

## Trustees' report for the year ended 31st March 2024

The trustees, who are also directors for the purposes of company law, present their annual report and the financial statements of the charitable company for the year ended 31st March 2024.

The information with respect to trustees and advisors set out on page 1 forms part of this report. The trustees have prepared the financial statements in accordance with applicable Accounting Standards in the United Kingdom (FRS 102), the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2015, and in accordance with the Charities Act (Northern Ireland) 2008.

### Objectives and activities / Public benefit

The charity's objects and principal objectives are:

1. To relieve the sickness and promote, protect and preserve the health and wellbeing of people aged 16 and over with chronic mental health illness in Antrim and its environs of Northern Ireland without distinction of age, gender, disability, sexual orientation, nationality, ethnic identity, political or religious opinion, by associating the statutory authorities, community and voluntary organizations in a common effort to advance education and to provide facilities in the interests of social welfare for recreational leisure time occupation with the objective of improving the conditions of life for the beneficiaries.
2. To establish or secure the establishment of a community centre and to maintain or manage or co-operate with any statutory authority in the maintenance and management of such a centre for activities promoted by the charity in furtherance of the above.

The trustees confirm that the charity has complied with the public interest statutory guidance issued under section 4 of the Charities (Northern Ireland) Act 2008

### Review of activities and performance

#### Activities

We provide facilities, equipment and services including complementary health care which are ancillary to those provided by the medical profession as may be deemed desirable for continuing rehabilitative benefit.

We provide training, support and advice to sufferers not normally provided by the statutory authorities and to those responsible for their care.

We provide outings and social trips, and training in the use of information technology to enable them to access the internet in an effort to develop, maintain and gain new skills.

We assist in such ways as the charity trustees think fit to advance the education of the sufferers by developing their mental, physical and moral capabilities through the provision of day care services, cooked meals, social activity, mental stimulation, day trips and outings, leisure time activities, adult education and health improvement activities.

We identify and involve other interested individuals and groups in the furtherance of the general objectives of the organization.

#### Performance

In this year from 1 April 2023 to 31 March 2024 the charity has continued to work within the objectives and activities as detailed. The charity has been able to meet its objectives but only as far as its limited funding during the year has allowed.

#### Financial review

Total income increased from £137,072 to £186,533 in the year to 31st March 2024. The core funding of £95,718 received from the Northern Health and Social Care Trust remains the charity's main source of income. Lottery funding has also been committed for three years totalling £199,955 of which £51,998 was received this year. The trustees are of the opinion that the results for the year are satisfactory, however increases in the the cost of living will have a continuing impact on the contributions from members and funding from grants from outside of the Northern Health and Social Care.

**Trustees' report for the year ended 31st March 2024 (continued)****Reserves policy**

The reserves policy of the charity is to hold reserves that represent a minimum of three months expenditure of the organisation.

**Reference and administrative details**

Details of the registered office, trustees, advisors and other relevant information are given on page 1.

**Structure, governance and management**

Rehability is a company limited by guarantee and is governed by its articles of association which were adopted in 2010. It is recognised as a charity by the HMRC, number XN88875 and by the Charity Commission (NI), number NIC 103182.

The company's articles of association require that the number of trustees be not less than three but no more than twelve. At each annual general meeting one-third of the trustees or, if their number is not a multiple of three, the number nearest to one-third, must retire from office. A retiring trustee, providing they are still qualified, shall be eligible for re-nomination and election.

All trustees are given guidelines on their responsibilities and on how meetings are to be conducted. These guidelines are in written form and each of the trustees have a copy. Training is by active work and is all overseen by the Chairperson.

**Selection of new trustees**

The company may advertise for new trustees who will be interviewed by the current trustees before being invited to stand for election at the next annual general meeting. Additional trustees may be co-opted by the current trustees, either to fill a casual vacancy or if they have particular skills, but they only hold office until the next annual general meeting at which point they shall be eligible for election.

A trustee must be a person aged 18 years or older and must be a member of the company.

**Pay and remuneration of trustees**

No pay or remuneration is given to trustees. All are voluntary.

**Organisational structure**

The trustees are responsible for the day to day management of the charity.

Trustees are responsible for making decisions on matters of day to day running of the charity, future projects and all matters of concern to the charity. The trustees also make decisions on how funds are allocated and on bills to be paid.

**Decision making policy**

The day to day financial management is conducted by the chairperson and treasurer who report bi-monthly to the full board of trustees.

**Risk management**

The Trustees review the major risks which the charity faces and believe that the policy on reserves, as stated above, provides sufficient resources in the event of adverse conditions. The Trustees examine business and other operational risks faced by the charity and confirm that systems to monitor and mitigate significant risks are in place. Risks are considered on an annual basis.

**Plans for future periods**

The charity intends to continue to meet its objectives in the future, maintaining the services to the members that it currently supplies and expanding these services to meet demand where possible.

## Trustees' report for the year ended 31st March 2024 (continued)

### Statement of Trustees' responsibilities

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in Northern Ireland requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act (Northern Ireland) 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

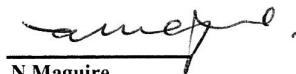
In accordance with company law, as the charity's trustees, we certify that:

- so far as we are aware, there is no relevant audit information of which the company's auditors are unaware; and
- as the trustees of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

### Independent auditors

The auditors, D C Corr & Company, have indicated their willingness to continue in office and a resolution concerning their reappointment will be proposed at the Annual General Meeting.

On behalf of the trustees



N Maguire

Trustee

Date: 23/10/24