

Northern Ireland Group for Art as Therapy (NIGAT)

Northern Ireland · Charity number 103671

Details

Known as NIGAT

Status Received

Registered 2016-04-07

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address Peace House
224 Lisburn Road
Belfast
BT9 6ge
BT9 6GE

Phone 07545406556

Activities

Purposes: The organisation shall be established exclusively for charitable purposes and in particular for: a) The promotion of wholeness and wellbeing for individuals and community groups through creativity, creative activities and the use of art materials. b) To assist others who are promoting the aforementioned objectives

What the charity does: The advancement of education, The advancement of citizenship or community development, The advancement of the arts, culture, heritage or science

How the charity works: Arts, Education/training

Who the charity helps: Adult training, General public, Mental health

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£4,590	£3,618	£0	0

Trustees

Name	Role	Appointed
Aine Farrell		
Caryl Sibbett		
Eileen Mccourt		
Frank Holmes		
Mr Brian Wallace		
Mr Colin Sims		
Mr Leora Sotto		

Northern Ireland Group for Art as Therapy (NIGAT)

Northern Ireland - Charity number 103671

Accounts

N I G A T

Financial Report for the year

1st November 2024 to 31st October 2025

C O N T E N T S

(1) Treasurers Report

**(2) Income & Expenditure Account for the
year ended 31st Oct 2025**

(3) Statement of Assets & Liabilities as at 31st Oct 25

NIGAT TREASURER'S REPORT 2024/2025

We are pleased to present our Income & Expenditure Account and Treasurer's Report for the financial year ended 31st October 2025.

The Income & Expenditure Account for the financial year reflects a net surplus of **£972** (2024: deficit £559).

Income for the financial year amounted to £4,590 offset by expenditure incurred of £3,618.

Donations of £1,990 were received during the year (2024: £1,539).

The receipts from the Summer School amounted to £1,150 with expenditure incurred of £1,058, resulting in a net surplus of £92.

Membership subscriptions were received totalling £775. Paypal was the preferred method of payment for membership fees and we would continue to encourage our members to avail of this service.

The main source of expenditure during the year was the Peace People reading room on the Lisburn Road (£1,400 for the year in rental expenses plus £708 on insurance costs)

As at 31st October 2025, the Total Funds available for NIGAT was **£18,397**:

£17,425 - Funds B/Fwd @ 31st Oct 24
£4,590 - Add Income (1st Nov 24 to 31st Oct 25)
(£3,618) - Less Expenditure (1st Nov 24 to 31st Oct 25)
£18,397 - Funds Available @ 31st Oct 25

We would like to thank all our members for their continued support and share our appreciation for your efforts during the year.

Take care & stay safe.

NIGAT

NORTHERN IRELAND GROUP FOR ART AS THERAPY

INCOME & EXPENDITURE ACCOUNT FOR 12 MONTHS

1st NOVEMBER 2024 TO 31st OCTOBER 2025

Consolidation of
2x Danske Current A/cs & PayPal A/c

INCOME

Donations	£	1,990
NIGAT Membership Subscriptions	£	775
Summer School Receipts	£	1,150
Day Meetings Income	£	675
TOTAL INCOME FOR YEAR	£	4,590

EXPENDITURE

Bank Charges (2 x Danske Current A/C's & Paypal)	£	77
Day Meetings Expenses includes Snacks/Tea & Coffee	£	125
Summer School Expenses includes Travel & Accomodation	£	1,058
Library / New Reading Room costs includes Rent & Rates	£	2,108
Accountant Fee	£	250
TOTAL EXPENDITURE FOR YEAR	-£	3,618

SURPLUS / (DEFICIT) FOR YEAR	£	972
(Total INCOME Less Total EXPENDITURE)		

NORTHERN IRELAND GROUP FOR ART AS THERAPY

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31st OCTOBER 2025

ASSETS

NIGAT Danske Current A/c - Summer School	£	2,331
NIGAT Danske Current A/c - General	£	15,425
Paypal A/C	£	641

TOTAL ASSETS £ **18,397**

LIABILITIES

£ -

NET ASSETS AS AT 31st OCTOBER 2025 £ **18,397**

Northern Ireland Group for Art as Therapy (NIGAT)

Northern Ireland - Charity number 103671

Accounts

N I G A T

Financial Report for the year

1st November 2023 to 31st October 2024

C O N T E N T S

(1) Treasurers Report

**(2) Income & Expenditure Account for the
year ended 31st Oct 2024**

(3) Statement of Assets & Liabilities as at 31st Oct 24

NIGAT TREASURER'S REPORT 2023/2024

We are pleased to present our Income & Expenditure Account and Treasurer's Report for the financial year ended 31st October 2024.

The Income & Expenditure Account for the financial year reflects a net deficit of **£559** (2023: surplus £702).

Income for the financial year amounted to £5,919 offset by expenditure incurred of £6,477.

Donations of £1,539 were received during the year (2023: £2,490).

The receipts from the Summer School amounted to £2,655 with expenditure incurred of £1,533, resulting in a net surplus of £1,122.

Membership subscriptions were received totalling £1,195. Paypal was the preferred method of payment for membership fees and we would continue to encourage our members to avail of this service.

The main source of expenditure during the year was the Peace People reading room on the Lisburn Road (£2,700 for the year in rental expenses plus £666 on insurance costs)

As at 31st October 2024, the Total Funds available for NIGAT was **£17,428**:

£17,986 - Funds B/Fwd @ 31st Oct 23
£5,919 - Add Income (1st Nov 23 to 31st Oct 24)
(£6,477) - Less Expenditure (1st Nov 23 to 31st Oct 24)
£17,428 - Funds Available @ 31st Oct 24

We would like to thank all our members for their continued support and share our appreciation for your efforts during the year.

Take care & stay safe.

NIGAT

NORTHERN IRELAND GROUP FOR ART AS THERAPY

INCOME & EXPENDITURE ACCOUNT FOR 12 MONTHS

1st NOVEMBER 2023 TO 31st OCTOBER 2024

Consolidation of
2x Danske Current A/cs & PayPal A/c

INCOME

Donations	£	1,539
NIGAT Membership Subscriptions	£	1,195
Summer School Receipts	£	2,655
Day Meetings Income	£	530
TOTAL INCOME FOR YEAR	£	5,919

EXPENDITURE

Bank Charges (2 x Danske Current A/C's & Paypal)	£	113
Day Meetings Expenses includes Snacks/Tea & Coffee	£	1,116
Summer School Expenses includes Travel & Accomodation	£	1,533
Library / New Reading Room costs includes Rent & Rates	£	3,466
Accountant Fee	£	250
TOTAL EXPENDITURE FOR YEAR	-£	6,477

SURPLUS / (DEFICIT) FOR YEAR	-£	559
(Total INCOME Less Total EXPENDITURE)		

NORTHERN IRELAND GROUP FOR ART AS THERAPY

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31st OCTOBER 2024

ASSETS

NIGAT Danske Current A/c - Summer School	£	2,266
NIGAT Danske Current A/c - General	£	14,747
Paypal A/C	£	415

TOTAL ASSETS £ **17,428**

LIABILITIES

£ -

NET ASSETS AS AT 31st OCTOBER 2024 £ **17,428**

Northern Ireland Group for Art as Therapy (NIGAT)

Northern Ireland - Charity number 103671

Annual report

Trustee Annual Report

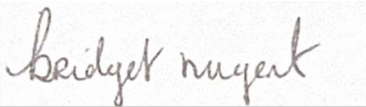
Charity Name	NIGAT (Northern Ireland Group for Art as Therapy)
Charity no.	103671
This report relates to financial year ending 31 st October 2024	
The principal address of the charity is as follows: Rita Simon Reading Room. 224 Lisburn Road, Belfast, BT9 2AW	
The names of all charity trustees on the date the report was approved and all individuals who served as charity trustees during the year were as follows:	
Trustee 1 Bridget Nugent (Chairperson) Trustee 2 Sarah Roundtree Trustee 3 Mary Mawhinney Trustee 4 Frank Holmes Trustee 5 Katherine Penney Trustee 6 Kathryn Goodwin	
The Charity was formed in 1999. It is governed by a Constitution, Trust deed, Memorandum and Articles of Association.	
A summary of the charity's: main activities to further its purposes for the public benefit	
The Charitable purposes of the charity: The advancement of arts, culture, heritage or science. The advancement of education The advancement of citizenship or community development.	
To further these purposes for the public benefit, we carried out the following activities: <ul style="list-style-type: none"> - Annual art as therapy summer school. Presentations and workshops provided by creative art therapists. - Three Day meetings a year, providing a presentation and facilitating reflecting art-making. - AGM where our membership and members of the public can network, join the committee or discuss recent developments in art and therapy world. - NIGAT reading room is made available for members, counsellors, art therapists and students. Books are available to browse on a non-lending basis. 	
There are no private benefits incurred from our activities.	
Main achievements in the year: <ul style="list-style-type: none"> - Maintained consistent membership numbers throughout the year; - Generated £1.5k of donations; - Ran 3 successful Day Meetings: <ul style="list-style-type: none"> o Feb 3, De La Salle Pastoral Centre – Clay Field Experiential with Brian Wallace; hands-on clay therapy and creative art-making. o June 1, Belfast – Art in Criminal Justice with Prison Arts Foundation; included presentations, exhibitions, and personal stories. 	

- Oct 5, Fitzroy Church Halls – Wellness in Rhythm with Aiden Dunphy; therapeutic drumming and reflective art-making.
- Ran a successful 31st **Annual Summer School** (August 2-4th) at De la Salle Pastoral Centre:
 - **Theme:** *Synchronicity*
 - **Keynote:** Dr Caryl Sibbett on archetypes in Art Therapy.
 - **Presentations:** Caryl Sibbett, Frank Holmes, Leora Sotto.
- **Workshops:**
 - *Trials of Treasure* – Jayne McConkey
 - *The Art of Ritual* – Rachel Johnson
 - *Where Moments Meet Magic* – Biggi Hoffman
 - *Creative Flow* – Lizzie Devlin
- **Sunday Session:** Interactive poetry and writing with Jenny Cleland

The trustees have read the Commission’s Public Benefit requirement statutory guidance.

In the financial year 2023 to 2024, the Charity had an income of £5,919 and an expenditure of £6,477 resulting in a net deficit of £559.

The Charity does not have a reserves policy.

Signature	
Print Name	Bridget Nugent (Chairperson)

Northern Ireland Group for Art as Therapy (NIGAT)

Northern Ireland - Charity number 103671

Annual return

Independent examiner's report to the charity trustees of Northern Ireland Group For Art As Therapy (NIGAT)

I report on the accounts of the Trust for the year ended 31st October 2024.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act;
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act ; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as charity trustees concerning any such matters.

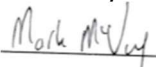
My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached. CCNI ARR07 – supporting document 5 August 2016

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Name: Mark McVey

Signature: 

Relevant professional qualification or body:

Chartered Accountants Ireland

Address: 40 Bramley Meadows, Clonmore Road, Dungannon, BT71 6UX

Date: 14/07/25

Northern Ireland Group for Art as Therapy (NIGAT)

Northern Ireland - Charity number 103671

Accounts

N I G A T

Financial Report for the year

1st November 2022 to 31st October 2023

C O N T E N T S

(1) Treasurers Report

**(2) Income & Expenditure Account for the
year ended 31st Oct 2023**

(3) Statement of Assets & Liabilities as at 31st Oct 23

NIGAT TREASURER'S REPORT 2022/2023

We are pleased to present our Income & Expenditure Account and Treasurer's Report for the financial year ended 31st October 2023.

The Income & Expenditure Account for the financial year reflects a net surplus of **£703** (2022: £2,350).

Income for the financial year amounted to £5,945 offset by expenditure incurred of £5,242.

Donations of £2,490 were received during the year (2022: £3,743).

The receipts from the Summer School amounted to £1,845 with expenditure incurred of £1,368, resulting in a net surplus of £477.

Membership subscriptions were received totalling £1,270. Paypal was the preferred method of payment for membership fees and we would continue to encourage our members to avail of this service.

The main source of expenditure during the year was the Peace People reading room on the Lisburn Road (£1,925 for the year in rental expenses plus £661 on insurance costs)

As at 31st October 2023, the Total Funds available for NIGAT was **£17,986**:

£17,283 - Funds B/Fwd @ 31st Oct 22
£5,945 - Add Income (1st Nov 22 to 31st Oct 23)
(£5,242) - Less Expenditure (1st Nov 22 to 31st Oct 23)
£17,986 - Funds Available @ 31st Oct 23

We would like to thank all our members for their continued support and share our appreciation for your efforts during the year.

Take care & stay safe.

NIGAT

NORTHERN IRELAND GROUP FOR ART AS THERAPY

INCOME & EXPENDITURE ACCOUNT FOR 12 MONTHS

1st NOVEMBER 2022 TO 31st OCTOBER 2023

Consolidation of
2x Danske Current A/cs & PayPal A/c

INCOME

Donations	£	2,490
NIGAT Membership Subscriptions	£	1,270
Summer School Receipts	£	1,845
Day Meetings Income	£	340
TOTAL INCOME FOR YEAR	£	5,945

EXPENDITURE

Bank Charges (2 x Danske Current A/C's & Paypal)	£	101
Day Meetings Expenses includes Snacks/Tea & Coffee	£	987
Summer School Expenses includes Travel & Accomodation	£	1,368
Library / New Reading Room costs includes Rent & Rates	£	2,586
Accountant Fee	£	200
TOTAL EXPENDITURE FOR YEAR	-£	5,242

SURPLUS / (DEFICIT) FOR YEAR	£	703
(Total INCOME Less Total EXPENDITURE)		

NORTHERN IRELAND GROUP FOR ART AS THERAPY

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31st OCTOBER 2023

ASSETS

NIGAT Danske Current A/c - Summer School	£	591
NIGAT Danske Current A/c - General	£	15,477
Paypal A/C	£	1,918
TOTAL ASSETS	£	17,986

LIABILITIES

	£	-
NET ASSETS AS AT 31st OCTOBER 2023	£	17,986

Northern Ireland Group for Art as Therapy (NIGAT)

Northern Ireland - Charity number 103671

Annual report

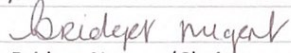
Trustee Annual Report

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There are no private benefits incurred from our activities.	
Main achievements in the year <ul style="list-style-type: none"> - Successful 30th anniversary summer school 'celebrate, connect, create' - Three successful day meetings completed: Insight exhibition at Oriel Gallery, Antrim castle Array collective at Ulster Museum Change of season- connecting with storytellers of Ireland. 	
The trustees have read the Commission's Public Benefit requirement statutory guidance.	

In the financial 2022to 2023, the Charity had an income of £5,945and an expenditure of £5,242 resulting in a net surplus of £703.

The Charity does not have a reserves policy.

Signature



Print Name

Bridget Nugent (Chairperson)

Northern Ireland Group for Art as Therapy (NIGAT)

Northern Ireland - Charity number 103671

Annual return

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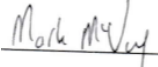
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Independent examiner's statement

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Name: Mark McVey

Signature: 

Relevant professional qualification or body:

Chartered Accountants Ireland

Address: 40 Bramley Meadows, Clonmore Road, Dungannon, BT71 6UX

Date: 22/03/2024