

MYMY - Mind Your Mate and Yourself

Northern Ireland · Charity number 103546

Details

Status Removed

Registered 2015-10-27

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address 19 Dundrum Road
Newcastle
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Website www.mymy.org.uk

Activities

Purposes: The objects of the Association shall be to: i. Support individuals who are suicidal, despairing, in distress or who are self-harming by providing advice, information and appropriate services to enable such persons to receive assistance in a compassionate, efficient and professional manner; ii Work to alleviate the distress and provide support, to people who have suffered bereavement, through suicide or natural causes and assist those who suffer anguish as a result of self-harming by loved ones. Through the development of appropriate support systems within the area of benefit; iii Promote and raise awareness of positive mental health and to improve the emotional and physical wellbeing of people residing in the area of benefit; iv Advance the education of the public in, and raise awareness of, the causes and effects arising from poor mental health, suicide, grief, bereavement and self-harm, and support the rehabilitation of those individuals who have experienced them.

What the charity does: The advancement of education, The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Counselling/support, Education/training, General charitable purposes, Medical/health/sickness, Volunteer development

Who the charity helps: Addictions (drug/solvent/alcohol abuse), Carers, General public, Men, Mental health, Older people, Parents, Sexual orientation, Victim support, Volunteers, Women

Finances

Period end	Income	Expenditure	Assets	Employees	
2025-04-01		£0	£0	£0	0
