

**Charity Registration No. 104553**

**Company Registration No. NI615376 (Northern Ireland)**

**PARKINSON'S SUPPORT**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL**  
**STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**  
**PAGES FOR FILING WITH REGISTRAR**

# **PARKINSON'S SUPPORT**

## **LEGAL AND ADMINISTRATIVE INFORMATION**

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<b>Trustees</b>	Mr J Campbell Mr W Canning Ms M Hemphill Mr J McKelvey Mr W McMahon Ms E Watterson Mr B Friel Mrs L Abbott Mrs C McMahon
<b>Charity number</b>	104553
<b>Company number</b>	NI615376
<b>Registered office</b>	6 Drumgallan Road Drumgallan Enniskillen Co. Fermanagh Northern Ireland BT74 5FD
<b>Independent examiner</b>	FPM Accountants Limited 1 - 3 Arthur Street Belfast Co. Antrim Northern Ireland BT1 4GA

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# PARKINSON'S SUPPORT

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# PARKINSON'S SUPPORT

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

### *FOR THE YEAR ENDED 31 DECEMBER 2022*

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The trustees present their report and financial statements for the year ended 31 December 2022.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019)

#### **Objectives and activities**

Parkinson's Support's objective is to promote the health and wellbeing of Parkinson's sufferers, and their carers, in Northern Ireland. We involve local people in their area by offering advice, encouragement, support and practical services.

We have three branches - Belfast, Dalriada and Fermanagh. Each branch is well established, running their own affairs as best suits the local needs to meet our objectives.

These include a series of meetings, ranging from talks from health professionals, quizzes and musical evenings etc. These are normally on a monthly basis, from September to May, with a summer break during June, July and August. There are outdoor activities as well as bus outings and week-ends away for bonding purposes.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Public Benefit**

The Trustees bear in mind the Charity Commission in Northern Ireland's guidelines on Public Benefit and try to assure that the activities carried out during the year help to achieve Parkinson's Support's objectives, as well as providing Public Benefit.

The Covid-19 pandemic has had a significant effect on our ability to carry out normal activities. Our 3 branches have had to cancel most of their social gatherings in 2022 and this will be evidenced in their reports below.

**The Belfast Branch** - normally meets on the 3rd Wednesday of the month from September to May in the City Way Day Centre, Sandy Row, with a bus outing in June and a Christmas Dinner in late November/ early December. In 2022 most meetings were cancelled, due to Covid in the most part, but also because our meeting venue, run by the Belfast Trust, was still operating Covid restrictions.

Our home visitor maintains contact with members by phone and email.

The committee met twice during the year and the AGM was held on 12 May 2022. 2 events were held, a lunch at Stormont on 24 June and a Christmas lunch on 3 December in the Beechlawn Hotel.

In late September we gave each member's household £200 towards the "increased cost of living crisis".

# **PARKINSON'S SUPPORT**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

### ***FOR THE YEAR ENDED 31 DECEMBER 2022***

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**The Dalriada Branch** - Our meetings in 2022 were fully reinstated following Covid restrictions previously.

The group continue to hold meeting, monthly, in the Bushtown hotel. We are pleased to announce the group has had new members attending these meetings.

There were 3 main funding events, a successful coffee morning, a church service with Ballymoney male voice choir performing and the game night at the Bushdown Hotel.

The branch had a very successful trip to Westport which the members thoroughly enjoyed.

Reflexology provision continues which the members enjoy.

The support worker continues with her home visits, telephone contact and meeting members for coffee to allow some respite for the carer to relax and have a chat.

There has been opportunity for the support worker to speak at a men's shed and the Causeway Older Active Strategic Team events to raise awareness of the group.

We aim to build on our work in 2023.

**The Fermanagh Branch** - due to Covid restrictions we had to find a new venue for our monthly support meetings as we had outgrown Tempo Road Day Centre for social distancing purposes and Trust not opening to the public for evening meetings. We now meet in St. Michaels community centre which is very suitable and easily accessible. We meet on the 3rd Wednesday of each month with the exception of July and August.

Our monthly support meetings recommenced in March with guest speakers and relevant information.

Weekly singing group recommenced in May on Tuesday. We had an away trip for 3 nights in June for 56 members. Chair yoga recommenced in September on a Wednesday. Christmas dinner and party was held in December and we were delighted to welcome new members.

Plans for 2023 are well under way with the recommencement of exercise classes on Thursdays.

#### **Enhancing our Profile**

There is still a great lack of information about our existence as we wish to become an essential point of contact for those with Parkinson's and their carers throughout the Province.

Due to the pandemic we have not been able to expand our profile in Northern Ireland.

#### **Achievements and performance**

The main methods of fundraising were members subscriptions, general donations, donations in lieu of flowers, street collections and store collections. Income for 2022 was £50,394 with expenditure of £37,858 giving a surplus for the year of £12,536.

It was still difficult to hold flag days and street collections.

Our bank balance now stands at £179,594.

#### **Financial review**

The charity ended the year with a surplus of £12,536 and a bank balance of £179,594. There are no other assets as we do not own any property or equipment. Income was £50,394 and expenditure was £37,858.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

# **PARKINSON'S SUPPORT**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

***FOR THE YEAR ENDED 31 DECEMBER 2022***

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The principal risk that the charity faces is the level of income received in the future. Donations and legacies are not guaranteed and they can fluctuate greatly year on year. Voluntary income is our only source of funding and future activities are based on income received.

### **Structure, governance and management**

The charity is a company limited by guarantee.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr J Campbell  
Mr W Canning  
Ms M Hemphill  
Mr J McKelvey  
Mr W McMahon  
Ms E Watterson  
Mr B Friel  
Mrs L Abbott  
Mrs C McMahon

During 2022 the Board of Trustees have continued to comply with the best practice of the day to day management of the charity. All trustees are provided with financial statements prior to each board meeting.

The trustees are responsible for preparing the Trustees Report in accordance with applicable law and UK accounting standards. The trustees are responsible for keeping sufficient accounting records that accurately reflect the financial records of the charity at any time, and to ensure that the accounts comply with the charity commission regulations.

The charity looks forward to 2023 with optimism but is fully aware of the difficulties of not increasing our profile and expansion in Northern Ireland.

## PARKINSON'S SUPPORT

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

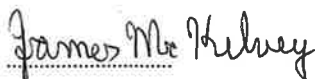
***FOR THE YEAR ENDED 31 DECEMBER 2022***

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#### **Disclosure of Information to Independent Examiner**

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the independent examination, but of which the independent examiner is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the independent examiner is aware of such information.

The trustees' report was approved by the Board of Trustees.



**Mr J McKelvey**

Trustee

Dated: 31/8/2023

# **PARKINSON'S SUPPORT**

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

### ***FOR THE YEAR ENDED 31 DECEMBER 2022***

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The trustees, who are also the directors of Parkinson's Support for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.