registered charity name Causeway Rural & Urban Network

Charity registration number NIC104883

Company registration number NI056878

Principal office and registered office 1 Brook Street
Coleraine
BT52 1PW

The trustees

Robert Ritchie
Angela Welch
Albert Clyde
Indu Jairath
Dorothy Moore
Thomas McGonigle
Anthony McGarvey
Patrick Crothers (Appointed 10 September 2023)

Network Manager Ann McNickle

Company secretary Robert Ritchie

Independent examiner Donaldson & Thompson Chartered Accountants
3 Limavady Road
Londonderry
BT47 6JU

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 17th October 2005, accepted as a charity by HM Revenue & Customs under reference number XR44321 and registered with the Charity Commission for Northern Ireland on 1st April 2016 under charity number NIC104883. The company was established under a Memorandum of Association which states the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Objectives and activities

The charitable purpose of the company is: The advancement of community development in Northern Ireland (the "area of benefit") and in particular the promotion of the community and voluntary sector for the benefit by providing services, training, support, information, facilities and amenities to community and voluntary groups and encouraging and assisting such groups and organisations to co-operate to achieve their aims.

- (1) To develop the capacity and skill of residents of communities in the area of benefit that suffer social and economic disadvantage, in such a way that they are better able to identify, and help meet their needs and participate more fully in society.
- (2) The advancement of health and well-being.
- (3) To promote good community relations, religious and racial harmony and equality and diversity.
- (4) To promote such other charitable purposes as may from time to time be determined.

CRUN was established in September 1999 as a network of local community and voluntary groups with the aim of enabling regeneration and encouraging sustainability in local communities through community development processes. The network has worked tirelessly since it was established and currently has a database of over 240 organisations with more coming forward every year. Many changes have taken place over the years and CRUN currently implements a range of training and mentoring programmes in Community Development, Good Relations, Substance Misuse Education and Prevention and Positive Mental Health and encourages an ethos of collaborative working and sustainability to all of its members. Programmes and projects are delivered based on evidence and identified need within the Causeway Coast and Glen's area.

The charity's trustees have had regard to the Charity Commission for Northern Ireland's guidance on public benefit.

Achievements and performance

CRAB has maintained a level of funded projects to enable the organisation to continue to support the community within the Causeway area. We have adapted our way of working, since the global pandemic and now have a hybrid way of connecting and also engaging with individuals and community groups in the area. However, more groups and participants are wanting to return to 'in person' events.

The continued support from the Department of Communities has enabled CRUN to retain its core staff to oversee the current projects, as listed below, and apply for further funding to 'Empower People Develop Communities Enable Change'

During 2023/24 the projects have adapted and continued to excel within the communities that they support.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

The YEAR Project, funded by National Lottery Community Fund has been funded since 1 April 2013 and has offered a range of activities. A summary of the key activities that have been undertaken with the young people are:

New young people have been signing up since September 2023, all young people experiencing low self esteem and confidence, anxiety, isolation and loneliness. All young people now coming are also dealing with autism and/or ADHD and/or other learning difficulties such as dyslexia, dyspraxia, dyscalculia, however overall contact positive and regular for most young people.

- Youth Led Group Activities
 - Gaming spaces - character design and campaigns -this built personal development, confidence and team work.
 - Talks on blacksmithing and herbal remedies
 - Vinyl cutting and t-shirt printing
 - Young People, Housing and Hidden Homelessness Interactive Training Events
 - 3d model printing and painting
 - Budgeting and job searches
- Accredited Training
 - OCN Crafting was completed and signed off Feb 2024
- Unaccredited Training
 - Journalling, CV Development, Job Searches, budgeting, journalling, herbal remedies, mixed media art and design, glass art and copper foiling.
- One to one support
 - As and when requested by young people, most support given through group work sessions 2-3hrs, 4-7 sessions per week.
- FareShare Project
 - In response to an identified need of service users we have continued the FareShare Project in place with a focus on reducing food waste to remove stigma of young people using a food bank. FareShare supports approximately 20-30 people per week.
- Partnerships & Community activities
 - Young People were supported to work with theatre company to design and deliver interactive training sessions for professionals, parents and anybody currently working with young people experiencing barriers to independent living.
 - Supporting loneliness and isolation research carried out by Noel Wilson through network through University of Ulster, assisted Noel with presentations throughout the Young People Housing and Hidden Homelessness Interactive Training sessions.
 - Partnership work with Community Foundation NI on Community Solutions to Housing and Homelessness Programme
 - To support lifestyle, social and economic independence and inclusion for young people liaising with
 - Links Counselling
 - Jobs & Benefits
 - NRC
 - University of Ulster
 - N.I. Anti-Poverty Network

Referrals and Signposting - Links Counselling, BRAKE, Triangle Housing, Jobs & Benefits, NRC

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

The FareShare scheme has continued to be a great asset to many young people and their support networks. The scheme has allowed YEAR to support young people and their families during the cost-of-living crisis. Everything from weekly food packages to ensuring young families had enough over Christmas to be able to afford heat, electricity, presents for children and food instead of having to choose between presents and food. Parents of young people are supported through the FareShare scheme which decreases the amount of stress in the family home making home life more manageable for both the young people and their support networks. The pop in facility in Room One also provides a safe space for young people to call in to when they just feel the need to have a bit of their own space.

The Brake Project has worked directly with 18 young people since 1 April 2021. We have been able to offer a variety of support to the participants who are engaging including; small group training sessions, 1:1 training sessions, group activity sessions and fortnightly 1:1 goal setting / review sessions.

Group Training Sessions - Groups sessions have offered the participants an opportunity to interact with peers and to develop their skills and qualifications

1:1 Training sessions - 1:1 sessions have been provided to participants who feel unable to engage in group sessions.

Group Activity Sessions - This quarter group activity sessions have included weekly gym sessions, cookery and community project development.

Team Building Activity - We have offered a range of team building activities this quarter which have included The Chocolate Factory and the Cinema.

1:1 Support Sessions - These sessions are completed on a fortnightly basis and take place in local coffee shops, walks on the beach.

The Fresh Start programme funded through Department for Communities 63 women regularly attending across three sites, Ballysally, Killowen and Central Coleraine. All women are recruited from areas of high deprivation and there is evidence of paramilitary behaviour or community tension. All three areas have low numbers of women in community leadership roles.

Ballysally Women's Group meet in Ballysally Youth and Community Centre and investment from this programme allows the use of a large social space, kitchen and adjoining hall where parent-led creche is located. Women within this group are invested in the programme in terms of commitment and volunteering time taking turns to shop, cook, plan sessions and contribute to organised events. Women who attend this group are carers for parents and children including adult children with long term conditions, single parents, cohabiting, married and divorced. A high proportion of this group manage their own mental or physical conditions alongside caring for others. Younger members of this group avail of the creche facility provided and we have nine children under the age of four registered.

The group operates in term time and the focus since November has been money management and mental well-being. Members of the group highlighted the stress of the cost-of-living crisis and two

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

child limit for Universal Credit leaving no option but informal money lending and this has been disastrous. As part of the volunteering, leadership and capacity building elements of the programme the group have developed and delivered two successful community events in the community centre. A 'Mrs Claus' Christmas event and a 'Spring Fair'. Everyone was provided with volunteering opportunities and recruited other members of the community to come along and help and over 500 people engaged across the two events. The group undertook a study visit to Belfast Zoo which was very successful and aimed at alleviating holiday poverty in the estate.

We held an information session facilitated by the Northern Ireland Childminders Association going over the detail of how group members could become registered child minders as a potential career. This was hugely informative and was well received.

The Killowen Group has been established since February and have been meeting weekly in the local primary school. They have availed of a programme of mental health, crafting, health eating and talks by local agencies including Surestart and Homestart. For their social action and volunteering project they have taken over a disused community garden in negotiation with the local community association and begun transforming it into a shared space the whole community can enjoy. They have worked hard clearing the site, planning new grown beds, repairing a polytunnel and generally clearing weeds and rubbish. Their aim is to continue their volunteering over the summer to maintain the garden and develop further renovation of the site. The group undertook a study visit to Wild Ireland in Donegal. Suicide Prevention small grants provide much needed support to 11 community organisations/groups and helped over 500 beneficiaries and numerous volunteers providing 1050 volunteer hours for the groups. Some of the activities included in the grant applications have been for people and communities to socialise again in a safe environment. The Community based Suicide Prevention Development Officer's (SPDO) is a joint community resource between CRUN and NACN with the aim of protecting and improving mental health and wellbeing whilst reducing health inequalities. Suicide prevention is a key priority of the CRUN/NACN SPDO which requires action across many sectors including working across early years, education, health, schools, communities, sports clubs and churches.

The Coleraine Group has been meeting since February and has engaged in a range of activities including mental health workshops, Accredited first aid training, money management, crafting, and volunteer development. The group undertook a study visit to the Folk Park and are now developing their volunteering project which they are aiming to bring all of the women in the project together to network.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

The Spring programme continued till July 23 with the social prescriber receiving referrals from GP and Primary Care providers in the legacy Coleraine Borough Council area for support with - social isolation, low level mental health, chronic pain and physical inactivity.

In August 23 we started the HELP Project which is funded by the National Lottery Community Fund, with initial project set up - conceptual meetings, establishing referral partners and referral pathways, forward planning/consultations, advertising/branding. Programmes were open for referrals in late September and classes were rolled out from October 2023. The first quarters activities were: yoga, textile art, learning to paint, coffee & connect, crafting and book club - a total of 34 sessions ran until mid-December these were all facilitated in the CRUN building, Coleraine. During this time personal plans were formulated with engaging participants and tailored opportunities identified to provide support on their wellness journey. Signposting was also offered to those who needed guidance outside of the HELP programme.

In January - March 2024 a further 40 sessions covered: yoga, textile art, wellness, craft (all carried on from the previous quarter) with new additions being chair exercise and pain management (as identified by Steering Group and/or referral partners as provision needed). Staff continued to develop wellness plans with the engaging participants both individually as well as in a group setting. In March - May 2024, the number of individual sessions increased again to 53 with the new sessions delivered being pharmacy support and additional chair exercise classes being held in Ballymoney in the evening - to facilitate a request from Ballymoney Family Practice for a mobility and strength exercise to be held in the town for a group of physiotherapy referred patients living in the area and many of who could only access evening classes due to other commitments.

Additional sessions were available to project participants through wider CRUN projects - (ie Women's Group) and these totalled 46 sessions. The ages of participants referred ranged from: 26 years to 81 years and met the criteria of those who are experiencing marginalisation due to their health and wellbeing. A total of 106 referrals were received with 69 referrals actively engaging with the programme throughout the first year.

A Steering Group was established with representatives from referral agencies covering the medical and community referral pathways. The Steering Group have met once a quarter throughout the first year.

The initial 5 Community Wellbeing Ambassadors have now been established and have attended sessions co-designed to their needs in their new roles. A further 4 beneficiaries are ready to join this network in Year 2 as per our initial plan that anyone wanting to progress after a year can put themselves forward to become an Ambassador. Currently we have had 74 beneficiaries and 5 volunteers.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

Suicide Prevention small grants provide much needed support to 14 community organisations/groups and helped over 300 beneficiaries and numerous volunteers providing 250 volunteer hours for the groups. Some of the activities included in the grant applications have been for people and communities to connect and socialise again in a safe environment. The Community based Suicide Prevention Development Officer's (SPDO) is a joint community resource between CRUN and NACN with the aim of protecting and improving mental health and wellbeing whilst reducing health inequalities. Suicide prevention is a key priority of the CRUN/NACN SPDO which requires action across many sectors including working across early years, education, health, schools, communities, sports clubs and churches.

CRUN has also individually worked with many groups offering advice and support on Capacity Building, Partnership Working, Grants Applications, Financial Good practice, Mentoring Support, Charity Commission Applications & Risk Assessment Procedures, which was made more difficult during the pandemic. Fourteen community groups have availed of annual accounts preparation and independent examination as required by the Charity Commission.

Financial review

The results for the year are contained in the financial statements from page 8. The Network has continued to receive funding from various government agencies and funders to support the varied work that they undertake. This has been received through various tender and grants processes. The reserves of the organisations have been maintained at a constant level to enable it to continue for a short period of time in the event of them being unable to obtain funding, this also ensures that the Company can meet its legal redundancy requirements.

Plans for future periods

Hopefully the pandemic will start to have less of an effect on the population and we will return to a new normal, with groups being able to meet up. The trustees will continue to build on what Causeway Rural & Urban Network has established over its 30 years and maintain its core values and objectives to ensure the continued development within the communities of the Causeway area and beyond.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

The trustees' annual report was approved on 5 November 2024 and signed on behalf of the board of trustees by:



Robert Ritchie
Trustee



Albert Clyde
Trustee

Causeway Rural & Urban Network

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network

Year ended 31 March 2024

I report on the financial statements for the year ended 31 March 2024, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Causeway Rural & Urban Network

Company Limited by Guarantee

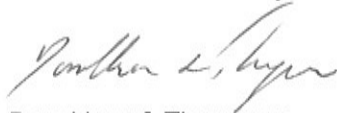
Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network *(continued)*

Year ended 31 March 2024

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of 'named body' which is one of the listed bodies.



Donaldson & Thompson
Chartered Accountants
Independent Examiner

3 Limavady Road
Londonderry
BT47 6JU

5 November 2024

Causeway Rural & Urban Network
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

Year ended 31 March 2024

			2024		2023
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Charitable activities	5	293,607	179,482	473,089	367,432
Investment income	6	2	—	2	5
Total income		<u>293,609</u>	<u>179,482</u>	<u>473,091</u>	<u>367,437</u>
Expenditure					
Expenditure on charitable activities	7,8	<u>288,202</u>	<u>148,086</u>	<u>436,288</u>	<u>413,094</u>
Total expenditure		<u>288,202</u>	<u>148,086</u>	<u>436,288</u>	<u>413,094</u>
Net income/(expenditure) and net movement in funds		<u>5,407</u>	<u>31,396</u>	<u>36,803</u>	<u>(45,657)</u>
Reconciliation of funds					
Total funds brought forward		66,081	70,525	136,606	182,263
Total funds carried forward		<u>71,488</u>	<u>101,921</u>	<u>173,409</u>	<u>136,606</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 14 to 23 form part of these financial statements.

Causeway Rural & Urban Network

Company Limited by Guarantee

Statement of Financial Position

31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	14	4,581	5,726
Current assets			
Debtors	15	96,459	56,639
Cash at bank and in hand		90,652	90,041
		<u>187,111</u>	<u>146,680</u>
Creditors: amounts falling due within one year	16	<u>18,283</u>	<u>15,800</u>
Net current assets		<u>168,828</u>	<u>130,880</u>
Total assets less current liabilities		<u>173,409</u>	<u>136,606</u>
Net assets		<u>173,409</u>	<u>136,606</u>
Funds of the charity			
Restricted funds		101,921	70,525
Unrestricted funds		71,488	66,081
Total charity funds	18	<u>173,409</u>	<u>136,606</u>

For the year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 14 to 23 form part of these financial statements.

Causeway Rural & Urban Network

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2024

These financial statements were approved by the board of trustees and authorised for issue on 5 November 2024, and are signed on behalf of the board by:



Robert Ritchie
Trustee



Albert Clyde
Trustee

Company registration number: NI056878

The company is a private limited company limited by guarantee, registered in Northern Ireland.

The notes on pages 14 to 23 form part of these financial statements.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2024

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in Northern Ireland and a registered charity in Northern Ireland. The address of the registered office is 1 Brook Street, Coleraine, BT52 1PW.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures, fittings & equipment - 20% reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

Causeway Rural & Urban Network is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Grants Receivable-Dfc	67,347	—	67,347
Grants Receivable -Fresh Start	67,654	—	67,654
Grants Receivable-PHA Small Grants	10,762	—	10,762
Grants Receivable:Radius Housing	—	—	—
Grants Receivable-NACCN	—	—	—
Grants Receivable-IFI-PYDP	87,681	—	87,681
Grants Receivable- Various Funders	2,640	—	2,640
Grants Receivable-CDH	9,600	—	9,600
Grants Receivable-BB Health Forum	—	—	—
Income from Charitable activities	3,334	—	3,334
Grants Receivable-The National Lottery Community Fund	—	105,999	105,999
Grants Receivable-TEO Good Relations Step	—	—	—
Grants Receivable-Healthy Living Centre Alliance Ltd	5,000	—	5,000
Grants Receivable-TEO Shared Threads	16,165	—	16,165
Grants Receivable-Northern Healthy Lifestyle Partnership	—	—	—
Grants Receivable-Causeway CYPSP	—	—	—
Grants Receivable-The National Lottery HELP	—	73,483	73,483
Grants Receivable - Oak Housing & Homelessness Innovation & Voice Fund	20,000	—	20,000
Grants Receivable-PHA-Menopause Grant	3,424	—	3,424
	<u>293,607</u>	<u>179,482</u>	<u>473,089</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

5. Charitable activities *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grants Receivable-Dfc	71,737	—	71,737
Grants Receivable -Fresh Start	—	—	—
Grants Receivable-PHA Small Grants	10,894	—	10,894
Grants Receivable:Radius Housing	2,500	—	2,500
Grants Receivable-NACCN	1,575	—	1,575
Grants Receivable-IFI-PYDP	87,151	—	87,151
Grants Receivable- Various Funders	—	—	—
Grants Receivable-CDH	3,000	—	3,000
Grants Receivable-BB Health Forum	29,189	—	29,189
Income from Charitable activities	6,370	—	6,370
Grants Receivable-The National Lottery Community Fund	—	123,583	123,583
Grants Receivable-TEO Good Relations Step	9	—	9
Grants Receivable-Healthy Living Centre Alliance Ltd	—	—	—
Grants Receivable-TEO Shared Threads	27,164	—	27,164
Grants Receivable-Northern Healthy Lifestyle Partnership	3,860	—	3,860
Grants Receivable-Causeway CYPSP	400	—	400
Grants Receivable-The National Lottery HELP	—	—	—
Grants Receivable - Oak Housing & Homelessness Innovation & Voice Fund	—	—	—
Grants Receivable-PHA-Menopause Grant	—	—	—
	<u>243,849</u>	<u>123,583</u>	<u>367,432</u>

6. Investment income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Bank interest receivable	<u>2</u>	<u>2</u>	<u>5</u>	<u>5</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Community projects	235,974	143,891	379,867
Personal Youth Development programme	47,898	—	47,898
Support costs	4,330	4,195	8,523
	<u>288,202</u>	<u>148,086</u>	<u>436,288</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Community projects	254,577	99,435	354,008
Personal Youth Development programme	53,915	—	53,915
Support costs	4,121	1,046	5,171
	<u>312,613</u>	<u>100,481</u>	<u>413,094</u>

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2024 £	Total fund 2023 £
Community projects	379,867	4,186	384,053	355,666
Personal Youth Development programme	47,898	—	47,898	53,915
Governance costs	—	4,337	4,337	3,513
	<u>427,765</u>	<u>8,523</u>	<u>436,288</u>	<u>413,094</u>

9. Analysis of support costs

	Community projects £	Total 2024 £	Total 2023 £
General office	3,839	3,839	1,509
Finance costs	147	147	149
Governance costs	4,339	4,339	3,513
	<u>8,325</u>	<u>8,325</u>	<u>5,171</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

10. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation of tangible fixed assets	<u>1,145</u>	<u>1,431</u>

11. Independent examination fees

	2024	2023
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>560</u>	<u>560</u>

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	240,926	249,774
Social security costs	17,522	19,215
Employer contributions to pension plans	11,774	12,214
Other employee benefits	<u>1,562</u>	<u>1,856</u>
	<u>271,784</u>	<u>283,059</u>

The average head count of employees during the year was 8 (2023: 10). The average number of full-time equivalent employees during the year is analysed as follows:

	2024	2023
	No.	No.
Number of staff	<u>8</u>	<u>10</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £42,403 (2023: £42,178).

13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

14. Tangible fixed assets

	Fixtures and fittings £	Total £
Cost		
At 1 Apr 2023 and 31 Mar 2024	21,051	21,051
Depreciation		
At 1 Apr 2023	15,325	15,325
Charge for the year	1,145	1,145
At 31 Mar 2024	16,470	16,470
Carrying amount		
At 31 Mar 2024	4,581	4,581
At 31 Mar 2023	5,726	5,726

15. Debtors

	2024 £	2023 £
Prepayments and accrued income	38,724	10,797
Other debtors	57,735	45,842
	96,459	56,639

16. Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals and deferred income	18,283	15,800

17. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £11,774 (2023: £12,214).

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

18. Analysis of charitable funds

Unrestricted funds

	At 1 Apr 2023	Income £	Expenditure £	At 31 Mar 2024 £
General funds	66,081	293,609	(288,202)	71,488

	At 1 Apr 2022	Income £	Expenditure £	At 31 Mar 2023 £
General funds	134,840	243,854	(312,613)	66,081

Restricted funds

	At 1 Apr 2023	Income £	Expenditure £	At 31 Mar 2024 £
Restricted Funds	70,525	179,482	(148,086)	101,921

	At 1 Apr 2022	Income £	Expenditure £	At 31 Mar 2023 £
Restricted Funds	47,423	123,583	(100,481)	70,525

19. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	2,354	2,227	4,581
Current assets	86,666	100,444	187,110
Creditors less than 1 year	(17,532)	(750)	(18,282)
Net assets	71,488	101,921	173,409

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	2,942	2,784	5,726
Current assets	77,460	69,220	146,680
Creditors less than 1 year	(14,321)	(1,479)	(15,800)
Net assets	66,081	70,525	136,606

Causeway Rural & Urban Network

Northern Ireland - Charity number 104883

Annual report

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2024

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

Reference and administrative details

Registered charity name Causeway Rural & Urban Network

Charity registration number NIC104883

Company registration number NI056878

Principal office and registered office 1 Brook Street
Coleraine
BT52 1PW

The trustees

Robert Ritchie
Angela Welch
Albert Clyde
Indu Jairath
Dorothy Moore
Thomas McGonigle
Anthony McGarvey
Patrick Crothers (Appointed 10 September 2023)

Network Manager Ann McNickle

Company secretary Robert Ritchie

Independent examiner Donaldson & Thompson Chartered Accountants
3 Limavady Road
Londonderry
BT47 6JU

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 17th October 2005, accepted as a charity by HM Revenue & Customs under reference number XR44321 and registered with the Charity Commission for Northern Ireland on 1st April 2016 under charity number NIC104883. The company was established under a Memorandum of Association which states the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Objectives and activities

The charitable purpose of the company is: The advancement of community development in Northern Ireland (the "area of benefit") and in particular the promotion of the community and voluntary sector for the benefit by providing services, training, support, information, facilities and amenities to community and voluntary groups and encouraging and assisting such groups and organisations to co-operate to achieve their aims.

- (1) To develop the capacity and skill of residents of communities in the area of benefit that suffer social and economic disadvantage, in such a way that they are better able to identify, and help meet their needs and participate more fully in society.
- (2) The advancement of health and well-being.
- (3) To promote good community relations, religious and racial harmony and equality and diversity.
- (4) To promote such other charitable purposes as may from time to time be determined.

CRUN was established in September 1999 as a network of local community and voluntary groups with the aim of enabling regeneration and encouraging sustainability in local communities through community development processes. The network has worked tirelessly since it was established and currently has a database of over 240 organisations with more coming forward every year. Many changes have taken place over the years and CRUN currently implements a range of training and mentoring programmes in Community Development, Good Relations, Substance Misuse Education and Prevention and Positive Mental Health and encourages an ethos of collaborative working and sustainability to all of its members. Programmes and projects are delivered based on evidence and identified need within the Causeway Coast and Glen's area.

The charity's trustees have had regard to the Charity Commission for Northern Ireland's guidance on public benefit.

Achievements and performance

CRAB has maintained a level of funded projects to enable the organisation to continue to support the community within the Causeway area. We have adapted our way of working, since the global pandemic and now have a hybrid way of connecting and also engaging with individuals and community groups in the area. However, more groups and participants are wanting to return to 'in person' events.

The continued support from the Department of Communities has enabled CRUN to retain its core staff to oversee the current projects, as listed below, and apply for further funding to 'Empower People Develop Communities Enable Change'

During 2023/24 the projects have adapted and continued to excel within the communities that they support.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

The YEAR Project, funded by National Lottery Community Fund has been funded since 1 April 2013 and has offered a range of activities. A summary of the key activities that have been undertaken with the young people are:

New young people have been signing up since September 2023, all young people experiencing low self esteem and confidence, anxiety, isolation and loneliness. All young people now coming are also dealing with autism and/or ADHD and/or other learning difficulties such as dyslexia, dyspraxia, dyscalculia, however overall contact positive and regular for most young people.

- Youth Led Group Activities
 - Gaming spaces - character design and campaigns -this built personal development, confidence and team work.
 - Talks on blacksmithing and herbal remedies
 - Vinyl cutting and t-shirt printing
 - Young People, Housing and Hidden Homelessness Interactive Training Events
 - 3d model printing and painting
 - Budgeting and job searches
- Accredited Training
 - OCN Crafting was completed and signed off Feb 2024
- Unaccredited Training
 - Journalling, CV Development, Job Searches, budgeting, journalling, herbal remedies, mixed media art and design, glass art and copper foiling.
- One to one support
 - As and when requested by young people, most support given through group work sessions 2-3hrs, 4-7 sessions per week.
- FareShare Project
 - In response to an identified need of service users we have continued the FareShare Project in place with a focus on reducing food waste to remove stigma of young people using a food bank. FareShare supports approximately 20-30 people per week.
- Partnerships & Community activities
 - Young People were supported to work with theatre company to design and deliver interactive training sessions for professionals, parents and anybody currently working with young people experiencing barriers to independent living.
 - Supporting loneliness and isolation research carried out by Noel Wilson through network through University of Ulster, assisted Noel with presentations throughout the Young People Housing and Hidden Homelessness Interactive Training sessions.
 - Partnership work with Community Foundation NI on Community Solutions to Housing and Homelessness Programme
 - To support lifestyle, social and economic independence and inclusion for young people liaising with
 - Links Counselling
 - Jobs & Benefits
 - NRC
 - University of Ulster
 - N.I. Anti-Poverty Network

Referrals and Signposting - Links Counselling, BRAKE, Triangle Housing, Jobs & Benefits, NRC

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

The FareShare scheme has continued to be a great asset to many young people and their support networks. The scheme has allowed YEAR to support young people and their families during the cost-of-living crisis. Everything from weekly food packages to ensuring young families had enough over Christmas to be able to afford heat, electricity, presents for children and food instead of having to choose between presents and food. Parents of young people are supported through the FareShare scheme which decreases the amount of stress in the family home making home life more manageable for both the young people and their support networks. The pop in facility in Room One also provides a safe space for young people to call in to when they just feel the need to have a bit of their own space.

The Brake Project has worked directly with 18 young people since 1 April 2021. We have been able to offer a variety of support to the participants who are engaging including; small group training sessions, 1:1 training sessions, group activity sessions and fortnightly 1:1 goal setting / review sessions.

Group Training Sessions - Groups sessions have offered the participants an opportunity to interact with peers and to develop their skills and qualifications

1:1 Training sessions - 1:1 sessions have been provided to participants who feel unable to engage in group sessions.

Group Activity Sessions - This quarter group activity sessions have included weekly gym sessions, cookery and community project development.

Team Building Activity - We have offered a range of team building activities this quarter which have included The Chocolate Factory and the Cinema.

1:1 Support Sessions - These sessions are completed on a fortnightly basis and take place in local coffee shops, walks on the beach.

The Fresh Start programme funded through Department for Communities 63 women regularly attending across three sites, Ballysally, Killowen and Central Coleraine. All women are recruited from areas of high deprivation and there is evidence of paramilitary behaviour or community tension. All three areas have low numbers of women in community leadership roles.

Ballysally Women's Group meet in Ballysally Youth and Community Centre and investment from this programme allows the use of a large social space, kitchen and adjoining hall where parent-led creche is located. Women within this group are invested in the programme in terms of commitment and volunteering time taking turns to shop, cook, plan sessions and contribute to organised events. Women who attend this group are carers for parents and children including adult children with long term conditions, single parents, cohabiting, married and divorced. A high proportion of this group manage their own mental or physical conditions alongside caring for others. Younger members of this group avail of the creche facility provided and we have nine children under the age of four registered.

The group operates in term time and the focus since November has been money management and mental well-being. Members of the group highlighted the stress of the cost-of-living crisis and two

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

child limit for Universal Credit leaving no option but informal money lending and this has been disastrous. As part of the volunteering, leadership and capacity building elements of the programme the group have developed and delivered two successful community events in the community centre. A 'Mrs Claus' Christmas event and a 'Spring Fair'. Everyone was provided with volunteering opportunities and recruited other members of the community to come along and help and over 500 people engaged across the two events. The group undertook a study visit to Belfast Zoo which was very successful and aimed at alleviating holiday poverty in the estate.

We held an information session facilitated by the Northern Ireland Childminders Association going over the detail of how group members could become registered child minders as a potential career. This was hugely informative and was well received.

The Killowen Group has been established since February and have been meeting weekly in the local primary school. They have availed of a programme of mental health, crafting, health eating and talks by local agencies including Surestart and Homestart. For their social action and volunteering project they have taken over a disused community garden in negotiation with the local community association and begun transforming it into a shared space the whole community can enjoy. They have worked hard clearing the site, planning new grown beds, repairing a polytunnel and generally clearing weeds and rubbish. Their aim is to continue their volunteering over the summer to maintain the garden and develop further renovation of the site. The group undertook a study visit to Wild Ireland in Donegal. Suicide Prevention small grants provide much needed support to 11 community organisations/groups and helped over 500 beneficiaries and numerous volunteers providing 1050 volunteer hours for the groups. Some of the activities included in the grant applications have been for people and communities to socialise again in a safe environment. The Community based Suicide Prevention Development Officer's (SPDO) is a joint community resource between CRUN and NACN with the aim of protecting and improving mental health and wellbeing whilst reducing health inequalities. Suicide prevention is a key priority of the CRUN/NACN SPDO which requires action across many sectors including working across early years, education, health, schools, communities, sports clubs and churches.

The Coleraine Group has been meeting since February and has engaged in a range of activities including mental health workshops, Accredited first aid training, money management, crafting, and volunteer development. The group undertook a study visit to the Folk Park and are now developing their volunteering project which they are aiming to bring all of the women in the project together to network.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

The Spring programme continued till July 23 with the social prescriber receiving referrals from GP and Primary Care providers in the legacy Coleraine Borough Council area for support with - social isolation, low level mental health, chronic pain and physical inactivity.

In August 23 we started the HELP Project which is funded by the National Lottery Community Fund, with initial project set up - conceptual meetings, establishing referral partners and referral pathways, forward planning/consultations, advertising/branding. Programmes were open for referrals in late September and classes were rolled out from October 2023. The first quarters activities were: yoga, textile art, learning to paint, coffee & connect, crafting and book club - a total of 34 sessions ran until mid-December these were all facilitated in the CRUN building, Coleraine. During this time personal plans were formulated with engaging participants and tailored opportunities identified to provide support on their wellness journey. Signposting was also offered to those who needed guidance outside of the HELP programme.

In January - March 2024 a further 40 sessions covered: yoga, textile art, wellness, craft (all carried on from the previous quarter) with new additions being chair exercise and pain management (as identified by Steering Group and/or referral partners as provision needed). Staff continued to develop wellness plans with the engaging participants both individually as well as in a group setting. In March - May 2024, the number of individual sessions increased again to 53 with the new sessions delivered being pharmacy support and additional chair exercise classes being held in Ballymoney in the evening - to facilitate a request from Ballymoney Family Practice for a mobility and strength exercise to be held in the town for a group of physiotherapy referred patients living in the area and many of who could only access evening classes due to other commitments.

Additional sessions were available to project participants through wider CRUN projects - (ie Women's Group) and these totalled 46 sessions. The ages of participants referred ranged from: 26 years to 81 years and met the criteria of those who are experiencing marginalisation due to their health and wellbeing. A total of 106 referrals were received with 69 referrals actively engaging with the programme throughout the first year.

A Steering Group was established with representatives from referral agencies covering the medical and community referral pathways. The Steering Group have met once a quarter throughout the first year.

The initial 5 Community Wellbeing Ambassadors have now been established and have attended sessions co-designed to their needs in their new roles. A further 4 beneficiaries are ready to join this network in Year 2 as per our initial plan that anyone wanting to progress after a year can put themselves forward to become an Ambassador. Currently we have had 74 beneficiaries and 5 volunteers.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Achievements and performance *(continued)*

Suicide Prevention small grants provide much needed support to 14 community organisations/groups and helped over 300 beneficiaries and numerous volunteers providing 250 volunteer hours for the groups. Some of the activities included in the grant applications have been for people and communities to connect and socialise again in a safe environment. The Community based Suicide Prevention Development Officer's (SPDO) is a joint community resource between CRUN and NACN with the aim of protecting and improving mental health and wellbeing whilst reducing health inequalities. Suicide prevention is a key priority of the CRUN/NACN SPDO which requires action across many sectors including working across early years, education, health, schools, communities, sports clubs and churches.

CRUN has also individually worked with many groups offering advice and support on Capacity Building, Partnership Working, Grants Applications, Financial Good practice, Mentoring Support, Charity Commission Applications & Risk Assessment Procedures, which was made more difficult during the pandemic. Fourteen community groups have availed of annual accounts preparation and independent examination as required by the Charity Commission.

Financial review

The results for the year are contained in the financial statements from page 8. The Network has continued to receive funding from various government agencies and funders to support the varied work that they undertake. This has been received through various tender and grants processes. The reserves of the organisations have been maintained at a constant level to enable it to continue for a short period of time in the event of them being unable to obtain funding, this also ensures that the Company can meet its legal redundancy requirements.

Plans for future periods

Hopefully the pandemic will start to have less of an effect on the population and we will return to a new normal, with groups being able to meet up. The trustees will continue to build on what Causeway Rural & Urban Network has established over its 30 years and maintain its core values and objectives to ensure the continued development within the communities of the Causeway area and beyond.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

The trustees' annual report was approved on 5 November 2024 and signed on behalf of the board of trustees by:



Robert Ritchie
Trustee



Albert Clyde
Trustee

Causeway Rural & Urban Network

Northern Ireland - Charity number 104883

Annual return

Causeway Rural & Urban Network

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network

Year ended 31 March 2024

I report on the financial statements for the year ended 31 March 2024, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Causeway Rural & Urban Network

Company Limited by Guarantee

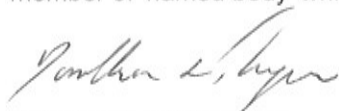
Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network *(continued)*

Year ended 31 March 2024

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of 'named body' which is one of the listed bodies.



Donaldson & Thompson
Chartered Accountants
Independent Examiner

3 Limavady Road
Londonderry
BT47 6JU

5 November 2024

Accounts

COMPANY REGISTRATION NUMBER: NI056878
CHARITY REGISTRATION NUMBER: NIC104883

**Causeway Rural & Urban Network
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2023**

DONALDSON & THOMPSON
Chartered Accountants
3 Limavady Road
Londonderry
BT47 6JU

Causeway Rural & Urban Network

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2023

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Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

Reference and administrative details

Registered charity name Causeway Rural & Urban Network

Charity registration number NIC104883

Company registration number NI056878

Principal office and registered office 1 Brook Street
Coleraine
BT52 1PW

The trustees

Robert Ritchie
Angela Welch
Albert Clyde
Indu Jairath
Dorothy Moore
Thomas McGonigle
Anthony McGarvey
Patrick Crothers (Appointed 10 September 2023)

Network Manager Ann McNickle

Company secretary Robert Ritchie

Independent examiner Donaldson & Thompson Chartered Accountants
3 Limavady Road
Londonderry
BT47 6JU

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 17th October 2005, accepted as a charity by HM Revenue & Customs under reference number XR44321 and registered with the Charity Commission for Northern Ireland on 1st April 2016 under charity number NIC104883. The company was established under a Memorandum of Association which states the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Objectives and activities

The charitable purpose of the company is: The advancement of community development in Northern Ireland (the "area of benefit") and in particular the promotion of the community and voluntary sector for the benefit by providing services, training, support, information, facilities and amenities to community and voluntary groups and encouraging and assisting such groups and organisations to co-operate to achieve their aims.

- (1) To develop the capacity and skill of residents of communities in the area of benefit that suffer social and economic disadvantage, in such a way that they are better able to identify, and help meet, their needs and participate more fully in society.
- (2) The advancement of health and well-being.
- (3) To promote good community relations, religious and racial harmony and equality and diversity.
- (4) To promote such other charitable purposes as may from time to time be determined.

CRUN was established in September 1999 as a network of local community and voluntary groups with the aim of enabling regeneration and encouraging sustainability in local communities through community development processes. The network has worked tirelessly since it was established and currently has a database of over 240 organisations with more coming forward every year. Many changes have taken place over the years and CRUN currently implements a range of training and mentoring programmes in Community Development, Good Relations, Substance Misuse Education and Prevention and Positive Mental Health and encourages an ethos of collaborative working and sustainability to all of its members. Programmes and projects are delivered based on evidence and identified need within the Causeway Coast and Glen's area.

The charity's trustees have had regard to the Charity Commission for Northern Ireland's guidance on public benefit.

Achievements and performance

CRUN has maintained a level of funded projects to enable the organisation to continue to support the community within the Causeway area. We have adapted our way of working, since the global pandemic and now have a hybrid way of connecting and also engaging with individuals and community groups in the area.

The continued support from the Department of Communities has enabled CRUN to retain its core staff to oversee the current projects, as listed below, and apply for further funding to 'Empower People Develop Communities Enable Change'

During 2022/23 the projects have adapted and continued to excel within the communities that they support.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

The YEAR Project, funded by Big Lottery has been funded since 1 April 2013 and has offered a range of different courses both accredited and unaccredited. A summary of the key activities that have been undertaken with the young people are:

Meeting up with young people face to face again. Some young people still struggling with social anxiety, however overall contact positive and regular for most young people.

- Youth Led Group Activities
 - Group walks to explore local area.
 - Mobile escape room (designed and delivered by Young People across Causeway Coast and Glens Area over Hallowe'en)
 - Glamping Residential to reconnect with nature.
 - Sea swimming
 - Empower Youth Conference
 - Accredited Training
 - OCN Crafting, OCN Youth Work, OCN Digital Fabrication
 - Unaccredited Training
 - Sports, CV Development, Job Search, Photography, money matters, cookery and child protection.
 - One to one support
 - Weekly, fortnightly as requested by young people and weekly and monthly group support also offered.
 - FareShare Project
 - in response to an identified need of service users we now have the FareShare Project in place with a focus on reducing food waste to remove stigma of young people using a food bank.
 - Website & Social Media
 - Website being reviewed and updated after input from young people to make it more user friendly. Social Media input youth led with particular reference to sharing jobs and opportunities as well as support organisations.
 - Partnerships & Community activities
 - Supporting loneliness network through research with Young People and staff
 - Partnership work with Community Foundation NI on Community Solutions to Housing and Homelessness Programme
 - Partnership work with Mae Murray Foundation on Friendship and Photography
 - To support lifestyle, social and economic independence and inclusion for young people liaising with
 - Triangle Housing
 - Life Stories
 - PSNI
 - Jobs & Benefits
 - Young people supported to design and deliver a mobile Hallowe'en escape room around CC&G area.
 - Young People supported to deliver a conference 'Empower Youth.'
-

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

- Social Enterprise
 - Suicide Prevention Development Officer (Northern Area Community Network) - young people working on social enterprise helped to design and supply positive slogan tote bags for Suicide Prevention Project
 - NHSCT - young people working with Bronagh from NHSCT to provide bingo boards for care homes.
- Referrals and Signposting - Causeway Volunteer Centre, BRAKE, Triangle Housing, Jobs & Benefits, Disability Action

The FareShare scheme has been a great asset to many young people and their support networks. The FareShare scheme operates out of Room One (the room acquired by YEAR and designed and decorated by our Youth Management Board) some parents/siblings also helped with a bit of the decorating. The FareShare scheme has allowed YEAR to support young people and their families during the cost-of-living crisis. Everything from weekly food packages to ensuring young families had enough over Christmas to be able to afford heat, electricity, presents for children and food instead of having to choose between presents and food. Parents of young people are supported through the FareShare scheme which decreases the amount of stress in the family home making home life more manageable for both the young people and their support networks.

The pop in facility in Room One also provides a safe space for young people to call in to when they just feel the need to have a bit of their own space. The youth team purposefully built the pop in facility and FareShare scheme around each other based on the identified needs of the young people involved with YEAR.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

The Brake Project has worked directly with 18 young people since 1 April 2021. We have been able to offer a variety of support to the participants who are engaging including; small group training sessions, 1:1 training sessions, group activity sessions and fortnightly 1:1 goal setting / review sessions.

Group Training Sessions - Within these sessions we have continued to deliver a range of accredited training programs to the participants including OCN Good Relations Training

1:1 Training sessions - these sessions are beneficial to some of the young people, they enable the team to get a better understanding of the individual needs and how to integrate into a group setting.

Group Activity Sessions - group sessions take place twice weekly and involve team building activities, healthy eating, cookery and building up essential life skills.

1:1 Support Sessions - These sessions have been completed on a fortnightly basis during the past quarter given the complexity of the challenges which these participants are facing. The sessions take place in local coffee shops, walks on the beach / park to provide a more relaxed informal setting. They continue to address goal setting and reviews and also include support regarding finance, work experience feedback, job application support and interview skills

Spring Programme

The Spring programme continued throughout 2022-23 with the social prescriber receiving referrals from GP and Primary Care providers in the legacy Coleraine Borough Council area for support with - social isolation, low level mental health, chronic pain and physical inactivity. The target number of referrals from was 60.

Referrals were very busy with referrals coming from predominately the MDTs now in place in most of the practices throughout the catchment area. CRUN have continued to provide bespoke programmes that have been tailored to the needs of those referred. We have provided workshops on the themes of therapeutic arts, - painting, creative writing, stress management, social cafes, nutrition support and gentle exercise. We have made a conscious effort to get more people back meeting in person, as this helps with social isolation and mental health. We also provided sessions called 'Better Days' which help people dealing with chronic pain.

We continue to help support programmes with funding from a variety of sources - such as the Causeway GP Federation and the Community Development & Health Network.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

Suicide Prevention small grants provide much needed support to 11 community organisations/groups and helped over 500 beneficiaries and numerous volunteers providing 1050 volunteer hours for the groups. Some of the activities included in the grant applications have been for people and communities to socialise again in a safe environment. The Community based Suicide Prevention Development Officer's (SPDO) is a joint community resource between CRUN and NACN with the aim of protecting and improving mental health and wellbeing whilst reducing health inequalities. Suicide prevention is a key priority of the CRUN/NACN SPDO which requires action across many sectors including working across early years, education, health, schools, communities, sports clubs and churches.

CRUN has also individually worked with many groups offering advice and support on Capacity Building, Partnership Working, Grants Applications, Financial Good practice, Mentoring Support, Charity Commission Applications & Risk Assessment Procedures, which was made more difficult during the pandemic. Twelve community groups have availed of annual accounts preparation and independent examination as required by the Charity Commission.

Choose to Live Better Programme

The project provided an excellent introduction for a group of identified people in the local area to try new physical activities. 50 participants took part in a physical activity programme that they may otherwise not have been able to access for various reasons;

38 participants engaged in outdoor activities in fresh air;

12 participants regularly attending a weekly yoga class in a venue they are comfortable in and making social connections weekly; 20 participants introduced to the benefits of water based activity; 50 participants taking more ownership of their health and well-being

journey with support from their local community based Healthy Living Centre; 50 participants who have built resilience and social/personal esteem through engagement in the programme; 50 participants increased their physical activity to meet the recommended guidelines;

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

Good Relations Activities

Our project, Shared Threads was aimed at women from single identity areas who were linked or have family links to legacy issues. Some of the activities completed included: Family History Research
Shared History Walks

Personal Development sessions

Creative sessions including pottery, fused glass, knitting & crochet.

OCN accredited training in Community Development and Good Relations

Study visits / team building events

Quotes from feedback forms

I never thought I would be on zoom chatting and learning from so many interesting women from all parts!

I have become so much more confident in sharing my thoughts.

Great program I learned a lot about culture and diversity.

Despite our differences we have so much in common.

Really have had my awareness raised about the value we bring to society. Really enjoyed the personal development classes.

Have really developed my leadership skills.

This programme has made me realise that we can all make a difference

131 Participants took part in the programme, 70% of the participants had not participated in a good relations project before.

Building the Community Pharmacy Partner Programme- Firm Foundations

We worked with one group of 12 participants for the duration of the programme, which was 14 sessions. CRUN and the pharmacist will co-produce a programme to address SOCIAL ISOLATION and MENTAL WELLBEING based on inputs from the group at both design and implementation phases.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

Programme Activity

Family History Research

Awareness Raising Session on Zoom - Fact Check NI Session on introduction to Critical Thinking Horticulture Skills

Little Free Libraries Construction Project

Celebration Event - Making Christmas Cards

Celebration Event - Making Christmas Wreaths

Drumming Circle on Zoom

Family History Research

Family History Research

Study Visits - Shared History Walks

Introduction to community gardening

OCN Level 2 Community Development and Good Relations

Teambuilding Visit to the Jungle

Introduction on to Crochet

Crafting and Introduction to Power Tools

Halloween Themed Crafting

Introduction to Self-Care

Introduction to sewing machines

Building Inner Strength

Introduction to dressmaking

Personal development

Ceramic Project

Fused Glass Project

Financial review

The results for the year are contained in the financial statements from page 8. The Network has continued to receive funding from various government agencies and funders to support the varied work that they undertake. This has been received through various tender and grants processes. The reserves of the organisations have been maintained at a constant level to enable it to continue for a short period of time in the event of them being unable to obtain funding, this also ensures that the Company can meet its legal redundancy requirements.

Plans for future periods

Hopefully the pandemic will start to have less of an effect on the population and we will return to a new normal, with groups being able to meet up. The trustees will continue to build on what Causeway Rural & Urban Network has established over its 30 years and maintain its core values and objectives to ensure the continued development within the communities of the Causeway area and beyond.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

The trustees' annual report was approved on 7 November 2023 and signed on behalf of the board of trustees by:

Robert Ritchie
Trustee



Albert Clyde
Trustee



Causeway Rural & Urban Network

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network

Year ended 31 March 2023

I report on the financial statements for the year ended 31 March 2023, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Causeway Rural & Urban Network

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network *(continued)*

Year ended 31 March 2023

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of 'named body' which is one of the listed bodies.



Donaldson & Thompson
Chartered Accountants
Independent Examiner

3 Limavady Road
Londonderry
BT47 6JU

7 November 2023

Causeway Rural & Urban Network

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2023

			2023		2022
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Charitable activities	5	243,849	123,583	367,432	373,511
Investment income	6	5	—	5	14
Total income		<u>243,854</u>	<u>123,583</u>	<u>367,437</u>	<u>373,525</u>
Expenditure					
Expenditure on charitable activities	7,8	312,613	100,481	413,094	384,204
Total expenditure		<u>312,613</u>	<u>100,481</u>	<u>413,094</u>	<u>384,204</u>
Net expenditure and net movement in funds		<u>(68,759)</u>	<u>23,102</u>	<u>(45,657)</u>	<u>(10,679)</u>
Reconciliation of funds					
Total funds brought forward		134,840	47,423	182,263	192,943
Total funds carried forward		<u>66,081</u>	<u>70,525</u>	<u>136,606</u>	<u>182,264</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 15 to 23 form part of these financial statements.

Causeway Rural & Urban Network

Company Limited by Guarantee

Statement of Financial Position

31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible fixed assets	14	5,726	5,514
Current assets			
Debtors	15	56,639	80,540
Cash at bank and in hand		90,041	104,013
		<u>146,680</u>	<u>184,553</u>
Creditors: amounts falling due within one year	16	<u>15,800</u>	<u>7,803</u>
Net current assets		<u>130,880</u>	<u>176,750</u>
Total assets less current liabilities		<u>136,606</u>	<u>182,264</u>
Net assets		<u>136,606</u>	<u>182,264</u>
Funds of the charity			
Restricted funds		70,525	47,423
Unrestricted funds		66,081	134,841
Total charity funds	18	<u>136,606</u>	<u>182,264</u>

For the year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 15 to 23 form part of these financial statements.

Causeway Rural & Urban Network

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2023

These financial statements were approved by the board of trustees and authorised for issue on 7 November 2023, and are signed on behalf of the board by:

Robert Ritchie
Trustee



Albert Clyde
Trustee



Company registration number: NI056878

The company is a private limited company limited by guarantee, registered in Northern Ireland.

The notes on pages 15 to 23 form part of these financial statements.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2023

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in Northern Ireland and a registered charity in Northern Ireland. The address of the registered office is 1 Brook Street, Coleraine, BT52 1PW.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures, fittings & equipment - 20% reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

Causeway Rural & Urban Network is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Grants Receivable-DfC	71,737	—	71,737
Grants Receivable-PHA Small Grants	10,894	—	10,894
Grants Receivable-Causeway Coast & Glens	—	—	—
Grants Receivable:HSTCT	—	—	—
Grants Receivable:Radius Housing	2,500	—	2,500
Grants Receivable-NACCN	1,575	—	1,575
Grants Receivable-IFI-PYDP	87,151	—	87,151
Grants Receivable-CDH	3,000	—	3,000
Grants Receivable-BB Health Forum	29,189	—	29,189
Grants Receivable-BCPP	—	—	—
Income from Charitable activities	6,370	—	6,370
Grants Receivable-The National Lottery Community Fund	—	123,583	123,583
Grants Receivable-TEO Good Relations Step	9	—	9
Grants Receivable-TEO Shared Threads	27,164	—	27,164
Grants Receivable-Northern Healthy Lifestyle Partnership	3,860	—	3,860
Grants Receivable-Causeway CYPSP	400	—	400
	<u>243,849</u>	<u>123,583</u>	<u>367,432</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

5. Charitable activities *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Grants Receivable-DfC	68,876	—	68,876
Grants Receivable-PHA Small Grants	23,300	—	23,300
Grants Receivable-Causeway Coast & Glens	10,066	—	10,066
Grants Receivable:HSTCT	9,580	—	9,580
Grants Receivable:Radius Housing	—	—	—
Grants Receivable-NACCN	1,251	—	1,251
Grants Receivable-IFI-PYDP	59,758	—	59,758
Grants Receivable-CDH	10,000	—	10,000
Grants Receivable-BB Health Forum	26,980	—	26,980
Grants Receivable-BCPP	2,000	—	2,000
Income from Charitable activities	4,509	—	4,509
Grants Receivable-The National Lottery Community Fund	460	100,713	101,173
Grants Receivable-TEO Good Relations Step	56,018	—	56,018
Grants Receivable-TEO Shared Threads	—	—	—
Grants Receivable-Northern Healthy Lifestyle Partnership	—	—	—
Grants Receivable-Causeway CYPSP	—	—	—
	<u>272,798</u>	<u>100,713</u>	<u>373,511</u>

6. Investment income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Bank interest receivable	<u>5</u>	<u>5</u>	<u>14</u>	<u>14</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Community projects	254,577	99,435	354,008
Personal Youth Development programme	53,915	—	53,915
Support costs	4,121	1,046	5,171
	<u>312,613</u>	<u>100,481</u>	<u>413,094</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Community projects	250,602	90,709	341,311
Personal Youth Development programme	38,631	—	38,631
Support costs	2,746	1,516	4,262
	<u>291,979</u>	<u>92,225</u>	<u>384,204</u>

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Grant funding of activities £	Support costs £	Total funds 2023 £	Total fund 2022 £
Community projects	351,916	2,092	1,658	355,666	342,445
Personal Youth Development programme	53,915	—	—	53,915	38,631
Governance costs	—	—	3,513	3,513	3,128
	<u>405,831</u>	<u>2,092</u>	<u>5,171</u>	<u>413,094</u>	<u>384,204</u>

9. Analysis of support costs

	Community projects £	Total 2023 £	Total 2022 £
General office	1,509	1,509	1,000
Finance costs	149	149	134
Governance costs	3,513	3,513	3,128
	<u>5,171</u>	<u>5,171</u>	<u>4,262</u>

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

10. Net expenditure

Net expenditure is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation of tangible fixed assets	<u>1,431</u>	<u>1,379</u>

11. Independent examination fees

	2023	2022
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>560</u>	<u>560</u>

12. Staff costs

The average head count of employees during the year was 10 (2022: 10). The average number of full-time equivalent employees during the year is analysed as follows:

	2023	2022
	No.	No.
Number of staff	<u>10</u>	<u>10</u>

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £42,178 (2022:£41,159).

13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

14. Tangible fixed assets

	Fixtures and fittings £	Total £
Cost		
At 1 Apr 2022	20,286	20,286
Additions	1,804	1,804
Disposals	(1,039)	(1,039)
At 31 Mar 2023	21,051	21,051
Depreciation		
At 1 Apr 2022	14,772	14,772
Charge for the year	1,431	1,431
Disposals	(878)	(878)
At 31 Mar 2023	15,325	15,325
Carrying amount		
At 31 Mar 2023	5,726	5,726
At 31 Mar 2022	5,514	5,514

15. Debtors

	2023 £	2022 £
Prepayments and accrued income	10,797	30,345
Other debtors	45,842	50,195
	56,639	80,540

16. Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	15,800	5,599
Other creditors	—	2,204
	15,800	7,803

17. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £12,214 (2022: £11,472).

Causeway Rural & Urban Network

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

18. Analysis of charitable funds

Unrestricted funds

	At 1 Apr 2022	Income	Expenditure	At 31 Mar 2023
	£	£	£	£
General funds	134,840	243,854	(312,613)	66,081

	At 1 Apr 2021	Income	Expenditure	At 31 Mar 2022
	£	£	£	£
General funds	154,008	272,812	(291,979)	134,841

Restricted funds

	At 1 Apr 2022	Income	Expenditure	At 31 Mar 2023
	£	£	£	£
Restricted Funds	47,423	123,583	(100,481)	70,525

	At 1 Apr 2021	Income	Expenditure	At 31 Mar 2022
	£	£	£	£
Restricted Funds	38,935	100,713	(92,225)	47,423

19. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Tangible fixed assets	2,942	2,784	5,726
Current assets	77,460	69,220	146,680
Creditors less than 1 year	(14,321)	(1,479)	(15,800)
Net assets	66,081	70,525	136,606

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Tangible fixed assets	2,035	3,479	5,514
Current assets	139,859	44,694	184,553
Creditors less than 1 year	(7,053)	(750)	(7,803)
Net assets	134,841	47,423	182,264

Causeway Rural & Urban Network

Northern Ireland - Charity number 104883

Annual report

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

Reference and administrative details

Registered charity name Causeway Rural & Urban Network

Charity registration number NIC104883

Company registration number NI056878

Principal office and registered office 1 Brook Street
Coleraine
BT52 1PW

The trustees

Robert Ritchie
Angela Welch
Albert Clyde
Indu Jairath
Dorothy Moore
Thomas McGonigle
Anthony McGarvey
Patrick Crothers

(Appointed 10 September 2023)

Network Manager Ann McNickle

Company secretary Robert Ritchie

Independent examiner Donaldson & Thompson Chartered Accountants
3 Limavady Road
Londonderry
BT47 6JU

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 17th October 2005, accepted as a charity by HM Revenue & Customs under reference number XR44321 and registered with the Charity Commission for Northern Ireland on 1st April 2016 under charity number NIC104883. The company was established under a Memorandum of Association which states the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Objectives and activities

The charitable purpose of the company is: The advancement of community development in Northern Ireland (the "area of benefit") and in particular the promotion of the community and voluntary sector for the benefit by providing services, training, support, information, facilities and amenities to community and voluntary groups and encouraging and assisting such groups and organisations to co-operate to achieve their aims.

- (1) To develop the capacity and skill of residents of communities in the area of benefit that suffer social and economic disadvantage, in such a way that they are better able to identify, and help meet, their needs and participate more fully in society.
- (2) The advancement of health and well-being.
- (3) To promote good community relations, religious and racial harmony and equality and diversity.
- (4) To promote such other charitable purposes as may from time to time be determined.

CRUN was established in September 1999 as a network of local community and voluntary groups with the aim of enabling regeneration and encouraging sustainability in local communities through community development processes. The network has worked tirelessly since it was established and currently has a database of over 240 organisations with more coming forward every year. Many changes have taken place over the years and CRUN currently implements a range of training and mentoring programmes in Community Development, Good Relations, Substance Misuse Education and Prevention and Positive Mental Health and encourages an ethos of collaborative working and sustainability to all of its members. Programmes and projects are delivered based on evidence and identified need within the Causeway Coast and Glen's area.

The charity's trustees have had regard to the Charity Commission for Northern Ireland's guidance on public benefit.

Achievements and performance

CRUN has maintained a level of funded projects to enable the organisation to continue to support the community within the Causeway area. We have adapted our way of working, since the global pandemic and now have a hybrid way of connecting and also engaging with individuals and community groups in the area.

The continued support from the Department of Communities has enabled CRUN to retain its core staff to oversee the current projects, as listed below, and apply for further funding to 'Empower People Develop Communities Enable Change'

During 2022/23 the projects have adapted and continued to excel within the communities that they support.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

The YEAR Project, funded by Big Lottery has been funded since 1 April 2013 and has offered a range of different courses both accredited and unaccredited. A summary of the key activities that have been undertaken with the young people are:

Meeting up with young people face to face again. Some young people still struggling with social anxiety, however overall contact positive and regular for most young people.

- Youth Led Group Activities
 - Group walks to explore local area.
 - Mobile escape room (designed and delivered by Young People across Causeway Coast and Glens Area over Hallowe'en)
 - Glamping Residential to reconnect with nature.
 - Sea swimming
 - Empower Youth Conference
- Accredited Training
 - OCN Crafting, OCN Youth Work, OCN Digital Fabrication
- Unaccredited Training
 - Sports, CV Development, Job Search, Photography, money matters, cookery and child protection.
- One to one support
 - Weekly, fortnightly as requested by young people and weekly and monthly group support also offered.
- FareShare Project
 - in response to an identified need of service users we now have the FareShare Project in place with a focus on reducing food waste to remove stigma of young people using a food bank.
- Website & Social Media
 - Website being reviewed and updated after input from young people to make it more user friendly. Social Media input youth led with particular reference to sharing jobs and opportunities as well as support organisations.
- Partnerships & Community activities
 - Supporting loneliness network through research with Young People and staff
 - Partnership work with Community Foundation NI on Community Solutions to Housing and Homelessness Programme
 - Partnership work with Mae Murray Foundation on Friendship and Photography
 - To support lifestyle, social and economic independence and inclusion for young people liaising with
 - Triangle Housing
 - Life Stories
 - PSNI
 - Jobs & Benefits
 - Young people supported to design and deliver a mobile Hallowe'en escape room around CC&G area.
 - Young People supported to deliver a conference 'Empower Youth.'

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

- Social Enterprise
 - Suicide Prevention Development Officer (Northern Area Community Network) - young people working on social enterprise helped to design and supply positive slogan tote bags for Suicide Prevention Project
 - NHSCT - young people working with Bronagh from NHSCT to provide bingo boards for care homes.
- Referrals and Signposting - Causeway Volunteer Centre, BRAKE, Triangle Housing, Jobs & Benefits, Disability Action

The FareShare scheme has been a great asset to many young people and their support networks. The FareShare scheme operates out of Room One (the room acquired by YEAR and designed and decorated by our Youth Management Board) some parents/siblings also helped with a bit of the decorating. The FareShare scheme has allowed YEAR to support young people and their families during the cost-of-living crisis. Everything from weekly food packages to ensuring young families had enough over Christmas to be able to afford heat, electricity, presents for children and food instead of having to choose between presents and food. Parents of young people are supported through the FareShare scheme which decreases the amount of stress in the family home making home life more manageable for both the young people and their support networks.

The pop in facility in Room One also provides a safe space for young people to call in to when they just feel the need to have a bit of their own space. The youth team purposefully built the pop in facility and FareShare scheme around each other based on the identified needs of the young people involved with YEAR.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

The Brake Project has worked directly with 18 young people since 1 April 2021. We have been able to offer a variety of support to the participants who are engaging including; small group training sessions, 1:1 training sessions, group activity sessions and fortnightly 1:1 goal setting / review sessions.

Group Training Sessions - Within these sessions we have continued to deliver a range of accredited training programs to the participants including OCN Good Relations Training

1:1 Training sessions - these sessions are beneficial to some of the young people, they enable the team to get a better understanding of the individual needs and how to integrate into a group setting.

Group Activity Sessions - group sessions take place twice weekly and involve team building activities, healthy eating, cookery and building up essential life skills.

1:1 Support Sessions - These sessions have been completed on a fortnightly basis during the past quarter given the complexity of the challenges which these participants are facing. The sessions take place in local coffee shops, walks on the beach / park to provide a more relaxed informal setting. They continue to address goal setting and reviews and also include support regarding finance, work experience feedback, job application support and interview skills

Spring Programme

The Spring programme continued throughout 2022-23 with the social prescriber receiving referrals from GP and Primary Care providers in the legacy Coleraine Borough Council area for support with - social isolation, low level mental health, chronic pain and physical inactivity. The target number of referrals from was 60.

Referrals were very busy with referrals coming from predominately the MDTs now in place in most of the practices throughout the catchment area. CRUN have continued to provide bespoke programmes that have been tailored to the needs of those referred. We have provided workshops on the themes of therapeutic arts, - painting, creative writing, stress management, social cafes, nutrition support and gentle exercise. We have made a conscious effort to get more people back meeting in person, as this helps with social isolation and mental health. We also provided sessions called 'Better Days' which help people dealing with chronic pain.

We continue to help support programmes with funding from a variety of sources - such as the Causeway GP Federation and the Community Development & Health Network.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

Suicide Prevention small grants provide much needed support to 11 community organisations/groups and helped over 500 beneficiaries and numerous volunteers providing 1050 volunteer hours for the groups. Some of the activities included in the grant applications have been for people and communities to socialise again in a safe environment. The Community based Suicide Prevention Development Officer's (SPDO) is a joint community resource between CRUN and NACN with the aim of protecting and improving mental health and wellbeing whilst reducing health inequalities. Suicide prevention is a key priority of the CRUN/NACN SPDO which requires action across many sectors including working across early years, education, health, schools, communities, sports clubs and churches.

CRUN has also individually worked with many groups offering advice and support on Capacity Building, Partnership Working, Grants Applications, Financial Good practice, Mentoring Support, Charity Commission Applications & Risk Assessment Procedures, which was made more difficult during the pandemic. Twelve community groups have availed of annual accounts preparation and independent examination as required by the Charity Commission.

Choose to Live Better Programme

The project provided an excellent introduction for a group of identified people in the local area to try new physical activities. 50 participants took part in a physical activity programme that they may otherwise not have been able to access for various reasons;

38 participants engaged in outdoor activities in fresh air;

12 participants regularly attending a weekly yoga class in a venue they are comfortable in and making social connections weekly; 20 participants introduced to the benefits of water based activity; 50 participants taking more ownership of their health and well-being

journey with support from their local community based Healthy Living Centre; 50 participants who have built resilience and social/personal esteem through engagement in the programme; 50 participants increased their physical activity to meet the recommended guidelines;

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

Good Relations Activities

Our project, Shared Threads was aimed at women from single identity areas who were linked or have family links to legacy issues. Some of the activities completed included: Family History Research

Shared History Walks

Personal Development sessions

Creative sessions including pottery, fused glass, knitting & crochet.

OCN accredited training in Community Development and Good Relations

Study visits / team building events

Quotes from feedback forms

I never thought I would be on zoom chatting and learning from so many interesting women from all parts!

I have become so much more confident in sharing my thoughts.

Great program I learned a lot about culture and diversity.

Despite our differences we have so much in common.

Really have had my awareness raised about the value we bring to society. Really enjoyed the personal development classes.

Have really developed my leadership skills.

This programme has made me realise that we can all make a difference

131 Participants took part in the programme, 70% of the participants had not participated in a good relations project before.

Building the Community Pharmacy Partner Programme- Firm Foundations

We worked with one group of 12 participants for the duration of the programme, which was 14 sessions.

CRUN and the pharmacist will co-produce a programme to address SOCIAL ISOLATION and MENTAL WELLBEING based on inputs from the group at both design and implementation phases.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

Programme Activity

Family History Research

Awareness Raising Session on Zoom - Fact Check NI Session on introduction to Critical Thinking

Horticulture Skills

Little Free Libraries Construction Project

Celebration Event - Making Christmas Cards

Celebration Event - Making Christmas Wreaths

Drumming Circle on Zoom

Family History Research

Family History Research

Study Visits - Shared History Walks

Introduction to community gardening

OCN Level 2 Community Development and Good Relations

Teambuilding Visit to the Jungle

Introduction on to Crochet

Crafting and Introduction to Power Tools

Halloween Themed Crafting

Introduction to Self-Care

Introduction to sewing machines

Building Inner Strength

Introduction to dressmaking

Personal development

Ceramic Project

Fused Glass Project

Financial review

The results for the year are contained in the financial statements from page 8. The Network has continued to receive funding from various government agencies and funders to support the varied work that they undertake. This has been received through various tender and grants processes. The reserves of the organisations have been maintained at a constant level to enable it to continue for a short period of time in the event of them being unable to obtain funding, this also ensures that the Company can meet its legal redundancy requirements.

Plans for future periods

Hopefully the pandemic will start to have less of an effect on the population and we will return to a new normal, with groups being able to meet up. The trustees will continue to build on what Causeway Rural & Urban Network has established over its 30 years and maintain its core values and objectives to ensure the continued development within the communities of the Causeway area and beyond.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Causeway Rural & Urban Network

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

The trustees' annual report was approved on 7 November 2023 and signed on behalf of the board of trustees by:

Robert Ritchie
Trustee



Albert Clyde
Trustee



Causeway Rural & Urban Network

Northern Ireland - Charity number 104883

Annual return

Causeway Rural & Urban Network

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network

Year ended 31 March 2023

I report on the financial statements for the year ended 31 March 2023, which comprise the statement of financial activities (including income and expenditure account), statement of financial position and the related notes.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland.
4. That there is further information needed for a proper understanding of the accounts to be reached.

Causeway Rural & Urban Network

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Causeway Rural & Urban Network *(continued)*

Year ended 31 March 2023

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of 'named body' which is one of the listed bodies.



Donaldson & Thompson
Chartered Accountants
Independent Examiner

3 Limavady Road
Londonderry
BT47 6JU

7 November 2023