

Rice Charitable Family Trust

Northern Ireland · Charity number 102871

Details

Known as	Lifeskilz
Status	Received
Registered	2015-06-10
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	32 Ravensdene Park Belfast 32 Ravensdene Park Bt6 0da BT6 ODA
Phone	07545056153
Email	des@cco.uk.com

Activities

Purposes: The Trust is established for charitable purposes, and in particular to promote religion, advance education, promote the relief of poverty and provide facilities in the interests of social welfare for those in circumstances of need as the Board of Directors in their discretion may determine.

What the charity does: The prevention or relief of poverty, The advancement of education, The advancement of religion, The advancement of citizenship or community development, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage, Other charitable purposes

How the charity works: Advice/advocacy/information, Community development, Community enterprise, Counselling/support, Cross-border/cross-community, Education/training, General charitable purposes, Relief of poverty, Religious activities, Research/evaluation, Welfare/benevolent

Who the charity helps: Community safety/crime prevention, General public, Mental health

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£0	£445	£0	0

Trustees

Name	Role	Appointed
Dr Desmond Rice Obe		
Dr Kevin Donaghy		
Mr Bryan Rice		

Rice Charitable Family Trust

Northern Ireland - Charity number 102871

Accounts

COMPANY REGISTRATION NUMBER NI052123

RICE FAMILY CHARITABLE TRUST

COMPANY LIMITED BY
GUARANTEE

FINANCIAL STATEMENTS

31 MARCH 2025

Charity Number 102871

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Year ended 31 March 2025

Contents page	
Members of the trust and professional advisers	1
Trustees Annual Report	3
Independent examiners report	6
Statement of financial activities (incorporating the income and expenditure account)	8
Balance sheet	9

Page 1

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Members of the trust and professional advisers

Registered charity name Rice Family Charitable Trust

Charity number 102871

Company registration number NI052123

Principal and registered office

29 Ravenhill Park
Belfast
Co Antrim
BT6 0DE

Trustees

Mr D Rice
Mr B Rice
Mr K Donaghy

Page 2

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Trustees annual report

Year ended 31 March 2025

The trustees, who are also directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered Office: 29 Ravenhill Park, Belfast, Co Antrim, BT6 0DE

Company Registration No.: NI052123

Northern Ireland Charity Commission No.: 102871

The trustees

The trustees who served the charity during the period were as follows:

Mr D Rice

Mr B Rice

Mr K Donaghy

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 21 October 2004, and as such the liability of each of its members is limited. The company is governed by its board of directors who operate as detailed in the governing document for the charity, which is the Memorandum and Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Organisation

The charity is managed by the Board of Directors who may exercise all the powers of the Trust.

Objectives and activities

Purposes

The Trust exists to promote religion, advance education, promote the relief of poverty and provide facilities in the interests of social welfare for those in circumstances of need as the Board of Directors in their discretion may determine.

Activities & Beneficiaries

During the year the charity provide further training to individuals on emotional mastery

Page 3

and goal setting. They were taught the psychoeducation associated with stress, and learned the tools used to support their own emotional wellbeing and that of the children they support. By controlling their emotions, the individuals will therefore be more likely to avoid worry, anxiety and depression.

The public benefits of the Trust are considered to outweigh the potential harm, and there should be no private benefit.

The trustees have taken instruction on both the Charities Act 2008 and the Companies Act 2006. They have considered in particular the obligations imposed under the public benefits test of the Charities Act 2008 and can confirm that the charity meets the criteria set down therein. Rice Family Charitable Trust became registered with The Charity Commission for Northern Ireland on 20 March 2015.

Page 4

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Trustees annual report (continued)

Year ended 31 March 2025

Financial review

The detailed results for the period, and the company's financial position at the period end are shown in the attached financial statements.

The total unrestricted incoming resources for the period amounted to £0 (2024: £0), with expenditure of £445 (2024: £4,831), resulting in net incoming expenditure for the year of £445 (2024: (£4,831)). There were unrestricted funds of £30,671 (2024: £31,116) at the year end.

Reserves Policy

The trustees feel that as the amount of administrative expenditure is minimal, the company does not need to hold significant amounts in reserves. At present there are positive free reserves of £30,671 (2024: £31,116).

Statement of Compliance

In establishing the objectives and planning of distribution of grants for the year, the trustees have given careful consideration to the Charity Commission for Northern Ireland's guidance (section 4b of the Charities Act) on public benefit to ensure that the activities have helped to achieve the trust's purposes and provides a benefit to beneficiaries.

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Mr B Rice

Charity Trustee

25 January 2026

Page 6

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Independent examiners report to the charity trustees of Rice Family Charitable Trust

Year ended 31 March 2025

I report on the accounts of the company for the year ended 31 March 2025, which are set out on pages 7 to 8.

Respective responsibilities of charity trustees and examiner

As the charity trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies

Page 7

Act 2006

2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 39 6 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no matters that require drawing to your attention.

 29/1/26

Mr B Niblock

ACCA

Statement of financial activities (incorporating the income and expenditure account)

Category	Restricted Funds (£)	Unrestricted Funds (£)	Total Funds 2025 (£)
Incoming resources			
Donations	-	-	-
Investment income	-	-	-
Total incoming resources	-	-	-
Resources expended			
Investment management costs	-	-	-
Charitable activities	-	445	445
Total resources expended	-	445	445
Net incoming/(outgoing) resources for the year	-	-445	-445
Unrealised gains on investments	-	-	-
Net income/(expenses) for the year	-	-445	-445
Reconciliation of funds			
Total funds brought forward	-	31,116	31,116
Total funds carried forward	-	30,671	30,671

Micro-entity Balance Sheet as at 31 March 2025

	<i>Notes</i>	<i>2025</i>	<i>2024</i>
		<i>£</i>	<i>£</i>
Current Assets		30,671	31,116
Net current assets (liabilities)		<u>30,671</u>	<u>31,116</u>
Total assets less current liabilities		<u>30,671</u>	<u>31,116</u>
Total net assets (liabilities)		<u>30,671</u>	<u>31,116</u>
Reserves		<u>30,671</u>	<u>31,116</u>

- For the year ending 31 March 2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Rice Charitable Family Trust

Northern Ireland - Charity number 102871

Accounts

COMPANY REGISTRATION NUMBER NI052123

RICE FAMILY CHARITABLE TRUST

COMPANY LIMITED BY
GUARANTEE

FINANCIAL STATEMENTS

31 MARCH 2024

Charity Number 102871

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Year ended 31 March 2024

Contents page	
Members of the trust and professional advisers	1
Trustees Annual Report	3
Independent examiners report	5
Statement of financial activities (incorporating the income and expenditure account)	7
Balance sheet	8

Page 1

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Members of the trust and professional advisers

Registered charity name Rice Family Charitable Trust

Charity number 102871

Company registration number NI052123

Principal and registered office

29 Ravenhill Park
Belfast
Co Antrim
BT6 0DE

Trustees

Mr D Rice
Mr B Rice
Mr K Donaghy

Page 2

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Trustees annual report

Year ended 31 March 2024

The trustees, who are also directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2024.

Reference and administrative details

Registered Office: 29 Ravenhill Park, Belfast, Co Antrim, BT6 0DE

Company Registration No.: NI052123

Northern Ireland Charity Commission No.: 102871

The trustees

The trustees who served the charity during the period were as follows:

Mr D Rice

Mr B Rice

Mr K Donaghy

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 21 October 2004, and as such the liability of each of its members is limited. The company is governed by its board of directors who operate as detailed in the governing document for the charity, which is the Memorandum and Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Organisation

The charity is managed by the Board of Directors who may exercise all the powers of the Trust.

Objectives and activities

Purposes

The Trust exists to promote religion, advance education, promote the relief of poverty and provide facilities in the interests of social welfare for those in circumstances of need as the Board of Directors in their discretion may determine.

Activities & Beneficiaries

During the year the charity provide further training to individuals on emotional mastery

and goal setting. They were taught the psychoeducation associated with stress, and learned the tools used to support their own emotional wellbeing and that of the children they support. By controlling their emotions, the individuals will therefore be more likely to avoid worry, anxiety and depression.

The public benefits of the Trust are considered to outweigh the potential harm, and there should be no private benefit.

The trustees have taken instruction on both the Charities Act 2008 and the Companies Act 2006. They have considered in particular the obligations imposed under the public benefits test of the Charities Act 2008 and can confirm that the charity meets the criteria set down therein. Rice Family Charitable Trust became registered with The Charity Commission for Northern Ireland on 20 March 2015.

Page 3

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Trustees annual report (continued)

Year ended 31 March 2024

Financial review

The detailed results for the period, and the company's financial position at the period end are shown in the attached financial statements.

The total unrestricted incoming resources for the period amounted to £0 (2023: £100), with expenditure of £4,831 (2023: £6,215), resulting in net incoming expenditure for the year of £4,831 (2023: (£6,115)). There were unrestricted funds of £31,116 (2021: £35,947) at the year end.

Reserves Policy

The trustees feel that as the amount of administrative expenditure is minimal, the company does not need to hold significant amounts in reserves. At present there are positive free reserves of £31,116 (2021: £35,947).

Statement of Compliance

In establishing the objectives and planning of distribution of grants for the year, the trustees have given careful consideration to the Charity Commission for Northern Ireland's guidance (section 4b of the Charities Act) on public benefit to ensure that the activities have helped to achieve the trust's purposes and provides a benefit to beneficiaries.

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Handwritten signature of Mr B Rice, consisting of stylized initials 'BR' followed by a flourish.

Mr B Rice

Charity Trustee

15 December 2025

Page 5

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Independent examiners report to the charity trustees of Rice Family Charitable Trust

Year ended 31 March 2024

I report on the accounts of the company for the year ended 31 March 2024, which are set out on pages 7 to 8.

Respective responsibilities of charity trustees and examiner

As the charity trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving cause to believe:

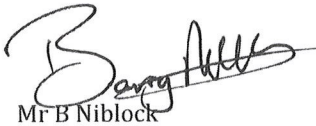
1. That accounting records were not kept in accordance with section 386 of the Companies

Act 2006

2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 39 6 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no matters that require drawing to your attention.



Mr B Niblock

ACCA

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Statement of financial activities (incorporating the income and expenditure account)

Category	Restricted Funds (£)	Unrestricted Funds (£)	Total Funds 2024 (£)
Incoming resources			
Donations	-	-	-
Investment income	-	-	-
Total incoming resources	-	-	-
Resources expended			
Investment management costs	-	-	-
Charitable activities	-	4,831	4,831
Total resources expended	-	4,831	4,831
Net incoming/(outgoing) resources for the year	-	-4,831	-4,831
Unrealised gains on investments	-	-	-
Net income/(expenses) for the year	-	-4,831	-4,831
Reconciliation of funds			
Total funds brought forward	-	35,947	35,947
Total funds carried forward	-	31,116	31,116

Micro-entity Balance Sheet as at 31 March 2024

	<i>Notes</i>	<i>2024</i>	<i>2023</i>
		£	£
Fixed Assets		-	-
Current Assets		31,116	36,076
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		-	(1,860)
Net current assets (liabilities)		<u>31,116</u>	<u>34,216</u>
Total assets less current liabilities		<u>31,116</u>	<u>34,216</u>
Total net assets (liabilities)		<u>31,116</u>	<u>34,216</u>
Reserves		<u>31,116</u>	<u>34,216</u>

- For the year ending 31 March 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Rice Charitable Family Trust

Northern Ireland - Charity number 102871

Annual report

COMPANY REGISTRATION NUMBER NI052123

RICE FAMILY CHARITABLE TRUST

COMPANY LIMITED BY
GUARANTEE

FINANCIAL STATEMENTS

31 MARCH 2024

Charity Number 102871

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Year ended 31 March 2024

Contents page	
Members of the trust and professional advisers	1
Trustees Annual Report	3
Independent examiners report	5
Statement of financial activities (incorporating the income and expenditure account)	7
Balance sheet	8

Page 1

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Members of the trust and professional advisers

Registered charity name Rice Family Charitable Trust

Charity number 102871

Company registration number NI052123

Principal and registered office

29 Ravenhill Park
Belfast
Co Antrim
BT6 0DE

Trustees

Mr D Rice
Mr B Rice
Mr K Donaghy

Page 2

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Trustees annual report

Year ended 31 March 2024

The trustees, who are also directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2024.

Reference and administrative details

Registered Office: 29 Ravenhill Park, Belfast, Co Antrim, BT6 0DE

Company Registration No.: NI052123

Northern Ireland Charity Commission No.: 102871

The trustees

The trustees who served the charity during the period were as follows:

Mr D Rice

Mr B Rice

Mr K Donaghy

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 21 October 2004, and as such the liability of each of its members is limited. The company is governed by its board of directors who operate as detailed in the governing document for the charity, which is the Memorandum and Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Organisation

The charity is managed by the Board of Directors who may exercise all the powers of the Trust.

Objectives and activities

Purposes

The Trust exists to promote religion, advance education, promote the relief of poverty and provide facilities in the interests of social welfare for those in circumstances of need as the Board of Directors in their discretion may determine.

Activities & Beneficiaries

During the year the charity provide further training to individuals on emotional mastery

and goal setting. They were taught the psychoeducation associated with stress, and learned the tools used to support their own emotional wellbeing and that of the children they support. By controlling their emotions, the individuals will therefore be more likely to avoid worry, anxiety and depression.

The public benefits of the Trust are considered to outweigh the potential harm, and there should be no private benefit.

The trustees have taken instruction on both the Charities Act 2008 and the Companies Act 2006. They have considered in particular the obligations imposed under the public benefits test of the Charities Act 2008 and can confirm that the charity meets the criteria set down therein. Rice Family Charitable Trust became registered with The Charity Commission for Northern Ireland on 20 March 2015.

Page 3

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Trustees annual report (continued)

Year ended 31 March 2024

Financial review

The detailed results for the period, and the company's financial position at the period end are shown in the attached financial statements.

The total unrestricted incoming resources for the period amounted to £0 (2023: £100), with expenditure of £4,831 (2023: £6,215), resulting in net incoming expenditure for the year of £4,831 (2023: (£6,115)). There were unrestricted funds of £31,116 (2021: £35,947) at the year end.

Reserves Policy

The trustees feel that as the amount of administrative expenditure is minimal, the company does not need to hold significant amounts in reserves. At present there are positive free reserves of £31,116 (2021: £35,947).

Statement of Compliance

In establishing the objectives and planning of distribution of grants for the year, the trustees have given careful consideration to the Charity Commission for Northern Ireland's guidance (section 4b of the Charities Act) on public benefit to ensure that the activities have helped to achieve the trust's purposes and provides a benefit to beneficiaries.

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Handwritten signature of Mr B Rice, consisting of stylized initials 'BR' followed by a flourish.

Mr B Rice

Charity Trustee

15 December 2025

Page 5

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Independent examiners report to the charity trustees of Rice Family Charitable Trust

Year ended 31 March 2024

I report on the accounts of the company for the year ended 31 March 2024, which are set out on pages 7 to 8.

Respective responsibilities of charity trustees and examiner

As the charity trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving cause to believe:

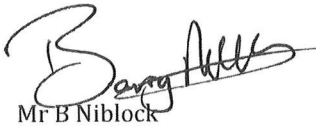
1. That accounting records were not kept in accordance with section 386 of the Companies

Act 2006

2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 39 6 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no matters that require drawing to your attention.



Mr B Niblock

ACCA

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Statement of financial activities (incorporating the income and expenditure account)

Category	Restricted Funds (£)	Unrestricted Funds (£)	Total Funds 2024 (£)
Incoming resources			
Donations	-	-	-
Investment income	-	-	-
Total incoming resources	-	-	-
Resources expended			
Investment management costs	-	-	-
Charitable activities	-	4,831	4,831
Total resources expended	-	4,831	4,831
Net incoming/(outgoing) resources for the year	-	-4,831	-4,831
Unrealised gains on investments	-	-	-
Net income/(expenses) for the year	-	-4,831	-4,831
Reconciliation of funds			
Total funds brought forward	-	35,947	35,947
Total funds carried forward	-	31,116	31,116

Micro-entity Balance Sheet as at 31 March 2024

	<i>Notes</i>	<i>2024</i>	<i>2023</i>
		£	£
Fixed Assets		-	-
Current Assets		31,116	36,076
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		-	(1,860)
Net current assets (liabilities)		<u>31,116</u>	<u>34,216</u>
Total assets less current liabilities		<u>31,116</u>	<u>34,216</u>
Total net assets (liabilities)		<u>31,116</u>	<u>34,216</u>
Reserves		<u>31,116</u>	<u>34,216</u>

- For the year ending 31 March 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Rice Charitable Family Trust

Northern Ireland - Charity number 102871

Annual return

COMPANY REGISTRATION NUMBER NI052123

RICE FAMILY CHARITABLE TRUST

COMPANY LIMITED BY
GUARANTEE

FINANCIAL STATEMENTS

31 MARCH 2024

Charity Number 102871

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Year ended 31 March 2024

Contents page	
Members of the trust and professional advisers	1
Trustees Annual Report	3
Independent examiners report	5
Statement of financial activities (incorporating the income and expenditure account)	7
Balance sheet	8

Page 1

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Members of the trust and professional advisers

Registered charity name Rice Family Charitable Trust

Charity number 102871

Company registration number NI052123

Principal and registered office

29 Ravenhill Park
Belfast
Co Antrim
BT6 0DE

Trustees

Mr D Rice
Mr B Rice
Mr K Donaghy

Page 2

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Trustees annual report

Year ended 31 March 2024

The trustees, who are also directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2024.

Reference and administrative details

Registered Office: 29 Ravenhill Park, Belfast, Co Antrim, BT6 0DE

Company Registration No.: NI052123

Northern Ireland Charity Commission No.: 102871

The trustees

The trustees who served the charity during the period were as follows:

Mr D Rice

Mr B Rice

Mr K Donaghy

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 21 October 2004, and as such the liability of each of its members is limited. The company is governed by its board of directors who operate as detailed in the governing document for the charity, which is the Memorandum and Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Organisation

The charity is managed by the Board of Directors who may exercise all the powers of the Trust.

Objectives and activities

Purposes

The Trust exists to promote religion, advance education, promote the relief of poverty and provide facilities in the interests of social welfare for those in circumstances of need as the Board of Directors in their discretion may determine.

Activities & Beneficiaries

During the year the charity provide further training to individuals on emotional mastery

and goal setting. They were taught the psychoeducation associated with stress, and learned the tools used to support their own emotional wellbeing and that of the children they support. By controlling their emotions, the individuals will therefore be more likely to avoid worry, anxiety and depression.

The public benefits of the Trust are considered to outweigh the potential harm, and there should be no private benefit.

The trustees have taken instruction on both the Charities Act 2008 and the Companies Act 2006. They have considered in particular the obligations imposed under the public benefits test of the Charities Act 2008 and can confirm that the charity meets the criteria set down therein. Rice Family Charitable Trust became registered with The Charity Commission for Northern Ireland on 20 March 2015.

Page 3

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Trustees annual report (continued)

Year ended 31 March 2024

Financial review

The detailed results for the period, and the company's financial position at the period end are shown in the attached financial statements.

The total unrestricted incoming resources for the period amounted to £0 (2023: £100), with expenditure of £4,831 (2023: £6,215), resulting in net incoming expenditure for the year of £4,831 (2023: (£6,115)). There were unrestricted funds of £31,116 (2021: £35,947) at the year end.

Reserves Policy

The trustees feel that as the amount of administrative expenditure is minimal, the company does not need to hold significant amounts in reserves. At present there are positive free reserves of £31,116 (2021: £35,947).

Statement of Compliance

In establishing the objectives and planning of distribution of grants for the year, the trustees have given careful consideration to the Charity Commission for Northern Ireland's guidance (section 4b of the Charities Act) on public benefit to ensure that the activities have helped to achieve the trust's purposes and provides a benefit to beneficiaries.

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Mr B Rice

Charity Trustee

15 December 2025

Page 5

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Independent examiners report to the charity trustees of Rice Family Charitable Trust

Year ended 31 March 2024

I report on the accounts of the company for the year ended 31 March 2024, which are set out on pages 7 to 8.

Respective responsibilities of charity trustees and examiner

As the charity trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving cause to believe:

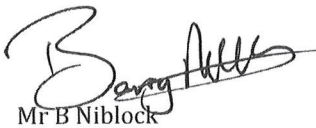
1. That accounting records were not kept in accordance with section 386 of the Companies

Act 2006

2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 39 6 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no matters that require drawing to your attention.



Mr B Niblock

ACCA

RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE

Statement of financial activities (incorporating the income and expenditure account)

Category	Restricted Funds (£)	Unrestricted Funds (£)	Total Funds 2024 (£)
Incoming resources			
Donations	-	-	-
Investment income	-	-	-
Total incoming resources	-	-	-
Resources expended			
Investment management costs	-	-	-
Charitable activities	-	4,831	4,831
Total resources expended	-	4,831	4,831
Net incoming/(outgoing) resources for the year	-	-4,831	-4,831
Unrealised gains on investments	-	-	-
Net income/(expenses) for the year	-	-4,831	-4,831
Reconciliation of funds			
Total funds brought forward	-	35,947	35,947
Total funds carried forward	-	31,116	31,116

Micro-entity Balance Sheet as at 31 March 2024

	<i>Notes</i>	<i>2024</i>	<i>2023</i>
		£	£
Fixed Assets		-	-
Current Assets		31,116	36,076
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		-	(1,860)
Net current assets (liabilities)		<u>31,116</u>	<u>34,216</u>
Total assets less current liabilities		<u>31,116</u>	<u>34,216</u>
Total net assets (liabilities)		<u>31,116</u>	<u>34,216</u>
Reserves		<u>31,116</u>	<u>34,216</u>

- For the year ending 31 March 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Rice Charitable Family Trust

Northern Ireland - Charity number 102871

Accounts

COMPANY REGISTRATION NUMBER NI052123

**RICE FAMILY CHARITABLE
TRUST**

**COMPANY LIMITED BY
GUARANTEE**

FINANCIAL STATEMENTS

31 MARCH 2022

Charity Number 102871

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Financial statements

Year ended 31 March 2022

Contents	page
Members of the trust and professional advisers	1
Trustees Annual Report	2
Independent examiners report	5
Statement of financial activities (incorporating the income and expenditure account)	7
Balance sheet	8
Notes to the financial statements	9

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Members of the trust and professional advisers

Registered charity name Rice Family Charitable Trust

Charity number 102871

Company registration number NI052123

Principal and registered office 29 Ravenhill Park
Belfast
Co Antrim
BT6 0DE

Trustees Mr D Rice
Mr B Rice
Mr K Donaghy

Accountant BDO Northern Ireland
Chartered Accountants
1st Floor, Metro Building
6-9 Donegall Square South
Belfast
BT1 5JA

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Trustees annual report

Year ended 31 March 2022

The trustees, who are also directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details

Registered Office: 29 Ravenhill Park, Belfast, Co Antrim, BT6 0DE

Company Registration No.: NI052123

Northern Ireland Charity Commission No.: 102871

The trustees

The trustees who served the charity during the period were as follows:

Mr D Rice

Mr B Rice

Mr K Donaghy

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 21 October 2004, and as such the liability of each of its members is limited. The company is governed by its board of directors who operate as detailed in the governing document for the charity, which is the Memorandum and Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Organisation

The charity is managed by the Board of Directors who may exercise all the powers of the Trust.

Objectives and activities

Purposes

The Trust exists to promote religion, advance education, promote the relief of poverty and provide facilities in the interests of social welfare for those in circumstances of need as the Board of Directors in their discretion may determine.

Activities & Beneficiaries

During the year the charity ran a number of seminars and webinars on emotional mastery and goal setting. Those trained were mainly school teachers and sports coaches. They were taught the psychoeducation associated with stress, and learned the tools used to support their own emotional wellbeing and that of the children they support. By controlling their emotions, the children will therefore be more likely to avoid worry, anxiety and depression.

The public benefits of the Trust are considered to outweigh the potential harm, and there should be no private benefit.

The trustees have taken instruction on both the Charities Act 2008 and the Companies Act 2006. They have considered in particular the obligations imposed under the public benefits test of the Charities Act 2008 and can confirm that the charity meets the criteria set down therein. Rice Family Charitable Trust became registered with The Charity Commission for Northern Ireland on 20 March 2015.

Achievements

During the year under review, a large number of teachers and sports coaches trained in this methodology have been extremely positive about the benefits.

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Trustees annual report *(continued)*

Year ended 31 March 2022

Financial review

The detailed results for the period, and the company's financial position at the period end are shown in the attached financial statements.

The total unrestricted incoming resources for the period amounted to £12,040 (2021: £24), with expenditure of £6,992 (2021: £450), resulting in net incoming resources for the year of £5,048 (2021: (£426)). There were unrestricted funds of £39,653 (2021: £34,605) at the year end.

The incoming resources of the charity in the year relate to donations received.

Reserves Policy

The trustees feel that as the amount of administrative expenditure is minimal, the company does not need to hold significant amounts in reserves. At present there are positive free reserves of £39,653 (2021: £34,605). These have arisen due to the timing of income and expenditure up to the year-end date.

Statement of Compliance

In establishing the objectives and planning of distribution of grants for the year, the trustees have given careful consideration to the Charity Commission for Northern Ireland's guidance (section 4b of the Charities Act) on public benefit to ensure that the activities have helped to achieve the trust's purposes and provides a benefit to beneficiaries.

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE**

Trustees annual report *(continued)*

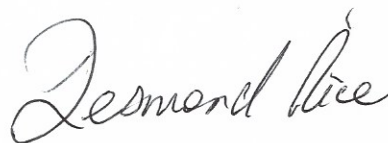
Year ended 31 March 2020

Small company exemptions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Registered office:
29 Ravenhill Park
Belfast
Co Antrim
BT1 0DE

Signed on behalf of the trustees

A handwritten signature in cursive script that reads "Desmond Rice".

29 March 2023

Mr D Rice
Charity Trustee

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Independent examiners report to the charity trustees of Rice Family Charitable Trust

Year ended 31 March 2022

We report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 7 to 12.

Respective responsibilities of charity trustees and examiner

As the charity trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied ourselves that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

Our role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

**RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE**


Independent examiners report to the charity trustees of Rice Family Charitable Trust *(continued)*

Year ended 31 March 2022

Independent examiner's statement

We have completed our examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no matters that require drawing to your attention.

1st Floor, Metro Building
6-9 Donegall Square South
Belfast
BT1 5JA



BDO Northern Ireland
Chartered Accountants

29 March 2023

**RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE**

Statement of financial activities (incorporating the income and expenditure account)

Year ended 31 March 2022

	Note	Restricted Funds £	Unrestricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Incoming resources					
Incoming resources from generating funds:					
Donations	4	-	12,040	12,040	-
Investment income	5	-	1	1	24
Total incoming resources		-	12,041	12,041	24
Resources expended					
Costs of generating funds:					
Investment management costs					
Charitable activities	6	-	6,993	6,993	(450)
Total resources expended		-	6,993	6,993	(450)
Net incoming/(outgoing) resources for the year					
	7	-	5,048	5,048	(426)
Unrealised gains on investments		-	-	-	-
Net income/(expenses) for the year		-	5,048	5,048	(426)
Reconciliation of funds					
Total funds brought forward		-	34,605	34,605	35,031
Total funds carried forward		-	39,653	39,653	34,605

The Statement of Financial Activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Balance sheet

31 March 2020

	Note	2020		2019	
		£	£	£	£
Current assets					
Cash at bank and in hand	8	<u>39,078</u>		<u>39,020</u>	
Creditors: Amounts falling due within one year	9	<u>4,047</u>		<u>3,597</u>	
Net current assets			35,031		35,423
Total assets less current liabilities			<u>35,031</u>		<u>35,423</u>
Net assets			<u>35,031</u>		<u>35,423</u>
Funds					
Unrestricted income funds			<u>35,031</u>		<u>35,423</u>
Total funds			<u>35,031</u>		<u>35,423</u>

The directors are satisfied that the charity is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476(1) of the Act.

The trustees acknowledge their responsibilities for:

- (i) ensuring that the charity keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charity.

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

These financial statements were approved by the trustees on 29 March 2023 and are signed on their behalf by:



Mr D Rice
Charity Trustee

Company Registration Number: NI052123

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Notes to the financial statements

Year ended 31 March 2022

1. General information

The financial statements comprising the Statement of financial activities (incorporating the income and expenditure account), the Balance Sheet and the related notes constitute the individual financial statements of Rice Family Charitable Trust for the financial year ended 31 March 2022.

The charitable company is a private company limited by guarantee without share capital, registered in Northern Ireland. The address of the registered office is 29 Ravenhill Park, Belfast, Co Antrim, BT6 0DE.

The principal activity of the public benefit entity during the year was a trust established for charitable purposes, and in particular to promote religion, advance education, promote the relief of poverty and provide facilities in the interests of social welfare.

2. Statement of compliance

These financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared on a going concern basis which assumes that the company will continue in operational existence for the foreseeable future.

The financial statements are presented in sterling, which is the functional currency of the entity.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The directors are of the opinion that no significant judgements were required in preparing the financial statements.

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Notes to the financial statements

Year ended 31 March 2022

3. Accounting policies *(continued)*

Resources expended

Resources expended are recognised in the period in which they are incurred.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the accounts fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of financial activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Fund accounting

The charity has one type of fund for which it is responsible, and which requires separate disclosure as follows:

Unrestricted funds

Funds which are expendable at the discretion of the committee in the furtherance of the objects of the charity. In addition, funds may be held in order to finance capital investment and working capital.

Cash and cash equivalents

Cash consists of cash at bank and in hand.

4. Donations

	Restricted Funds	Unrestricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Donations	—	12,040	12,040	-

5. Investment income

	Restricted Funds	Unrestricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Bank interest receivable	—	1	1	24

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Notes to the financial statements

Year ended 31 March 2022

6. Resources expended

	Restricted Funds £	Unrestricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<i><u>Direct Costs</u></i>				
Grants for charitable purposes to institutions	–	–	–	–
Grants for charitable purposes to individuals	–	–	–	–
Administration of Grants	–	–	–	–
Investment property management costs	–	–	–	–
Property rental costs	–	–	–	–
	–	–	–	–
<i><u>Support Costs</u></i>				
Governance Costs	–	6,993	6,993	450
Interest payable	–	–	–	–
	–	6,993	6,993	450
	–	6,993	6,993	450

7. Net incoming/(outgoing) resources for the year

This is stated after charging:

	2022 £	2021 £
Accountants fees	1,026	450

8. Staff costs and emoluments

No salaries or wages have been paid to employees, including the trustees, during the year.

No trustee expenses have been incurred in the year to 31 March 2022 (2021: £Nil).

9. Cash and cash equivalents

	2022 £	2021 £
Cash at bank	42,177	39,102

10. Creditors: Amounts falling due within one year

	2022 £	2021 £
Other creditors	2,524	4,497

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Notes to the financial statements

Year ended 31 March 2022

11. Unrestricted income funds

	Balance at 1 April 2021 £	Incoming resources £	Outgoing resources £	Gains and losses £	Balance at 31 March 2022 £
General Funds	<u>34,605</u>	<u>12,040</u>	<u>(6,992)</u>	<u>–</u>	<u>39,653</u>

12. Restricted income funds

For the year ended 31 March 2022, the charity had £Nil (2021: £Nil) restricted income funds.

13. Analysis of net assets between funds

	Net current assets £	Total £
Unrestricted Income Funds	<u>39,653</u>	<u>39,653</u>
Total Funds	<u>39,653</u>	<u>39,653</u>

14. Related party transactions

The Charity was under the control of the trustees throughout the current period.

During the year, a trustee donated £10,000 (2021: Nil) to the Charity. A trustee paid expenses totalling £3,597 (2021: £NIL) on behalf of the charity and the charity paid expenses on behalf of the trustee totalling £2,446 (2021: Nil). As at 31st March 2022 the amount owed to the trustee was £1,151 (2021: Nil).

Key Management Personnel are those persons having authority and responsibility for planning, directing and controlling the activities of the Charity. There was no remuneration paid to key management personnel during the year (2021: £Nil).

15. Company limited by guarantee

Rice Family Charitable Trust is a company limited by guarantee and as such does not have a share capital. The liability of each of its members is limited to £1.

16. Controlling party

During the year Rice Family Charitable Trust was under the control of its trustees.

Rice Charitable Family Trust

Northern Ireland - Charity number 102871

Annual report

Rice Family Charitable Trust / Lifeskilz report 2022

Activities and Beneficiaries

During the year the charity ran a number of seminars and webinars on emotional mastery and goal setting. Those trained were mainly schoolteachers and sports coaches. They were taught the psychoeducation associated with stress, and learned the tools used to support their own emotional wellbeing and that of the children they support. By controlling their emotions, the children will therefore be more likely to avoid worry, anxiety and depression.

Achievements.

A large number of teachers and sports coaches, trained in this methodology, have been extremely positive about the benefits.

Rice Charitable Family Trust

Northern Ireland - Charity number 102871

Annual return

COMPANY REGISTRATION NUMBER NI052123

**RICE FAMILY CHARITABLE
TRUST**

**COMPANY LIMITED BY
GUARANTEE**

FINANCIAL STATEMENTS

31 MARCH 2022

Charity Number 102871

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Financial statements

Year ended 31 March 2022

Contents	page
Members of the trust and professional advisers	1
Trustees Annual Report	2
Independent examiners report	5
Statement of financial activities (incorporating the income and expenditure account)	7
Balance sheet	8
Notes to the financial statements	9

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Members of the trust and professional advisers

Registered charity name Rice Family Charitable Trust

Charity number 102871

Company registration number NI052123

Principal and registered office 29 Ravenhill Park
Belfast
Co Antrim
BT6 0DE

Trustees Mr D Rice
Mr B Rice
Mr K Donaghy

Accountant BDO Northern Ireland
Chartered Accountants
1st Floor, Metro Building
6-9 Donegall Square South
Belfast
BT1 5JA

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Trustees annual report

Year ended 31 March 2022

The trustees, who are also directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details

Registered Office: 29 Ravenhill Park, Belfast, Co Antrim, BT6 0DE

Company Registration No.: NI052123

Northern Ireland Charity Commission No.: 102871

The trustees

The trustees who served the charity during the period were as follows:

Mr D Rice

Mr B Rice

Mr K Donaghy

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 21 October 2004, and as such the liability of each of its members is limited. The company is governed by its board of directors who operate as detailed in the governing document for the charity, which is the Memorandum and Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Organisation

The charity is managed by the Board of Directors who may exercise all the powers of the Trust.

Objectives and activities

Purposes

The Trust exists to promote religion, advance education, promote the relief of poverty and provide facilities in the interests of social welfare for those in circumstances of need as the Board of Directors in their discretion may determine.

Activities & Beneficiaries

During the year the charity ran a number of seminars and webinars on emotional mastery and goal setting. Those trained were mainly school teachers and sports coaches. They were taught the psychoeducation associated with stress, and learned the tools used to support their own emotional wellbeing and that of the children they support. By controlling their emotions, the children will therefore be more likely to avoid worry, anxiety and depression.

The public benefits of the Trust are considered to outweigh the potential harm, and there should be no private benefit.

The trustees have taken instruction on both the Charities Act 2008 and the Companies Act 2006. They have considered in particular the obligations imposed under the public benefits test of the Charities Act 2008 and can confirm that the charity meets the criteria set down therein. Rice Family Charitable Trust became registered with The Charity Commission for Northern Ireland on 20 March 2015.

Achievements

During the year under review, a large number of teachers and sports coaches trained in this methodology have been extremely positive about the benefits.

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Trustees annual report *(continued)*

Year ended 31 March 2022

Financial review

The detailed results for the period, and the company's financial position at the period end are shown in the attached financial statements.

The total unrestricted incoming resources for the period amounted to £12,040 (2021: £24), with expenditure of £6,992 (2021: £450), resulting in net incoming resources for the year of £5,048 (2021: (£426)). There were unrestricted funds of £39,653 (2021: £34,605) at the year end.

The incoming resources of the charity in the year relate to donations received.

Reserves Policy

The trustees feel that as the amount of administrative expenditure is minimal, the company does not need to hold significant amounts in reserves. At present there are positive free reserves of £39,653 (2021: £34,605). These have arisen due to the timing of income and expenditure up to the year-end date.

Statement of Compliance

In establishing the objectives and planning of distribution of grants for the year, the trustees have given careful consideration to the Charity Commission for Northern Ireland's guidance (section 4b of the Charities Act) on public benefit to ensure that the activities have helped to achieve the trust's purposes and provides a benefit to beneficiaries.

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE**

Trustees annual report *(continued)*

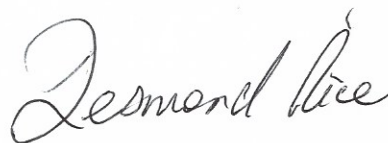
Year ended 31 March 2020

Small company exemptions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Registered office:
29 Ravenhill Park
Belfast
Co Antrim
BT1 0DE

Signed on behalf of the trustees

A handwritten signature in cursive script that reads "Desmond Rice".

29 March 2023

Mr D Rice
Charity Trustee

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Independent examiners report to the charity trustees of Rice Family Charitable Trust

Year ended 31 March 2022

We report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 7 to 12.

Respective responsibilities of charity trustees and examiner

As the charity trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied ourselves that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to our attention.

Basis of independent examiner's report

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

Our role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

**RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE**


Independent examiners report to the charity trustees of Rice Family Charitable Trust *(continued)*

Year ended 31 March 2022

Independent examiner's statement

We have completed our examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no matters that require drawing to your attention.

1st Floor, Metro Building
6-9 Donegall Square South
Belfast
BT1 5JA



BDO Northern Ireland
Chartered Accountants

29 March 2023

**RICE FAMILY CHARITABLE TRUST
COMPANY LIMITED BY GUARANTEE**

Statement of financial activities (incorporating the income and expenditure account)

Year ended 31 March 2022

	Note	Restricted Funds £	Unrestricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Incoming resources					
Incoming resources from generating funds:					
Donations	4	-	12,040	12,040	-
Investment income	5	-	1	1	24
Total incoming resources		-	12,041	12,041	24
Resources expended					
Costs of generating funds:					
Investment management costs					
Charitable activities	6	-	6,993	6,993	(450)
Total resources expended		-	6,993	6,993	(450)
Net incoming/(outgoing) resources for the year					
	7	-	5,048	5,048	(426)
Unrealised gains on investments		-	-	-	-
Net income/(expenses) for the year		-	5,048	5,048	(426)
Reconciliation of funds					
Total funds brought forward		-	34,605	34,605	35,031
Total funds carried forward		-	39,653	39,653	34,605

The Statement of Financial Activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Balance sheet

31 March 2020

	Note	2020		2019	
		£	£	£	£
Current assets					
Cash at bank and in hand	8	<u>39,078</u>		<u>39,020</u>	
Creditors: Amounts falling due within one year	9	<u>4,047</u>		<u>3,597</u>	
Net current assets			35,031		35,423
Total assets less current liabilities			<u>35,031</u>		<u>35,423</u>
Net assets			<u>35,031</u>		<u>35,423</u>
Funds					
Unrestricted income funds			<u>35,031</u>		<u>35,423</u>
Total funds			<u>35,031</u>		<u>35,423</u>

The directors are satisfied that the charity is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476(1) of the Act.

The trustees acknowledge their responsibilities for:

- (i) ensuring that the charity keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charity.

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

These financial statements were approved by the trustees on 29 March 2023 and are signed on their behalf by:



Mr D Rice
Charity Trustee

Company Registration Number: NI052123

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Notes to the financial statements

Year ended 31 March 2022

1. General information

The financial statements comprising the Statement of financial activities (incorporating the income and expenditure account), the Balance Sheet and the related notes constitute the individual financial statements of Rice Family Charitable Trust for the financial year ended 31 March 2022.

The charitable company is a private company limited by guarantee without share capital, registered in Northern Ireland. The address of the registered office is 29 Ravenhill Park, Belfast, Co Antrim, BT6 0DE.

The principal activity of the public benefit entity during the year was a trust established for charitable purposes, and in particular to promote religion, advance education, promote the relief of poverty and provide facilities in the interests of social welfare.

2. Statement of compliance

These financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared on a going concern basis which assumes that the company will continue in operational existence for the foreseeable future.

The financial statements are presented in sterling, which is the functional currency of the entity.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The directors are of the opinion that no significant judgements were required in preparing the financial statements.

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Notes to the financial statements

Year ended 31 March 2022

3. Accounting policies *(continued)*

Resources expended

Resources expended are recognised in the period in which they are incurred.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the accounts fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of financial activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Fund accounting

The charity has one type of fund for which it is responsible, and which requires separate disclosure as follows:

Unrestricted funds

Funds which are expendable at the discretion of the committee in the furtherance of the objects of the charity. In addition, funds may be held in order to finance capital investment and working capital.

Cash and cash equivalents

Cash consists of cash at bank and in hand.

4. Donations

	Restricted Funds	Unrestricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Donations	—	12,040	12,040	-

5. Investment income

	Restricted Funds	Unrestricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Bank interest receivable	—	1	1	24

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Notes to the financial statements

Year ended 31 March 2022

6. Resources expended

	Restricted Funds £	Unrestricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<i><u>Direct Costs</u></i>				
Grants for charitable purposes to institutions	–	–	–	–
Grants for charitable purposes to individuals	–	–	–	–
Administration of Grants	–	–	–	–
Investment property management costs	–	–	–	–
Property rental costs	–	–	–	–
	–	–	–	–
<i><u>Support Costs</u></i>				
Governance Costs	–	6,993	6,993	450
Interest payable	–	–	–	–
	–	6,993	6,993	450
	–	6,993	6,993	450

7. Net incoming/(outgoing) resources for the year

This is stated after charging:

	2022 £	2021 £
Accountants fees	1,026	450

8. Staff costs and emoluments

No salaries or wages have been paid to employees, including the trustees, during the year.

No trustee expenses have been incurred in the year to 31 March 2022 (2021: £Nil).

9. Cash and cash equivalents

	2022 £	2021 £
Cash at bank	42,177	39,102

10. Creditors: Amounts falling due within one year

	2022 £	2021 £
Other creditors	2,524	4,497

RICE FAMILY CHARITABLE TRUST COMPANY LIMITED BY GUARANTEE

Notes to the financial statements

Year ended 31 March 2022

11. Unrestricted income funds

	Balance at 1 April 2021 £	Incoming resources £	Outgoing resources £	Gains and losses £	Balance at 31 March 2022 £
General Funds	<u>34,605</u>	<u>12,040</u>	<u>(6,992)</u>	<u>–</u>	<u>39,653</u>

12. Restricted income funds

For the year ended 31 March 2022, the charity had £Nil (2021: £Nil) restricted income funds.

13. Analysis of net assets between funds

	Net current assets £	Total £
Unrestricted Income Funds	<u>39,653</u>	<u>39,653</u>
Total Funds	<u>39,653</u>	<u>39,653</u>

14. Related party transactions

The Charity was under the control of the trustees throughout the current period.

During the year, a trustee donated £10,000 (2021: Nil) to the Charity. A trustee paid expenses totalling £3,597 (2021: £NIL) on behalf of the charity and the charity paid expenses on behalf of the trustee totalling £2,446 (2021: Nil). As at 31st March 2022 the amount owed to the trustee was £1,151 (2021: Nil).

Key Management Personnel are those persons having authority and responsibility for planning, directing and controlling the activities of the Charity. There was no remuneration paid to key management personnel during the year (2021: £Nil).

15. Company limited by guarantee

Rice Family Charitable Trust is a company limited by guarantee and as such does not have a share capital. The liability of each of its members is limited to £1.

16. Controlling party

During the year Rice Family Charitable Trust was under the control of its trustees.