



Trustee Annual Report

All Girlguiding Ulster Charities are governed by the Royal Charter and Bye-laws.

The Purpose of each of these Charities is to educate girls and young women to help them develop emotionally, mentally, physically and spiritually so that they can make a positive contribution to their Community and the wider world.

Name of Charity as it appears on the Register and any other names it may be known by

1st Cloughfern Rainbow Unit

NI Charity Commission Number

NIC104418

The principal address of the Charity- this should be the address that was used at the time of registration with the Charity Commission

Guide Association: 30 Station Road, Holywood, Co Down BT18 0BP

The names of all Charity Trustees on the date the report was approved and all individuals who served as Charity Trustees during the year

Mrs Carole Coupe

Mrs Lisa Abell-Farrelly

Mrs Hollie Jones (formerly Miss Hollie Coupe)



The financial year the report relates to – for example, 1st April 2016 to 31st March 2017

September 2023 – August 2024

A summary of the Charity's main activities to further its purposes for the public benefit and the main achievements in the year

Number of Girls that took part in the unit: 16

Crafts and Games

Games, craft, singing and story time continue to feature in our programme this year.

New equipment including hula hoops, puzzles, and basketball nets and balls were purchased. These proved to be hugely popular and fantastic tools to help the girls learn ball control skills like catching, bouncing and throwing the ball. They also worked on moving whilst bouncing the ball.

Some of the girls' favourite activities included playing *Hide the Rainbow*, parachute games, the jelly bean game and skills builders that involve balance, eye and hand co-ordination and movement. On a Games Night, we work in teams completing different relay events which help to develop a variety of physical and social skills including working as a team, following instructions, and learning to cope when you win and lose. With the new equipment, we created a circuit of challenges which the girls really enjoyed. We also organise traditional board games and puzzles nights which are always popular and enable the girls to work in smaller groups and choose which activity they want to take part in.

Some examples of craft activities include a Halloween ghost craft, fruit kebabs, Christmas baubles, Mother's Day vase craft and planting flowers inside specially decorated containers as well as decorating biscuits.

We also organised a Halloween fancy dress party, Christmas outing to the science museum, W5 and an end of year party in the hall with bouncy castles.

Badge Work

GirlGuiding's programme for all sections uses the same six themes which ensures consistency as the girls progress from Rainbow up to Ranger. The themes include Know Myself, Express Myself, Be Well, Have Adventures, Take Action and Skills for My Future.

We focused on the Take Action, Being Helpful badge to encourage the girls to explore how they can make a difference and the Be Well, Getting Active badge. For the Being Helpful badge, the girls were challenged to think about how they can help at home, in their community and in the wider world.

The challenge took place during a two week period with the girls reporting back how they were helpful and made a difference in the lives of people around them.

Some of the ways the girls made a difference include:

- They helped at home by tidying their room and toys. Others told us they helped to look after the family dog by feeding and giving lots of hugs! We also learned that some of the girls helped siblings by bringing them things they needed. Some of the girls also helped by brushing the floor, clearing the table and gathering leaves outside.
- Donated toys and books to charity.
- Spent time talking with older people.
- Using pocket money to buy things to make up a box of treats to donate to kids that wouldn't receive a present for Christmas. (It took 6 weeks to fill the box)
- Looking after a new friend in school who is scared and nervous by holding his hand and playing with him.
- Donating to the food bank in school
- Helping a classmate with his maths.
- Putting recyclable materials into the recycle box.
- Turning off the tap when brushing their teeth.
- Collecting rubbish from local beaches and parks.
- Planting seeds, flowers and plants. Watering a plant.
- Turning the lights off if no one is in the room.
- Composting food waste.
- Donated warm clothes to a local charity

This challenge enabled the girls to become 'helping heros' helping others. They were able to widen their perspective, try new things and feel good knowing they were helping to make a positive difference when they did things to help their family, people in the community and the planet.

For the getting active challenge, the girls were encouraged to take part in 20 minutes of activity that allowed them to move their body each day throughout a 1 month period. The girls took part in a variety of activities including, playing with friends, riding their bike or scooter, swimming, tumbling and gymnastics and football.

Outings

During December 2023 our unit went to W5, the award-winning science museum in Belfast where they played in the interactive children's area, explored and investigated things like movement, speed, gravity, sound and light waves. All of the girls enjoyed the day.



Outstanding events for your Unit over the last 12 months:

15 April 2024 – We organised a Teddy Bear Picnic. The girls brought a teddy and blanket, and we provided hot chocolate and toast. We read stories and talked about how to be a good friend and how to help others.

25 May 2024 – We held an end of year party in the hall with bouncy castles, games and music celebrating their achievements and friendships.

Successes:

- We have a fun and varied programme including craft, games and outings.
- The girls enjoy coming to Rainbows each week. (Their parents tell us and we can see it on their faces!)
- We organised 1 successful outing that provided the girls with opportunities to expand their awareness, make a difference and have fun.
- The Take Action, Helping Hero Badge enabled the girls to begin learning about how they can help people in their family, the community and even the planet!
- The Be Well, Getting Active Badge has helped the girls to try new activities and build healthy activities into their daily lives.
- Interest in/Support for the unit remains high.

There was no harm flowing from the charity's purposes and there was no private benefit.



A statement that the Trustees have had regard to the Commission's Public Benefit requirement statutory guidance

All Trustees are aware that Charity Trustees are legally obliged to have regard to this guidance. We have reviewed section 4 of the Trustees' Annual Report and Public Benefit reporting document which can be downloaded from the Girlguiding Ulster website.

A review of the Charity's financial position at the end of the year

The overall financial position is good. There was no outstanding debts.

The Unit started with a balance of £2479.54. Income throughout the year totalled £1986.77 and expenditure came to £2347.48 thus leaving a positive balance of £2118.83 at the end of the year.

Details of any fund held by the Charity that was materially in deficit at the end of the year and steps taken by the Charity Trustees to eliminate the deficit

The account was not in deficit at any time during the year.

One or more of the Charity Trustees must sign and date the box below.

E Cape. 7-8-2025.

