

## **Trustees' Annual Report**

### **Introduction**

This is the annual report of the Trustees of INSIGHT (NIC 102006) for the financial year from 1 April 2023 to 31 March 2024.

INSIGHT is governed by its Constitution dating from its inception. The charity is managed by a committee of trustees, which meets on a regular basis.

### **Purpose of the charity**

The Insight group meets on the first Monday of every month. At our monthly meetings we have speakers to provide us with support, information and services pertinent to blind and partially sighted people and their carers'. We provide transport to and from these meetings to help eradicate social isolation.

We offer information, support and advice to blind and partially sighted people and their carers' throughout the Magherafelt and Cookstown Council Districts.

### **Activities**

We produce a quarterly newsletter for blind and partially sighted people in Mid-Ulster. This provides blind and partially sighted people with up to date information in an accessible format on issues, services and updates on the Insight group.

We run networking events for blind and partially sighted people from across the Northern Board. We also try to run day trips and our members decide the destination for these trips. We have a Boccia group to provide a physical activity once per month for those who wish to participate.

We attend local consultations regarding disability issues to ensure the voice of the visually impaired community is heard. Members take part in providing Visual Awareness Training to organisations throughout the Mid-Ulster area.

### **Conclusion**

In preparing this report the Trustees of INSIGHT have had due regard for the guidance on public benefit from the Northern Ireland Charity Commission and other documentation produced by the Commission and are of the view that the group is operating in full compliance with its duties as a charity.

Signed on behalf of the trustees on 2 December 2024



**John Richardson**  
**Treasurer**