

Charity registration number 104553 (Northern Ireland)

Company registration number NI615376

PARKINSON'S SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024

PARKINSON'S SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr W Canning Ms M Hemphill Mr J McKelvey Mr W McMahon Ms E Watterson Mrs L Abbott Ms Vivian Dunlop Ms Mary Friel
Charity number (Northern Ireland)	104553
Company number	NI615376
Registered office	6 Drumgallan Crescent Drumgallan Enniskillen Co. Fermanagh Northern Ireland BT74 5FD
Independent examiner	AAB Group Accountants Limited 1 - 3 Arthur Street Belfast Co. Antrim Northern Ireland BT1 4GA
Bankers	Danske Bank PO Box 183 Donegal Square West Belfast BT1 6JS

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PARKINSON'S SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2024

The trustees present their annual report and financial statements for the year ended 31 December 2024.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019).

Objectives and activities

Parkinson's Support's objective is to promote the health and wellbeing of Parkinson's sufferers, and their carers, in Northern Ireland. We involve local people in their area by offering advice, encouragement, support and practical services.

We have two branches - Dalriada and Fermanagh. Belfast is now dormant, but the other two. Dalriada and Fermanagh are well established running their own affairs as best suits the local needs to meet our objectives.

These include a series of meetings, ranging from talks from health professionals, quizzes and musical evenings etc. These are normally on a monthly basis, from September to May, with a summer break during June, July and August. There are outdoor activities as well as bus outings and week-ends away for bonding purposes.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Public Benefit

The Trustees bear in mind the Charity Commission in Northern Ireland's guidelines on Public Benefit and try to assure that the activities carried out during the year help to achieve Parkinson's Support's objectives, as well as providing Public Benefit.

The Dalriada Branch - continued to attract new members throughout the year. There were various activities and outings planned and these were well supported by the members: a day trip to Coleman's Garden Centre; entertainment by a local Eukulele Group; an evening trip to hear the local Girona Community Orchestra; a mid-week break to Roe Park Hotel & Spa in Limavady; a Christmas Shopping Trip by train to Derry / Londonderry as well as the usual lunches and Christmas Dinner in the Bushtown Hotel. There is a regular group of members who attend Boccia, and reflexology is still available to all members. We had some very successful fundraising events and sending reports on our activities to the local newspaper, gave the Branch some good publicity.

The Fermanagh Branch - has had another very busy and successful year.

We still meet on the third Wednesday of each month, except July and August with approximately 45 to 50 in attendance, with various speakers on relevant topics. We still have activities 3 days each week as well. Exercises on Mondays, singing on Tuesdays and chair yoga on Wednesdays. Our choir held a musical evening open to the public and it was very well attended. On world Parkinson's day we were able to have the Enniskillen Castle lit up green in support of Parkinson's. We are so thankful to be well supported with donations from many sources which we spend wisely for the benefit of Parkinson's sufferers and their carers. We had our yearly two night break in June, which we find invaluable, as sufferers and their carers benefit so much from this time away from home in the company of people in the same position. We also had our Christmas dinner in December with over 80 attending. The year brought us much sorrow too with the passing of a few of our longstanding members, but we have had new members joining nearly every month. Hopefully in 2025 we will continue to assist those with Parkinson's in our local area.

Enhancing our Profile

There is still a great lack of information about our existence and we wish to become an essential point of contact for those with Parkinson's and their carers throughout the Province. Due to the pandemic we were unable to expand our profile in Northern Ireland in recent years but hope to address this in 2025.

PARKINSON'S SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2024

Achievements and performance

Significant activities and achievements against objectives

Fundraising performance

The main methods of fundraising were members subscriptions, general donations, donations in lieu of flowers, street collections and store collections. Income for 2024 was £47,796 with expenditure of £35,998 giving a surplus for the year of £11,798.

Our bank balance now stands at £179,964.

Financial review

The charity ended the year with a surplus of £11,798 and a bank balance of £179,964. There are no other assets as we do not own any property or equipment.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. At 31 December 2024, we held 38 months.

Major risks

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The principal risk that the charity faces is the level of income received in the future. Donations and legacies are not guaranteed and they can fluctuate greatly year on year. Voluntary income is our only source of funding and future activities are based on income received.

Structure, governance and management

The charity is a company limited by guarantee.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr W Canning

Ms M Hemphill

Mr J McKelvey

Mr W McMahon

Ms E Watterson

Mrs L Abbott

Mrs C McMahon

(Resigned 8 February 2024)

Ms Vivian Dunlop

Ms Mary Friel

Recruitment and appointment of trustees

During 2024 the Board of Trustees have continued to comply with the best practice of the day to day management of the charity. All trustees are provided with financial statements prior to each board meeting.

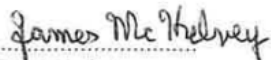
The trustees are responsible for preparing the Trustees Report in accordance with applicable law and UK accounting standards. The trustees are responsible for keeping sufficient accounting records that accurately reflect the financial records of the charity at any time, and to ensure that the accounts comply with the charity commission regulations.

The charity looks forward to 2025 with optimism but is fully aware of the difficulties of not increasing our profile and expansion in Northern Ireland.

PARKINSON'S SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2024

The trustees' report was approved by the Board of Trustees.



Mr J McKelvey

Trustee

Date: 05 JUNE 2025