

Trustee Annual Report

All Girlguiding Ulster Charities are governed by the Royal Charter and Bye-laws.

The Purpose of each of these Charities is to educate girls and young women to help them develop emotionally, mentally, physically and spiritually so that they can make a positive contribution to their Community and the wider world.

Name of Charity as it appears on the Register and any other names it may be known by

1st Cloughfern Rainbow Unit

NI Charity Commission Number

NIC104418

The principal address of the Charity- this should be the address that was used at the time of registration with the Charity Commission

Guide Association: 30 Station Road, Holywood, Co Down BT18 0BP

The names of all Charity Trustees on the date the report was approved and all individuals who served as Charity Trustees during the year

Mrs Carole Coupe

Mrs Lisa Abell-Farrelly

Mrs Hollie Jones (formerly Miss Hollie Coupe)

The financial year the report relates to – for example, 1st April 2016 to 31st March 2017

September 2018 – August 2019

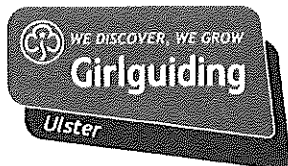
- Exploring different types of food and understanding balanced diets. We learned about the different food groups and then worked as a group to decide which food group different foods would belong.
- Being active, discovering why exercise is good and exploring different muscles. The girls chose their three favourite games and after each game we talked about what muscles in our body were being used.
- Discovering what makes others happy. We sat in a circle and one person secretly made a funny face and shared it with the person beside them and so on. It was fun to see the final funny face. This got everyone laughing. We also talked about what made the girls laugh. These included Mum, Dad, brother, friends, pulling funny faces, brother's giggles and peanut butter!
- Discovering why we need to sleep. We worked in four small groups. Each group made up actions to a song teaching the importance of sleeping. It was fun to see their creativity and team work.

Outings

During December 2018 our unit went to the pantomime in the Courtyard Theatre at Ballyearl to see Peter Pan. All of the girls enjoyed the performance.

During May 2019 – We held our fourth annual Park to Park Sponsored Walk which was well attended. The girls enjoyed the walk and time they had to play at the Lough Shore play park. Funds raised were split between our Rainbow Unit and Crohn's and Colitis UK in memory of Peri Gillespie who was a Leader in our Rainbow unit that passed away unexpectedly during August 2018.

Also during May 2019, we organised an end of year party at Play Zone which is a facility that allows children to climb, slide and play in a safe environment.



A statement that the Trustees have had regard to the Commission's Public Benefit requirement statutory guidance

All Trustees are aware that Charity Trustees are legally obliged to have regard to this guidance. We have reviewed section 4 of the Trustees' Annual Report and Public Benefit reporting document which can be downloaded from the Girlguiding Ulster website.

A review of the Charity's financial position at the end of the year

The overall financial position is good. There was no outstanding debts.

The Unit started with a balance of £830.30. Income throughout the year totalled £1766.15 and expenditure came to £1551.11 thus leaving a positive balance of £1045.34 at the end of the year.

Details of any fund held by the Charity that was materially in deficit at the end of the year and steps taken by the Charity Trustees to eliminate the deficit

The account was not in deficit at any time during the year.

One or more of the Charity Trustees must sign and date the box below.

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