

Impact Network (in Communities) NI

Northern Ireland · Charity number 103257

Details

Status Received

Registered 2015-07-03

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address Unit 6/7 Arches House
38-40 Main Street
Randalstown
BT41 3ab
BT41 3AB

Phone 028 9447 8645

Email info@impactnetworkni.org

Activities

Purposes: The purpose of South Antrim Community Network is the advancement of community development in Northern Ireland (the "area of benefit") and in particular the promotion of the community and voluntary sector for the benefit of the public by providing services, training, support, information, facilities and the administration of grants to community and voluntary groups and encouraging and assisting such groups and organisations to co-operate to achieve their aims. To promote health and wellbeing for the benefit of the public in partnership with health care authorities and care providers and local communities by advancing education and awareness around local issues of good health (both mental and physical) and adopting and maintaining healthy lifestyles and by assisting in the reduction of health inequalities. To develop the capacity and skills of residents of communities in the area of benefit that suffer social and economic disadvantage, in such a way that they are better able to identify, and help meet, their needs and participate more fully in society. To provide and maintain a forum where member organisations can join together to find mutual support, exchange views, share common issues and information, create a collective voice for the community and voluntary sector and work in partnership with statutory agencies and authorities. To promote sustainable means of achieving economic growth and regeneration. To promote good community relations, religious and racial harmony and equality and diversity. To promote co-operation and partnership working between community and voluntary groups public and statutory agencies and bodies and private sector organisations to help achieve these Objects. To promote such other charitable purposes as may from time to time be determined.

What the charity does: The advancement of citizenship or community development

How the charity works: Community development,Rural development

Who the charity helps: Adult training,Older people,Volunteers,Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£492,480	£399,203	£0	4

Trustees

Name	Role	Appointed
Mr Darren Richardson		
Mr David Mcauley		
Mr Jacqueline Mccaughey		
Mr Jordan Greer		
Mr Raymond Taylor		
Mr Sammy Bell		

Impact Network (in Communities) NI

Northern Ireland - Charity number 103257

Accounts

**Charity Registration No. 103257
Company Registration No. NI042845 (Northern Ireland)**

**IMPACT NETWORK (in Communities) NI
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Prepared by Stephen White M.I.A.T.I

IMPACT NETWORK (in Communities) NI

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IMPACT NETWORK (in Communities) NI

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr S Bell Mr D Richardson Mr D McAuley Mr R Williamson Mr J Greer Mrs J McCaughey Mr R Taylor
Secretary	Mr D Richardson
Charity number	103257
Company number	NI042845
Registered office	Unit 6-7 Arches House 38-40 Main Street Randalstown Co Antrim BT41 3AB
Auditor	S White ACS Ltd 17 Kirkview Close Ballymoney BT53 6TJ

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report and accounts for the year ended 31 March 2025.

Registered Name of Charity: Impact Network in Communities NI

Charity Number: 103257

Registered Office: Unit 6-7 Arches House, 38-40 Main Street, Randalstown, Co Antrim, BT41 3AB

Chairpersons Remarks

Impact Network NI, established in 2002, continues to provide a distinct and vital service — working in the community, for the community. Over the past year, our strong performance once again reflects the dedication and tireless efforts of our staff, who consistently go above and beyond to ensure that communities realise their full potential and maximise the benefits of the programmes we deliver.

We remain firmly committed to the core principles of community development. Our vision is one of vibrant, inclusive, articulate, and sustainable communities across Northern Ireland — communities that contribute to a prosperous, equitable, peaceful, and stable society for all.

Throughout the year, we have continued to build strong and meaningful relationships with local councils and statutory partners. These collaborations ensure that community needs are kept at the heart of local planning agendas, including through our active engagement with the Peace Plus Partnership. Impact Network NI is committed to being a dependable and responsive support system for those needs as they evolve.

We are deeply grateful to our funders, whose support has enabled us to grow and further develop our work. We also wish to extend sincere thanks to our many partners, collaborators, and supporters across the United Kingdom and the Republic of Ireland. Their solidarity and shared learning have enriched our work and strengthened our collective impact.

Most importantly, we recognise and commend the vital contributions of our member groups. Their work on the ground — addressing poverty, combatting loneliness, offering spaces for connection, and providing childcare and youth services — is inspiring. These everyday actions are the fabric that holds our communities together.

As Chairman, and on behalf of the Board of Directors, I am proud to commend the exceptional work of Impact Network NI. The increasing demand for our services reflects both our reach and the trust that communities place in us. We continue to expand our capacity to meet this need.

I also wish to thank my fellow Board members for their support and unwavering commitment. On behalf of the Board, I extend our deepest appreciation to the entire staff team. Their professionalism, adaptability, and quiet determination to serve are truly commendable.

Looking ahead, Impact Network NI is well positioned to continue leading, guiding, and supporting a diverse range of community organisations. We remain committed to ensuring that communities across Northern Ireland continue to benefit from our expertise, advocacy, and partnership working.



Sam Bell
Chairperson

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Achievements and Performance

Impact Network NI have maintained a level of funded projects to enable the organisation to continue to support the community across Northern Ireland in various ways. We have adapted our way of working, since the global pandemic and connect in a hybrid way, engaging individuals and communities in the best suitable way. We do believe that face to face support helps to sustain and build communities in the best possible way.

Annual Report 2024- 2025

Community Development

Health and Wellbeing

Good Relations

Cybersafe Programme

- 10 workshops for 2,701 senior school pupils
- 2 sessions for 136 parents, guardians, and community representatives

Cyclesafe Programme

- 2,000 newcomers from migrant communities
- promoting road safety awareness and safe cycling practices

Hub 45

- Establishing a dedicated community hub space to support local engagement, services, and development initiatives

Empower Programme

- Strengthening capacity and confidence in community development with 40 groups

Events Management Workshop

- Enhancing local skills in organising community events. 96% of participants enjoyed the training.

Take 5 in Communities 2024 - 2025

"Take 5 in Communities" is a collaborative initiative by NIHL and SPIC, built around the Public Health message "Take 5 Steps to Wellbeing". This programme aimed to reduce the overall wellbeing of local communities. A total of 18 groups successfully completed the Take 5 journey, which concluded with a celebrative event. As part of the initiative, each group designed and delivered a small project to promote the Take 5 steps within their own communities.

94% said they felt good after taking part in Take 5 in Communities activities

14% of participants completed the Take 5 journey

47% of participants completed the Take 5 journey

100% of people said they felt good after taking part in this programme

Ending Violence Against Women Programme

- 104 attendees and 8 workshops
- equip participants with practical intervention tools, and promote a culture of respect and equality
- 100% of attendees agreed this programme was needed in the community

Holocaust Memorial Programme

- 18 participants through a series of educational and commemorative activities, including four thematic workshops on the Holocaust and other genocides, a visit to Belfast Synagogue, two memorial events, and an international good practice visit

Women in Leadership

- 70 local women to develop confidence and leadership skills through accredited training
- 93% of women have grown in confidence after this training

Women and Activism Programme

- 30 working-class young women engaged in peacebuilding and community activism through:
- 4 self-exploration and personal development workshops
- 8 workshops on social inclusion, rights, justice, and cultural identity
- 2 accredited OCN courses in Active Citizenship and Equality & Good Relations

Networks Involving Communities in Health Improvement (NICHI)
April 2024 - March 2025

NICHI established in 2019 supported by Public Health Agency. The project operates across the Northern Ireland and is managed by the Local Community Support Networks. The aim of NICHI is to support the involvement of communities in improving health and social wellbeing, reducing health inequalities.

88% said they felt good after taking part in the winter wellbeing programme

100% agreed the NICHI conference was worthwhile

97% said they now know more about how important it is to be physically active

95% agree taking part in the activity has helped with their emotional wellbeing

92% said they now know how they can improve their emotional wellbeing

100% agreed they would recommend these activities to someone else

Defibrillator

- Community defibrillator (AED) to improve emergency response and increase survival rates

IT Equipment Upgrade

- New resources to enhance administrative efficiency and support programme delivery

Lunching Together

- 4 community lunch events, addressing poverty and social isolation and engaging 200 participants. 97% of participants said they felt less isolated attending the community lunch events.

Reach and Reconnect

- Research consultation with 100 older people to explore needs and strengthen community connections

Sensory Play for My Family and Me

- 48 families supported through creative play, sensory circuits, and wellbeing sessions. 100% of families enjoyed the activities and the support they received throughout these sessions.

WINTER WELLBEING PROGRAMME

The aim of this programme was to support grassroots, community-based organisations in delivering activities and interventions that helped local residents stay warm, safe, and well throughout the winter.

A key focus was on bringing older people together during the colder months to reduce social and rural isolation, while also promoting health and wellbeing. Colours, decorations and shared meals played a central role - bringing people together around food to foster connection and community spirit.

Number of groups of A&A	Total number of activities	Total number of participants
12	120	1,200
10	100	1,000
8	80	800
6	60	600
4	40	400
2	20	200
Total	320	3,200

What other types of activities would participants like to try in the future?

Activity	Number of participants
Walking	120
Yoga	80
Arts and Crafts	60
Music	40
Reading	20
Other	10
Total	330

Substance Prevention Development Officers (SPDO) 2024 - 2025

SPDO established in 2018 supported by Public Health Agency. The SPDO operates across the Northern Ireland and is managed by the Local Community Support Networks. The aim of SPDO is to support the involvement of communities in improving health and social wellbeing, reducing health inequalities.

12 SPDO Training and Awareness Sessions

134 individuals attended

SPDO Awareness Programme

78 individuals completed the programme

9,000 individuals reached

4,750 individuals completed the programme

450+ individuals completed the programme

Legacy Programme

- 6-week Communities in Transition programme to 30 participants
- 6 good relations workshops exploring the history and traditions of communities in Northern Ireland

Men's Wellbeing Programme

- 30 men engaged a wellbeing programme featuring:
- History Talk
- Men's Breakfast & Health Talk
- Men's Haircuts
- Ulster Motivational Talk
- Celebration Event

Promoted connection, self-care, and positive mental health

95% of participants felt good after attending the Men's Wellbeing Programme

100% agreed they would recommend these activities to someone else

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

Objectives and Aims

Impact Network NI meet community needs by determining and responding to key issues impacting on communities including health and wellbeing, suicide prevention, community development support, community transformation, peace and reconciliation programmes and inter-estate programmes are just a brief synopsis of the variety and reach the staff and organisation deliver on a daily basis. Since 2002, the Network has been recognised as the key community membership based organisation to drive forward community initiatives using a community development approach that engages and represents effectively across the sector. Impact Network NI has 350+ member groups and a management committee of 7 Directors.

Impact Network NI believes that effective responses to the issues are best achieved through working in partnership with all relevant community, voluntary, statutory and academic organisations and bodies. The trustees do not expect the activities to change significantly during the incoming year.

Public Benefit

Impact Network (in Communities) NI LTD meet and comply with all requirements of the Charities Act 2008 and have due regard to the public benefit guidance published by the Charity Commission for Northern Ireland.

Financial review

The main source of funding throughout the year was from grants. In calculating the required level of reserves the charity takes into account the risks of income and expenditure, the trustees believe it is beneficial to hold an amount in unrestricted funds to cover running costs for a period of nine months to enable the company to continue at its current level of activity.

Reserves policy

The trustees consider the Reserve Policy an important part of the internal financial management. It assists with strategic planning when reviewing new or potential projects/activities; informs the budget process and enables planning for a balanced budget or use of reserves; and it informs the budget and risk management process by identifying any uncertainty in future income streams. Reserves are reviewed in detail annually but also monitored throughout the year to assess any build up of reserves or unexpected depletion of these.

Operational Reserves are required to allow the organisation to continue to deliver its charitable objectives and seek alternative funding sources, should existing annual funding be restricted and to provide assurance against a risk of an unforeseen emergency or other unexpected need for funds. In addition, Operational Reserves provide the organisation with the ability to react to short term opportunities. In quantifying the level of Operational Reserves required, the level of net current assets and liabilities are compared to the average monthly expenditure. The risks associated with future income, grants and expenditure are also considered. As a result, the Trustees have determined in their last review that 9 months of the annual recurring expenditure are required as Operational Reserves.

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

Investment Policy and Objectives

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the trustees wish.

Risk

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is controlled by it's governing document.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr S Bell

Mr D Richardson

Mr D McAuley

Mr R Williamson

Mr J Greer

Mrs J McCaughey

Mr R Taylor

Recruitment and appointment of new trustees

Impact Network (in Communities) NI openly invite all community members to put themselves forward for nomination of election to the charity. When a position becomes available the board of Trustees then undertake a skills audit of nominations and invite all potential trustees to meet the board before a decision of recruitment and appointment is made.

Organisational Structure

The board of trustees administers the charity. The board meets monthly, there are sub committees covering fund-raising, strategy and finance which meet regularly. A manager is appointed by the trustees to manage the daily operations of the charity. To facilitate effective operations, the manager has delegated authority, within the terms of delegation approved by the trustees, for operational matters.

Induction and training of new trustees

New Trustees undergo orientation to brief them on their legal obligations under charity law, the content of the Trust Deed, decision making processes, the business plan and the recent financial performance of the charity. During induction, they meet key members of staff and other Trustees. Trustees are encouraged to attend appropriate training events where these will facilitate the undertaking of their role.

Related Parties

There are no related parties within the charity.



S Bell

IMPACT NETWORK (in Communities) NI

STATEMENT OF TRUSTEES RESPONSIBILITIES *FOR THE YEAR ENDED 31 MARCH 2025*

The trustees, who are also the directors of Impact Network NI for the purpose of company law, are responsible for preparing the Trustee Report and engaging Accountants to complete the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

The trustees are responsible for keeping and providing the Accountant with adequate records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

IMPACT NETWORK NI LTD

RECEIPTS & PAYMENTS ACCOUNT

FOR YEAR ENDED 31st MARCH 2025

RECEIPTS

	£	
HALIFAX	10,000.00	
DOJ	7,000.00	
ENKALON FOUNDATION	700.00	
LFT	500.00	
BIG LOTTERY	20,000.00	
DFA	19,496.46	
ANBC	60,999.20	
NIHE	4,716.00	
ASDA CHAMPION	400.00	
PROGRAMME COSTS	14,270.20	
PCSP MID & EAST ANTRIM GRANT	2,500.00	
ACCESS NI	1,834.00	
PHA	275,873.00	
INTEREST RECEIVED	153.91	
CONSULTANCY & MENTORING	74,037.94	492,480.71

PAYMENTS

	£	
HALIFAX	4,620.63	
DOJ	7,000.00	
ENKALON FOUNDATION	700.00	
LFT	500.00	
ANBC	1,080.00	
DFA EXPENDITURE	19,488.93	
ANBC	30,750.73	
PROGRAMME COSTS	146,196.24	
SALARIES	152,183.29	
RUNNING COSTS	21,680.12	
ACCOUNTANCY FEES	1,525.00	
ACCESS NI	1,894.00	
PROFESSIONAL FEES	2,366.26	
NIHE	4,716.00	
PCSP MID & EAST ANTRIM GRANT	2,500.00	
GREENISLAND & CARRICKFERGUS CLUSTER	1,252.11	
BANK CHARGES	257.85	
DEPRECIATION W/OFF	492.00	399,203.16

SURPLUS FOR THE YEAR

**£
93,277.55**

IMPACT NETWORK NI LTD

SCHEDULE OF FIXED ASSETS AS AT 31st MARCH 2025

PREMISES @ 45 MAIN STREET RANDALSTOWN			£	125,000.00
ADDITIONAL PAYMENT @ COST			£	<u>20,000.00</u>
			£	145,000.00
STRUCTURAL ALTERATIONS OF PREMISES @ COST			£	466,178.17
LESS	DLUHC FUNDING		£	246,295.00
	ANBC		£	189,883.17
	GARFIELD		£	
	WESTON		£	
			<u>£</u>	<u>30,000.00</u>
			£	466,178.17
			£	-
LEASEHOLD IMPROVEMENTS AT 31/03/2024			£	2,871.00
LESS DEPRECIATION W/OFF			£	<u>262.00</u>
			£	2,609.00
FIXTURES, FITTINGS & EQUIPMENT AT 31/03/24			£	2,297.00
LESS DEPRECIATION W/OFF			£	<u>230.00</u>
			£	2,067.00
			£	<u>149,676.00</u>

IMPACT NETWORK NI LTD

STATEMENT OF ASSETS & LIABILITIES AS AT 31st MARCH 2025

FIXED ASSETS

AS PER SCHEDULE	£	149,676.00
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CURRENT ASSETS

DANSKE BANK	£	<u>240,343.55</u>
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	£	390,019.55
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CURRENT LIABILITIES

ANBC FUNDING PREPAYMENT	£	<u>60,116.83</u>
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NET ASSETS	£	<u><u>329,902.72</u></u>
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CAPITAL & RESERVES

REVALUATION RESERVE	£	236,625.17
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RECEIPTS & PAYMENTS ACCOUNT	£	<u>93,277.55</u>	£	<u><u>329,902.72</u></u>
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IMPACT NETWORK NI LTD

ACCOUNTANTS' REPORT

Accountants' report to Impact Network NI Ltd on the preparation of the accounts for the Year Ended 31st March 2025.

The enclosed Accounts for Impact Network NI Ltd have been prepared in accordance with applicable accounting standards, from the accounting records maintained by the charity and from information and explanations provided by the Trustees.

S White ACS Ltd

**17 Kirkview Close
Ballymoney
BT53 6TJ**

3rd July 2025

Stephen White

Impact Network (in Communities) NI

Northern Ireland - Charity number 103257

Accounts

Charity Registration No. 103257
Company Registration No. NI042845 (Northern Ireland)

IMPACT NETWORK (in Communities) NI
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

IMPACT NETWORK (in Communities) NI

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IMPACT NETWORK (in Communities) NI

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr S Bell Mr D Richardson Mr D McAuley Mr R Williamson Mr J Greer Mrs J McCaughey Mr R Taylor
Secretary	Mr D Richardson
Charity number	103257
Company number	NI042845
Registered office	Unit 6-7 Arches House 38-40 Main Street Randalstown Co Antrim BT41 3AB
Auditor	Stephen White Accounting and Taxation 1a Main Street Ballymoney BT53 6AN

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their report and accounts for the year ended 31 March 2024.

Registered Name of Charity: Impact Network in Communities NI

Charity Number: 103257

Registered Office: Unit 6-7 Arches House, 38-40 Main Street, Randalstown, Co Antrim, BT41 3AB

Chairpersons Remarks

Impact Network NI, established in 2002, continues to provide a distinct and much needed service working in the community for the community. Our excellent performance once again shows the extensive work that our staff tirelessly go above and beyond to ensure that the community reaches its full potential and gains the most from all the programmes we provide.

Impact Network NI remains committed to the key principles of community development. We have a vision of vibrant, articulate, inclusive and sustainable communities across Northern Ireland contributing to a prosperous, equitable, peaceful, and stable society.

As a network, we continue to build relationships with councils and our statutory partners to ensure that the needs of local communities remain to the forefront of the community planning agenda, and the Peace Plus Partnership to ensure that Impact Network NI will be there to meet and support those needs.

We would like to acknowledge the support of our funders who have supported the organisation to grow and develop our work. We would also like to thank all our partners, collaborators and supporters from across the United Kingdom and the Republic of Ireland for their cohesion and friendship as we have sought to share lessons from our work and learn lessons from theirs. A final word of thanks must go to our member groups who we have served. Their daily work in communities across Northern Ireland at the coalface of tackling poverty, loneliness, providing community space to meet, providing childcare and youth services is inspiring and is the glue that binds many communities together.

As Chairman and on behalf of the Board of Directors and communities we serve, I commend the work of Impact Network NI which is an invaluable source of support to local communities. We continue to witness an ever-growing demand and increase in our capacity.

I would like to thank my fellow Board members for their support to me as Chairperson and for their ongoing commitment to the work of Impact Network NI. On behalf of the Board, I would like to extend my appreciation to the staff members, who have continued to show an adaptable and professional approach to their work with a humble and steadfast approach to continue to do their best in the community is commendable.

Impact Network NI will continue to develop and offer leadership; it has proven it is well placed to deliver much needed support and guidance for a wide variety of community groups. I am delighted that they will continue to benefit from the expertise, partnership working and representation that Impact Network NI can and has offered.



Sam Bell
Chairperson

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Achievements and Performance

Impact Network NI have maintained a level of funded projects to enable the organisation to continue to support the community across Northern Ireland in various ways. We have adapted our way of working, since the global pandemic and connect in a hybrid way, engaging individuals and communities in the best suitable way. We do believe that face to face support helps to sustain and build communities in the best possible way.

Community Animation Skills to Employability – funded by Antrim and Newtownabbey Borough Council

- 9 unemployed trained in Security Licence
- 6 unemployed trained in First Aid

Community Christmas Cheer - funded by Clanmill

- Family Christmas Festival for 250 children

Community Engagement Programme – funded by Northern Ireland Housing Executive

- Support and facilitate Rathcoole Celebrates 70 Years- Community Information, Engagement programme
- Monkstown Legacy Programme
- Rathfern Feasibility Study
- 3 x Re-imaging Projects

Cost of Living Events – funded by The National Lottery Awards for All

- Hosted 8 support and outreach events including food support, fuel support and essential keep warm packs to 256 individuals most in need

Cybersafe – funded by Assets Recovery Community Scheme

- 18 digital for senior school communities workshops by Wayne Denner to 6084 pupils
- 4 inspiring and empowering workshops by Wayne Denner to 363 community representatives/parents/guardians

Cybersafe Primary Schools – funded by Clanmill

- 8 digital for primary school communities workshops by Wayne Denner to 469 pupils

Events Management – Funded by ANBC and CC&G

- Delivered a three hour workshop on events management to 18 participants
- Delivered OCN Level 2 Events Management Training to 38 participants

Kids Get Moving - Funded by Northern Healthy Lifestyles Partnership

- Targeted 25 pre school children and parents/guardians helping to improve physical activity during workshops and using the provided equipment to continue with physical activity sessions
- 6 Mindfulness sessions for children
- 6 Rugby Tots sessions for children

Ladies in Leadership – Department for Foreign Affairs

- 4 x peace-building seminars with key female speakers
- 10 x health and wellbeing sessions
- 8 x Confidence, Self Esteem and Personal Development Workshops
- 8 x Leadership Workshops
- 4 x Good Practice Visits
- 2 x Celebration Events

Lunching Together Project – Funded by Halifax Foundation

- Bi-weekly 20 week programme luncheon club bringing 30 of the most isolated, vulnerable and living alone together for a nutritious meal into the company of others
- Bi-weekly information sessions including Citizens Advice Bureau, PSNI Safety Workshops, Kith and Kin

Outcome Based Approach and Communications Support – Funded by Public Health Agency

- Dedicated support to all networks across the Northern Locality for development, training and continued evaluation support via OBA model
- Dedicated outreach support to Social Media Reach of 170041 individuals
- Dedicated support to maintain the Health Alliance Website and Outreach resources to general public and over 620 members

OCN Stewarding Training – Derry City and Strabane Council

- Delivered OCN Level 2 Stewarding Training to over 50 participants

Networking Involving Communities in Health Improvement (NICHI) – Funded by Public Health Agency
Supporting local communities in health and wellbeing using a community development approach, addressing health inequalities.

- 5 NICHI model groups engaged in a mentoring, support and capacity building project throughout the year, using an enhanced action plan
- Providing Guidance to over 150+ local community groups, including targeted work to marginalised/vulnerable groups
- NICHI Officer coordinator enhanced training programme on Community Development, Social Model of Health and Health Literacy delivered to 10 groups
- Delivered 4 workshops on Creating Healthier Communities
- Delivered 4 Winter Wellbeing workshops
- Delivered 4 Cooking on a Budget Workshops
- NICHI Officer coordinated Happy Healthy Aging Project with 30 older people in the local area
- Hosted 2 NICHI Annual Wellbeing events including Promoting Wellness and Positive Aging
- Hosted 2 NICHI Networking Best Practice Events
- Partnership/Steering Group membership Linking Generations NI, Antrim and Ballymena Children's Young People Strategic Partnership, Carrickfergus and Larne Children's Young People Strategic Partnership, Newtownabbey Children's Young People Strategic Partnership, Antrim and Newtownabbey Peer Support, Antrim and Newtownabbey Borough Council Community Planning, Mid and East Antrim Borough Council Community Planning, Mid and East Antrim Loneliness Network, Antrim and Newtownabbey Loneliness Network, Northern Healthy Lifestyles Partnership, Carrickfergus Advisory Group
- 48 Health and Wellbeing Newsletters Distributed to 624 Health Alliance Members
- Hosted 2 Intergenerational Workshops with local Folds and Primary Schools
- Hosted better sleep workshop
- Design and Create the NICHI Model Toolkit
- Hosted 4 best practice visits for Seniors

- Developed a detailed programme for 50 most vulnerable and isolated seniors in the rural area
- Attended various events including NRC Fresher Fairs, Positive Ageing Events, ROC Winter Warmer Events, ASD Teens Policing Events
- Completed Good Food Toolkit Workshop

Randalstown Connect Create and Learn – Funded by Arts Council

- 21 weeks connecting with 30 older people in Randalstown with a range of workshops including decoupage, collage, wax resist water colour workshops and card making
- Design and print of a collection of all the art work produced throughout the project and launched as "Our Wee Book of Joy". 500 books distributed.

Suicide Prevention Development Project (SPDO) – funded by Public Health Agency

The Northern Locality Suicide Prevention model encourages a community development, grass roots approach to Promoting Mental Health and Suicide Prevention within communities.

- Providing Guidance to over 350+ local community groups, including targeted work to marginalised/vulnerable groups
- 93,000 Ready to Help Pocket Guides delivered throughout the Northern Locality
- 17 specific intervention cases
- 11 online support intervention cases
- 2857 Take 5 Steps to Wellbeing Packs distributed
- Partnership/Steering Group membership of Antrim and Newtownabbey Borough Council Community Planning, Mid and East Antrim Borough Council Community Planning, Youth Housing Community Network, Antrim and Newtownabbey Youth Voiced, Antrim and Ballymena Children's Young People Strategic Partnership, Carrickfergus and Larne Children's Young People Strategic Partnership, Newtownabbey Children's Young People Strategic Partnership All Party Group Suicide Prevention, Protect Life Implementation Group, Bereaved by Suicide NHSCT and Barnardo's Peer Support Group, NHSCT Ethnic Minorities and Refugees Steering Group, My Community Carrickfergus, Housing Community Network, PSNI, Support Hubs, Antrim and Newtownabbey Loneliness Network, Mid and East Antrim Loneliness Network, Age Well Partnership
- Signpost 30+ communities to suicide prevention, mental health and emotional wellbeing and bereavement information and support them through various communication methods
- SPDO completed Adverse Childhood Experiences Training
- SPDO represented at 18 community fairs including NRC freshers fairs connecting with over 400 students
- SPDO engaged in good relations PeacePlus Health and Wellbeing consultation
- SPDO hosted Better Sleep Workshop, Coping on Difficult Days, Compassion Fatigue, Social media and Mental Health, Understanding Self Harm, 6 week programme Living Life to the Full, Hoarding Workshop, Happy Minds Grateful Hearts, Mindfulness for Children and Young People Workshop, Mood Matters, MindSet, Domestic Violence Awareness Session, Psychology of Resilience, Healing Power of Play, Skill of Listening, Importance of Compassion, Making the Most of Your Money, Reflect Relax Recharge, Person Behind the Behaviour
- SPDO completed 12 PSNI Vulnerability Sessions
- SPDO managed and supported 27 promoting mental health and suicide prevention model groups
- SPDO presentation to A Public Health Approach to Suicide Prevention

Winter Warmer Project – Funded by ARN Foundation

- Provided via delivery weekly nutritious meals to those isolated in the community for 24 weeks, with each participant receiving 2 nutritious meals per week.
- Weekly check in calls to each participant
- Oil voucher given to each participant

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

Objectives and Aims

Impact Network NI meet community needs by determining and responding to key issues impacting on communities including health and wellbeing, suicide prevention, community development support, community transformation, peace and reconciliation programmes and inter-estate programmes are just a brief synopsis of the variety and reach the staff and organisation deliver on a daily basis. Since 2002, the Network has been recognised as the key community membership based organisation to drive forward community initiatives using a community development approach that engages and represents effectively across the sector. Impact Network NI has 350+ member groups and a management committee of 7 Directors.

Impact Network NI believes that effective responses to the issues are best achieved through working in partnership with all relevant community, voluntary, statutory and academic organisations and bodies.

The trustees do not expect the activities to change significantly during the incoming year.

Public Benefit

Impact Network (in Communities) NI LTD meet and comply with all requirements of the Charities Act 2008 and have due regard to the public benefit guidance published by the Charity Commission for Northern Ireland.

Financial review

The main source of funding throughout the year was from grants. In calculating the required level of reserves the charity takes into account the risks of income and expenditure, the trustees believe it is beneficial to hold an amount in unrestricted funds to cover running costs for a period of nine months to enable the company to continue at its current level of activity.

Reserves policy

The trustees consider the Reserve Policy an important part of the internal financial management. It assists with strategic planning when reviewing new or potential projects/activities; informs the budget process and enables planning for a balanced budget or use of reserves; and it informs the budget and risk management process by identifying any uncertainty in future income streams. Reserves are reviewed in detail annually but also monitored throughout the year to assess any build up of reserves or unexpected depletion of these.

Operational Reserves are required to allow the organisation to continue to deliver its charitable objectives and seek alternative funding sources, should existing annual funding be restricted and to provide assurance against a risk of an unforeseen emergency or other unexpected need for funds. In addition, Operational Reserves provide the organisation with the ability to react to short term opportunities. In quantifying the level of Operational Reserves required, the level of net current assets and liabilities are compared to the average monthly expenditure. The risks associated with future income, grants and expenditure are also considered. As a result, the Trustees have determined in their last review that 9 months of the annual recurring expenditure are required as Operational Reserves.

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Investment Policy and Objectives

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the trustees wish.

Risk

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is controlled by it's governing document.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr S Bell
Mr D Richardson
Mr D McAuley
Mr R Williamson
Mr J Greer
Mrs J McCaughey
Mr R Taylor

Recruitment and appointment of new trustees

Impact Network (in Communities) NI openly invite all community members to put themselves forward for nomination of election to the charity. When a position becomes available the board of Trustees then undertake a skills audit of nominations and invite all potential trustees to meet the board before a decision of recruitment and appointment is made.

Organisational Structure

The board of trustees administers the charity. The board meets monthly, there are sub committees covering fund-raising, strategy and finance which meet regularly. A manager is appointed by the trustees to manage the daily operations of the charity. To facilitate effective operations, the manager has delegated authority, within the terms of delegation approved by the trustees, for operational matters.

Induction and training of new trustees

New Trustees undergo orientation to brief them on their legal obligations under charity law, the content of the Trust Deed, decision making processes, the business plan and the recent financial performance of the charity. During induction, they meet key members of staff and other Trustees. Trustees are encouraged to attend appropriate training events where these will facilitate the undertaking of their role.

Related Parties

There are no related parties within the charity.



S Bell

Impact Network NI
Unit 6-7 Arches House
38-40 Main Street
Randalstown
BT41 3AB
NI042845
Charity Number 103257

Company Accounts for the Year Ended:

31st March 2024

Prepared by Stephen White M.I.A.T.I

Impact Networks NI Ltd

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Impact Network NI

Legal and Administrative Information

Chairman	Sam Bell
Secretary	D Richardson
Trustees	S Bell D Richardson D McAuley R Williamson J Greer J McCaughey R Taylor

Registered Office

Unit 6-7 Arches House
38-40 Main Street
Randalstown
Co Antrim
BT41 3AB

Accountant

Stephen White Accounting and Taxation
1a Main Street
Ballymoney
BT53 6AN

Impact Network NI Ltd

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31ST MARCH 2024

The trustees, who are also the directors of Impact Network NI for the purpose of company law, are responsible for preparing the Trustee Report and engaging Accountants to complete the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

The trustees are responsible for keeping and providing the Accountant with adequate records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**IMPACT NETWORK NI
RECEIPTS & PAYMENTS ACCOUNT
FOR YEAR ENDED 31st MARCH 2024**

RECEIPTS

ACCESS NI	£ 1,056.00	
ANBC	£ 5,485.00	
BIG LOTTERY FUND	£ 703.10	
CC&GBC	£ 300.00	
CFNI	£ 9,640.00	
CLANMIL	£ 1,950.00	
DOJ	£ 8,000.00	
HALIFAX FOUNDATION	£ 5,000.00	
INTEREST RECEIVED	£ 31.15	
MISC INCOME	£ 13.41	
NHSCT	£ 2,000.00	
NIHE	£ 13,179.00	
NORTH ANTRIM COMMUNITY NETWORK	£ 500.00	
PHA	£ 248,584.00	
PROGRAMME INCOME	£ 2,454.00	
REFUND	£ 180.00	£ 299,075.66

PAYMENTS

ACCESS NI	£ 1,800.00	
ACCOUNTANCY FEES	£ 1,425.00	
ANBC EMPLOYABILITY	£ 2,990.00	
ARCS FUNDING	£ 9,658.20	
ARTS COUNCIL	£ 5,121.00	
BANK CHARGES & INTEREST	£ 258.95	
BIG LOTTERY FUND	£ 9,220.46	
CLAN MILL	£ 4,598.11	
DFA	£ 10,339.34	
DOJ	£ 8,000.00	
HALIFAX FOUNDATION	£ 5,000.00	
NHLP	£ 1,620.32	
NIHE	£ 4,586.39	
PREMISES COSTS	£ 8,339.35	
PROFESSIONAL FEES	£ 2,782.50	
PROGRAMME COSTS	£ 83,836.00	
RUNNING COSTS	£ 11,046.12	
SALARY	£ 152,673.02	
TRAVEL	£ 5,641.38	
DEPRECIATION W/OFF	£ 517.00	£ 329,453.14

SURPLUS FOR YEAR

-£ 30,377.48

IMPACT NETWORK NI

STATEMENT OF ASSETS & LIABILITIES AS AT 31st MARCH 2024

FIXED ASSETS

PREMISES @ 45 MAIN STREET RANDALSTOWN		£ 125,000.00
STRUCTURAL ALTERATIONS OF PREMISES @ COST	£ 3,705.00	
LESS DLUHC FUNDING	<u>£ 3,705.00</u>	£ -
		£ 125,000.00
LEASEHOLD IMPROVEMENTS AT 31/03/2023	£ 3,133.00	
LESS DEPRECIATION W/OFF	<u>£ 262.00</u>	£ 2,871.00
FIXTURES, FITTINGS & EQUIPMENT AT 31/03/23	£ 2,552.00	
LESS DEPRECIATION W/OFF	<u>£ 255.00</u>	<u>£ 2,297.00</u>
		£ 130,168.00

CURRENT ASSETS

DANSKE BANK		<u>£ 352,752.17</u>
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£ 482,920.17

CURRENT LIABILITIES

DLUHC FUNDING PREPAYMENT		<u>£ 246,295.00</u>
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NET ASSETS

£ 236,625.17

CAPITAL & RESERVES

REVALUATION RESERVE £ 267,002.65

RECEIPTS & PAYMENTS ACCOUNT -£ 30,377.48 £ 236,625.17

**Impact Network NI
Unit 6-7 Arches House
38-40 Main Street
Randalstown
County Antrim
BT41 3AB
NI042845
Charity Number 103257**

Accountants Certificate

In accordance with the instructions given to us, we have prepared the attached Company Accounts, without carrying out an audit, from the books and records of the businesses and from the information and explanations supplied to us.

We hereby certify that they are in accordance therewith.

Stephen White M.I.A.T.I
1A Main Street
Ballymoney
BT53 6AN



A handwritten signature in black ink, appearing to read 'shw', is written over a solid horizontal line.

Impact Network (in Communities) NI

Northern Ireland - Charity number 103257

Annual report

Charity Registration No. 103257
Company Registration No. NI042845 (Northern Ireland)

IMPACT NETWORK (in Communities) NI
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

IMPACT NETWORK (in Communities) NI

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IMPACT NETWORK (in Communities) NI

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr S Bell Mr D Richardson Mr D McAuley Mr R Williamson Mr J Greer Mrs J McCaughey Mr R Taylor
Secretary	Mr D Richardson
Charity number	103257
Company number	NI042845
Registered office	Unit 6-7 Arches House 38-40 Main Street Randalstown Co Antrim BT41 3AB
Auditor	Stephen White Accounting and Taxation 1a Main Street Ballymoney BT53 6AN

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their report and accounts for the year ended 31 March 2024.

Registered Name of Charity: Impact Network in Communities NI

Charity Number: 103257

Registered Office: Unit 6-7 Arches House, 38-40 Main Street, Randalstown, Co Antrim, BT41 3AB

Chairpersons Remarks

Impact Network NI, established in 2002, continues to provide a distinct and much needed service working in the community for the community. Our excellent performance once again shows the extensive work that our staff tirelessly go above and beyond to ensure that the community reaches its full potential and gains the most from all the programmes we provide.

Impact Network NI remains committed to the key principles of community development. We have a vision of vibrant, articulate, inclusive and sustainable communities across Northern Ireland contributing to a prosperous, equitable, peaceful, and stable society.

As a network, we continue to build relationships with councils and our statutory partners to ensure that the needs of local communities remain to the forefront of the community planning agenda, and the Peace Plus Partnership to ensure that Impact Network NI will be there to meet and support those needs.

We would like to acknowledge the support of our funders who have supported the organisation to grow and develop our work. We would also like to thank all our partners, collaborators and supporters from across the United Kingdom and the Republic of Ireland for their cohesion and friendship as we have sought to share lessons from our work and learn lessons from theirs. A final word of thanks must go to our member groups who we have served. Their daily work in communities across Northern Ireland at the coalface of tackling poverty, loneliness, providing community space to meet, providing childcare and youth services is inspiring and is the glue that binds many communities together.

As Chairman and on behalf of the Board of Directors and communities we serve, I commend the work of Impact Network NI which is an invaluable source of support to local communities. We continue to witness an ever-growing demand and increase in our capacity.

I would like to thank my fellow Board members for their support to me as Chairperson and for their ongoing commitment to the work of Impact Network NI. On behalf of the Board, I would like to extend my appreciation to the staff members, who have continued to show an adaptable and professional approach to their work with a humble and steadfast approach to continue to do their best in the community is commendable.

Impact Network NI will continue to develop and offer leadership; it has proven it is well placed to deliver much needed support and guidance for a wide variety of community groups. I am delighted that they will continue to benefit from the expertise, partnership working and representation that Impact Network NI can and has offered.

Sam Bell
Chairperson

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Achievements and Performance

Impact Network NI have maintained a level of funded projects to enable the organisation to continue to support the community across Northern Ireland in various ways. We have adapted our way of working, since the global pandemic and connect in a hybrid way, engaging individuals and communities in the best suitable way. We do believe that face to face support helps to sustain and build communities in the best possible way.

Community Animation Skills to Employability – funded by Antrim and Newtownabbey Borough Council

- 9 unemployed trained in Security Licence
- 6 unemployed trained in First Aid

Community Christmas Cheer - funded by Clanmill

- Family Christmas Festival for 250 children

Community Engagement Programme – funded by Northern Ireland Housing Executive

- Support and facilitate Rathcoole Celebrates 70 Years- Community Information, Engagement programme
- Monkstown Legacy Programme
- Rathfern Feasibility Study
- 3 x Re-imaging Projects

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- Hosted 8 support and outreach events including food support, fuel support and essential keep warm packs to 256 individuals most in need

Cybersafe – funded by Assets Recovery Community Scheme

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- Targeted 25 pre school children and parents/guardians helping to improve physical activity during workshops and using the provided equipment to continue with physical activity sessions
- 6 Mindfulness sessions for children
- 6 Rugby Tots sessions for children

Ladies in Leadership – Department for Foreign Affairs

- 4 x peace-building seminars with key female speakers
- 10 x health and wellbeing sessions
- 8 x Confidence, Self Esteem and Personal Development Workshops
- 8 x Leadership Workshops
- 4 x Good Practice Visits
- 2 x Celebration Events

Lunching Together Project – Funded by Halifax Foundation

- Bi-weekly 20 week programme luncheon club bringing 30 of the most isolated, vulnerable and living alone together for a nutritious meal into the company of others
- Bi-weekly information sessions including Citizens Advice Bureau, PSNI Safety Workshops, Kith and Kin

Outcome Based Approach and Communications Support – Funded by Public Health Agency

- Dedicated support to all networks across the Northern Locality for development, training and continued evaluation support via OBA model
- Dedicated outreach support to Social Media Reach of 170041 individuals
- Dedicated support to maintain the Health Alliance Website and Outreach resources to general public and over 620 members

OCN Stewarding Training – Derry City and Strabane Council

- Delivered OCN Level 2 Stewarding Training to over 50 participants

Networking Involving Communities in Health Improvement (NICHI) – Funded by Public Health Agency
Supporting local communities in health and wellbeing using a community development approach, addressing health inequalities.

- 5 NICHI model groups engaged in a mentoring, support and capacity building project throughout the year, using an enhanced action plan
- Providing Guidance to over 150+ local community groups, including targeted work to marginalised/vulnerable groups
- NICHI Officer coordinator enhanced training programme on Community Development, Social Model of Health and Health Literacy delivered to 10 groups
- Delivered 4 workshops on Creating Healthier Communities
- Delivered 4 Winter Wellbeing workshops
- Delivered 4 Cooking on a Budget Workshops
- NICHI Officer coordinated Happy Healthy Aging Project with 30 older people in the local area
- Hosted 2 NICHI Annual Wellbeing events including Promoting Wellness and Positive Aging
- Hosted 2 NICHI Networking Best Practice Events
- Partnership/Steering Group membership Linking Generations NI, Antrim and Ballymena Children's Young People Strategic Partnership, Carrickfergus and Larne Children's Young People Strategic Partnership, Newtownabbey Children's Young People Strategic Partnership, Antrim and Newtownabbey Peer Support, Antrim and Newtownabbey Borough Council Community Planning, Mid and East Antrim Borough Council Community Planning, Mid and East Antrim Loneliness Network, Antrim and Newtownabbey Loneliness Network, Northern Healthy Lifestyles Partnership, Carrickfergus Advisory Group
- 48 Health and Wellbeing Newsletters Distributed to 624 Health Alliance Members
- Hosted 2 Intergenerational Workshops with local Folds and Primary Schools
- Hosted better sleep workshop
- Design and Create the NICHI Model Toolkit
- Hosted 4 best practice visits for Seniors

- Developed a detailed programme for 50 most vulnerable and isolated seniors in the rural area
- Attended various events including NRC Fresher Fairs, Positive Ageing Events, ROC Winter Warmer Events, ASD Teens Policing Events
- Completed Good Food Toolkit Workshop

Randalstown Connect Create and Learn – Funded by Arts Council

- 21 weeks connecting with 30 older people in Randalstown with a range of workshops including decoupage, collage, wax resist water colour workshops and card making
- Design and print of a collection of all the art work produced throughout the project and launched as “Our Wee Book of Joy”. 500 books distributed.

Suicide Prevention Development Project (SPDO) – funded by Public Health Agency

The Northern Locality Suicide Prevention model encourages a community development, grass roots approach to Promoting Mental Health and Suicide Prevention within communities.

- Providing Guidance to over 350+ local community groups, including targeted work to marginalised/vulnerable groups
- 93,000 Ready to Help Pocket Guides delivered throughout the Northern Locality
- 17 specific intervention cases
- 11 online support intervention cases
- 2857 Take 5 Steps to Wellbeing Packs distributed
- Partnership/Steering Group membership of Antrim and Newtownabbey Borough Council Community Planning, Mid and East Antrim Borough Council Community Planning, Youth Housing Community Network, Antrim and Newtownabbey Youth Voiced, Antrim and Ballymena Children’s Young People Strategic Partnership, Carrickfergus and Larne Children’s Young People Strategic Partnership, Newtownabbey Children’s Young People Strategic Partnership All Party Group Suicide Prevention, Protect Life Implementation Group, Bereaved by Suicide NHSCT and Barnardo’s Peer Support Group, NHSCT Ethnic Minorities and Refugees Steering Group, My Community Carrickfergus, Housing Community Network, PSNI, Support Hubs, Antrim and Newtownabbey Loneliness Network, Mid and East Antrim Loneliness Network, Age Well Partnership
- Signpost 30+ communities to suicide prevention, mental health and emotional wellbeing and bereavement information and support them through various communication methods
- SPDO completed Adverse Childhood Experiences Training
- SPDO represented at 18 community fairs including NRC freshers fairs connecting with over 400 students
- SPDO engaged in good relations PeacePlus Health and Wellbeing consultation
- SPDO hosted Better Sleep Workshop, Coping on Difficult Days, Compassion Fatigue, Social media and Mental Health, Understanding Self Harm, 6 week programme Living Life to the Full, Hoarding Workshop, Happy Minds Grateful Hearts, Mindfulness for Children and Young People Workshop, Mood Matters, MindSet, Domestic Violence Awareness Session, Psychology of Resilience, Healing Power of Play, Skill of Listening, Importance of Compassion, Making the Most of Your Money, Reflect Relax Recharge, Person Behind the Behaviour
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IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

Objectives and Aims

Impact Network NI meet community needs by determining and responding to key issues impacting on communities including health and wellbeing, suicide prevention, community development support, community transformation, peace and reconciliation programmes and inter-estate programmes are just a brief synopsis of the variety and reach the staff and organisation deliver on a daily basis. Since 2002, the Network has been recognised as the key community membership based organisation to drive forward community initiatives using a community development approach that engages and represents effectively across the sector. Impact Network NI has 350+ member groups and a management committee of 7 Directors.

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IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

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Under the Memorandum and Articles of Association, the charity has the power to invest in any way the trustees wish.

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Related Parties

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S Bell

Impact Network (in Communities) NI

Northern Ireland - Charity number 103257

Annual return

Charity Registration No. 103257
Company Registration No. NI042845 (Northern Ireland)

IMPACT NETWORK (in Communities) NI
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

IMPACT NETWORK (in Communities) NI

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IMPACT NETWORK (in Communities) NI

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr S Bell Mr D Richardson Mr D McAuley Mr R Williamson Mr J Greer Mrs J McCaughey Mr R Taylor
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Charity number	103257
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Registered office	Unit 6-7 Arches House 38-40 Main Street Randalstown Co Antrim BT41 3AB
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IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their report and accounts for the year ended 31 March 2024.

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Sam Bell
Chairperson

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Achievements and Performance

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- 6 Mindfulness sessions for children
- 6 Rugby Tots sessions for children

Ladies in Leadership – Department for Foreign Affairs

- 4 x peace-building seminars with key female speakers
- 10 x health and wellbeing sessions
- 8 x Confidence, Self Esteem and Personal Development Workshops
- 8 x Leadership Workshops
- 4 x Good Practice Visits
- 2 x Celebration Events

Lunching Together Project – Funded by Halifax Foundation

- Bi-weekly 20 week programme luncheon club bringing 30 of the most isolated, vulnerable and living alone together for a nutritious meal into the company of others
- Bi-weekly information sessions including Citizens Advice Bureau, PSNI Safety Workshops, Kith and Kin

Outcome Based Approach and Communications Support – Funded by Public Health Agency

- Dedicated support to all networks across the Northern Locality for development, training and continued evaluation support via OBA model
- Dedicated outreach support to Social Media Reach of 170041 individuals
- Dedicated support to maintain the Health Alliance Website and Outreach resources to general public and over 620 members

OCN Stewarding Training – Derry City and Strabane Council

- Delivered OCN Level 2 Stewarding Training to over 50 participants

Networking Involving Communities in Health Improvement (NICHI) – Funded by Public Health Agency
Supporting local communities in health and wellbeing using a community development approach, addressing health inequalities.

- 5 NICHI model groups engaged in a mentoring, support and capacity building project throughout the year, using an enhanced action plan
- Providing Guidance to over 150+ local community groups, including targeted work to marginalised/vulnerable groups
- NICHI Officer coordinator enhanced training programme on Community Development, Social Model of Health and Health Literacy delivered to 10 groups
- Delivered 4 workshops on Creating Healthier Communities
- Delivered 4 Winter Wellbeing workshops
- Delivered 4 Cooking on a Budget Workshops
- NICHI Officer coordinated Happy Healthy Aging Project with 30 older people in the local area
- Hosted 2 NICHI Annual Wellbeing events including Promoting Wellness and Positive Aging
- Hosted 2 NICHI Networking Best Practice Events
- Partnership/Steering Group membership Linking Generations NI, Antrim and Ballymena Children's Young People Strategic Partnership, Carrickfergus and Larne Children's Young People Strategic Partnership, Newtownabbey Children's Young People Strategic Partnership, Antrim and Newtownabbey Peer Support, Antrim and Newtownabbey Borough Council Community Planning, Mid and East Antrim Borough Council Community Planning, Mid and East Antrim Loneliness Network, Antrim and Newtownabbey Loneliness Network, Northern Healthy Lifestyles Partnership, Carrickfergus Advisory Group
- 48 Health and Wellbeing Newsletters Distributed to 624 Health Alliance Members
- Hosted 2 Intergenerational Workshops with local Folds and Primary Schools
- Hosted better sleep workshop
- Design and Create the NICHI Model Toolkit
- Hosted 4 best practice visits for Seniors

- Developed a detailed programme for 50 most vulnerable and isolated seniors in the rural area
- Attended various events including NRC Fresher Fairs, Positive Ageing Events, ROC Winter Warmer Events, ASD Teens Policing Events
- Completed Good Food Toolkit Workshop

Randalstown Connect Create and Learn – Funded by Arts Council

- 21 weeks connecting with 30 older people in Randalstown with a range of workshops including decoupage, collage, wax resist water colour workshops and card making
- Design and print of a collection of all the art work produced throughout the project and launched as "Our Wee Book of Joy". 500 books distributed.

Suicide Prevention Development Project (SPDO) – funded by Public Health Agency

The Northern Locality Suicide Prevention model encourages a community development, grass roots approach to Promoting Mental Health and Suicide Prevention within communities.

- Providing Guidance to over 350+ local community groups, including targeted work to marginalised/vulnerable groups
- 93,000 Ready to Help Pocket Guides delivered throughout the Northern Locality
- 17 specific intervention cases
- 11 online support intervention cases
- 2857 Take 5 Steps to Wellbeing Packs distributed
- Partnership/Steering Group membership of Antrim and Newtownabbey Borough Council Community Planning, Mid and East Antrim Borough Council Community Planning, Youth Housing Community Network, Antrim and Newtownabbey Youth Voiced, Antrim and Ballymena Children's Young People Strategic Partnership, Carrickfergus and Larne Children's Young People Strategic Partnership, Newtownabbey Children's Young People Strategic Partnership All Party Group Suicide Prevention, Protect Life Implementation Group, Bereaved by Suicide NHSCT and Barnardo's Peer Support Group, NHSCT Ethnic Minorities and Refugees Steering Group, My Community Carrickfergus, Housing Community Network, PSNI, Support Hubs, Antrim and Newtownabbey Loneliness Network, Mid and East Antrim Loneliness Network, Age Well Partnership
- Signpost 30+ communities to suicide prevention, mental health and emotional wellbeing and bereavement information and support them through various communication methods
- SPDO completed Adverse Childhood Experiences Training
- SPDO represented at 18 community fairs including NRC freshers fairs connecting with over 400 students
- SPDO engaged in good relations PeacePlus Health and Wellbeing consultation
- SPDO hosted Better Sleep Workshop, Coping on Difficult Days, Compassion Fatigue, Social media and Mental Health, Understanding Self Harm, 6 week programme Living Life to the Full, Hoarding Workshop, Happy Minds Grateful Hearts, Mindfulness for Children and Young People Workshop, Mood Matters, MindSet, Domestic Violence Awareness Session, Psychology of Resilience, Healing Power of Play, Skill of Listening, Importance of Compassion, Making the Most of Your Money, Reflect Relax Recharge, Person Behind the Behaviour
- SPDO completed 12 PSNI Vulnerability Sessions
- SPDO managed and supported 27 promoting mental health and suicide prevention model groups
- SPDO presentation to A Public Health Approach to Suicide Prevention

Winter Warmer Project – Funded by ARN Foundation

- Provided via delivery weekly nutritious meals to those isolated in the community for 24 weeks, with each participant receiving 2 nutritious meals per week.
- Weekly check in calls to each participant
- Oil voucher given to each participant

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

Objectives and Aims

Impact Network NI meet community needs by determining and responding to key issues impacting on communities including health and wellbeing, suicide prevention, community development support, community transformation, peace and reconciliation programmes and inter-estate programmes are just a brief synopsis of the variety and reach the staff and organisation deliver on a daily basis. Since 2002, the Network has been recognised as the key community membership based organisation to drive forward community initiatives using a community development approach that engages and represents effectively across the sector. Impact Network NI has 350+ member groups and a management committee of 7 Directors.

Impact Network NI believes that effective responses to the issues are best achieved through working in partnership with all relevant community, voluntary, statutory and academic organisations and bodies.

The trustees do not expect the activities to change significantly during the incoming year.

Public Benefit

Impact Network (in Communities) NI LTD meet and comply with all requirements of the Charities Act 2008 and have due regard to the public benefit guidance published by the Charity Commission for Northern Ireland.

Financial review

The main source of funding throughout the year was from grants. In calculating the required level of reserves the charity takes into account the risks of income and expenditure, the trustees believe it is beneficial to hold an amount in unrestricted funds to cover running costs for a period of nine months to enable the company to continue at its current level of activity.

Reserves policy

The trustees consider the Reserve Policy an important part of the internal financial management. It assists with strategic planning when reviewing new or potential projects/activities; informs the budget process and enables planning for a balanced budget or use of reserves; and it informs the budget and risk management process by identifying any uncertainty in future income streams. Reserves are reviewed in detail annually but also monitored throughout the year to assess any build up of reserves or unexpected depletion of these.

Operational Reserves are required to allow the organisation to continue to deliver its charitable objectives and seek alternative funding sources, should existing annual funding be restricted and to provide assurance against a risk of an unforeseen emergency or other unexpected need for funds. In addition, Operational Reserves provide the organisation with the ability to react to short term opportunities. In quantifying the level of Operational Reserves required, the level of net current assets and liabilities are compared to the average monthly expenditure. The risks associated with future income, grants and expenditure are also considered. As a result, the Trustees have determined in their last review that 9 months of the annual recurring expenditure are required as Operational Reserves.

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Investment Policy and Objectives

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the trustees wish.

Risk

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is controlled by it's governing document.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr S Bell
Mr D Richardson
Mr D McAuley
Mr R Williamson
Mr J Greer
Mrs J McCaughey
Mr R Taylor

Recruitment and appointment of new trustees

Impact Network (in Communities) NI openly invite all community members to put themselves forward for nomination of election to the charity. When a position becomes available the board of Trustees then undertake a skills audit of nominations and invite all potential trustees to meet the board before a decision of recruitment and appointment is made.

Organisational Structure

The board of trustees administers the charity. The board meets monthly, there are sub committees covering fund-raising, strategy and finance which meet regularly. A manager is appointed by the trustees to manage the daily operations of the charity. To facilitate effective operations, the manager has delegated authority, within the terms of delegation approved by the trustees, for operational matters.

Induction and training of new trustees

New Trustees undergo orientation to brief them on their legal obligations under charity law, the content of the Trust Deed, decision making processes, the business plan and the recent financial performance of the charity. During induction, they meet key members of staff and other Trustees. Trustees are encouraged to attend appropriate training events where these will facilitate the undertaking of their role.

Related Parties

There are no related parties within the charity.



S Bell

Impact Network NI
Unit 6-7 Arches House
38-40 Main Street
Randalstown
BT41 3AB
NI042845
Charity Number 103257

Company Accounts for the Year Ended:

31st March 2024

Prepared by Stephen White M.I.A.T.I

Impact Networks NI Ltd

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Impact Network NI

Legal and Administrative Information

Chairman	Sam Bell
Secretary	D Richardson
Trustees	S Bell D Richardson D McAuley R Williamson J Greer J McCaughey R Taylor

Registered Office

Unit 6-7 Arches House
38-40 Main Street
Randalstown
Co Antrim
BT41 3AB

Accountant

Stephen White Accounting and Taxation
1a Main Street
Ballymoney
BT53 6AN

Impact Network NI Ltd

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31ST MARCH 2024

The trustees, who are also the directors of Impact Network NI for the purpose of company law, are responsible for preparing the Trustee Report and engaging Accountants to complete the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

The trustees are responsible for keeping and providing the Accountant with adequate records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**IMPACT NETWORK NI
RECEIPTS & PAYMENTS ACCOUNT
FOR YEAR ENDED 31st MARCH 2024**

RECEIPTS

ACCESS NI	£	1,056.00	
ANBC	£	5,485.00	
BIG LOTTERY FUND	£	703.10	
CC&GBC	£	300.00	
CFNI	£	9,640.00	
CLANMIL	£	1,950.00	
DOJ	£	8,000.00	
HALIFAX FOUNDATION	£	5,000.00	
INTEREST RECEIVED	£	31.15	
MISC INCOME	£	13.41	
NHSCT	£	2,000.00	
NIHE	£	13,179.00	
NORTH ANTRIM COMMUNITY NETWORK	£	500.00	
PHA	£	248,584.00	
PROGRAMME INCOME	£	2,454.00	
REFUND	£	180.00	£ 299,075.66

PAYMENTS

ACCESS NI	£	1,800.00	
ACCOUNTANCY FEES	£	1,425.00	
ANBC EMPLOYABILITY	£	2,990.00	
ARCS FUNDING	£	9,658.20	
ARTS COUNCIL	£	5,121.00	
BANK CHARGES & INTEREST	£	258.95	
BIG LOTTERY FUND	£	9,220.46	
CLAN MILL	£	4,598.11	
DFA	£	10,339.34	
DOJ	£	8,000.00	
HALIFAX FOUNDATION	£	5,000.00	
NHLP	£	1,620.32	
NIHE	£	4,586.39	
PREMISES COSTS	£	8,339.35	
PROFESSIONAL FEES	£	2,782.50	
PROGRAMME COSTS	£	83,836.00	
RUNNING COSTS	£	11,046.12	
SALARY	£	152,673.02	
TRAVEL	£	5,641.38	
DEPRECIATION W/OFF	£	517.00	£ 329,453.14

SURPLUS FOR YEAR

-£ 30,377.48

IMPACT NETWORK NI

STATEMENT OF ASSETS & LIABILITIES AS AT 31st MARCH 2024

FIXED ASSETS

PREMISES @ 45 MAIN STREET RANDALSTOWN		£ 125,000.00
STRUCTURAL ALTERATIONS OF PREMISES @ COST	£ 3,705.00	
LESS DLUHC FUNDING	<u>£ 3,705.00</u>	£ -
		£ 125,000.00
LEASEHOLD IMPROVEMENTS AT 31/03/2023	£ 3,133.00	
LESS DEPRECIATION W/OFF	<u>£ 262.00</u>	£ 2,871.00
FIXTURES, FITTINGS & EQUIPMENT AT 31/03/23	£ 2,552.00	
LESS DEPRECIATION W/OFF	<u>£ 255.00</u>	£ 2,297.00
		£ 130,168.00

CURRENT ASSETS

DANSKE BANK		<u>£ 352,752.17</u>
-------------	--	---------------------

£ 482,920.17

CURRENT LIABILITIES

DLUHC FUNDING PREPAYMENT		<u>£ 246,295.00</u>
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NET ASSETS

£ 236,625.17

CAPITAL & RESERVES

REVALUATION RESERVE £ 267,002.65

RECEIPTS & PAYMENTS ACCOUNT -£ 30,377.48 £ 236,625.17

**Impact Network NI
Unit 6-7 Arches House
38-40 Main Street
Randalstown
County Antrim
BT41 3AB
NI042845
Charity Number 103257**

Accountants Certificate

In accordance with the instructions given to us, we have prepared the attached Company Accounts, without carrying out an audit, from the books and records of the businesses and from the information and explanations supplied to us.

We hereby certify that they are in accordance therewith.

Stephen White M.I.A.T.I
1A Main Street
Ballymoney
BT53 6AN



A handwritten signature in black ink, appearing to read 'shw', is written over a solid horizontal line.

Impact Network (in Communities) NI

Northern Ireland - Charity number 103257

Accounts

Charity Registration No. 103257
Company Registration No. NI042845 (Northern Ireland)

IMPACT NETWORK (in Communities) NI
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

IMPACT NETWORK (in Communities) NI

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr S Bell Mr D Richardson Mr M Warwick Mr D McAuley Mr R Williamson Mr J Greer Mrs J McCaughey Mr R Taylor
Secretary	Mr D Richardson
Charity number	103257
Company number	NI042845
Registered office	Unit 6-7 Arches House 38-40 Main Street Randalstown Co Antrim BT41 3AB
Auditor	Stephen White Accounting and Taxation 1a Main Street Ballymoney BT53 6AN

IMPACT NETWORK (in Communities) NI

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IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report and accounts for the year ended 31 March 2023.

Registered Name of Charity: Impact Network in Communities NI

Charity Number: 103257

Registered Office: Unit 6-7 Arches House, 38-40 Main Street, Randalstown, Co Antrim, BT41 3AB

Chairpersons Remarks

In our 21st Year Impact Network NI continues to provide a distinct and much needed service working in the community for the community. Our Annual Report once again shows the extensive work that our staff tirelessly go above and beyond to ensure that the community reaches its full potential and gains the most from all the programmes we provide.

Impact Network NI remains committed to the key principles of community development. We have a vision of vibrant, articulate, inclusive and sustainable communities across Northern Ireland contributing to a prosperous, equitable, peaceful, and stable society.

As a network, we continue to build relationships with councils and our statutory partners to ensure that the needs of local communities remain to the forefront of the community planning agenda, and the Peace Plus Partnership to ensure that Impact Network NI will be there to meet and support those needs.

We would like to acknowledge the support of our funders who have supported the organisation to grow and develop our work. We would also like to thank all our partners, collaborators and supporters from across the United Kingdom and the Republic of Ireland for their cohesion and friendship as we have sought to share lessons from our work and learn lessons from theirs. A final word of thanks must go to our member groups who we have served. Their daily work in communities across Northern Ireland at the coalface of tackling poverty, loneliness, providing community space to meet, providing childcare and youth services is inspiring and is the glue that binds many communities together.

As Chairman and on behalf of the Board of Directors and communities we serve, I commend the work of Impact Network NI which is an invaluable source of support to local communities. We continue to witness an ever-growing demand and increase in our capacity.

I would like to thank my fellow Board members for their support to me as Chairperson and for their ongoing commitment to the work of Impact Network NI. On behalf of the Board, I would like to extend my appreciation to the staff members, who have continued to show an adaptable and professional approach to their work with a humble and steadfast approach to continue to do their best in the community is commendable.

Impact Network NI will continue to develop and offer leadership; it has proven it is well placed to deliver much needed support and guidance for a wide variety of community groups. I am delighted that they will continue to benefit from the expertise, partnership working and representation that Impact Network NI can and has offered.

Sam Bell
Chairperson

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES

Objectives and Aims

Impact Network NI meet community needs by determining and responding to key issues impacting on communities including health and wellbeing, suicide prevention, community development support, community transformation, peace and reconciliation programmes and inter-estate programmes are just a brief synopsis of the variety and reach the staff and organisation deliver on a daily basis. Since 2002, the Network has been recognised as the key community membership based organisation to drive forward community initiatives using a community development approach that engages and represents effectively across the sector. Impact Network NI has 350+ member groups and a management committee of 8 Directors.

Impact Network NI believes that effective responses to the issues are best achieved through working in partnership with all relevant community, voluntary, statutory and academic organisations and bodies.

The trustees do not expect the activities to change significantly during the incoming year.

Public Benefit

Impact Network (in Communities) NI LTD meet and comply with all requirements of the Charities Act 2008 and have due regard to the public benefit guidance published by the Charity Commission for Northern Ireland.

Financial review

The main source of funding throughout the year was from grants. In calculating the required level of reserves the charity takes into account the risks of income and expenditure, the trustees believe it is beneficial to hold an amount in unrestricted funds to cover running costs for a period of nine months to enable the company to continue at its current level of activity.

Reserves policy

The trustees consider the Reserve Policy an important part of the internal financial management. It assists with strategic planning when reviewing new or potential projects/activities; informs the budget process and enables planning for a balanced budget or use of reserves; and it informs the budget and risk management process by identifying any uncertainty in future income streams. Reserves are reviewed in detail annually but also monitored throughout the year to assess any build up of reserves or unexpected depletion of these.

Operational Reserves are required to allow the organisation to continue to deliver its charitable objectives and seek alternative funding sources, should existing annual funding be restricted and to provide assurance against a risk of an unforeseen emergency or other unexpected need for funds. In addition, Operational Reserves provide the organisation with the ability to react to short term opportunities. In quantifying the level of Operational Reserves required, the level of net current assets and liabilities are compared to the average monthly expenditure. The risks associated with future income, grants and expenditure are also considered. As a result, the Trustees have determined in their last review that 9 months of the annual recurring expenditure are required as Operational Reserves.

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Investment Policy and Objectives

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the trustees wish.

Risk

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is controlled by it's governing document.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr S Bell

Mr D Richardson

Mr M Warwick

Mr D McAuley

Mr R Williamson

Mr J Greer

Mrs J McCaughey

Mr R Taylor

Recruitment and appointment of new trustees

Impact Network (in Communities) NI openly invite all community members to put themselves forward for nomination of election to the charity. When a position becomes available the board of Trustees then undertake a skills audit of nominations and invite all potential trustees to meet the board before a decision of recruitment and appointment is made.

Organisational Structure

The board of trustees administers the charity. The board meets monthly, there are sub committees covering fund-raising, strategy and finance which meet regularly. A manager is appointed by the trustees to manage the daily operations of the charity. To facilitate effective operations, the manager has delegated authority, within the terms of delegation approved by the trustees, for operational matters.

Induction and training of new trustees

New Trustees undergo orientation to brief them on their legal obligations under charity law, the content of the Trust Deed, decision making processes, the business plan and the recent financial performance of the charity. During induction, they meet key members of staff and other Trustees. Trustees are encouraged to attend appropriate training events where these will facilitate the undertaking of their role.

Related Parties

There are no related parties within the charity.

S Bell

Impact Network NI Ltd

Unit 6-7 Arches House

38-40 Main Street

Randalstown

County Antrim

BT41 3AB

NI042845

Charity Number 103257

Financial Accounts for the Year Ended:

31st March 2023

Prepared by Stephen White M.I.A.T.I

Impact Networks NI Ltd

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Impact Network NI Ltd

Legal and Administrative Information

Chairman Sam Bell

Secretary D Richardson

Trustees S Bell

D Richardson

M Warwick

D McAuley

B Mallon

J Greer

J McCaughey

R Taylor

Registered Office

Unit 6-7 Arches House

38-40 Main Street

Randalstown

Co Antrim

BT41 3AB

Accountant

Stephen White Accounting and Taxation

1a Main Street

Ballymoney

BT53 6AN

Impact Network NI Ltd

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31ST MARCH 2023

The trustees, who are also the directors of Impact Network NI for the purpose of company law, are responsible for preparing the Trustee Report and engaging Accountants to complete the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

The trustees are responsible for keeping and providing the Accountant with adequate records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

IMPACT NETWORK NI

RECEIPTS & PAYMENTS ACCOUNT

FOR YEAR ENDED 31st MARCH 2023

RECEIPTS

PHA	£ 275,561.00	
BIG LOTTERY	£ 10,000.00	
ARTS COUNCIL	£ 6,327.90	
DOJ CYBERSPACE	£ 4,000.00	
NHSCT	£ 4,980.00	
DEPT OF FOREIGN AFFAIRS	£ 23,614.34	
COMMUNITY FUND NI (SENIORS)	£ 4,050.00	
ANBC	£ 48,000.00	
CO OPERATION IRELAND	£ 9,000.00	
UTOPIAN DIGITAL LEARNING	£ 600.00	
ACCESS NI	£ 2,294.00	
SPERRIN	£ 600.00	
NIHE	£ 5,599.00	
CLANMIL HOUSING	£ 5,000.00	
NORTH AREA	£ 150.00	
MISC INCOME	£ 937.80	
INTEREST RECEIVED	£ 37.36	£ 400,751.40

PAYMENTS

PROGRAMME COSTS	£ 138,380.58	
WAGES & RELATED EXPENSES	£ 150,466.07	
RUNNING COSTS	£ 9,468.63	
PREMISES COSTS	£ 12,684.30	
TRAVEL & SUBSISTENCE	£ 4,833.14	
PROFESSIONAL & CONSULTANCY FEES	£ 8,142.92	
BANK CHARGES & INT	£ 256.15	
DEPRECIATION W/OFF	£ 545.00	
TRAINING COSTS	£ 8,835.00	
ACCESS NI	£ 2,602.00	£ 336,213.79

SURPLUS FOR YEAR

£ 64,537.61

IMPACT NETWORK NI

STATEMENT OF ASSETS & LIABILITIES AS AT 31st MARCH 2023

FIXED ASSETS

PREMISES @ 45 MAIN STREET RANDALSTOWN £ 125,000.00

LEASEHOLD IMPROVEMENTS AT 31/03/2022 £ 3,395.00

LESS DEPRECIATION W/OFF £ 262.00 £ 3,133.00

FIXTURES, FITTINGS & EQUIPMENT AT 31/03/22 £ 2,835.00

LESS DEPRECIATION W/OFF £ 283.00 £ 2,552.00

£ 130,685.00

CURRENT ASSETS

DANSKE BANK £ 136,317.65

NET ASSETS £ 267,002.65

CAPITAL & RESERVES

REVALUATION RESERVE £ 202,465.04

RECEIPTS & PAYMENTS ACCOUNT £ 64,537.61 £ 267,002.65

**Impact Network NI Ltd
Unit 6-7 Arches House
38-40 Main Street
Randalstown
Co Antrim
BT41 3AB
NI042845
Charity Num 103237**

Accountants Certificate

In accordance with the instructions given to me, I have prepared the attached Financial Accounts from the books and records of the charity and from the information and explanations supplied to me by its Trustees.

I hereby certify that they are in accordance therewith.

Stephen White M.I.A.T.I
1A Main Street
Ballymoney
BT53 6AN



Impact Network (in Communities) NI

Northern Ireland - Charity number 103257

Annual report

ANNUAL REPORT

2022 -
2023



A source of Excellence promoting Ambition,
Knowledge, Involvement and Wellbeing

**IMPACT
NETWORK**
NI

WHAT WE DO

Impact Network NI provides Community Development, Social Enterprise, Health and Wellbeing, Peace / Reconciliation and Good Relations support to communities.

Impact Network NI is a source of excellence, promoting ambition, knowledge, involvement, and wellbeing through community development support to communities across Northern Ireland.

Impact Network NI is committed to tackling the impact of poverty and economic crisis in communities.

Over the last 21 years, the organisation has delivered over 1350 training and community events, they continually develop initiatives to increase community involvement

As a result, over 22,500 people have and are continuing to be empowered within a structure of community support.

Re:

SIGNPOSTING

 460,482

 375,325

 26 Ezines

CAPACITY BUILDING

- Delivered 24 Good Governance Workshops.
- Completed 121 Access NI Checks.
- Community development guidance and support provided to over 380+ member groups/ individuals/families.
- Delivered OCN Accredited Training to 380 community representatives.
- Delivered Employability Programme to 12 community representatives.
- Delivered Training and Mentoring Programme to 20 community representatives.

FUNDING



Secured **£178,000** funding for Community Groups across Northern Ireland

Secured **£500,000** for Phase One of our dedicated Community Space

PROJECTS

- Coordination and facilitation of 3 community festivals with over 15,000 in attendance.
- Coordinated Luncheon Club for 30 weeks to approximately 50 recipients.
- Completed 18 Cybersafe Workshops to 6084 post primary pupils and 4 Community Workshop to 363 parent/guardians/community representatives.
- Completed 8 Cybersafe Workshops to 469 primary school pupils.



GOOD RELATIONS

- As part of our commitment to support marginalised communities we encourage each of these communities to take the lead on their own development and capitalise all the opportunities available to them. Working with partners such as Antrim and Newtownabbey Borough Council and Northern Ireland Housing Executive.
- Delivered 5 Good Relations Programmes with Northern Ireland Housing Executive.
- Delivered 1 Good Relations Programme and Visit to Auschwitz with Antrim and Newtownabbey Borough Council.



NETWORKS INVOLVING COMMUNITIES IN HEALTH IMPROVEMENT (N.I.C.H.I.)



The **Networks Involving Communities in Health Improvement** programme has continued to support community groups in health and wellbeing activity. Since the beginning of the NICH role, through diverse methods we have engaged with over 450 groups in the Community, Voluntary and Statutory sectors and successfully provided educational training and support for improving health and social well being and reducing health inequalities to over 900 individuals.

This year's highlights include:

- ✓ Health Alliance website has currently 667 members linking members to a range of health improvement opportunities, including educational and awareness programmes, activities, events, funding, training and capacity building opportunities.
- ✓ Contribution of funding and organisational support for several successful events, including N.I.C.H.I.'s annual conference themed 'Health And Wellbeing' in conjunction with Tree And Tide and RSPB, NICH Model Best practice visit and NICH Networking event for current and past NICH Model groups in total all events were attended by over 200 people .

- ✓ NICH officer secured over £27,000 funding for additional community projects including Halifax Foundation, Community Foundation, Northern Healthy Lifestyle Partnership, ASDA Empowering Local People and Arts Council Northern Ireland.
- ✓ Co-ordinated enhanced training programme for NICH Model Groups including Social Model of Health, Community Development and Health Literacy.
- ✓ Provision of health and wellbeing information distributed to over 1,200 individuals/families/ groups at annual community health events including NRC Fresher Fairs.
- ✓ NICH officer delivered tailored training including Community Development, Health Literacy and social model of health training to 5 NICH Model groups to over 60 people.
- ✓ 30 tailored Health & Well-being events facilitated for Over 50's in the South Antrim Area.
- ✓ 8 groups specifically taken through a step by step community health intervention to increase capacity and wellbeing in the community.



- ✓ NICHl officer coordinated Meals on Wheels Initiative providing 450 meals to 30 people who are isolated or living alone. Each participant received a homemade, nutritional meal to their door
- ✓ Hosted 2 Boccia tournaments in conjunction with Antrim And Newtownabbey Seniors Forum and the local folds.
- ✓ Health and wellbeing information featured in Impact Network NI promotional materials including E-zine, Newsletter, Facebook and the Health Alliance website.
- ✓ Health Alliance Website - 667 members linked to a range of health improvement opportunities.
- ✓ 46 Health Alliance Health & Wellbeing Newsletters were distributed.
- ✓ NICHl Officer attended over 70 partnership working with CYPSP locality groups, NHSCT Health & Well-being Team, PHA steering group, Community Network Sub Group meeting, Peer Support Meetings, Mid East Antrim Loneliness Network, Antrim And Network Loneliness Network, Greenisland/Carrickfergus Cluster Group, Mid & East Antrim Good Health & Well-being sub group, ROC, Antrim & Newtownabbey Health Outcome Sub Group.



SUICIDE PREVENTION DEVELOPMENT OFFICER

Impact Network NI was commissioned by the **Public Health Agency**, Northern locality. The role of Suicide Prevention Development Officer was taken up by Laura McCaughey in November 2021. Impact Network NI are committed to increasing community involvement in suicide prevention through various mediums of community development, raising awareness and education, capacity building and resilience, partnership working and managing information.

Our Suicide Prevention Development Officer works in partnership with groups across our localities to help guide them and support their needs with regards to mental and emotional wellbeing and suicide prevention.

Since the beginning of the SPDO role, through various methods we have engaged with many groups/ individuals in the Community, Voluntary and Statutory sectors and successfully provided educational training for Mental & Emotional Wellbeing and Suicide Prevention.

Some of the activities lead by Impact Network NI, Suicide Prevention Development Officer in the past year includes:

- ✓ 1,673 personal engagements with groups and organisations, providing guidance, signposting, and community development support.
- ✓ Supported 27 funded Community and Voluntary groups under the Public Health Agency commissioned Mental Health and Emotional Wellbeing project proposals.
- ✓ Coordinated 38 Training and Awareness sessions for the community.

- ✓ Information giving and sharing at 234 events.
- ✓ Distributed 1,397 Take 5 Steps to Wellbeing Information Packs to 36 groups.
- ✓ Consulted on documents including SPDO Toolkit
- ✓ Completed 44 individual interventions with people at risk.
- ✓ Co-ordinated local activities and initiatives to highlight 11 specific annual dates such as World Mental Health Day, World Suicide Prevention Day, Self-Harm Awareness Day, World Health Week, Mental Health Awareness Week, National Stress Awareness Day, International Survivors of Suicide Loss Day, National Minority Mental Health Month, National Men's Health Week, Blue Monday and Children's Mental Health Week.



*A source of
Excellence
promoting
Ambition, Knowledge,
Involvement and
Wellbeing*



028 9447 8645

Unit 6/7 Arches House,
38-40 Main Street,
Randalstown, BT41 3AB

Follow us on Facebook and Twitter

 /Impact-Network-NI  /impactnetworkni



**IMPACT
NETWORK**
NI

A source
of Excellence
promoting Ambition
Knowledge, Involvement
and Wellbeing

Impact Network (in Communities) NI

Northern Ireland - Charity number 103257

Annual return

**Charity Registration No. 103257
Company Registration No. NI042845 (Northern Ireland)**

**IMPACT NETWORK (in Communities) NI
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

IMPACT NETWORK (in Communities) NI

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr S Bell Mr D Richardson Mr M Warwick Mr D McAuley Mr R Williamson Mr J Greer Mrs J McCaughey Mr R Taylor
Secretary	Mr D Richardson
Charity number	103257
Company number	N1042845
Registered office	Unit 6-7 Arches House 38-40 Main Street Randalstown Co Antrim BT41 3AB
Auditor	Stephen White Accounting and Taxation 1a Main Street Ballymoney BT53 6AN

IMPACT NETWORK (in Communities) NI

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IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report and accounts for the year ended 31 March 2023.

Registered Name of Charity: Impact Network in Communities NI

Charity Number: 103257

Registered Office: Unit 6-7 Arches House, 38-40 Main Street, Randalstown, Co Antrim, BT41 3AB

Chairpersons Remarks

In our 21st Year Impact Network NI continues to provide a distinct and much needed service working in the community for the community. Our Annual Report once again shows the extensive work that our staff tirelessly go above and beyond to ensure that the community reaches its full potential and gains the most from all the programmes we provide.

Impact Network NI remains committed to the key principles of community development. We have a vision of vibrant, articulate, inclusive and sustainable communities across Northern Ireland contributing to a prosperous, equitable, peaceful, and stable society.

As a network, we continue to build relationships with councils and our statutory partners to ensure that the needs of local communities remain to the forefront of the community planning agenda, and the Peace Plus Partnership to ensure that Impact Network NI will be there to meet and support those needs.

We would like to acknowledge the support of our funders who have supported the organisation to grow and develop our work. We would also like to thank all our partners, collaborators and supporters from across the United Kingdom and the Republic of Ireland for their cohesion and friendship as we have sought to share lessons from our work and learn lessons from theirs. A final word of thanks must go to our member groups who we have served. Their daily work in communities across Northern Ireland at the coalface of tackling poverty, loneliness, providing community space to meet, providing childcare and youth services is inspiring and is the glue that binds many communities together.

As Chairman and on behalf of the Board of Directors and communities we serve, I commend the work of Impact Network NI which is an invaluable source of support to local communities. We continue to witness an ever-growing demand and increase in our capacity.

I would like to thank my fellow Board members for their support to me as Chairperson and for their ongoing commitment to the work of Impact Network NI. On behalf of the Board, I would like to extend my appreciation to the staff members, who have continued to show an adaptable and professional approach to their work with a humble and steadfast approach to continue to do their best in the community is commendable.

Impact Network NI will continue to develop and offer leadership; it has proven it is well placed to deliver much needed support and guidance for a wide variety of community groups. I am delighted that they will continue to benefit from the expertise, partnership working and representation that Impact Network NI can and has offered.

Sam Bell
Chairperson

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES

Objectives and Aims

Impact Network NI meet community needs by determining and responding to key issues impacting on communities including health and wellbeing, suicide prevention, community development support, community transformation, peace and reconciliation programmes and inter-estate programmes are just a brief synopsis of the variety and reach the staff and organisation deliver on a daily basis. Since 2002, the Network has been recognised as the key community membership based organisation to drive forward community initiatives using a community development approach that engages and represents effectively across the sector. Impact Network NI has 350+ member groups and a management committee of 8 Directors.

Impact Network NI believes that effective responses to the issues are best achieved through working in partnership with all relevant community, voluntary, statutory and academic organisations and bodies.

The trustees do not expect the activities to change significantly during the incoming year.

Public Benefit

Impact Network (in Communities) NI LTD meet and comply with all requirements of the Charities Act 2008 and have due regard to the public benefit guidance published by the Charity Commission for Northern Ireland.

Financial review

The main source of funding throughout the year was from grants. In calculating the required level of reserves the charity takes into account the risks of income and expenditure, the trustees believe it is beneficial to hold an amount in unrestricted funds to cover running costs for a period of nine months to enable the company to continue at its current level of activity.

Reserves policy

The trustees consider the Reserve Policy an important part of the internal financial management. It assists with strategic planning when reviewing new or potential projects/activities; informs the budget process and enables planning for a balanced budget or use of reserves; and it informs the budget and risk management process by identifying any uncertainty in future income streams. Reserves are reviewed in detail annually but also monitored throughout the year to assess any build up of reserves or unexpected depletion of these.

Operational Reserves are required to allow the organisation to continue to deliver its charitable objectives and seek alternative funding sources, should existing annual funding be restricted and to provide assurance against a risk of an unforeseen emergency or other unexpected need for funds. In addition, Operational Reserves provide the organisation with the ability to react to short term opportunities. In quantifying the level of Operational Reserves required, the level of net current assets and liabilities are compared to the average monthly expenditure. The risks associated with future income, grants and expenditure are also considered. As a result, the Trustees have determined in their last review that 9 months of the annual recurring expenditure are required as Operational Reserves.

IMPACT NETWORK (in Communities) NI

TRUSTEE REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

Investment Policy and Objectives

Under the Memorandum and Articles of Association, the charity has the power to invest in any way the trustees wish.

Risk

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is controlled by it's governing document.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr S Bell

Mr D Richardson

Mr M Warwick

Mr D McAuley

Mr R Williamson

Mr J Greer

Mrs J McCaughey

Mr R Taylor

Recruitment and appointment of new trustees

Impact Network (in Communities) NI openly invite all community members to put themselves forward for nomination of election to the charity. When a position becomes available the board of Trustees then undertake a skills audit of nominations and invite all potential trustees to meet the board before a decision of recruitment and appointment is made.

Organisational Structure

The board of trustees administers the charity. The board meets monthly, there are sub committees covering fund-raising, strategy and finance which meet regularly. A manager is appointed by the trustees to manage the daily operations of the charity. To facilitate effective operations, the manager has delegated authority, within the terms of delegation approved by the trustees, for operational matters.

Induction and training of new trustees

New Trustees undergo orientation to brief them on their legal obligations under charity law, the content of the Trust Deed, decision making processes, the business plan and the recent financial performance of the charity. During induction, they meet key members of staff and other Trustees. Trustees are encouraged to attend appropriate training events where these will facilitate the undertaking of their role.

Related Parties

There are no related parties within the charity.

S Bell

Impact Network NI Ltd

Unit 6-7 Arches House

38-40 Main Street

Randalstown

County Antrim

BT41 3AB

NI042845

Charity Number 103257

Financial Accounts for the Year Ended:

31st March 2023

Prepared by Stephen White M.I.A.T.I

Impact Networks NI Ltd

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Impact Network NI Ltd

Legal and Administrative Information

Chairman Sam Bell

Secretary D Richardson

Trustees S Bell

D Richardson

M Warwick

D McAuley

B Mallon

J Greer

J McCaughey

R Taylor

Registered Office

Unit 6-7 Arches House

38-40 Main Street

Randalstown

Co Antrim

BT41 3AB

Accountant

Stephen White Accounting and Taxation

1a Main Street

Ballymoney

BT53 6AN

Impact Network NI Ltd

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31ST MARCH 2023

The trustees, who are also the directors of Impact Network NI for the purpose of company law, are responsible for preparing the Trustee Report and engaging Accountants to complete the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

The trustees are responsible for keeping and providing the Accountant with adequate records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

IMPACT NETWORK NI

RECEIPTS & PAYMENTS ACCOUNT

FOR YEAR ENDED 31st MARCH 2023

RECEIPTS

PHA	£ 275,561.00	
BIG LOTTERY	£ 10,000.00	
ARTS COUNCIL	£ 6,327.90	
DOJ CYBERSPACE	£ 4,000.00	
NHSCT	£ 4,980.00	
DEPT OF FOREIGN AFFAIRS	£ 23,614.34	
COMMUNITY FUND NI (SENIORS)	£ 4,050.00	
ANBC	£ 48,000.00	
CO OPERATION IRELAND	£ 9,000.00	
UTOPIAN DIGITAL LEARNING	£ 600.00	
ACCESS NI	£ 2,294.00	
SPERRIN	£ 600.00	
NIHE	£ 5,599.00	
CLANMIL HOUSING	£ 5,000.00	
NORTH AREA	£ 150.00	
MISC INCOME	£ 937.80	
INTEREST RECEIVED	£ 37.36	£ 400,751.40

PAYMENTS

PROGRAMME COSTS	£ 138,380.58	
WAGES & RELATED EXPENSES	£ 150,466.07	
RUNNING COSTS	£ 9,468.63	
PREMISES COSTS	£ 12,684.30	
TRAVEL & SUBSISTENCE	£ 4,833.14	
PROFESSIONAL & CONSULTANCY FEES	£ 8,142.92	
BANK CHARGES & INT	£ 256.15	
DEPRECIATION W/OFF	£ 545.00	
TRAINING COSTS	£ 8,835.00	
ACCESS NI	£ 2,602.00	£ 336,213.79

SURPLUS FOR YEAR

£ 64,537.61

IMPACT NETWORK NI

STATEMENT OF ASSETS & LIABILITIES AS AT 31st MARCH 2023

FIXED ASSETS

PREMISES @ 45 MAIN STREET RANDALSTOWN £ 125,000.00

LEASEHOLD IMPROVEMENTS AT 31/03/2022 £ 3,395.00

LESS DEPRECIATION W/OFF £ 262.00 £ 3,133.00

FIXTURES, FITTINGS & EQUIPMENT AT 31/03/22 £ 2,835.00

LESS DEPRECIATION W/OFF £ 283.00 £ 2,552.00

£ 130,685.00

CURRENT ASSETS

DANSKE BANK £ 136,317.65

NET ASSETS £ 267,002.65

CAPITAL & RESERVES

REVALUATION RESERVE £ 202,465.04

RECEIPTS & PAYMENTS ACCOUNT £ 64,537.61 £ 267,002.65

**Impact Network NI Ltd
Unit 6-7 Arches House
38-40 Main Street
Randalstown
Co Antrim
BT41 3AB
NI042845
Charity Num 103237**

Accountants Certificate

In accordance with the instructions given to me, I have prepared the attached Financial Accounts from the books and records of the charity and from the information and explanations supplied to me by its Trustees.

I hereby certify that they are in accordance therewith.

Stephen White M.I.A.T.I
1A Main Street
Ballymoney
BT53 6AN



ANNUAL REPORT

2022 -
2023



IMPACT
NETWORK
NI

A source of Excellence promoting Ambition,
Knowledge, Involvement and Wellbeing

WHAT WE DO

Impact Network NI provides Community Development, Social Enterprise, Health and Wellbeing, Peace / Reconciliation and Good Relations support to communities.

Impact Network NI is a source of excellence, promoting ambition, knowledge, involvement, and wellbeing through community development support to communities across Northern Ireland.

Impact Network NI is committed to tackling the impact of poverty and economic crisis in communities.

Over the last 21 years, the organisation has delivered over 1350 training and community events, they continually develop initiatives to increase community involvement

As a result, over 22,500 people have and are continuing to be empowered within a structure of community support.

Re:

CAPACITY BUILDING

- Delivered 24 Good Governance Workshops.
- Completed 121 Access NI Checks.
- Community development guidance and support provided to over 380+ member groups/ individuals/families.
- Delivered OCN Accredited Training to 380 community representatives.
- Delivered Employability Programme to 12 community representatives.
- Delivered Training and Mentoring Programme to 20 community representatives.

SIGNPOSTING

f 460,482

t 375,325

📖 26 Ezines

FUNDING



Secured £178,000 funding for Community Groups across Northern Ireland

Secured £500,000 for Phase One of our dedicated Community Space

PROJECTS

- Coordination and facilitation of 3 community festivals with over 15,000 in attendance.
- Coordinated Luncheon Club for 30 weeks to approximately 50 recipients.
- Completed 18 Cybersafe Workshops to 6084 post primary pupils and 4 Community Workshops to 363 parent/guardians/community representatives.
- Completed 8 Cybersafe Workshops to 469 primary school pupils.



GOOD RELATIONS

- As part of our commitment to support marginalised communities we encourage each of these communities to take the lead on their own development and capitalise all the opportunities available to them. Working with partners such as Antrim and Newtownabbey Borough Council and Northern Ireland Housing Executive.
- Delivered 5 Good Relations Programmes with Northern Ireland Housing Executive.
- Delivered 1 Good Relations Programme and Visit to Auschwitz with Antrim and Newtownabbey Borough Council.



NETWORKS INVOLVING COMMUNITIES IN HEALTH IMPROVEMENT (N.I.C.H.I.)



The **Networks Involving Communities in Health Improvement** programme has continued to support community groups in health and wellbeing activity. Since the beginning of the NICHI role, through diverse methods we have engaged with over 450 groups in the Community, Voluntary and Statutory sectors and successfully provided educational training and support for improving health and social wellbeing and reducing health inequalities to over 900 individuals.

This year's highlights include:

- ✓ Health Alliance website has currently 667 members linking members to a range of health improvement opportunities, including educational and awareness programmes, activities, events, funding, training and capacity building opportunities.
- ✓ Contribution of funding and organisational support for several successful events, including N.I.C.H.I.'s annual conference themed 'Health And Wellbeing themed in conjunction with Tree And Tide and RSPB, NICHI Model Best practice visit and NICHI Networking event for current and past NICHI Model groups in total all events were attended by over 200 people.

- ✓ NICHI officer secured over £27,000 funding for additional community projects including Halifax Foundation, Community Foundation, Northern Healthy Lifestyle Partnership, ASDA Empowering Local People and Arts Council Northern Ireland.

- ✓ Co-ordinated enhanced training programme for NICHI Model Groups including Social Model of Health, Community Development and Health Literacy.

- ✓ Provision of health and wellbeing information distributed to over 1,200 individuals/families/groups at annual community health events including NRC Fresher Fairs.

- ✓ NICHI officer delivered tailored training including Community Development, Health Literacy and social model of health training to 5 NICHI Model groups to over 60 people.

- ✓ 30 tailored Health & Well-being events facilitated for Over 50's in the South Antrim Area.

- ✓ 8 groups specifically taken through a step by step community health intervention to increase capacity and wellbeing in the community.



- ✓ NIChi officer coordinated Meals on Wheels Initiative providing 450 meals to 30 people who are isolated or living alone. Each participant received a homemade, nutritional meal to their door
- ✓ Hosted 2 Boccia tournaments in conjunction with Antrim And Newtownabbey Seniors Forum and the local folds.
- ✓ Health and wellbeing information featured in Impact Network NI promotional materials including E-zine, Newsletter, Facebook and the Health Alliance website.
- ✓ Health Alliance Website - 667 members linked to a range of health improvement opportunities.
- ✓ 46 Health Alliance Health & Wellbeing Newsletters were distributed.
- ✓ NIChi Officer attended over 70 partnership working with CYPSP locality groups, NHSCT Health & Well-being Team, PHA steering group, Community Network Sub Group meeting, Peer Support Meetings, Mid East Antrim Loneliness Network, Antrim And Network Loneliness Network, Greenisland/Carrickfergus Cluster Group, Mid & East Antrim Good Health & Well-being sub group, ROC, Antrim & Newtownabbey Health Outcome Sub Group.



SUICIDE PREVENTION DEVELOPMENT OFFICER

Impact Network NI was commissioned by the Public Health Agency, Northern locality. The role of Suicide Prevention Development Officer was taken up by Laura McCaughey in November 2021. Impact Network NI are committed to increasing community involvement in suicide prevention through various mediums of community development, raising awareness and education, capacity building and resilience, partnership working and managing information.

Our Suicide Prevention Development Officer works in partnership with groups across our localities to help guide them and support their needs with regards to mental and emotional wellbeing and suicide prevention.

Since the beginning of the SPDO role, through various methods we have engaged with many groups/individuals in the Community, Voluntary and Statutory sectors and successfully provided educational training for Mental & Emotional Wellbeing and Suicide Prevention.

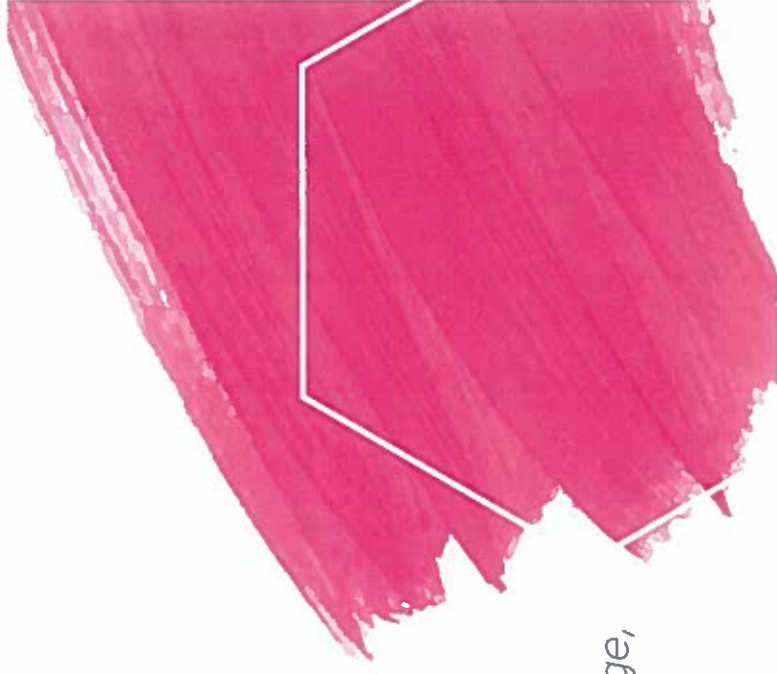
Some of the activities lead by Impact Network NI, Suicide Prevention Development Officer in the past year includes:

- ✓ 1,673 personal engagements with groups and organisations, providing guidance, signposting, and community development support.
- ✓ Supported 27 funded Community and Voluntary groups under the Public Health Agency commissioned Mental Health and Emotional Wellbeing project proposals.
- ✓ Coordinated 38 Training and Awareness sessions for the community.

- ✓ Information giving and sharing at 234 events.
- ✓ Distributed 1,397 Take 5 Steps to Wellbeing Information Packs to 36 groups.
- ✓ Consulted on documents including SPDO Toolkit
- ✓ Completed 44 individual interventions with people at risk.
- ✓ Co-ordinated local activities and initiatives to highlight 11 specific annual dates such as World Mental Health Day, World Suicide Prevention Day, Self-Harm Awareness Day, World Health Week, Mental Health Awareness Week, National Stress Awareness Day, International Survivors of Suicide Loss Day, National Minority Mental Health Month, National Men's Health Week, Blue Monday and Children's Mental Health Week.



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