

St Michael's Amateur Boxing Club

Northern Ireland · Charity number 102461

Details

Status	Overdue
Registered	2015-11-17
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	Unit 18 Tully Business Park Springbank Way Belfast BT17 0ql BT17 0QL
Phone	07851 208142
Email	joepollock94@gmail.com

Activities

Purposes: The objectives of the Club are to promote the preservation and protection of health by the provision of facilities for recreation or other leisure-time occupation in the interests of social welfare for the benefit of the local public in West and South Belfast (hereafter called the "area of benefit") without regard to age, ability, disability, ethnic identity, nationality or religion and in particular to educate and assist people of all ages through boxing and other recreational activities so as to develop their physical fitness, mental and emotional capacities so that they may grow to full maturity as individuals and citizens and that their conditions of life may be improved.

What the charity does: The advancement of amateur sport

How the charity works: Sport/recreation

Who the charity helps: Children (5-13 year olds),Men,Women,Youth (14-25 year olds)

Finances

Period end	Income	Expenditure	Assets	Employees
2024-01-31	£6,274	£4,711	£0	0

Trustees

Name	Role	Appointed
John Ward		
Mr Darren Pollock		
Mr Gerard Murphy		
Mr Joe Pollock		

Accounts

St Michael's Amateur Boxing Club
Boxing Club

ACCOUNTS FOR PERIOD 1st February 2023 to 31st January 2024

St Michael's Amateur Boxing Club

Boxing Club

BUSINESS REPORT PERIOD 1st February 2023
TO 31st January 2024

BUSINESS REPORT

REPORT OF THE ACCOUNTANT

ACCOUNTANT'S CERTIFICATE

INCOME AND EXPENDITURE ACCOUNT

SCHEDULES OF INCOME AND EXPENDITURE

BALANCE SHEET

Accountants

L. McEvoy & Co. were appointed accountants by the business and have expressed their willingness to continue in office

REPORT OF THE ACCOUNTANTS

St Michael's Amateur Boxing Club

Boxing Club

We have completed our examination and have no concerns in respect of the matters (1) to (4) listed above and in connection with the, following the Directions of the Charity Commission for Northern Ireland, we have found no matters that require drawing to your attention.



L. McEvoy & Co
ACCA
Auditors & Accountants
Suite 11, Europa Tool House
Springbank Industrial Estate,
Dunmurry
BT17 0QL

12th November 2024



St Michael's Amateur Boxing Club

Boxing Club

Income & Expenditure Account

for the period 1st February 2023 to 31st January 2024

	Notes	31st January 2024
Income (as per attached details)	1	6,274
Expenditure	2	4,711
Operating Surplus		1563
Interest payable and similiar charges		0
		1563

SCHEDULE OF INCOME

SUBSCRIPTIONS & KEEP FIT	1033
SKIPATHON	380
ANDY FENNEL	560
FRANK DENNY	1000
HALIFAX GRANT	2400
AIBA	500
SPONSOR WALK	401
	6274

SCHEDULE OF EXPENDITURE

RENT	2600.00
H/L	311.40
ACC FEE	30.00
MOTOR	30.00
PROF FEES	470.00
WAGES	130.00
ADV & STAT	120.00
TRACKSUITS	734.00
WATER RATES	156.00
EQUIPMENT	130.00
	4711.40

BALANCE SHEET AS AT 31st JANUARY 2024

Balance brought forward	1021.41
Income for year ending 31st January 2024	6274.00
Petty Cash	400.34
Expenditure for year ending 31st January 2024	4711.00
Surplus to carry forward	2984.75

Accounts

St Michael's Amateur Boxing Club
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ACCOUNTS FOR PERIOD 1st February 2022 to 31st January 2023

St Michael's Amateur Boxing Club

Boxing Club

BUSINESS REPORT PERIOD 1st February 2022
TO 31st January 2023

BUSINESS REPORT

REPORT OF THE ACCOUNTANT

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REPORT OF THE ACCOUNTANTS

St Michael's Amateur Boxing Club

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Auditors & Accountants
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Dunmurry
BT17 0QL

30th March 2023



St Michael's Amateur Boxing Club

Boxing Club

Income & Expenditure Account

for the period 1st February 2022 to 31st January 2023

	Notes	31st January 2023
Income Subscriptions	1	2,320
Donation Groundworks		4880
IABA Donation		500
		7,700
Expenditure	2	8,535
Operating Deficit		-835
Interest payable and similiar charges		0
		-835

SCHEDULE OF EXPENDITURE

RENT	2400.00
WEIGH INS/SUBSISTENCE	210.00
COACHING FEES	562.00
ADMINISTRATION/ADVERTISING,	270.00
RATES	123.56
EQUIPMENT	4950.00
POST	20.00

8535.56

BALANCE SHEET AS AT 31st JANUARY 2023

Balance brought forward	1084.19
Income for year ending 31st Janu	7700.00
Petty Cash	122.15
Expenditure for year ending 31st	8535.56
Surplus to carry forward	370.78

St Michael's Amateur Boxing Club

Northern Ireland - Charity number 102461

Annual report

St Michael's Amateur Boxing Club

Trustee Annual Report

For the year 1st February 2022 to 31st January 2023

Annual Report for the year ended 31st January 2023

The trustees of St Michael's Amateur Boxing Club are pleased to submit their report and accounts for the year 1st February 2022 to 31st January 2023

Club Details

Address

Unit 18, Tully Business Park, Springbank Way, Belfast, Co. Antrim, BT17 0QL

Charity Commission Number:

NIC102461

Trustees

Joe Pollock

Sean Ward

Gerard Murphy

Darren Pollock

(NB: Those named above are the charity trustees on the date of the report, and served as the charity trustees during the year)

Governing Document and Constitution

The club is a charity registered with the Northern Ireland Charity Commission, and is governed by a constitution adopted on the 12th August 2014.

The club is run entirely by volunteers, and currently has no paid members of staff.

Purpose of the Charity

On establishment, St Michael's ABC was set up with a dual purpose:

1. To create opportunities for people to participate in boxing and to become champions in the boxing ring
2. To help local people tackle some of the complex personal and social issues they experience in their lives.

Achievements and Performance

2022 was another busy year for the club, with lots of members progressing to compete in local and national competitions. In May, we hosted our first club show in 3 years at Lamh Dhearg GFC which was a huge success.

We also continued to run our weekly programme of training sessions, as well as fitness / conditioning sessions for those with interests outside of competition. We also continued to host collaborative sparring sessions with other clubs, and would like to give thanks to Sacred Heart Boxing Club, Carnlough Boxing Club, Star Boxing Club, Gilford Boxing Club and any others who partnered with us during the year.

In September, we hosted a mental health programme in partnership with Lifeline and Action Mental Health, as well as a 'Fight Talk' workshop in partnership with TAHMI (Tackling Awareness of Mental Health Issues) the Ulster Boxing Council and Belfast City Council to engage our members in constructive conversation around championing positive mental health.

Across the year, we also scheduled various social events for our members away from the gym, and hosted some fundraising activity, including a 20-mile sponsored walk.

Work again continued to engage with our local political reps and to identify suitable funding opportunities to support our plans to build a new, purpose built gym facility, although opportunities remain extremely limited. We will continue to be resilient in our search.

Programmes

Boxing:

We recognise that boxing brings a range of health benefits, although we also recognise that the sport offers a broad appeal and various other important values such as discipline, respect, self-control, identity and a sense of belonging. For those who want to, we support them to participate in boxing shows and events, and we already have a number of members who have won junior and senior championships, both on a County and all-Island basis. As well as teaching our members a range of boxing skills, we also see the sport as a tool for inclusion and development. We have continued to deliver small scale female programmes, but remain restricted in creating full time activity given our facility shortfalls. This will grow to something more permanent when we eventually move to a new building.

Fitness and Exercise Programmes:

We continued to run fitness and exercise programmes for adults which incorporate boxing elements but remain non-contact. These sessions provide a full body workout through various boxing movements which improve fitness, co-ordination, agility, speed, power, muscle definition etc. In some cases we have seen participants move into our contact sessions.

Financial Review

The income figure was £7,700, and expenditure total £8,535. This showed an operating loss of £835 for the period.

Objectives and Activities

Charitable Objects

The objectives of the club are to promote, educate and assist people of all ages through boxing and other recreational activities so as to develop their physical fitness, mental and emotional capacities so that they may grow to full maturity as individuals and citizens and that their conditions of life may be improved.

Public Benefit Statement

The trustees of St Michael's Amateur Boxing Club confirm that they have complied with their duties with regard to the Charity Commission's requirements on public benefit, and that our public benefit statement has informed the activities of the club in the year 1st February 2022 to 31st January 2023.

Our purpose is based around the provision of boxing and other recreational activities to enhance physical, mental and emotional capacities, regardless of age, ability, disability, religion and ethnic identity. We aim to empower our participants to improve their well-being and life conditions through physical activity. The benefits achievable for those individuals involved include healthier lifestyles, social inclusion and development of skills and physical literacy.

Report Approved on:

Date: 30/11/23

Signed: Joe Pollock (Joe Pollock, Chairperson)

St Michael's Amateur Boxing Club

Northern Ireland - Charity number 102461

Annual return

St Michael's Amateur Boxing Club
Boxing Club

ACCOUNTS FOR PERIOD 1st February 2022 to 31st January 2023

St Michael's Amateur Boxing Club

Boxing Club

BUSINESS REPORT PERIOD 1st February 2022
TO 31st January 2023

BUSINESS REPORT

REPORT OF THE ACCOUNTANT

ACCOUNTANT'S CERTIFICATE

INCOME AND EXPENDITURE ACCOUNT

SCHEDULES OF INCOME AND EXPENDITURE

BALANCE SHEET

Accountants

L. McEvoy & Co. were appointed accountants by the business and have expressed their willingness to continue in office

REPORT OF THE ACCOUNTANTS

St Michael's Amateur Boxing Club

Boxing Club

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30th March 2023



St Michael's Amateur Boxing Club

Boxing Club

Income & Expenditure Account

for the period 1st February 2022 to 31st January 2023

	Notes	31st January 2023
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Donation Groundworks		4880
IABA Donation		500
		7,700
Expenditure	2	8,535
Operating Deficit		-835
Interest payable and similiar charges		0
		-835

SCHEDULE OF EXPENDITURE

RENT	2400.00
WEIGH INS/SUBSISTENCE	210.00
COACHING FEES	562.00
ADMINISTRATION/ADVERTISING,	270.00
RATES	123.56
EQUIPMENT	4950.00
POST	20.00

8535.56

BALANCE SHEET AS AT 31st JANUARY 2023

Balance brought forward	1084.19
Income for year ending 31st Janu	7700.00
Petty Cash	122.15
Expenditure for year ending 31st	8535.56
Surplus to carry forward	370.78

St Michael's Amateur Boxing Club

Northern Ireland - Charity number 102461

Accounts

St Michael's Amateur Boxing Club
Boxing Club

ACCOUNTS FOR PERIOD 1st February 2021 TO 31st January 2022

St Michael's Amateur Boxing Club

Boxing Club

BUSINESS REPORT PERIOD 1st February 2021
TO 31st January 2022

BUSINESS REPORT	PAGE 2
-----------------	--------

REPORT OF THE ACCOUNTANT	PAGE 3
--------------------------	--------

ACCOUNTANT'S CERTIFICATE	PAGE 4
--------------------------	--------

INCOME AND EXPENDITURE ACCOUNT	PAGE 5
--------------------------------	--------

SCHEDULES OF INCOME AND EXPENDITURE	PAGE 6
-------------------------------------	--------

BALANCE SHEET	PAGE 7
---------------	--------

Accountants

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REPORT OF THE ACCOUNTANTS

St Michael's Amateur Boxing Club

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31st October 2022



St Michael's Amateur Boxing Club

Boxing Club

Income & Expenditure Account
for the period 1st February 2021 to 31st January 2022

	Notes	31st January 2022
Income Subscriptions	1	285
Donation F Denny		600
 Expenditure	2	3,390
 Operating Deficit		-2505
Interest payable and similiar charges		0
		-2505

SCHEDULE OF EXPENDITURE

Rent	2600
Ulster Senior Tickets	250
Coaching Course Fees	540

3390.00

BALANCE SHEET AS AT 31st JANUARY 2022

Balance brought forward	2126
Income for year ending 31st January 2021	885.00
Petty Cash	380.00
Expenditure for year ending 31st January 2020	3390.00
Surplus to carry forward	1.00

St Michael's Amateur Boxing Club

Northern Ireland - Charity number 102461

Annual report

St Michael's Amateur Boxing Club

Trustee Annual Report

For the year 1st February 2021 to 31st January 2022

Annual Report for the year ended 31st January 2022

The trustees of St Michael's Amateur Boxing Club are pleased to submit their report and accounts for the year 1st February 2020 to 31st January 2022

Club Details

Address

Unit 18, Tully Business Park, Springbank Way, Belfast, Co. Antrim, BT17 0QL

Charity Commission Number:

NIC102461

Trustees

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Darren Pollock

(NB: Those named above are the charity trustees on the date of the report, and served as the charity trustees during the year)

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Purpose of the Charity

On establishment, St Michael's ABC was set up with a dual purpose:

1. To create opportunities for people to participate in boxing and to become champions in the boxing ring
2. To help local people tackle some of the complex personal and social issues they experience in their lives.

Achievements and Performance

In 2021 we've tried to focus our efforts on the club's recovery from the Covid 19 pandemic. The year brought long periods where St Michael's ABC was shut, which had a huge, negative impact on the club. Thus, we've been working hard to re-engage lost boxers while concurrently attracting some new members.

Across February and March 2021, the club remained shut, but following approval from the IABA, we restarted with some outdoor activity in the middle of April. Although this was far from ideal, it was a much-needed boost for the club and our members. We were eventually able to move back into the unit for normal training, and by October we had boxers re-involved in County Antrim competitions. We also re-introduced sparring sessions with partner clubs such as Star ABC and Tullylish ABC. Plans were also put in place for our first club show in 3 years, scheduled for May 2022 in lamh Dhearg GFC.

With planning permission secured last year for our new building, work continues to engage with our local political reps and to identify suitable funding opportunities to support the build. Opportunities have been extremely limited, but we'll persist in our search for capital funding in the hope that we can one day operate from a purpose built facility and bring even greater benefits for the community.

Programmes

Boxing:

We recognise that boxing brings a range of health benefits, although we also recognise that the sport offers a broad appeal and various other important values such as discipline, respect, self-control, identity and a sense of belonging. For those who want to, we support them to participate in boxing shows and events, and we already have a number of members who have won junior and senior championships, both on a County and all-Island basis. As well as teaching our members a range of boxing skills, we also see the sport as a tool for inclusion and development. We have continued to deliver small scale female programmes, but remain restricted in creating full time activity given our facility shortfalls. This will grow to something more permanent when we eventually move to a new building.

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Financial Review

The income figure was £885, and expenditure total £3390. This showed an operating loss of £2505 for the period.

Objectives and Activities

Charitable Objects

The objectives of the club are to promote, educate and assist people of all ages through boxing and other recreational activities so as to develop their physical fitness, mental and emotional capacities so that they may grow to full maturity as individuals and citizens and that their conditions of life may be improved.

Public Benefit Statement

The trustees of St Michael's Amateur Boxing Club confirm that they have complied with their duties with regard to the Charity Commission's requirements on public benefit, and that our public benefit statement has informed the activities of the club in the year 1st February 2017 to 31st January 2018.

Our purpose is based around the provision of boxing and other recreational activities to enhance physical, mental and emotional capacities, regardless of age, ability, disability, religion and ethnic identity. We aim to empower our participants to improve their well-being and life conditions through physical activity. The benefits achievable for those individuals involved include healthier lifestyles, social inclusion and development of skills and physical literacy.

Report Approved on:

Date: 17/11/22

Signed: Joe Pollock (Joe Pollock, Chairperson)

St Michael's Amateur Boxing Club

Northern Ireland - Charity number 102461

Annual return

St Michael's Amateur Boxing Club
Boxing Club

ACCOUNTS FOR PERIOD 1st February 2021 TO 31st January 2022

St Michael's Amateur Boxing Club

Boxing Club

BUSINESS REPORT PERIOD 1st February 2021
TO 31st January 2022

BUSINESS REPORT	PAGE 2
REPORT OF THE ACCOUNTANT	PAGE 3
ACCOUNTANT'S CERTIFICATE	PAGE 4
INCOME AND EXPENDITURE ACCOUNT	PAGE 5
SCHEDULES OF INCOME AND EXPENDITURE	PAGE 6
BALANCE SHEET	PAGE 7

Accountants

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REPORT OF THE ACCOUNTANTS

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