

Little Heroes

Northern Ireland · Charity number 102447

Details

| | |
|------------|--|
| Known as | no |
| Status | Received |
| Registered | 2015-06-19 |
| Register | View on the Charity Commission for Northern Ireland register |

Contact

| | |
|---------|---|
| Address | Royal Belfast Hospital For Sick Children 180 Falls Road Belfast Bt12 6be BT12 6BE |
| Phone | 028 90278872 |
| Email | heretohelp@littleheroesni.org |
| Website | www.helpinghandrbhsc.co.uk |

Activities

Purposes: The objects of the Fund are exclusively charitable being for the benefit of patients by means of the advancement of their health care needs (in the widest sense) and irrespective of the sex, national origin, colour, political opinion, religious belief or status of Patients.

What the charity does: The advancement of health or the saving of lives, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Disability, Education/training, General charitable purposes, Medical/health/sickness, Research/evaluation

Who the charity helps: Adult training, Children (5-13 year olds), Learning disabilities, Parents, Physical disabilities, Preschool (0-5 year olds), Sensory disabilities, Youth (14-25 year olds)

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2024-12-31 | £176,496 | £460,965 | £0 | 2 |

Trustees

| Name | Role | Appointed |
|---------------------------|------|-----------|
| Dr Mark Reid | | |
| Dr Paul Jackson | | |
| Dr Sharon Christie | | |
| Mr Alastair Reid | | |
| Mr Ciaran Bradley | | |
| Mr Ivan Martin | | |
| Mr Noel John Stephens | | |
| Mrs Barbara Money Penny | | |
| Mrs Barbara Reid | | |
| Mrs He Jackson | | |
| Mrs Jennifer Mckinstry | | |
| Mrs Susan Baker | | |
| Professor Michael Shields | | |

Little Heroes

Northern Ireland - Charity number 102447

Accounts

Charity registration number: 102447

**LITTLE HEROES
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

Little Heroes
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Little Heroes
Reference and Administrative Details
For The Year Ended 31 December 2024

Trustees

Mr. Ivan Martin
Dr. Mark Reid
Mrs. Jennifer McKinstry
Mrs. Barbara Reid
Mrs. Susan Baker
Dr. Sharon Christie
Dr. Paul Jackson
Professor Michael Shields
Mrs. Barbara Money Penny
Mrs. Hester Jackson
Dr. Alastair Reid
Mr. Claran Bradley

Charity Number

102447

Principal Address

Royal Belfast Hospital For Sick Children
180 Falls Road
Belfast
Antrim
BT12 6BE

Independent Examiner

Tony Clake
Clarke&Co. Accountant's
53 Andersonstown Road
Belfast
Antrim
BT11 9AG

Solicitors

Elliott Duffy Garrett
Royston House
34 Upper Queens Street
Belfast
BT1 6FD

Little Heroes
Trustees' Report For The Year Ended 31 December 2024

The trustees present their report and the financial statements for the year ended 31 December 2024.

Objectives and Activities

Aims and Objectives

The stated aims and objectives of the charity are –

- o Provision of equipment and the maintenance of the estate at the Royal Belfast Hospital for Sick Children
- o Furthering Education & Research into the diagnosis and treatment of childhood illness
- o Provision of associated health services not available on the NHS (as directed by clinicians)
- o Championing wellbeing initiatives for the Paediatric team at the Royal Belfast Hospital for Sick Children
- o Supporting sick children as well as their parents, siblings, and those who love and care for them

Little Heroes has assisted in the continued provision of new medical equipment and provision of items to enhance and improve the patient and parental experience. The charity is also committed to continuing to assist in the provision of much needed equipment in various departments.

The charity will continue to support or fund staff to attend courses to enhance their ability to improve the care of patients and their families.

Public Benefit

Little Heroes is an independent Charity which operates through a board of trustees and fundraises exclusively for "The Children's Hospital.

Increasing pressures on the National Health Service make it essential to find additional sources of revenue to provide equipment, fund innovative research and ongoing education for our paediatric clinicians and support the immediate needs of children and their parents and carers.

At Little Heroes, our work is guided by a commitment to improving the experience of local sick children and families who are cared for at the Royal Belfast Hospital for Sick Children, as well as enhancing the wellbeing of the staff who dedicate themselves to their care.

Our activities are designed to deliver a clear and measurable public benefit by:

- Enhancing hospital environments to create brighter, more comforting spaces for children receiving treatment.
- Providing essential items, support and resources that help paediatricians to diagnose and care for our sick children and ease the burden on families during challenging times.
- Delivering wellbeing initiatives that nurture and sustain the Paediatric team, recognising the vital role they play in caring for sick children.
- Engaging the wider community through fundraising events and partnerships that foster a spirit of compassion and collective support.

These initiatives ensure that every action we take contributes directly to improving care, comfort, and wellbeing at the Royal Belfast Hospital for Sick Children. We remain fully aligned with the principles of public benefit as outlined by the Charity Commission for Northern Ireland, ensuring our resources and efforts are dedicated to making a meaningful difference to children, families, and healthcare professionals across Northern Ireland.

As the only charity dedicated to supporting the entire Royal Belfast Hospital for Sick Children which is Northern Ireland's sole specialist paediatric hospital. Our work directly touches the lives of thousands of children every year, from every community and county across Northern Ireland.

Through our initiatives, Little Heroes strengthens the capacity of the hospital to deliver world-class care and creates a more compassionate, child-centred environment for all who pass through its doors.

Every project we deliver is developed in close partnership with clinicians and hospital leadership to ensure that funding and resources address the most immediate and impactful needs.

Our commitment is clear: to create a brighter, more hopeful future for sick children in Northern Ireland. By supporting Little Heroes, donors can be confident that their generosity will directly improve outcomes, enhance care, and help sustain a vital institution that sits at the heart of paediatric healthcare for sick children from throughout Northern Ireland.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Achievements and Performance

Main Achievements

2024 was a year of significant change and strategic growth for Little Heroes, during which the charity delivered over £334K in vital services to the Royal Belfast Hospital for Sick Children. These contributions helped enhance patient care and the hospital environment, including the provision of a safe space bed; a substantial resource allocation for the Play Specialist Team; support for the hospital's Bereavement Service; covering the licence for the EOLAS medical app to improve internal communication; and colourful mural decorations in the ENT department to create a more child-friendly space. The charity also enabled staff to attend essential medical and specialist training and supplied specialist equipment to support diagnosis and treatment, such as two Simeox airway clearance devices and two high-frequency chest wall oscillators. Together, these initiatives made a meaningful difference to the care and experience of local sick children and their families.

Considerable progress was also made to secure the long-term future of the charity, and to elevate our profile and impact across Northern Ireland. This work, supported by the Trustees and Management involved a range of foundational activities including:

Leadership Transition

- During the year, the charity saw the retirement of our longstanding Charity Manager and undertook a comprehensive recruitment process to appoint a new Chief Executive Officer.
- The appointment of our new CEO marked the beginning of a refreshed leadership era, with renewed energy and focus on growth, governance, and stakeholder engagement.

Rebrand & Relaunch

- In November 2024, the charity formally relaunched under the new name Little Heroes, replacing the former name (Helping Hand) to better reflect our mission of celebrating the resilience and courage of children cared for at the Royal Belfast Hospital for Sick Children.
- The rebrand included a launch event held on 21 November at St Mary's University College, Belfast, attended by parents, hospital staff, and supporters.
- A new website refreshed communications strategy (including social-media channels) and updated brand assets were introduced to support improved outreach, engagement, and fundraising effectiveness.

Infrastructure & Systems Strengthening

- Recognising that a growth step-change would require robust foundations, the charity invested in internal infrastructure during the transition period. These included:
 - New IT systems for fund-accounting, donor management, and reporting
 - Implementation of upgraded processes and governance frameworks to ensure transparency, scalability, and regulatory compliance
 - Training and capacity-building of the team to embed new working practices

Because of the transition in leadership and the necessary infrastructure work that was a priority in advance of the relaunch, the charity's income in the year was affected. While fundraising levels did not yet reflect the desired growth trajectory, these foundational investments were deliberate and necessary to support sustainable future performance.

Fundraising & Engagement Activity

Throughout all the internal changes within the charity during 2024, donations continued to be given to the charity thanks to the extraordinary generosity, creativity, and commitment of individuals, families, and businesses across Northern Ireland and beyond. While it is impossible to name every supporter, the following are just a few examples that illustrate the incredible efforts made to support Little Heroes (and Helping Hand) and the Royal Belfast Hospital for Sick Children:

- The patrons from the Devenish Complex continued their popular Bonus Ball competition, raising £3,750.
- The Royal Belfast Golf Club Lady Captains' Charity contributed £6,200, demonstrating the strength of local sports club support and partnership.
- Natasha Mann undertook a challenging 12-day trek to Everest Base Camp, raising £1,152 through her inspiring personal challenge.
- The Patton family's annual table quiz in memory of their daughter Olivia raised £2,082.63.
- Richie Kelleher, with Gemma and their son Brogan, organised a spectacular Drift event in the Titanic Quarter, raising £8,435 from car enthusiasts across Ireland.
- Katie McGreavy, supported by her family, contributed £4,100 through a series of dedicated fundraising events.
- Swatragh Livestock Market donated £1,433 through a special charity auction.

These examples represent just a fraction of the tireless efforts, creativity, and community spirit that made 2024 such a landmark year for fundraising. Each event, challenge, and donation, large or small, has played a vital role in helping Little Heroes continue to support the children and families at the Royal Belfast Hospital for Sick Children. The collective generosity shown this year is a testament to the extraordinary commitment of our supporters and the difference we can achieve together.

Throughout 2024, Little Heroes engaged with the community, hospital staff, families, and supporters to ensure the charity remained visible and active despite the internal transition. For example:

- Through our "Community Fundraising" platform we encouraged schools, workplaces, and sports clubs to host coffee mornings, runs, quiz nights and other grassroots activities, emphasising that every effort contributes to our aims of state-of-the-art equipment, comfort items, and family support.
- We continued to engage directly within the hospital community to bring moments of joy to children, parents, and siblings. These included supporting play-therapy, toys, bedside TVs, and family comfort services, reinforcing our objective of supporting children and families beyond medical care.

...CONTINUED

Main Achievements - continued

Additional Note

Trustee Strategy & Future Outlook

- The Trustees reaffirmed their intention to grow and develop the profile of Little Heroes, with a specific aim to elevate future income so that we can make a sustainable contribution to the Royal Belfast Hospital for Sick Children well into the future.
- Strategic priorities now include:
 1. Building major-donor, corporate as well as philanthropic trust and foundation partnerships to complement community fundraising
 2. Leveraging the rebrand and improved communications to raise awareness, donor engagement, and supporter acquisition
 3. Ensuring operational resilience through robust governance, effective systems, and measured performance tracking
 4. Demonstrating impact clearly and transparently so that funders, stakeholders, and the public understand exactly how funds are used to benefit children, families, and the paediatric team

While 2024 has been a transitional year, the investments made in infrastructure, leadership, brand, and systems position Little Heroes for accelerated growth in 2025 and beyond.

Designation of Reserves

During the year, the trustees designated funds to support specific strategic initiatives aligned with the charity's objectives. These designations reflect the trustees' commitment to ensuring resources are allocated effectively to meet future needs and enhance long-term impact. The trustees agreed to designate the following funds: £250K to represent six months of operating reserves, £450K to support the Royal Belfast Hospital for Sick Children's reliance on charitable funds to pay for a range of projects for a further period of 2 years, and £350K in anticipation of requirements to pay for a range of projects and initiatives linked to the establishment of the new children's hospital.

Summary

In short, 2024 has been a year of transformation for Little Heroes. The combination of leadership change, re-branding, systems upgrades, and community engagement represents a deliberate and strategic reset. Our income for the year may not yet reflect the full potential of the charity, but that is a direct consequence of the transition phase. With foundations now firmly in place, the Trustees and team are confident that Little Heroes is well placed to enter a new era, one in which we expand our reach, amplify our impact, and ensure that every child treated at the Royal Belfast Hospital for Sick Children receives the very best support, now and for the future.

Looking Ahead

While 2024 represented a period of transition, it also laid strong foundations for future success. The Trustees are now focused on:

- Growing income sustainably through diverse and strategic fundraising streams.
- Strengthening partnerships with local businesses, trusts, and foundations.
- Expanding volunteer and ambassador networks to extend community reach; and
- Ensuring every pound raised delivers tangible benefit to children, families, and staff within Northern Ireland's only specialist children's hospital.

Little Heroes enters 2025 with renewed purpose, robust systems, and a clear vision - to ensure every child treated at the Royal Belfast Hospital for Sick Children has access to the very best care, comfort, and support.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and in accordance with the Charities Act (Northern Ireland) 2015.

The law applicable to charities in Northern Ireland requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at anytime the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Little Heroes
Trustees' Report (continued)
For The Year Ended 31 December 2024**

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' report was approved by the board of trustees and signed on its behalf by:

Dr. Paul Jackson
Trustee

A handwritten signature in blue ink that reads "Paul Jackson". The signature is written in a cursive style and is underlined with a single horizontal line.

27 October 2025

Little Heroes
Independent Examiner's Report to the Trustees of Little Heroes
For The Year Ended 31 December 2024

I report to the trustees on my examination of the accounts of Little Heroes for the year ended 31 December 2024.

Responsibilities and Basis of Report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Independent Examiner's Statement

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It was also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. the accounts do not accord with those records; or
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to you attention.



Tony Clarke

27 October 2025

53 Andersonstown Road
Belfast
Antrim
BT11 9AG

**Little Heroes
Statement of Financial Activities
For The Year Ended 31 December 2024**

| | Notes | 2024 Unrestricted funds £ | 2023 Unrestricted funds £ |
|---|-----------|------------------------------------|------------------------------------|
| INCOME AND ENDOWMENTS FROM: | | | |
| Donations and legacies | 3 | 174,584 | 236,497 |
| Investments | 4 | 1,912 | 2,405 |
| | | 176,496 | 238,902 |
| EXPENDITURE ON: | | | |
| Raising funds | 6 | (71,833) | (54,523) |
| Charitable activities: | 6 | | |
| Establishment Purchases | | (54,690) | (6,932) |
| Charitable Activity | | (334,442) | (165,084) |
| | | (460,965) | (226,539) |
| NET (EXPENDITURE)/INCOME BEFORE INVESTMENT (LOSSES)/GAINS | | (284,469) | 12,363 |
| Net gains on investments | | 75,399 | 5,000 |
| NET (EXPENDITURE)/INCOME | | (209,070) | 17,363 |
| NET MOVEMENT IN FUNDS | | (209,070) | 17,363 |
| RECONCILIATION OF FUNDS: | | | |
| Total funds brought forward | | 1,265,292 | 1,247,928 |
| TOTAL FUNDS CARRIED FORWARD | 14 | 1,056,222 | 1,265,291 |

The notes on pages 9 to 13 form part of these financial statements.

**Little Heroes
Statement of Financial Position
As At 31 December 2024**

| | Notes | 2024 Unrestricted funds £ | 2023 Total funds £ |
|---|-------|------------------------------------|--------------------------|
| FIXED ASSETS | | | |
| Tangible Assets | 11 | 2,101 | - |
| Investments | 12 | 386,533 | 312,426 |
| | | 388,634 | 312,426 |
| CURRENT ASSETS | | | |
| Cash at bank and in hand | | 668,788 | 954,142 |
| | | 668,788 | 954,142 |
| Creditors: Amounts Falling Due Within One Year | 13 | (1,200) | (1,277) |
| NET CURRENT ASSETS (LIABILITIES) | | 667,588 | 952,865 |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | 1,056,222 | 1,265,291 |
| NET ASSETS | | 1,056,222 | 1,265,291 |
| FUNDS OF THE CHARITY | | | |
| Unrestricted Funds | | 6,222 | 1,265,291 |
| Designated Funds | | 1,050,000 | - |
| TOTAL FUNDS | 14 | 1,056,222 | 1,265,291 |
| On behalf of the board | | | |



Dr Paul Jackson
Trustee

27 October 2025

The notes on pages 9 to 13 form part of these financial statements.

Little Heroes
Notes to the Financial Statements
For The Year Ended 31 December 2024

1. General Information

Little Heroes is an unincorporated charity registered with the Charity Commission, registered charity number 102447. The principal address is Royal Belfast Hospital For Sick Children, 180 Falls Road, Belfast, Antrim, BT12 6BE.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Incoming Resources

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses.

Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

| | |
|--------------------|----------------------|
| Computer Equipment | 5-year straight-line |
|--------------------|----------------------|

2.4. Investments

2.5. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

| | 2024 | 2023 |
|---------------------|--------------------|--------------------|
| | Unrestricted funds | Unrestricted funds |
| | £ | £ |
| Donations and gifts | 168,172 | 228,438 |
| Gift aid | 6,412 | 8,059 |
| | 174,584 | 236,497 |

4. Investment Income

| | 2024 | 2023 |
|--------------------------|--------------------|--------------------|
| | Unrestricted funds | Unrestricted funds |
| | £ | £ |
| Bank interest receivable | 1,912 | 2,405 |

Little Heroes
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2024

5. Net Income/(Expenditure)

The net (expenditure)/income is stated after charging/(crediting):

| | 2024 | 2023 |
|---|-------------|-------------|
| | £ | £ |
| Depreciation of tangible fixed assets - owned | 150 | - |

6. Analysis of Expenditure

| | Activities undertaken directly | Support costs (see note 7) | 2024 Total |
|-------------------------|---------------------------------------|--|-----------------------|
| | £ | £ | £ |
| Raising funds | 8,143 | 63,690 | 71,833 |
| Establishment Purchases | 20,045 | 34,645 | 54,690 |
| Charitable Activity | 333,627 | 815 | 334,442 |
| | 361,815 | 99,150 | 460,965 |
| | | | 2023 |
| | £ | £ | £ |
| Raising funds | 1,944 | 52,579 | 54,523 |
| Establishment Purchases | - | 6,932 | 6,932 |
| Charitable Activity | 163,084 | 2,000 | 165,084 |
| | 165,028 | 61,511 | 226,539 |

7. Support Costs

| | Raising funds | Establishment Purchases | Charitable Activity | 2024 Total |
|---|----------------------|--------------------------------|----------------------------|-----------------------|
| | £ | £ | £ | £ |
| Employee costs: | | | | |
| Wages and salaries | 63,690 | 18,106 | - | 81,796 |
| General administration: | | | | |
| Computer and IT repairs and maintenance | - | 8,555 | - | 8,555 |
| Stationery | - | 610 | - | 610 |
| Catering | - | 326 | - | 326 |
| Equipment expensed | - | - | 815 | 815 |
| Telecommunications | - | 2,530 | - | 2,530 |
| Independent examiner's fees | - | 1,200 | - | 1,200 |
| Accountancy fees | - | 1,465 | - | 1,465 |
| Bank charges | - | 135 | - | 135 |
| Sundry expenses | - | 1,568 | - | 1,568 |
| Depreciation: | | | | |
| Depreciation | - | 150 | - | 150 |
| | 63,690 | 34,645 | 815 | 99,150 |

Little Heroes
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2024

| | Raising funds | Establishment Purchases | Charitable Activity | 2023 Total |
|---|------------------|----------------------------|------------------------|---------------|
| | £ | £ | £ | £ |
| Employee costs: | | | | |
| Wages and salaries | 52,579 | - | - | 52,579 |
| Travel expenses | - | 1,113 | - | 1,113 |
| General administration: | | | | |
| Computer and IT repairs and maintenance | - | 866 | - | 866 |
| Insurance | - | 1,322 | - | 1,322 |
| Stationery | - | 539 | - | 539 |
| Catering | - | 155 | - | 155 |
| Equipment expensed | - | - | 2,000 | 2,000 |
| Telecommunications | - | 1,151 | - | 1,151 |
| Accountancy fees | - | 1,584 | - | 1,584 |
| Bank charges | - | 109 | - | 109 |
| Sundry expenses | - | 93 | - | 93 |
| | 52,579 | 6,932 | 2,000 | 61,511 |

8. Independent Examiner's Remuneration

| | 2024 | 2023 |
|---|-------|------|
| | £ | £ |
| Independent examination of the financial statements | 1,200 | - |
| | 1,200 | - |

9. Staff Costs

Staff costs were as follows:

| | 2024 | 2023 |
|--------------------|--------|--------|
| | £ | £ |
| Wages and salaries | 81,796 | 52,579 |

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

10. Average Number of Employees

Average number of employees during the year was: 2 (2023:2)

Little Heroes
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2024

11. Tangible Assets

| | Computer Equipment £ |
|----------------------------|-------------------------------------|
| Cost | |
| As at 1 January 2024 | - |
| Additions | 2,251 |
| As at 31 December 2024 | <u>2,251</u> |
| Depreciation | |
| As at 1 January 2024 | - |
| Provided during the period | 150 |
| As at 31 December 2024 | <u>150</u> |
| Net Book Value | |
| As at 31 December 2024 | <u>2,101</u> |
| As at 1 January 2024 | <u>-</u> |

12. Investments

| | Cash & Cash Equivalents £ |
|--------------------------|--|
| Cost or Valuation | |
| As at 1 January 2024 | 312,426 |
| Fair value adjustments | 74,107 |
| As at 31 December 2024 | <u>386,533</u> |
| Provision | |
| As at 1 January 2024 | - |
| As at 31 December 2024 | <u>-</u> |
| Net Book Value | |
| As at 31 December 2024 | <u>386,533</u> |
| As at 1 January 2024 | <u>312,426</u> |

13. Creditors: Amounts Falling Due Within One Year

| | 2024 £ | 2023 £ |
|------------------------------|-------------------|-------------------|
| Accruals and deferred income | <u>1,200</u> | <u>1,277</u> |

Little Heroes
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2024

14. Movement in Funds

| | As at 1 January 2024 £ | Income £ | Expenditure £ | As at 31 December 2024 £ |
|---------------------------|---------------------------------|----------------|------------------|-----------------------------------|
| Unrestricted funds | | | | |
| General: | | | | |
| General unrestricted fund | 1,265,292 | 176,496 | (385,566) | 6,222 |
| Designated fund | - | - | - | 1,050,222 |
| Total funds | <u>1,265,292</u> | <u>176,496</u> | <u>(385,566)</u> | <u>1,056,222</u> |
| | As at 1 January 2023 £ | Income £ | Expenditure £ | As at 31 December 2023 £ |
| Unrestricted funds | | | | |
| General: | | | | |
| General unrestricted fund | 1,247,928 | 238,902 | (221,539) | 1,265,291 |
| Total funds | <u>1,247,928</u> | <u>238,902</u> | <u>(221,539)</u> | <u>1,265,291</u> |

15. Transactions with Trustees

During the year the expenses reimbursed to the trustees or paid directly to third parties were as follows:

| 2024 £ | 2023 £ |
|-----------------------------|-----------------------------|
| <u> </u> | <u> </u> |

16. Related Party Disclosures

There were no transactions with directors, key management personnel, or entities controlled by them, and no balances outstanding at the reporting date.

Little Heroes

Northern Ireland - Charity number 102447

Accounts



**"HELPING HAND"
ROYAL BELFAST HOSPITAL FOR SICK CHILDREN**

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 DECEMBER 2023**

TaxAssist Accountants
103 Cregagh Road
Belfast BT6 8PY

"HELPING HAND"

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"HELPING HAND"

OFFICERS AND PROFESSIONAL ADVISORS

BOARD OF TRUSTEES

Mr I Martin (Chairman)
Dr L Sweeny (Hon Secretary)
Dr P Jackson (Hon Treasurer)
Mr A Bailie
Mrs S Baker
Mrs L Beggs
Dr S Christie
Mrs J McKinstry
Ms B Money Penny (Ladies League)
Mrs B Reid
Dr M Reid
Prof M Shields
Dr A Reid
Mr J Stephens
Mr C Bradley
G Welby
J O'Rourke
H Jackson

SECRETARY

Dr L Sweeny
4 Ballygrainey Road
Craigavad
BT18 0HE

ACCOUNTANTS

TaxAssist Accountants
103 Cregagh Road
Belfast
BT6 8PY

SOLICITORS

Elliott Duffy Garrett
Royston House
34 Upper Queen Street
Belfast
BT1 6FD

PRINCIPAL BANKERS

Danske Bank Ltd
8/9 Donegall Square North
Belfast
BT1 5GJ

NI CHARITY COMMISSION

Reg. No. NIC 102447

"HELPING HAND"

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023

The Trustees present their Annual Report together with the financial statements for the year ended 31 December 2023.

Principal Activity

The objects of the charity are exclusively charitable being for the benefit of patients by means of the advancement of their health care needs.

Principal Office

3rd Floor
Children's Hospital
180 Falls Road
Belfast BT12 6BE

Structure, Governance and Management

The Helping Hand Charity was established in 1997 by the medical staff at the Children's Hospital, with the single aim of helping the children in their care. The hospital has been caring for children since 1873 and now provides most of the paediatric regional specialities for Northern Ireland.

Board of Trustees

Helping Hand, a registered charity, is managed by a Board of Trustees, which meets on a regular basis, chaired by Mr Ivan Martin.

Administration

The organisation and management activities of the charity are undertaken by the fundraiser, Mr Nigel Kearney, with the assistance of an extra person who is paid an hourly rate. All decisions in respect of the day-to-day affairs of the society are taken by the Charity through its Board of Trustees at committee meetings.

Independent Examiner

TaxAssist Accountants provide an independent examination of the annual accounts and act as advisors when required.

Objectives and Activities

The stated aims and objectives of the charity are –

- To provide the best equipment to the Royal Belfast Hospital for Sick Children;
- Fund research and education into children's illnesses; and
- To support the immediate needs of children and their parents.

Helping Hand has assisted in the continued provision of new medical equipment and provision of items to enhance and improve the patient and parental experience. The charity is also committed to continuing to assist in the provision of much needed equipment in various departments.

The charity will continue to support or fund staff to attend courses to enhance their ability to improve the care of patients and their families.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023 (cont'd)

Achievements and Performance

During 2023 we continued to work closely with local and national companies such as Gordons Chemists, Andor Technology, Spirt Aerosystems, Sig Ireland, Thales Defence Systems, Shield Accident Management and K&M Technical Services who all ran a series of events throughout the year with their employees to raise funds for the hospital.

Regular supporters Willie Nugent, Saintfield Nursery, Portrush Surf School, the Cullen family and Patton family all organised events again this year to raise funds.

New events in 2023 were the Drift Aid car event at the Titanic Belfast, several mountain challenges including a Six Peak Hike in the Mourmes by the McKenna family, an ascent of Croagh Patrick by the Cunningham family and, a first for Helping Hand, a climb to Everest Base Camp where Natasha Mann proudly flew the HH flag.

Throughout 2023 we worked closely with Scott Carson, the Mayor of Lisburn and Castlereagh City Council and his team who ran a series of events including a Colour Run, Teddy bear's picnic, Moira Food festival, a Golf Day and several theme days around Lisburn and managed to raise a fantastic £35,000.

HH trustee, Louise Beggs dedicated her year as Lady captain of Royal Belfast Golf Club to raising funds and we are indebted to her for her efforts.

We again had the support of local churches, small businesses and community groups as well as numerous families whose children attended the hospital who came on board to support the charity.

With the funds raised we were able to support many projects around the hospital including a joint project to refurbish the glass corridor garden area which is now open to access for patients and families and provides a safe outdoor area for patients to relax and get some fresh air.

We continue to support the Commit to Fit programme, the bereavement group, adolescent week and the Renal units annual transplant games.

We have committed to an annual budget of £30,000 to enable the play department to provide their support services throughout the hospital, purchased an Ultrasound scanner for PICU, TV's for Allen ward, a V Create visual diagnostic , management and decision making system for the Neurology department and a similar system for the Radiology team as well as a new Defibrillator training system for the Sim Ed department

Major spend items as follows:-

Commit to Fit programme - £5,065
Adolescent week - £2,160
Play department - £30,000
Transplant games - £1,061
Stargazer beds , Short stay - £5,816
Garden project - £24,000
Ultrasound scanner - £42,500
Sim Ed defibrillator - £9,080
V- Create system, Neurology Dept. - £8,100
I-pad and software, Radiology - £7,795
TV's. - Allen Ward - £3,290

Other achievements

As planned, we were able to fund the Horizons bereavement programme to assist families who a lost a child. This programme is run by the NI Hospice charity at a cost of £80,000. Payment for this has been made by Helping Hand and will appear in the accounts for 2024.

Similarly, three new ultrasound scanners have been provided to the Theatres at a cost of £117,000 and this will also appear in next year's accounts.

Results

The results for the financial year are fully set out in the Statement of Financial Activities on page 6.

Trustees

The trustees of the Charity during the year were as follows:

Mr I Martin (Chairman)
Dr L Sweeny (Hon Secretary)
Dr P Jackson (Hon Treasurer)
Mr A Bailie
Mrs S Baker
Mrs L Beggs
Dr S Christie
Mrs J McKinstry
Ms B Money Penny (Ladies League)
Mrs B Reid
Dr M Reid
Dr A Reid
J Stephens
Prof M Shields
Mr C Bradley
G Welby
J O'Rourke
H Jackson

Statement of Trustees' Responsibilities

The trustees are responsible for preparing financial statements for each financial period in line with recommendations set out in 'The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015' which give a true and fair view of the assets and liabilities of the Charity and of its surplus or deficit for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants

A resolution proposing the reappointment of TaxAssist Accountants, as accountants will be put to the Annual General Meeting.

By order of the Board of Trustees


Chairperson

Date: 22/08/2024

"HELPING HAND"

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2023**

To the Board of Trustees of the Helping Hand charity, we report on the accounts of the charity for the year ended 31st December 2023, which are set out on pages 6-10.

Respective responsibilities of trustees and examiners.

The charity's constitution states that the Trustees are responsible for the preparation of accounts.

It is our responsibility to:

- examine the accounts to ensure that they have been prepared in accordance with general accounting principles.
- state whether any particular matters have come to our attention.

Basis of independent examiner's report

Our examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records; and
 - to prepare financial statements which accord with the accounting records have not been met.
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



TaxAssist Accountants
103 Cregagh Road
Belfast
BT6 8PY

Date: 22/08/2024

"HELPING HAND"
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023

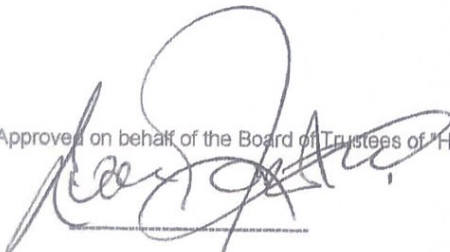
| | Notes | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2023 £ | Total Funds 2022 £ |
|---------------------------------|-------|-------------------------|-----------------------|--------------------------|--------------------------|
| Incoming Resources | | | | | |
| Donations and gifts | | 98,724 | - | 98,724 | 137,005 |
| Income from fund raising events | | 129,714 | - | 129,714 | 159,318 |
| Gift Aid | | 8,059 | - | 8,059 | 531 |
| Bank Interest | | 7,405 | - | 7,405 | 6,324 |
| | | <u>243,902</u> | <u>-</u> | <u>243,902</u> | <u>303,178</u> |
| Resources expended | | | | | |
| Direct charitable expenditure | | | | | |
| - fund raising events | | 1,944 | - | 1,944 | 3,299 |
| - allocation of funds | 2 | 163,084 | - | 163,084 | 188,608 |
| Other expenditure | | | | | |
| Management & administration | 3 | 61,510 | - | 61,510 | 63,818 |
| | | <u>226,538</u> | <u>-</u> | <u>226,538</u> | <u>255,725</u> |
| Net movements in funds | | 17,364 | - | 17,364 | 47,453 |
| Total funds brought forward | | 1,247,928 | - | 1,247,928 | 1,200,475 |
| Total funds carried forward | | <u>1,265,292</u> | <u>-</u> | <u>1,265,292</u> | <u>1,247,928</u> |

"HELPING HAND"

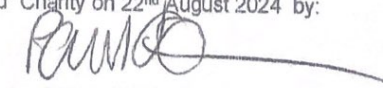
BALANCE SHEET AS AT 31 DECEMBER 2023

| | Notes | 2023 £ | 2022 £ |
|-----------------------------|-------|------------------|------------------|
| Fixed assets | | | |
| Computer equipment | | - | - |
| Current assets | | | |
| Debtors | | - | - |
| Bank: | | | |
| Cash on hand | | 508 | 573 |
| Danske Bank Current Account | | 953,634 | 945,395 |
| Investments | | 312,426 | 307,404 |
| | | <u>1,266,568</u> | <u>1,253,372</u> |
| Current Liabilities | | | |
| Accruals | | 1,277 | 1,208 |
| PAYE | | - | 4,236 |
| | | <u>1,277</u> | <u>5,444</u> |
| Net Assets | | <u>1,265,291</u> | <u>1,247,928</u> |
| Funds balances | | | |
| Restricted | 4 | - | - |
| Unrestricted | | 1,265,291 | 1,247,928 |
| | | <u>1,265,291</u> | <u>1,247,928</u> |

Approved on behalf of the Board of Trustees of "Helping Hand" Charity on 22nd August 2024 by:



(Chairperson)



(Honorary Treasurer)

The notes on pages 8 to 10 form part of these accounts.

"HELPING HAND"
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

1. Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP 2019) The Charities (Accounts and Reports) Regulations (Northern Ireland) 2012, and in addition to small charities, and applicable accounting standards.

Taxation

Helping Hand is registered as a charity with the Internal Revenue (No. 00-0000) and as such is exempt from taxation.

Management and Administration Costs

There was no transfer of management & administration costs of the charity to Related Funds in year 31 December 2020.

"HELPING HAND"
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023

2. Direct Charitable Expenditure -- Allocation of Funds

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2023 £ | Total Funds 2022 £ |
|--|----------------------------|--------------------------|--------------------------|--------------------------|
| Sensory Equipment, Toys, games, TV's, DVDs, etc. | 3,290 | - | 3,290 | 5,873 |
| Wall Art | - | - | - | 27,000 |
| Ultrasound Scanner | 42,500 | - | 42,500 | - |
| Sim Ed Defibrillator | 9,080 | - | 9,080 | - |
| V-Create System, Neurology | 8,100 | - | 8,100 | - |
| Motomed Equipment | - | - | - | 12,500 |
| Commit to Fit programme | 5,065 | - | 5,065 | 4,780 |
| Aquarium & Fish | 7,272 | - | 7,272 | 10,000 |
| Speech & Language | - | - | - | 3,709 |
| LED Lights - PICU | - | - | - | 22,000 |
| Specialist Buggy | - | - | - | 4,500 |
| Sleep chairs for Paul Ward | - | - | - | 9,000 |
| PICU Dept | - | - | - | 41,086 |
| Garden Project | 24,000 | - | 24,000 | - |
| Trex hd ambulatory video | - | - | - | 8,108 |
| Eye Gaze communication technology for Neuro disability | - | - | - | 15,000 |
| 2x sensory entertainment units | - | - | - | 9,000 |
| Play Department | 30,000 | - | 30,000 | - |
| Stargazer bed for Short Stay | 5,816 | - | 5,816 | - |
| i-Pad & software, Radiology | 7,795 | - | 7,795 | - |
| Adolescent Week | 2,160 | - | 2,160 | - |
| Transplant Games | 1,061 | - | 1,061 | - |
| Cleft Palate training | - | - | - | 196 |
| Other allocated spend | 16,945 | - | 16,945 | 17,047 |
| | <u>163,084</u> | <u>-</u> | <u>163,084</u> | <u>189,799</u> |

"HELPING HAND"
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023

3. Other Expenditure – Management and administration

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2023 £ | Total Funds 2022 £ |
|------------------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| Salaries & NIC | 52,579 | - | 52,579 | 55,597 |
| Insurance | 1,322 | - | 1,322 | 1,266 |
| Telephone | 1,151 | - | 1,151 | 2,009 |
| Stationery, printing & advertising | 539 | - | 539 | 1,095 |
| Bank charges | 109 | - | 109 | 185 |
| Accountancy | 1,584 | - | 1,584 | 1,536 |
| Travel expenses | 1,113 | - | 1,113 | 1,166 |
| Equipment Expensed | 2,000 | - | 2,000 | 75 |
| Catering | 155 | - | 155 | 127 |
| Sundry Expenses | 92 | - | 92 | 48 |
| Computer & Website maintenance | 866 | - | 866 | 714 |
| | 61,510 | - | 61,510 | 63,818 |

4. Restricted Funds

This fund comprises income that has been received by the Charity for particular purposes. There was no projects included in restricted funds at the end of the year.

5. Reconciliation of movements in funds

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2023 £ | Total Funds 2022 £ |
|----------------------------------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| Movement for the year | 17,364 | - | 17,364 | 47,453 |
| Balance of funds brought forward | 1,247,928 | - | 1,247,928 | 1,200,475 |
| Balance of funds carried forward | 1,265,292 | - | 1,265,292 | 1,247,928 |

Little Heroes

Northern Ireland - Charity number 102447

Annual report

"HELPING HAND"

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023

The Trustees present their Annual Report together with the financial statements for the year ended 31 December 2023.

Principal Activity

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Structure, Governance and Management

The Helping Hand Charity was established in 1997 by the medical staff at the Children's Hospital, with the single aim of helping the children in their care. The hospital has been caring for children since 1873 and now provides most of the paediatric regional specialities for Northern Ireland.

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Helping Hand, a registered charity, is managed by a Board of Trustees, which meets on a regular basis, chaired by Mr Ivan Martin.

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The organisation and management activities of the charity are undertaken by the fundraiser, Mr Nigel Kearney, with the assistance of an extra person who is paid an hourly rate. All decisions in respect of the day-to-day affairs of the society are taken by the Charity through its Board of Trustees at committee meetings.

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Objectives and Activities

The stated aims and objectives of the charity are --

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- Fund research and education into children's illnesses; and
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Helping Hand has assisted in the continued provision of new medical equipment and provision of items to enhance and improve the patient and parental experience. The charity is also committed to continuing to assist in the provision of much needed equipment in various departments.

The charity will continue to support or fund staff to attend courses to enhance their ability to improve the care of patients and their families.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023 (cont'd)

Achievements and Performance

During 2023 we continued to work closely with local and national companies such as Gordons Chemists, Andor Technology, Spirit AeroSystems, Sig Ireland, Thales Defense Systems, Shield Accident Management and ASB Technical Services who all ran a series of events throughout the year with their employees to raise funds for the hospital.

Regular supporters Willie Nugent, Stinfield Nursery, Portlaur Surf School, the Cullen family and Malton family all organised events again this year to raise funds.

New events in 2023 were the Drift Aid car event at the Titanic Belfast, several mountain challenges including a Six Peak Hike in the Mourne by the Stokes family, an ascent of Croagh Patrick by the Cummings family and a fire for Helping Hand, a climb to Everest Base Camp where Vanessa Wynn proudly flew the H&H flag.

Throughout 2023 we worked closely with Scott Carson, the Mayor of Lichum and Castleknock City Council and his team who ran a series of events including a Colour Run, Teddy bear's picnic, White Food Festival, a Golf Day and several theme days around Lichum and managed to raise a fantastic €35,000.

H&H trustee Louise Beggs dedicated her year as Lady Captain of Royal Belfast Golf Club to raising funds and we are indebted to her for her efforts.

We again had the support of local churches, small businesses and community groups as well as numerous families whose children attended the hospital who came on board to support the charity.

With the funds raised we were able to support many projects around the hospital including a joint project to refurbish the glass corridor garden area which is now open to access for patients and families and provides a safe outdoor area for patients to relax and get some fresh air.

We continue to support the Commit to Fit programme, the Bereavement group, adolescent week and the Renal units annual transplant games.

We have committed to an annual budget of €20,000 to enable the play department to provide their support services throughout the hospital, purchased an Ultrasound scanner for PICU, TV's for Allen ward, a V-Create visual diagnostic management and decision making system for the Neurology department and a similar system for the Radiology team as well as a new Defibrillator training system for the Sim Ed department.

Major spend items as follows:-

| | |
|---------------------------------|-----------|
| Commit to Fit programme | - £5,065 |
| Adolescent week | - £2,100 |
| Play department | - £30,000 |
| Transplant games | - £1,061 |
| Stargazer beds - Short stay | - £5,816 |
| Garden project | - £24,000 |
| Ultrasound scanner | - £42,500 |
| Sim Ed defibrillator | - £9,080 |
| V-Create system, Neurology Dept | - £8,100 |
| I-pad and software, Radiology | - £7,795 |
| TV's - Allen Ward | - £3,290 |

Other achievements

As planned, we were able to fund the Horizons bereavement programme to assist families who a lost a child. This programme is run by the NI Hospice charity at a cost of £80,000. Payment for this has been made by Helping Hand and will appear in the accounts for 2024.

Similarly, three new ultrasound scanners have been provided to the Theatres at a cost of £117,000 and this will also appear in next year's accounts.

Results

The results for the financial year are fully set out in the Statement of Financial Activities on page 6.

Trustees

The trustees of the Charity during the year were as follows:

Mr I Martin (Chairman)
Dr L Sweeny (Hon Secretary)
Dr P Jackson (Hon Treasurer)
Mr A Bailie
Mrs S Baker
Mrs L Beggs
Dr S Christie
Mrs J McKinstry
Ms B Moneypenny (Ladies League)
Mrs B Reid
Dr M Reid
Dr A Reid
J Stephens
Prof M Shields
Mr C Bradley
G Welby
J O'Rourke
H Jackson

Statement of Trustees' Responsibilities

The trustees are responsible for preparing financial statements for each financial period in line with recommendations set out in 'The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015' which give a true and fair view of the assets and liabilities of the Charity and of its surplus or deficit for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
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The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants

A resolution proposing the reappointment of TaxAssist Accountants, as accountants will be put to the Annual General Meeting.

By order of the Board of Trustees


Chairperson

Date: 22/08/2024

Little Heroes

Northern Ireland - Charity number 102447

Annual return

"HELPING HAND"

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2023**

To the Board of Trustees of the Helping Hand charity, we report on the accounts of the charity for the year ended 31st December 2023, which are set out on pages 6-10.

Respective responsibilities of trustees and examiners.

The charity's constitution states that the Trustees are responsible for the preparation of accounts. It is our responsibility to:

- examine the accounts to ensure that they have been prepared in accordance with general accounting principles.
- state whether any particular matters have come to our attention.

Basis of independent examiner's report

Our examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records; and
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2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



TaxAssist Accountants
103 Cregagh Road
Belfast
BT6 8PY

Date: 22/08/2024

Little Heroes

Northern Ireland - Charity number 102447

Accounts

**"HELPING HAND"
ROYAL BELFAST HOSPITAL FOR SICK CHILDREN**

FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 DECEMBER 2022

TaxAssist Accountants
103 Cregagh Road
Belfast BT6 8PY

“HELPING HAND”

INDEX TO THE ACCOUNTS

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| Independent Examination | 5 |
| Statement of Financial Activities | 6 |
| Balance Sheet | 7 |
| Notes to the Accounts | 8 - 10 |

"HELPING HAND"

OFFICERS AND PROFESSIONAL ADVISORS

BOARD OF TRUSTEES

Mr I Martin (Chairman)
Dr L Sweeny (Hon Secretary)
Dr P Jackson (Hon Treasurer)
Mr A Bailie
Mrs S Baker
Mrs L Beggs
Dr S Christie
Mrs J McKinstry
Ms B Money Penny (Ladies League)
Mrs B Reid
Dr M Reid
Prof M Shields
Dr A Reid
Mr J Stephens
Mr C Bradley
G Welby
J O'Rourke
H Jackson

SECRETARY

Dr L Sweeny
4 Ballygrainey Road
Craigavad
BT18 0HE

ACCOUNTANTS

TaxAssist Accountants
103 Cregagh Road
Belfast
BT6 8PY

SOLICITORS

Elliott Duffy Garrett
Royston House
34 Upper Queen Street
Belfast
BT1 6FD

PRINCIPAL BANKERS

Danske Bank Ltd
8/9 Donegall Square North
Belfast
BT1 5GJ

NI CHARITY COMMISSION

Reg. No. NIC 102447

“HELPING HAND”

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees present their Annual Report together with the financial statements for the year ended 31 December 2022.

Principal Activity

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Board of Trustees

Helping Hand, a registered charity, is managed by a Board of Trustees, which meets on a regular basis, chaired by Mr Ivan Martin.

Administration

The organisation and management activities of the charity are undertaken by the fundraiser, Mr Nigel Kearney, with the assistance of an extra person who is paid an hourly rate. All decisions in respect of the day-to-day affairs of the society are taken by the Charity through its Board of Trustees at committee meetings.

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Objectives and Activities

The stated aims and objectives of the charity are –

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Helping Hand has assisted in the continued provision of new medical equipment and provision of items to enhance and improve the patient and parental experience. The charity is also committed to continuing to assist in the provision of much needed equipment in various departments.

The charity will continue to support or fund staff to attend courses to enhance their ability to improve the care of patients and their families.

“HELPING HAND”

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022 (cont'd)

Achievements and Performance

Throughout 2022 we worked closely with local and national companies such as Alskea Developments, The Bar Library, Gordons chemists, Andor Technology, Bombardier, NIE Charity fund and SIG Ireland who committed to a year of organising fundraising events among their staff and client base to raise funds for the Hospital.

Regular supporters Financial Research partnership, Santfield Nursery and Portrush Surf School also ran their annual events to support the hospital and we once again received a generous donation from the Fire Department in New York.

We are also indebted to the many schools, churches and youth groups who also donated valuable funds and in particular to the families of patients attending the various wards who also ran a variety of events.

With these funds we were able to fulfill our commitment to all of our targeted projects which included continuing to install wall art in various departments including Knox Ward, Short Stay unit and the Outpatients department.

In addition we were able to continue to meet the need for patient and parent comforts such as chair beds, sensory equipment and various rehabilitation aids for individual patients.

A new fish tank in Medical OPD, funding to continue the Motomed cycle relocation scheme for Physio patients, the continuation of the Commit to Fit program for Cystic Fibrosis patients, TV'S, furniture, tablets and two blood pressure monitors for Paul Ward, along with the usual support of toys, games and sensory equipment for the play department and hospital school made up the bulk of the spending for 2022.

Some of the major items are listed below:-

Sleep chairs for Paul Ward. £9,000
Motomed Cycle Relocation scheme. - £12,500
Wall Art - £27,000
Specialist buggy. £4,500
PICU LED lights £22,000
Fish tank -OPD - £3,500
Eye Gaze communication technology for Neuro disability - £3,000
2x sensory entertainment units- £9,000
Specialist HD camera for Ambulatory EEG monitoring
Virtual reality headset entertainment equipment for ED department

Plans for future periods.

There are plans to refurbish the 'Crocodile Garden' adjacent to the link corridor to make it an accessible interactive area for both inpatients and outpatients.

Plans for this are well advanced and work should be started and completed in 2023.

We also intend to continue the wall art programme in other areas of the hospital.

We are aiming to provide two new ultrasound scanners, one for PICU and one for the MRI unit in 2023.

Discussion is also underway to fund a bereavement support network for all of Northern Ireland.

Results

The results for the financial year are fully set out in the Statement of Financial Activities on page 6.

Trustees

The trustees of the Charity during the year were as follows:

Mr I Martin (Chairman)
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Ms B Moneypenny (Ladies League)
Mrs B Reid
Dr M Reid
Dr A Reid
J Stephens
Prof M Shields
Mr C Bradley
G Welby – Joined 2020
J O'Rourke – Joined 2020
H Jackson – Joined 2020

Statement of Trustees' Responsibilities

The trustees are responsible for preparing financial statements for each financial period in line with recommendations set out in 'The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015' which give a true and fair view of the assets and liabilities of the Charity and of its surplus or deficit for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants

A resolution proposing the reappointment of TaxAssist Accountants, as accountants will be put to the Annual General Meeting.

By order of the Board of Trustees



Chairperson.

Date: 15/01/2024

"HELPING HAND"

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022**

To the Board of Trustees of the Helping Hand charity, we report on the accounts of the charity for the year ended 31st December 2022, which are set out on pages 6-10.

Respective responsibilities of trustees and examiners.

The charity's constitution states that the Trustees are responsible for the preparation of accounts.

It is our responsibility to:

- examine the accounts to ensure that they have been prepared in accordance with general accounting principles.
- state whether any particular matters have come to our attention.

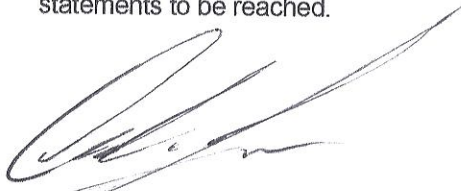
Basis of independent examiner's report

Our examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records; and
 - to prepare financial statements which accord with the accounting records have not been met.
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



TaxAssist Accountants
103 Cregagh Road
Belfast
BT6 8PY

Date: 15/01/2024

"HELPING HAND"
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022

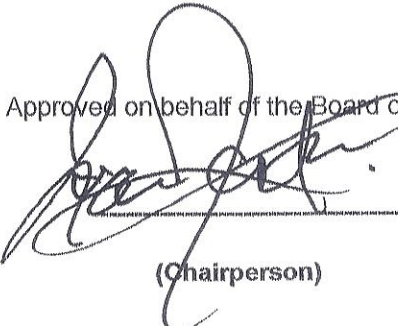
| | Notes | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|---------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| Incoming Resources | | | | | |
| Donations and gifts | | 137,005 | | 137,005 | 189,696 |
| Income from fund raising events | | 159,318 | | 159,318 | 50,794 |
| HMRC – Job Retention Scheme | | - | | - | 9,920 |
| Gift Aid | | 531 | | 531 | 4,428 |
| Bank Interest | | 6,324 | | 6,324 | 5,363 |
| | | <u>303,178</u> | | <u>303,178</u> | <u>260,201</u> |
| Resources expended | | | | | |
| Direct charitable expenditure | | | | | |
| - fund raising events | | 3,103 | 196 | 3,299 | 2,316 |
| - allocation of funds | 2 | 188,608 | | 188,608 | 57,343 |
| Other expenditure | | | | | |
| Management & administration | 3 | 63,818 | | 63,818 | 50,783 |
| | | <u>255,529</u> | <u>196</u> | <u>255,725</u> | <u>110,442</u> |
| Net movements in funds | | 47,649 | (196) | 47,453 | 149,759 |
| Total funds brought forward | | 1,200,279 | 196 | 1,200,475 | 1,050,716 |
| Total funds carried forward | | <u>1,247,928</u> | <u>0</u> | <u>1,247,928</u> | <u>1,200,475</u> |

"HELPING HAND"


BALANCE SHEET AS AT 31 DECEMBER 2022

| | Notes | 2022 £ | 2021 £ |
|-----------------------------|-------|------------------|------------------|
| Fixed assets | | | |
| Computer equipment | | - | - |
| | | - | - |
| Current assets | | | |
| Debtors | | - | - |
| Bank: | | | |
| Cash on hand | | 573 | 364 |
| Danske Bank Current Account | | 945,395 | 897,537 |
| Investments | | 307,404 | 303,371 |
| | | <u>1,253,372</u> | <u>1,201,272</u> |
| Current Liabilities | | | |
| Accruals | | 1,208 | 797 |
| PAYE | | 4,236 | - |
| | | <u>5,444</u> | <u>797</u> |
| Net Assets | | <u>1,247,928</u> | <u>1,200,475</u> |
| Funds balances | | | |
| Restricted | 4 | 0 | 196 |
| Unrestricted | | 1,247,928 | 1,200,279 |
| | | <u>1,247,928</u> | <u>1,200,475</u> |

Approved on behalf of the Board of Trustees of "Helping Hand" Charity on 15th January 2024 by:



(Chairperson)



(Honorary Treasurer)

The notes on pages 8 to 10 form part of these accounts.

"HELPING HAND"
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP 2015), 'The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015', as it relates to small charities, and applicable accounting standards.

Taxation

Helping Hand is registered as a charity with the Inland Revenue (No. XR18800) and as such is exempt from taxation.

Management and Administration Costs

There was no transfer of management & administration costs of the charity to Restricted Funds in y/e 31 December 2022.

"HELPING HAND"
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

2. Direct Charitable Expenditure – Allocation of Funds

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|--|----------------------------|--------------------------|--------------------------|--------------------------|
| Sensory Equipment, Toys, games, TV's, DVDs, etc. | 5,873 | | 5,873 | 2,944 |
| Wall Art | 27,000 | | 27,000 | |
| Sky Panels/Theatres | | | | 6,672 |
| Simeox Device/Physio | | | | 5,825 |
| Hillrom recondition vest unit | | | | 9,900 |
| Motomed Equipment | 12,500 | | 12,500 | |
| Commit to Fit programme | 4,780 | | 4,780 | 2,360 |
| Aquarium & Fish | 10,000 | | 10,000 | 3,627 |
| Speech & Language | 3,709 | | 3,709 | 4,753 |
| LED Lights - PICU | 22,000 | | 22,000 | |
| Specialist Buggy | 4,500 | | 4,500 | |
| Sleep chairs for Paul Ward | 9,000 | | 9,000 | |
| PICU Dept | 41,086 | | 41,086 | 4,486 |
| OT Dept. | | | | 3,754 |
| Trex hd ambulatory video | 8,108 | | 8,108 | |
| Eye Gaze communication technology for Neuro disability | 15,000 | | 15,000 | |
| 2x sensory entertainment units | 9,000 | | 9,000 | |
| Physio Dept. | | | | 805 |
| Graphics for Short Stay | | | | 7,140 |
| Cleft Palate training | | 196 | 196 | 30 |
| Other allocated spend | 17,047 | | 17,047 | 5,046 |
| | 189,603 | 196 | 189,799 | 57,343 |

“HELPING HAND”

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2022

3. Other Expenditure – Management and administration

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|------------------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| Salaries & NIC | 55,597 | - | 55,597 | 42,943 |
| Pension contributions | | - | | 600 |
| Insurance | 1,266 | - | 1,266 | 1,121 |
| Telephone | 2,009 | - | 2,009 | 1,646 |
| Stationery, printing & advertising | 1,095 | - | 1,095 | 424 |
| Bank charges | 185 | - | 185 | 99 |
| Accountancy | 1,536 | - | 1,536 | 1,476 |
| Travel expenses | 1,166 | - | 1,166 | 646 |
| Equipment Expensed | 75 | - | 75 | 1,044 |
| Catering | 127 | - | 127 | 68 |
| Sundry Expenses | 48 | - | 48 | 130 |
| Computer & Website maintenance | 714 | - | 714 | 586 |
| | 63,818 | - | 63,818 | 50,783 |

4. Restricted Funds

This fund comprises income that has been received by the Charity for particular purposes. There was one project included in restricted funds at the end of the year:-

- £7,815 was received in 2015 from the Cleft Palate Association for education, travel and equipment for that department. During 2022, £1,190.46 was spent leaving a balance of £0 to be carried forward, with the balance being covered from unrestricted funds.

5. Reconciliation of movements in funds

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|----------------------------------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| Movement for the year | 47,649 | (196) | 47,453 | 149,759 |
| Balance of funds brought forward | 1,200,279 | 196 | 1,200,475 | 1,050,716 |
| Balance of funds carried forward | 1,247,928 | 0 | 1,247,928 | 1,200,475 |

Little Heroes

Northern Ireland - Charity number 102447

Annual report

**“HELPING HAND”
ROYAL BELFAST HOSPITAL FOR SICK CHILDREN**

FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 DECEMBER 2022

TaxAssist Accountants
103 Cregagh Road
Belfast BT6 8PY

“HELPING HAND”

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| Report of the Trustees | 2 - 4 |
| Independent Examination | 5 |
| Statement of Financial Activities | 6 |
| Balance Sheet | 7 |
| Notes to the Accounts | 8 - 10 |

"HELPING HAND"

OFFICERS AND PROFESSIONAL ADVISORS

BOARD OF TRUSTEES

Mr I Martin (Chairman)
Dr L Sweeny (Hon Secretary)
Dr P Jackson (Hon Treasurer)
Mr A Bailie
Mrs S Baker
Mrs L Beggs
Dr S Christie
Mrs J McKinstry
Ms B Money Penny (Ladies League)
Mrs B Reid
Dr M Reid
Prof M Shields
Dr A Reid
Mr J Stephens
Mr C Bradley
G Welby
J O'Rourke
H Jackson

SECRETARY

Dr L Sweeny
4 Ballygrainey Road
Craigavad
BT18 0HE

ACCOUNTANTS

TaxAssist Accountants
103 Cregagh Road
Belfast
BT6 8PY

SOLICITORS

Elliott Duffy Garrett
Royston House
34 Upper Queen Street
Belfast
BT1 6FD

PRINCIPAL BANKERS

Danske Bank Ltd
8/9 Donegall Square North
Belfast
BT1 5GJ

NI CHARITY COMMISSION

Reg. No. NIC 102447

"HELPING HAND"

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees present their Annual Report together with the financial statements for the year ended 31 December 2022.

Principal Activity

The objects of the charity are exclusively charitable being for the benefit of patients by means of the advancement of their health care needs.

Principal Office

3rd Floor
Children's Hospital
180 Falls Road
Belfast BT12 6BE

Structure, Governance and Management

The Helping Hand Charity was established in 1997 by the medical staff at the Children's Hospital, with the single aim of helping the children in their care. The hospital has been caring for children since 1873 and, in 2022, now provides most of the paediatric regional specialities for Northern Ireland.

Board of Trustees

Helping Hand, a registered charity, is managed by a Board of Trustees, which meets on a regular basis, chaired by Mr Ivan Martin.

Administration

The organisation and management activities of the charity are undertaken by the fundraiser, Mr Nigel Kearney, with the assistance of an extra person who is paid an hourly rate. All decisions in respect of the day-to-day affairs of the society are taken by the Charity through its Board of Trustees at committee meetings.

Independent Examiner

TaxAssist Accountants provide an independent examination of the annual accounts and act as advisors when required.

Objectives and Activities

The stated aims and objectives of the charity are –

- To provide the best equipment to the Royal Belfast Hospital for Sick Children;
- Fund research and education into children's illnesses; and
- To support the immediate needs of children and their parents.

Helping Hand has assisted in the continued provision of new medical equipment and provision of items to enhance and improve the patient and parental experience. The charity is also committed to continuing to assist in the provision of much needed equipment in various departments.

The charity will continue to support or fund staff to attend courses to enhance their ability to improve the care of patients and their families.

“HELPING HAND”

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022 (cont'd)

Achievements and Performance

Throughout 2022 we worked closely with local and national companies such as Alskea Developments, The Bar Library, Gordons chemists, Andor Technology, Bombardier, NIE Charity fund and SIG Ireland who committed to a year of organising fundraising events among their staff and client base to raise funds for the Hospital.

Regular supporters Financial Research partnership, Santfield Nursery and Portrush Surf School also ran their annual events to support the hospital and we once again received a generous donation from the Fire Department in New York.

We are also indebted to the many schools, churches and youth groups who also donated valuable funds and in particular to the families of patients attending the various wards who also ran a variety of events.

With these funds we were able to fulfill our commitment to all of our targeted projects which included continuing to install wall art in various departments including Knox Ward, Short Stay unit and the Outpatients department.

In addition we were able to continue to meet the need for patient and parent comforts such as chair beds, sensory equipment and various rehabilitation aids for individual patients.

A new fish tank in Medical OPD, funding to continue the Motomed cycle relocation scheme for Physio patients, the continuation of the Commit to Fit program for Cystic Fibrosis patients, TV'S, furniture, tablets and two blood pressure monitors for Paul Ward, along with the usual support of toys, games and sensory equipment for the play department and hospital school made up the bulk of the spending for 2022.

Some of the major items are listed below:-

Sleep chairs for Paul Ward. £9,000
Motomed Cycle Relocation scheme. - £12,500
Wall Art - £27,000
Specialist buggy. £4,500
PICU LED lights £22,000
Fish tank -OPD - £3,500
Eye Gaze communication technology for Neuro disability - £3,000
2x sensory entertainment units- £9,000
Specialist HD camera for Ambulatory EEG monitoring
Virtual reality headset entertainment equipment for ED department

Plans for future periods.

There are plans to refurbish the 'Crocodile Garden' adjacent to the link corridor to make it an accessible interactive area for both inpatients and outpatients.

Plans for this are well advanced and work should be started and completed in 2023.

We also intend to continue the wall art programme in other areas of the hospital.

We are aiming to provide two new ultrasound scanners, one for PICU and one for the MRI unit in 2023.

Discussion is also underway to fund a bereavement support network for all of Northern Ireland.

Results

The results for the financial year are fully set out in the Statement of Financial Activities on page 6.

Trustees

The trustees of the Charity during the year were as follows:

Mr I Martin (Chairman)
Dr L Sweeny (Hon Secretary)
Dr P Jackson (Hon Treasurer)
Mr A Bailie
Mrs S Baker
Mrs L Beggs
Dr S Christie
Mrs J McKinstry
Ms B Moneypenny (Ladies League)
Mrs B Reid
Dr M Reid
Dr A Reid
J Stephens
Prof M Shields
Mr C Bradley
G Welby – Joined 2020
J O'Rourke – Joined 2020
H Jackson – Joined 2020

Statement of Trustees' Responsibilities

The trustees are responsible for preparing financial statements for each financial period in line with recommendations set out in 'The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015' which give a true and fair view of the assets and liabilities of the Charity and of its surplus or deficit for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants

A resolution proposing the reappointment of TaxAssist Accountants, as accountants will be put to the Annual General Meeting.

By order of the Board of Trustees



Chairperson.

Date: 15/01/2024

"HELPING HAND"

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022**

To the Board of Trustees of the Helping Hand charity, we report on the accounts of the charity for the year ended 31st December 2022, which are set out on pages 6-10.

Respective responsibilities of trustees and examiners.

The charity's constitution states that the Trustees are responsible for the preparation of accounts.

It is our responsibility to:

- examine the accounts to ensure that they have been prepared in accordance with general accounting principles.
- state whether any particular matters have come to our attention.

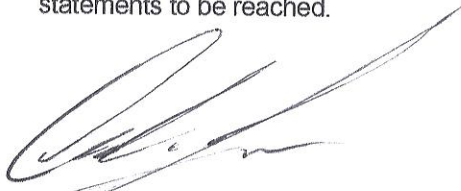
Basis of independent examiner's report

Our examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records; and
 - to prepare financial statements which accord with the accounting records have not been met.
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



TaxAssist Accountants
103 Cregagh Road
Belfast
BT6 8PY

Date: 15/01/2024

"HELPING HAND"
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022

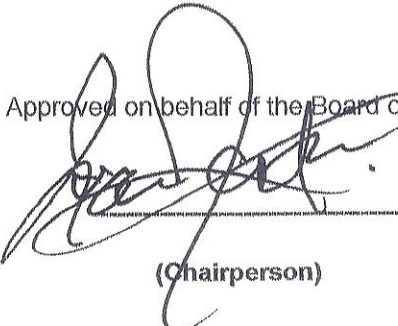
| | Notes | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|---------------------------------|-------|-------------------------|-----------------------|--------------------------|--------------------------|
| Incoming Resources | | | | | |
| Donations and gifts | | 137,005 | | 137,005 | 189,696 |
| Income from fund raising events | | 159,318 | | 159,318 | 50,794 |
| HMRC – Job Retention Scheme | | - | | - | 9,920 |
| Gift Aid | | 531 | | 531 | 4,428 |
| Bank Interest | | 6,324 | | 6,324 | 5,363 |
| | | <u>303,178</u> | | <u>303,178</u> | <u>260,201</u> |
| Resources expended | | | | | |
| Direct charitable expenditure | | | | | |
| - fund raising events | | 3,103 | 196 | 3,299 | 2,316 |
| - allocation of funds | 2 | 188,608 | | 188,608 | 57,343 |
| Other expenditure | | | | | |
| Management & administration | 3 | 63,818 | | 63,818 | 50,783 |
| | | <u>255,529</u> | <u>196</u> | <u>255,725</u> | <u>110,442</u> |
| Net movements in funds | | 47,649 | (196) | 47,453 | 149,759 |
| Total funds brought forward | | 1,200,279 | 196 | 1,200,475 | 1,050,716 |
| Total funds carried forward | | <u>1,247,928</u> | <u>0</u> | <u>1,247,928</u> | <u>1,200,475</u> |

"HELPING HAND"


BALANCE SHEET AS AT 31 DECEMBER 2022

| | Notes | 2022 £ | 2021 £ |
|-----------------------------|-------|------------------|------------------|
| Fixed assets | | | |
| Computer equipment | | - | - |
| | | - | - |
| Current assets | | | |
| Debtors | | - | - |
| Bank: | | | |
| Cash on hand | | 573 | 364 |
| Danske Bank Current Account | | 945,395 | 897,537 |
| Investments | | 307,404 | 303,371 |
| | | <u>1,253,372</u> | <u>1,201,272</u> |
| Current Liabilities | | | |
| Accruals | | 1,208 | 797 |
| PAYE | | 4,236 | - |
| | | <u>5,444</u> | <u>797</u> |
| Net Assets | | <u>1,247,928</u> | <u>1,200,475</u> |
| Funds balances | | | |
| Restricted | 4 | 0 | 196 |
| Unrestricted | | 1,247,928 | 1,200,279 |
| | | <u>1,247,928</u> | <u>1,200,475</u> |

Approved on behalf of the Board of Trustees of "Helping Hand" Charity on 15th January 2024 by:



(Chairperson)



(Honorary Treasurer)

The notes on pages 8 to 10 form part of these accounts.

"HELPING HAND"
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP 2015), 'The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015', as it relates to small charities, and applicable accounting standards.

Taxation

Helping Hand is registered as a charity with the Inland Revenue (No. XR18800) and as such is exempt from taxation.

Management and Administration Costs

There was no transfer of management & administration costs of the charity to Restricted Funds in y/e 31 December 2022.

"HELPING HAND"
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

2. Direct Charitable Expenditure – Allocation of Funds

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|--|----------------------------|--------------------------|--------------------------|--------------------------|
| Sensory Equipment, Toys, games, TV's, DVDs, etc. | 5,873 | | 5,873 | 2,944 |
| Wall Art | 27,000 | | 27,000 | |
| Sky Panels/Theatres | | | | 6,672 |
| Simeox Device/Physio | | | | 5,825 |
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| Motomed Equipment | 12,500 | | 12,500 | |
| Commit to Fit programme | 4,780 | | 4,780 | 2,360 |
| Aquarium & Fish | 10,000 | | 10,000 | 3,627 |
| Speech & Language | 3,709 | | 3,709 | 4,753 |
| LED Lights - PICU | 22,000 | | 22,000 | |
| Specialist Buggy | 4,500 | | 4,500 | |
| Sleep chairs for Paul Ward | 9,000 | | 9,000 | |
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| OT Dept. | | | | 3,754 |
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| Eye Gaze communication technology for Neuro disability | 15,000 | | 15,000 | |
| 2x sensory entertainment units | 9,000 | | 9,000 | |
| Physio Dept. | | | | 805 |
| Graphics for Short Stay | | | | 7,140 |
| Cleft Palate training | | 196 | 196 | 30 |
| Other allocated spend | 17,047 | | 17,047 | 5,046 |
| | 189,603 | 196 | 189,799 | 57,343 |

“HELPING HAND”

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2022

3. Other Expenditure – Management and administration

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|------------------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| Salaries & NIC | 55,597 | - | 55,597 | 42,943 |
| Pension contributions | | - | | 600 |
| Insurance | 1,266 | - | 1,266 | 1,121 |
| Telephone | 2,009 | - | 2,009 | 1,646 |
| Stationery, printing & advertising | 1,095 | - | 1,095 | 424 |
| Bank charges | 185 | - | 185 | 99 |
| Accountancy | 1,536 | - | 1,536 | 1,476 |
| Travel expenses | 1,166 | - | 1,166 | 646 |
| Equipment Expensed | 75 | - | 75 | 1,044 |
| Catering | 127 | - | 127 | 68 |
| Sundry Expenses | 48 | - | 48 | 130 |
| Computer & Website maintenance | 714 | - | 714 | 586 |
| | <u>63,818</u> | <u>-</u> | <u>63,818</u> | <u>50,783</u> |

4. Restricted Funds

This fund comprises income that has been received by the Charity for particular purposes. There was one project included in restricted funds at the end of the year:-

- £7,815 was received in 2015 from the Cleft Palate Association for education, travel and equipment for that department. During 2022, £1,190.46 was spent leaving a balance of £0 to be carried forward, with the balance being covered from unrestricted funds.

5. Reconciliation of movements in funds

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| Movement for the year | 47,649 | (196) | 47,453 | 149,759 |
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| Balance of funds carried forward | <u>1,247,928</u> | <u>0</u> | <u>1,247,928</u> | <u>1,200,475</u> |

Little Heroes

Northern Ireland - Charity number 102447

Annual return

**"HELPING HAND"
ROYAL BELFAST HOSPITAL FOR SICK CHILDREN**

FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 DECEMBER 2022

TaxAssist Accountants
103 Cregagh Road
Belfast BT6 8PY

“HELPING HAND”

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| Balance Sheet | 7 |
| Notes to the Accounts | 8 - 10 |

"HELPING HAND"

OFFICERS AND PROFESSIONAL ADVISORS

BOARD OF TRUSTEES

Mr I Martin (Chairman)
Dr L Sweeny (Hon Secretary)
Dr P Jackson (Hon Treasurer)
Mr A Bailie
Mrs S Baker
Mrs L Beggs
Dr S Christie
Mrs J McKinstry
Ms B Money Penny (Ladies League)
Mrs B Reid
Dr M Reid
Prof M Shields
Dr A Reid
Mr J Stephens
Mr C Bradley
G Welby
J O'Rourke
H Jackson

SECRETARY

Dr L Sweeny
4 Ballygrainey Road
Craigavad
BT18 0HE

ACCOUNTANTS

TaxAssist Accountants
103 Cregagh Road
Belfast
BT6 8PY

SOLICITORS

Elliott Duffy Garrett
Royston House
34 Upper Queen Street
Belfast
BT1 6FD

PRINCIPAL BANKERS

Danske Bank Ltd
8/9 Donegall Square North
Belfast
BT1 5GJ

NI CHARITY COMMISSION

Reg. No. NIC 102447

“HELPING HAND”

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees present their Annual Report together with the financial statements for the year ended 31 December 2022.

Principal Activity

The objects of the charity are exclusively charitable being for the benefit of patients by means of the advancement of their health care needs.

Principal Office

3rd Floor
Children's Hospital
180 Falls Road
Belfast BT12 6BE

Structure, Governance and Management

The Helping Hand Charity was established in 1997 by the medical staff at the Children's Hospital, with the single aim of helping the children in their care. The hospital has been caring for children since 1873 and, in 2022, now provides most of the paediatric regional specialities for Northern Ireland.

Board of Trustees

Helping Hand, a registered charity, is managed by a Board of Trustees, which meets on a regular basis, chaired by Mr Ivan Martin.

Administration

The organisation and management activities of the charity are undertaken by the fundraiser, Mr Nigel Kearney, with the assistance of an extra person who is paid an hourly rate. All decisions in respect of the day-to-day affairs of the society are taken by the Charity through its Board of Trustees at committee meetings.

Independent Examiner

TaxAssist Accountants provide an independent examination of the annual accounts and act as advisors when required.

Objectives and Activities

The stated aims and objectives of the charity are –

- To provide the best equipment to the Royal Belfast Hospital for Sick Children;
- Fund research and education into children's illnesses; and
- To support the immediate needs of children and their parents.

Helping Hand has assisted in the continued provision of new medical equipment and provision of items to enhance and improve the patient and parental experience. The charity is also committed to continuing to assist in the provision of much needed equipment in various departments.

The charity will continue to support or fund staff to attend courses to enhance their ability to improve the care of patients and their families.

“HELPING HAND”

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022 (cont'd)

Achievements and Performance

Throughout 2022 we worked closely with local and national companies such as Alskea Developments, The Bar Library, Gordons chemists, Andor Technology, Bombardier, NIE Charity fund and SIG Ireland who committed to a year of organising fundraising events among their staff and client base to raise funds for the Hospital.

Regular supporters Financial Research partnership, Santfield Nursery and Portrush Surf School also ran their annual events to support the hospital and we once again received a generous donation from the Fire Department in New York.

We are also indebted to the many schools, churches and youth groups who also donated valuable funds and in particular to the families of patients attending the various wards who also ran a variety of events.

With these funds we were able to fulfill our commitment to all of our targeted projects which included continuing to install wall art in various departments including Knox Ward, Short Stay unit and the Outpatients department.

In addition we were able to continue to meet the need for patient and parent comforts such as chair beds, sensory equipment and various rehabilitation aids for individual patients.

A new fish tank in Medical OPD, funding to continue the Motomed cycle relocation scheme for Physio patients, the continuation of the Commit to Fit program for Cystic Fibrosis patients, TV'S, furniture, tablets and two blood pressure monitors for Paul Ward, along with the usual support of toys, games and sensory equipment for the play department and hospital school made up the bulk of the spending for 2022.

Some of the major items are listed below:-

Sleep chairs for Paul Ward. £9,000
Motomed Cycle Relocation scheme. - £12,500
Wall Art - £27,000
Specialist buggy. £4,500
PICU LED lights £22,000
Fish tank -OPD - £3,500
Eye Gaze communication technology for Neuro disability - £3,000
2x sensory entertainment units- £9,000
Specialist HD camera for Ambulatory EEG monitoring
Virtual reality headset entertainment equipment for ED department

Plans for future periods.

There are plans to refurbish the 'Crocodile Garden' adjacent to the link corridor to make it an accessible interactive area for both inpatients and outpatients.

Plans for this are well advanced and work should be started and completed in 2023.

We also intend to continue the wall art programme in other areas of the hospital.

We are aiming to provide two new ultrasound scanners, one for PICU and one for the MRI unit in 2023.

Discussion is also underway to fund a bereavement support network for all of Northern Ireland.

Results

The results for the financial year are fully set out in the Statement of Financial Activities on page 6.

Trustees

The trustees of the Charity during the year were as follows:

Mr I Martin (Chairman)
Dr L Sweeny (Hon Secretary)
Dr P Jackson (Hon Treasurer)
Mr A Bailie
Mrs S Baker
Mrs L Beggs
Dr S Christie
Mrs J McKinstry
Ms B Moneypenny (Ladies League)
Mrs B Reid
Dr M Reid
Dr A Reid
J Stephens
Prof M Shields
Mr C Bradley
G Welby – Joined 2020
J O'Rourke – Joined 2020
H Jackson – Joined 2020

Statement of Trustees' Responsibilities

The trustees are responsible for preparing financial statements for each financial period in line with recommendations set out in 'The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015' which give a true and fair view of the assets and liabilities of the Charity and of its surplus or deficit for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants

A resolution proposing the reappointment of TaxAssist Accountants, as accountants will be put to the Annual General Meeting.

By order of the Board of Trustees



Chairperson.

Date: 15/01/2024

"HELPING HAND"

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022**

To the Board of Trustees of the Helping Hand charity, we report on the accounts of the charity for the year ended 31st December 2022, which are set out on pages 6-10.

Respective responsibilities of trustees and examiners.

The charity's constitution states that the Trustees are responsible for the preparation of accounts.

It is our responsibility to:

- examine the accounts to ensure that they have been prepared in accordance with general accounting principles.
- state whether any particular matters have come to our attention.

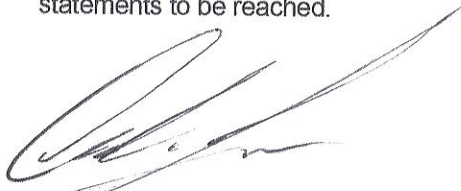
Basis of independent examiner's report

Our examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records; and
 - to prepare financial statements which accord with the accounting records have not been met.
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



TaxAssist Accountants
103 Cregagh Road
Belfast
BT6 8PY

Date: 15/01/2024

"HELPING HAND"
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022

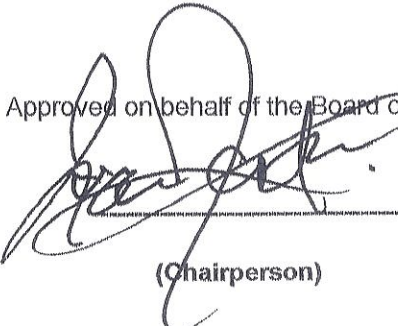
| | Notes | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|---------------------------------|-------|-------------------------|-----------------------|--------------------------|--------------------------|
| Incoming Resources | | | | | |
| Donations and gifts | | 137,005 | | 137,005 | 189,696 |
| Income from fund raising events | | 159,318 | | 159,318 | 50,794 |
| HMRC – Job Retention Scheme | | - | | - | 9,920 |
| Gift Aid | | 531 | | 531 | 4,428 |
| Bank Interest | | 6,324 | | 6,324 | 5,363 |
| | | <u>303,178</u> | | <u>303,178</u> | <u>260,201</u> |
| Resources expended | | | | | |
| Direct charitable expenditure | | | | | |
| - fund raising events | | 3,103 | 196 | 3,299 | 2,316 |
| - allocation of funds | 2 | 188,608 | | 188,608 | 57,343 |
| Other expenditure | | | | | |
| Management & administration | 3 | 63,818 | | 63,818 | 50,783 |
| | | <u>255,529</u> | <u>196</u> | <u>255,725</u> | <u>110,442</u> |
| Net movements in funds | | 47,649 | (196) | 47,453 | 149,759 |
| Total funds brought forward | | 1,200,279 | 196 | 1,200,475 | 1,050,716 |
| Total funds carried forward | | <u>1,247,928</u> | <u>0</u> | <u>1,247,928</u> | <u>1,200,475</u> |

"HELPING HAND"


BALANCE SHEET AS AT 31 DECEMBER 2022

| | Notes | 2022 £ | 2021 £ |
|-----------------------------|-------|------------------|------------------|
| Fixed assets | | | |
| Computer equipment | | - | - |
| | | - | - |
| Current assets | | | |
| Debtors | | - | - |
| Bank: | | | |
| Cash on hand | | 573 | 364 |
| Danske Bank Current Account | | 945,395 | 897,537 |
| Investments | | 307,404 | 303,371 |
| | | <u>1,253,372</u> | <u>1,201,272</u> |
| Current Liabilities | | | |
| Accruals | | 1,208 | 797 |
| PAYE | | 4,236 | - |
| | | <u>5,444</u> | <u>797</u> |
| Net Assets | | | |
| | | <u>1,247,928</u> | <u>1,200,475</u> |
| Funds balances | | | |
| Restricted | 4 | 0 | 196 |
| Unrestricted | | 1,247,928 | 1,200,279 |
| | | <u>1,247,928</u> | <u>1,200,475</u> |

Approved on behalf of the Board of Trustees of "Helping Hand" Charity on 15th January 2024 by:



(Chairperson)



(Honorary Treasurer)

The notes on pages 8 to 10 form part of these accounts.

"HELPING HAND"
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP 2015), 'The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015', as it relates to small charities, and applicable accounting standards.

Taxation

Helping Hand is registered as a charity with the Inland Revenue (No. XR18800) and as such is exempt from taxation.

Management and Administration Costs

There was no transfer of management & administration costs of the charity to Restricted Funds in y/e 31 December 2022.

"HELPING HAND"
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

2. Direct Charitable Expenditure – Allocation of Funds

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|--|----------------------------|--------------------------|--------------------------|--------------------------|
| Sensory Equipment, Toys, games, TV's, DVDs, etc. | 5,873 | | 5,873 | 2,944 |
| Wall Art | 27,000 | | 27,000 | |
| Sky Panels/Theatres | | | | 6,672 |
| Simeox Device/Physio | | | | 5,825 |
| Hillrom recondition vest unit | | | | 9,900 |
| Motomed Equipment | 12,500 | | 12,500 | |
| Commit to Fit programme | 4,780 | | 4,780 | 2,360 |
| Aquarium & Fish | 10,000 | | 10,000 | 3,627 |
| Speech & Language | 3,709 | | 3,709 | 4,753 |
| LED Lights - PICU | 22,000 | | 22,000 | |
| Specialist Buggy | 4,500 | | 4,500 | |
| Sleep chairs for Paul Ward | 9,000 | | 9,000 | |
| PICU Dept | 41,086 | | 41,086 | 4,486 |
| OT Dept. | | | | 3,754 |
| Trex hd ambulatory video | 8,108 | | 8,108 | |
| Eye Gaze communication technology for Neuro disability | 15,000 | | 15,000 | |
| 2x sensory entertainment units | 9,000 | | 9,000 | |
| Physio Dept. | | | | 805 |
| Graphics for Short Stay | | | | 7,140 |
| Cleft Palate training | | 196 | 196 | 30 |
| Other allocated spend | 17,047 | | 17,047 | 5,046 |
| | 189,603 | 196 | 189,799 | 57,343 |

“HELPING HAND”

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2022

3. Other Expenditure – Management and administration

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|------------------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| Salaries & NIC | 55,597 | - | 55,597 | 42,943 |
| Pension contributions | | - | | 600 |
| Insurance | 1,266 | - | 1,266 | 1,121 |
| Telephone | 2,009 | - | 2,009 | 1,646 |
| Stationery, printing & advertising | 1,095 | - | 1,095 | 424 |
| Bank charges | 185 | - | 185 | 99 |
| Accountancy | 1,536 | - | 1,536 | 1,476 |
| Travel expenses | 1,166 | - | 1,166 | 646 |
| Equipment Expensed | 75 | - | 75 | 1,044 |
| Catering | 127 | - | 127 | 68 |
| Sundry Expenses | 48 | - | 48 | 130 |
| Computer & Website maintenance | 714 | - | 714 | 586 |
| | 63,818 | - | 63,818 | 50,783 |

4. Restricted Funds

This fund comprises income that has been received by the Charity for particular purposes. There was one project included in restricted funds at the end of the year:-

- £7,815 was received in 2015 from the Cleft Palate Association for education, travel and equipment for that department. During 2022, £1,190.46 was spent leaving a balance of £0 to be carried forward, with the balance being covered from unrestricted funds.

5. Reconciliation of movements in funds

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|----------------------------------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| Movement for the year | 47,649 | (196) | 47,453 | 149,759 |
| Balance of funds brought forward | 1,200,279 | 196 | 1,200,475 | 1,050,716 |
| Balance of funds carried forward | 1,247,928 | 0 | 1,247,928 | 1,200,475 |