

Charity Registration No. 104553

Company Registration No. NI615376 (Northern Ireland)

PARKINSON'S SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL
STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023

PARKINSON'S SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr W Canning	
	Ms M Hemphill	
	Mr J McKelvey	
	Mr W McMahon	
	Ms E Watterson	
	Mrs L Abbott	
	Mrs C McMahon	
	Ms Vivian Dunlop	(Appointed 1 April 2023)
	Ms Mary Friel	(Appointed 1 April 2023)
Charity number	104553	
Company number	NI615376	
Registered office	6 Drumgallan Crescent Drumgallan Enniskillen Co. Fermanagh Northern Ireland BT74 5FD	
Independent examiner	FPM Accountants Limited 1 - 3 Arthur Street Belfast Co. Antrim Northern Ireland BT1 4GA	

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PARKINSON'S SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees present their annual report and financial statements for the year ended 31 December 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019)

Objectives and activities

Parkinson's Support's objective is to promote the health and wellbeing of Parkinson's sufferers, and their carers, in Northern Ireland. We involve local people in their area by offering advice, encouragement, support and practical services.

We have three branches - Belfast, Dalriada and Fermanagh. Belfast is now dormant, but the other two, Dalriada and Fermanagh are well established, running their own affairs as best suits the local needs to meet our objectives.

These include a series of meetings, ranging from talks from health professionals, quizzes and musical evenings etc. These are normally on a monthly basis, from September to May, with a summer break during June, July and August. There are outdoor activities as well as bus outings and week-ends away for bonding purposes.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Public Benefit

The Trustees bear in mind the Charity Commission in Northern Ireland's guidelines on Public Benefit and try to assure that the activities carried out during the year help to achieve Parkinson's Support's objectives, as well as providing Public Benefit.

The Belfast Branch - It's 8th AGM was held in the Beechlawn Hotel on Saturday 25 February 2023. After discussing the early items on the agenda, a lengthy discussion was centred on the future of the Belfast Branch. The branch was receiving no referrals of newly diagnosed Parkinson's sufferers, no new branch members recently, an aging membership and difficulty in electing office bearers, some of whom were retiring.

It was with great reluctance, and much sadness, that the only outcome was to close the branch.

A major element of the closure was to distribute the funds, currently, around £35,000

It was agreed to give each member's household £200 towards the increased "cost of living" crisis, and to give the other 2 branches £12,500 each, to be "ring fenced" until 1st January 2025 in case the Belfast branch is reconstituted and need the funds. After the winding down is completed any remaining funds will go to the Board's account.

Sincere thanks go to those who served on committee, helped in any way, supporters, donors, and any others who have helped us during the past 10 years.

PARKINSON'S SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

The Dalriada Branch - The group has slowly been increasing its membership which is positive. The group continues to have monthly lunches at the Bushtown Hotel which remains popular.

Reflexology sessions continue for the members and everyone who receives this, enjoys this service. The members now have access to Boccia and a few have been attending this and enjoying. It involves other local organisations and our members have enjoyed the interaction with the other groups.

There was a successful trip for 4 days to Westport which the members enjoyed.

There was an outing to Rushmere shopping centre in Craigavon and the members enjoyed this also.

The support worker was only available until September and hopefully this service can be re-established in 2024.

The Fermanagh Branch - has had another busy year. January and February branch meetings had informative speakers. In March we had a musical evening with our Parkinson's choir and the public supported it well. In April, to mark world Parkinson's day we were able to have Enniskillen Castle lit up in pink. In May, to mark volunteer's week, we held an information stand at Enniskillen castle and made new contacts. Also in May the chairperson and secretary were invited to Enniskillen Castle to meet King Charles on his visit there and he was informed about Parkinson's.

In June we had our annual two overnights stay for Parkinson's sufferers and their carers. The weather was very kind to us this year and a relaxing time was had by all.

We had no support meetings during July and August but resumed again in September and our weekly exercise, singing and chair yoga resumed as well. We have been fortunate to be well supported with donations, so we can run all our activities and had our Christmas Dinner in September.

Enhancing our Profile

There is still a great lack of information about our existence and we wish to become an essential point of contact for those with Parkinson's and their carers throughout the Province.

Due to the pandemic we were unable to expand our profile in Northern Ireland, in recent years but hope to address this in 2024.

Achievements and performance

The main methods of fundraising were members subscriptions, general donations, donations in lieu of flowers, street collections and store collections. Income for 2023 was £39,719 with expenditure of £51,614 giving a deficit for the year of £11,895.

Our bank balance now stands at £168,118.

Financial review

The charity ended the year with a deficit of £11,895 and a bank balance of £168,118. There are no other assets as we do not own any property or equipment. Income was £39,719 and expenditure was £51,164.

Closing reserves of the charity were £167,326, of which £25,000 has been designated for any potential reopening of the Belfast Branch.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. At 31 December 2023, we held 33 months.

PARKINSON'S SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 DECEMBER 2023*

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The principal risk that the charity faces is the level of income received in the future. Donations and legacies are not guaranteed and they can fluctuate greatly year on year. Voluntary income is our only source of funding and future activities are based on income received.

Structure, governance and management

The charity is a company limited by guarantee.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr J Campbell (Deceased 23 November 2023)

Mr W Canning

Ms M Hemphill

Mr J McKelvey

Mr W McMahon

Ms E Watterson

Mr B Friel (Resigned 1 April 2023)

Mrs L Abbott

Mrs C McMahon

Ms Vivian Dunlop (Appointed 1 April 2023)

Ms Mary Friel (Appointed 1 April 2023)

During 2023 the Board of Trustees have continued to comply with the best practice of the day to day management of the charity. All trustees are provided with financial statements prior to each board meeting.

The trustees are responsible for preparing the Trustees Report in accordance with applicable law and UK accounting standards. The trustees are responsible for keeping sufficient accounting records that accurately reflect the financial records of the charity at any time, and to ensure that the accounts comply with the charity commission regulations.

The charity looks forward to 2024 with optimism but is fully aware of the difficulties of not increasing our profile and expansion in Northern Ireland.

PARKINSON'S SUPPORT

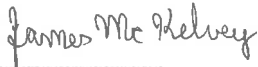
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

Disclosure of Information to Independent Examiner

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the independent examination, but of which the independent examiner is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the independent examiner is aware of such information.

The trustees' report was approved by the Board of Trustees.



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Mr J McKelvey

Trustee

Dated: 31/5/24

PARKINSON'S SUPPORT

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees, who are also the directors of Parkinson's Support for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.