

Families Beyond Conflict

Northern Ireland · Charity number 101840

Details

Status Overdue

Registered 2015-03-18

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address Families Beyond Conflict
Wmc
260 Cambrai Street
Belfast
BT13 3jj
BT13 3JJ

Phone 07590921659

Email jackiefamiliesbeyondconflict@gmail.com

Activities

Purposes: The Group was established to build the capacity of the community of the socially and economically disadvantaged greater Shankill area of Belfast by promoting learning experiences that increase the skills, abilities and confidence of individuals and groups empowering them to trust, combat exclusion and marginalisation and to create a sense of belonging. The Group puts in place support systems, strategies and mechanisms to encourage and facilitate a healing process with the object of bridge building leading to reconciliation within the entire community and beyond.

What the charity does: The advancement of education, The advancement of health or the saving of lives, The advancement of citizenship or community development, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Community development, Counselling/support, Education/training

Who the charity helps: Adult training, Children (5-13 year olds), General public, Men, Mental health, Older people, Unemployed/low income, Victim support, Women

Finances

Period end	Income	Expenditure	Assets	Employees
2024-03-31	£60,983	£60,973	£0	1

Trustees

Name	Role	Appointed
Anthony Clarke		
Caroline Moffett		
Mr Nicholas Magee		
Mrs Catherine Bickerstaff		
Mrs Winifred Mcconnell		
Sharon Bailey		

Families Beyond Conflict

Northern Ireland - Charity number 101840

Accounts

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

CHARITY REGISTRATION NUMBER NIC 101840

O'HARA SHEARER
CHARTERED ACCOUNTANTS AND STATUTORY AUDITORS
547 FALLS ROAD
BELFAST
BT11 9AB

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

CONTENTS

	Page
Officers and other information	1
Report of the Independent Accountants to the Trustees'	2
Accounting Policies	3-5
Statement of Financial Activities (incorporating the income and expenditure account)	6
Balance Sheet	7
Notes to the Financial Statements	8-13

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024
OFFICERS AND OTHER INFORMATION

Trustees

Anthony Clarke
Caroline Moffett
Sharon Bailey
Cartherine Bickerstaff
Winifred McConnell
Nicholas Magee

Registered Office

WMC
260 Cambrai Street
Belfast
BT13 3JH

Accountants

O'Hara Shearer
Chartered Accountants
& Statutory Auditors
547 Falls Road
Belfast, BT11 9AB

Bankers

Danske Bank
Donegall Square West
Belfast
BT1 6JS

Charity Registration Number

NIC 101840

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FAMILIES
BEYOND CONFLICT ON THE UNAUDITED FINANCIAL STATEMENTS**

I report on the accounts of Families Beyond Conflict for the year ended 31 March 2024, which are set out on pages 6 and 7.

Respective responsibilities of charity trustees and the examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

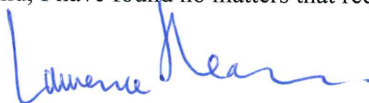
My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It was also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

- 1 That accounting records were not kept in accordance with section 63 of the Charities
- 2 That the accounts do not accord with those accounting records
- 3 That the accounts do not comply with the accounting requirements of the Charities
- 4 That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



LAWRENCE SHEARER F.C.A., Senior Statutory Auditor
FOR AND ON BEHALF OF O'HARA SHEARER, Statutory Auditor
O'HARA SHEARER
CHARTERED ACCOUNTANTS
AND STATUTORY AUDITORS

547 Falls Road
Belfast
BT11 9AB

Dated: 12th June 2025

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

STATEMENT OF ACCOUNTING POLICIES

Accounting Convention and Basis of Accounting

The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard which applies in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Income Recognition

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest Receivable

Interest on funds held is included when receivable and the amount can be measured reliably; this is normally upon notification of the interest paid or payable by the Bank.

Resources Expended

All expenditure is accounted for on an accruals basis and is classified under headings that aggregate all costs related to the category.

Fundraising costs include the costs of advertising, producing publications, printing and mailing fundraising material, and staff costs in these areas.

Costs of charitable activities include direct expenditure incurred through operational activities.

Governance costs represent the costs associated with the governance arrangements of the charity which relate to the general running of the charity as opposed to those costs associated with fundraising or charitable activity.

Fixed Assets

All tangible fixed assets are recorded at cost.

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

STATEMENT OF ACCOUNTING POLICIES (Continued)

Repairs and Renewals

All repairs and renewals are written off as incurred

Pension Costs

The charity does currently operate a pension scheme.

Debtors and Prepayments

Trade debtors and other debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Foreign Currencies

Monetary assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the net movement in funds.

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

STATEMENT OF ACCOUNTING POLICIES (Continued)

Fund Accounting

Unrestricted funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside by the trustees out of unrestricted funds for specific future purposes.

Restricted funds are those given for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Reserves Policy

Unrestricted funds are needed to provide funds which can be applied to specific projects to enable these projects to be undertaken at short notice and to cover the running costs of the Charity for a limited period, should there be a significant shortfall in projected income.

The Directors consider it prudent that unrestricted reserves should be sufficient to avoid the necessity of realising fixed assets held for the Charity's use.

FAMILIES BEYOND CONFLICT
STATEMENT OF FINANCIAL ACTIVITIES (incorporating the income and expenditure account)
FOR THE YEAR ENDED 31ST MARCH 2024

	NOTES	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	TOTAL 2024 £	TOTAL 2023 £
INCOME AND ENDOWMENTS FROM:						
Donations and legacies	1	1,410	-	-	1,410	1,865
Income from investments	2	-	-	-	-	-
Income from charitable activities	3	-	60,983	-	60,983	70,978
Income from other trading activities	4	-	-	-	-	-
TOTAL INCOME AND ENDOWMENTS		1,410	60,983	-	62,393	72,843
EXPENDITURE ON:						
Expenditure on raising funds	5	-	-	-	-	-
Expenditure on charitable activities	6	-	60,973	-	60,973	76,835
Other expenditure		-	-	-	-	-
Net (gains)/losses on investments		-	-	-	-	-
TOTAL RESOURCES EXPENDED		-	60,973	-	60,973	76,835
NET INCOME/(EXPENDITURE)		1,410	10	-	1,420	(3,992)
Transfers between funds		-	-	-	-	-
NET MOVEMENT IN FUNDS		1,410	10	-	1,420	(3,992)
RECONCILIATION OF FUNDS						
TOTAL FUNDS BROUGHT FORWARD		(1,579)	-	-	(1,579)	2,413
TOTAL FUNDS CARRIED FORWARD		(169)	10	-	(159)	(1,579)

The Statement of Financial Activities includes all gains and losses in the year and therefore a
Statement of Total Recognised Gains and Losses has not been prepared

All of the above amounts relate to continuing activities

The accompanying accounting policies and the notes form part of these financial statements


FAMILIES BEYOND CONFLICT
BALANCE SHEET
AS AT 31ST MARCH 2024

	NOTES	2024 £	2023 £
FIXED ASSETS			
Tangible assets	9	-	-
CURRENT ASSETS			
Debtors and prepayments	10	-	-
Cash at bank	11	1,165	(286)
Cash in hand		(20)	(20)
		1,145	(306)
Creditors: amounts falling due within one year	12	(1,304)	(1,273)
NET CURRENT ASSETS/(LIABILITIES)		(159)	(1,579)
TOTAL ASSETS LESS CURRENT ASSETS/(LIABILITIES)		(159)	(1,579)
Creditors: amounts falling due after more than one year		-	-
NET ASSETS/(LIABILITIES)		(159)	(1,579)
FUNDS:			
ENDOWMENT FUNDS		-	-
UNRESTRICTED INCOME FUNDS	14	(169)	(1,579)
RESTRICTED INCOME FUNDS	15	10	-
		(159)	(1,579)

These financial statements were approved by the directors on 12th June 2025 and are signed on their behalf by:



JACKIE CHALK
PROJECT MANAGER



ANTHONY CLARKE
TREASURER

DATE 12th June 2025

DATE 12th June 2025

The accompanying accounting policies and notes form part of these financial statements

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

1. DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	2024 £	Unrestricted Funds £	Restricted Funds £	2023 £
Donations	1,410	-	1,410	1,865	-	1,865
Legacies	-	-	-	-	-	-
	1,410	-	1,410	1,865	-	1,865

2. INCOME FROM INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	2024 £	Unrestricted Funds £	Restricted Funds £	2023 £
Income from UK listed investments	-	-	-	-	-	-
Income from cash	-	-	-	-	-	-
	-	-	-	-	-	-

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	2024 £	Unrestricted Funds £	Restricted Funds £	2023 £
Victims and Survivors Service	-	60,984	60,984	-	72,475	72,475
Victims and Survivors Service - underspend clawback payable	-	(1)	(1)	-	(1,497)	(1,497)
Victims and Survivors Service - SSF additional funding	-	-	-	-	-	-
Community Foundation NI	-	-	-	-	-	-
	-	60,983	60,983	-	70,978	70,978

4. INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	2024 £	Unrestricted Funds £	Restricted Funds £	2023 £
Fundraising	-	-	-	-	-	-
	-	-	-	-	-	-

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

5. EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds £	Restricted Funds £	2024 £	Unrestricted Funds £	Restricted Funds £	2023 £
Promotional and fundraising costs	-	-	-	-	-	-
	-	-	-	-	-	-

6. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	2024 £	Unrestricted Funds £	Restricted Funds £	2023 £
Wages and salaries	-	34,757	34,757	-	32,791	32,791
Programme costs - social support	-	11,165	11,165	-	22,532	22,532
Programme costs - residential, trips and lunches	-	6,273	6,273	-	11,644	11,644
Rent and service charges	-	4,950	4,950	-	5,400	5,400
Rates	-	(49)	(49)	-	243	243
Light and heat	-	168	168	-	331	331
Repairs and office maintenance	-	425	425	-	1,109	1,109
Telephone and internet costs	-	488	488	-	976	976
Printing, postage, and stationery	-	1,137	1,137	-	390	390
Insurance	-	488	488	-	541	541
Bank and interest charges	-	183	183	-	164	164
Sundry expenses	-	-	-	-	-	-
	-	59,985	59,985	-	76,121	76,121
Support Costs and Governance costs						
Accountant's remuneration	-	834	834	-	714	714
Other professional fees	-	154	154	-	-	-
Depreciation	-	-	-	-	-	-
	-	988	988	-	714	714
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES	-	60,973	60,973	-	76,835	76,835

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

7. NET (OUTGOING)/ INCOMING RESOURCES FOR THE YEAR	2024	2023
This is stated after charging/(crediting)	£	£
Accountants remuneration	834	714
Depreciation	-	-
	-	-

8. SALARY COSTS AND EMOLUMENTS	2024	2023
	£	£
Total staff costs were as follows:		
Wages and salaries - key management personnel	33,745	31,836
Wages and salaries - other staff	-	-
Employer social security costs - key management personnel	4,413	4,244
Employer social security costs - other staff	-	-
Employer social security costs - Employment Allowance	(3,401)	(3,289)
	34,757	32,791

The average monthly number of employees during the year was as follows:	2024	2023
	Number	Number
	1	1

No employees had emoluments in excess of £60,000 (2023: £Nil)

Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31st March 2024. (2023: £Nil)

Trustees' Expenses

There were no trustees' expenses paid for the year ended 31st March 2024. (2024: £Nil)

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

9. TANGIBLE FIXED ASSETS

	Fixtures & Fittings £	Computer Equipment £	Total £
COST			
As at 1st April 2023	-	-	-
Additions	-	-	-
Disposals	-	-	-
As at 31st March 2024	-	-	-
DEPRECIATION			
As at 1st April 2023	-	-	-
Charge for year	-	-	-
Eliminated on disposal	-	-	-
As at 31st March 2024	-	-	-
Net book value 2024	-	-	-
Net book value 2023	-	-	-

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Debtors	-	-
Prepayments	-	-
	-	-
	-	-

11. CASH AT BANK

	2024	2023
	£	£
Danske Bank - VSS Strategic Support Fund - Main Current Account	(2,665)	(2,975)
Danske Bank - VSS - Secondary Current Account	3,830	2,689
	1,165	(286)
	1,165	(286)

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Other taxes and social security costs	122	109
Accruals and deferred income	1,182	1,164
	1,304	1,273
	1,304	1,273

13. MOVEMENT IN FUNDS

	Opening Balance £	Incoming Resources £	Outgoing Resources £	Transfers between funds £	Net Movement in Funds £	2024 £	2023 £
Unrestricted Income Funds	(1,579)	1,410	-	-	1,410	(169)	(1,579)
Restricted Income Funds	-	60,983	(60,973)	-	10	10	-
	(1,579)	62,393	(60,973)	-	1,420	(159)	(1,579)
	(1,579)	62,393	(60,973)	-	1,420	(159)	(1,579)

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2024

14. UNRESTRICTED INCOME FUNDS	2024	2023
	£	£
Balance at 1st April 2023	(1,579)	2,413
Incoming resources for the year	1,410	1,865
Resources expended for the year	-	-
Transfers between funds	-	(5,857)
	<hr/>	<hr/>
Balance at 31st March 2024	<u>(169)</u>	<u>(1,579)</u>

15. RESTRICTED INCOME FUNDS	2024	2023
	£	£
Balance at 1st April 2023	-	-
Incoming resources for the year	60,983	70,978
Resources expended for the year	(60,973)	(76,835)
Transfers between funds	-	5,857
	<hr/>	<hr/>
Balance at 31st March 2024	<u>10</u>	<u>-</u>

16. LEGAL STATUS

Families Beyond Conflict is a recognised Charity within the definition of Section 360(3) Income and Corporation Taxes Act 1970 by the Commissioners of the Inland Revenue.

Families Beyond Conflict is a Charity registered with The Charity Commission for Northern Ireland Charity Number NIC 101840. Date of Registration 18th March 2015.

Families Beyond Conflict

Northern Ireland - Charity number 101840

Accounts

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

CHARITY REGISTRATION NUMBER NIC 101840

O'HARA SHEARER
CHARTERED ACCOUNTANTS AND STATUTORY AUDITORS
547 FALLS ROAD
BELFAST
BT11 9AB

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

CONTENTS

	Page
Officers and other information	1
Report of the Independent Accountants to the Trustees'	2
Accounting Policies	3-5
Statement of Financial Activities (incorporating the income and expenditure account)	6
Balance Sheet	7
Notes to the Financial Statements	8-13

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023
OFFICERS AND OTHER INFORMATION

Trustees

Anthony Clarke
Caroline Moffett
Sharon Bailey
Cartherine Bickerstaff
Winifred McConnell
Nicholas Magee

Registered Office

56 Tennent Street
Belfast
BT13 3GB

Accountants

O'Hara Shearer
Chartered Accountants
& Statutory Auditors
547 Falls Road
Belfast, BT11 9AB

Bankers

Danske Bank
Donegall Square West
Belfast
BT1 6JS

Charity Registration Number

NIC 101840

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FAMILIES
BEYOND CONFLICT ON THE UNAUDITED FINANCIAL STATEMENTS**

I report on the accounts of Families Beyond Conflict for the year ended 31 March 2023, which are set out on pages 6 and 7.

Respective responsibilities of charity trustees and the examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It was also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

- 1 That accounting records were not kept in accordance with section 63 of the Charities
- 2 That the accounts do not accord with those accounting records
- 3 That the accounts do not comply with the accounting requirements of the Charities
- 4 That there is further information needed for a proper understanding of the accounts to be reached.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

LAWRENCE SHEARER F.C.A., Senior Statutory Auditor
FOR AND ON BEHALF OF O'HARA SHEARER, Statutory Auditor
O'HARA SHEARER
CHARTERED ACCOUNTANTS
AND STATUTORY AUDITORS
547 Falls Road
Belfast
BT11 9AB
Dated: 8th April 2024

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

STATEMENT OF ACCOUNTING POLICIES

Accounting Convention and Basis of Accounting

The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard which applies in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Income Recognition

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Interest Receivable

Interest on funds held is included when receivable and the amount can be measured reliably; this is normally upon notification of the interest paid or payable by the Bank.

Resources Expended

All expenditure is accounted for on an accruals basis and is classified under headings that aggregate all costs related to the category.

Fundraising costs include the costs of advertising, producing publications, printing and mailing fundraising material, and staff costs in these areas.

Costs of charitable activities include direct expenditure incurred through operational activities.

Governance costs represent the costs associated with the governance arrangements of the charity which relate to the general running of the charity as opposed to those costs associated with fundraising or charitable activity.

Fixed Assets

All tangible fixed assets are recorded at cost.

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

STATEMENT OF ACCOUNTING POLICIES (Continued)

Repairs and Renewals

All repairs and renewals are written off as incurred

Pension Costs

The charity does currently operate a pension scheme.

Debtors and Prepayments

Trade debtors and other debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Foreign Currencies

Monetary assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the net movement in funds.

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

STATEMENT OF ACCOUNTING POLICIES (Continued)

Fund Accounting

Unrestricted funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside by the trustees out of unrestricted funds for specific future purposes.

Restricted funds are those given for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Reserves Policy

Unrestricted funds are needed to provide funds which can be applied to specific projects to enable these projects to be undertaken at short notice and to cover the running costs of the Charity for a limited period, should there be a significant shortfall in projected income.

The Directors consider it prudent that unrestricted reserves should be sufficient to avoid the necessity of realising fixed assets held for the Charity's use.

FAMILIES BEYOND CONFLICT
STATEMENT OF FINANCIAL ACTIVITIES (incorporating the income and expenditure account)
FOR THE YEAR ENDED 31ST MARCH 2023

	NOTES	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	TOTAL 2023 £	TOTAL 2022 £
INCOME AND ENDOWMENTS FROM:						
Donations and legacies	1	1,865	-	-	1,865	3,162
Income from investments	2	-	-	-	-	3
Income from charitable activities	3	-	70,978	-	70,978	60,279
Income from other trading activities	4	-	-	-	-	-
TOTAL INCOME AND ENDOWMENTS		1,865	70,978	-	72,843	63,444
EXPENDITURE ON:						
Expenditure on raising funds	5	-	-	-	-	-
Expenditure on charitable activities	6	-	76,835	-	76,835	60,265
Other expenditure		-	-	-	-	-
Net (gains)/losses on investments		-	-	-	-	-
TOTAL RESOURCES EXPENDED		-	76,835	-	76,835	60,265
NET INCOME/(EXPENDITURE)		1,865	(5,857)	-	(3,992)	3,179
Transfers between funds		(5,857)	5,857	-	-	-
NET MOVEMENT IN FUNDS		(3,992)	-	-	(3,992)	3,179
RECONCILIATION OF FUNDS						
TOTAL FUNDS BROUGHT FORWARD		2,413	-	-	2,413	(766)
TOTAL FUNDS CARRIED FORWARD		(1,579)	-	-	(1,579)	2,413

The Statement of Financial Activities includes all gains and losses in the year and therefore a Statement of Total Recognised Gains and Losses has not been prepared

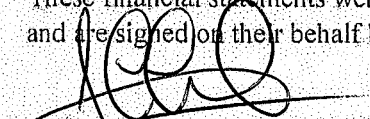
All of the above amounts relate to continuing activities


The accompanying accounting policies and the notes form part of these financial statements

FAMILIES BEYOND CONFLICT
BALANCE SHEET
AS AT 31ST MARCH 2023

	NOTES	2023 £	2022 £
FIXED ASSETS			
Tangible assets	9	-	-
CURRENT ASSETS			
Debtors and prepayments	10	-	-
Cash at bank	11	(286)	2,508
Cash in hand		(20)	(20)
		(306)	2,488
Creditors: amounts falling due within one year	12	(1,273)	(75)
NET CURRENT ASSETS/(LIABILITIES)		(1,579)	2,413
TOTAL ASSETS LESS CURRENT ASSETS/(LIABILITIES)		(1,579)	2,413
Creditors: amounts falling due after more than one year		-	-
NET ASSETS/(LIABILITIES)		(1,579)	2,413
FUNDS:			
ENDOWMENT FUNDS		-	-
UNRESTRICTED INCOME FUNDS	14	(1,579)	2,413
RESTRICTED INCOME FUNDS	15	-	-
		(1,579)	2,413

These financial statements were approved by the directors on 8th April 2024
and are signed on their behalf by:


JACKIE CHALK
PROJECT MANAGER


ANTHONY CLARKE
TREASURER

DATE 8th April 2024

DATE 8th April 2024

The accompanying accounting policies and notes form part of these financial statements

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

1. DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	2023 £	Unrestricted Funds £	Restricted Funds £	2022 £
Donations	1,865	-	1,865	3,162	-	3,162
Legacies	-	-	-	-	-	-
	1,865	-	1,865	3,162	-	3,162

2. INCOME FROM INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	2023 £	Unrestricted Funds £	Restricted Funds £	2022 £
Income from UK listed investments	-	-	-	-	-	-
Income from cash	-	-	-	3	-	3
	-	-	-	3	-	3

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	2023 £	Unrestricted Funds £	Restricted Funds £	2022 £
Victims and Survivors Service	-	72,475	72,475	-	52,264	52,264
Victims and Survivors Service - underspend clawback payable	-	(1,497)	(1,497)	-	(815)	(815)
Victims and Survivors Service - SSF additional funding	-	-	-	-	7,170	7,170
Community Foundation NI	-	-	-	-	1,660	1,660
	-	70,978	70,978	-	60,279	60,279

4. INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	2023 £	Unrestricted Funds £	Restricted Funds £	2022 £
Fundraising	-	-	-	-	-	-
	-	-	-	-	-	-

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

5. EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds	Restricted Funds	2023	Unrestricted Funds	Restricted Funds	2022
	£	£	£	£	£	£
Promotional and fundraising costs	-	-	-	-	-	-
	-	-	-	-	-	-

6. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2023	Unrestricted Funds	Restricted Funds	2022
	£	£	£	£	£	£
Wages and salaries	-	32,791	32,791	-	27,539	27,539
Programme costs - social support	-	22,532	22,532	-	8,460	8,460
Programme costs - residential, trips and lunches	-	11,644	11,644	-	14,701	14,701
Rent and service charges	-	5,400	5,400	-	5,400	5,400
Rates	-	243	243	-	255	255
Light and heat	-	331	331	-	102	102
Repairs and office maintenance	-	1,109	1,109	-	120	120
Telephone and internet costs	-	976	976	-	817	817
Printing, postage, and stationery	-	390	390	-	1,165	1,165
Insurance	-	541	541	-	890	890
Bank and interest charges	-	164	164	-	62	62
Sundry expenses	-	-	-	-	40	40
	-	76,121	76,121	-	59,551	59,551
Support Costs and Governance costs						
Accountant's remuneration	-	714	714	-	714	714
Other professional fees	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
	-	714	714	-	714	714
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES	-	76,835	76,835	-	60,265	60,265

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

7. NET (OUTGOING)/ INCOMING RESOURCES FOR THE YEAR	2023	2022
This is stated after charging/(crediting)	£	£
Accountants remuneration	714	714
Depreciation	-	-
	<hr/> <hr/>	<hr/> <hr/>

8. SALARY COSTS AND EMOLUMENTS	2023	2022
	£	£
Total staff costs were as follows:		
Wages and salaries - key management personnel	31,836	26,737
Wages and salaries - other staff	-	-
Employer social security costs - key management personnel	4,244	3,271
Employer social security costs - other staff	-	-
Employer social security costs - Employment Allowance	(3,289)	(2,469)
	<hr/> <hr/>	<hr/> <hr/>
	32,791	27,539

The average monthly number of employees during the year was as follows:	2023	2022
	Number	Number
	<hr/> <hr/>	<hr/> <hr/>
	1	1

No employees had emoluments in excess of £60,000 (2022: £Nil)

Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31st March 2023. (2022: £Nil)

Trustees' Expenses

There were no trustees' expenses paid for the year ended 31st March 2023. (2022: £Nil)

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

9. TANGIBLE FIXED ASSETS

	Fixtures & Fittings £	Computer Equipment £	Total £
COST			
As at 1st April 2022	-	-	-
Additions	-	-	-
Disposals	-	-	-
	<hr/>		
As at 31st March 2023	-	-	-
	<hr/>		
DEPRECIATION			
As at 1st April 2022	-	-	-
Charge for year	-	-	-
Eliminated on disposal	-	-	-
	<hr/>		
As at 31st March 2023	-	-	-
	<hr/>		
Net book value 2023	-	-	-
	<hr/>		
Net book value 2022	-	-	-
	<hr/>		

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Debtors	-	-
Prepayments	-	-
	-	-
	-	-

11. CASH AT BANK

	2023	2022
	£	£
Danske Bank - VSS Strategic Support Fund - Main Current Account	(2,975)	(2,959)
Danske Bank - VSS - Secondary Current Account	2,689	5,467
	(286)	2,508
	(286)	2,508

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Other taxes and social security costs	109	75
Accruals and deferred income	1,164	-
	1,273	75
	1,273	75

13. MOVEMENT IN FUNDS

	Opening Balance	Incoming Resources	Outgoing Resources	Transfers between funds	Net Movement in Funds	2023	2022
	£	£	£	£	£	£	£
Unrestricted Income Funds	2,413	1,865	-	(5,857)	(3,992)	(1,579)	2,413
Restricted Income Funds	-	70,978	(76,835)	5,857	-	-	-
	2,413	72,843	(76,835)	-	(3,992)	- 1,579	2,413
	2,413	72,843	(76,835)	-	(3,992)	- 1,579	2,413

FAMILIES BEYOND CONFLICT
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023

14. UNRESTRICTED INCOME FUNDS	2023	2022
	£	£
Balance at 1st April 2022	2,413	-
Incoming resources for the year	1,865	3,165
Resources expended for the year	-	-
Transfers between funds	<u>(5,857)</u>	<u>(752)</u>
Balance at 31st March 2023	<u>(1,579)</u>	<u>2,413</u>

15. RESTRICTED INCOME FUNDS	2023	2022
	£	£
Balance at 1st April 2022	-	(766)
Incoming resources for the year	70,978	60,279
Resources expended for the year	(76,835)	(60,265)
Transfers between funds	<u>5,857</u>	<u>752</u>
Balance at 31st March 2023	<u>-</u>	<u>-</u>

16. LEGAL STATUS

Families Beyond Conflict is a recognised Charity within the definition of Section 360(3) Income and Corporation Taxes Act 1970 by the Commissioners of the Inland Revenue.

Families Beyond Conflict is a Charity registered with The Charity Commission for Northern Ireland Charity Number NIC.101840. Date of Registration 18th March 2015.

Families Beyond Conflict

Northern Ireland - Charity number 101840

Annual report

Trustees Report Families Beyond Conflict

1. Name of Charity

Families Beyond Conflict

2. Address

WMC
260 Cambrai Street
Belfast
Co. Antrim
BT13 3JJ

3. NI Charity Commission Number

Charity Number: NIC101840

4. The Purpose of the Charity

Families Beyond Conflict was established to build the capacity of the community of the socially and economically disadvantaged greater Shankill area of Belfast. By promoting learning experiences to increase the skills, abilities and confidence of individuals and groups FBC empowers them to trust, combat exclusion and marginalisation and create a sense of belonging. Families Beyond Conflict puts in place support systems, strategies and mechanisms to encourage and facilitate a healing process with the object of bridge building leading to reconciliation within the entire community and beyond.

5. Charity Trustees

Mrs Caroline Moffett: Chairperson
Mr Anthony Clarke: Treasurer
Mr Nicholas Magee: Secretary
Mrs Marie McNiece: Member
Mrs Winifred McConnell: Member
Mrs Catherine Bickerstaff: Member

6. Financial year of relevance of this trustee report

1st April 2022 to 31st March 2023

7. Summary of the Charity's main activities to further its purposes for the public benefit

During the period 1st April 2022 – 31st March 2023 Families Beyond Conflict delivered the following services to the following numbers of clients.

Work Area	Planned Outputs at 1st April 2022	Actual at 31st March 2023
Health and Wellbeing		
Complimentary Therapies	32 clients – 192 sessions	32 clients – 192 sessions
Social Support		
Monday Women's Group	12 Women over 65	13 Women over 65
Men's Group	12 Men	17 Men
Young Mum's Group	12 Young Mothers	13 Young Mothers
Thursday Women's Group	12 Women over 55	13 Women over 55
Family Bonding Scheme	20 young people/15 adults	20 young people/17 adults
Monday Women's Group 2	9 women	9 women
Lived Experience Project	23 women	23 Women
FBC Drop-in Centre	Open 8.30am – 5.00pm Mon-Fri	Open 8.30am – 5.00pm Mon-Fri

Families Beyond Conflict have provided the following programmes

Health and Well Being

Complimentary Therapies

FBC completed a 4 runs of 6 x 1 hour sessions for 32 clients, each over a 6-week period during the course of the year

The total of therapies carried out in this financial year was 192 for 32 unique individuals. FBC hosted the therapy clinic 2 afternoons each week, in our new therapy room in the Woodvale Methodist Church grounds. The programme is run by a single Therapist through our partner group the Centre of Health and Wellbeing she is very experienced and popular with the clients. For each client she assesses their needs and administers the most appropriate course of therapies to best meet them. She also promotes the benefits of a healthier lifestyle by providing clients with information, advice, and handouts. The clients take an active role in deciding what therapy they receive; this enhances their feelings of being in control of their moods and emotions – something few have on a daily basis. Our aim continues to be to calm negative

emotions and improved positive emotions and to demonstrate how making life-changing choices can greatly benefit physical and mental health, particularly at a time when many clients are worried about the current economic climate when many are experiencing anxiety around the huge increases in cost of living. Those who took part greatly benefitted from the therapies; the majority found them to be effective in reducing stress and anxiety and reducing symptoms of depression as well as improving sleep.

We have been using the MYMOP recording method which proved a valuable asset in confirming the positive impact the therapies have. The demand for therapies continues to be high.

Social Support

Monday Group

The programme continues to meet all its aims and objectives. This group is made up of 13 women aged over 65 years who are struggling to deal with the stress and trauma as a result of the Conflict in Northern Ireland. A new member joined in April to replace one who left due to ill health.

In the first quarter the group met on 13 Mondays, in the second quarter met a further 12 Mondays, in the 3rd quarter there were 11 meetings and, in the final quarter, a further 11 totalling 47 meetings for the year to the end of March. They also took part in 3 respite trips with the Thursday morning group. In mid-June the joint group of 22 ladies spent the day together, initially calling into Dobbies Garden Centre in Lisburn for shopping and coffee, then headed to St Patricks Cathedral in Armagh for a guided tour of the Church of Ireland building. The group had previously visited the Roman Catholic Cathedral and interesting comparisons were made. The group then travelled onto Banbridge for lunch (and a natter). In October 20 ladies from the 2 groups greatly enjoyed a weekend residential in the Adair Arms, Ballymena. This, now traditional residential, is self-funded, they save weekly, and a nominated member is given responsibility for recording and banking the savings, this has the added benefit of encouraging the ladies to budget and save. The residential is the highlight of their year and they enjoy shopping and time together playing games and bingo and enjoy the entertainment in the hotel and spending an extended time together. The sharing of time with the ladies from the Thursday group greatly enhances their experiences and enables them to develop new friendships.

Arts and Crafts continues to be the most popular aspect of their programme. We were lucky to secure funding in the first quarter to enable the group to take part in a 4-week programme where they tried some new and different craft techniques including printing, felt making, weaving and jewellery making.

During the second quarter the group took part in a 4-week programme of reminiscences. As part of our Wednesday groups OCN accredited programme at the beginning of the year there was a session exploring social lives in the 40's 50's and 60's. The ladies in this group experienced those times and it was considered that revisiting happy times of their youth would be a worthwhile programme which would serve to lighten their

mood and improve their well-being. An outside facilitator was invited to oversee the programme as it is beneficial to the ladies to have someone new to lead sessions and introduce a different perspective. The group really enjoyed the project and were able to share stories about their childhoods, school, socialising, fashion, and special events in their lives like their weddings and special times with their families. The sessions were really heartening and there were many stories shared and there was a real focus on the positive even though many experienced a very poor childhood with little money. During the period the group also decoupage pots and planted cacti and did diamond painting.

During quarter 3 the ladies enjoyed more arts and crafts and focussed on Christmas crafts, they also had several bingo sessions which they really enjoy as well as other games. The group joined the Thursday ladies for Christmas lunch in the Lansdowne Hotel on 9th December – 19 ladies were present and once again enjoyed their time together.

In quarter 4 alongside the usual quizzes, bingo sessions and games the group enjoyed some relaxing adult colouring sessions and made keyrings using diamond painting, a craft media they enjoy as it is a fairly simple process, and they take away something tangible. The group have been busy this quarter with several trips out. They enjoyed a respite trip to Colmans Garden Centre in Templepatrick followed by lunch at the Rabbit restaurant. In February the group took part in a cookery session at a local church on the Shankill Road, the session was excellent and led by a former baker whose sense of humour made the session all the more enjoyable. They each made 2 loaves of bread and had homemade soup and freshly baked baps for lunch. Then to finish the year in March, the group headed to the outlet shopping Centre in Banbridge for some retail therapy and then into Banbridge for a late lunch. This activity was also run with the Thursday morning group where once again friendships were renewed and developed, and they thoroughly enjoyed their time together.

As previously reported the group are aging, and attendance is not always the 80-100% we have regularly achieved over the past few years. Many are struggling with health issues that affect their mobility and general well-being. It is difficult to organise appropriate respite trips that are comfortable and suitable for a group of ladies whose abilities are so varied and whose needs are diverse. The type of activity is carefully chosen to ensure as many can attend as possible, and we were delighted only 1 lady wasn't able to attend the last respite trip in March.

Thursday Group

The programme has met all its aims and objectives. The Thursday group is made up of 12 ladies over 60, who have had 48 meetings in this financial year as well as taking part in the respite trip to Armagh with the Monday group, the residential in Ballymena above. They also enjoyed the same craft programme as the Monday group and the reminiscence programme which they too really enjoyed and Christmas Lunch in the Lansdowne hotel (See Above) the group greatly appreciated the bread making session as the Monday ladies had and then the final respite trip of the year was with the Monday group to Banbridge as described above. They took part in Christmas crafts in

November and December. This group also took part in crochet lessons which were run by one of the Monday ladies, they had requested this activity for some time and were pleased we had time to fit it in the schedule. They too also enjoyed decoupage pots and planting cacti, diamond painting and the usual bingo, quizzes, and games. Attendance has been good with this group as, like the Monday group they are aging and less able but have not been hit by the illnesses the Monday group experienced this year.

Mothers Group

This group of 13 Mum's who have children or grandchildren at school has developed to become an intergenerational group, including 4 sets of Mums and daughters and an even balance of members in their 30/40's and 60's. In the past the group only met during term time as many were involved in the family summer programme, this year they continued to meet all summer as the demand to meet was very high and a further 12 meetings took place in the second quarter totalling 48 meetings in this financial year.

The group went on their first respite trip of the year in August as they had been so busy with their education programme. Childcare commitments limit the group in terms of the type and timing of any trips they may be able to go on, but they went to lunch and enjoyed a lovely time together. In the first quarter the group took part in a 4-week craft programme, where they decorated jewellery boxes, made bracelets, did needle felting, etching and made decorations to celebrate the Queens platinum jubilee. The group completed an OCN Accredited training programme in September which lasted for 8 weeks, entitled discovering woman's identity in Northern Ireland. They then completed another programme exploring Celtic myths and legends which lasted until mid-November, this was not accredited but they enjoy this self-development aspect of the programme and found this programme enjoyable and discovered much they were not aware of which is part of their shared heritage. We have been very fortunate to secure these accredited and non-accredited programmes for free. The group also had a workshop exploring sexuality run by the Rainbow Project. Some of our members are dealing with family situations around non-binary issues and it had come up in discussion several times, the workshop was extremely well presented and provided some clarity about definition of terms such as non-binary and gender fluid. It helped the Project Manager better understand the definitions should any other members in any group come to her with concerns.

In quarter 3 the group also spent time decorating Christmas Eve children's gift boxes and some other Christmas Arts and Crafts as well as enjoying the usual quizzes and bingo. The group went out together independent of FBC for their Christmas dinner but enjoyed a game of Christmas "Stop the bus" and a Christmas Chip for their last meeting of the year.

Starting in January, the group took part in a new accredited programme (level 2) looking at the influence of women in Northern Ireland politics and the rights of Women in different countries. They also explored Bills of Rights of several different countries and discussed their differences. Over the past 2 years this group have qualifications.

Not one member had previously gained a single academic qualification. The programme has greatly developed them on a personal level and undertaken 4 accredited training programmes 1 at level 1 and 3 at level 2, they have totally embraced the opportunity to “study” and gain increased self-esteem and confidence. Two members have taken on part-time employment, and another is considering going back into education. This year’s programme has been a triumph as the members realised how much they could achieve, and that learning can be fun.

The group took part in 2 respite trips in quarter 4 – they faced and beat escape rooms in a fun activity which had 2 teams trying to solve problems and puzzles to discover how to escape the rooms (and save Belfast from atomic annihilation). There was a deal of competition but taken in good spirit. The group also enjoyed a meal together. In March the group also enjoyed another meal together and their final get together was a residential in the Adair Arms, Ballymena. This was self-funded; the ladies saved each week and chose the venue. Attendance is rarely below 100% which is a tribute to the programme as well as a real indication of the need for the programme and the huge benefit the participants gain from it. It is particularly pleasing that most have become very good friends and share time together outside of FBC. It has contributed greatly to alleviating their social isolation and providing them with the confidence to outside their comfort zones and explore many things they would never have considered in the past.

Cross-Community Group (Thursday)

This group is made up of 10 women from the Shankill area. These women originally came together as part of a VSS cross-community programme, in conjunction with 10 women from the Centre of Health and Wellbeing in Whiterock. It was due to run until March 2020 but was cut short before it was concluded by the lockdown and the funding had to be repaid to VSS. The demand for the programme was high and the FBC group met in a single identity situation from April at the conclusion of a cross-community programme which ended in March 2022 following a successful funding bid to the Lottery Awards for All. They met 8 times between April and May. There was a break from this programme as FBC were awarded funding for a Lived Experiences programme and membership is made up, in the majority by members of this group. This group started to meet again on Thursday 6 October on a programme looking at the legacy of the conflict. The initial stage of the programme lasted 5 weeks and the members explored how the Conflict had affected them and their families and the impact it had on their lives. They also took part in Christmas craft sessions and had a party on their last day together before Christmas.

This programme continued in January/February when the group met up with a cross community group with the aim of expressing the legacy in the form of a stage performance, unfortunately this was not concluded as the other group dropped out of the programme. While this was disappointing the members gained invaluable experience in writing pieces and comparing the legacy of the troubles from a loyalist and republican perspective, which essentially is very similar. This programme has

been provided for FBC for free – and it was a great opportunity for the members of this group to experience another new activity which serves to greatly increase their confidence and self-esteem. The group continued to meet until the end of the year and took part in a respite trip to the Escape rooms which they thoroughly enjoyed. This group will continue to meet into the next financial year where it is hoped to secure some funding for a cross-community programme.

Monday Group 2

Following a successful request for a budget virement a new group was initiated on 7th November to meet on the first Monday afternoon of each month. This group is currently made up of 9 women who are victims and survivors and were on the FBC waiting list. It is anticipated a further 3 (to bring the group up to 12 members) will join over the next few months. It has been a long time aim to reduce the waiting list; initially however, it is likely the group will meet monthly as the Project Manager is a lone worker with limited time, but it is planned to encourage participants to lead up sessions enhancing their skills, personal development and confidence and the aim is to increase the frequency of meetings. Therefore, at this stage the group have met up on 5 occasions, the first was a getting to know you session and the second was a craft session where the members made Christmas lanterns. After Christmas the group played a game of stop the bus in January, which was a lot of fun, in February they enjoyed an afternoon tea which was delivered to FBC. The ladies enjoyed the food and feasted on sausage rolls, chicken goujons, and sandwiches, scones with jam and cream and tray bakes. In March a member of the group demonstrated, and the members practiced, screen printing. This will be continued into April when the group will decorate Tote Bags. FBC is delighted to have the opportunity to reduce the waiting list and increase its work with some of the most vulnerable women in the Shankill area, separate funding will be sourced to develop this group more and hopefully enable them to meet more often.

Tuesday Group

The agreed funding virement with VSS also enabled FBC to run a 6 weeklong programme focussing on a mixed media art project. Through reminiscence, working with clay, mosaic and storytelling, each participant created a display piece which told a story through a fusion of image and text. The mixed media approach ensured that there was something for everyone with activities adapted where necessary for our differently abled older people. We aimed to create a combination of individual and group artwork with a fun, positive energy – the project encompassed the 5 steps to wellbeing. This project involved at least 8 unique new participants as well 3 who are currently involved in other programmes and who have been identified as needing extra support at this time. The project commenced on 8 November and ran for 6 weeks to 13 December. It was extremely successful, and the resulting pieces were very professional and satisfying for the participants. They gained great benefit from their participation, and it is hoped this group may come back together for another project in the future – much will depend on identifying a suitable programme at a suitable cost.

Lived Experience

Lived Experiences was a creative writing project designed to produce an anthology of new writing from women survivors and a digitised performance designed to be used as both a learning tool and a work of art. Families Beyond Conflict (Shankill) worked with long-term partners the Centre of Health and Wellbeing (Upper Springfield) in developing this project. The 23 women, who were involved had been adversely and negatively impacted by the legacy of the Northern Irish Conflict and it gave a platform and opportunity for expression for those who felt their stories had gone unheard or ignored. The programme focused on delivering a series of creative writing classes. It had a strong good relations focus and was specifically targeting those who have perceived barriers because of their culture and identity. We engaged Prime Cut Productions to provide an experienced creative writing facilitator to work with participants, encouraging them to share their experiences and draw out their stories to create a series of monologues. These monologues formed the basis of a printed anthology and the screenplay for a digitised performance. The anthology included images chosen by the participants they felt represent their feelings, opinions, and aspirations. The digitised performance lasts approximately 10 minutes and features a chosen selection of the monologues delivered by the participants themselves, with provision made for those who feel uncomfortable doing so not to be photographed. Anonymity is fully provided for those who feel more comfortable with it. Once filmed a copy will be provided to all stakeholders and with participants permission has the capacity to be a free learning resource.

Each single identity group met 8 times with the creative writing facilitator and 2 times with the same facilitator in a cross-community situation. Each group took part in several exercises to encourage individual writing skills at the same time as developing the confidence of the participants. The resulting pieces of work have far surpassed any expectations any participant had. The quality of work was incredible each piece told a story that had previously not been shared. It was an extremely emotional process for all who took part and alongside the laughs there were many, many tears. Each Single Identity group was very supportive of each other and recognised the similarities in their struggles. But when the stories were shared in the joint meetings there was a real recognition and understanding of the same suffering experienced by both communities. These shared meetings served very well as part of the healing the participants so obviously experienced. Not all chose to be filmed but the majority who did really relished a completely new experience and those who didn't wish to be filmed were still present in the sessions and enjoyed the process. The group met one more time to celebrate their achievements in October where they enjoyed a game of Stop the Bus and enjoyed a meal together in Farset.

The book has since been published and available in libraries across Belfast and from FBC and The Centre for Health and Wellbeing

INTERGENERATIONAL

Men's Group

Seventeen men are involved in the programme, this is such a well-established group with the membership remaining stable for at least 3 years. The group met on 45 occasions since the beginning of April. Every other week the men meet at a local Leisure Centre for football training and a match. These sessions last about one hour and 15 minutes and the group then meet for coffee and a chat in the café. Aside from the obvious health benefits of the football some of the men are still attending the gym at other times in the week, inspired by the exercise and their football. While there are benefits to the physical exercise there are also benefits to the chats following the football and the meetings on the non-footballing weeks. It provides a rare opportunity for these men to share their problems and talk about the issues that affect their daily lives. In the past these men have found it difficult to make social connections but feel much more at ease in each other's company and able to broach sensitive issues. There is no doubt their common love for football creates a good environment where they feel comfortable to have these conversations. It has been extremely difficult to organise any respite trips for this group as most members work full time and often at weekend – two respite trips took place in the last quarter – a much enjoyed and highly competitive visit to the escape rooms in Dundonald and a day enjoying outdoor pursuits at Todd's Leap in Ballygawley. The intensity of the day long programme really tested the men's strength and stamina and as always, they were very competitive but in a "friendly" way! This group has become very close – and it is heartening to witness the very positive relationships between the 2 generations who have this project in common whereas prior to their participation there was no opportunity to share any time together.

Family Bonding Scheme

The Programme began in April with planning and child recruitment. Twenty young people were registered, which meets targets. The Parents/Guardians met for the first time in June when they were informed of their roles and responsibilities during the programme. The programme provides an opportunity for the young people and older members of their families to share new experiences and spend positive time together in an environment outside the usual one they share. A very full and exciting programme was arranged in the week beginning 4 July. Attendance was excellent with an average of 96% overall. For most events we had at least 18 adult family members attending. The intergenerational rapport and the respect that has been developed is the outstanding feature of this project alongside the development of friendships and regular and ongoing contact between individuals outside the programme. The behaviour of the young people was excellent, and they were a credit to their families. The activities they shared developed and enhanced their relationships in a very positive way. There was a good balance of activities geared to meeting the various likes and needs of the young people. During the period of lockdown there was a window during Halloween half-term when we were able to meet and run a

programme. This was extremely well received by the Families as it was pointed out there are many more activities and events happening in the summer but none in the autumn or New Year. It is planned to take account of this in the planning of next year's programme.

Drop In

We have provided a safe and secure environment where members of the local community can seek free advice and/or support on issues such as pensions or benefits. As in previous years the vast majority of callers require redirection to the most appropriate local service. It is estimated that about 10% require more support such as making benefit applications or CV's or job searches on line. There is no regular pattern in terms of numbers of callers who require support. Approximately 3-4 would call into the Centre each week. Over this year of the programme we have been able to provide counselling for 5 people through our programme run in conjunction with Centre for Health and Wellbeing. We have also provided complimentary therapies for five people who dropped in. It is anticipated this pattern will continue into the future.

Main Achievements during the year

Families Beyond Conflict has greatly developed and superseded targets in respect of every programme. The organisation embraced the opportunity to provide an exceptional programme that resulted in the publishing of the book – Lived Experiences. Twenty three ladies in a cross-community situation reflected on their experiences during the Troubles in poetry and prose. The published book provided a tangible outcome that greatly impacted on the group and on their road to healing. Budget transfer also enabled us to set up a new group to help alleviate the waiting list, although only meeting monthly at present it is hoped to increase numbers and develop the group in the future. FBC were also fortunate to secure free accredited training for our Wednesday group who were able to undertake level 1 and 2 levels on 3 separate courses. Finally, extra funding enabled us to run a one-off craft programme enabling us to work, albeit for a limited time with a further 10 participants.

Public Benefit Requirement

The Trustees have had due regard to the Commissions Public Benefit Requirement and ensured that all activities, courses, programmes and projects have been delivered to meet the requirement. No trustees have received private benefit.

A Review of the Charity's financial position on 31st March 2023

On 31st March 2023 the financial position of the charity was as follows;

Income	2022	2023
Charitable Activities	£60,279	£70,978
Expenditure		
Wages/Salaries	£27,539	£32,791
Programme Costs	£23,161	£34,176
Running Costs	£8,851	£9,154
Total	£59,551	£76,121
Surplus/(Deficit)	£728	(£5,143)

Deficit

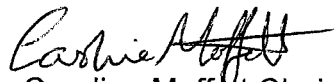
The charity had a deficit of £5,143 for the year ended 31st March 2023. This operating deficit is a result of the charity continuing its charitable operations at the same time as being committed to meeting the increasing needs of the people it works with.

Funding was obtained for an extension from the Victims and Survivors Service to run from 1st April 2023 – 31st March 2024 and it is likely that will be further extended to March 2025. Families Beyond Conflict is also confident in renewing funding from April 2025 and is committed to meeting the remaining deficit from sources other than VSS over the two years.

Trustees Signature

I hereby declare that this report is a true and accurate account of the charities operations during 2022-2023

Signature



Mrs Caroline Moffett Chairperson

14th October 2023

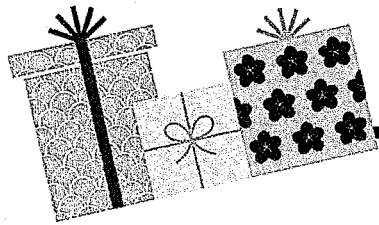
COME VISIT
OUR

Christmas Craft Fayre

Friday 15th November
6 - 9 pm

The Spectrum Centre
331 Shankill Road Belfast

BT13 3AB



Crochet

Christmas
Decorations

Gifts

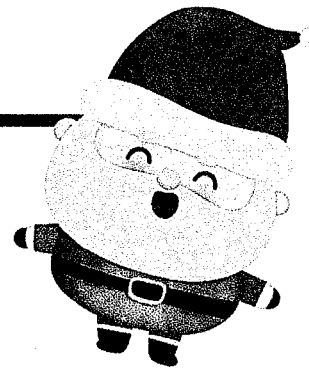
Food stalls

Hampers

Kids crafts

Homemade crafts

Tombola



Families Beyond Conflict

Northern Ireland - Charity number 101840

Annual return

FAMILIES BEYOND CONFLICT
CHARITY NUMBER NIC101840

**INDEPENDENT EXAMINERS REPORT TO THE BOARD OF TRUSTEES OF
FAMILIES BEYOND CONFLICT**

I have examined the financial statements for the year ending 31 March 2023, which comprise an Income and Expenditure Account, the Balance Sheet, Accounting Policies and related notes.

This report is made solely to the Charities Trustees, as a body and it is my responsibility

- to examine the accounts under section 65 of the Charities Act
- to follow procedures laid down in the general directions given by the Charity Commission for Northern Ireland
- to state whether particular matters have come to my attention

Basis of Independent Examination Statement

My examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning such matters.

Independent Examiners Statement

In connection with my examination, no matter has come to my attention. It gives me reasonable cause to believe the requirements to keep accounting records in accordance with Section 63 of the Charities Act have been fully met.

Signed: Margaret Hyland

Name: MARGARET HYLAND

Date: 29th March 2024

Address: 55 Slabh Dubh View.

Belfast BT12 7RS.

Families Beyond Conflict

Northern Ireland - Charity number 101840

Accounts

FAMILIES BEYOND CONFLICT
CHARITY NUMBER NIC101840

**INDEPENDENT EXAMINERS REPORT TO THE BOARD OF TRUSTEES OF
FAMILIES BEYOND CONFLICT**

I have examined the financial statements for the year ending 31 March 2019, which comprise an Income and Expenditure Account, the Balance Sheet, Accounting Policies and related notes.

This report is made solely to the Charities Trustees, as a body and it is my responsibility

- to examine the accounts under section 65 of the Charities Act
- to follow procedures laid down in the general directions given by the Charity Commission for Northern Ireland
- to state whether particular matters have come to my attention

Basis of Independent Examination Statement

My examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning such matters.

Independent Examiners Statement

In connection with my examination, no matter has come to my attention. It gives me reasonable cause to believe the requirements to keep accounting records in accordance with Section 63 of the Charities Act have been fully met.

Signed: M. Shillb

Name: MARILYN SHELTON

Date: 18.12.19

Address: 23 Delaware Street

OTTBETT

FAMILIES BEYOND CONFLICT

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST MARCH 2019

O'HARA SHEARER
CHARTERED ACCOUNTANTS AND STATUTORY AUDITORS

547 Falls Road
Belfast
BT11 9AB

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2019

CONTENTS

	Page
Accountants report	1
Income and expenditure account	2
Balance sheet	3
Notes to the financial statements	4

FAMILIES BEYOND CONFLICT
ACCOUNTANTS' REPORT
ON THE UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2019

As described on pages 2 and 3 you have approved the financial statements for the year ended 31st March 2019 as set out on pages 2, 3 and 4. In accordance with your instructions, we have compiled these unaudited financial statements from the accounting records and information and explanations supplied to us.

LAWRENCE SHEARER FCA
O'HARA SHEARER
CHARTERED ACCOUNTANTS
AND STATUTORY AUDITORS
547 Falls Road
Belfast
BT11 9AB

DATE: 8th November 2019

**FAMILIES BEYOND CONFLICT
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2019**

	2019	2018
	£	£
INCOME		
Grants received	51,136	56,457
Fundraising and donations	583	-
Bank interest received	7	8
TOTAL INCOME	51,726	56,465


EXPENDITURE		
Salary costs	29,180	28,666
Programme costs - Personal and Professional Development	4	-
Programme costs - Social Support	7,586	8,845
Programme costs - Trips & Lunches	2,246	2,056
Supervision	-	-
Rent and service charges	5,400	5,400
Rates	345	271
Light and heat	1,037	964
Repairs and office maintenance	256	41
Capital Equipment	-	1,276
Telephone, fax and internet	639	837
Printing, postage and stationery	984	1,001
Insurance	580	551
Travelling	2,820	2,360
Accountancy fee	714	618
Bank fees	52	185
Sundry expenses	-	-
TOTAL EXPENDITURE	51,839	53,071

SURPLUS/(DEFICIT) FOR THE YEAR

(113) **3,394**

APPROVED BY:

JACKIE CHALK
PROJECT MANAGER


MARIE MCNEICE
TREASURER

DATE 8th November 2019

DATE 8th November 2019

FAMILIES BEYOND CONFLICT
BALANCE SHEET
AS AT 31 MARCH 2019

2019 2018
 Note £ £

CURRENT ASSETS

Danske Bank - VSS Strategic Support Fund -main current account	828	606
Danske Bank - VSS - secondary current account	595	214
Sundry debtors and prepayments	-	282
	1,423	1,102

CURRENT LIABILITIES

Deferred income	-	-
Other taxes and social security costs	355	(42)
Accruals	60	23
	415	19

NET ASSETS/(LIABILITIES)

	1,008	1,121
--	-------	-------

REPRESENTED BY:

	2019	2018
Restricted reserves balance brought forward as at 1 April 2018	£ 1,121	£ (2,273)
Restricted surplus/(deficit) for the year	(113)	3,394
Restricted reserves balance carried forward as at 31 March 2019	1,008	1,121

APPROVED BY:


JACKIE CHALK
 PROJECT MANAGER

DATE 8th November 2019


MARIE McNEICE
 TREASURER

DATE 8th November 2019

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019
NOTES TO THE FINANCIAL STATEMENTS

1. Accounting Policies

- a) Accounting convention
The charity prepares its financial statements on the historical cost basis of accounting.
- b) Accounting basis
All income and expenditure is accounted for on the accruals basis.

2. Grants received

	2019	2018
	£	£
Victims and Survivors Service - Funding allocation 2018/2019	51,640	52,492
Victims and Survivors Service - Funding allocation 2016/2017 (Received 2017/18)	-	4,754
Victims and Survivors Service - Underspend Clawback	(504)	(789)
	<u>51,136</u>	<u>56,457</u>

3. Fundraising and donations

	2019	2018
	£	£
Donations - Room hire	583	-
	<u>583</u>	<u>-</u>

4. Salary costs

	2019	2018
	£	£
Gross pay - project manager	26,211	25,951
Employer's National Insurance Contributions	2,455	2,455
Employer's Pension	514	260
	<u>29,180</u>	<u>28,666</u>

5. Bank interest received

	2019	2018
	£	£
Bank interest received	7	8
	<u>7</u>	<u>8</u>

Families Beyond Conflict

Northern Ireland - Charity number 101840

Annual report

Trustees Report Families Beyond Conflict

1. Name of Charity

Families Beyond Conflict

2. Address

56 Tennent Street
Belfast
Co. Antrim
BT13 3GB

3. NI Charity Commission Number

Charity Number: NIC101840

4. The Purpose of the Charity

Families Beyond Conflict was established to build the capacity of the community of the socially and economically disadvantaged greater Shankill area of Belfast. By promoting learning experiences to increase the skills, abilities and confidence of individuals and groups FBC empowers them to trust, combat exclusion and marginalisation and create a sense of belonging. Families Beyond Conflict puts in place support systems, strategies and mechanisms to encourage and facilitate a healing process with the object of bridge building leading to reconciliation within the entire community and beyond.

5. Charity Trustees

Mrs Sharon Bailey: Chairperson
Mrs Caroline Moffett: Secretary
Mrs Marie McNiece: Treasurer
Mr Anthony Clarke: Member
Ms Lauren Quirey: Member
Mrs Catherine Bickerstaff

6. Financial year of relevance of this trustee report

1st April 2018 to 31st March 2019

7. Summary of the Charity's main activities to further its purposes for the public benefit

During the period 1st April 2018 – 31st March 2019 Families Beyond Conflict delivered the following services to the following numbers of clients.

Work Area	Anticipated Outputs at 1 st April 2018	Actual at 31 st March 2019
Health and Wellbeing		
Complimentary Therapies	32 clients – 192 sessions	32 clients – 192 sessions
Social Support		
Crafty Bunch	12 Women over 55	13 Women
Men's Group	12 Men	17 Men
Young Mum's Group	12 Young Mothers	13 Young Mothers
Thursday Group	12 Women over 55	13 Women over 55
Family Bonding Scheme	20 young people/15 adults	22 young people/15 adults
FBC Drop-in Centre	Open 8.30am – 5.00pm Mon-Fri	Open 8.30am – 5.00pm Mon-Fri

Families Beyond Conflict have provided the following programmes

Health and Well being

Complimentary Therapies

The programme has met all its aims and objectives. This year we completed 6 x 1 hour sessions for 32 clients each over a 6-week period.

FBC hosts the therapy clinic 2 days a week to facilitate a range of times and days to ensure the clients are able to attend and access their full 6 session run. The programme has been run by a single Therapist through our partner group the Centre of Health and Wellbeing for several years. This Therapist left in September and we welcomed a new Therapist for the runs in 2019. She is very experienced and quickly settled into the routines and ways of FBC. As our previous Therapist did she assessed the needs of each client on an individual basis and administered the most appropriate course of therapies to best meet their personal needs. She also promoted the benefits of a healthier lifestyle by providing clients with information, advice and handouts. The clients took an active role in deciding what therapy they receive; this enhanced their feelings of being in control of their moods and emotions – something few have on a daily basis. The ultimate aim continues to be to calm negative emotions and improved positive emotions and to demonstrate how making life-changing choices can greatly benefit physical and mental health.

Talking Therapies

The programme has surpassed all its aims and objectives with 12 clients undertaking talking therapies in the Spectrum Centre since EBCC established a base there. Although this is a move from our initial plan it is a very positive one. The Families Beyond Conflict Centre is a busy place with a lot of people traffic most days although we tried to provide the best and quietest accommodation it was not always conducive to Talking Therapies. Families make referrals; the target of 5 clients for this year was exceeded as EBCC become more established in the Spectrum Centre and 12 referrals from FBC are undertaking therapies with EBCCS, with a new target of 12 again for next year. The close proximity of the Spectrum Centre to the FBC Centre is also very positive as it is in the heart of the area where most of our clients live and it is perceived as a very familiar and safe venue.

The Project Manager at FBC no longer line-manages the Therapist but still provides a friendly and approachable first contact service. EBCC helps clients deal with problems such as anxiety, depression and stress brought about by being a victim and/or survivor of the Conflict. The objective of the programme is to support clients as they manage their problems better.

Evaluation is carried out by the therapist, in conjunction with EBCC using CORENET

Social Support

Monday Group

The programme has more than met all its aims and objectives. The Crafty Bunch is made up of 13 women aged over 60 years who are struggling to deal with the stress and trauma as a result of the Conflict in Northern Ireland.

From April 2018 to March 2019 the group met on 48 Mondays (including 3 bank holidays) and a further 2 Thursdays and took part in 6 respite trips/meetings. The first was a 2 day stay in the Canal Court Hotel in Newry. Twenty one women from the Monday and Thursday groups (unfortunately 4 had to withdraw due to personal illness or family illness) joined together at the beginning of June for their 2 day break. The group joined together again for another residential on 9 – 11 November – this time the group of 23 went to the Adair Arms in Ballymena where there was a focus on Christmas shopping. Aside from the benefits of socialising the ladies also enjoyed a quiz and bingo. The ladies mostly fund these residential themselves and save on a weekly basis at their meetings which helps them budget in a sensible and routine way. The money is totally in their hands and banked by an individual member who pays for the event on the day on their behalf, meticulous records are maintained. The sharing of time with the ladies from the Thursday group on respite trips and on residential greatly enhances their experiences and enables them to develop new friendships.

One of the highlights of the project has been a programme which was run in the Spectrum Centre by the Big Ideas Programme. All the Thursday Ladies took part and 8 of the Monday Ladies. We were delighted to welcome Cassie and Ruth from the Big

Ideas programme which is based in London. They came to run a programme for us commemorating the incredibly tough times Mothers had in the First World War as they sent their sons to battle often never to return. We spent the morning with warm up exercises and confidence building discussions. Then, we read beautiful but poignant letters from poet Wilfred Owen to his Mother; he was based on the front line in France. This gave us a real feel for the terrible conditions the men serving were experiencing and also the awful fear and dread those left at home constantly felt. Wilfred died in Battle 2 days before the end of the war and his Mum received his final letter the same day as the telegram to say he had been killed - it was Armistice Day. It was a hard story to hear but it really brought home the tragedy of war for those who fought their own physical and emotional battles at home and away.

Following a lovely lunch the group set about making commemorative pin cushions - similar to those sent from Mothers to their sons at the front and those sent home from the front. The cushions were included in a very successful exhibition in London in September called Motherhood, Loss and the First World War. Totally different to what the ladies normally do together it greatly enhanced their friendships as they really opened up in discussion about loss, a very emotional session where the ladies were very supportive and encouraging of each other. The following week we recorded a blog as part of the evaluation of the programme which, alongside a series of photos of the workshop was heard at the exhibition. It was clear the ladies were really touched by their involvement and it led to much discussion about women's roles in the Troubles and how it affected them.

In November there was a follow up to the project. The Monday and Thursday groups researched the role of women in the First World War. In small groups the women identified a woman or women who they felt inspired them in 2 areas – on the home front and in medical service. The group then focussed on local woman Jessie Getty and the contribution she made as an auxiliary nurse. The group designed and created a memorial mural to commemorate the lives of these inspirational women. The mural was on display in the Families Beyond Conflict Centre until the new year. It was a poignant memorial in recognition and gratitude of the women who lived through the First World War. It also emphasised the impact the Great War had on the role women of the time and its legacy for all women since in our community and beyond on the 100th anniversary of the end of the war.

The focus of the group continues to be Arts and Crafts. The programme was varied and included; crocheting, decoupage, making small jewellery boxes, making sun catchers and other arts and crafts activities they share among each other and through the Project Managers lead. The group also play bingo and do occasional quizzes which they enjoy. They really enjoyed the Belfast Marathon which runs passed the centre, there is a lot of friendly banter with the fun runners as the ladies sit in the sun with their tea on lovely comfy chairs!!

On 20th September the group once again came together with the Thursday ladies for a respite trip to the Linen Green for some shopping. The original plan was to go onto the Argory near Dungannon for a tour of the beautiful 'Gentleman's Residence' which belongs to the National Trust. However, the storms of the previous day had caused a number of trees to fall which meant the venue was unsafe. In spite of many attempts to find an alternative destination it was not possible at such short notice. After the Linen Green we proceeded as originally scheduled onto lunch and a pottery demonstration at Ballydougan Pottery, near Lurgan. Although not to plan it was a very full day and greatly enjoyed and appreciated by all.

In October the group took part in a series of mosaic workshops which took place over a 3 week period. They learned the techniques and decorated a photo frame/mirror which they took home, they greatly enjoyed the project and the work was to a very high standard. In the period to Christmas they enjoyed several festive based arts and crafts sessions including making greetings cards, snow globes and various decorations. The group joined with the Thursday group for Christmas dinner at the New Life Church, off the Shankill Road on 13th December and had a party in the Centre at their last meeting of the year on 17th December which included festive games including pass the parcel, pin the nose on the snowman and Christmas bingo – always a favourite.

In the New Year the ladies enjoyed a series of craft including card making, craft with clothes pegs, making sun catchers, sharing their favourite music, which they greatly enjoyed and a movie morning. They also took part in 2 further respite trips, one to Lisburn to explore the Linen museum which was a trip back in time for several of the ladies who had worked in the local mills in their youth. This was followed by the compulsory shopping. In March a transgenerational group from all the projects joined together on a respite trip to Beeleek Pottery in Co. Fermanagh, it proved an excellent trip for the final get together of the year. There were 26 people attended in all with a good representation from each group. It was most pleasing to see the courteous and respectful interaction between the age groups and genders. Many stories and experiences were shared and it was interesting to hear of the incredible changes in the Shankill area over the past 50 years. It was the most appreciated event/activity of the year by all those who took part. Unfortunately, the budget won't allow this type of event to happen on a more regular basis but those who took part greatly benefitted from the experience and new intergenerational friendships were quickly forged as they shared time together.

Thursday Group

The programme has met all its aims and objectives. The Thursday group is made up of 13 ladies over 60, who have met 48 times over the period and taken part in a 2 day respite trip to Newry and a weekend residential to Ballymena with the Monday group, the two World War 1 projects and the trip to Linen Green, and the Pottery as well as

the trip to the Linen Museum in Lisburn and the transgenerational visit to Beeleek – see above for details. There is currently more than a full complement of members.

The Thursday ladies completed a 10 week programme in conjunction with the Play Resource Warehouse called “A ticket to Ride”. The ladies designed and made a scrapbook of special holidays and journeys they had taken, some of the photographs included were over 80 years old. They learned at least 10 different techniques of paper making and decorating and several other new arts and crafts methods as well as calligraphy which they thoroughly enjoyed. In November the group went to the Play Resource Warehouse for the launch of the exhibition. They have begun the next stage of this programme and from January have completed 5 further sessions with the Play Resource Warehouse. During those sessions their work focussed on creating individual canvasses which they designed and painted themselves using a technique of mixing, pouring and spreading paint to create random and beautiful patterns. The ladies then completed a giant canvass between them which was outstandingly beautiful and will grace the walls of our Centre when it returns from the exhibition in June. They also had an introduction to technology using a graphics ap which enabled them to complete an artist’s representation of themselves using their photographs. The resulting self-portraits were excellent. The ladies begin their final 5 weeks of the programme in April where they will be making collages. This programme has been a real boost to what we can offer this group and we are grateful to the Play Resource Warehouse and the Arts Council for including us in the project.

During the summer the ladies enjoyed taking part in bingo and quizzes and 2 decoupage projects. In October the ladies designed and decorated photo frames – they have done this before and really enjoyed it so requested to do it again, the high quality of their work showed that practice made perfect! In the run up to Christmas they enjoyed card making, Christmas decoupage and making various decorations. They joined the Monday ladies for their Christmas dinner on the 13th December and had their own party on 20th December at the Centre before the Christmas break. In the first 3 months of 2019 aside from the Play Resource Warehouse project the ladies have enjoyed making sun catchers and the usual bingo and quizzes.

The attendance for both these women’s groups rarely falls below 90% and is often 100% which is a real indicator of the need for these programmes. The demand for this work in the area is huge – there is no other group in the vicinity of our catchment area (Greater Shankill) offering the type of long term support Families Beyond Conflict provides. Our programmes serve to combat the isolation and social exclusion that is culturally unique and experienced by so many in the area. While there is an undisputed value and short term benefit of one-off meetings, therapies and counselling there remains an undeniable link between long term isolation and social exclusion and poor physical and mental health and wellbeing. FBC bring people together on a regular and frequent basis to spend time in a way that is appropriate to their needs. At present, FBC is working at full capacity with only one worker. Another worker would

enable at least 2 more groups to be set up to meet on a weekly basis and there would also be an opportunity to extend the Summer family programme with a follow-up programme throughout the year. FBC has a waiting list that would almost immediately fill any places.

Mothers Group

This group of 13 Mum's who have children at school meet every Wednesday morning at the FBC Centre and have taken part in 45 weekly meetings since the beginning of April 2018. The meetings combat their isolation by providing a venue where they can meet every week to share and support each other in facing the challenges of a parent living on a limited budget. The group only meet during term time, however, many were involved in the family summer programme during July/August.

The groups programme has been quite varied. During the year the group enjoyed a wide range of activities. The group were away for a weekend residential at the Adair Arms in Ballymena, like the ladies in the older groups they fund these residentials themselves and save on a weekly basis at their meetings which helps them budget. They enjoyed their time away and aside from the traditional shopping there were 2 workshops based on stress management and women I most admire and how we can be more like them. They all took part enthusiastically and got very involved in the discussions, many would not have got involved at all even a few months ago. They had another overnight stay in Ballymena at the beginning of December, they did some Christmas shopping and enjoyed a Christmas party night.

The group enjoyed a 10 pin bowling session at Dundonald followed by lunch on 20th June – this was attended by all the group, attendance generally has been excellent with a full turnout most weeks. On the last day before breaking up for the school summer holidays they held a baby shower for one of the Mums to be – the group played games, had lunch and shared “baby” stories. The ladies have really become very good friends and are incredibly supportive and encouraging of each other.

On their return from summer break they had a ‘catch up with the news’ meeting followed by 2 planning and contract sessions, and a game of bingo (always popular). In October the group went on a respite trip to Ballydougan Pottery where they made and decorated clay plaques which were later fired and returned to the ladies. They really engaged with the project and were as ever very creative in their designs. The group also had a lovely lunch together, they really appreciate spending time together. The programme to Christmas was very busy – they spent 4 weeks doing pebble art – they each designed a canvass using pebbles collected on a walk on Holywood beach. The group really relished the bracing walk and agreed to repeat it as many said they rarely walked for pleasure and it cleared their heads and had a calming effect. The resulting canvasses were varied – some had taken a ‘Family’ theme and made a family tree others had focussed more on a festive subject – once again the standard was very high. They also made other decorations and had a party in the Centre on their

last day before the Christmas break. They also did other crafts including decoupage and took part in recording session for a pod cast through the WRDA – the questions focussed on being a woman living in the Shankill Road, how women feel they are treated, who influences them and what they aspire to be. The ladies responded very well to the process after being a little reticent to begin with.

In the period from January to March the group took part in a 6 week long life coaching programme run by our partners at Centre for Health and Wellbeing. The programme gave the girls personal space and support to grow and develop. Individually, they set life targets and goals and learned techniques to improve self-motivation and commitment to achieving their objectives.

The final respite trip for the group was to Aunt Sandras Chocolate Factory in March. All members attended and greatly enjoyed the experience – the very entertaining workshop proved very popular (a must for the children's summer programme and other groups) and was followed by a lunch altogether. Four of the group attended the intergenerational trip to Beeleek and greatly enjoyed meeting new people and the opportunity to spend time with others outside their usual programme. Attendance is almost always 100% and there is a demand for the group to meet outside term time as many have expressed an interest in extending contact time and the group will be meeting on the 2 Wednesday evenings over the Easter School break when they can get partners or other family members to look after their children. I will monitor this for future school breaks.

INTERGENERATIONAL

Men's Group

Seventeen men are involved in the programme, this is one more than the proposed 16 as one family group is made up of a Father and 2 sons. The group have met on 45 occasions since the beginning of April 2018. Every other week the men meet at a local Leisure Centre for football training and a match. Aside from the obvious health benefits of the football some of the men are still attending the gym at other times in the week, inspired by the exercise and their football. I have witnessed an improvement in fitness levels and footballing technique. Attendance is always good for football and has never fallen below 90%.

Alternate weeks the group meet in our Centre. The men are a little reticent to take part in organised activities at the Centre and are content to spend time together with their dad/son/uncle/nephew in a safe and secure environment away from the distractions in the home where they often spend time in separate rooms.

The men had their last meeting before a short summer break from 3rd July and returned on 7th August, many were away on holiday. Plans to have a respite trip in September were thwarted by holidays and work – it is difficult to organise trips that suit everyone as all the men work or are students. Eventually we managed to organise a

trip to Need for Speed for a go Karting session in November. The group are always quite competitive (in a friendly way) and the Go Karting was no exception. They were split into teams and took part in a 90 minute relay endurance race. In spite of the initial speeds and daredevil driving as the race progressed they slowed down as the energy sapping race took its toll. Everyone thoroughly enjoyed the event although there were reports of aching muscles and sore backs the next day.

It proved almost impossible to organise a second respite trip that suited everyone in the group. However, 6 members of the group joined with the other FBC members on the intergenerational trip to Beeleek in March. They thoroughly enjoyed the opportunity to meet new people and share stories with other folk especially about the old days in the Shankill Road. It was an experience they would love to repeat and other members who were unable to attend are keen to meet up with other groups. These men really relish their time with their sons and each other.

Family Bonding Scheme

The Programme began in April with planning and child recruitment. Twenty young people were registered, which met targets. The Parents/Guardians met for the first time in June when they were informed of their roles and responsibilities during the programme. The programme provided an opportunity for the young people and older members of their families to share new experiences and spend positive time together in an environment outside the usual one they share. A very full and exciting programme was arranged over a period of 3 weeks commencing on 23rd July. There was a good balance of activities geared to meeting the various likes and needs of the young people. The activities included ice-breakers and team building, soft play areas, climbing activities, Claresmount Farm, swimming, African drumming, the Ulster American Folk Park, a day trip to the coast and Breckenhill Outdoor Pursuits Centre. For most events we had at least 16 adult family members attending and only on 2 occasions did child attendance fall below 100%. The intergenerational rapport and respect that developed were the outstanding features of the programme as well as the growth of friendships and regular and ongoing contact between individual children and adults outside of the project. Although it was quite difficult to procure suitable activities at a reasonable price the young people (and their families) really enjoyed the best programme we could provide.

FBC Drop-In

We provide a safe and secure environment where members of the local community can seek free advice and/or support on issues such as pensions or benefits. As always the vast majority of callers require redirection to the most appropriate local service. It is estimated that about 10% require more support such as making benefit applications or CV's or job searches on line. There is no regular pattern in terms of numbers of callers who require support. Approximately 3-4 would call into the Centre each week. We continue to provide counselling for people through our programme run in conjunction with East Belfast Counselling Service. New recording processes have

been introduced which require all visitors who seek support and advice to complete a victims and survivors declaration before they can be assisted and this enhances the attendance records we are able to maintain.

8. Main Achievements during the year

For the third consecutive year Families Beyond Conflict has greatly developed and superseded targets in respect of every programme. As can be seen from the reports on each project we have worked with 126 young people and adults on a regular basis over the past year with over 100 others' "dropping in" for advice or company. As always, a major achievement for a small charity with a single paid employee.

9. Public Benefit Requirement

The Trustees have had due regard to the Commissions Public Benefit Requirement and ensured that all activities, courses, programmes and projects have been delivered to meet the requirement. No trustees have received private benefit.

10. A Review of the Charity's financial position on 31st March 2017

On 31st March 2017 the financial position of the charity was as follows;

Income	2019	2018
Victims and Survivors		£56,457
Expenditure		£28,666
Programme Costs		£10,901
Running Costs		£13,504
Total		£53,071
Surplus/(Deficit)		£ 3,394

11. Deficit

The charity had a surplus of **£3394** for the year ended 31st March 2019. This operating surplus is a result of the charity continuing its charitable operations at the same time as being committed to meeting the deficit from the previous year. New funding was obtained for 3 years from the Victims and Survivors Service to run from 1st April 2017 – 31st March 2020. Families Beyond Conflict is committed to meeting the remaining deficit from sources other than VSS over the next year.

11. Trustees Signature

I hereby declare that this report is a true and accurate account of the charities operations during 2018 - 2019

Signature



Mrs Sharon Bailey Chairperson

12th December 2019

Families Beyond Conflict

Northern Ireland - Charity number 101840

Annual return

FAMILIES BEYOND CONFLICT
CHARITY NUMBER NIC101840

**INDEPENDENT EXAMINERS REPORT TO THE BOARD OF TRUSTEES OF
FAMILIES BEYOND CONFLICT**

I have examined the financial statements for the year ending 31 March 2019, which comprise an Income and Expenditure Account, the Balance Sheet, Accounting Policies and related notes.

This report is made solely to the Charities Trustees, as a body and it is my responsibility

- to examine the accounts under section 65 of the Charities Act
- to follow procedures laid down in the general directions given by the Charity Commission for Northern Ireland
- to state whether particular matters have come to my attention

Basis of Independent Examination Statement

My examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning such matters.

Independent Examiners Statement

In connection with my examination, no matter has come to my attention. It gives me reasonable cause to believe the requirements to keep accounting records in accordance with Section 63 of the Charities Act have been fully met.

Signed: M. Shillb

Name: MARILYN SHELTON

Date: 18.12.19

Address: 23 Delaware Street

OTTBETT

FAMILIES BEYOND CONFLICT

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST MARCH 2019

O'HARA SHEARER
CHARTERED ACCOUNTANTS AND STATUTORY AUDITORS

547 Falls Road
Belfast
BT11 9AB

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2019

CONTENTS

	Page
Accountants report	1
Income and expenditure account	2
Balance sheet	3
Notes to the financial statements	4

FAMILIES BEYOND CONFLICT
ACCOUNTANTS' REPORT
ON THE UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2019

As described on pages 2 and 3 you have approved the financial statements for the year ended 31st March 2019 as set out on pages 2, 3 and 4. In accordance with your instructions, we have compiled these unaudited financial statements from the accounting records and information and explanations supplied to us.

LAWRENCE SHEARER FCA
O'HARA SHEARER
CHARTERED ACCOUNTANTS
AND STATUTORY AUDITORS
547 Falls Road
Belfast
BT11 9AB

DATE: 8th November 2019

**FAMILIES BEYOND CONFLICT
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2019**

	2019	2018
	£	£
INCOME		
Grants received	51,136	56,457
Fundraising and donations	583	-
Bank interest received	7	8
TOTAL INCOME	51,726	56,465

	2019	2018
	£	£
EXPENDITURE		
Salary costs	29,180	28,666
Programme costs - Personal and Professional Development	-	-
Programme costs - Social Support	7,586	8,845
Programme costs - Trips & Lunches	2,246	2,056
Supervision	-	-
Rent and service charges	5,400	5,400
Rates	345	271
Light and heat	1,037	964
Repairs and office maintenance	256	41
Capital Equipment	-	1,276
Telephone, fax and internet	639	837
Printing, postage and stationery	984	1,001
Insurance	580	551
Travelling	2,820	2,360
Accountancy fee	714	618
Bank fees	52	185
Sundry expenses	-	-
TOTAL EXPENDITURE	51,839	53,071

SURPLUS/(DEFICIT) FOR THE YEAR		
	(113)	3,394

APPROVED BY:

 JACKIE CHALK
 PROJECT MANAGER

Marie McNeice
 MARIE MCNEICE
 TREASURER

DATE 8th November 2019

DATE 8th November 2019

FAMILIES BEYOND CONFLICT
BALANCE SHEET
AS AT 31 MARCH 2019

2019 2018
 Note £ £

CURRENT ASSETS

Danske Bank - VSS Strategic Support Fund -main current account	828	606
Danske Bank - VSS - secondary current account	595	214
Sundry debtors and prepayments	-	282
	1,423	1,102

CURRENT LIABILITIES

Deferred income	-	-
Other taxes and social security costs	355	(42)
Accruals	60	23
	415	19

NET ASSETS/(LIABILITIES)

	1,008	1,121
--	-------	-------

REPRESENTED BY:

	2019	2018
Restricted reserves balance brought forward as at 1 April 2018	£ 1,121	£ (2,273)
Restricted surplus/(deficit) for the year	(113)	3,394
Restricted reserves balance carried forward as at 31 March 2019	1,008	1,121

APPROVED BY:


JACKIE CHALK
 PROJECT MANAGER

DATE 8th November 2019


MARIE MCNEICE
 TREASURER

DATE 8th November 2019

FAMILIES BEYOND CONFLICT
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019
NOTES TO THE FINANCIAL STATEMENTS

1. Accounting Policies

- a) Accounting convention
 The charity prepares its financial statements on the historical cost basis of accounting.
- b) Accounting basis
 All income and expenditure is accounted for on the accruals basis.

2. Grants received

	2019	2018
	£	£
Victims and Survivors Service - Funding allocation 2018/2019	51,640	52,492
Victims and Survivors Service - Funding allocation 2016/2017 (Received 2017/18)	-	4,754
Victims and Survivors Service - Underspend Clawback	(504)	(789)
	51,136	56,457

3. Fundraising and donations

	2019	2018
	£	£
Donations - Room hire	583	-
	583	-

4. Salary costs

	2019	2018
	£	£
Gross pay - project manager	26,211	25,951
Employer's National Insurance Contributions	2,455	2,455
Employer's Pension	514	260
	29,180	28,666

5. Bank interest received

	2019	2018
	£	£
Bank interest received	7	8
	7	8