

M.E Support Northern Ireland

Northern Ireland · Charity number 104006

Details

Known as	MESNI
Status	Received
Registered	2015-11-17
Register	View on the Charity Commission for Northern Ireland register

Contact

Address
Conway Mill
5-7 Coway Street
Belfast
Belfast
Bt13 2de
BT13 2DE

Phone 07526252055

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Website www.mesupportni.com

Activities

Purposes: a. The Association is established with the AIM of relieving the sickness and suffering of, and to promote, protect and preserve the health and wellbeing of people who have or have had a diagnosis of Myalgic Encephalomyelitis (hereinafter referred to as ME) and its related conditions (hereinafter referred to included in the abbreviation "ME") and their families and carers. (Those experiencing ME, and their families and carers will hereinafter be referred to as beneficiaries). b. The Association will promote equality of opportunity in line with equality legislation where possible (subject to financial resource / capacity / geographical spread) or legally or contractually required, by addressing the pre-existing disadvantage experienced by those who have ME and by targeting actions, resources and finances at this group in line with equal opportunities legislation.

What the charity does: The advancement of health or the saving of lives, The advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Counselling/support, Disability, Education/training

Who the charity helps: Carers, Parents, Physical disabilities

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£7,590	£7,496	£0	0

Trustees

Name	Role	Appointed
Jeanette Marley		
Mr David Christie		
Mr Micheal Edgar		
Mrs Anne Smyth Vice-Char		
Mrs Antoinette Christie		
Ms Alana Gallagher		
Ms Mary Mernagh		
Ms Siobhan Mccallin		

M.E Support Northern Ireland

Northern Ireland - Charity number 104006

Accounts

M.E. Support Northern Ireland (MESNI) Jan 2024 - Dec 2024		
<u>Details of Income & Expenditure</u>		
<u>Income</u>		2024
DVD's Books & Pens Cards		
Membership/Subscriber of MENS I		£ 1,098.80
Donations		£ 6,491.90
Ulster Bank Charities		
Black Santa		
Wesleyan Grant		
Christmas Dinner		
Joan Burinson		
A Smith Wedding		
Swim		
Belfast Marathon Chloe Stewart		
S. Whitten		
HX Grant		
Misc		
Enkalon Foundation		
Foyle Foundation		
Info Pack		
Donate re late Adrian Moorhead		
Awards For All		
Tutor Foundation		
Micro Grants		
The Honourable The Irish Society		
MC Cracken Memb Pres Church		
Slimming World		
Moore Grant		
Housing Exec Donation		
Gary Keenan		
A Mullholand & A Smyth Donations		
Deep River Rock		
Doherty		
Rainbow Face Coverings		
R. Gallagher		
		£ 7,590.70

2023	2022	<u>Expenditure</u>	2024
£ -	£ -	Bank Charges	£ 51.19
£ -	£ 372.47	Insurance	£ 938.45
£ 2,067.90	£ 1,832.67	Membership Fees	£ 255.00
£ -	£ -	Promoting ME	
£ -	£ -	Post	£ 44.65
£ -	£ -	Stationery/Signs	£ 1,700.36
£ -	£ -	Office Equip &Phone	£ 990.18
£ -	£ -	Tea/Cof &Xmas Dinner	
£ -	£ -	Conferences& Exhibitions	
£ -	£ -	Just Giving Fee	£ -
£ -	£ -	ME Research UK	£ -
£ -	£ -	Office & Room Hire	£ 1,195.35
£ -	£ -	Gifts	£ -
£ -	£ 15.00	NIVCA Grant Tracer	
£ -	£ -	Petty Cash	
£ -	£ -	ME Research Cards	
£ -	£ -	Misc	£ 235.98
£ -	£ -	Expenses	
£ 6,850.00		Travel	
£ -	£ -	Furniture	
£ -	£ -	Rent	£ 1,227.00
£ -	£ -	Go Cardless	
£ -	£ -	Electricity	£ 54.00
£ -	£ -	Signature Works	£ -
£ -	£ -	Website	£ 417.60
£ -	£ -	Zoom	£ 187.08
£ -	£ -	Professional Fees	£ 200.00
£ -	£ -	voucher Project	£ -
£ -	£ -		
£ -	£ -		
£ -	£ -		
£ -	£ -		
£ 8,917.90	£2,220.14		£ 7,496.84

2023	<u>2022</u>	
£ 66.26	£ 66.26	
£ 845.62	£ 845.62	
£ -	£ -	
£ -	£ -	
£ 83.04	£ 83.04	
£ 98.95	£ 98.95	
£ 24.99	£ 24.99	
£ -	£ -	
£ -	£ -	
£ -	£ -	
£ -	£ -	
£ 194.29	£ 194.29	
£ -	£ -	
£ 195.00	£ 195.00	
£ -	£ -	
£ -	£ -	
£ -	£ -	
£ -	£ -	
£ -	£ -	
£ 1,227.00	£ 1,227.00	
£ 338.70	£ 338.70	
£ 18.00	£ 18.00	
£ -	£ -	
£ 417.60	£ 417.60	
£ 172.68	£ 172.68	
£ 299.53	£ 299.53	
£ -	£ -	
£ 3,981.66	£ 3,981.66	

M.E Support Northern Ireland

Northern Ireland - Charity number 104006

Accounts

ME Support NI Jan 2023- Dec 2023

Expenditure

Date	Description	Ref	Chq No
30.12/2022			
03.01.2023	Sim Only	1	DD
03.01.2023	Conway Mill	2	SO
09.01.2023	PinkInc	3	So
18.01.2023	VOIP (internet)	4	DD
24.01.2023	Zoom	5	DD
25.01.2023	Ecclesiastical	6	DD
01.02.2023	Sim Only	7	DD
01.02.2023	Conway Mill	8	DD
07.02.2023	PinkInc	9	So
14.02.2023	Balmoral	10	BACS
17.02.2023	VOIP	11	DD
23.02.2023	Zoom	12	DD
27.02.2023	Ecclesiastical	13	DD
01.03.2023	Sim Only	14	DD
01.03.2023	Conway Mill	15	DD
07.03.2023	PinkInc	16	SO
14.03.2023	Electric	17	BACS
14.03.2023	Electric	18	BACS
14.03.2023	Electric	19	BACS
14.03.2023	Electric	20	BACS
20.03.2023	VOIP (Internet)	21	DD
23.03.2023	Zoom	22	DD
27.03.2023	Ecclesiastical	23	DD
31.03.2023	Bank Fees		
03.04.2023	Sim Only	24	DD
03.04.2023	Conway Mill	25	DD
11.04.2023	PinkInc	26	SO
20.04.2023	VOIP Internet	27	DD

24.04.2023	Zoom	28	DD
25.04.2023	Ecclesiastical	29	DD
02.05.2023	Sim Only	30	DD
02.05.2023	Conway Mill	31	DD
09.05.2023	PinkInc	32	DD
18.05.2023	VOIP Internet	33	DD
23.05.2023	Zoom	34	DD
25.05.2023	Ecclesiastical	35	DD
01.06.2023	Sim Only		
01.06.2023	Conway Mill	36	DD
07.06.2023	PinkInc	37	SO
19.06.2023	VOIP Internet	38	DD
23.06.2023	Zoom	39	DD
26.06.2023	Ecclesiastical	40	DD
26.06.2023	POS		
30.06.2023	Bank Fees	41	DD
03.07.2023	Sim Only	42	DD
03.07.2023	Conway Mill	43	SO
07.07.2023	PinkInc	44	SO
18.07.2023	VOIP Internet	45	DD
24.07.2023	Zoom	46	DD
26.07.2023	Ecclesiastical	47	DD
27.06.2023	POS The Little		
01.08.2023	Sim Only	48	DD
01.08.2023	Conway Mill	49	SO
02.08.2023	ME Research	50	BACS
07.08.2023	PinkInc	51	SO
14.08.2023	ATM Petty Cash	52	
18.08.2023	VOIP Internet	53	DD

23.08.2023	POS Post		
23.08.2023	Zoom	54	DD
24.08.2023	The Little Mill	55	POS
24.08.2023	POS	56	POS
29.08.2023	Ecclesiastical	57	DD
01.09.2023	Conway Mill	58	SO
05.09.2023	Balmoral	59	POS
07.09.2023	Post	60	POS
07.09.2023	PinkInc	61	So
12.09.2023	Advice NI membership	62	BACS
13.09.2023	Sim Only	63	DD
15.09.2023	The Little Mill (Volunteer)	64	POS
15.09.2023	Post	65	POS
15.09.2023	SUMUP	66	POS
15.09.2023	The Little Mill (Volunteer)	67	POS
18.09.2023	VOIP Internet	68	DD
0 18.09.2023	Balmoral	69	POS
25.09.2023	Ecclesiastical	70	DD
25.09.2023	Zoom	71	DD
29.09.2023	Bank Fees		
02.10.2023	Sim Only	72	DD
02.10.2023	Conway Mill	73	SO
04.10.2023	Balmoral	74	POS
09.10.2023	PinkInc	75	SO
18.10.2023	VOIP Internet	76	DD
23.10.2023	Zoom	77	DD
25.10.2023	Ecclesiastical	78	DD
30.10.2023	The Range	79	POS
30.10.2023	SUMUP	80	POS
01.11.2023	Sim Only	81	DD
01.11.2023	Conway Mill	82	SO
07.11.2023	PinkInc	83	SO
09.11.2023	Balmoral	83	POS
17.11.2023	Sim Only	85	DD

23.11.2023	Zoom	86	DD
27.11.2023	Ecclesiastical	87	DD
27.11.2023	Electric	88	BACS
01.12.2023	VOIP Internet	89	DD
01.12.2023	Conway Mill	90	SO
07.12.2023	PinkInc	91	SO
18.12.2023	Sim Only	92	DD
28.12.2023	Ecclesiastical	93	DD
28.12.2023	Zoom	94	DD
29.12.2023	Bank Fees		

	Bank Reconciliation		
01.01.2023	Balance Carried Forward		
	Income		
	Expenditure		
31.12.2023	Balance for year		

Income			
			Amount
	Donations		£ 2,067.90
	Grants		£ 6,850.00
		Total	£ 8,917.90
Expenditure			
Bank Charges			£ 51.44
		Total	£ 51.44
Insurance			£ 879.78
		Total	£ 879.78
Stationery ,Signs, Adverts, Post			

Post Office		£	17.25
Stationery		£	11.96
		Total	£ 29.21
Office Equipment/Phone/IT			
Sim Only		£	122.40
VOIP (Internet)		£	172.80
		Total	£ 295.20
Room Hire			
Balmoral		£	341.25
Refreshments		£	29.20
SCA		£	200.00
		Total	£ 570.45
Rent			
Rent		£	1,227.00
Utilities		£	48.00
		Total	£ 1,275.00
Mis			
Webhosting		£	417.60
Zoom		£	183.48
Membership		£	58.00
ME Research		£	1,000.00
Sundries		£	59.92
Petty Cash		£	100.00
		Total	£ 1,819.00

Petty Cash			
			Income
14.08/2023	Balance brought forward		£0.00
14.08.2023	Cash in		£100.00
			£100.00

Amount	Bank Charge	Insurnace	Misc
£ 14.40			
£ 102.25			
£ 34.80			£ 34.80
£ 10.20			
£ 14.39			£ 14.39
£ 70.93		£ 70.93	
£ 14.40			
£ 102.25			
£ 34.80			£ 34.80
£ 129.00			
£ 10.20			
£ 14.39			£ 14.39
£ 70.93		£ 70.93	
£ 14.40			
£ 102.25			
£ 34.80			£ 34.80
£ 3.00			
£ 3.00			
£ 3.00			
£ 3.00			
£ 10.20			
£ 14.39			£ 14.39
£ 70.93		£ 70.93	
£ 12.50	£ 12.50		
£ 14.40			
£ 102.25			
£ -			
£ -			
£ 34.80			£ 34.80
£ -			
£ -			
£ 10.20			
£ -			

£ 15.59			£ 15.59
£ 70.93		£ 70.93	
£ 14.40			
£ 102.25			
£ -			
£ 34.80			£ 34.80
£ -			
£ -			
£ 10.20			
£ -			
£ 15.59			£ 15.59
£ 70.93		£ 70.93	
£ -			
£ -			
£ 14.40			
£ 102.25			
£ 34.80			£ 34.80
£ -			
£ -			
£ -			
£ 10.20			
£ -			
£ 15.59			£ 15.59
£ 70.93		£ 70.93	
£ 41.47			£ 41.47
£ -			
£ 12.50	£ 12.50		
£ 14.40			
£ 102.25			
£ 34.80			£ 34.80
£ -			
£ -			
£ -			
£ 10.20			
£ 15.59			£ 15.59
£ 75.75		£ 75.75	
£ 13.80			
£ -			
£ 14.40			
£ 102.25			
£ 1,000.00			£ 1,000.00
£ 34.80			£ 34.80
£ -			
£ -			
£ 100.00			£ 100.00
£ -			
£ -			
£ -			
£ 10.20			

£	-		
£	18.45		£ 18.45
£	15.59		£ 15.59
£	-		
£	6.60		
£	40.00		
£	-		
£	75.69	£	75.69
£	-		
£	102.25		
£	54.25		
£	-		
£	15.00		
£	34.80		£ 34.80
£	-		
£	-		
£	58.00		£ 58.00
£	14.40		
£	3.90		
£	2.25		
£	40.00		
£	4.90		
£	10.20		
£	99.00		
£	-		
£	-		
£	75.69	£	75.69
£	15.59		£ 15.59
£	13.94	£ 13.94	
£	-		
£	14.40		
£	102.25		
£	29.50		
£	34.80		£ 34.80
£	-		
£	10.20		
£	15.59		£ 15.59
£	75.69	£	75.69
£	11.96		
£	120.00		
£	-		
£	14.40		
£	102.25		
£	34.80		£ 34.80
£	29.50		
£	-		
£	10.20		
£	-		
£	-		
£	-		

Stationer/Signs/ leaflets /booklets /f Office equipment/phone/IT Rm Hire/Meetings

	£	14.40
	£	10.20
	£	14.40
		£ 129.00
	£	10.20
	£	14.40
	£	10.20
	£	14.40
	£	10.20

		£ 6.60
		£ 40.00
		£ 54.25
£ 15.00		
	£ 14.40	
		£ 3.90
£ 2.25		
		£ 40.00
		£ 4.90
	£ 10.20	
		£ 99.00
	£ 14.40	
		£ 29.50
	£ 10.20	
£ 11.96		
		£ 120.00
	£ 14.40	
		£ 29.50
	£ 10.20	

	£	14.40	
	£	10.20	
£	29.21	£	295.20
		£	570.45

ME Support NI Jan 2023- Dec 2023

Income

Rent & Utilities	Date	Descriptor	Reference	Amount	Grants	donation
£ 102.25						
	10.01.2023	Donation		£ 20.00		£ 20.00
	18.01.2023	Donation		£ 9.72		£ 9.72
	31.01.2023			£ 23.99		£ 23.99
£ 102.25						
	08.02.2023	Donation		£ 9.72		£ 9.72
	10.02.2023	Donation		£ 20.00		£ 20.00
	13.02.2023	Donation		£ 9.72		£ 9.72
	16.02.2023	Donation		£ 9.72		£ 9.72
	21.02.2023	Donation		£ 9.72		£ 9.72
£ 102.25						
	10.03.2023	Donation		£ 20.00		£ 20.00
£ 3.00						
£ 3.00						
£ 3.00						
£ 3.00						
£ 102.25						
	04.04.2023	Donation		£ 9.72		£ 9.72
	11.04.2023	Donation		£ 20.00		£ 20.00
	13.04.2023	Donation		£ 9.72		£ 9.72
	14.04.2023	Donation		£ 34.13		£ 34.13
	24.04.2023			£ 5.16		£ 5.16

£	102.25				
	03.05.2023	Donation		£ 34.13	£ 34.13
	10.05.2023	Donation		£ 20.00	£ 20.00
	17.05.2023	Donation		£ 34.13	£ 34.13
	19.05.2023			£ 30.50	£ 30.50
	31.05.2023	Donation		£ 9.72	£ 9.72
£	102.25				
	12.06.2023	Donation		£ 20.00	£ 20.00
	14.06.2023	Donation		£ 204.53	£ 204.53
	16.06.2023	Donation		£ 19.64	£ 19.64
	19.06.2023	Donation		£ 29.16	£ 29.16
	21.06.2023	Donation		£ 34.13	£ 34.13
	28.06.2023	Donation		£ 9.72	£ 9.72
£	102.25				
	10.07.2023	Donation		£ 20.00	£ 20.00
	13.07.2023	Donation		£ 19.44	£ 19.44
	14.07.2023			£ 220.00	£ 220.00
	01.08.2023	Donation		£ 839.91	£ 839.91
£	102.25				
	09.08.2023	Donation		£ 9.72	£ 9.72
	10.08.2023	Donation		£ 20.00	£ 20.00
	16.08.2023	Donation		£ 19.44	£ 19.44
	17.08.2023	Donation		£ 14.69	£ 14.69
	18.08.2023	Donation		£ 9.72	£ 9.72

	23.08.2023	Donation		£ 9.72		£ 9.72
	24.08.2023	Donation		£ 14.69		£ 14.69
	25.08.2023	Donation		£ 9.72		£ 9.72
	01.09.2023	Donation		£ 9.72		£ 9.72
£ 102.25						
	06.09.2023	Donation		£ 9.72		£ 9.72
	11.09.2023	Donation		£ 9.72		£ 9.72
	11.09.2023	Donation		£ 20.00		£ 20.00
	20.09.2023	Donation		£ 19.44		£ 19.44
	25.09.2023	Donation		£ 9.72		£ 9.72
	02.10.2023	Donation		£ 14.69		£ 14.69
£ 102.25						
	10.10.2023	Donation		£ 20.00		£ 20.00
	31.10.2023	Donation		£ 9.61		£ 9.61
£ 102.25						
	10.11.2023	Donation		£ 20.00		£ 20.00
	20.11.2023	Donation		£ 9.72		£ 9.72
	22.11.2023	Donation		£ 2.37		£ 2.37
	22.11.2023	Donation		£ 9.72		£ 9.72

	24.11.2023	Grant		£ 6,850.00	£ 6,850.00	
£	36.00					
£	102.25					
	06.12.2023	Donation		£ 9.72		£ 9.72
	11.12.2023	Donation		£ 20.00		£ 20.00
	13.12.2023	Donation		£ 9.72		£ 9.72
£	1,275.00			£ 8,917.90	£ 6,850.00	£ 2,067.90

Fundraising/ Subscription Running Balance

			£ 7,576.94
			£ 7,562.54
			£ 7,460.29
			£ 7,425.49
			£ 7,445.49
			£ 7,455.21
			£ 7,445.01
			£ 7,430.62
			£ 7,359.69
			£ 7,383.68
			£ 7,369.28
			£ 7,267.03
			£ 7,232.23
			£ 7,241.95
			£ 7,261.95
			£ 7,271.67
			£ 7,142.67
			£ 7,152.39
			£ 7,142.19
			£ 7,151.91
			£ 7,137.52
			£ 7,066.59
			£ 7,052.19
			£ 6,949.94
			£ 6,915.14
			£ 6,935.14
			£ 6,932.14
			£ 6,929.14
			£ 6,926.14
			£ 6,923.14
			£ 6,912.94
			£ 6,898.55
			£ 6,827.62
			£ 6,815.12
			£ 6,800.72
			£ 6,698.47
			£ 6,708.19
			£ 6,728.19
			£ 6,693.39
			£ 6,703.11
			£ 6,737.24
			£ 6,727.04
			£ 6,732.20

		£ 6,716.61
		£ 6,645.68
		£ 6,631.28
		£ 6,529.03
		£ 6,563.16
		£ 6,528.36
		£ 6,548.36
		£ 6,582.49
		£ 6,572.29
		£ 6,602.79
		£ 6,587.20
		£ 6,516.27
		£ 6,525.99
		£ 6,525.99
		£ 6,511.59
		£ 6,409.34
		£ 6,374.54
		£ 6,394.54
		£ 6,599.07
		£ 6,618.71
		£ 6,647.87
		£ 6,637.67
		£ 6,671.80
		£ 6,656.21
		£ 6,585.28
		£ 6,543.81
		£ 6,553.53
		£ 6,541.03
		£ 6,526.63
		£ 6,424.38
		£ 6,389.58
		£ 6,409.58
		£ 6,429.02
		£ 6,649.02
		£ 6,638.82
		£ 6,623.23
		£ 6,547.48
		£ 6,533.68
		£ 7,373.59
		£ 7,359.19
		£ 7,256.94
		£ 6,256.94
		£ 6,222.14
		£ 6,231.86
		£ 6,251.86
		£ 6,151.86
		£ 6,171.30
		£ 6,185.99
		£ 6,195.71
		£ 6,185.51

		£ 6,195.23
		£ 6,176.78
		£ 6,161.19
		£ 6,175.88
		£ 6,169.28
		£ 6,129.28
		£ 6,139.00
		£ 6,073.03
		£ 6,073.03
		£ 5,970.78
		£ 5,916.53
		£ 5,926.25
		£ 5,911.25
		£ 5,876.45
		£ 5,886.17
		£ 5,906.17
		£ 5,848.17
		£ 5,833.77
		£ 5,829.87
		£ 5,827.62
		£ 5,787.62
		£ 5,782.72
		£ 5,772.52
		£ 5,673.52
		£ 5,692.96
		£ 5,702.68
		£ 5,626.99
		£ 5,611.40
		£ 5,597.46
		£ 5,612.15
		£ 5,597.75
		£ 5,495.50
		£ 5,466.00
		£ 5,431.20
		£ 5,451.20
		£ 5,441.00
		£ 5,425.41
		£ 5,349.72
		£ 5,337.76
		£ 5,217.76
		£ 5,227.37
		£ 5,212.97
		£ 5,110.72
		£ 5,075.92
		£ 5,046.42
		£ 5,066.42
		£ 5,056.22
		£ 5,065.94
		£ 5,068.31
		£ 5,078.03

			£ 5,062.44
			£ 11,912.44
			£ 11,836.75
			£ 11,800.75
			£ 11,786.35
			£ 11,684.10
			£ 11,693.82
			£ 11,659.02
			£ 11,679.02
			£ 11,688.74
			£ 11,678.54
			£ 11,602.85
			£ 11,587.26
			£ 11,574.76
			£ 11,574.76
£ -	£ -	£ -	

M.E Support Northern Ireland

Northern Ireland - Charity number 104006

Annual report



ANNUAL REPORT

January-December 2023

M.E SUPPORT NORTHERN IRELAND
Conway Mill, Belfast

Annual Report January-December 2023

Report of the committee.

The committee presents its report and financial statements for the year ended 31st December 2023.

Charity registration no: NIC104006

Registered office:

Conway Mill
5-7 Conway Street
Belfast
BT13 2DE
Phone: 07526252055

Chair person

Antoinette Christie (Reappointed)

Committee Members

Jeanette Marley, Secretary (Reappointed)
David Christie Vice-Chairperson (Reappointed)
Anne Smyth, (Reappointed)
Uli Speers (Reappointed)
Mary Mernagh

Principal Bankers

Bank of Ireland
202 Andersonstown Road
Belfast
BT11 9EB

Independent Accountant Review

John Beacom FCA, Muir & Addy Chartered Accountants
Muir Building
427 Holywood Road
Belfast
BT4 2LT

Structure, Governance and Management

ME Support NI is a registered charity number **NIC104006**

The committee consists of 6 members who meet at least twice per year and are responsible for the strategic direction and policy of the charity.

All members of the committee are elected from and by the membership and hold office until the close of the next Annual General Meeting, where they can be re-elected. The Chair is chosen from within the Committee and remains in office for not more than three consecutive years, unless 2 thirds of the full committee vote in favour of the person being re-elected as Chairperson. All Committee members are volunteers who have either got ME or have family members who are affected by ME.

Objectives

M.E Support Northern Irelands main objectives are to provide information, support and practical advice for people (including children), families and carers affected by M.E (Myalgic Encephalomyelitis). Our aim is to improve the lives and experiences of those children, young people and adults affected by this devastating neurological illness. We will do this by lobbying for services which are underpinned by expert knowledge and an understanding of M.E.

Chairs report

As Chair of ME Support Northern Ireland, having been elected at the last AGM. Firstly, I would like to thank all the Committee Members and volunteers for their ongoing support, I also like to pay tribute to all the M.E. sufferers and carers who attend our support group as I know how difficult it is to muster the energy to attend and give support to each other.

Due to SARS-CoV-2 many of our activities had to be cancelled or postponed.

However, we made every attempt to continue to support our members and the wider community in these challenging times.

Antoinette Christie

Chair person

Support

Online

We have been carrying our regular online support group meetings that have been very well attended. At the meetings we provide a place for our members and new friends to come together in a space place to share their experiences.

Our members find theses online meetings as a way to replace our in-person support group meetings that had to be suspended due to COVID-19.

It is our aim to re-establish in-person support as soon as it is safe & reasonable to do so.

Social media

We have a number of social media channels for our members to engage with us and the wider community. These include our Facebook Group & page that reaches new members of the M.E community every week.

We also facilitate text-based support on WhatsApp to provide people with a place to chat causally about their day-to-day lives and reduce social isolation.

Advice

Our committee continues to provide practical emotional and social care support to ME sufferers and their families.

Some of our committee arrange to meet up with members, who live outside of the Belfast area and who are unable to attend support group meetings.

We also have in the past year, sent out Birthday Cards, Christmas cards and information packs about upcoming event.

We are also continuing to engage with members who are unable to attend the support group meetings via email and post.

Email: info@mesupportni.com

Facebook: <https://www.facebook.com/groups/365117956886428/>

Scientific Advisor: Dr Vance Spence, ME Research UK

Patron: Dr Nigel Speight Consultant Paediatrician MA MB Chir, FRCP FRCPCH
DCH

Charity No: NIC104006

M.E Support Northern Ireland

Northern Ireland - Charity number 104006

Annual return

M.E. Support Northern Ireland (MESNI)

Accounts

For the Year ended 31 December 2023

M. Addy.
MUIR & ADDY
CHARTERED ACCOUNTANTS
Muir Building
427 Hollywood Road, Belfast, BT4 2LT.
Telephone: (028) 90 768775 Fax: (028) 90 760631

19/9/24.

M.E Support Northern Ireland

Northern Ireland - Charity number 104006

Accounts

ME Support NI Jan 2022- Dec 2022

Expenditure

Date	Description	Ref	Chq No	Amount	Bank Charge	Insurance
31.12.2021						
04.01.2022	Conway Mi	1/p	so	£ 102.25		
07.01.2022	PinkInc	2/p	so	£ 34.80		
25.01.2022	Ecclesiastic	3/p	dd	£ 70.00		£ 70.00
26.01.2022	Go-Cardles	4/p	dd	£ 12.92	£ 12.92	
27.01.2022	Zoom	5/p	dd	£ 14.39		
01.02.2022	Go-Cardles	6/p	dd	£ 14.40	£ 14.40	
01.02.2022	Conway Mi	7/p	so	£ 102.25		
07.02.2022	PinkINC	8/p	so	£ 34.80		
09.02.2022	Post	9/p		£ 5.55		
23.02.2022	Zoom	10/p	dd	£ 14.39		
24.02.2022	Go-cardles	11/p	dd	£ 18.54	£ 18.54	
25.02.2022	Ecclesiastic	12/p	dd	£ 70.00		£ 70.00
01.03.2022	Conway Mi	13/p	so	£ 102.25		
01.03.2022	Bank 365	14/p		£ 15.00	£ 15.00	
02.03.2022	Go-cardles	15/p	dd	£ 14.40	£ 14.40	
07.03.2022	Argos	16/p		£ 24.99		
07.03.2022	Pinkinc	17/p	so	£ 34.80		
18.03.2022	Post/Paypa	18/p		£ 20.00		
22.03.2022	NICVA	19/p		£ 195.00		
23.03.2022	Zoom	20/p	dd	£ 14.39		
25.03.2022	Ecclesiastic	21/p	dd	£ 70.00		£ 70.00
28.03.2022	Go-Cardles	22/p	dd	£ 14.94	£ 14.94	
31.03.2022	fees	23/p		£ 12.95	£ 12.95	
01.04.2022	Go-Cardles	24/p	dd	£ 14.40	£ 14.40	
01.04.2022	Conway Mi	25/p	so	£ 102.25		
07.04.2022	PinkInc	26/p	so	£ 34.80		

25.04.2022	Go-Cardles	27/p	dd	£ 19.97	£ 19.97	
25.04.2022	Ecclesiastic	28/p	dd	£ 70.00		£ 70.00
25.04.2022	Zoom	29/p	dd	£ 14.39		
28.04.2022	Go-Cardles	30/p	dd	£ 14.40	£ 14.40	
03.05.2022	Conway Mi	31/p	so	£ 102.25		
09.05.2022	PinkInc	32/p	so	£ 34.80		
17.05.2022	Post	33/p		£ 13.10		
23.05.2022	Zoom	34/p	dd	£ 14.39		
25.05.2022	Ecclesiastic	35/p	dd	£ 70.00		£ 70.00
26.05.2022	Go-Cardles	36/p	dd	£ 29.22	£ 29.22	
30.05.2022	Go-Cardles	37/p	dd	£ 14.40	£ 14.40	
01.06.2022	Conway Mi	38/p	so	£ 102.25		
07.06.2022	PinkInc	39/p	so	£ 34.80		
15.06.2022	Post	40/p		£ 1.85		
23.06.2022	Go-Cardles	41/p	dd	£ 14.29	£ 14.29	
23.06.2022	Zoom	42/p	dd	£ 14.39		
27.06.2022	Ecclesiastic	43/p	dd	£ 70.00		£ 70.00
30.06.2022	bank fees	44/p		£ 12.50	£ 12.50	
01.06.2022	Go-Cardles	45/p	dd	£ 14.40	£ 14.40	
01.06.2022	Conway Mi	46/p	so	£ 102.25		
07.07.2022	PinkInc	47/p	so	£ 34.80		
25.07.2022	Go-Cardles	48/p	dd	£ 14.40	£ 14.40	
25.07.2022	Ecclesiastic	49/p	dd	£ 70.97		£ 70.97
25.07.2022	Zoom	50/p		£ 14.39		
25.07.2022	Professiona	51/p		£ 65.00		
25.07.2022	elec	52/p		£ 18.00		
26.07.2022	Go-Cardles	53/p	dd	£ 19.42	£ 19.42	
27.07.2022	Fees	54/p		£ 204.53		
01.08.2022	Little Mill	55/p		£ 11.20		
01.08.2022	Conway Mi	56/p	so	£ 102.25		
08.08.2022	post	57/pp		£ 34.00		
08.08.2022	PinkInc	58/p	so	£ 34.80		

10.08.2022	Balmoral	59/p		£ 49.50		
19.08.2022	Go-Cardles	60/p	dd	£ 10.20	£ 10.20	
22.08.2022	Range	61/p		£49.50		
23.08.2022	Range	62/p		£ 49.45		
23.08.2022	Post	63/p		£ 2.15		
23.08.2022	Zoom	64/p		£ 14.39		
23.08.2022	ME Assoica	65/p		£ 30.00		
25.08.2022	Go-cardles	66/p	dd	£ 14.40	£ 14.40	
25.08.2022	Ecclesiastic	67/p	dd	£ 70.93		£ 70.93
01.09.2022	Conway Mi	68/p	so	£ 102.25		
07.09.2022	Pinkinc	69/p	so	£ 34.80		
08.09.2022	post	70/p		£ 6.39		
20.09.2022	Go-Cardles	71/p	dd	£ 10.20	£ 10.20	
23.09.2022	Zoom	72/p	dd	£ 14.39		
26.09.2022	Ecclesiastic	73/p	dd	£ 70.93		£ 70.93
28.09.2022	Balmoral	74/p		£ 39.50		
30.09.2022	Bank fees	75/p		£ 13.31	£ 13.31	
03.10.2022	Go-Cardles	76/p	dd	£ 14.40	£ 14.40	
03.10.2022	Conway Mi	77/p	so	£ 102.25		
07.10.2022	PinkInc	78/p	so	£ 34.80		
18.10.2022	Go-Cardles	79/p	dd	£ 10.20	£ 10.20	
24.10.2022	Zoom	80/p	dd	£ 14.39		
25.10.2022	Ecclesiastic	81/p	dd	£ 70.93		£ 70.93
01.11.2022	Go-Cardles	82/p	dd	£ 14.40	£ 14.40	
01.11.2022	Conway Mi	83/p	so	£ 102.25		
07.11.2022	PinkInc	84/p	so	£ 34.80		
08.11.2022	Balmoral	85/p		£ 49.59		
17.11.2022	Go-cardles	86/p	dd	£ 10.20	£ 10.20	
23.11.2022	Zoom	87/p	dd	£ 14.39		
25.11.2022	Ecclesiastic	88/p	dd	£ 70.93		£ 70.93
01.12.2022	Go-Cardles	89/p	dd	£ 14.40	£ 14.40	
01.12.2022	Conway Mi	90/p	so	£ 102.25		

06.12.2022	Balmoral	91/p		£ 44.50		
07.12.2022	PinkInc	92/p	so	£ 34.80		
19.12.2022	Go-Cardles	93/p	dd	£ 10.20	£ 10.20	
23.12.2022	Zoom	94/p	dd	£ 14.39		
29.12.2022	Ecclesiastic	95/p	dd	£ 70.93		£ 70.93
30.12.2022	Bank Fees	96/p		£ 12.50	£ 12.50	
				£ 3,981.66	£ 404.96	£ 845.62

Bank Reconciliation		
01.01.2022	Balance Carried Forward	£ 9,338.46
	Income	£ 2,220.14
	Expenditure	£ 3,981.66
31.12.2022	Balance for year	£ 7,576.94

Income		Amount
	Membership/subsc	£ 372.47
	Donations	£ 1,832.67
	Misc	£ 15.00
		£ 2,220.14
Expenditure		
Bank Charges		
	Bank Fees	£ 66.26
	Go-Cardless	£ 338.70
	Total	£ 404.96
	Insurance	£ 845.62
	Misc	
	Electricity	£ 18.00

Website		£ 417.60	
Zoom		£ 172.68	
NICVA		£ 195.00	
Professional Fees		£ 299.53	
		£ 1,102.81	
Stationery ,Signs, Adverts, Post			
Post Office		£ 83.04	
Stationery		£ 98.95	
		£ 181.99	
Office Equipment/Phone/IT			
Webcam		£ 24.99	
		£ 24.99	
Room Hire		£ 194.29	
Rent		£ 1,227.00	
		£ 3,981.66	

ME Support NI Jan 2022- Dec 2022

Income

Misc	Stationer/	Office equi	Rm Hire/M	Rent	Date	Descriptor	Reference	Amount
				£ 102.25				
£ 34.80								
					10.01.2022	Donation	so	£ 20.00
					18.01.2022	Subscription		£ 9.72
£ 14.39								
				£ 102.25				
					04.02.2022	Misc		£ 15.00
£ 34.80								
					08.02.2022	Sub		£ 19.44
	£ 5.55							
					10.02.2022	Donation		£ 20.00
					11.02.2022	sub		£ 9.72
					16.02.2022	sub		£ 9.72
					21.02.2022	sub		£ 9.72
					23.02.2022	Donation		50
					23.02.2022	Donation		16.48
£ 14.39								
				£ 102.25				
		£ 24.99						
£ 34.80								
					10.03.2022	Donation		£ 20.00
	£ 20.00							
£ 195.00								
£ 14.39								
					30.03.2022	sub		£ 11.87
				£ 102.25				
					04.04.2022	Donation		48.85
					04.04.2022			£ 19.44
£ 34.80								
					11.04.2022	Donation		£ 20.00

					13.04.2022	sub		£	9.72		
					14.04.2022	Donation			34.13		
£	14.39										
					0.05.2022	Donation			34.13		
								£	102.25		
					09.05.2022	Donation		£	10.21		
£	34.80										
					9.05.2022	Donation		£	20.00		
	£	13.10									
					18.05.2022	Donation			34.13		
£	14.39										
					30.05.2022	sub		£	9.72		
									£102.25		
£	34.80										
					10.06.2022	Donation		£	20.00		
	£	1.85									
					16.06.2022	Sub		£	19.64		
					17.06.2022	sub		£	29.16		
					22.06.2022	Donation			34.13		
£	14.39										
					28.06.2022	sub		£	9.72		
					28.06.2022	Fundraising		£	1,116.48		
									£	102.25	
£	34.80										
					11.07.2022	Donation		£	20.00		
					13.07.2022	sub		£	19.44		
£	14.39										
£	65.00										
£	18.00										
£	204.53										
									£	11.20	
										£	102.25
					03.08.2022	Donation				180	
	£	34.00									
£	34.80										
					10.08.2022	Sub		£	9.72		
					10.08.2022	Donation		£	20.00		

			£ 49.50				
					16.08.2022	sub	£ 9.12
					17.08.2022	Donation	34.13
					18.08.2022	sub	£ 9.72
	£ 49.50						
					23.08.2022	sub	£ 9.72
	£ 49.45						
	£ 2.15						
£ 14.39							
£ 30.00							
					24.08.2022	sub	£ 14.69
					25.08.2022	sub	£ 9.72
					01.09.2022	sub	£ 9.72
			£ 102.25				
					07.09.2022	sub	£ 9.72
£ 34.80							
	£ 6.39						
					09.09.2022	sub	£ 9.72
					12.09.2022	Donation	£ 20.00
					22.09.2022	sub	£ 19.44
£ 14.39							
					26.09.2022	sub	£ 9.72
			£ 39.50				
					30.09.2022	sub	£ 14.69
			£ 102.25				
£ 34.80							
					10.10.2022	donation so	£ 20.00
£ 14.39							
			£ 102.25				
£ 34.80							
			£ 49.59				
					10.11.2022	donation so	£ 20.00
					15.11.2022	sub	£ 10.86
					18.11.2022	sub	£ 9.72
					23.11.2022	sub	£ 9.72
£ 14.39							
			£ 102.25				

Grants	Misc	Fundraising/Donations	Subscriptic	Running	Balance
					£ 9,338.46
					£ 9,236.21
					£ 9,201.41
		£ 20.00			£ 9,221.41
			£ 9.72		£ 9,231.13
					£ 9,161.13
					£ 9,148.21
					£ 9,133.82
					£ 9,119.42
					£ 9,017.17
	£ 15.00				£ 9,032.17
					£ 8,997.37
			£ 19.44		£ 9,016.81
					£ 9,011.26
		£ 20.00			£ 9,031.26
			£ 9.72		£ 9,040.98
			£ 9.72		£ 9,050.70
			£ 9.72		£ 9,060.42
		£ 50.00			£ 9,110.42
		£ 16.48			£ 9,126.90
					£ 9,112.51
					£ 9,093.97
					£ 9,023.97
					£ 8,921.72
					£ 8,906.72
					£ 8,892.32
					£ 8,867.33
					£ 8,832.53
		£ 20.00			£ 8,852.53
					£ 8,832.53
					£ 8,637.53
					£ 8,623.14
					£ 8,553.14
					£ 8,538.20
			£ 11.87		£ 8,550.07
					£ 8,537.12
					£ 8,522.72
					£ 8,420.47
		£ 48.85			£ 8,469.32
			£ 19.44		£ 8,488.76
					£ 8,453.96
		£ 20.00			£ 8,473.96

			£ 9.72		£ 8,483.68
		£ 34.13			£ 8,517.81
					£ 8,497.84
					£ 8,427.84
					£ 8,413.45
					£ 8,399.05
		£ 34.13			£ 8,433.18
					£ 8,330.93
		£ 10.21			£ 8,341.14
					£ 8,306.34
		£ 20.00			£ 8,326.34
					£ 8,313.24
		£ 34.13			£ 8,347.37
					£ 8,332.98
					£ 8,262.98
					£ 8,233.76
			£ 9.72		£ 8,243.48
					£ 8,229.08
					£ 8,126.83
					£ 8,092.03
		£ 20.00			£ 8,112.03
					£ 8,110.18
			£ 19.64		£ 8,129.82
			£ 29.16		£ 8,158.98
		£ 34.13			£ 8,193.11
					£ 8,178.82
					£ 8,164.43
					£ 8,094.43
			£ 9.72		£ 8,104.15
		£ 1,116.48			£ 9,220.63
					£ 9,208.13
					£ 9,193.73
					£ 9,091.48
					£ 9,056.68
		£ 20.00			£ 9,076.68
			£ 19.44		£ 9,096.12
					£ 9,081.72
					£ 9,010.75
					£ 8,996.36
					£ 8,931.36
					£ 8,913.36
					£ 8,893.94
					£ 8,689.41
					£ 8,678.21
					£ 8,575.96
		£ 180.00			£ 8,755.96
					£ 8,721.96
					£ 8,687.16
			£ 9.72		£ 8,696.88
		£ 20.00			£ 8,716.88

				£ 8,667.38
			£ 9.12	£ 8,676.50
	£	34.13		£ 8,710.63
			£ 9.72	£ 8,720.35
				£ 8,710.15
				£ 8,660.65
			£ 9.72	£ 8,670.37
				£ 8,620.92
				£ 8,618.77
				£ 8,604.38
				£ 8,574.38
			£ 14.69	£ 8,589.07
			£ 9.72	£ 8,598.79
				£ 8,584.39
				£ 8,513.46
			£ 9.72	£ 8,523.18
				£ 8,420.93
			£ 9.72	£ 8,430.65
				£ 8,395.85
				£ 8,389.46
			£ 9.72	£ 8,399.18
	£	20.00		£ 8,419.18
				£ 8,408.98
			£ 19.44	£ 8,428.42
				£ 8,414.03
			£ 9.72	£ 8,423.75
				£ 8,352.82
				£ 8,313.32
			£ 14.69	£ 8,328.01
				£ 8,314.70
				£ 8,300.30
				£ 8,198.05
				£ 8,163.25
	£	20.00		£ 8,183.25
				£ 8,173.05
				£ 8,158.66
				£ 8,087.73
				£ 8,073.33
				£ 7,971.08
				£ 7,936.28
				£ 7,886.69
	£	20.00		£ 7,906.69
			£ 10.86	£ 7,917.55
				£ 7,907.35
			£ 9.72	£ 7,917.07
			£ 9.72	£ 7,926.79
				£ 7,912.40
				£ 7,841.47
				£ 7,827.07
				£ 7,724.82

					£ 7,680.32
			£ 9.72		£ 7,690.04
					£ 7,655.24
		£ 20.00			£ 7,675.24
			£ 9.72		£ 7,684.96
					£ 7,674.76
					£ 7,660.37
					£ 7,589.44
					£ 7,576.94
£ -	£ 15.00	£ 1,832.67	£ 372.47	£ -	

M.E Support Northern Ireland

Northern Ireland - Charity number 104006

Annual report



ANNUAL REPORT

January-December 2022

MARCH 1, 2022
M.E SUPPORT NORTHERN IRELAND
Conway Mill, Belfast

Annual Report January-December 2021

Report of the committee.

The committee presents its report and financial statements for the year ended 31st December 2021.

Charity registration no: NIC104006

Registered office:

Conway Mill
5-7 Conway Street
Belfast
BT13 2DE
Phone: 07526252055

Chair person

Antoinette Christie (Reappointed)

Committee Members

Jeanette Marley, Secretary (Reappointed)
David Christie Vice-Chairperson (Reappointed)
Anne Smyth, (Reappointed)

Principal Bankers

Bank of Ireland
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Belfast
BT11 9EB

Independent Accountant Review

John Beacom FCA, Muir & Addy Chartered Accountants
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427 Holywood Road
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BT4 2LT

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Antoinette Christie

Chair person

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Social media

We have a number of social media channels for our members to engage with us and the wider community. These include our Facebook Group & page that reaches new members of the M.E community every week.

We also facilitate text-based support on WhatsApp to provide people with a place to chat causally about their day-to-day lives and reduce social isolation.

Advice

Some of our committee arrange to meet up with members, who live outside of the Belfast area and who are unable to attend support group meetings.

We also have in the past year, sent out Birthday Cards, Christmas cards and information packs about upcoming event.

We are also continuing to engage with members who are unable to attend the support group meetings via email and post.

Email: info@mesupportni.com

Facebook: <https://www.facebook.com/groups/365117956886428/>

Scientific Advisor: Dr Vance Spence, ME Research UK

Patron Dr Nigel Speight Consultant Paediatrician MA MB Chir, FRCP FRCPCH
DCH

Charity No: NIC104006

M.E Support Northern Ireland

Northern Ireland - Charity number 104006

Annual return

M.E. Support Northern Ireland (MESNI)

Accounts

For the Year ended 31 December 2022

M. Addy
MUIR & ADDY
CHARTERED ACCOUNTANTS
Muir Building
427 Hollywood Road, Belfast, BT4 2LT.
Telephone: (028) 90 768775 Fax: (028) 90 760631

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