

## **Derg Valley Care Limited**

(A company limited by guarantee, not having a share capital)

# **TRUSTEES' ANNUAL REPORT**

for the financial year ended 31 March 2025

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 March 2025.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the trustees of Derg Valley Care Limited present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2025.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

### **Principal Activity**

The principal activity of the charitable company is the provision of domiciliary and day care services together with related staff training and operation of a luncheon club and other community related projects.

### **Mission, Objectives and Strategy**

#### **Objectives**

Derg Valley Care Ltd (DVC) is a registered charity formed in 1996 with the vision "making Castlederg a healthy place for healthy people". We exist to address the social and health needs of the most disadvantaged by engaging local people in community development processes aimed at reducing inequalities in health by tackling the root causes. We provide ongoing support to help those that use our services live healthier lives.

Our mission is to overcome inequalities in health and improve the health and wellbeing of people in poverty and disadvantage within the rural area of Castlederg and our goal is to empower and support people to improve their health and wellbeing, leading to happier, healthier lives.

The aims of Derg Valley Care are to :

A- Overcome the inequalities in health by tackling the root causes of poor/ill health, improving service delivery and access to services for people living in the rural area who are living in poverty and disadvantage and to support people to develop the confidence to aspire and achieve new goals.

B. Sustain the organisation by working in partnership with local community, other community groups across the Derg DEA and to work with the voluntary ,statutory and private sectors to develop activities, programmes and services promoting the healthy development and growth of all residents from across the area.

The objectives of Derg Valley Care are to :

1. Sustain our Day Care , Luncheon Club and Healthy Living Centre for the delivery of services and programmes addressing both the social and health needs of the local community.
2. Provide sustainable, community-led process to inform and deliver appropriate programmes and services at the right time and in the right place.
3. Enhance partnerships with other community, voluntary and public sector organisations to facilitate accessible service delivery
4. Enhance our monitoring and evaluation tools to demonstrate the impact of the suite of activities and programmes delivered .

### **Review of Activities, Achievements and Performance**

The centre is a model of good practice for the delivery of community based social and health care services with programmes which engage service users in community development process aimed at reducing inequalities in health by tackling the root causes. The function of the centre are designed to improve service users health, address local

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and individual needs, build resilience and develop knowledge and skills supporting people to take greater ownership for their own health and well-being.

### **Staffing**

Both staff and directors are viewed as valuable assets of the organisation. They receive the appropriate training and support to enhance their knowledge skills and expertise.

### **Partnership**

Partnership working underpins the day to day operations of Derg Valley Care. We place great emphasises on the collective responsibility of all in tackling health inequalities by meeting the needs of residents in the Derg DEA.

### **Achievements and Performance**

Derg Valley Care Ltd (DVC) is a registered charity formed in 1996. We provide a range of health related services and programmes, these include day care services, related staff training, luncheon club, support groups and other community related projects. Our services are open to everyone in the Castlederg and surrounding areas.

DVC works in partnership with PHA, WHSCT, DCSDC, DOH, DFC, DAERA, Community & Voluntary Sector organisations and. the regional Healthy Living Centre Alliance as well as funding bodies to deliver a wide range of innovative, services, activities and programmes designed to meet the needs of our service users. These include health & well-being, support groups, older people, physical disability employability and mental health programmes.

Derg Valley Care provides a range of services both directly and indirectly for the community in the Castlederg DEA area.

The Key Achievements and Outcome areas of delivery for 2024- 25 were :

#### **Healthy Living and Lifestyle Programmes**

- Weight Management and Exercise for All: Community programmes promoting healthy eating and physical activity.
- Cycling Hub: Supported over 100 attendances per month, offering group cycles across the region.
- Falls Prevention & Pain Management: Delivery of award winning "Better Days" pain management and "Stepping On" programmes.

#### **Older Adults Support**

- Four day weekly Day Care service offering social inclusion, reminiscence therapy, music and storytelling and wellbeing activities.
- Wellbeing programmes such as armchair aerobics, Chi-Me and arts and crafts to reduce loneliness and promote mobility.

#### **Carers Support**

- Established an Unpaid Carers Project with monthly support groups, self-care workshops and wellbeing sessions.
- Carers reported significant reductions in isolation and improvements in emotional health.

#### **Community Partnerships**

- Ongoing collaboration with WHSCT, PHA, DCSDC, DAERA and the Healthy Living Centre Alliance.
- Hosted local statutory and voluntary organisations including RNID, MS Society and Cancer Focus NI.

#### **Regional Projects**

- Led the NI-wide SPRING Rural Enhanced Social Prescribing Project, achieving measurable improvements in participants' wellbeing (85% improvement on Outcome Star, 93% on Short Warwick Scale).

### **Financial Results**

At the end of the financial year the company has assets of £1,034,744 (2024 - £1,093,564) and liabilities of £354,997 (2024 - £401,132). The net assets of the company have decreased by £(12,685).

### **Trustees**

The trustees who served throughout the financial year, except as noted, were as follows:

Dr W Stewart  
Mrs I Montgomery  
Mr J Lowry

### **Compliance with Sector-Wide Legislation and Standards**

The company engages pro-actively with legislation, standards and codes which are developed for the sector. Derg Valley Care Limited subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

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### **Reserves Policy**

The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should equate to approximately 3 to 6 months of expenditure (approx £300,000) to enable the charity to continue the current activities in the event of a significant drop in fundraising. At 31 March 2025 the unrestricted reserves were £586,944 and as such the target has been achieved.

### **Risk Management**

Derg Valley Care carries out regular reviews of the major risks to which the organisation is exposed and is compliant with SORPS requirements including strategic risk management. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to migrate the risk the organisation faces. Internal controls are in place for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, service users and all visitors. All policies and procedures are reviewed three yearly to meet the needs of the organisation.

### **Public Benefit Statement**

The Trustees confirm that they have had due regard to the Charity Commission for Northern Ireland's guidance on public benefit in planning the charity's activities. All Derg Valley Care projects are designed to advance health and wellbeing for the public benefit, particularly for those experiencing poverty, isolation, and disadvantage in rural areas.

**Approved by the Board of Trustees on 10 December 2025 and signed on its behalf by:**

*Irene Montgomery*

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**Mrs I Montgomery**  
Trustee



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**Mr J Lowry**  
Trustee