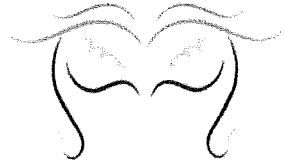




ENAGH SENIORS GROUP
Year ending
31 March 2025

**Charity NI Registration
number:
NIC102505**

Enagh Seniors Group Annual Report
Year ending
31 March 2025



Trustees Report 1 April 2024 to 31 March 2025

OBJECTIVES AND ACTIVITIES:

The Enagh Seniors Group was established to relieve poverty, sickness and assist the aged and to promote the benefit of the inhabitants of the Enagh/Maydown/Strathfoyle and its environs without distinction of age, gender, race, political, religious or other opinion by association with the statutory authorities, voluntary organisations and inhabitants in a common effort to advance education and to provide facilities in the interests of social welfare for recreation or other leisure-time, occupation with the object of improving the conditions of life for the inhabitants.

ACHIEVEMENTS AND PERFORMANCE:

Enagh Seniors were the recipients of an award of £6140 from the National Lottery Community Fund. To support this a Project Officer (PO) was appointed by the Committee to run the project and control the finance associated with the project spend.

The first trip was an outing to Seamus Heaney Centre, Bellaghy. The PO costed a bus from several local bus companies. She liaised with the Heaney Centre to organise tea, coffee, scones and traybakes for the group on arrival. One of the guides agreed to speak to the group following the refreshments followed by an audio guided tour. We left for lunch at the Mid-Ulster Garden Centre. Following lunch, a friend of the POs took us on a tour of St Lurach's Old Church in Maghera and then of the Walled Garden which was quite close by.

The next outing was to Enniskillen Castle on 04/07/24 with lunch and free time in the town. We visited the Celtic Saints Garden at Lisnakea on the way home. This was part-funded out of the National Lottery Fund award, Enagh Seniors own funds, and the bus was funded by Strathfoyle Community Association.



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Ally Foyle have been a fabulous support to Enagh Seniors providing facilitators with crafting, cooking and art whilst reminiscing and thoroughly enjoying all these activities. We have lots of hand-make evidence of these enjoyable sessions.

In addition, we had funded classes for jewellery making with Irene Campbell. These were enjoyed and pushed us out of our comfort zones which was well received.

Nuala McKeever of North Start Wellbeing provided two Wellbeing Sessions to Enagh Seniors in October 2024. These helped us look at prioritising our health and wellbeing for the incoming winter. Some mindfulness sessions were also included which were also well received.

The Police Safety Warden attended at a group meeting and advised the group about looking after their own safety and supplied them with some handy safety items.

MISCELLANEOUS:

We ordered a box of promotional flags and a cheque from the National Lottery HQ. We used the flags at the Heaney Centre, Enniskillen outing and the tree planting morning at St Columb's Park. We applied for funds for the Antiques Roadshow in Belfast in August. We had confirmation of the application but were unsuccessful in obtaining tickets.

VISITOR FOR THE GROUP:

The PO organised for Michael Fryer from the NI War Museum in Belfast to come and talk to the group on 14 May. He is keen to work with groups outside of Belfast and specifically in the Derry area. He brought along some memorabilia which aided discussion and brought back memories for the group. He showed us some film relating to the Blitz during WW2.

The PO applied for funding for Chair Yoga for the group. This is the only exercise that the group can do safely and without causing injury to anyone. Two rounds of funding were gratefully received from the Brandywell & Bogside funding round. This enabled Chair Yoga to be undertaken for 48 sessions of yoga with the remaining sessions covered by the National Lottery Community Fund.

for MacMillan with Libraries NI as so many people in the area are morning marketed by Libraries NI. It is a privilege to be able to do this raised in 2024. Apparently, this is the highest amount for a coffee times albeit some choose to remain for most of the morning. £534 was The event runs from 10am to 12pm with people attending at differing with invited guests and open invitation to the local neighbourhood. provided by ESG members. The event was marketed by Libraries NI baked goods, scones, apple tarts, sandwiches and jams were all In September 2024 we had our usual MacMillan Coffee morning. The planting was funded out of the National Community Fund award.

write up in the local newspapers and social media. The event and tree The events itself was a success with a great attendance and a super people. High viz vests were ordered and collected prior to the event. booked the Cafe in the Park for tea, coffee and refreshments for 30 Mayor attended along with some Politicians and Church Leaders. We drowned in Enagh Lough and the boy who tried to save them. The Memorial tree planting ceremony in memory of two boys who Enagh Seniors PO organised the schedule and invitations for the

TREE PLANTING MORNING – SATURDAY 22 JUNE 2024:

ESG were also involved in the organisation of a U boat talk and discussion at Strathfoyle Library. This was done in association with local historians and a gentleman who was there on the day! There was a great attendance with many sharing their experiences and memorabilia.





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Enagh Seniors have a connection with a cross-border group from Sligo. Their senior group travelled by bus from Sligo to Derry on 11 December 2024 to participate in the Mayor's Christmas Tea Dance. They were treated to tea, sandwiches and cakes, provided by members of ESG, in Strathfoyle before attending the Guildhall for the festive afternoon. Together with Enagh Seniors Group they had an enjoyable afternoon with the Mayor and danced the afternoon away. Strathfoyle Community Association annual dinner dance took place in December in the Belfray Country Inn with a good attendance of ESG members.

The group also attended the local Pantomime with their grandchildren at the Millennium Forum. This was thoroughly enjoyed by all. A bus was organised to collect everyone and return them home. This was funded by the National Lottery Community Fund Award.

ESG applied for membership of NICVA, Northern Ireland Council for Voluntary Action and were graciously accepted.

FINANCIAL REVIEW:

The accounts are on an additional document. In the absence of funding, the insurance and accountancy costs were funded out of reserves from previous projects and ESG funding efforts. This was sufficient to sustain our activities whilst applying for additional project funds.



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Assets:

- | | |
|---|----------------------|
| 1 | Large sewing machine |
| 2 | Small sewing machine |
| 3 | 1 Pad |

Approved by the Trustees on

17.2.26

and signed on their behalf by

Marie Coyle

Ms Marie Coyle, Chairperson