

RUTH Raising Up The Hurting Limited

Northern Ireland · Charity number 102851

Details

Known as RUTH

Status Received

Registered 2015-11-02

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address 77
Dungannon Road
Ballygawley
Dungannon
Co Tyrone
BT70 2ju
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Phone 07742421827

Email raisingupthehurting@mail.com

Website www.raisingupthehurting.org

Activities

Purposes: The company's objects and purposes are for the promotion, preservation and protection of physical and mental health and well-being, education of, but not restricted to, social skills, the relief of poverty, hardship and sickness of inhabitants (hereinafter called "the beneficiaries") of the Belfast area and other areas of Northern Ireland in particular, but not exclusively (hereinafter called the "area of benefit") without distinction of age, gender, disability, sexual orientation, nationality, ethnic identity, political or religious opinion, by associating the statutory authorities, community and voluntary organizations and the inhabitants in a common effort to advance education, health and relief of poverty and hardship and to provide facilities in the interests of social welfare for recreation or other leisure-time occupation, with the object of improving the conditions of life for the said inhabitants and in particular: (i) to relieve suffering and promote the preservation and protection of mental health of those people and their families in the area of benefit who are suffering or experiencing mental or emotional distress and anguish as a result of mental illness, emotional disability, drug and alcohol addiction, social and/or economic circumstances, domestic abuse and/or violence and difficulties in their personal lives by the provision of counselling, education, treatment and prevention projects; (ii) to promote or assist in promoting community capacity building programs and projects for the benefit of the inhabitants within the area of benefit who have need of such assistance as a result of their youth, age, disability or infirmity, or social and economic circumstances, in an effort to increase the abilities, life skills and self-confidence of such communities in the area of benefit; (iii) to relieve persons in conditions of need, homelessness, hardship, distress or sickness arising therefrom whether in connection with housing or accommodation or shelter or any other purposes (whether by loan gift the provision of accommodation or shelter or in any other way) in the Belfast area and in such other parts of Northern Ireland, in particular but not exclusively as the trustee directors may from time to time decide in accordance with the law of charity; (iv) to engage in relief projects and in the provision of resources, training and financial support to assist those in poverty, suffering and distress in the area of benefit in an effort to improve their quality of life; (v) to increase the effective of churches, relief organisations and individuals in the delivery of exclusively charitable services to the poor and needy in the area of benefit; (vi) to advance any other exclusively charitable purpose as the trustee directors, may from time to time, decide in accordance with the law of charity.

What the charity does: The prevention or relief of poverty, The advancement of education, The advancement of religion, The advancement of health or the saving of lives

How the charity works:

Accommodation/housing, Advice/advocacy/information, Counselling/support, Education/training, General charitable purposes, Relief of poverty, Religious activities, Sport/recreation

Who the charity helps: Addictions (drug/solvent/alcohol abuse), Adult training, Ex-offenders and prisoners, Homelessness, Men, Mental health, Parents, Specific areas of deprivation, Unemployed/low income, Victim support, Women, Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-22	£12,078	£11,622	£0	1

Trustees

Name	Role	Appointed
Joanne Smiton		
Mrs Cathy Mckeague		
Mrs Shirley Hutchinson		

RUTH Raising Up The Hurting Limited

Northern Ireland - Charity number 102851

Accounts

RUTH RAISING UP THE HURTING LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 JANUARY 2025

	Notes	Unrestricted fund £	Restricted fund £	31.1.25 Total funds £	31.1.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		7,421	-	7,421	6,922
EXPENDITURE ON					
Charitable activities					
Bank Charges		295	-	295	295
Sundries		158	-	158	13
Accountancy and Independent Examiner		588	-	588	360
Direct costs		3,409	-	3,409	5,105
Depreciation		104	-	104	111
Minibus expenses		3,228	-	3,228	4,033
Advertising		99	-	99	856
Stationery		42	-	42	93
Training		47	-	47	-
Trustees' salaries		3,063	-	3,063	2,163
Donation to hostel		-	-	-	2,500
Trustees' expenses		589	-	589	-
Total		11,622	-	11,622	15,529
NET INCOME/(EXPENDITURE)		(4,201)	-	(4,201)	(8,607)
RECONCILIATION OF FUNDS					
Total funds brought forward		12,078	-	12,078	20,685
TOTAL FUNDS CARRIED FORWARD		7,877	-	7,877	12,078

The notes form part of these financial statements

RUTH RAISING UP THE HURTING LIMITED

BALANCE SHEET
31 JANUARY 2025

	Notes	Unrestricted fund £	Restricted fund £	31.1.25 Total funds £	31.1.24 Total funds £
FIXED ASSETS					
Tangible assets	5	653	-	653	757
CURRENT ASSETS					
Cash at bank		7,680	-	7,680	12,041
CREDITORS					
Amounts falling due within one year	6	(456)	-	(456)	(720)
NET CURRENT ASSETS		<u>7,224</u>	<u>-</u>	<u>7,224</u>	<u>11,321</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>7,877</u>	<u>-</u>	<u>7,877</u>	<u>12,078</u>
NET ASSETS		<u>7,877</u>	<u>-</u>	<u>7,877</u>	<u>12,078</u>
FUNDS	7				
Unrestricted funds				<u>7,877</u>	<u>12,078</u>
TOTAL FUNDS				<u>7,877</u>	<u>12,078</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2025.

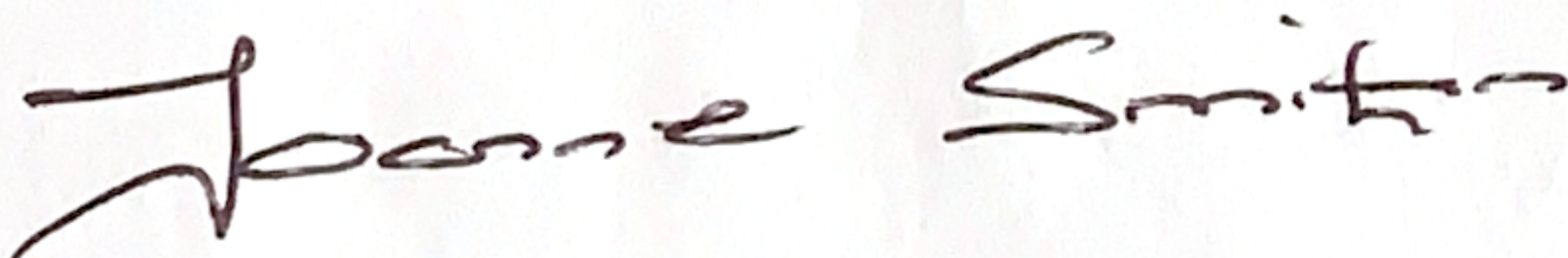
The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 December 2025 and were signed on its behalf by:



J Smiton - Trustee

RUTH Raising Up The Hurting Limited

Northern Ireland - Charity number 102851

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JANUARY 2024
FOR
RUTH RAISING UP THE HURTING LIMITED

Patton Rainey Stenson Limited
Chartered Accountants
6 East Bridge Street
Enniskillen
Co. Fermanagh
BT74 7BT

RUTH RAISING UP THE HURTING LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 JANUARY 2024

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REPORT OF THE TRUSTEES
for the Year Ended 31 JANUARY 2024

The Trustees present their annual report together with the financial statements of RUTH Raising Up the Hurting Limited for the year ended 31 January 2024..

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The company's objectives and purposes are for the promotion, preservation and protection of physical and mental health and well-being, education of, but not restricted to, social skills, the relief of poverty, hardship and sickness of inhabitants of the the Belfast area and other areas of Northern Ireland in particular, but not exclusively without distinction of age, gender, disability, sexual orientation, nationality, ethnic identity, political or religious opinion, by associating the statutory authorities, community and voluntary organisations and the inhabitants in a common effort to advance education, health and relief of poverty and hardship and to provide facilities in the interests of social welfare for recreation or other leisure - time occupation, with the object of improving the conditions of life for the said inhabitants and in particular:

- (i) to relieve suffering and promote the the preservation and protection of mental health of those people and their families in the area of benefit who are suffering or experiencing mental or emotional distress and anguish as a result of mental illness, emotional disability, drug and alcohol addiction, social and/or economic circumstances, domestic abuse and/or violence and difficulties in their personal lives by the provision of counselling, education, treatment and prevention projects;
- (ii) to promote, or assist in promoting community capacity building programmes and projects for the benefit of the inhabitants within the area of benefit who have need of such assistance as a result of their youth, age, disability or infirmity, or social and economic circumstances, in an effort to increase the abilities, life skills and self confidence of such communities in the area of benefit;
- (iii) to relieve persons in conditions of need, homelessness, hardship, distress or sickness arising therefrom whether in connection with housing or accommodation or shelter or any other purposes in the Belfast area and in such other parts of Northern Ireland, in particular but not exclusively as the trustee directors may from time to time decide in accordance with the law of charity;
- (iv) to engage in relief projects and in the provision of resources, training and financial support to assist those in poverty, suffering and distress in the area of benefit in an effort to improve their quality of life;
- (v) to increase the use of churches, relief organisations and individuals in the delivery of exclusively charitable services to the poor and needy in the area of benefit;
- (vi) to advance any other exclusively charitable purpose as the trustee directors, may from time to time, decide in accordance with the law of charity.

The Trustees have read and taken regard of the Charity Commission for Northern Ireland's guidance on Public Benefit and on Public Benefit reporting.

FINANCIAL REVIEW

Financial position

The results for the year ended 31 January 2024 are set out on pages 4 and 5 of the financial statements. The total income for the year ended 31 January 2024 amounted to £6,922 (2023- 6,325). The majority of income received in both years was donations received. The charity held £12,041 in cash reserves at the year end (2023 - £20,537). This equates to approximately one year of the charity's charitable expenditure at current rates. The trustees are reviewing the reserves policy in the current year.

FUTURE PLANS

The charity intends to continue the work it preforms for the benefit of the public, while seeking additional sources of funding.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

RUTH RAISING UP THE HURTING LIMITED (REGISTERED NUMBER: NI616419)

REPORT OF THE TRUSTEES
for the Year Ended 31 JANUARY 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI616419 (Northern Ireland)

Registered Charity number

102851

Registered office

77 Dungannon Road

Ballygawley

Dungannon

Co. Tyrone

BT702JU

Trustees

J Smiton

S Hutchinson

J Dumigan

M Dumigan

Independent Examiner

Stephanie Stenson FCA

Patton Rainey Stenson Limited

Chartered Accountants

6 East Bridge Street

Enniskillen

Co. Fermanagh

BT74 7BT

Approved by order of the board of trustees on 28 October 2024 and signed on its behalf by:



J Smiton - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
RUTH RAISING UP THE HURTING LIMITED**

I report on the accounts of the company for the year ended 31 January 2024, which are set out on pages four to nine.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Stephanie Stenson FCA

Patton Rainey Stenson Limited
Chartered Accountants
6 East Bridge Street
Enniskillen
Co. Fermanagh
BT74 7BT

28 October 2024

RUTH RAISING UP THE HURTING LIMITED**STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 JANUARY 2024**

	Notes	Unrestricted fund £	Restricted fund £	31.1.24 Total funds £	31.1.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		<u>6,922</u>	<u>-</u>	<u>6,922</u>	<u>6,325</u>
EXPENDITURE ON					
Charitable activities					
Bank Charges		295	-	295	290
Sundries		13	-	13	214
Accountancy and Independent Examiner		360	-	360	360
Direct costs		5,105	-	5,105	5,263
Depreciation		111	-	111	34
Minibus expenses		4,033	-	4,033	2,019
Advertising		856	-	856	110
Stationery		93	-	93	151
Training		-	-	-	924
Trustees' salaries		2,163	-	2,163	1,821
Donation to hostel		2,500	-	2,500	-
Total		<u>15,529</u>	<u>-</u>	<u>15,529</u>	<u>11,186</u>
NET INCOME/(EXPENDITURE)		(8,607)	-	(8,607)	(4,861)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>20,685</u>	<u>-</u>	<u>20,685</u>	<u>25,546</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>12,078</u></u>	<u><u>-</u></u>	<u><u>12,078</u></u>	<u><u>20,685</u></u>

The notes form part of these financial statements

RUTH RAISING UP THE HURTING LIMITED (REGISTERED NUMBER: NI616419)

BALANCE SHEET
31 JANUARY 2024

	Notes	Unrestricted fund £	Restricted fund £	31.1.24 Total funds £	31.1.23 Total funds £
FIXED ASSETS					
Tangible assets	5	757	-	757	868
CURRENT ASSETS					
Cash at bank		12,041	-	12,041	20,537
CREDITORS					
Amounts falling due within one year	6	(720)	-	(720)	(720)
NET CURRENT ASSETS		<u>11,321</u>	<u>-</u>	<u>11,321</u>	<u>19,817</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>12,078</u>	<u>-</u>	<u>12,078</u>	<u>20,685</u>
NET ASSETS		<u>12,078</u>	<u>-</u>	<u>12,078</u>	<u>20,685</u>
FUNDS					
Unrestricted funds	7			12,078	20,685
TOTAL FUNDS				<u>12,078</u>	<u>20,685</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28 October 2024 and were signed on its behalf by:



J Smiton - Trustee

The notes form part of these financial statements

RUTH RAISING UP THE HURTING LIMITED

NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 JANUARY 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

- Freehold property - 10% on cost
- Plant and machinery - 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.1.24	31.1.23
	£	£
Depreciation - owned assets	111	34
	<u> </u>	<u> </u>

RUTH RAISING UP THE HURTING LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 JANUARY 2024

3. TRUSTEES' REMUNERATION AND BENEFITS

During the year ended 31 January 2024 one of the trustees Mrs Joanne Smiton received income for services amounting to £2,163 (2023 - £1,821). No other trustees received remuneration.

Trustees' expenses

During the year ended 31 January 2024 no Trustees' received payment for expenses. (2023 - £NIL).

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

31.1.24	31.1.23
1	1
=====	=====

No employees received emoluments in excess of £60,000

5. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Totals £
COST			
At 1 February 2023 and 31 January 2024	850	578	1,428
	-----	-----	-----
DEPRECIATION			
At 1 February 2023	85	475	560
Charge for year	85	26	111
	-----	-----	-----
At 31 January 2024	170	501	671
	-----	-----	-----
NET BOOK VALUE			
At 31 January 2024	680	77	757
	=====	=====	=====
At 31 January 2023	765	103	868
	=====	=====	=====

RUTH RAISING UP THE HURTING LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 JANUARY 2024****6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.1.24	31.1.23
	£	£
Accrued expenses	720	720
	<u>720</u>	<u>720</u>

7. MOVEMENT IN FUNDS

	At 1.2.23	Net movement in funds	At 31.1.24
	£	£	£
Unrestricted funds			
General fund	20,685	(8,607)	12,078
	<u>20,685</u>	<u>(8,607)</u>	<u>12,078</u>
TOTAL FUNDS	<u>20,685</u>	<u>(8,607)</u>	<u>12,078</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	6,922	(15,529)	(8,607)
	<u>6,922</u>	<u>(15,529)</u>	<u>(8,607)</u>
TOTAL FUNDS	<u>6,922</u>	<u>(15,529)</u>	<u>(8,607)</u>

Comparatives for movement in funds

	At 1.2.22	Net movement in funds	At 31.1.23
	£	£	£
Unrestricted funds			
General fund	25,546	(4,861)	20,685
	<u>25,546</u>	<u>(4,861)</u>	<u>20,685</u>
TOTAL FUNDS	<u>25,546</u>	<u>(4,861)</u>	<u>20,685</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	6,325	(11,186)	(4,861)
	<u>6,325</u>	<u>(11,186)</u>	<u>(4,861)</u>
TOTAL FUNDS	<u>6,325</u>	<u>(11,186)</u>	<u>(4,861)</u>

RUTH RAISING UP THE HURTING LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 JANUARY 2024

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.2.22 £	Net movement in funds £	At 31.1.24 £
Unrestricted funds			
General fund	25,546	(13,468)	12,078
TOTAL FUNDS	<u>25,546</u>	<u>(13,468)</u>	<u>12,078</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,247	(26,715)	(13,468)
TOTAL FUNDS	<u>13,247</u>	<u>(26,715)</u>	<u>(13,468)</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2024.

RUTH Raising Up The Hurting Limited

Northern Ireland - Charity number 102851

Annual report

RUTH RAISING UP THE HURTING LIMITED (REGISTERED NUMBER: NI616419)

REPORT OF THE TRUSTEES
for the Year Ended 31 JANUARY 2024

The Trustees present their annual report together with the financial statements of RUTH Raising Up the Hurting Limited for the year ended 31 January 2024..

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The company's objectives and purposes are for the promotion, preservation and protection of physical and mental health and well-being, education of, but not restricted to, social skills, the relief of poverty, hardship and sickness of inhabitants of the the Belfast area and other areas of Northern Ireland in particular, but not exclusively without distinction of age, gender, disability, sexual orientation, nationality, ethnic identity, political or religious opinion, by associating the statutory authorities, community and voluntary organisations and the inhabitants in a common effort to advance education, health and relief of poverty and hardship and to provide facilities in the interests of social welfare for recreation or other leisure - time occupation, with the object of improving the conditions of life for the said inhabitants and in particular:

- (i) to relieve suffering and promote the the preservation and protection of mental health of those people and their families in the area of benefit who are suffering or experiencing mental or emotional distress and anguish as a result of mental illness, emotional disability, drug and alcohol addiction, social and/or economic circumstances, domestic abuse and/or violence and difficulties in their personal lives by the provision of counselling, education, treatment and prevention projects;
- (ii) to promote, or assist in promoting community capacity building programmes and projects for the benefit of the inhabitants within the area of benefit who have need of such assistance as a result of their youth, age, disability or infirmity, or social and economic circumstances, in an effort to increase the abilities, life skills and self confidence of such communities in the area of benefit;
- (iii) to relieve persons in conditions of need, homelessness, hardship, distress or sickness arising therefrom whether in connection with housing or accommodation or shelter or any other purposes in the Belfast area and in such other parts of Northern Ireland, in particular but not exclusively as the trustee directors may from time to time decide in accordance with the law of charity;
- (iv) to engage in relief projects and in the provision of resources, training and financial support to assist those in poverty, suffering and distress in the area of benefit in an effort to improve their quality of life;
- (v) to increase the use of churches, relief organisations and individuals in the delivery of exclusively charitable services to the poor and needy in the area of benefit;
- (vi) to advance any other exclusively charitable purpose as the trustee directors, may from time to time, decide in accordance with the law of charity.

The Trustees have read and taken regard of the Charity Commission for Northern Ireland's guidance on Public Benefit and on Public Benefit reporting.

FINANCIAL REVIEW

Financial position

The results for the year ended 31 January 2024 are set out on pages 4 and 5 of the financial statements. The total income for the year ended 31 January 2024 amounted to £6,922 (2023- 6,325). The majority of income received in both years was donations received. The charity held £12,041 in cash reserves at the year end (2023 - £20,537). This equates to approximately one year of the charity's charitable expenditure at current rates. The trustees are reviewing the reserves policy in the current year.

FUTURE PLANS

The charity intends to continue the work it preforms for the benefit of the public, while seeking additional sources of funding.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

RUTH RAISING UP THE HURTING LIMITED (REGISTERED NUMBER: NI616419)

REPORT OF THE TRUSTEES
for the Year Ended 31 JANUARY 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI616419 (Northern Ireland)

Registered Charity number

102851

Registered office

77 Dungannon Road
Ballygawley
Dungannon
Co. Tyrone
BT702JU

Trustees

J Smiton
S Hutchinson
J Dumigan
M Dumigan

Independent Examiner

Stephanie Stenson FCA
Patton Rainey Stenson Limited
Chartered Accountants
6 East Bridge Street
Enniskillen
Co. Fermanagh
BT74 7BT

Approved by order of the board of trustees on 28 October 2024 and signed on its behalf by:



J Smiton - Trustee

RUTH Raising Up The Hurting Limited

Northern Ireland - Charity number 102851

Annual return

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
RUTH RAISING UP THE HURTING LIMITED**

I report on the accounts of the company for the year ended 31 January 2024, which are set out on pages four to nine.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Stephanie Stenson FCA

Patton Rainey Stenson Limited
Chartered Accountants
6 East Bridge Street
Enniskillen
Co. Fermanagh
BT74 7BT

28 October 2024

RUTH Raising Up The Hurting Limited

Northern Ireland - Charity number 102851

Accounts

RUTH RAISING UP THE HURTING LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 JANUARY 2023

	Notes	Unrestricted fund £	Restricted fund £	31.1.23 Total funds £	31.1.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		6,325	-	6,325	15,761
EXPENDITURE ON					
Charitable activities					
Bank Charges		290	-	290	286
Sundries		214	-	214	13
Accountancy and Independent Examiner		360	-	360	360
Direct costs		7,084	-	7,084	7,259
Depreciation		34	-	34	46
Minibus expenses		2,019	-	2,019	1,483
Advertising		110	-	110	76
Stationery		151	-	151	28
Training		924	-	924	-
Total		11,186	-	11,186	9,551
NET INCOME/(EXPENDITURE)		(4,861)	-	(4,861)	6,210
RECONCILIATION OF FUNDS					
Total funds brought forward		25,546	-	25,546	19,336
TOTAL FUNDS CARRIED FORWARD		20,685	-	20,685	25,546

The notes form part of these financial statements

RUTH RAISING UP THE HURTING LIMITED

BALANCE SHEET
31 JANUARY 2023

	Notes	Unrestricted fund £	Restricted fund £	31.1.23 Total funds £	31.1.22 Total funds £
FIXED ASSETS					
Tangible assets	5	868	-	868	902
CURRENT ASSETS					
Cash at bank		20,537	-	20,537	25,004
CREDITORS					
Amounts falling due within one year	6	(720)	-	(720)	(360)
NET CURRENT ASSETS		<u>19,817</u>	<u>-</u>	<u>19,817</u>	<u>24,644</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>20,685</u>	<u>-</u>	<u>20,685</u>	<u>25,546</u>
NET ASSETS		<u>20,685</u>	<u>-</u>	<u>20,685</u>	<u>25,546</u>
FUNDS	7				
Unrestricted funds				<u>20,685</u>	<u>25,546</u>
TOTAL FUNDS				<u>20,685</u>	<u>25,546</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2023.

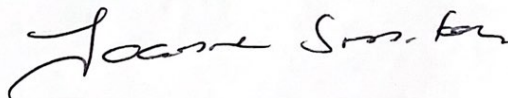
The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 November 2023 and were signed on its behalf by:



J Smiton - Trustee

The notes form part of these financial statements

RUTH RAISING UP THE HURTING LIMITED

NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 JANUARY 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 10% on cost
Plant and machinery	- 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.1.23	31.1.22
	£	£
Depreciation - owned assets	34	46
	<u> </u>	<u> </u>

RUTH RAISING UP THE HURTING LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 JANUARY 2023

3. TRUSTEES' REMUNERATION AND BENEFITS

During the year ended 31 January 2023 one of the trustees Mrs Joanne Smiton received income for services amounting to £1,821 (2022 - £1,602). No other trustees received remuneration.

Trustees' expenses

During the year ended 31 January 2023 one of the Trustees Mrs Joanne Smiton received expenses of £NIL (2022 - £NIL).

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

31.1.23	31.1.22
0	0
<u>0</u>	<u>0</u>

No employees received emoluments in excess of £60,000

5. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Totals £
COST			
At 1 February 2022 and 31 January 2023	850	578	1,428
DEPRECIATION			
At 1 February 2022	85	441	526
Charge for year	-	34	34
At 31 January 2023	85	475	560
NET BOOK VALUE			
At 31 January 2023	<u>765</u>	<u>103</u>	<u>868</u>
At 31 January 2022	<u>765</u>	<u>137</u>	<u>902</u>

RUTH RAISING UP THE HURTING LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 JANUARY 2023

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.1.23	31.1.22
	£	£
Accrued expenses	<u>720</u>	<u>360</u>

7. MOVEMENT IN FUNDS

	At 1.2.22	Net movement in funds	At 31.1.23
	£	£	£
Unrestricted funds			
General fund	25,546	(4,861)	20,685
TOTAL FUNDS	<u>25,546</u>	<u>(4,861)</u>	<u>20,685</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	6,325	(11,186)	(4,861)
TOTAL FUNDS	<u>6,325</u>	<u>(11,186)</u>	<u>(4,861)</u>

Comparatives for movement in funds

	At 1.2.21	Net movement in funds	At 31.1.22
	£	£	£
Unrestricted funds			
General fund	19,336	6,210	25,546
TOTAL FUNDS	<u>19,336</u>	<u>6,210</u>	<u>25,546</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	15,761	(9,551)	6,210
TOTAL FUNDS	<u>15,761</u>	<u>(9,551)</u>	<u>6,210</u>

RUTH RAISING UP THE HURTING LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 JANUARY 2023

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.2.21 £	Net movement in funds £	At 31.1.23 £
Unrestricted funds			
General fund	19,336	1,349	20,685
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>19,336</u>	<u>1,349</u>	<u>20,685</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	22,086	(20,737)	1,349
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>22,086</u>	<u>(20,737)</u>	<u>1,349</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2023.

RUTH RAISING UP THE HURTING LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 JANUARY 2023

	31.1.23	31.1.22
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	6,325	15,761
Total incoming resources	<u>6,325</u>	<u>15,761</u>
EXPENDITURE		
Charitable activities		
Direct costs	7,084	7,259
Minibus expenses	2,019	1,483
Accountancy and Independent Examiner	360	360
Bank charges	290	286
Sundries	214	13
	<u>9,967</u>	<u>9,401</u>
Support costs		
Management		
Stationery & Computer Costs	151	28
Advertising	110	76
Training	924	-
	<u>1,185</u>	<u>104</u>
Finance		
Depreciation of tangible fixed assets	34	46
Total resources expended	<u>11,186</u>	<u>9,551</u>
Net (expenditure)/income	<u>(4,861)</u>	<u>6,210</u>

This page does not form part of the statutory financial statements

RUTH Raising Up The Hurting Limited

Northern Ireland - Charity number 102851

Annual report

RUTH RAISING UP THE HURTING LIMITED

REPORT OF THE TRUSTEES **for the Year Ended 31 JANUARY 2023**

The Trustees present their annual report together with the financial statements of RUTH Raising Up the Hurting Limited for the year ended 31 January 2023..

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The company's objectives and purposes are for the promotion, preservation and protection of physical and mental health and well-being, education of, but not restricted to, social skills, the relief of poverty, hardship and sickness of inhabitants of the the Belfast area and other areas of Northern Ireland in particular, but not exclusively without distinction of age, gender, disability, sexual orientation, nationality, ethnic identity, political or religious opinion, by associating the statutory authorities, community and voluntary organisations and the inhabitants in a common effort to advance education, health and relief of poverty and hardship and to provide facilities in the interests of social welfare for recreation or other leisure - time occupation, with the object of improving the conditions of life for the said inhabitants and in particular:

- (i) to relieve suffering and promote the the preservation and protection of mental health of those people and their families in the area of benefit who are suffering or experiencing mental or emotional distress and anguish as a result of mental illness, emotional disability, drug and alcohol addiction, social and/or economic circumstances, domestic abuse and/or violence and difficulties in their personal lives by the provision of counselling, education, treatment and prevention projects;
- (ii) to promote, or assist in promoting community capacity building programmes and projects for the benefit of the inhabitants within the area of benefit who have need of such assistance as a result of their youth, age, disability or infirmity, or social and economic circumstances, in an effort to increase the abilities, life skills and self confidence of such communities in the area of benefit;
- (iii) to relieve persons in conditions of need, homelessness, hardship, distress or sickness arising therefrom whether in connection with housing or accommodation or shelter or any other purposes in the Belfast area and in such other parts of Northern Ireland, in particular but not exclusively as the trustee directors may from time to time decide in accordance with the law of charity;
- (iv) to engage in relief projects and in the provision of resources, training and financial support to assist those in poverty, suffering and distress in the area of benefit in an effort to improve their quality of life;
- (v) to increase the use of churches, relief organisations and individuals in the delivery of exclusively charitable services to the poor and needy in the area of benefit;
- (vi) to advance any other exclusively charitable purpose as the trustee directors, may from time to time, decide in accordance with the law of charity.

The Trustees have read and taken regard of the Charity Commission for Northern Ireland's guidance on Public Benefit and on Public Benefit reporting.

FINANCIAL REVIEW

Financial position

The results for the year ended 31 January 2023 are set out on pages 4 and 5 of the financial statements. The total income for the year ended 31 January 2023 amounted to £6,325 (2022- £15,761). The majority of income received in both years was donations received. The charity held £20,537 in cash reserves at the year end (2022 - £25,004). This equates to approximately two years of the charity's charitable expenditure at current rates. The trustees are reviewing the reserves policy in the current year.

FUTURE PLANS

The charity intends to continue the work it preforms for the benefit of the public, while seeking additional sources of funding.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

RUTH RAISING UP THE HURTING LIMITED

REPORT OF THE TRUSTEES

for the Year Ended 31 JANUARY 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI616419 (Northern Ireland)

Registered Charity number

102851

Registered office

77 Dungannon Road
Ballygawley
Dungannon
Co. Tyrone
BT702JU

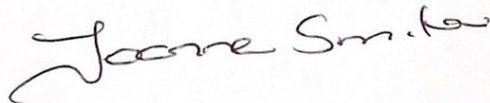
Trustees

J Smiton
S Hutchinson
Mrs J Dumigan
M Dumigan

Independent Examiner

Stephanie Stenson FCA
Patton Rainey Stenson Limited
Chartered Accountants
6 East Bridge Street
Enniskillen
Co. Fermanagh
BT74 7BT

Approved by order of the board of trustees on 25 November 2023 and signed on its behalf by:



J Smiton - Trustee

RUTH Raising Up The Hurting Limited

Northern Ireland - Charity number 102851

Annual return



Patton Rainey Stenson Limited

Chartered Accountants and Registered Auditors

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RUTH RAISING UP THE HURTING LIMITED

I report on the accounts of the company for the year ended 31 January 2023, which are set out on pages four to nine.

Respective responsibilities of charity trustees and examiner

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Stephanie Stenson FCA

Patton Rainey Stenson Limited
Chartered Accountants
6 East Bridge Street
Enniskillen
Co. Fermanagh
BT74 7BT

25 November 2023