

Northern Ireland Mental Health Arts Festival

Northern Ireland · Charity number 103013

Details

| | |
|------------|--|
| Known as | NIMHAF |
| Status | Received |
| Registered | 2016-01-13 |
| Register | View on the Charity Commission for Northern Ireland register |

Contact

| | |
|---------|---|
| Address | 43 Tarmon Brae Rossorry Enniskillen Bt74 7ls BT74 7LS |
| Phone | 07813958183 |
| Email | info@nimhaf.org |
| Website | www.nimhaf.org |

Activities

Purposes: NIMHAF is a not for profit organisation which aims to provide a festival of all creative arts with a focus on the issues relating to mental health. It is our aim to have an annual Festival through work regionally in partnership with individuals and organisations interested in the interaction between arts and mental health

What the charity does: The advancement of health or the saving of lives, The advancement of citizenship or community development, The advancement of the arts, culture, heritage or science

How the charity works: Arts, Cultural

Who the charity helps: Addictions (drug/solvent/alcohol abuse), Carers, General public, Men, Mental health, Parents, Physical disabilities, Sexual orientation, Voluntary and community sector, Women, Youth (14-25 year olds)

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-04-04 | £47,047 | £29,689 | £0 | 1 |

Trustees

| Name | Role | Appointed |
|----------------------|------|-----------|
| Damien Coyle | | |
| Dr Jonathan Mccrea | | |
| Frank Liddy | | |
| Mr William Nicholson | | |
| Ms Bronagh Lawson | | |
| Ms Noelle Mcalinden | | |

Northern Ireland Mental Health Arts Festival

Northern Ireland - Charity number 103013

Accounts

Northern Ireland Mental Health Arts Festival
Annual Report and Unaudited Financial Statements
for the financial year ended 31 March 2025

Northern Ireland Mental Health Arts Festival

CONTENTS

| | Page |
|--|-------------|
| Reference and Administrative Information | 3 |
| Trustees' Annual Report | 4 - 6 |
| Statement of Trustees' Responsibilities | 7 |
| Independent Examiner's Report | 8 |
| Statement of Financial Activities | 9 |
| Balance Sheet | 10 |
| Notes to the Financial Statements | 11 - 16 |

**Northern Ireland Mental Health Arts Festival
REFERENCE AND ADMINISTRATIVE INFORMATION**

Trustees

William Nicholson
Damien Coyle
Jonathan McCrea
Frank Liddy
Bronagh Lawson
Noelle McAlinden

Charity Number in Northern Ireland

NIC103013

Registered Office

43 Tarmon Brae
Rossorry
Enniskillen
Fermanagh
BT74 7LS
Northern Ireland

Independent Examiner

Finegan Gibson Ltd
Chartered accountants
2nd Floor
Causeway Tower
9 James Street South
Belfast
Antrim
BT2 8DN

Northern Ireland Mental Health Arts Festival TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2025

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 March 2025.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of Northern Ireland Mental Health Arts Festival present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2025.

The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

NI Mental Health Arts Festival was delighted to celebrate our 10th Anniversary and Festival in 2024. This period has also been significant in carrying out a strategic review of NIMHAF with plans for major structural and strategic changes across the organisation. We have secured new permanent staff with support from FutureScreens NI/Ulster University and expanded board membership to encompass a broader range of knowledge, skills, and expertise. NIMHAF provided opportunities for continuous professional development (CPD) for staff and board members with support from the Dormant Accounts Fund, in addition to ongoing opportunities for CPD for artists within the sector across Northern Ireland in collaboration with the Arts Council of Northern Ireland (ACNI) and INSPIRE.

We have continued to exceed our own expectations this year, expanding the diverse range of artforms and the regional spread by engaging audiences and artists across the island and overseas. Activities and events were both virtual and face to face along with an extensive range of exhibitions leading into and beyond our festival programme period. We celebrated the achievement of artists with lived experience of mental health challenges and the arts organisations regionally and internationally who supported them and NIMHAF.

Structure, Governance and Management

Structure

NIMHAF as an organisation saw a number of key changes across the year. We invested in building capacity and the skills set of our board members, all volunteers drawn from arts, education, health, community & Business sector, with funding from Dormant Accounts and the Baring Foundation. Our board CPD has included board Away days led by Damien Coyle and training from Arts & Business and NICVA. NIMHAF recruited new board members from across NI, established two sub-committees dealing with Finance & Fundraising, and Programme and Marketing. We agreed the guidelines for strategic review of NIMHAF exploring our options for rebranding and changing our legal status. One of the key decisions was agreeing that our activities are not confined to an annual Festival at a fixed point each year but rather an extensive regional programme of events across the year and informed by strategic alliances with Arts and Cultural Managers.

We expanded our board of Directors and facilitated board member exits. NIMHAF acknowledges the major contributions to the establishment and success of the organisation made by departing board members and we welcome their future involvement in our research and development programme. In January 2025 NIMHAF reverted back to having two Co-Chairpersons, Noelle Mc Alinden, leading on creative programmes and strategic partnerships, and Damien Coyle, leading on Finance & Strategic/Organisational development. We secured support from founding board members and Research Fellows to support the creation of a Research & Development Panel and FutureScreens NI/UU funded the role of a new Creative Programmes Coordinator, Grace Fairley, who was appointed in October 2024. NIMHAF secured office space as part of a strategic collaboration with Mental Health Foundation and we continue to explore opportunities for a dedicated Office space in the future.

Review of Achievements and Performance

Our year began with the launch of the festival programme in April 2024 in the Long Gallery at the NI Assembly Building, hosted by Orlaithi Flynn MLA, a member of the Assembly Health Committee. We welcomed an audience of eighty-five participants, including festival partners, funders, sponsors, artists, educators, politicians, and academics. The launch featured local, regional and international artists, including artists from Afghanistan, China, and Ukraine. We also screened 'Stay Alive', a film commissioned by Stephen Rea in support of World Suicide Prevention Day.

Northern Ireland Mental Health Arts Festival

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2025

Our 2024 Festival coincided with Mental Health Awareness Week and ran from 10–19 May 2024. We were delighted to deliver a diverse, eclectic, dynamic and evolving programme with over fifty significant events, including fringe events coordinated by Noelle McAlinden and Casey-Jade Campbell. Our programme embraced new and evolving visual and performance art, celebrating creativity, lived experience and self-expression from both emerging and established national and internationally renowned artists, such as Maurice Harron with his solo exhibition in the Alley Theatre in Strabane.

The 2024 festival featured visual and performing arts, theatre, film, choral and musical ensembles, poetry, spoken word, photography, sonic art, panel discussions, human libraries, exhibitions and symposia, international and local residencies, printmaking and DJ opportunities. Our partner artists and organisations were united in challenging the stigma surrounding mental health and celebrating the pivotal role of creativity, self-expression and the arts in supporting mental health and wellbeing.

Through our 2024 creative programme, we continued to empower artists to express themselves and instil confidence in creatives to come together, connect and share beyond the 2024 festival period. We encouraged their collective work to flourish and come to life, creating safe spaces to engage, express emotions and share lived experiences, while challenging the stigma associated with discussing personal mental health.

For the first time, we established two regional symposia between the two UNESCO Learning Cities/Regions of Derry/Londonderry and Belfast. The symposia embraced the theme “Mental Health & Creativity Matters” and featured challenging and enlightening presentations and conversations with a range of guest speakers. Both symposia highlighted the pivotal role and impact that creativity, self-expression and the arts can have on mental health and wellbeing. We emphasised the importance of providing forums for compassionate dialogue informed by those with lived experience, bringing together voices from the arts, culture, mental health, education, and community sectors to advocate for changes in government policy.

The symposia were hosted by the Mayor of Derry City and Strabane District Council and the Mayor of Belfast City Council and were delivered in partnership with Ulster University in Belfast and the Guildhall in Derry–Londonderry. NIMHAF facilitated conversations and collaborations with artists, researchers, academics, community champions, and activists in the ongoing pursuit of challenging stigma, working with and across Health Trusts, government departments, and local authorities. We welcomed the opportunity for ongoing partnerships with the Baring Foundation, ACNI and Inspire in addressing these issues, and were delighted to welcome the keynote speaker, NI Mental Health Champion Professor Siobhán O’Neill, along with a range of contributors including Lee Knifton, Director of the Mental Health Foundation; Dr Lucy Johnstone, Consultant Clinical Psychologist; Rachael Johnson, Artist and Art Therapist; Professor Noreen Giffney, Psychoanalytic Psychotherapist; and Catherine Hemelryk, Director of the Centre for Contemporary Art, Derry/Londonderry.

To the Wire was an exhibition, installation and accompanying film documenting the experiences of local artists on a residency in Beirut. This project was made possible with support from the Baring Foundation and ACNI, and featured artists Dawn Richardson, who coordinated the project, Jonathan Brennan, Chad Alexander, John Doran, Barry Cullen and Emily DeDakis. Opportunities for dialogue and reflection with the participating artists were captured and broadcast by Northern Visions Television (NVTV).

Moving Canvas was a Fermanagh-based project curated by Noelle McAlinden, culminating in an exhibition and film. The exhibition took place in the Strule Arts Centre in Omagh, and the film, commissioned on behalf of NIMHAF, captured the experiences of seven artists invited to explore and pause while reflecting on their own mental health and wellbeing and its impact on their creativity and self-expression. Participating artists included Séamas McCannaidh, Julie Murphy, Kate O’Shea, Rory O’Loughlin, Victoria Geelan, Sheila Llewellyn and Margaret Stack.

Photographs and social media content for the region wide NIMHAF 2024 Festival, fringe events, and year round creative programme can be accessed from our website (www.nimhaf.org), Facebook and social media outlets.

Financial Review

The results for the financial year are set out on page 9 and additional notes are provided showing income and expenditure in greater detail.

Results and Dividends

At the end of the financial year the charity has assets of £52,796 (2024 - £33,038) and liabilities of £2,400 (2024 - £0.00). The net assets of the charity have increased by £17,358.

NIMHAF continued to build momentum between Festivals by presenting a series of regional PAUSE CASTS facilitated by Noelle McAlinden and Damien Coyle, alongside arts organisations and Arts and Cultural Managers from local authorities across Northern Ireland. We continue to promote opportunities to create space to pause, connect, and build upon compassionate conversations across communities, promoting mental health and wellbeing through creative and innovative ways of working. Our commitment to supporting, and being informed by, Arts Managers NI culminated in a dedicated strategic planning and wellbeing day for Arts and Cultural Managers, facilitated by NIMHAF,

Northern Ireland Mental Health Arts Festival TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2025
and funded by ACNI.

NIMHAF is indebted to all of our funding and festival partners: The Baring Foundation, the Arts Council of Northern Ireland, Belfast City Council, Future Screens NI / Ulster University, the Dormant Accounts Fund, and the Mental Health Foundation. Our festival partners included Derry City and Strabane District Council, Belfast City Council, Ulster University, and the Nerve Centre, and we are grateful to all the venues and Local Authority Arts and Cultural Managers from across Northern Ireland.

A special thank you to all participating artists, activists, arts organisations, volunteers, and community and educational champions who made major contributions to our creative programme. We also thank our dedicated NIMHAF team, our past and present board members, and our Festival Coordinator.

Finally, we look forward to building on the success of previous years, continuing to embrace the lessons learned and reflecting on how the lived experiences of mental health challenges may inform theory and practice in mental health provision.

Trustees

The trustees who served throughout the financial year, except as noted, were as follows:

William Nicholson
Damien Coyle
Jonathan McCrea
Frank Liddy
Bronagh Lawson
Noelle McAlinden

In accordance with the Constitution, the trustees retire by rotation and, being eligible, offer themselves for re-election.

Compliance with Sector-Wide Legislation and Standards

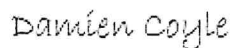
The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Northern Ireland Mental Health Arts Festival subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Approved by the Board of Trustees on 11 March 2026 and signed on its behalf by:



Noelle McAlinden
Trustee



Damien Coyle
Trustee

Northern Ireland Mental Health Arts Festival STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2025

The trustees, who are also directors of Northern Ireland Mental Health Arts Festival for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A (Small Entities). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

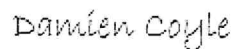
The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 11 March 2026 and signed on its behalf by:



Noelle McAlinden
Trustee



Damien Coyle
Trustee

Northern Ireland Mental Health Arts Festival

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF TRUSTEES OF NORTHERN IRELAND MENTAL HEALTH ARTS FESTIVAL

We have examined the financial statements of the charity for the financial year ended 31 March 2025, which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet and the related notes.

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for our work, or for this report.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. The charity's trustees consider that an audit is not required for this financial year under Chapter 3 of Part 16 of the Companies Act 2006 and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under section 65 of the Charities Act;
- follow the procedures laid down by the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity financial statements as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with our examination, no matter has come to our attention which gives us cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006
- the financial statements do not accord with those accounting records
- the financial statements have not been prepared in accordance with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)
- there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Conor Dolan FCA
FINEGAN GIBSON LTD
Chartered accountants and Registered auditors
2nd Floor
Causeway Tower
9 James Street South
Belfast
Antrim
BT2 8DN

Date: 11 March 2026

Northern Ireland Mental Health Arts Festival

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)
for the financial year ended 31 March 2025

| | Notes | Unrestricted Funds 2025 £ | Restricted Funds 2025 £ | Total Funds 2025 £ | Unrestricted Funds 2024 £ | Restricted Funds 2024 £ | Total Funds 2024 £ |
|---|-------|------------------------------------|----------------------------------|-----------------------------|------------------------------------|----------------------------------|-----------------------------|
| Income | | | | | | | |
| Charitable activities | 4.1 | - | 46,733 | 46,733 | 861 | 63,939 | 64,800 |
| Other income | 4.2 | 314 | - | 314 | 437 | - | 437 |
| Total income | | 314 | 46,733 | 47,047 | 1,298 | 63,939 | 65,237 |
| Expenditure | | | | | | | |
| Charitable activities | 5.1 | 1,123 | 28,566 | 29,689 | 3,976 | 43,017 | 46,993 |
| Net income/(expenditure) | | (809) | 18,167 | 17,358 | (2,678) | 20,922 | 18,244 |
| Transfers between funds | | - | - | - | (13) | 13 | - |
| Net movement in funds for the financial year | | (809) | 18,167 | 17,358 | (2,691) | 20,935 | 18,244 |
| Reconciliation of funds: | | | | | | | |
| Total funds beginning of the year | 11 | 21 | 33,017 | 33,038 | 2,712 | 12,082 | 14,794 |
| Total funds at the end of the year | | (788) | 51,184 | 50,396 | 21 | 33,017 | 33,038 |

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

Northern Ireland Mental Health Arts Festival

Company Number:

BALANCE SHEET

as at 31 March 2025

| | Notes | 2025 £ | 2024 £ |
|---|-------|-----------|-----------|
| Current Assets | | | |
| Cash at bank and in hand | | 52,796 | 33,038 |
| Creditors: Amounts falling due within one year | 9 | (2,400) | - |
| Net Current Assets | | 50,396 | 33,038 |
| Total Assets less Current Liabilities | | 50,396 | 33,038 |
| Funds | | | |
| Restricted funds | | 51,184 | 33,017 |
| General fund (unrestricted) | | (788) | 21 |
| Total funds | 11 | 50,396 | 33,038 |

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

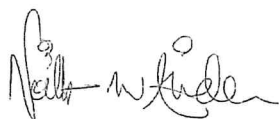
For the financial year ended 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006; and no notice has been deposited under section 476.

The trustees confirm that the members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charity.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the Board of Trustees and authorised for issue on 11 March 2026 and signed on its behalf by



Noelle McAlinden
Trustee

Damien Coyle

Damien Coyle
Trustee

Northern Ireland Mental Health Arts Festival

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

1. GENERAL INFORMATION

Northern Ireland Mental Health Arts Festival is a company limited by shares incorporated in Northern Ireland. The registered office of the charity is 43 Tarmon Brae, Rossorry, Enniskillen, Fermanagh, BT74 7LS, Northern Ireland which is also the principal place of business of the charity.

Currency

The financial statements have been presented in Pound (£) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

As permitted by the Companies Act 2006, the charity has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance

The financial statements of the charity for the financial year ended 31 March 2025 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

Fund accounting

The following are the categories of funds maintained:

Restricted funds

Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds

Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.
- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income

Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from charitable activities

Income from charitable activities include income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

Northern Ireland Mental Health Arts Festival NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

- Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Expenditure

Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Cash at bank and in hand

Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation

No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the charity's taxable profits and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Pensions

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Annual contributions payable to the charity's pension scheme are charged to the profit and loss account in the period to which they relate

Financial Instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of

Northern Ireland Mental Health Arts Festival

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

3. SIGNIFICANT ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

4. INCOME

| 4.1 CHARITABLE ACTIVITIES | Unrestricted Funds £ | Restricted Funds £ | 2025 £ | 2024 £ |
|--|-------------------------|-----------------------|-----------|-----------|
| Grants from governments and other co-funders: | | | | |
| Arts Council NI | - | 1,066 | 1,066 | 4,194 |
| Belfast City Council | - | 1,929 | 1,929 | 6,161 |
| DFC Future Screens | - | 21,038 | 21,038 | 21,420 |
| Dormant Accounts | - | 3,000 | 3,000 | 3,000 |
| Baring Foundation | - | 16,200 | 16,200 | 26,200 |
| QUB Film Hub Award | - | 3,500 | 3,500 | 2,964 |
| Earned Income | - | - | - | 861 |
| | - | 46,733 | 46,733 | 64,800 |

| 4.2 OTHER INCOME | Unrestricted Funds £ | Restricted Funds £ | 2025 £ | 2024 £ |
|------------------|-------------------------|-----------------------|-----------|-----------|
| Other income | 314 | - | 314 | 437 |

5. EXPENDITURE

| 5.1 CHARITABLE ACTIVITIES | Direct Costs £ | Other Costs £ | Support Costs £ | 2025 £ | 2024 £ |
|---------------------------------------|-------------------|------------------|--------------------|-----------|-----------|
| Festival Expenditure | 25,070 | - | 3,015 | 28,085 | 46,993 |
| Moving Canvas Costs | 710 | - | - | 710 | - |
| ACNI Health and Wellbeing Event Costs | 734 | - | 160 | 894 | - |
| | 26,514 | - | 3,175 | 29,689 | 46,993 |

Northern Ireland Mental Health Arts Festival

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

| 5.2 SUPPORT COSTS | Charitable Activities £ | 2025 £ | 2024 £ |
|---|-------------------------------|--------------|--------------|
| Communications & IT | 951 | 951 | 453 |
| General Office | 123 | 123 | 400 |
| Premises | 96 | 96 | 96 |
| Travel & Subsistence | 2,005 | 2,005 | 2,279 |
| | <u>3,175</u> | <u>3,175</u> | <u>3,228</u> |
| 6. NET INCOME | | 2025 | 2024 |
| | | £ | £ |
| Net Income is stated after charging/(crediting): | | | |
| Independent Examiner's remuneration: | | | |
| - independent examination services | | 2,400 | - |
| | | <u>2,400</u> | <u>-</u> |
| 7. INVESTMENT AND OTHER INCOME | | 2025 | 2024 |
| | | £ | £ |
| Miscellaneous Income | | 314 | 437 |
| | | <u>314</u> | <u>437</u> |
| 8. EMPLOYEES AND REMUNERATION | | | |
| Number of employees | | | |
| The average number of persons employed (including executive trustees) during the financial year was as follows: | | | |
| | | 2025 | 2024 |
| | | Number | Number |
| Part-Time Employees | | 1 | - |
| | | <u>1</u> | <u>-</u> |
| | | <u>1</u> | <u>-</u> |
| The staff costs (inclusive of trustees' salaries) comprise: | | 2025 | 2024 |
| | | £ | £ |
| Wages and salaries | | 6,167 | - |
| Social security costs | | 553 | - |
| Pension costs | | 156 | - |
| | | <u>6,876</u> | <u>-</u> |
| | | <u>6,876</u> | <u>-</u> |
| 9. CREDITORS | | 2025 | 2024 |
| Amounts falling due within one year | | £ | £ |
| Accruals and deferred income | | 2,400 | - |
| | | <u>2,400</u> | <u>-</u> |

Northern Ireland Mental Health Arts Festival

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

10. RESERVES

| | Funds | Restricted | Unrestricted | Total |
|--------------------------------|---------------|------------|---------------|---------------|
| | £ | £ | £ | £ |
| At the beginning of the year | - | 21 | 33,017 | 33,038 |
| Surplus for the financial year | 17,358 | - | - | 17,358 |
| At the end of the year | <u>17,358</u> | <u>21</u> | <u>33,017</u> | <u>50,396</u> |

11. FUNDS

11.1 RECONCILIATION OF MOVEMENT IN FUNDS

| | Unrestricted Funds | Restricted Funds | Total Funds |
|------------------------------------|--------------------|------------------|---------------|
| | £ | £ | £ |
| At 1 April 2023 | 2,712 | 12,082 | 14,794 |
| Movement during the financial year | (2,691) | 20,935 | 18,244 |
| At 31 March 2024 | 21 | 33,017 | 33,038 |
| Movement during the financial year | (809) | 18,167 | 17,358 |
| At 31 March 2025 | <u>(788)</u> | <u>51,184</u> | <u>50,396</u> |

11.2 ANALYSIS OF MOVEMENTS ON FUNDS

| | Balance 1 April 2024 | Income | Expenditure | Transfers between funds | Balance 31 March 2025 |
|---------------------------|----------------------------|---------------|---------------|-------------------------------|-----------------------------|
| | £ | £ | £ | £ | £ |
| Restricted funds | | | | | |
| DFC Future Screen Grant | 23,170 | 21,038 | 11,519 | - | 32,689 |
| Mental Health Foundation | 2,209 | - | - | - | 2,209 |
| QUB Film Hub Award | - | 3,500 | 3,500 | - | - |
| Belfast City Council | - | 1,929 | 1,262 | - | 667 |
| Dormant Accounts | 1,489 | 3,000 | 1,889 | - | 2,600 |
| Arts Council NI | 1,324 | 1,066 | 1,679 | - | 711 |
| Baring Trust | 4,825 | 16,200 | 8,717 | - | 12,308 |
| | <u>33,017</u> | <u>46,733</u> | <u>28,566</u> | <u>-</u> | <u>51,184</u> |
| Unrestricted funds | | | | | |
| Unrestricted General | 21 | 314 | 1,123 | - | (788) |
| Total funds | <u>33,038</u> | <u>47,047</u> | <u>29,689</u> | <u>-</u> | <u>50,396</u> |

11.3 ANALYSIS OF NET ASSETS BY FUND

| | Current assets | Current liabilities | Total |
|----------------------------|----------------|---------------------|---------------|
| | £ | £ | £ |
| Restricted funds | 52,796 | (3,188) | 49,608 |
| Unrestricted general funds | - | 788 | 788 |
| | <u>52,796</u> | <u>(2,400)</u> | <u>50,396</u> |

Northern Ireland Mental Health Arts Festival

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

12. CONTINGENT LIABILITIES

A contingent liability exists to repay grants and Trust monies received should certain conditions not be fulfilled by the charity. In the opinion of the Trustees, the terms of the Letters of Offers have been, or will be, complied with and no liability expected.

13. RELATED PARTY TRANSACTIONS

During the year, there were no related party transactions requiring disclosure.

14. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

15. TRUSTEES' REMUNERATION

The organisations trustees were not paid or received any other benefits from employment with the organisation in the year. Trustees were reimbursed expenses during the year totaling £844.22. (2024: £672.51).

Northern Ireland Mental Health Arts Festival

Northern Ireland - Charity number 103013

Accounts

Northern Ireland Mental Health Arts Festival

Statement of Financial Activities including Income and Expenditure at 4th April 2024

| | Note | Unrestricted | Restricted | Mar-24 Total | Mar-23 Total |
|--------------------------------|------|--------------|------------|-----------------|-----------------|
| Income & Endowments | | | | | |
| Donation & Legacy | 1 | 436.96 | 63939.21 | 64376.17 | |
| Charitable Activity | 2 | 860.70 | | 860.70 | |
| Investment Income | | | | | |
| Total Income | | 1297.66 | 63939.21 | 65236.87 | 42428.90 |
| Expenditure | | | | | |
| Cost of activities | 3 | 3975.26 | 43016.68 | 46991.94 | 31148.22 |
| Net (exp) income | | -2677.60 | 20922.53 | 18244.93 | 11280.68 |
| Funds Brought forward | | 2711.71 | 12081.79 | 14793.50 | 3512.82 |
| Total Funds Carried Forward | | 34.11 | 33004.32 | 33038.43 | 14793.50 |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities

Northern Ireland Mental Health Arts Festival

Statement of Financial Activities including Income and Expenditure at 31st March 2024

Balance Sheet

| | | 2024 | 2023 |
|---------------------------|---------|-----------------|----------------|
| Fixed Assets | | | |
| Current Assets | | | |
| Debtor reserve A/c | 30000 | | |
| Cash at Bank | 3038.33 | 33038.33 | 14793.50 |
| Creditors | | | |
| Net Current Assets | | 33038.33 | 14793.50 |
| Funds | | | |
| Restricted | | 33004.32 | 12081.79 |
| Unrestricted | | 34.11 | 2711.71 |
| | | <u>33038.43</u> | <u>14793.5</u> |

The financial statements were approved by the Board on 19 December 2024.



Noelle McAlinden

Chairperson

Date: 19/12/2024



Damien Coyle

Acting Treasurer

Date: 19/12/2024

Notes - FY23-24 Apr 2023 - Mar 2024

| Note | Income | Quarter 4 | | | Year to Date at Dec 2023 | | | Annual | Bids | |
|------|---------------------------------------|-------------------------------|-------------------|-------------------|--------------------------|-------------------|-------------------|--------------------------|--|--------------------------------------|
| | | Current Period Jan - Mar 2024 | | | Year to Date at Dec 2023 | | | Budget | | |
| | | Actual | Budget | Variance | Actual | Budget | Variance | Budget | | |
| | | | | | | | | 14793.5 | | |
| | | | | | | | | Carried Forward reserves | | |
| 1 | Arts Council | 0.00 | 1,165.00 | -1,165.00 | 4,194.00 | 4,660.00 | -466.00 | 4,660.00 | Ltr of Offer June 2023 Moving Canvas cc2 | |
| | Local Authority Belfast | | | | | | | | | |
| | City Council CC3 | 0.00 | 1,925.30 | -1,925.30 | 6,160.96 | 7,701.20 | -1,540.24 | 7,701.20 | festival award April 2023 20% due | |
| | DFC Future Screens (Ulster Uni) CC 1 | 0.00 | 4,777.00 | 16,643.22 | 21,420.22 | 19,108.00 | 2,312.22 | 19,108.00 | Staff role PA £19108 approx. | |
| | Dormant Accounts | 0.00 | 750.00 | -750.00 | 3,000.00 | 3,000.00 | 0.00 | 3,000.00 | LoO 27/9 | |
| | Baring Foundation CC 2 | 0.00 | 3,750.00 | 22,450.00 | 26,200.00 | 15,000.00 | 11,200.00 | 15000 | Ltr of O July 2022 (2 / 3 year) | |
| | Film Hub NI Award/QUB | 0.00 | 741.01 | 2,223.02 | 2,964.03 | 2,964.03 | 0.00 | 2,964.03 | Ltr of offer £2964.03 (Email QUB H Odling) | |
| | Investment Income / NIMHAFF | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | |
| | Other Income | 0.00 | 125.00 | -125.00 | 436.96 | 500.00 | -63.04 | 500.00 | PayPal / QUB GEN Ni MH | |
| 2 | Earned Income - inc | 0.00 | 250.00 | -250.00 | 860.70 | 1,000.00 | -139.30 | 1,000.00 | Eventbrite Ticket Sales | |
| | Total Income | £0.00 | £13,483.31 | £37,100.94 | £65,236.87 | £53,933.23 | £11,303.64 | £53,933.23 | | |
| 3 | Expenditure | | | | | | | | | |
| | Staff Costs | | | | | | | | | |
| | Salaries CC 1 | 1088.00 | 1,148.18 | -768.54 | 3,004.72 | 4,592.72 | 1,588.00 | 4,592.72 | 0.00 | Future Screen role / Freelance costs |
| | Pension Costs NEST | 0.00 | 25.50 | 25.50 | 101.99 | 101.99 | 0.00 | 101.99 | 0.00 | |
| | Viable | 0.00 | 45.63 | -136.88 | 182.50 | 182.50 | 0.00 | 182.50 | | |
| | Freelance Wendy Blemigs | 700.00 | 456.25 | -243.75 | 1,650.00 | 1,825.00 | 175.00 | 1,825.00 | | |
| | Governance Trustee expenses (Noelle) | 0.00 | 226.88 | -445.63 | 672.51 | 907.51 | 235.00 | 907.51 | | Noelle McAlinden Board Expense |
| | Dawn Richardson Artistic Director | 0.00 | 1,886.60 | -2,159.80 | 4,046.40 | 7,546.40 | 3,500.00 | 7,546.40 | 0.00 | Artistic Director payment & Travel |
| | Total Staffing | 1,788.00 | 3,789.03 | -3,729.10 | 9,658.12 | 15,156.12 | 5,498.00 | 15,156.12 | 0.00 | |

| | | | | | | | |
|--------------------------------------|----------------|-----------------|-------------------|------------------|------------------|---------------|------------------|
| Festival Expenditure CC 2 | 0.00 | 4,072.50 | -11,767.51 | 15,840.01 | 16,290.01 | 450.00 | 16,290.01 |
| Dawn Richardson project | 0.00 | 2,500.00 | 2,500.00 | 10,000.00 | 10,000.00 | 0.00 | 10,000.00 |
| Artist Costs Oct5 23 | | | | | | | |
| Beirut Inv Folder | 2870.00 | 1,605.00 | -1,945.00 | 6,420.00 | 6,420.00 | 0.00 | 6,420.00 |
| | 2870.00 | 8,177.50 | -11,212.51 | 32,260.01 | 32,710.01 | 450.00 | 32,710.01 |

Overheads

| | | | | | | | |
|---|---------------|-----------------|----------------|-----------------|-----------------|-------------|-----------------|
| Insurances | 0.00 | 24.00 | 24.00 | 96.00 | 96.00 | 0.00 | 96.00 |
| Copier / | | | | | | | |
| Print/Post/Stationery | 0.00 | 100.00 | 100.00 | 400.00 | 400.00 | 0.00 | 400.00 |
| Festival Merchandise | 0.00 | 116.51 | 116.51 | 466.02 | 466.02 | 0.00 | 466.02 |
| Advertising & Promotion | 0.00 | 300.00 | 300.00 | 1,200.00 | 1,200.00 | 0.00 | 1,200.00 |
| Travel D Richardson | 455.19 | 308.97 | -146.22 | 1,235.87 | 1,235.87 | 0.00 | 1,235.87 |
| Consultants Fees & | | | | | | | |
| Subscriptions | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Legal & Professional Arts & Business | 0.00 | 45.00 | 45.00 | 180.00 | 180.00 | 0.00 | 180.00 |
| Audit & Accountancy | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Bank Charges | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Glasgow expenses | | | | | | | |
| catering subsistence etc | 0.00 | 260.83 | -782.48 | 1,043.30 | 1,043.30 | 0.00 | 1,043.30 |
| Office Equipment / hire / S/w sub/ Website | 386.00 | 113.16 | -272.85 | 452.62 | 452.62 | 0.00 | 452.62 |
| Total Overheads | 841.19 | 1,268.45 | -616.04 | 5,073.81 | 5,073.81 | 0.00 | 5,073.81 |

| | | | | | | | |
|--------------------------|------------------|------------------|-------------------|-------------------|-------------------|------------------|-------------------|
| Total Expenditure | £5,499.19 | £9,129.99 | £16,112.65 | £46,991.94 | £36,519.94 | £5,948.00 | £52,939.94 |
|--------------------------|------------------|------------------|-------------------|-------------------|-------------------|------------------|-------------------|

| | | | | | | | |
|--|------------------|------------------|-------------------|-------------------|-------------------|-------------------|----------------|
| Operating Surplus/(Deficit) | - | | | | | | |
| | £5,499.19 | £4,353.32 | £20,988.30 | £18,244.93 | £17,413.29 | £17,251.64 | £993.29 |

Net Funds Carried Forward
£33,038.43

Cost Centre Summary - FY23-24 Apr 2023 - Mar 2024

| Income Stream | Receipt Date | Cost Centre | Bal 1/4/23 | Income | Expenditure | CC Transfer | Bal 31 March 24 | Notes / designated expenditure |
|------------------------------------|----------------|-------------|-----------------|-----------------|------------------|---------------|------------------|--|
| | | | £B/f | £ | £ | yearend adj | £c/f | |
| UU Future Screen Grant Jul /Dec 23 | Jul/ Dec 23 | CC1 | 7081.79 | 21420.22 | 5,331.61 | 0.00 | 23,170.40 | Staffing Costs/ Dawn inv Oct 36hrs |
| Mental Health Foundation | | CC2 | 5000 | 0 | 2,791.50 | 0.00 | 2,208.50 | Dawn R invoice April invs x2 Beirut |
| QUB Film Hub | May , Jun 2023 | CC3 | | 2964.03 | 2964.03 | 0 | 0.00 | Dawn R invoice 26/4 |
| Belfast City Council | Jul-23 | CC5 | | 6160.96 | 6173.83 | 12.87 | 0.00 | Fight Words May 23 invs Artist / 20% due D/down |
| Dormant Accounts | Sep-23 | CC6 | | 3000 | 1510.87 | 0 | 1,489.13 | Glasgow trip |
| ACNI (Nov 23) | Nov-23 | CC7 | | 4194 | 2870 | 0 | 1,324.00 | 10% grant to drawn down |
| Baring Trust | May jun jul 23 | CC8 | | 26200 | 21374.84 | 0 | 4,825.16 | DR 26/4 /Beirut Project |
| Total Restricted | | | 12081.79 | 63939.21 | 43,016.68 | 12.87 | 33,004.32 | |
| Unrestricted | | Core | 2711.71 | 436.96 | 3,530.83 | -12.87 | -382.16 | Governance Noelle / Dawn travel Glasgow etc |
| Eventbrite/ paypal QUB General | May-23 | | | 860.7 | 444.43 | | 416.27 | D Richardson inv 26/4 |
| Total Unrestricted | | | 2711.71 | 1297.66 | 3975.26 | -12.87 | 34.11 | |
| Total Funds | | | 14793.5 | 65236.87 | 46,991.94 | 0.00 | 33,038.43 | |

Northern Ireland Mental Health Arts Festival

Northern Ireland - Charity number 103013

Annual report



Northern Ireland Mental Health Arts Festival

Annual Report and Unaudited Accounts for Year ending 4th April 2024

Charity Registration Number: NIC 103013

Annual Report and Unaudited Accounts for Year Ending 4th April 2024

Board Report for the Year Ended 4th April 2024

We were delighted to celebrate our 10th Annual NI Mental Health Arts Festival in May 2023 and are thrilled with the response from our Stakeholders, Festival Partners, our Artists, Arts and Cultural Organisations, and our Funders, without whom Festival and our other creative projects would not be possible. Our gratitude to our principal Festival funders Belfast City Council and The Baring Foundation for their investment in Festival and funding for our international residencies in Cambodia and the Lebanon. We thank the Arts Council for funding the Moving Canvas project, Dormant Accounts Fund for supporting organisation development, the Mental Health Foundation for support for Festival, and Film Hub NI for funding to create a documentary on the Lebanon residency . One strand of funding that proved to be key to the development of NIMHAF was the financial support we received from Futurescreens NI. This has been a key component of our growth and underpinned our future strategic development.

With festival 2023 we have exceeded our own expectations this year, with a rich and diverse programme of events, created in collaboration with our Festival Partners and Funders. We embraced a diverse range of artforms, eclectic and engaging across Northern Ireland, with an extensive range of events and exhibitions leading into and beyond our Festival dates from the 11th to 21st May . It was a festival celebrating artists and arts organizations regional and internationally. Festival 2023 created a positive platform for Festival 2024.

Other activities that took place during 2024/24 were the international residency in Beirut where six Belfast based artists engaged with artists from Lebanon. This project will culminate in exhibitions and a project film screening during 2024/25 and at Festival 2024.

2023 saw the departure of Festival Director, Dawn Richardson. Dawn has made a major contribution to the success and progress of the Festival and to NIMHAF as an organisation. We thank Dawn for her leadership of the organisation and contributions she made to our success.

To fill the gap created by Dawn's departure we appointed a temporary Festival Coordinator, Casey- Jade Campbell. Casey-Jade came from a background in performing arts and she brought with her knowledge and expertise in this and other creative fields. Casey- Jade worked in partnership with NIMHAF Chairperson, Noelle McAlinden to programme Festival 2024 which took place in May 2024.

Charity Trustees 2023-24

The Trustees during this year were Noelle McAlinden (Chair), Damien Coyle (Vice Chair), Emma Berry, Frank Liddy, Brenda Brady, Hattie Godfrey, William Nicholson.

NIMHAF 2023 Programme

Our NIMHAF Festival coincided with Mental Health Awareness Week and ran from 11th -21st May 2023, we are delighted to have brought together, a programme of diverse, dynamic and evolving arts activities with over 50 key events included. We presented a diverse & eclectic programme, embracing new & evolving visual & performance art, as well as theatre, spoken word and moving image arts, the festival celebrated the creativity, lived experience & self-expression from both emerging & established as well as internationally renowned artists. All were united in challenging stigma & celebrating the pivotal role of creativity self-expression & the arts upon our Mental Health & Wellbeing.

Festival's diverse programme incorporated visual and performing arts, theatre, film, choral and musical ensembles, poetry, spoken word, photography, sonic art, panel discussions, residencies and printmaking.

We continue through NIMHAF 2023 to empower artists to express themselves & instil confidence in creatives to come together and form, to connect & share beyond the Festival. NIMHAF encouraged their collective work to flourish and come to life, creating a safe space to engage & express emotion, lived experience & challenging stigma of talking about personal mental health. We have many examples of the diversity of our programme including the following:



Mindful Colouring **Belfast Central Library - Belfast**

A morning of mindful colouring in Belfast Central Library.



Artcetera

Warriors Against Stigma

NIR Personality Disorder Network - Belfast

Group exhibition raising awareness of EUPD/BPD and tackling the myths and stigma it attracts.



'Myth'

Millennium Court - Portadown

'Myth' exhibits a collection of drawings and ceramics produced by Action Mental Health service users based in Portadown and Newry.



Masks, Myths & Magic
Crescent Arts Centre - Belfast

Exhibition from Armagh Rhymer, Dara Vallely.



Megalith
Paul Doran

Written piece by Paul Doran inspired by our 2023 Artist Residency.



Void Gallery – Derry/Londonderry

Re_sett_ing_s

Jaki Irvine and Locky Morris

Void Gallery presented Re_sett_ing_s, a collaborative exhibition between Locky Morris and Jaki Irvine.



The Strand Arts Centre - Belfast

Ní Fheicfeadh Iora an Talamh

Billy Woods

An Exhibition from Belfast-based Photographer Billy Woods.



The Black Box - Belfast

My Creative Life

Creative Lives

A poetry and photography project run by Creative Lives working with 12 groups across NI.



The Art of Conversation with Bronagh Gallagher

Noëlle McAlinden & Bronagh Gallagher

Interview with this year's 'Festival Advocate'



Echo Echo Dance Theatre - Derry/Lomdonderry

Ghosts

Echo Echo Dance Studio

An Evocative Theatre Dance Piece from Echo Echo Dance Studio.



Seamus Heaney Homeplace - Bellaghy

Earth to Alice

Alice McCullough

Performance poet Alice McCullough brings her critically acclaimed one-woman show to Seamus Heaney Homeplace.



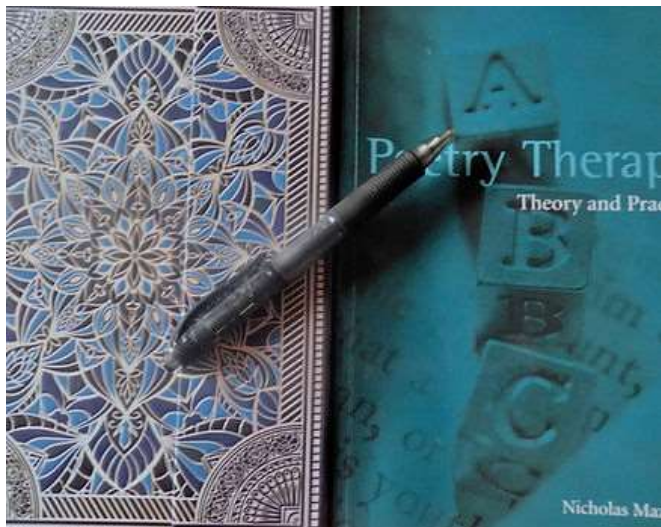
2 Royal Avenue - Belfast
Migration, Art & Mind
Anaka Women's Collective

An exhibition of work from artists in the Anaka Women's Collective.



2 Royal Avenue - Belfast
Transmythology
EG Dunne

Audio-visual installation exploring the mythology of the artist.



Crescent Arts Centre - Belfast
Introduction to Poetry Therapy
Shelley Tracey

Poetry Workshop Designed to Inspire by Shelley Tracey



Ormeau Library - Belfast
Family Storytelling Time
Ormeau Library

Family storytelling time for children with Collin Urwin from Armstrong Storytelling Trust.



Sonic Arts Lab SARC - Belfast
Myths, Landscape & Soundscape
SARC

A Collaborative Sound Bath Experience at Sonic Lab in SARC.



FE McWilliam Gallery - Banbridge
Myths at FE McWilliam
FE McWilliam

A Special Tour of Works at the FE McWilliam for NIMHAF.



University of Atypical - Belfast
Into Another World - Brain Injury Matters

Stories from the Creative Workshop participants of Brain Injury Matters.



The Duncairn - Belfast
Suaimhneas

Listen to some of Ireland's best new musicians in the chilled out folk and ambient scene in an intimate and meditative space.

This is a brief overview of our activities in 2023/24 and provides insight into the scope of activity delivered by our small and dedicated team of staff and proactive Board members. 2024 ended as a year of reflection and as an organisation we have major decision to make regarding our programmes, our brand identity, staff and board structure, strategic direction, and future ambitions. We hope you join us on this exciting journey going forward.

Noelle McAlinden

Chairperson

Date: 16/12/2024

Northern Ireland Mental Health Arts Festival

Statement of Financial Activities including Income and Expenditure at 4th April 2024

| | Note | Unrestricted | Restricted | Mar-24 Total | Mar-23 Total |
|--------------------------------|------|--------------|------------|-----------------|-----------------|
| Income & Endowments | | | | | |
| Donation & Legacy | 1 | 436.96 | 63939.21 | 64376.17 | |
| Charitable Activity | 2 | 860.70 | | 860.70 | |
| Investment Income | | | | | |
| Total Income | | 1297.66 | 63939.21 | 65236.87 | 42428.90 |
| Expenditure | | | | | |
| Cost of activities | 3 | 3975.26 | 43016.68 | 46991.94 | 31148.22 |
| Net (exp) income | | -2677.60 | 20922.53 | 18244.93 | 11280.68 |
| Funds Brought forward | | 2711.71 | 12081.79 | 14793.50 | 3512.82 |
| Total Funds Carried Forward | | 34.11 | 33004.32 | 33038.43 | 14793.50 |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities

Northern Ireland Mental Health Arts Festival

Statement of Financial Activities including Income and Expenditure at 31st March 2024

Balance Sheet

| | | 2024 | 2023 |
|---------------------------|---------|-----------------|----------------|
| Fixed Assets | | | |
| Current Assets | | | |
| Debtor reserve A/c | 30000 | | |
| Cash at Bank | 3038.33 | 33038.33 | 14793.50 |
| Creditors | | | |
| Net Current Assets | | 33038.33 | 14793.50 |
| Funds | | | |
| Restricted | | 33004.32 | 12081.79 |
| Unrestricted | | 34.11 | 2711.71 |
| | | <u>33038.43</u> | <u>14793.5</u> |

The financial statements were approved by the Board on 19 December 2024.



Noelle McAlinden

Chairperson

Date: 19/12/2024



Damien Coyle

Acting Treasurer

Date: 19/12/2024

Notes - FY23-24 Apr 2023 - Mar 2024

| | | Quarter 4 | | | Year to Date at Dec 2023 | | | Annual | | |
|-------------|---|-------------------------------|-------------------|-------------------|--------------------------|-------------------|-------------------|-------------------|--|--------------------------------------|
| | | Current Period Jan - Mar 2024 | | | | | | | | |
| | | Actual | Budget | Variance | Actual | Budget | Variance | Budget | Bids | |
| | | Carried Forward reserves | | | | | | 14793.5 | | |
| Note | Income | | | | | | | | | |
| 1 | Arts Council Local Authority Belfast | 0.00 | 1,165.00 | -1,165.00 | 4,194.00 | 4,660.00 | -466.00 | 4,660.00 | Ltr of Offer June 2023 Moving Canvas cc2 | |
| | City Council CC3 | 0.00 | 1,925.30 | -1,925.30 | 6,160.96 | 7,701.20 | -1,540.24 | 7,701.20 | festival award April 2023 20% due | |
| | DFC Future Screens (Ulster Uni) CC 1 | 0.00 | 4,777.00 | 16,643.22 | 21,420.22 | 19,108.00 | 2,312.22 | 19,108.00 | Staff role PA £19108 approx. | |
| | Dormant Accounts | 0.00 | 750.00 | -750.00 | 3,000.00 | 3,000.00 | 0.00 | 3,000.00 | LoO 27/9 | |
| | Baring Foundation CC 2 | 0.00 | 3,750.00 | 22,450.00 | 26,200.00 | 15,000.00 | 11,200.00 | 15000 | Ltr of O July 2022 (2 / 3 year) | |
| | Film Hub NI Award/QUB Investment Income / NIMHAFF | 0.00 | 741.01 | 2,223.02 | 2,964.03 | 2,964.03 | 0.00 | 2,964.03 | Ltr of offer £2964.03 (Email QUB H Odling) | |
| | Other Income | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | |
| | Other Income | 0.00 | 125.00 | -125.00 | 436.96 | 500.00 | -63.04 | 500.00 | PayPal / QUB GEN Ni MH | |
| 2 | Earned Income - inc | 0.00 | 250.00 | -250.00 | 860.70 | 1,000.00 | -139.30 | 1,000.00 | Eventbrite Ticket Sales | |
| | Total Income | £0.00 | £13,483.31 | £37,100.94 | £65,236.87 | £53,933.23 | £11,303.64 | £53,933.23 | | |
| 3 | Expenditure | | | | | | | | | |
| | Staff Costs | | | | | | | | | |
| | Salaries CC 1 | 1088.00 | 1,148.18 | -768.54 | 3,004.72 | 4,592.72 | 1,588.00 | 4,592.72 | 0.00 | Future Screen role / Freelance costs |
| | Pension Costs NEST | 0.00 | 25.50 | 25.50 | 101.99 | 101.99 | 0.00 | 101.99 | 0.00 | |
| | Viable Freelance Wendy Blemigs | 0.00 | 45.63 | -136.88 | 182.50 | 182.50 | 0.00 | 182.50 | | |
| | Governance Trustee expenses (Noelle) | 700.00 | 456.25 | -243.75 | 1,650.00 | 1,825.00 | 175.00 | 1,825.00 | | |
| | Dawn Richardson Artistic Director | 0.00 | 226.88 | -445.63 | 672.51 | 907.51 | 235.00 | 907.51 | | Noelle McAlinden Board Expense |
| | | 0.00 | 1,886.60 | -2,159.80 | 4,046.40 | 7,546.40 | 3,500.00 | 7,546.40 | 0.00 | Artistic Director payment & Travel |
| | Total Staffing | 1,788.00 | 3,789.03 | -3,729.10 | 9,658.12 | 15,156.12 | 5,498.00 | 15,156.12 | 0.00 | |

| | | | | | | | |
|--------------------------------------|----------------|-----------------|-------------------|------------------|------------------|---------------|------------------|
| Festival Expenditure CC 2 | 0.00 | 4,072.50 | -11,767.51 | 15,840.01 | 16,290.01 | 450.00 | 16,290.01 |
| Dawn Richardson project | 0.00 | 2,500.00 | 2,500.00 | 10,000.00 | 10,000.00 | 0.00 | 10,000.00 |
| Artist Costs Oct5 23 | | | | | | | |
| Beirut Inv Folder | 2870.00 | 1,605.00 | -1,945.00 | 6,420.00 | 6,420.00 | 0.00 | 6,420.00 |
| | 2870.00 | 8,177.50 | -11,212.51 | 32,260.01 | 32,710.01 | 450.00 | 32,710.01 |

Overheads

| | | | | | | | |
|---|--------|--------|---------|----------|----------|------|----------|
| Insurances | 0.00 | 24.00 | 24.00 | 96.00 | 96.00 | 0.00 | 96.00 |
| Copier / | | | | | | | |
| Print/Post/Stationery | 0.00 | 100.00 | 100.00 | 400.00 | 400.00 | 0.00 | 400.00 |
| Festival Merchandise | 0.00 | 116.51 | 116.51 | 466.02 | 466.02 | 0.00 | 466.02 |
| Advertising & Promotion | 0.00 | 300.00 | 300.00 | 1,200.00 | 1,200.00 | 0.00 | 1,200.00 |
| Travel D Richardson | 455.19 | 308.97 | -146.22 | 1,235.87 | 1,235.87 | 0.00 | 1,235.87 |
| Consultants Fees & | | | | | | | |
| Subscriptions | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Legal & Professional Arts & Business | 0.00 | 45.00 | 45.00 | 180.00 | 180.00 | 0.00 | 180.00 |
| Audit & Accountancy | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Bank Charges | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Glasgow expenses | | | | | | | |
| catering subsistence etc | 0.00 | 260.83 | -782.48 | 1,043.30 | 1,043.30 | 0.00 | 1,043.30 |
| Office Equipment / hire / S/w sub/ Website | 386.00 | 113.16 | -272.85 | 452.62 | 452.62 | 0.00 | 452.62 |

| | | | | | | | |
|------------------------|---------------|-----------------|----------------|-----------------|-----------------|-------------|-----------------|
| Total Overheads | 841.19 | 1,268.45 | -616.04 | 5,073.81 | 5,073.81 | 0.00 | 5,073.81 |
|------------------------|---------------|-----------------|----------------|-----------------|-----------------|-------------|-----------------|

| | | | | | | | |
|--------------------------|------------------|------------------|-------------------|-------------------|-------------------|------------------|-------------------|
| Total Expenditure | £5,499.19 | £9,129.99 | £16,112.65 | £46,991.94 | £36,519.94 | £5,948.00 | £52,939.94 |
|--------------------------|------------------|------------------|-------------------|-------------------|-------------------|------------------|-------------------|

| | | | | | | | |
|--|----------|------------------|-------------------|-------------------|-------------------|-------------------|----------------|
| Operating Surplus/(Deficit) | - | £4,353.32 | £20,988.30 | £18,244.93 | £17,413.29 | £17,251.64 | £993.29 |
|--|----------|------------------|-------------------|-------------------|-------------------|-------------------|----------------|

Net Funds Carried Forward
£33,038.43

Cost Centre Summary - FY23-24 Apr 2023 - Mar 2024

| Income Stream | Receipt Date | Cost Centre | Bal 1/4/23 | Income | Expenditure | CC Transfer | Bal 31 March 24 | Notes / designated expenditure |
|------------------------------------|----------------|-------------|-----------------|-----------------|------------------|---------------|------------------|--|
| | | | £B/f | £ | £ | yearend adj | £c/f | |
| UU Future Screen Grant Jul /Dec 23 | Jul/ Dec 23 | CC1 | 7081.79 | 21420.22 | 5,331.61 | 0.00 | 23,170.40 | Staffing Costs/ Dawn inv Oct 36hrs |
| Mental Health Foundation | | CC2 | 5000 | 0 | 2,791.50 | 0.00 | 2,208.50 | Dawn R invoice April invs x2 Beirut |
| QUB Film Hub | May , Jun 2023 | CC3 | | 2964.03 | 2964.03 | 0 | 0.00 | Dawn R invoice 26/4 |
| Belfast City Council | Jul-23 | CC5 | | 6160.96 | 6173.83 | 12.87 | 0.00 | Fight Words May 23 invs Artist / 20% due D/down |
| Dormant Accounts | Sep-23 | CC6 | | 3000 | 1510.87 | 0 | 1,489.13 | Glasgow trip |
| ACNI (Nov 23) | Nov-23 | CC7 | | 4194 | 2870 | 0 | 1,324.00 | 10% grant to drawn down |
| Baring Trust | May jun jul 23 | CC8 | | 26200 | 21374.84 | 0 | 4,825.16 | DR 26/4 /Beirut Project |
| Total Restricted | | | 12081.79 | 63939.21 | 43,016.68 | 12.87 | 33,004.32 | |
| Unrestricted | | Core | 2711.71 | 436.96 | 3,530.83 | -12.87 | -382.16 | Governance Noelle / Dawn travel Glasgow etc |
| Eventbrite/ paypal QUB General | May-23 | | | 860.7 | 444.43 | | 416.27 | D Richardson inv 26/4 |
| Total Unrestricted | | | 2711.71 | 1297.66 | 3975.26 | -12.87 | 34.11 | |
| Total Funds | | | 14793.5 | 65236.87 | 46,991.94 | 0.00 | 33,038.43 | |

Northern Ireland Mental Health Arts Festival

Northern Ireland - Charity number 103013

Annual return

Independent Examiner's Report to the Charity Trustees of the NI Mental Health Arts Festival

I report on the accounts of the NI Mental Health Arts Festival for the year ended 4th April 2024 which are set out on the attached report.

Respective responsibilities of Charity Trustees and Examiner

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Charity Trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's Statement

I have completed my examination and have no concerns in respect of matters 1- 4 above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Name: Úna Cregan

Relevant professional qualification or body: Member of the Chartered Institute of Management Accountants

Address: 13 Taunton Avenue, Belfast BT15 4AD

Date: 31st January 2025

Signature: 

Northern Ireland Mental Health Arts Festival

Northern Ireland - Charity number 103013

Accounts

FY22-23

Apr 2022 - March 2023

| Year to March 2023 | | | Annual Budget |
|--------------------|--------|----------|---------------|
| Actual | Budget | Variance | |

3512.82

Income

| | | | | |
|---|-------------------|-------------------|--------------|-------------------|
| DFC Future Screens (Ulster Uni) CC 1 | 21,918.90 | 21,918.90 | 0.00 | 21,918.90 |
| Baring Foundation CC 2 | 15,000.00 | 15,000.00 | 0.00 | 15,000.00 |
| Trusts: MH Foundation CC 5 | 5,000.00 | 5,000.00 | 0.00 | 5,000.00 |
| Enkalon Trust | 500.00 | 500.00 | 0.00 | 500.00 |
| Contributed - e.g Sponsorship, donation | 10.00 | 10.00 | 0.00 | 10.00 |
| Other Income | 0.00 | 0.00 | 0.00 | 0.00 |
| Total Income | £42,428.90 | £42,428.90 | £0.00 | £42,428.90 |

Expenditure

Staff Costs

| | | | | |
|-----------------------------------|------------------|------------------|-------------|------------------|
| Salaries CC 1 | 12,422.51 | 12,422.51 | 0.00 | 12,422.51 |
| HMRC | 1,155.73 | 1,155.73 | 0.00 | 1,155.73 |
| Pension Costs NEST | 570.60 | 570.60 | 0.00 | 570.60 |
| Vialble | 109.50 | 109.50 | 0.00 | 109.50 |
| Dawn Richardson Artistic Director | 2,000.00 | 2,000.00 | 0.00 | 2,000.00 |
| Total Staffing | 16,258.34 | 16,258.34 | 0.00 | 16,258.34 |

Festival Expenditure

| | | | | |
|---------------------------|-----------|-----------|------|-----------|
| Dawn Richardson FrameWerk | 11,725.00 | 11,725.00 | 0.00 | 11,725.00 |
|---------------------------|-----------|-----------|------|-----------|

Overheads

| | | | | |
|--|-----------------|-----------------|-------------|-----------------|
| Insurances | 96.00 | 96.00 | 0.00 | 96.00 |
| Printing Framework | 1,200.00 | 1,200.00 | 0.00 | 1,200.00 |
| Advertise PR : FrameWerk | 1,000.00 | 1,000.00 | 0.00 | 1,000.00 |
| Travel D Richardson Residency | 318.08 | 318.08 | 0.00 | 318.08 |
| Legal & Professional Arts & Business | 414.00 | 414.00 | 0.00 | 414.00 |
| Office Equipment / hire / S/w sub/ Website | 136.80 | 136.80 | 0.00 | 136.80 |
| Total Overheads | 3,164.88 | 3,164.88 | 0.00 | 3,164.88 |

| | | | | |
|--------------------------|-------------------|-------------------|--------------|-------------------|
| Total Expenditure | £31,148.22 | £31,148.22 | £0.00 | £31,148.22 |
|--------------------------|-------------------|-------------------|--------------|-------------------|

Operating Surplus/(Deficit)

| | | | |
|-------------------|-------------------|--------------|-------------------|
| £11,280.68 | £11,280.68 | £0.00 | £14,793.50 |
|-------------------|-------------------|--------------|-------------------|

Cost Centre Summary

5000

7,081.79

12081.79

£2,711.71

£14,793.50

Financial year end date

31-Mar-23

Notes & Variances

Balance C/f

Staff role PA £19108
Lof O July 2022 (2 of 3 year award)
LoO defer to Fy23.24 festival cc2
Eaklon Ltr offer Dec 22

Future Screen role /Freelance cc1

J Nawaz S.Media/FWerk Illustrator
D Richardson / Ireland pass

Gavin Davidson

Reconciled to Bank

MH Foundation cc2
Future Screen cc1
Restricted

UnRestricted

Total Funds

Northern Ireland Mental Health Arts Festival

Northern Ireland - Charity number 103013

Annual report

Northern Ireland Mental Health Arts Festival (NIMHAF)

Registered Charity Number: 103013

Annual Report for the Charity Commission

Financial Year - 5th April 2022 – 4th April 2023



The aims of the Northern Ireland Mental Health Arts Festival

The Festival was established in 2013 and in 2022-2023 we held the 9th Festival.

The main aims of the Festival are to:

- Celebrate mental health
- Challenge stigma and mental health inequalities
- Make connections between public, arts, and community organisations
- Reach those often missed by both the arts & health education models
- Support recovery and wellbeing and reduce self-stigma through participation in the creative process
- Create enduring partnerships and projects

The main activities and achievements in 2022-2023

The main activities and achievements in this year were the planning and management of the 9th Festival which was held in May 2022, to coincide with Mental Health Awareness Week.

The main Festival events can still be accessed at: <https://www.nimhaf.org/2022>

The main theme of the Festival in 2021 was 'Gather' and events were held in-person and online. For the purposes of the report, some of the events are also outlined below:



11 & 13 May, 10:30 am - 12:00 pm

Belfast Central Library Ground Floor

MINDFUL COLOURING

Belfast Central Library

A morning of mindful colouring in Belfast Central Library.

[Read More](#)



11 - 14 May

Artists

WARRIORS AGAINST STIGMA

NIR Personality Disorder Network

Group exhibition raising awareness of EUPD/BPD and tackling the myths and stigma it attracts.

[Read More](#)



11 - 19 May

Catalyst

CATALYST CAFE

Catalyst

Catalyst Cafe is a space to grab a cup of tea, have a chat, and take some time out from studio/work/life. Let's huddle and sing/dance/laugh/cry about being an artist.

[Read More](#)



11 - 13 May, 10:00 am - 4:00 pm

Millennium Court Portadown

'MYTH'

Millennium Court Portadown

'Myth' exhibits a collection of drawings and ceramics produced by Action Mental Health service users based in Portadown and Newry.

[Read More](#)



11 - 21 May

Online

FIR TO MIDDLING

Brian Conroy

Written piece by Brian Conroy inspired by Georgia Barnett.

[Read More](#)



11 - 21 May

Lama Museum and Arts Centre

REVIVAL

Claire Makimmin

Exhibition from multidisciplinary artist and musician Claire Makimmin.

[Read More](#)



11 - 21 May

Crescent Arts Centre

MASKS, MYTHS & MAGIC

Crescent Arts Centre

Exhibition from Armagh Rhyme, Dara Valley.

[Read More](#)



11 - 21 May

Urban Arts Gallery (Gallery of Reflection)

A REFRACTION OF TRUTH

Teresa Lyle

Exhibition that explores the disorder of Dyslexia and works to challenge tropes.

[Read More](#)



11 - 21 May

Donaghadee Library

MY CREATIVE LIFE

Creatives Lives

A poetry and photography project run by Creative Lives working with 12 groups across NI.

[Read More](#)



11 - 21 May

Online

MEGALITH

Paul Doran

Written piece by Paul Doran inspired by our 2023 Artist Residency.

[Read More](#)



11 - 21 May

Void Gallery

RE SETT ING S

Jaki Irvine and Locky Morris

Void Gallery is delighted to present Re_sett_ing_s, a collaborative exhibition between Locky Morris and Jaki Irvine.

[Read More](#)



11 - 21 May

Online

SAY SOMETHING

Society Films

A film created during lockdown by Society Films.

[Read More](#)



11 - 21 May

Online

I AM

Sushila Devi Colloghan

Short film by Sushila Devi Colloghan.

[Read More](#)



11 - 21 May, Artist Talk: 13 May
8:00 - 8:00 pm

The Strand Arts Centre

NÍ FHEICFEADH IORA AN TALAMH

Billy Woods

Exhibition from Belfast based
Photographer Billy Woods.

[Read More](#)



11 - 21 May, Artist Talk: 18 May

Belfast Exposed (Street View)

BANSHEE - FILM SCREENING & ARTIST TALK

Mervyn Marshall

Banshee is a short gothic horror
composed entirely of still images by
Mervyn Marshall.

[Read More](#)



11 - 21 May, Inched Viewing: 18
May, 7:00 - 8:00 pm

Arts & All

MASK

Zoe Dilworth & Robyn Hazlett

Exhibition from artists Zoe Dilworth
and Robyn Hazlett that centres around
mental health.

[Read More](#)



11 May, 2:00 - 4:00 pm

The Black Box

MY CREATIVE LIFE

Creative Lives

A poetry and photography project run
by Creative Lives working with 12
groups across NI.

[Read More](#)



11 May, 2:45 pm

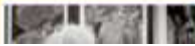
Void Gallery

SILVER TONGUED DEVIANCE

Frank Rafferty

An open mic platform event hosted by
spoken word artist Frank Rafferty in
Void Gallery.

[Read More](#)



11 May, 7:00 pm, Artist Talk:
7:30pm

Crescent Arts Centre

DARA VALLETY: ARTIST IN CONVERSATION WITH BRIAN CONEY

Dara Vallety with Brian Coney

A night of conversation between
Armagh Rhymer Dara Vallety and
Writer Brian Coney.

[Read More](#)



11 - 21 May

Online

THE ART OF CONVERSATION WITH BRONAGH GALLAGHER

Noelle McAllinden & Bronagh
Gallagher

Interview with this year's 'Textual
Advocate'.

[Read More](#)



12 & 19 May, 2:30 - 3:00pm

Belfast Central Library 1st Floor
Meeting Room

SHARED READING

Belfast Central Library

Get read aloud to at Belfast Central
Library.

[Read More](#)



12 - 13 May, 8:00 pm

Echo Echo Dance Theatre

GHOSTS

Echo Echo Dance Studio

An Evocative Theatre Dance Piece from
Echo Echo Dance Studio.

[Read More](#)



12 - 20 May, Daily 2:00 - 5:00 pm
(except where stated)

Crescent Arts Centre

DAY TRIP (IN MEMORY OF MARY BUTTERS)

Richardson, Brennan & Doran

Reviews of INWHAT live exploring
myths and combining a specially
commissioned script, archive as well as
new footage.



13 May, 11:00 am - 12:30 pm

Ormeau Park

A FORAGE OF TRE MYTHS

Clare McQuillan

Foraging walk with wild tea and pla
tane.

[Read More](#)





12 May, 10:00 am - 1:00 pm

Belfast Central Library 1st Floor **PUZZLES AROUND THE PILLARS** Belfast Central Library

Luncheon puzzles at Belfast Central Library.

[Read More](#)



12 May, 4:00 - 6:00 pm

Audacity Coffee

MAY SOCIAL The Silly Billy Collective

Silly Billy Collective's May Social Meet Up for Neurodivergent Artists.

[Read More](#)



12 May, 7:00 pm

Crescent Arts Centre

MYTH

Soramus Hooney Centre

Student Writing Showcase at the Soramus Hooney Centre.

[Read More](#)



12 May, 7:30 pm

Soramus Hooney Homesplice

EARTH TO ALICE Alice McCullough

Performance poet Alice McCullough brings her critically acclaimed one-woman show to Soramus Hooney Homesplice.

[Read More](#)



12 & 20 May, 10:00 - 4:00 pm

Vaid Gallery

THE CURIOSITY CLUB

Vaid Gallery
A well-stocked creative space filled with supplies for all ages to use.

[Read More](#)



13 - 21 May

2 Royal Avenue

MIGRATION, ART & MIND

Anaka Warner's Collective

An exhibition of work from artists in the Anaka Warner's Collective.

[Read More](#)



13 May

Royal Avenue

IX ME

from Gallagher

A musical, satirical play that looks at the female role post.

[Read More](#)



13 - 21 May

2 Royal Avenue

LISTENING TO VOICES

Public Installations

Audio installation by Paula Roberts working with the group 'Hearing Voices'.

[Read More](#)



13 - 21 May

2 Royal Avenue

SUN SLIPS THROUGH

Gallery Only & Chad Alexander

A collaborative audiovisual installation from Cedar, Gulu and Chad Alexander.

[Read More](#)



13 - 21 May

Royal Avenue

DANS MYTHOLOGY

3 Events

A series of live performances exploring the mythology of the series.

[Read More](#)



13 - 21 May, 10:00 am - 6:00 pm

2 Royal Avenue

RE-TELLING THE TALES

Workshop by Mattia

A creative art workshop for children and young people, exploring myths and folktales.

[Read More](#)



13 May, 10:00 am - 6:00 pm

2 Royal Avenue

VACAN

Interactive conversation on accessibility with VACAN in 2 Royal Avenue.

[Read More](#)



May, 10:00 am - 6:00 pm

Royal Avenue

GREENPRINTING EMO

Workshop by Emma

For Jonathan Bunker gives a meaningful game.

[Read More](#)



13 May, 10:00 - 12:00 pm

Crescent Arts Centre

INTRODUCTION TO POETRY THERAPY

Workshop by Tracy

Featuring Thea'sa Design in partnership with Sharon Taylor.

[Read More](#)



13 May, 10:30 am - 1:00 pm

Soramus Hooney Homesplice

WRITING FOR PEACE, FLOW & WELL-BEING

Workshop by Cathryn

Writing workshop with Debra Carter for exploring writing as meditation, healing and a creative practice.

[Read More](#)



13 May 10:00 am

Enniscorthy Arts Centre

THE ENORMOUS TURNIP: FAMILY WORKSHOP

Aimee O'Flynn

A workshop and exhibition for families with the Amazing Turnip.

[Read More](#)



13 May 10:00 - 12:00 pm

SEA

CRIS BELTS

Dorothy White

Make a paper and wood for Dorothy White's *Belts* at the Sea Making workshop in CCA at Sea 13 May 2023 1:00 pm - 3:00 pm.

[Read More](#)



13 May 4:00 pm

Enniscorthy Arts Centre

FOLKLORE, MYTHS & TALES OF TYRONE

Rita Harris & Aislinn Johnson

Join Rita Harris and Aislinn Johnson as they guide you through the folklore, myths and tales of Tyrone.

[Read More](#)



13 May 10:00 am - 12:00 pm

Enniscorthy Arts Centre

MYTHS & MELT

Stephen Arthur and Deborah Hill

A workshop with Stephen Arthur and Deborah Hill from their new play *Scapes*.

[Read More](#)



13 May 11:00 am - 12:00 pm

Enniscorthy Library

FAMILY STORYTELLING TIME

Family storytelling time for children with Debra Griffin from Amazing Storytelling Time.

[Read More](#)



13 May 1:00 - 2:00 pm

Enniscorthy Arts Centre

POETRY THERAPY IN PRACTICE: MYTHS, JOURNEYS AND SELF-DISCOVERY

Shelley Bradley

Poetry Therapy in Practice: Myths, Journeys and Self-Discovery.

[Read More](#)



14 May 10:00 am - 12:00 pm

Waterfoot Library

MYTHS & MELT

Stephen Arthur and Deborah Hill

A workshop with Stephen Arthur and Deborah Hill from their new play *Scapes*.

[Read More](#)



14 May 12:00 pm

Enniscorthy Arts Centre

IT'S OK TO BE YOU: DRUG STORY TIME

Jackie Spence-Kennedy

Join Jackie and Claire from the Enniscorthy Drug Service.

[Read More](#)

13 May 12:00 - 2:00 pm

Enniscorthy Arts Centre

STORY MAKING SESSION: FOLKLORE EDITION

Enniscorthy Library

A special folklore making session with Tracy Farrell.

[Read More](#)



13 May 2:00 - 3:00 pm

Waterfoot Central Library

THE LEGO CLUB

An afternoon of Lego building at the Waterfoot Central Library.

[Read More](#)



14 May 12:00 pm

Enniscorthy Arts Centre

STRUGGLING TO BREATHE: THE DIARY OF A PSYCHIATRIC INPATIENT

Michael O'Sullivan

Reading to better understand the experience of the best of us in the mental health system.

[Read More](#)



14 May 12:00 pm

Enniscorthy Arts Centre

IT'S OK TO BE YOU: DRUG STORY TIME

Jackie Spence-Kennedy

Join Jackie and Claire from the Enniscorthy Drug Service.

[Read More](#)

14 May 12:00 to 2:00 pm

Enniscorthy Arts Centre

THE LONGEST IT GOY EVER TOLD

Enniscorthy Library

Children's author Dr. Lily is bringing The Longest It Goy Ever Told to Enniscorthy.

[Read More](#)



14 May 1:00 - 3:00 pm

Enniscorthy Arts Centre

LIFE DRAWING

Ignacio Pina

Join the artist Ignacio Pina for a drawing workshop designed to explore our lives.

[Read More](#)



14 May 1:00 - 3:00 pm

Enniscorthy Arts Centre

LITTLE FORGET ME NOTS

Enniscorthy Library

An author performance plus live with the Forget Me Nots.

[Read More](#)



14 May 10:00 am - 12:00 pm

Enniscorthy Arts Centre

WE ARE ALL MUSIC MAKERS AND DREAMERS OF DREAMS

Enniscorthy Library

Join the author and illustrator for a workshop with their new book *We Are All Music Makers and Dreamers of Dreams*.

[Read More](#)



14 May 12:00 - 2:00 pm

Enniscorthy Arts Centre

MYTHS, LANDSCAPE & SOUNDSCAPE

Enniscorthy Library

A Collaborative Sound Bath Experience at the Arts Centre.

[Read More](#)



14 May 1:00 - 4:00 pm

Enniscorthy Arts Centre

RISE

Enniscorthy Library

A live performance plus live with the Rise.

[Read More](#)



14 May 10:00 am - 12:00 pm

Enniscorthy Arts Centre

WE ARE ALL MUSIC MAKERS AND DREAMERS OF DREAMS

Enniscorthy Library

Join the author and illustrator for a workshop with their new book *We Are All Music Makers and Dreamers of Dreams*.

[Read More](#)



14 May 1:00 - 4:00 pm

Enniscorthy Arts Centre

RISE

Enniscorthy Library

A live performance plus live with the Rise.

[Read More](#)

14 May 12:00 pm

Enniscorthy Arts Centre

STRUGGLING TO BREATHE: THE DIARY OF A PSYCHIATRIC INPATIENT

Michael O'Sullivan

Reading to better understand the experience of the best of us in the mental health system.

[Read More](#)



14 May 1:00 pm

Enniscorthy Arts Centre

KIDS COOK-ALONG - FOOD MYTHS

Enniscorthy Library

It's Cooking with the author of the new book *Food Myths* and more.

[Read More](#)



14 May 12:00 - 1:00 pm

Waterfoot Central Library

KNIT AND MATTER

Waterfoot Central Library

A morning of knitting and conversation at Waterfoot Central Library.

[Read More](#)



14 May 1:00 - 4:00 pm

Enniscorthy Arts Centre

RISE

Enniscorthy Library

A live performance plus live with the Rise.

[Read More](#)

FE McWilliam Gallery

MYTHS AT FE MCWILLIAM

FE McWilliam

A Special Tour of Works at the FE McWilliam for NIMHAE.

[Read More](#)



16 May, 11:00 - 3:00 pm

2 Royal Avenue

BLOSSOMING - A MOVEMENT FOR WELL-BEING WORKSHOP

Maiden Voyage

Movement for Wellbeing Workshop with Sandy Cuffbert - Awakening to Spring.

[Read More](#)



17 May, 11:00 - 11:30 am & 2:30 - 3:00 pm

Belfast Central Library

RHYTHM AND RHYME

Belfast Central Library

Sessions that introduce parents and young children to rhymes, songs and stories.

[Read More](#)



16 May, 11:00 am

2 Royal Avenue

DRAWING 2 ROYAL AVENUE

Marcus Patton

Draw the historical 2 Royal Avenue in this free workshop from Marcus Patton.

[Read More](#)



16 May, 4:00 pm

2 Royal Avenue

ART OF CONVERSATION

Naelle McAlinden

Join Naelle McAlinden and panel of artists and organisers to discuss 'Myths'.

[Read More](#)



17 May, 11:00 am - 12:00 pm

2 Royal Avenue

SOUND-LED YOGA

Rachel Reid-McCann & Jess Brien

Sound-led yoga workshop from DJ Rachel Reid-McCann and yoga instructor Jess Brien.

[Read More](#)



16 May, 12:00 - 1:00 pm

University of Atypical

INTO ANOTHER WORLD

Brain Injury Matters

Stories from the Creative Workshop participants of Brain Injury Matters.

[Read More](#)



16 May, 6:00 pm

The Shop
Ulster University

HUSK BENNETT & DAVY MAHON IN CONVERSATION

University of Ulster

Contemporary artists Husk Bennett and Davy Mahon discuss urban myths and how hallmarks play a role in each artist's practice with an emphasis on the trials and tribulations of being an artist, failure, loans and cats.

[Read More](#)



17 May, 2:00 - 3:00 pm

2 Royal Avenue

A SONGBOOK OF STORIES, MYTHS & LEGENDS

Brain Injury Matters Enthusiasts Choir

A Songbook of Stories, Myths and Legends with the Enthusiasts Choir.

[Read More](#)





May, 4:00 pm

Royal Avenue

RANGO TIME

Jul Currie

Acclaimed performance by acclaimed musician and performance artist Paul Currie.

[Read More](#)



May, 10:00 am - 2:00 pm

1st 5th floor Castlecourt

PEN STUDIOS AT ASTLECOURT

Get the artists and have a look around the spaces at the Makers Mall in Castle Court.

[Read More](#)



May, 7:00 pm

Arve Centre Derry

AKELANDS

Robert Higgins & Patrick McGivney

Screening of Akelands, the debut play from Robert Higgins and Patrick McGivney.

[Read More](#)



May, 7:30 pm

Arve Arts Centre



17 May, 7:00 PM

Online

A COMPASSIONATE CONVERSATION

Noelle McAlinden & Frank Liddy

An online panel discussion from Compassion City Belfast.

[Read More](#)



18 May, 2:00 - 5:30 pm

The Black Box

PERFORMANCE ANXIETY WORKSHOP

Xenia Pestova Bennett

Workshop with Xenia Pestova Bennett that explores the concept of stage fright and coping mechanisms to navigate it.

[Read More](#)



18 May, 7:00 pm

The Duncalm

SUAIMHNEAS

Duncalm

Listen to some of Ireland's best new musicians in the skilled suit folk and ambient scene in an intimate and meditative space.

[Read More](#)



17 May, 7:00 pm

The Green Room

MUSIC, VISUALS, STORYTELLING & PERFORMANCE

GRANITE

An evening of music, visuals, storytelling, and performance to celebrate ancient stories and sacred sites.

[Read More](#)



18 May, 6:00 - 7:30 pm

Void Gallery

EXPLORATIVE DRAWING

Explore different approaches to explorative drawing and composition resulting a collaborative piece.

[Read More](#)



19 May, 6:00 - 8:00 pm

University of Atypical

I THINK I HAVE A BIT OF THAT: MYTHS SURROUNDING NEURODIVERGENT MINDS

The Silly Billy Collective

A collaboration of work centred around the neurodivergent brain.

[Read More](#)



20 May, 11:00 am - 5:00 pm

2 Royal Avenue

SHADOW SELVES

Kerrie Hanna

Shadow Puppet Storytelling & Crafting workshop with Kerrie Hanna.

[Read More](#)

[Read More](#)



20 May, 2:00 - 3:00 pm

Belfast Central Library

STORYTIME AND CRAFTS

Belfast Central Library

An afternoon of storytime and crafts for children at Belfast Central Library.

[Read More](#)

Teresa Kane

Wellsprings at the Mill, Ballinamallard welcomes you to a one-day workshop.

[Read More](#)



20 May, 7:00 pm

Crescent Arts Centre

MASKS, MYTHS & MAGIC

Armagh Rhymers

Performance by the Armagh Rhymers, one of the most celebrated traditional music and theatre ensembles on the island of Ireland.

[Read More](#)



21 May, 11:30 am

2 Royal Avenue

SOUND BATH FOR CHILDREN

Tessa Ann

A sound bath session for children using singing bowls, percussion and voices with Tessa Ann.

[Read More](#)



21 May, 1:00 - 3:00 pm

2 Royal Avenue

PLAYSKOOL DISKO

Dickie Bubbles

Audience vote for current and former kids.

[Read More](#)



21 May, 3:00 pm

2 Royal Avenue

AN ADHD GUIDE TO POP

Joe Nawaz

A performance by Joe Nawaz.

[Read More](#)



21 May, 3:00 pm

Online

CHALLENGING THE MYTHS OF PERCEPTION THROUGH POETRY

Poetry NI

A conversation on Myths with Poetry NI.

[Read More](#)



21 May, 5:00 pm

2 Royal Avenue

THE LUKE MCGIVETH AND THE LUKE MCTAKETH AWAY

Luke McGibbon

Comedy Performance by psychotherapist Luke McGibbon.

[Read More](#)



3 - 20 May, Artist Talk: 11 May,

12:00 - 1:00 pm

Belfast Exposed (Studio Gallery)

TRYING TO

Festival evaluation

There was positive feedback about all of the Festival's events. Audiences tended to be much larger and wider reaching than in previous years due to the online nature of the Festival. An evaluation was carried out on the 2022 festival to gather feedback from attendees. Evaluation forms were collected from **N=109** people who attended in person events during the 2022 festival. The majority of attendees rated both the event and host venue as excellent (88.7% and 85.6% consecutively). Most commonly, attendees felt that the event attended improved their mood (N=85 attendees) and provided a worthwhile experience (N=85 attendees). The majority of attendees were 25-30 years, however there was significant representation from attendees aged 18-25 years and 31-40 years. The majority of attendees identified as women (53%) or men (37%), with some representation from people of other gender definitions. A total of 17% of attendees reported that they are from a disadvantaged background. A total of 29% of attendees reported that they live with a mental health condition, 8% reported that they live with a disability, and 8% reported that they live with a chronic physical condition. The majority of attendees travelled from East Belfast and South Belfast, however there was at least some representation across a variety of geographical areas, including the USA.

Public benefit requirement

The Trustees have had regard to the Commission's public benefit requirement and the Festival continues to make a positive difference to both the artists involved and the audience members. The wider promotion of the Festival also helps promote mental health and address some of the stigma that may be associated with it.

A review of the charity's financial position at the end of the year

As the submitted accounts detail, the Festival's balance at the beginning of this year was £3,512.82. In the 2022/23 financial year, £15,000 was also awarded to the Festival by the Baring Foundation, £21,919 from Future Screen NI, £500 from Ekalon and £5,000 from the Mental Health Foundation. The costs associated with the 2022 Festival were £31,148. The balance at 4th April 2023 was £14,793. The Festival does not have any other assets or liabilities.

Charity Trustees 2021-22

The Trustees during this year were Emma Berry (Co-Chair), Frank Liddy (Co-Chair) Olivia McIntyre (Secretary), Kate Liddell (Treasurer) and Trisha Forbes (Board Member).

The 2022-23 annual report was prepared by Emma Berry (Co-Chair) and Trisha Forbes (Board Member) with the input from the rest of the Trustees.



21th December 2023

Northern Ireland Mental Health Arts Festival

Northern Ireland - Charity number 103013

Annual return

Independent Examiner's Report to the Charity Trustees of the NI Mental Health Arts Festival

I report on the accounts of the NI Mental Health Arts Festival for the year ended 4th April 2023 which are set out on the attached report.

Respective responsibilities of Charity Trustees and Examiner

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to :

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Charity Trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act

4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's Statement

I have completed my examination and have no concerns in respect of matters 1- 4 above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Name: Úna Cregan

Relevant professional qualification or body: Member of the Chartered Institute of Management Accountants

Address: 13 Taunton Avenue, Belfast BT15 4AD

Date: 1st February 2024

Signature: 