

# North Belfast Harriers

Northern Ireland · Charity number 103282

## Details

Status	Received
Registered	2015-09-08
Register	<a href="#">View on the Charity Commission for Northern Ireland register</a>

## Contact

Address	North Belfast Harriers 14 Oldpark Terrace Belfast Bt14 6nn BT14 6NN
Phone	07902844755
Website	<a href="http://www.northbelfastharriers.com">www.northbelfastharriers.com</a>

## Activities

**Purposes:** • To promote the health and wellbeing of the local community of Belfast through participation in athletics • To promote personal health and esteem through health awareness education and participation in athletics to the local population of Belfast • To promote athletics locally as an amateur sport to the local population of North Belfast

**What the charity does:** The advancement of health or the saving of lives, The advancement of amateur sport

**How the charity works:** Sport/recreation, Volunteer development, Youth development

**Who the charity helps:** Children (5-13 year olds), General public, Men, Volunteers, Women, Youth (14-25 year olds)

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£89,435	£88,604	£0	0

## Trustees

Name	Role	Appointed
Miss Fionnuala O'hare		
Mr Derek Goodfellow		
Mr Greg Mc Clure		
Mr Jason Reid		
Mr Paul Mccusker		
Mr Séamus Mccann		
Mrs Diane Taylor		
Mrs Evelyn Palmer		
Mrs Lorraine Hibburt		
Mrs Margaret Stephens		

**North Belfast Harriers**

Northern Ireland - Charity number 103282

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# Accounts

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Charity registration number: XT30207

# North Belfast Harriers

Annual Report and Financial Statements

for the Year Ended 31 January 2025

DT Carson & Co.  
Chartered Accountants  
51 - 53 Thomas Street  
Ballymena  
Co. Antrim  
BT43 6AZ

# North Belfast Harriers

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**North Belfast Harriers**  
**Reference and Administrative Details**

<b>Charity name</b>	North Belfast Harriers
<b>Charity registration number</b>	XT30207
<b>Principal office</b>	14 Oldpark Terrace Belfast BT14 6NN
<b>Registered office</b>	14 Oldpark Terrace Belfast BT14 6NN
<b>Trustees</b>	M Stephens, Chairperson G McClure, Treasurer D Rainey, Secretary D Taylor S McCann F O'Hare M McNicholl (Resigned 9 January 2025)
<b>Bankers</b>	Danske Bank Abbeycentre Longwood Road Newtownabbey Co Antrim BT37 9UH
<b>Accountant</b>	DT Carson & Co. 51 - 53 Thomas Street Ballymena Co. Antrim BT43 6AZ

## North Belfast Harriers

### Trustees' Report

The trustees present their annual report and the unaudited financial statements for the year ended 31 January 2025.

#### Trustees

The trustees during the year were as follows:

M Stephens, Chairperson

G McClure

D Rainey

D Taylor

S McCann

F O'Hare

M McNicholl (Resigned 9 Jan 2025)

#### Aims and objectives

The aims and objectives of the club are;

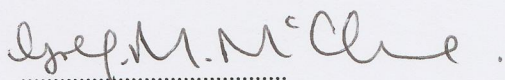
To promote the health and wellbeing of the local community of Belfast through participation in athletics;

To promote personal health and esteem through health awareness education and participation in athletics to the local population of Belfast;

To promote athletics locally as an amateur sport to the local population of North Belfast.

The club is in the process of writing a new Development Plan which will guide the club over the next three years, the key item will be increased activity in community programmes engaging both juniors and seniors.

Approved by the Trustees on 9 July 2025 and signed on their behalf by:



G McClure  
Trustee

## Independent Examiner's Report to the Trustees of North Belfast Harriers

I report on the accounts of the Trust for the year ended 31 January 2025, which are set out on pages 4 to 10.

### Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.


### Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
DT Carson & Co.  
Chartered Accountants  
9 July 2025

51 - 53 Thomas Street  
Ballymena  
Co. Antrim  
BT43 6AZ

## North Belfast Harriers

### Statement of Financial Activities for the Year Ended 31 January 2025

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024	
Note	£	£	£	£	
<b>Incoming resources</b>					
Incoming resources from charitable activities	3	84,435	5,000	89,435	57,989
Total incoming resources		<u>84,435</u>	<u>5,000</u>	<u>89,435</u>	<u>57,989</u>
<b>Resources expended</b>					
Charitable activities	4	80,517	8,087	88,604	45,020
Total resources expended		<u>80,517</u>	<u>8,087</u>	<u>88,604</u>	<u>45,020</u>
Net movements in funds		3,918	(3,087)	831	12,969
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>167,974</u>	<u>4,516</u>	<u>172,490</u>	<u>159,521</u>
Total funds carried forward		<u><u>171,892</u></u>	<u><u>1,429</u></u>	<u><u>173,321</u></u>	<u><u>172,490</u></u>

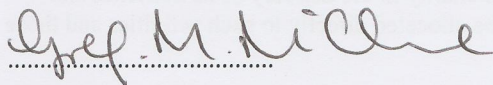
All incoming resources and resources expended derive from continuing activities.  
The charity has no recognised gains or losses for the year other than the results above.

The notes on pages 6 to 10 form an integral part of these financial statements.

**North Belfast Harriers**  
**Balance Sheet as at 31 January 2025**

		2025		2024	
	Note	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	7		3,221		5,098
<b>Current assets</b>					
Stocks and work in progress		4,710		4,165	
Debtors	8	1,000		0	
Cash at bank and in hand		<u>184,660</u>		<u>164,823</u>	
		190,370		168,988	
<b>Creditors: Amounts falling due within one year</b>					
	9	<u>(20,270)</u>		<u>(1,596)</u>	
<b>Net current assets</b>			<u>170,100</u>		<u>167,392</u>
<b>Net assets</b>			<u>173,321</u>		<u>172,490</u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			1,429		4,516
<b>Unrestricted funds</b>					
Unrestricted income funds			<u>171,892</u>		<u>167,974</u>
<b>Total charity funds</b>			<u>173,321</u>		<u>172,490</u>

Approved by the Board on 9 July 2025 and signed on its behalf by:



G McClure  
Trustee

The notes on pages 6 to 10 form an integral part of these financial statements.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2025

#### 1 Accounting policies

##### Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Charities Act 2011.

##### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 11.

##### Incoming resources

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. Grant income included in this category provides funding to support programme activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

##### Resources expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### Fixed assets

Individual fixed assets costing £0 or more are initially recorded at cost.

##### Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Plant and machinery	20% straight line basis
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##### Stock

Stock is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs. Items donated for resale or distribution are not included in the financial statements until they are sold or distributed.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2025

..... continued

#### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

#### 2 Grants receivable

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Grants	0	0	0	181

#### 3 Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Charitable activity</b>				
Sponsorship	3,250	5,000	8,250	11,800
Grants	0	0	0	181
Membership dues	18,070	0	18,070	16,710
Clothing sales	1,139	0	1,139	1,432
Members fitness classes	100	0	100	575
Race entries	32,005	0	32,005	19,175
Sundry income	3,377	0	3,377	1,736
Use of hall	0	0	0	180
Jog Belfast	6,000	0	6,000	6,000
Interest on cash deposits	297	0	297	200
Training Camp 2025	20,197	0	20,197	0
	84,435	5,000	89,435	57,989

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2025

..... continued

#### 4 Total resources expended

	Charitable activity	Total
	£	£
<b>Direct costs</b>		
Opening stock	4,165	4,165
Purchases	1,693	1,693
Closing stock	(4,710)	(4,710)
Training courses	717	717
Facilities Hire	11,005	11,005
Water rates	829	829
Light, heat and power	8,825	8,825
Insurance	1,830	1,830
Repairs and maintenance	2,254	2,254
Computer software and maintenance costs	378	378
Training Camp 2025	25,492	25,492
Athlete Registration	4,546	4,546
Sundry expenses	1,605	1,605
Travel	9,217	9,217
Laganside	13,430	13,430
Race expenses	2,972	2,972
Bank charges	2,479	2,479
Depreciation of plant and machinery	1,877	1,877
	<u>88,604</u>	<u>88,604</u>

#### 5 Trustees' remuneration and expenses

No trustees received any remuneration during the year.

#### 6 Net incoming resources

Net incoming resources is stated after charging:

	2025	2024
	£	£
Hire of other assets - operating leases	11,005	7,623
Depreciation of owned assets	1,877	1,877
	<u>11,005</u>	<u>7,623</u>

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2025

..... continued

#### 7 Tangible fixed assets

	<b>Fixtures, fittings and equipment £</b>
<b>Cost</b>	
As at 1 February 2024 and 31 January 2025	9,385
<b>Depreciation</b>	
As at 1 February 2024	4,287
Charge for the year	1,877
As at 31 January 2025	6,164
<b>Net book value</b>	
As at 31 January 2025	3,221
As at 31 January 2024	5,098

#### 8 Debtors

	<b>2025 £</b>	<b>2024 £</b>
Trade debtors	1,000	0

#### 9 Creditors: Amounts falling due within one year

	<b>2025 £</b>	<b>2024 £</b>
Accruals and deferred income	20,270	1,596

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2025

..... continued

#### 10 Related parties

##### Controlling entity

The charity is controlled by the trustees.

#### 11 Analysis of funds

	At 1 February 2024	Incoming resources	Resources expended	At 31 January 2025
	£	£	£	£
<b>General Funds</b>				
Unrestricted income fund	167,974	84,435	(80,517)	171,892
<b>Restricted Funds</b>				
Jog Belfast	96	0	0	96
ECCC2024	4,420	0	(4,420)	0
ECCC2025	0	5,000	(3,667)	1,333
	<u>4,516</u>	<u>5,000</u>	<u>(8,087)</u>	<u>1,429</u>
	<u>172,490</u>	<u>89,435</u>	<u>(88,604)</u>	<u>173,321</u>

#### 12 Net assets by fund

	Unrestricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£
Tangible assets	3,221	3,221	5,098
Current assets	190,370	190,370	168,988
Creditors: Amounts falling due within one year	(20,270)	(20,270)	(1,596)
Net assets	<u>173,321</u>	<u>173,321</u>	<u>172,490</u>

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2025**

	Unrestricted income fund 2025	Unrestricted income fund 2024
	£	£
<b>Incoming resources</b>		
Incoming resources from charitable activities	84,435	50,489
Total incoming resources	<u>84,435</u>	<u>50,489</u>
<b>Resources expended</b>		
Charitable activities	80,517	41,940
Total resources expended	<u>80,517</u>	<u>41,940</u>
Net movements in funds	3,918	8,549
<b>Reconciliation of funds</b>		
Total funds brought forward	167,974	159,425
Total funds carried forward	<u><u>171,892</u></u>	<u><u>167,974</u></u>

This page does not form part of the statutory financial statements.

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2025**

..... continued

	<b>Jog Belfast 2025</b>	<b>Jog Belfast 2024</b>
	£	£
Net movements in funds	0	0
<b>Reconciliation of funds</b>		
Total funds brought forward	96	96
Total funds carried forward	<u>96</u>	<u>96</u>

This page does not form part of the statutory financial statements.

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2025**

..... continued

	ECCCC2024 2025	ECCCC2024 2024
	£	£
<b>Incoming resources</b>		
Incoming resources from charitable activities	0	7,500
Total incoming resources	<u>0</u>	<u>7,500</u>
<b>Resources expended</b>		
Charitable activities	4,420	3,080
Total resources expended	<u>4,420</u>	<u>3,080</u>
Net movements in funds	(4,420)	4,420
<b>Reconciliation of funds</b>		
Total funds brought forward	4,420	0
Total funds carried forward	<u><u>0</u></u>	<u><u>4,420</u></u>

This page does not form part of the statutory financial statements.

North Belfast Harriers

Statement of financial activities by fund Year Ended 31 January 2025

..... continued

	ECCC2025 2025	ECCC2025 2024
	£	£
<b>Incoming resources</b>		
Incoming resources from charitable activities	5,000	0
Total incoming resources	<u>5,000</u>	<u>0</u>
<b>Resources expended</b>		
Charitable activities	3,667	0
Total resources expended	<u>3,667</u>	<u>0</u>
<b>Reconciliation of funds</b>		
Total funds carried forward	<u>1,333</u>	<u>0</u>

This page does not form part of the statutory financial statements.

**North Belfast Harriers**

Northern Ireland - Charity number 103282

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# Accounts

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Charity registration number: XT30207

# North Belfast Harriers

Annual Report and Financial Statements

for the Year Ended 31 January 2024

DT Carson & Co.  
Chartered Accountants  
51 - 53 Thomas Street  
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**North Belfast Harriers**  
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Statement of financial activities per fund .....	11 to 13
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**North Belfast Harriers**  
**Reference and Administrative Details**

<b>Charity name</b>	North Belfast Harriers	
<b>Charity registration number</b>	XT30207	
<b>Principal office</b>	14 Oldpark Terrace Belfast BT14 6NN	
<b>Registered office</b>	14 Oldpark Terrace Belfast BT14 6NN	
<b>Trustees</b>	M Stephens, Chairperson G McClure, Treasurer D Rainey, Secretary D Taylor S McCann F O'Hare (Appointed 25 March 2023) M McNicholl (Appointed 25 March 2023)	
<b>Bankers</b>	Danske Bank Abbeycentre Longwood Road Newtownabbey Co Antrim BT37 9UH	
<b>Accountant</b>	DT Carson & Co. 51 - 53 Thomas Street Ballymena Co. Antrim BT43 6AZ	

**North Belfast Harriers**  
**Trustees' Report**

The trustees present their annual report and the unaudited financial statements for the year ended 31 January 2024.

**Trustees**

The trustees during the year were as follows:

M Stephens, Chairperson

G McClure

D Rainey

D Taylor

S McCann

F O'Hare (appointed 25 March 2023)

M McNicholl (appointed 25 March 2023)

**Aims and objectives**

The aims and objectives of the club are;

To promote the health and wellbeing of the local community of Belfast through participation in athletics;

To promote personal health and esteem through health awareness education and participation in athletics to the local population of Belfast;

To promote athletics locally as an amateur sport to the local population of North Belfast.

The club is in the process of writing a new Development Plan which will guide the club over the next three years, the key item will be increased activity in community programmes engaging both juniors and seniors.

Approved by the Trustees on 12 March 2024 and signed on their behalf by:

.....

G McClure  
Trustee

## **Independent Examiner's Report to the Trustees of North Belfast Harriers**

I report on the accounts of the Trust for the year ended 31 January 2024, which are set out on pages 4 to 10.

### **Respective responsibilities of trustees and examiner**

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
DT Carson & Co.  
Chartered Accountants

12 March 2024

51 - 53 Thomas Street  
Ballymena  
Co. Antrim  
BT43 6AZ

**North Belfast Harriers**  
**Statement of Financial Activities for the Year Ended 31 January 2024**

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023	
Note	£	£	£	£	
<b>Incoming resources</b>					
Incoming resources from charitable activities	3	50,489	7,500	57,989	40,849
Total incoming resources		<u>50,489</u>	<u>7,500</u>	<u>57,989</u>	<u>40,849</u>
<b>Resources expended</b>					
Charitable activities	4	41,940	3,080	45,020	32,734
Total resources expended		<u>41,940</u>	<u>3,080</u>	<u>45,020</u>	<u>32,734</u>
Net movements in funds		8,549	4,420	12,969	8,115
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>159,425</u>	<u>96</u>	<u>159,521</u>	<u>151,405</u>
Total funds carried forward		<u><u>167,974</u></u>	<u><u>4,516</u></u>	<u><u>172,490</u></u>	<u><u>159,520</u></u>

The notes on pages 6 to 10 form an integral part of these financial statements.

**North Belfast Harriers**  
**Balance Sheet as at 31 January 2024**

		2024		2023	
	Note	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	7		5,098		3,615
<b>Current assets</b>					
Stocks and work in progress		4,165		5,470	
Cash at bank and in hand		164,823		151,360	
		<u>168,988</u>		<u>156,830</u>	
<b>Creditors: Amounts falling due within one year</b>	8	<u>(1,596)</u>		<u>(925)</u>	
<b>Net current assets</b>			<u>167,392</u>		<u>155,905</u>
<b>Net assets</b>			<u><u>172,490</u></u>		<u><u>159,520</u></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			4,516		96
<b>Unrestricted funds</b>					
Unrestricted income funds			<u>167,974</u>		<u>159,424</u>
<b>Total charity funds</b>			<u><u>172,490</u></u>		<u><u>159,520</u></u>

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Approved by the Board on 12 March 2024 and signed on its behalf by:

.....

G McClure  
Trustee

The notes on pages 6 to 10 form an integral part of these financial statements.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2024

#### 1 Accounting policies

##### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Charities Act 2011.

##### **Fund accounting policy**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 10.

##### **Incoming resources**

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. Grant income included in this category provides funding to support programme activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

##### **Resources expended**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### **Fixed assets**

Individual fixed assets costing £0 or more are initially recorded at cost.

##### **Depreciation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Plant and machinery	20% straight line basis
---------------------	-------------------------

##### **Stock**

Stock is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs. Items donated for resale or distribution are not included in the financial statements until they are sold or distributed.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2024

..... *continued*

#### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

#### 2 Grants receivable

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Grants	181	0	181	668
	181	0	181	668

#### 3 Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Charitable activity</b>				
Sponsorship	4,300	7,500	11,800	2,255
Grants	181	0	181	668
Membership dues	16,710	0	16,710	18,165
Clothing sales	1,432	0	1,432	1,107
Members fitness classes	575	0	575	100
Race entries	19,175	0	19,175	10,348
Sundry income	1,736	0	1,736	1,246
Use of hall	180	0	180	945
Jog Belfast	6,000	0	6,000	6,000
Interest on cash deposits	200	0	200	15
	50,489	7,500	57,989	40,849
	50,489	7,500	57,989	40,849

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2024

..... *continued*

#### 4 Total resources expended

	Charitable activity	Total
	£	£
<b>Direct costs</b>		
Cost of goods sold	2,226	2,226
Employment costs	1,565	1,565
Establishment costs	13,063	13,063
Repairs and maintenance	2,754	2,754
Office expenses	361	361
Subscriptions and donations	3,450	3,450
Sundry and other costs	246	246
Travel and subsistence	4,741	4,741
Advertising and promotion	12,284	12,284
Bank charges	2,453	2,453
Depreciation of tangible fixed assets	1,877	1,877
	45,020	45,020

#### 5 Trustees' remuneration and expenses

No trustees received any remuneration during the year.

#### 6 Net incoming resources

Net incoming resources is stated after charging:

	2024	2023
	£	£
Depreciation of tangible fixed assets	1,877	1,205
	1,877	1,205

**North Belfast Harriers**  
**Notes to the Financial Statements for the Year Ended 31 January 2024**

..... *continued*

**7 Tangible fixed assets**

	<b>Fixtures, fittings and equipment £</b>
<b>Cost</b>	
As at 1 February 2023	6,025
Additions	3,360
As at 31 January 2024	9,385
<b>Depreciation</b>	
As at 1 February 2023	2,410
Charge for the year	1,877
As at 31 January 2024	4,287
<b>Net book value</b>	
As at 31 January 2024	5,098
As at 31 January 2023	3,615

**8 Creditors: Amounts falling due within one year**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Accruals and deferred income	1,596	925

**North Belfast Harriers**  
**Notes to the Financial Statements for the Year Ended 31 January 2024**

..... *continued*

**9 Related parties**

**Controlling entity**

The charity is controlled by the trustees.

**10 Analysis of funds**

	At 1 February 2023	Incoming resources	Resources expended	At 31 January 2024
	£	£	£	£
<b>General Funds</b>				
Unrestricted income fund	159,425	50,489	(41,940)	167,974
<b>Restricted Funds</b>				
Jog Belfast	96	0	0	96
ECCC2024	0	7,500	(3,080)	4,420
	<u>96</u>	<u>7,500</u>	<u>(3,080)</u>	<u>4,516</u>
	<u>159,521</u>	<u>57,989</u>	<u>(45,020)</u>	<u>172,490</u>

**11 Net assets by fund**

	Unrestricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£
Tangible assets	5,098	5,098	3,615
Current assets	168,988	168,988	156,830
Creditors: Amounts falling due within one year	<u>(1,596)</u>	<u>(1,596)</u>	<u>(925)</u>
Net assets	<u>172,490</u>	<u>172,490</u>	<u>159,520</u>

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2024**

	<b>Unrestricted income fund 2024</b>	<b>Unrestricted income fund 2023</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources</b>		
Incoming resources from charitable activities	50,489	40,849
Total incoming resources	<u>50,489</u>	<u>40,849</u>
<b>Resources expended</b>		
Charitable activities	41,940	32,734
Total resources expended	<u>41,940</u>	<u>32,734</u>
Net movements in funds	8,549	8,115
<b>Reconciliation of funds</b>		
Total funds brought forward	159,425	151,309
Total funds carried forward	<u><u>167,974</u></u>	<u><u>159,424</u></u>

This page does not form part of the statutory financial statements.

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2024**

..... *continued*

	<b>Jog Belfast 2024</b>	<b>Jog Belfast 2023</b>
	<b>£</b>	<b>£</b>
Net movements in funds	0	0
<b>Reconciliation of funds</b>		
Total funds brought forward	96	96
Total funds carried forward	96	96

This page does not form part of the statutory financial statements.

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2024**

..... *continued*

	<b>ECCC2024 2024</b>	<b>ECCC2024 2023</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources</b>		
Incoming resources from charitable activities	7,500	0
Total incoming resources	7,500	0
<b>Resources expended</b>		
Charitable activities	3,080	0
Total resources expended	3,080	0
<b>Reconciliation of funds</b>		
Total funds carried forward	4,420	0

This page does not form part of the statutory financial statements.

**North Belfast Harriers**

Northern Ireland - Charity number 103282

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# Annual report

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**Annual Report**  
**2023-2024**  
**Presented at AGM**  
**Sunday 24<sup>th</sup> March 2024**

Reference and Administration Details

**Charity Name**

North Belfast Harriers

**Registered with Charity Commission of NI**

NIC100382

**Charity registered with the Inland Revenue**

**Charity Address**

c/o 17 Oldpark Terrace,

Belfast,

BT14 6NP

**Website**

<http://www.northbelfastharriers.com/>

**E-mail**

clubsecretary@northbelfastharriers.com

**Twitter**

@nbharriers

**Facebook**

North Belfast Harriers

**Committee Members & Office Bearing Position**

Margaret Stephens

Chair Person

Greg McClure

Treasurer

Denise Rainey

Secretary

Diane Taylor

Seamus McCann

Fionnuala O'Hare

Martin McNicholl

Agenda

1. Election of Committee for Incoming Year
2. Financial Report – Greg McClure
3. Junior Report - Seamus McCann
4. Senior Report – John Black
5. Annual Review of Club Achievements & Development Plan –Margaret Stephens
6. Membership fees and other sources of income
7. Public Benefit Review
8. Items brought forward by members for discussion

**Election of committee members for the incoming year**

At the outset of the meeting the election of the incoming committee took place

The following committee members did not stand for re-election:-

The committee members elected and their positions are as follows:-

Mrs Margaret Stephens - Chairperson

Mrs Denise Rainey - Secretary

Mr Greg McClure - Treasurer

Mrs Diane Taylor

Mr Seamus McCann

Mr Martin McNicholl

Miss Fionnuala O'Hare

New Committee Members

## **Annual Review of Club Achievements and Development Plan**

### **Presented by Margaret Stephens**

2023-2024 has been another year of consolidation for North Belfast Harriers during which the club focused on addressing a number of physical infrastructure issues. The club continues to thrive in all areas from our junior section, through our vibrant growing Recreational section to our Senior and Masters sections. These sections continue to be supported in their growth and development by an increasing group of dedicated and knowledgeable coaches and volunteers who give up endless hours of their own time to support our runners. We are very lucky to have such dedicated support both in coaching and in the other areas required for the effective running of the club and I feel that it is very important that these people are acknowledged and thanked formally in this forum. I would therefore propose a formal record of thanks to all club volunteers to go on record in the official minutes of this meeting.

Could I ask for someone from the body of the meeting to second this proposal? Seconded by **Denise Rainey.**

In addition to all the volunteers it is important to remember that no matter how good the facilities or the coaches are the work has to be done by each individual to achieve results. Irrespective of whether these results involve i.e. breaking a world record, setting a new Personal Best(PB) or completing your first 5k or 10k or indeed your 500th Parkrun for that matter these are all causes for celebration and for pride in our club members.

### Club Objectives

Our club objectives are listed in our constitution as:

- To promote the health and well-being principally but not exclusively of the greater Belfast population through participation in athletics.
- To promote personal health and esteem through health awareness education and participation in athletic principally but not exclusively to the Greater Belfast population
- To promote athletics locally as an amateur sport to the local population of North Belfast.

We seek to achieve these objectives through delivering results against our action plan and we have just completed the third year of the development plan that was drawn up in 2021.

The Development Plan highlighted a number of specific areas - coaching, junior, recreational, senior, international and infrastructure and the following is an outline of progress in each area:-

## **COACHING**

Again we have seen further success in developing our coaching team on the junior side of the club. This year we have seen a further 7 newly qualified Assistant coaches joining the team, and a number of parents helping at other levels (more details in junior report).

Good progress has been made in in this area within the senior club. There have been additional qualified LIRFs and CIRFs and a communication team set up to share information on training sessions and keep members better informed as well as giving more of a choice on training available. However there is room for further development on the senior side. What we need to do is to find a formula that will work within the senior part of the club that will replicate this success for the benefit of all our senior members. At present we have an effective structure in some areas but not in others. At the Couch to 5k level we have adequate cover at present but we need to look at more rotation of coaches/leaders here so that fatigue doesn't set in, this is our second biggest source of income for the club as well as a route for new members. A similar approach needs looked at for the Follow on groups to catch and keep new members. Through a number of recreational groups we have a structure and leadership that has allowed for groups to thrive and for effective training to happen. At the top end in the club we continue to have the necessary coaching structure but there is still a gap between these two where we need to find a way to encourage leaders/coaches so that there is progression through groups when required. Anyone who has an interest in delivering, to a plan, for both themselves and the people in their training group should make themselves known and any assistance would be greatly appreciated.

### **Aim for year ahead:**

We will seek to maintain and further develop the strong structure that we have built in the junior section.

We will also continue to progress and seek out solutions for the senior sections and implement these with the support of the senior members of the club. We will look to do this by developing further LIRFs and CIRFs where possible and empowering leadership within training groups to deliver the programs that people are seeking based on established and proven training plans.

## **PARTICIPATION**

This year has seen an increase in participation across the club. This has been particularly evident in the cross-country events with a significant increase in participation from juniors up. This has seen successes in the league for men and women, European qualification for senior men as well as senior championship success for the women (more details in other reports). We need to build on this and continue to encourage participation across the club.

The formation of a Cross Country Committee, in 2023, on the initiative of a small number of club members has contributed to this increased participation and we should endeavour to continue this approach and develop it further.

### **Aim for year ahead:**

Promote continued growth in participation in all events. Further promote the club's event participation scheme. Develop the concept underpinning the new XC Committee who meet monthly to identify target races and encourage participation at these events, ensuring that the club profile remains high which encourages new members to join.

## **RECREATIONAL**

The recreational side of the club continues to thrive with coach/LIRF lead training sessions weekly on Monday & Wednesday evenings. We need to continue to encourage and train more coaches as groups see regular attendance by large and growing numbers, attendance can be

in excess of 80 members across the groups on any night. It is important to note that this number does not include those who are participating in one of the club's two C25K. Numbers at the C25K remain steady but are still lower than just prior to and in the time directly after Covid.

Recreational runners have represented the club in the past year in all distances from 5k to cross country and through to the full marathon distance.

**Aim for the year ahead:**

To encourage groups to make more use of the clubhouse on week nights and Sunday mornings to support development of runners in this section and provide them with as much variety as possible in order to retain their interest and progression.

Encourage better communication between groups to allow people from different groups to participate in runs/sessions that might suit their needs at a particular time and to encourage cohesion across the various groups in this part of the club.

**SENIOR**

The senior end of club has once again had a positive year with some outstanding performances for both teams and individuals. (More details below in senior report).

**Aim for the year ahead:**

Continue to support the needs of the senior section. Encourage the use of the clubhouse as a focal point for training sessions that are not track based. Seek out effective leadership and coaching for all elements of this part of the club

**INTERNATIONAL**

**To have club representation on an international level**

The club continues to strive to help its athletes achieve qualification for national teams and allow them opportunities to compete at the highest levels in all forms of running, from Track to Road Running to Fell Running and we continue to have success at this level.

**Aim for the year ahead:**

Continue to support club representation at an international level whether this in a financial capacity or otherwise.

## **JUNIOR**

2023 has been a successful year for the junior section with increasing member numbers as well as more participation in particular events (more details to follow in the Junior Report). There continues to be good attendance throughout the year at training sessions.

### **Aim for year ahead:**

Continue to support junior members of club through investing in coaching and support to attend competitions.

## **INFRASTRUCTURE**

Another aim of the club is to ensure that the club is managed in a safe, sustainable and professional manner. North Belfast Harriers is registered with the Charity Commission of Northern Ireland and also Athletics NI. Therefore, the committee has continually reviewed practice throughout the year to ensure that we are abiding by up-to-date guidelines/ practice of both bodies. Our accounts were independently examined by an accountant (see financial report) and were of satisfactory standard. The financial report shows the club income covers annual expenses and that there are sufficient resources to address occasional expenses that arise.

The club continues to be managed on a voluntary basis by the committee, who also act as the trustees.

## Club Fees

As in previous years the club have given consideration to the financial position of the club and the financial reserves that are required to ensure that it meets potential financial needs and allows it to operate within the constraints of its charitable status.

The committee **proposes that** we hold the annual fees at £60 adult £40 Junior with a reduced rate for new members of £40 in their first year.

We would once again ask that all tax payers consider signing up for gift aid. By doing so the Inland Revenue will pay an additional £12 into club fees at no additional cost to the individual. It's as simple as ticking the relevant box when you are renewing your membership. Please take that action.

***Proposal:*** At this point we would like to propose that the fees remain at £60 for adults and £40 for children for the coming year with a first year membership fee at the reduced rate of £40.

## **Membership is now due!!!**

- Membership year is now over so all fees are due for renewal.
- Payment can be made via the membership link on the club website which will now be open or directly (<https://membermojo.co.uk/nbh.>)
- Special arrangements can be made for those in financial difficulties. This will be dealt with in a completely confidential manner.
- Any issues/queries please contact John Black via [membership@northbelfastharriers.com](mailto:membership@northbelfastharriers.com)

We would thank all members who have already renewed their membership

## **Review of Public Benefit Statement**

One of the club obligations as a charity is to ensure that our club is fulfilling its obligations with regards to public benefit. Below we have detailed our club aims and how we have met them this year and how the public has benefited.

Our club objectives are listed in our constitution as:

- 1. To promote the health and well-being principally but not exclusively of the greater Belfast population through participation in athletics.**

Afer Covid we have moved to return activities to pre-covid levels. We have conducted programs suited to all abilities and we have encouraged all to further their health through athletics. A variety of programs have been provided and marketed locally, these have been targeted at youth, beginners, 5-10k, half marathon and marathon runners. All the programs are connected to supply a pathway for progression. The achievements of these groups are listed in the annual review.

We are satisfied that the club has offered the opportunity for improved health well-being to the local community during 2023-2024 year.

- 2. To promote personal health and esteem through health awareness education and participation in athletic principally but not exclusively to the Greater Belfast population**

Within each program, the objectives are to promote fitness, personal health and self-esteem. We actively encourage people to engender confidence and we provide opportunities to experience new challenges like cross country, half marathons, marathons, Pilates, yoga and core training.

After covid and due to ongoing restrictions increasing participation was difficult. However now the opportunity exists through our training nights for members to mix with other members socially, to make new friends and to improve their own mental health.

In 2023/24 we have seen:

- around 150 people graduate from beginner's programs at Girls Model and ERC and Waterworks;
- Across the sessions from Monday to Thursday we are seeing pre Covid numbers with somewhere in the region of 100 people with at least 10 coaches and volunteers attending each night;
- Significant increase in members attending events therefore increasing participation, particularly in areas such as cross country.

Over the last few years there was little opportunity to organise club events or social opportunities but thankfully in 23/24 we were able to increase the number of social and club events. We had a Christmas dinner with about 100 people and the Laganside 10K saw over 1000 participants both senior and junior along with many club members volunteering in roles at the event and in its planning. It is hoped that we will continue to increase the number of social opportunities during the course of the coming year.

We are again satisfied that the above evidence demonstrates that the club continues to provide public benefit and promote personal health and esteem through athletics helping people gain an awareness of health education.

### **3. To promote athletics locally as an amateur sport to the local population of North Belfast.**

During the year, the club continuously promote the activities and achievements of the club to the local community to illustrate the possible benefits. This is done through:

- Weekly reports on website and shared to Facebook;
- Reports and features in local newspapers;
- An active twitter account;
- Awards and presentations;
- Supporting local running events e.g. parkrun and Colour run.

## North Belfast Harriers Report: 2023-2024

We are again satisfied that the above evidence demonstrates that the club fulfilled its public benefit and promoted athletics locally as an amateur sport to the local population of North Belfast.

**North Belfast Harriers**

Northern Ireland - Charity number 103282

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# Annual return

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Charity registration number: XT30207

# North Belfast Harriers

Annual Report and Financial Statements

for the Year Ended 31 January 2024

DT Carson & Co.  
Chartered Accountants  
51 - 53 Thomas Street  
Ballymena  
Co. Antrim  
BT43 6AZ

**North Belfast Harriers**  
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Trustees' Report .....	2
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Statement of financial activities .....	4
Balance Sheet .....	5
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The following pages do not form part of the statutory financial statements:

Statement of financial activities per fund .....	11 to 13
--	----------

**North Belfast Harriers**  
**Reference and Administrative Details**

<b>Charity name</b>	North Belfast Harriers	
<b>Charity registration number</b>	XT30207	
<b>Principal office</b>	14 Oldpark Terrace Belfast BT14 6NN	
<b>Registered office</b>	14 Oldpark Terrace Belfast BT14 6NN	
<b>Trustees</b>	M Stephens, Chairperson G McClure, Treasurer D Rainey, Secretary D Taylor S McCann F O'Hare (Appointed 25 March 2023) M McNicholl (Appointed 25 March 2023)	
<b>Bankers</b>	Danske Bank Abbeycentre Longwood Road Newtownabbey Co Antrim BT37 9UH	
<b>Accountant</b>	DT Carson & Co. 51 - 53 Thomas Street Ballymena Co. Antrim BT43 6AZ	

## **North Belfast Harriers Trustees' Report**

The trustees present their annual report and the unaudited financial statements for the year ended 31 January 2024.

### **Trustees**

The trustees during the year were as follows:

M Stephens, Chairperson

G McClure

D Rainey

D Taylor

S McCann

F O'Hare (appointed 25 March 2023)

M McNicholl (appointed 25 March 2023)

### **Aims and objectives**

The aims and objectives of the club are;

To promote the health and wellbeing of the local community of Belfast through participation in athletics;

To promote personal health and esteem through health awareness education and participation in athletics to the local population of Belfast;

To promote athletics locally as an amateur sport to the local population of North Belfast.

The club is in the process of writing a new Development Plan which will guide the club over the next three years, the key item will be increased activity in community programmes engaging both juniors and seniors.

Approved by the Trustees on 12 March 2024 and signed on their behalf by:

.....

G McClure  
Trustee

## **Independent Examiner's Report to the Trustees of North Belfast Harriers**

I report on the accounts of the Trust for the year ended 31 January 2024, which are set out on pages 4 to 10.

### **Respective responsibilities of trustees and examiner**

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
DT Carson & Co.  
Chartered Accountants  
12 March 2024

51 - 53 Thomas Street  
Ballymena  
Co. Antrim  
BT43 6AZ

**North Belfast Harriers**  
**Statement of Financial Activities for the Year Ended 31 January 2024**

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023	
Note	£	£	£	£	
<b>Incoming resources</b>					
Incoming resources from charitable activities	3	50,489	7,500	57,989	40,849
Total incoming resources		<u>50,489</u>	<u>7,500</u>	<u>57,989</u>	<u>40,849</u>
<b>Resources expended</b>					
Charitable activities	4	41,940	3,080	45,020	32,734
Total resources expended		<u>41,940</u>	<u>3,080</u>	<u>45,020</u>	<u>32,734</u>
Net movements in funds		8,549	4,420	12,969	8,115
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>159,425</u>	<u>96</u>	<u>159,521</u>	<u>151,405</u>
Total funds carried forward		<u><u>167,974</u></u>	<u><u>4,516</u></u>	<u><u>172,490</u></u>	<u><u>159,520</u></u>

The notes on pages 6 to 10 form an integral part of these financial statements.

**North Belfast Harriers**  
**Balance Sheet as at 31 January 2024**

		2024		2023	
	Note	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	7		5,098		3,615
<b>Current assets</b>					
Stocks and work in progress		4,165		5,470	
Cash at bank and in hand		164,823		151,360	
		<u>168,988</u>		<u>156,830</u>	
<b>Creditors: Amounts falling due within one year</b>	8	<u>(1,596)</u>		<u>(925)</u>	
<b>Net current assets</b>			<u>167,392</u>		<u>155,905</u>
<b>Net assets</b>			<u><u>172,490</u></u>		<u><u>159,520</u></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			4,516		96
<b>Unrestricted funds</b>					
Unrestricted income funds			<u>167,974</u>		<u>159,424</u>
<b>Total charity funds</b>			<u><u>172,490</u></u>		<u><u>159,520</u></u>

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Approved by the Board on 12 March 2024 and signed on its behalf by:

.....

G McClure  
Trustee

The notes on pages 6 to 10 form an integral part of these financial statements.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2024

#### 1 Accounting policies

##### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Charities Act 2011.

##### **Fund accounting policy**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 10.

##### **Incoming resources**

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. Grant income included in this category provides funding to support programme activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

##### **Resources expended**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### **Fixed assets**

Individual fixed assets costing £0 or more are initially recorded at cost.

##### **Depreciation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Plant and machinery	20% straight line basis
---------------------	-------------------------

##### **Stock**

Stock is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs. Items donated for resale or distribution are not included in the financial statements until they are sold or distributed.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2024

..... *continued*

#### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

#### 2 Grants receivable

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Grants	181	0	181	668

#### 3 Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Charitable activity</b>				
Sponsorship	4,300	7,500	11,800	2,255
Grants	181	0	181	668
Membership dues	16,710	0	16,710	18,165
Clothing sales	1,432	0	1,432	1,107
Members fitness classes	575	0	575	100
Race entries	19,175	0	19,175	10,348
Sundry income	1,736	0	1,736	1,246
Use of hall	180	0	180	945
Jog Belfast	6,000	0	6,000	6,000
Interest on cash deposits	200	0	200	15
	50,489	7,500	57,989	40,849

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2024

..... *continued*

#### 4 Total resources expended

	Charitable activity	Total
	£	£
<b>Direct costs</b>		
Cost of goods sold	2,226	2,226
Employment costs	1,565	1,565
Establishment costs	13,063	13,063
Repairs and maintenance	2,754	2,754
Office expenses	361	361
Subscriptions and donations	3,450	3,450
Sundry and other costs	246	246
Travel and subsistence	4,741	4,741
Advertising and promotion	12,284	12,284
Bank charges	2,453	2,453
Depreciation of tangible fixed assets	1,877	1,877
	45,020	45,020

#### 5 Trustees' remuneration and expenses

No trustees received any remuneration during the year.

#### 6 Net incoming resources

Net incoming resources is stated after charging:

	2024	2023
	£	£
Depreciation of tangible fixed assets	1,877	1,205
	1,877	1,205

**North Belfast Harriers**  
**Notes to the Financial Statements for the Year Ended 31 January 2024**

..... *continued*

**7 Tangible fixed assets**

	<b>Fixtures, fittings and equipment £</b>
<b>Cost</b>	
As at 1 February 2023	6,025
Additions	3,360
As at 31 January 2024	9,385
<b>Depreciation</b>	
As at 1 February 2023	2,410
Charge for the year	1,877
As at 31 January 2024	4,287
<b>Net book value</b>	
As at 31 January 2024	5,098
As at 31 January 2023	3,615

**8 Creditors: Amounts falling due within one year**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Accruals and deferred income	1,596	925

**North Belfast Harriers**  
**Notes to the Financial Statements for the Year Ended 31 January 2024**

..... continued

**9 Related parties**

**Controlling entity**

The charity is controlled by the trustees.

**10 Analysis of funds**

	At 1 February 2023	Incoming resources	Resources expended	At 31 January 2024
	£	£	£	£
<b>General Funds</b>				
Unrestricted income fund	159,425	50,489	(41,940)	167,974
<b>Restricted Funds</b>				
Jog Belfast	96	0	0	96
ECCC2024	0	7,500	(3,080)	4,420
	<u>96</u>	<u>7,500</u>	<u>(3,080)</u>	<u>4,516</u>
	<u>159,521</u>	<u>57,989</u>	<u>(45,020)</u>	<u>172,490</u>

**11 Net assets by fund**

	Unrestricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£
Tangible assets	5,098	5,098	3,615
Current assets	168,988	168,988	156,830
Creditors: Amounts falling due within one year	<u>(1,596)</u>	<u>(1,596)</u>	<u>(925)</u>
Net assets	<u>172,490</u>	<u>172,490</u>	<u>159,520</u>

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2024**

	<b>Unrestricted income fund 2024</b>	<b>Unrestricted income fund 2023</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources</b>		
Incoming resources from charitable activities	50,489	40,849
Total incoming resources	<u>50,489</u>	<u>40,849</u>
<b>Resources expended</b>		
Charitable activities	41,940	32,734
Total resources expended	<u>41,940</u>	<u>32,734</u>
Net movements in funds	8,549	8,115
<b>Reconciliation of funds</b>		
Total funds brought forward	159,425	151,309
Total funds carried forward	<u><u>167,974</u></u>	<u><u>159,424</u></u>

This page does not form part of the statutory financial statements.

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2024**

..... *continued*

	<b>Jog Belfast 2024</b>	<b>Jog Belfast 2023</b>
	<b>£</b>	<b>£</b>
Net movements in funds	0	0
<b>Reconciliation of funds</b>		
Total funds brought forward	96	96
Total funds carried forward	96	96

This page does not form part of the statutory financial statements.

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2024**

..... *continued*

	<b>ECCC2024 2024</b>	<b>ECCC2024 2023</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources</b>		
Incoming resources from charitable activities	7,500	0
Total incoming resources	7,500	0
<b>Resources expended</b>		
Charitable activities	3,080	0
Total resources expended	3,080	0
<b>Reconciliation of funds</b>		
Total funds carried forward	4,420	0

This page does not form part of the statutory financial statements.

**North Belfast Harriers**

Northern Ireland - Charity number 103282

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# Accounts

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Charity registration number: XT30207

# North Belfast Harriers

Annual Report and Financial Statements  
for the Year Ended 31 January 2023



## North Belfast Harriers

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Balance Sheet .....	5
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The following pages do not form part of the statutory financial statements:

Statement of financial activities per fund .....	11 to 12
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**North Belfast Harriers**  
**Reference and Administrative Details**

<b>Charity name</b>	North Belfast Harriers
<b>Charity registration number</b>	XT30207
<b>Principal office</b>	14 Oldpark Terrace Belfast BT14 6NN
<b>Registered office</b>	14 Oldpark Terrace Belfast BT14 6NN
<b>Trustees</b>	M Stephens, Chairperson G McClure, Treasurer D Rainey, Secretary P McCambridge (resigned 27 March 2022) D Taylor P Carlin (resigned 30 November 2022) S McCann T Atkinson (appointed 27 March 2022) (resigned 31 August 2022)
<b>Bankers</b>	Danske Bank Abbeycentre Longwood Road Newtownabbey Co Antrim BT37 9UH
<b>Accountant</b>	DT Carson & Co. 51 - 53 Thomas Street Ballymena Co. Antrim BT43 6AZ

## North Belfast Harriers

### Trustees' Report

The trustees present their annual report and the unaudited financial statements for the year ended 31 January 2023.

#### Trustees

The trustees during the year were as follows

M Stephens, Chairperson

P McCambridge (resigned 27 March 2022)

G McClure

D Rainey

D Taylor

P Carlin (resigned 30 November 2022)

S McCann

T Atkinson (appointed 27 March 2022, resigned 31 August 2022)

#### Aims and objectives

The aims and objectives of the club are;

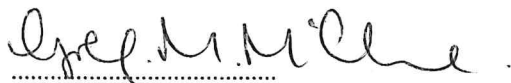
To promote the health and well-being of the local community of Belfast through participation in athletics;

To promote personal health and esteem through health awareness education and participation in athletics to the local population of Belfast;

To promote athletics locally as an amateur sport to the local population of North Belfast.

The club is in the process of writing a new Development Plan which will guide the club over the next three years, the key item will be increased activity in community programmes engaging both juniors and seniors.

Approved by the Trustees on 29 March 2023 and signed on their behalf by:



G McClure  
Trustee

**Chartered Accountants' Report to the Trustees on the Unaudited Financial  
Information of  
North Belfast Harriers**

In order to assist you to fulfil your duties, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

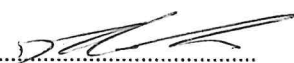
As a practising member firm of the Institute of Chartered Accountants in Ireland (ICAI), we are subject to its ethical and other professional requirements.

This report is made to the Charity's Board of Trustees, as a body. Our work has been undertaken so that we might compile the financial statements, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in Ireland and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the balance sheet as at 31 January 2023 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view. You consider that the charity is exempt from the statutory requirement for an audit for the year .

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

  
.....  
DT Carson & Co.  
Chartered Accountants

29 March 2023

51 - 53 Thomas Street  
Ballymena  
Co. Antrim  
BT43 6AZ

**North Belfast Harriers**  
**Statement of Financial Activities for the Year Ended 31 January 2023**

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
Note	£	£	£	£
<b>Incoming resources</b>				
Incoming resources from charitable activities	40,849	0	40,849	30,572
Total incoming resources	<u>40,849</u>	<u>0</u>	<u>40,849</u>	<u>30,572</u>
<b>Resources expended</b>				
Charitable activities	32,734	0	32,734	26,881
Total resources expended	<u>32,734</u>	<u>0</u>	<u>32,734</u>	<u>26,881</u>
Net movements in funds	8,115	0	8,115	3,691
<b>Reconciliation of funds</b>				
Total funds brought forward	151,309	96	151,405	147,715
Total funds carried forward	<u><u>159,424</u></u>	<u><u>96</u></u>	<u><u>159,520</u></u>	<u><u>151,406</u></u>

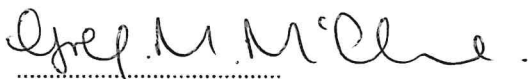
The notes on pages 6 to 10 form an integral part of these financial statements.

**North Belfast Harriers**  
**Balance Sheet as at 31 January 2023**

		2023		2022	
	Note	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	7		3,615		4,820
<b>Current assets</b>					
Stocks and work in progress		5,470		5,940	
Cash at bank and in hand		151,360		141,000	
		<u>156,830</u>		<u>146,940</u>	
<b>Creditors: Amounts falling due within one year</b>	8	<u>(925)</u>		<u>(354)</u>	
<b>Net current assets</b>			<u>155,905</u>		<u>146,586</u>
<b>Net assets</b>			<u><u>159,520</u></u>		<u><u>151,406</u></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			96		96
<b>Unrestricted funds</b>					
Unrestricted income funds			<u>159,424</u>		<u>151,310</u>
<b>Total charity funds</b>			<u><u>159,520</u></u>		<u><u>151,406</u></u>

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Approved by the Board on 29 March 2023 and signed on its behalf by:



G McClure  
Trustee

The notes on pages 6 to 10 form an integral part of these financial statements.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2023

#### 1 Accounting policies

##### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Charities Act 2011.

##### **Fund accounting policy**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 10.

##### **Incoming resources**

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. Grant income included in this category provides funding to support programme activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

##### **Resources expended**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### **Fixed assets**

Individual fixed assets costing £0 or more are initially recorded at cost.

##### **Depreciation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Plant and machinery	20% straight line basis
---------------------	-------------------------

##### **Stock**

Stock is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs. Items donated for resale or distribution are not included in the financial statements until they are sold or distributed.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2023

..... continued

#### 2 Grants receivable

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Grants	668	0	668	14,227

#### 3 Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>Charitable activity</b>				
Sponsorship	2,255	0	2,255	0
Donations	0	0	0	20
Grants	668	0	668	14,227
Membership dues	18,165	0	18,165	6,060
Clothing sales	1,107	0	1,107	1,507
Members fitness classes	100	0	100	0
Race entries	10,348	0	10,348	(119)
Sundry income	1,246	0	1,246	260
Use of hall	945	0	945	220
Jog Belfast	6,000	0	6,000	8,300
Interest on cash deposits	15	0	15	97
	40,849	0	40,849	30,572

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2023

..... continued

#### 4 Total resources expended

	Charitable activity	Total
	£	£
<b>Direct costs</b>		
Opening stock	5,940	5,940
Closing stock	(5,470)	(5,470)
Training courses	1,163	1,163
Facilities Hire	9,893	9,893
Water rates	617	617
Light, heat and power	2,703	2,703
Insurance	1,423	1,423
Repairs and maintenance	1,790	1,790
Marketing	381	381
Computer software and maintenance costs	331	331
Athlete Registration	1,147	1,147
Travel	1,507	1,507
Laganside	7,095	7,095
Race expenses	1,658	1,658
125th Birthday expenses	232	232
Bank charges	1,119	1,119
Depreciation of plant and machinery	1,205	1,205
	32,734	32,734

#### 5 Trustees' remuneration and expenses

No trustees received any remuneration during the year.

#### 6 Net incoming resources

Net incoming resources is stated after charging:

	2023 £	2022 £
Depreciation of tangible fixed assets	1,205	1,205

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2023

..... *continued*

#### 7 Tangible fixed assets

	<b>Fixtures, fittings and equipment £</b>
<b>Cost</b>	
As at 1 February 2022 and 31 January 2023	<u>6,025</u>
<b>Depreciation</b>	
As at 1 February 2022	1,205
Charge for the year	<u>1,205</u>
As at 31 January 2023	<u>2,410</u>
<b>Net book value</b>	
As at 31 January 2023	<u><u>3,615</u></u>
As at 31 January 2022	<u><u>4,820</u></u>

#### 8 Creditors: Amounts falling due within one year

	<b>2023 £</b>	<b>2022 £</b>
Accruals and deferred income	<u>925</u>	<u>354</u>

**North Belfast Harriers**  
**Notes to the Financial Statements for the Year Ended 31 January 2023**

..... *continued*

**9 Related parties**

**Controlling entity**

The charity is controlled by the trustees.

**10 Analysis of funds**

	At 1 February 2022	Incoming resources	Resources expended	At 31 January 2023
	£	£	£	£
<b>General Funds</b>				
Unrestricted income fund	151,309	40,849	(32,734)	159,424
<b>Restricted Funds</b>				
Jog Belfast	96	0	0	96
	<u>151,405</u>	<u>40,849</u>	<u>(32,734)</u>	<u>159,520</u>

**11 Net assets by fund**

	Unrestricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£
Tangible assets	3,615	3,615	4,820
Current assets	156,830	156,830	146,940
Creditors: Amounts falling due within one year	(925)	(925)	(354)
Net assets	<u>159,520</u>	<u>159,520</u>	<u>151,406</u>

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2023**

	Unrestricted income fund 2023	Unrestricted income fund 2022
	£	£
<b>Incoming resources</b>		
Incoming resources from charitable activities	40,849	30,572
Total incoming resources	<u>40,849</u>	<u>30,572</u>
<b>Resources expended</b>		
Charitable activities	32,734	26,881
Total resources expended	<u>32,734</u>	<u>26,881</u>
Net movements in funds	8,115	3,691
<b>Reconciliation of funds</b>		
Total funds brought forward	151,309	147,619
Total funds carried forward	<u><u>159,424</u></u>	<u><u>151,310</u></u>

This page does not form part of the statutory financial statements.

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2023**

..... *continued*

	<b>Jog Belfast 2023</b>	<b>Jog Belfast 2022</b>
	<b>£</b>	<b>£</b>
Net movements in funds	0	0
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>96</u>	<u>96</u>
Total funds carried forward	<u><u>96</u></u>	<u><u>96</u></u>

This page does not form part of the statutory financial statements.



**North Belfast Harriers**

Northern Ireland - Charity number 103282

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# Annual report

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**Annual Report**  
**2022-2023**  
**Presented at AGM**  
**Saturday 25<sup>th</sup> March 2023**

**Reference and Administration Details**

**Charity Name**

North Belfast Harriers

**Registered with Charity Commission of NI**

NIC100382

**Charity registered with the Inland Revenue**

**Charity Address**

c/o 17 Oldpark Terrace,

Belfast,

BT14 6NP

**Website**

<http://www.northbelfastharriers.com/>

**E-mail**

[secretary@northbelfastharriers.com](mailto:secretary@northbelfastharriers.com)

**Twitter**

@nbharriers

**Facebook**

North Belfast Harriers

**Committee Members & Office Bearing Position**

Margaret Stephens

Chair Person

Greg McClure

Treasurer

Denise Rainey

Secretary

Diane Taylor

Seamus McCann

## North Belfast Harriers Report: 2022-2023

### Agenda

1. Election of Committee for Incoming Year
2. Presentation by Paul Sheridan
3. Junior Report - Seamus McCann
4. Senior Report – John Black
5. Annual Review of Club Achievements & Development Plan –Margaret Stephens
6. Membership fees and other sources of income
7. Public Benefit Review

**Election of committee members for the incoming year**

At the outset of the meeting the election of the incoming committee took place

The following committee members did not stand for re-election:-

The committee members elected and their positions are as follows:-

Mrs Margaret Stephens - Chairperson

Denise Rainey - Secretary

Mr Greg McClure - Treasurer

Mrs Diane Taylor

Mr Seamus McCann

New Committee Member

Martin McNicholl

Fionnuala O'Hare

**Annual Review of Club Achievements and Development Plan**

**Presented by Margaret Stephens**

2022-2023 has been another year of consolidation for North Belfast Harriers during which the club focused on addressing a number of physical infrastructure issues. The club continues to thrive in all areas from our Junior Section, through our vibrant Recreational Section to our Senior and Masters Sections. These sections continue to be supported in their growth and development by an ever increasing group of dedicated and knowledgeable coaches and volunteers who dedicate endless hours in support of our runners. We are very lucky to have such dedicated support both in coaching and in the other areas required for the effective running of the club and I feel that it is very important that these people are acknowledged and thanked formally in this forum. I would therefore propose a formal record of thanks to all club volunteers to go on record in the official minutes of this meeting.

Could I ask for someone from the body of the meeting to second this proposal? Seconded by Denise Rainey.

In addition to all the volunteers it is important to remember that no matter how good the facilities or the coaches are the work has to be done by each individual to achieve results. Irrespective of whether these results involve i.e. breaking a world record, setting a new Personal Best in any run or completing your first 5k or 10k or indeed your 500th Parkrun for that matter these are all causes for celebration and for pride in our club members.

Club Objectives

Our club objectives are listed in our constitution as:

- To promote the health and well-being principally but not exclusively of the greater Belfast population through participation in athletics.
- To promote personal health and esteem through health awareness education and participation in athletic principally but not exclusively to the Greater Belfast population
- To promote athletics locally as an amateur sport to the local population of North Belfast.

We seek to achieve these objectives through delivering results against our action plan and we have just completed the second year of the development plan that was drawn up in 2021.

The Development Plan highlighted a number of specific areas - coaching, junior, recreational, senior, international and infrastructure and the following is an outline of progress in each area:-

## **COACHING**

We have seen great success in developing our coaching team on the junior side of the club in the last year with 7 newly qualified Assistant coaches joining the team, and a number of parents helping at other levels (more details in Junior report)

What we need to do is to find a formula that will work within the senior part of the club that will replicate this success for the benefit of all our senior members. At present we have an effective structure in some areas but not in others. At the Couch to 5k level and through a number of recreational groups we have a structure and leadership that has allowed for groups to thrive and for effective training to happen. At the top end in the club we have the necessary coaching structure but there is a significant area between these two where we have a gap and we need to find a way to fill that gap with sufficient numbers of leaders/coaches of the required quality. People who have an interest in delivering, to a plan, for both themselves and the people in their training group.

### **Aim for year ahead:**

We will seek to maintain and further develop the strong structure that we have built in the junior section.

Seek out solutions for the senior sections and implement these with the support of the senior members of the club developing LIRFs and CIRFs where possible and empowering leadership within training groups to deliver the programs that people are seeking based on established and proven training plans.

## **PARTICIPATION**

Whilst on the surface our recovery from covid is almost complete and more recent events have seen an increased participation from club members and we have seen some notable successes in competition (more on this in other reports) we need to focus on this and club togetherness moving forward.

Recent successes and increased attendance at certain events has been boosted in the early part of 2023 by the formation of a Cross Country Committee on the initiative of a small number of club members and they should be commended for this action

### **Aim for year ahead:**

Promote continued growth in participation in all events. Re-introduce the club's event participation scheme. Develop the concept underpinning the new XC Committee who meet monthly to identify target races and encourage participation at these events, ensuring that the club profile remains high which encourages new members to join the club

## **RECREATIONAL**

The recreational side of the club continues to thrive with coach lead training sessions weekly on Monday & Wednesday evenings again we need to encourage and train more coaches these sessions are attended regularly by upwards of 80 members and it is important to note that this number does not include those who are participating in one of the club's two C25K – we have seen a decline in participants since Covid.

Recreational runners have represented the club in the past year in all distances from 5k to the full marathon distance.

### **Aim for the year ahead:**

To encourage groups to make more use of the clubhouse on week nights and Sunday mornings supporting development of runners in this section and provide them with as much variety as possible in order to retain their interest and progression.

Encourage better communication between groups to allow people from different groups to participate in runs/sessions that might suit their needs at a particular time and to encourage cohesions between the various groups in this part of the club.

## **SENIOR**

The senior end of club has once again had a positive year with some outstanding performances for both teams and individuals. (More details below in senior report).

### **Aim for the year ahead:**

Continue to support the needs of the Senior section. Encourage the use of the clubhouse as a focal point for training sessions that are not track based. Seek out effective leadership and coaching for all elements of this part of the club

## **INTERNATIONAL**

### **To have club representation on an international level**

The club continues to strive to help its athletes achieve qualification for national teams and allow them opportunities to compete at the highest levels in all forms of running, from Track to Road Running to Fell Running and we continue to have success at this level.

### **Aim for the year ahead:**

Continue to support club representation at an international level

## **JUNIOR**

2022 has been a successful year for the Junior section with a second programme run with St Edna's GAA club (more details to follow in the Junior Report). There continues to be good attendance throughout the year at training sessions.

### **Aim for year ahead:**

- Continue to support junior members of club through investing in coaching and supporting competitions.

## **INFRASTRUCTURE**

Another aim of the club is to ensure that the club is managed in a safe, sustainable and professional manner. North Belfast Harriers is registered with the Charity Commission of Northern Ireland and also Athletics NI. Therefore, the committee has continually reviewed practice throughout the year to ensure that we are abiding by up-to-date guidelines/ practice of both bodies. Our accounts were independently examined by an accountant (see financial report) and were of satisfactory standard. The financial report shows the club income covers annual expenses and that there are sufficient resources to address occasional expenses that arise.

The club continues to be managed on a voluntary basis by the committee, who also act as the trustees.

## Club Fees

As in previous years the club have given consideration to the financial position of the club and the financial reserves that are required to ensure that it meets potential financial needs and allows for it to operate within the constraints of its charitable status.

The committee **proposes that** we hold the annual fees at £60 adult £40 Junior with a reduced rate for new members in their first year of £40

We would once again ask that all Tax Payers consider signing up for gift aid. By doing so the Inland Revenue will pay an additional £12 into club fees at no additional cost to the individual. It's as simple as ticking the relevant box when you are renewing your membership. Please take that action.

At this point we would like to propose that the fees remain at £60 for adults and £40 for children for the coming year with a first year membership fee at the reduced rate of £40.

### **Membership is now due!!!**

- Membership year is now over so all fees are due for renewal.
- Payment can be made via the membership link on the club website which will now be open or directly (<https://membermojo.co.uk/nbh>.)
- Special arrangements can be made for those in financial difficulties. This will be dealt with in a completely confidential manner.
- Any issues/queries please contact John Black via [membership@northbelfastharriers.com](mailto:membership@northbelfastharriers.com)

We would thank all members who have already renewed their membership

## **Review of Public Benefit Statement**

One of the club obligations as a charity is to ensure that our club is fulfilling its obligations with regards to public benefit. Below we have detailed our club aims and how we have met them this year and how the public has benefited.

Our club objectives are listed in our constitution as:

- 1. To promote the health and well-being principally but not exclusively of the greater Belfast population through participation in athletics.**

Despite the restrictions of covid we have conducted programs suited to all abilities and we have encouraged all to further their health through athletics. Programs have been marketed locally and there are programs targeted at youth, beginners, 5-10k, half marathon and marathon programs. All the programs are connected to supply a pathway for progression. The achievements of these groups are listed in the annual review.

We are satisfied that the club has offered the opportunity for improved health well-being to the local community during 2022-2023 year.

- 2. To promote personal health and esteem through health awareness education and participation in athletic principally but not exclusively to the Greater Belfast population**

Within each program, the objectives are to promote fitness, personal health and self-esteem. We actively encourage people to engender confidence and we provide opportunities to experience new challenges like cross country, half marathons, marathons, Pilates and core training.

The opportunity for our training nights to provide members with the opportunity to mix for many other members socially, to make new friends and to promote their own mental health, has been limited due to Covid but with the lifting of restrictions we will be able to gather in greater numbers

In 2022/23 we have seen:

- around 150 people graduate from beginner's programs at Girls Model and ERC and Waterworks
- Covid Reduced numbers - Mon – Thurs we are working to return to pre Covid numbers and see somewhere in the region of 100 people with at least 10 coaches and volunteers attending each night
- A return of the increased participation numbers

There was little opportunity to organise club outings, social opportunities were greatly reduced i.e. the Christmas dinner and the children's summer camp and Christmas party were all cancelled due to Covid restrictions. We did however organise a family day to celebrate the 125 anniversary of the club this was an outdoor event with the club providing a barbecue and members bringing tray bakes this was proved to be a great teambuilding exercise. It is hoped that we will succeed in increasing the number of social opportunities during the course of the coming year.

We are again satisfied that the above evidence demonstrates that the club continues to provide public benefit and promote personal health and esteem through athletics helping people gain an awareness of health education.

### **3. To promote athletics locally as an amateur sport to the local population of North Belfast.**

During the year, the club continuously promotes the activities and achievements of the club to the local community to illustrate the possible benefits. This is done through:

- Weekly reports on website and shared to Facebook
- Reports and features in local newspapers
- An active twitter account
- Awards and presentations- limited due to Covid

We are again satisfied that the above evidence demonstrates that the club fulfilled its public benefit and promoted athletics locally as an amateur sport to the local population of North Belfast.

**North Belfast Harriers**

Northern Ireland - Charity number 103282

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# Annual return

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Charity registration number: XT30207

# North Belfast Harriers

Annual Report and Financial Statements  
for the Year Ended 31 January 2023



## North Belfast Harriers

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The following pages do not form part of the statutory financial statements:

Statement of financial activities per fund .....	11 to 12
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**North Belfast Harriers**  
**Reference and Administrative Details**

<b>Charity name</b>	North Belfast Harriers
<b>Charity registration number</b>	XT30207
<b>Principal office</b>	14 Oldpark Terrace Belfast BT14 6NN
<b>Registered office</b>	14 Oldpark Terrace Belfast BT14 6NN
<b>Trustees</b>	M Stephens, Chairperson G McClure, Treasurer D Rainey, Secretary P McCambridge (resigned 27 March 2022) D Taylor P Carlin (resigned 30 November 2022) S McCann T Atkinson (appointed 27 March 2022) (resigned 31 August 2022)
<b>Bankers</b>	Danske Bank Abbeycentre Longwood Road Newtownabbey Co Antrim BT37 9UH
<b>Accountant</b>	DT Carson & Co. 51 - 53 Thomas Street Ballymena Co. Antrim BT43 6AZ

## North Belfast Harriers

### Trustees' Report

The trustees present their annual report and the unaudited financial statements for the year ended 31 January 2023.

#### Trustees

The trustees during the year were as follows

M Stephens, Chairperson

P McCambridge (resigned 27 March 2022)

G McClure

D Rainey

D Taylor

P Carlin (resigned 30 November 2022)

S McCann

T Atkinson (appointed 27 March 2022, resigned 31 August 2022)

#### Aims and objectives

The aims and objectives of the club are;

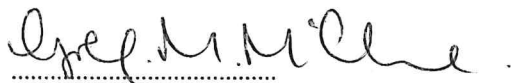
To promote the health and well-being of the local community of Belfast through participation in athletics;

To promote personal health and esteem through health awareness education and participation in athletics to the local population of Belfast;

To promote athletics locally as an amateur sport to the local population of North Belfast.

The club is in the process of writing a new Development Plan which will guide the club over the next three years, the key item will be increased activity in community programmes engaging both juniors and seniors.

Approved by the Trustees on 29 March 2023 and signed on their behalf by:



G McClure  
Trustee

**Chartered Accountants' Report to the Trustees on the Unaudited Financial  
Information of  
North Belfast Harriers**

In order to assist you to fulfil your duties, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

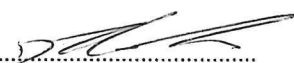
As a practising member firm of the Institute of Chartered Accountants in Ireland (ICAI), we are subject to its ethical and other professional requirements.

This report is made to the Charity's Board of Trustees, as a body. Our work has been undertaken so that we might compile the financial statements, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in Ireland and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the balance sheet as at 31 January 2023 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view. You consider that the charity is exempt from the statutory requirement for an audit for the year .

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

  
.....  
DT Carson & Co.  
Chartered Accountants

29 March 2023

51 - 53 Thomas Street  
Ballymena  
Co. Antrim  
BT43 6AZ

**North Belfast Harriers**  
**Statement of Financial Activities for the Year Ended 31 January 2023**

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
Note	£	£	£	£
<b>Incoming resources</b>				
Incoming resources from charitable activities	40,849	0	40,849	30,572
Total incoming resources	<u>40,849</u>	<u>0</u>	<u>40,849</u>	<u>30,572</u>
<b>Resources expended</b>				
Charitable activities	32,734	0	32,734	26,881
Total resources expended	<u>32,734</u>	<u>0</u>	<u>32,734</u>	<u>26,881</u>
Net movements in funds	8,115	0	8,115	3,691
<b>Reconciliation of funds</b>				
Total funds brought forward	151,309	96	151,405	147,715
Total funds carried forward	<u><u>159,424</u></u>	<u><u>96</u></u>	<u><u>159,520</u></u>	<u><u>151,406</u></u>

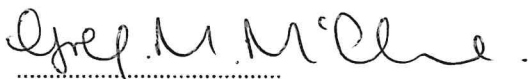
The notes on pages 6 to 10 form an integral part of these financial statements.

**North Belfast Harriers**  
**Balance Sheet as at 31 January 2023**

		2023		2022	
	Note	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	7		3,615		4,820
<b>Current assets</b>					
Stocks and work in progress		5,470		5,940	
Cash at bank and in hand		151,360		141,000	
		<u>156,830</u>		<u>146,940</u>	
<b>Creditors: Amounts falling due within one year</b>	8	<u>(925)</u>		<u>(354)</u>	
<b>Net current assets</b>			<u>155,905</u>		<u>146,586</u>
<b>Net assets</b>			<u><u>159,520</u></u>		<u><u>151,406</u></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			96		96
<b>Unrestricted funds</b>					
Unrestricted income funds			<u>159,424</u>		<u>151,310</u>
<b>Total charity funds</b>			<u><u>159,520</u></u>		<u><u>151,406</u></u>

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Approved by the Board on 29 March 2023 and signed on its behalf by:



G McClure  
Trustee

The notes on pages 6 to 10 form an integral part of these financial statements.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2023

#### 1 Accounting policies

##### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Charities Act 2011.

##### **Fund accounting policy**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 10.

##### **Incoming resources**

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. Grant income included in this category provides funding to support programme activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

##### **Resources expended**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### **Fixed assets**

Individual fixed assets costing £0 or more are initially recorded at cost.

##### **Depreciation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Plant and machinery	20% straight line basis
---------------------	-------------------------

##### **Stock**

Stock is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs. Items donated for resale or distribution are not included in the financial statements until they are sold or distributed.

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2023

..... continued

#### 2 Grants receivable

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Grants	668	0	668	14,227

#### 3 Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>Charitable activity</b>				
Sponsorship	2,255	0	2,255	0
Donations	0	0	0	20
Grants	668	0	668	14,227
Membership dues	18,165	0	18,165	6,060
Clothing sales	1,107	0	1,107	1,507
Members fitness classes	100	0	100	0
Race entries	10,348	0	10,348	(119)
Sundry income	1,246	0	1,246	260
Use of hall	945	0	945	220
Jog Belfast	6,000	0	6,000	8,300
Interest on cash deposits	15	0	15	97
	40,849	0	40,849	30,572

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2023

..... continued

#### 4 Total resources expended

	Charitable activity	Total
	£	£
<b>Direct costs</b>		
Opening stock	5,940	5,940
Closing stock	(5,470)	(5,470)
Training courses	1,163	1,163
Facilities Hire	9,893	9,893
Water rates	617	617
Light, heat and power	2,703	2,703
Insurance	1,423	1,423
Repairs and maintenance	1,790	1,790
Marketing	381	381
Computer software and maintenance costs	331	331
Athlete Registration	1,147	1,147
Travel	1,507	1,507
Laganside	7,095	7,095
Race expenses	1,658	1,658
125th Birthday expenses	232	232
Bank charges	1,119	1,119
Depreciation of plant and machinery	1,205	1,205
	32,734	32,734

#### 5 Trustees' remuneration and expenses

No trustees received any remuneration during the year.

#### 6 Net incoming resources

Net incoming resources is stated after charging:

	2023 £	2022 £
Depreciation of tangible fixed assets	1,205	1,205

## North Belfast Harriers

### Notes to the Financial Statements for the Year Ended 31 January 2023

..... *continued*

#### 7 Tangible fixed assets

	<b>Fixtures, fittings and equipment £</b>
<b>Cost</b>	
As at 1 February 2022 and 31 January 2023	<u>6,025</u>
<b>Depreciation</b>	
As at 1 February 2022	1,205
Charge for the year	<u>1,205</u>
As at 31 January 2023	<u>2,410</u>
<b>Net book value</b>	
As at 31 January 2023	<u><u>3,615</u></u>
As at 31 January 2022	<u><u>4,820</u></u>

#### 8 Creditors: Amounts falling due within one year

	<b>2023 £</b>	<b>2022 £</b>
Accruals and deferred income	<u>925</u>	<u>354</u>

**North Belfast Harriers**  
**Notes to the Financial Statements for the Year Ended 31 January 2023**

..... *continued*

**9 Related parties**

**Controlling entity**

The charity is controlled by the trustees.

**10 Analysis of funds**

	At 1 February 2022	Incoming resources	Resources expended	At 31 January 2023
	£	£	£	£
<b>General Funds</b>				
Unrestricted income fund	151,309	40,849	(32,734)	159,424
<b>Restricted Funds</b>				
Jog Belfast	96	0	0	96
	<u>151,405</u>	<u>40,849</u>	<u>(32,734)</u>	<u>159,520</u>

**11 Net assets by fund**

	Unrestricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£
Tangible assets	3,615	3,615	4,820
Current assets	156,830	156,830	146,940
Creditors: Amounts falling due within one year	(925)	(925)	(354)
Net assets	<u>159,520</u>	<u>159,520</u>	<u>151,406</u>

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2023**

	Unrestricted income fund 2023	Unrestricted income fund 2022
	£	£
<b>Incoming resources</b>		
Incoming resources from charitable activities	40,849	30,572
Total incoming resources	<u>40,849</u>	<u>30,572</u>
<b>Resources expended</b>		
Charitable activities	32,734	26,881
Total resources expended	<u>32,734</u>	<u>26,881</u>
Net movements in funds	8,115	3,691
<b>Reconciliation of funds</b>		
Total funds brought forward	151,309	147,619
Total funds carried forward	<u><u>159,424</u></u>	<u><u>151,310</u></u>

This page does not form part of the statutory financial statements.

**North Belfast Harriers**  
**Statement of financial activities by fund Year Ended 31 January 2023**

..... *continued*

	<b>Jog Belfast 2023</b>	<b>Jog Belfast 2022</b>
	<b>£</b>	<b>£</b>
Net movements in funds	0	0
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>96</u>	<u>96</u>
Total funds carried forward	<u><u>96</u></u>	<u><u>96</u></u>

This page does not form part of the statutory financial statements.

