

Mid-Ulster Association for Counselling & Psychotherapy (MACP)

Northern Ireland · Charity number 102875

Details

Known as	MACP
Status	Received
Registered	2015-07-20
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	Unit A Annagher Services Unit A Annagher Services 137 Annagher Rd Tyrone BT71 4ne BT71 4NE
Phone	02887990019
Email	counsellingmacp@gmail.com
Website	www.mid-ulstercounselling.co.uk

Activities

Purposes: The Association is established to promote the preservation and protection of mental health among people of all ages in Cookstown/Magherafelt and surrounding areas by providing or assisting in the provision of appropriate locally based counselling services for those in need. 1. to provide a free counselling service, at point of access to service user, to people from all communities for the benefit of the general public (within the "area of benefit"); 2. to promote mental well-being of all people accessing such services; c. to promote the preservation and protection of mental health among people of all ages by providing or assisting in the provision of appropriate locally-based counselling services for those in need who would not otherwise be able to avail of such services through lack of means.

What the charity does: The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Counselling/support, Education/training, Human rights/equality, Research/evaluation, Volunteer development

Who the charity helps: Addictions (drug/solvent/alcohol abuse),Adult training,Carers,Ex-offenders and prisoners,General public,Mental health,Parents,Sexual orientation,Volunteers

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£43,088	£38,405	£0	0

Trustees

Name	Role	Appointed
Austin O'neill		
Miss Kerri Louise Kelly		
Miss Rebecca Coney		
Miss Sarah Connor		
Mr Glenn Duffy		
Mr Joseph Coney		
Mr Paul Coney		
Mrs Jolene Graham		
Ms Kathleen Mclernon		

Mid-Ulster Association for Counselling & Psychotherapy (MACP)

Northern Ireland - Charity number 102875

Accounts

M.A.C.P

Unit A Annagher Services. 137 Annagher Road, Coalisland, Co. Tyrone, BT71 4NE

Receipts & Payments For The Year Ended 5th April 2025

Receipts

Opening Balance	Bank	12128.12
	Cash	2442.96
Grant		28996.00
Training		240.00
Counselling services		7793.80
Donations and Fundraising		1678.34
Gift Aid		1937.53

Payments

Fixture, Fitting & Equipment	1251.17
Shared Grant	5000.00
Marketing	604.20
Rent	9662.00
Light and Heat	3394.85
Event costs	3734.69
Stationery and postage	538.92
Telephone and internet	1393.56
Professional fees	
Insurances	183.09
Repairs and renewals	2650.18
Subscriptions	566.24
Training costs	3588.20
Counellor fees	1321.25
Sunries expenses	4516.92

Closing Balance Bank 16811.48

55216.75

55216.75

Accountants Report

We have prepared the above Accounts from the records, information and explanations supplied to us and we certify that they are in accordance therewith.

Coalisland,
Co. Tyrone.

O'Hagan McGlinchey
O'Hagan, McGlinchey & Co.
Accountants & Auditors

28th July 2025

Mid-Ulster Association for Counselling & Psychotherapy (MACP)

Northern Ireland - Charity number 102875

Accounts

O'Hagan, McGlinchey & Co.

ACCOUNTANTS

Independent Examiners Report

M.A.C.P

Independent examiner's report to the charity trustees of M.A.C.P.

We report on the accounts of the Trust for the year ended 5th April 2024, which are set out on pages 01 to 02.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is our responsibility to:

- Examine the accounts under Section 65 of the Charities Act
- Follow the procedures laid down in the general Directions given by the Commissions under Section 65(9)(b) of the Charities Act
- State whether particular matters have come to my attention

Basis of independent examiner's report

We have examined your charity accounts as required under Section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act.

Our examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning such matters.

Our role is to state whether any material matters have come to our attention giving us cause to believe:

1. That accounting records were not kept in accordance with Section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

We have completed our examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no matters that require drawing to your attention.

O'Hagan McGlinchey

O'Hagan, McGlinchey & Co.
Accountants
32-34 Dungannon Road
Coalisland
Co. Tyrone
BT71 4HP

12th November 2024

O'Hagan McGlinchey & Co is a trading name for O'Hagan McGlinchey Ltd
36 Dungannon Road, Coalisland, Co Tyrone. BT71 4HP
Telephone number; 028 8774 8133 Email; accounts@ohmcg.com Website; www.ohaganmcglinchey.com
Company No; NI664964 VAT Reg No; 333 8390 94

M.A.C.P
Unit A Annagher Services, 137 Annagher Road, Coalisland, Co. Tyrone, BT71 4NE

Receipts & Payments For The Year Ended 5th April 2024

Receipts

Opening Balance	Bank	21200.40
Grant		20792.00
Training		1080.00
Counselling services		10173.84
Donations and Fundraising		3156.51
Gift Aid		3335.63

Payments

Fixture, Fitting & Equipment	
Marketing	789.00
Rent	7992.00
Light and Heat	2645.87
Event costs	
Stationery and psotage	1586.12
Telephone and internet	1262.06
Professional fees	
Insurances	1130.10
Repairs and renewals	3007.60
Subscriptions	594.20
Training costs	6851.60
Counellor fees	16675.00
Sunries expenses	2633.75

Closing Balance	Cash	2442.96
	Bank	12128.12

59738.38

59738.38

Accountants Report

We have prepared the above Accounts from the records, information and explanations supplied to us and we certify that they are in accordance therewith.

Coalisland,
Co. Tyrone.

O'Hagan McGlinchey

O'Hagan, McGlinchey & Co.
Accountants & Auditors

12th November 2024

Mid-Ulster Association for Counselling & Psychotherapy (MACP)

Northern Ireland - Charity number 102875

Annual report



MID-ULSTER ASSOCIATION FOR COUNSELLING & PSYCHOTHERAPY ANNUAL REPORT 2024

**Registered charity number XT38505 & Charity Commission Number NIC102875
Address Unit A, 137 Annagher Rd, Coalisland BT71 4NE**

NAMES OF THE BOARD MEMBERS NOMINATED & ELECTED BOARD MEMBER ROLE

- Chairperson Joe Coney
- Vice Chair Kerri Louise Kelly
- Treasurer Sarah Connor
- Board Member Austin O'Neill
- Board Member Jolene Graham
- Board Member Kathleen McLernon
- Board Member Glenn Duffy
- Board Member Paul Coney
- Board Member Roberta Tamosaityte

STRUCTURE, GOVERNANCE AND MANAGEMENT

- Type of governing document: Constitution
- How the charity is constituted: Association
- Board selection methods: Election

SUMMARY OF THE OBJECTS OF THE CHARITY

This project will provide a much-needed opportunity to work directly with service users and expand counselling and talking therapy services in line with demand and help provide support services for people with ill mental health in the Mid Ulster area.

Further, it will allow MACP the capacity to ensure that all referrals (both self-referrals and referrals from GP partners and other organisations) can be taken and people supported with appropriate support, unique to their needs when they require it.

PROGRESS & ACHIEVEMENTS

1. Our counsellors are provided every six weeks with CPD workshops provided by professionals such as qualified social workers. Workshops completed in: Attachment Theory, Self-Care, Counselling Supervision, Ethics and the Law, Child Trauma and An Existential Relational Approach to Counselling.

2. We are currently working on expanding our group therapies. The counsellors have attended Saturday Schools where they have covered creative therapies
3. We have taken referrals from more local agencies across Mid Ulster from the start of this project Agencies such as: Mid Ulster Social Services. Network Personel, Action for Children, Belfast Central Mission, Physical Disability Team, Extern, Probation Officers and the Mid Ulster Mental Health Team.
4. GPs in Mid Ulster and surrounding areas are more aware of our services and continue to refer clients to our service to help alleviate pressure they face on a daily basis
5. We currently have 35 volunteer counsellors and two qualified counsellors to help provide our service.

We can see on a monthly basis the difference we can make to individuals. We continue on a monthly basis to improve the awareness of promoting good mental health in and around our community whether through social media, information events, posters, word of mouth and even more through our street collections at Easter and Christmas

Testimonial: *“I was so anxious at first going to counselling but I cannot recommend this service enough. Without a shadow of a doubt if I ever have to recommend counselling this service is outstanding”.*

Testimonial: *“I recently finished counselling with my counsellor. I just wanted to say Thank You for the service received and Thank the counsellor for being there for me each week helping me to overcome a traumatic event. Words cannot describe how grateful I am. The counsellor is brilliant at his job and his patience advice and guidance meant a lot so I can get over the trauma and get back to some normality”.*

We also see our counsellors and volunteers developing as they attend workshops and their monthly supervision whether one to one or group.

MACP are immensely proud of their achievements and levels of support to date and are motivated to continue to enhance the quality and reach of our services. We know good mental health is an asset and is linked to supporting positive economic and social outcomes for the whole of community and surrounding areas

Mid-Ulster Association for Counselling & Psychotherapy (MACP)

Northern Ireland - Charity number 102875

Annual return

O'Hagan, McGlinchey & Co.

ACCOUNTANTS

Independent Examiners Report

M.A.C.P

Independent examiner's report to the charity trustees of M.A.C.P.

We report on the accounts of the Trust for the year ended 5th April 2024, which are set out on pages 01 to 02.

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- Examine the accounts under Section 65 of the Charities Act
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Basis of independent examiner's report

We have examined your charity accounts as required under Section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act.

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12th November 2024

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Mid-Ulster Association for Counselling & Psychotherapy (MACP)

Northern Ireland - Charity number 102875

Accounts

M.A.C.P
64 Main Street, Coalisland, Co. Tyrone, BT71 4NB

Receipts & Payments For The Year Ended 5th April 2023

Receipts

Opening Balance	Bank	67733.17
Grant		500.00
Halifax Foundation		0.00
Counselling services		13005.26
Donations and Fundraising		5741.93
Gift Aid		4898.84

Payments

Fixture, Fitting & Equipment	6741.63
Marketing	960.20
Rent	8349.50
Light and Heat	2775.66
Event costs	6471.31
Stationery and postage	764.22
Telephone and internet	1349.30
Professional fees	5040.00
Insurances	1094.06
Repairs and renewals	6421.45
Subscriptions	2443.52
Training costs	4878.48
Counsellor fees	21250.00
Sundry expenses	2139.47

Closing Balance Bank 21200.40


91879.20

91879.20

Accountants Report

We have prepared the above Accounts from the records, information and explanations supplied to us and we certify that they are in accordance therewith.

Coalisland,
Co. Tyrone.


O'Hagan, McGlinchey & Co.
Accountants & Auditors

19th October 2023

O'Hagan, McGlinchey & Co.

ACCOUNTANTS

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Mid-Ulster Association for Counselling & Psychotherapy (MACP)

Northern Ireland - Charity number 102875

Annual report



Name: Mid-Ulster Association for Counselling & Psychotherapy

ANNUAL REPORT

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Address Unit A, 137 Annagher Rd, Coalisland BT71 4NE**

NAMES OF THE BOARD MEMBERS NOMINATED & ELECTED BOARD MEMBER ROLE

- Chairperson Joe Coney
- Vice Chair Brian Hagan
- Secretary Daniel Whitelaw
- Treasurer Sarah Connor
- Board Member Austin O'Neill
- Board Member Jolene Graham
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STRUCTURE, GOVERNANCE AND MANAGEMENT

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PROGRESS & ACHIEVEMENTS

1. Our counsellors are provided every six weeks with CPD workshops provided by professionals such as qualified social workers. Workshops completed in: Attachment Theory, Self-Care, Play Therapy, Ethics and the Law, Child Trauma and An Existential Relational Approach to Counselling.

2. We have recently increased from two qualified counsellors to ten since beginning the project and from fifteen volunteer counsellors to twenty.
3. We are currently working on expanding our group therapies and introducing Walk and Talk therapy. The counsellors have attended Saturday Schools where they have covered creative therapies
4. We have taken referrals from more local agencies across Mid Ulster from the start of this project and with the Covid restrictions gradually easing. Agency list at present: Mid Ulster Social Services. Local nursing home staff, Network Personnel, Action for Children, Belfast Central Mission, Physical Disability Team, Extern, Probation Officers and the Mid Ulster Mental Health Team.
5. GPs located in Mid Ulster are more aware of our service and continue to refer suitable clients into our service to help alleviate pressure they face on a daily basis

We can see on a weekly basis the difference we can make to individuals by making them aware of our free counselling service and promoting good mental health in and around our community whether through social media, information events, posters in GP Practices or by word of mouth. In the feedback we receive from clients

Testimonial: "I was so anxious at first going to counselling but I cannot recommend this service enough. Without a shadow of a doubt if I ever have to recommend counselling this service is outstanding".

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O'Hagan, McGlinchey & Co.

Accountants
32-34 Dungannon Road
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19th October 2023

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