

Craigavon Cardiac Care Association – NIC103683

Trustees Annual Report 2017

The trustees are pleased to present their annual trustees' report together with the financial statements of Craigavon Cardiac Care Association for the year ending 31 December 2017.

Trustees

The Trustees and officers serving during the year and since the year end were as follows:

Philomena Hagan	(Chairperson)
Rodney Wiggins	(Honorary Secretary)
Rhoda Larmour	
Winifred Gillespie	
Noleen Hampton	(Treasurer)

There are also up to 12 volunteers who help out with the Charity's work. There were no changes of trustees during the period. All trustees give their time freely and no remuneration or expenses were paid to them in the year.

Advisors

Accountants/Auditors	Flynn & Company, 28 Carleton St, Portadown, Co. Armagh, BT62 3EP
Bankers	Danske Bank, 45-48 High Street, Portadown, Co. Armagh, BT62 1LB
Financial Advisers	Brian Vallely & Co, 49 Carleton Street, Portadown, Co. Armagh, BT62 3EP

Objectives and Activities

The Charity's objects as set out in the governing documents are:

2. (a) The Association is established for charitable purposes only.
- (b) The object of the Association is to assist Cardiac Research and treatment of patients in Craigavon Area Hospital. In particular (but without in any way limiting the generality of the foregoing) the Association may assist such work in any of the following ways:-
 - (i) To promote a research fellowship and the publication and distribution of the results thereof to interested persons or bodies
 - (ii) By the provision of equipment to
 - (a) assist the medical staff in the treatment of patients,
 - (b) to assist in the rehabilitation of patients
 - (iii) To assist medical staff to attend conferences
 - (iv) By paying subscriptions and making donations to other hospitals, home or installations having amongst their objects any of the objects in (i), (ii) or (iii) above.

The focus of our work

The members of the charity work hard to raise funds through various methods to provide essential, and possibly lifesaving equipment for the Cardiac Ward in Craigavon Area Hospital. Over the last 40

years, funds have been used to purchase defibrillators for use in the wider community (most recently for local groups, churches and organisations), trackers and cardiocalls, special chairs for the Cardiac Ward and cardiology courses for nurses. Another area of work is the funding and support of a Heart to Heart club. This club runs Cardiac Rehab classes to help cardiac patients resume a normal life after surgery and to encourage and give advice on adopting a healthy lifestyle.

Who used and benefited from our services?

- The charity pays the salary for the secretary to the Cardiac Research Consultant in Craigavon Area Hospital
- Members of the public have greatly benefited with defibrillators being provided to numerous youth clubs, sports clubs and churches
- Cardiac patients in the hospital ward and in the community use equipment funded by the charity
- Cardiac nurses attend specialist courses paid for by the charity to enhance and sustain their training and knowledge
- Ex-cardiac patients benefit with rehab in the community through the Heart to Heart club

Achievements and Performance

The number of cases of heart attacks and cardiac arrest are increasing each year, but thankfully so too is the number of defibrillators that are now widely available all over Northern Ireland. Locally the charity has supplied 20 defibrillators during the last 12 months costing a total of £15,000. For each club/group/church that received a defibrillator, a group of up to 10 people were also provided with essential training on how to use it correctly. This training was also supported by the charity. As there is no cost for receiving the defibrillator, the charity ask for a one off subscription in return. This was gladly welcomed by all those involved and they were happy to donate so the charity can continue their work.

Throughout the year the charity continued to fund the Heart to Heart club which is held once a fortnight in Portadown swimming pool, Cascades. The contribution made by the charity pays towards a physio and a cardiac nurse at the club who help cardiac patients rehabilitate through gentle exercise and regular check-ups. This is an important aspect of the charity's financial support as this club focuses on getting cardiac patients back to a normal routine after surgery and without it their road to recovery might be a great deal more difficult.

As they have done for the past number of years now, the charity continue to pay the salary of the secretary to the Cardiac Research Consultant in Craigavon Area Hospital. In supporting this salary it ensures the secretary is able to remain in the job and carry out an important role within the Cardiac department. The secretary is the first port of call for patients who require appointments or information or those who need to speak with the consultant. The secretary will also arrange training days and conferences for the consultant and direct any queries relating to cardiac research to the Catheterisation Laboratory at the hospital.

During the year the Charity raised money through fundraising or donations. Either way, all money that is received by the charity allows it to meet its objectives and continue their good work. This year, money was received through various sources such as:-

- The charity's annual raffle, which is always a huge success, raising over £11,000
- A Country & Western Concert was held in Portadown town hall
- Continuing to place collection boxes in local shops and petrol stations
- Money in lieu of flowers to funeral parlours or paid directly to the charity, as well as donations left in wills
- Special donations from groups or individuals that hold fundraising events and choose to donate the funds to the charity

Financials

The charity trustees are responsible for preparing the trustees annual report and the financial statements in accordance with applicable law.

Company law requires the trustees to prepare accounts for each financial year. The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions, as well as being responsible for safeguarding the assets of the charity.

Plans for the future

Over the next 12 months and forthcoming years, the charity would like to:-

- Continue with the provision of defibrillators
- Continue with the financial support for the secretary to the Cardiac research consultant and the Heart to Heart club
- Provide a bursary for a cardiologist who is doing a research doctorate. This will allow for an online training programme to be created so that Cardiac doctors and nurses can keep up to date with their training without sacrificing time spent with their patients
- Aim to do more 'one off' fundraising activities outside of their annual raffle
- Continue with supporting research and the provision of equipment where necessary in both the hospital ward and the community
- Provide at least one person as a layperson to provide additional support (non-financial) for a new programme that is being developed. Ronan (the project manager) is setting up a system of First Responders who will support the Ambulance service. The aim is that when a 999 call comes in for cardiac arrest, an alert will also come through to the first responder's team. It is hoped that the new system would pinpoint a member of the team who is nearby the patient that could provide CPR until such times as the paramedics/ambulance would arrive with the patient

Conclusion

The charity has no doubt that the work they carry out is making a difference to local communities, especially Cardiac patients and their families. The recruitment of more members, especially from younger generations, is essential so that the positive work of the charity can continue for many more years to come. The charity looks forward to another successful year ahead.