

COMPANY REGISTRATION NUMBER: NI047208

CHARITY REGISTRATION NUMBER: 101423

Nest Group Counselling (Ireland) Limited
Company Limited by Guarantee
Unaudited Financial Statements
31 December 2023

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Financial Statements

Year ended 31 December 2023

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	3
Statement of financial activities (including income and expenditure account)	5
Statement of financial position	6
Notes to the financial statements	7

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 December 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 December 2023.

Reference and administrative details

Registered charity name	Nest Group Counselling (Ireland) Limited
Charity registration number	101423
Company registration number	NI047208
Principal office and registered office	2 Beaver Crescent Maghera County Londonderry BT46 5RG United Kingdom

The trustees

Mr G O'Connell
Ms S McWilliams

Company secretary Mr Gerard O'Connell

Independent examiner Thomas Harkin FCCA

Structure, governance and management

Nest Group Counselling (Ireland) Limited is a company limited by guarantee and a charity governed by its memorandum and articles of association. The company has been accepted as a charity by the Charity Commission for Northern Ireland.

The directors of the charitable company are its trustees for the purposes of charity law and throughout this report are collectively referred to as the trustees. The trustees who have served during the year are listed above. Trustees are appointed by the board and serve for three years, after which period they may put themselves forward for re-election.

Objectives and activities

The objects for which the company is established are as follows: to support and promote the treatment of individuals suffering from abuse, neglect and pregnancy loss howsoever arising, by means of counselling and any other means with a view to prevention of their reoccurrence.

In setting the objectives and planning the activities for the year the trustees have given careful consideration to the Charity Commission for Northern Ireland's guidance on public benefit to ensure that the activities have helped to achieve the charity's purposes and provide a benefit to the beneficiaries.

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2023

Achievements and performance

The trustees consider that the company has had a satisfactory year.

Financial review

The results for the year, and the charity's financial position at the year end are shown in the attached financial statements.

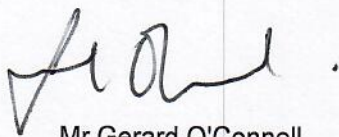
Plans for future periods

The trustees intend to continue the work of the charity in the coming year.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 23 September 2024 and signed on behalf of the board of trustees by:



Mr Gerard O'Connell
Charity Secretary

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Nest Group Counselling (Ireland) Limited

Year ended 31 December 2023

I report to the trustees on my examination of the financial statements of Nest Group Counselling (Ireland) Limited ('the charity') for the year ended 31 December 2023.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of Charities Act (Northern Ireland) 2008 (the '2008 Act') and the Companies Act 2006 ('the 2006 Act'). You are satisfied that the accounts of the company are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements as carried out under section 65 of the 2008 Act. In carrying out my examination I have followed the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the 2008 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with my examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

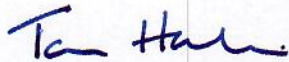
Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Nest Group Counselling (Ireland) Limited *(continued)*

Year ended 31 December 2023

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.



Thomas Harkin FCCA
Independent Examiner

Patrick Durkan & Co
Chartered Certified Accountants
Office 8 Springrowth House
Balliniska Road
Derry
BT48 0GG

23 September 2024

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 December 2023

		2023		2022
		Unrestricted	Total funds	Total funds
	Note	funds	£	£
Income and endowments				
Investment income	5	399	399	47
Total income		399	399	47
Expenditure				
Expenditure on charitable activities	6,7	—	—	2,590
Other expenditure	8	—	—	25
Total expenditure		—	—	2,615
Net income/(expenditure) and net movement in funds		399	399	(2,568)
Reconciliation of funds				
Total funds brought forward		51,655	51,655	54,223
Total funds carried forward		52,054	52,054	51,655

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 7 to 11 form part of these financial statements.

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Statement of Financial Position

31 December 2023

	Note	2023 £	£	2022 £
Current assets				
Cash at bank and in hand		<u>52,054</u>		<u>51,655</u>
Net current assets			<u>52,054</u>	<u>51,655</u>
Total assets less current liabilities			<u>52,054</u>	<u>51,655</u>
Funds of the charity				
Unrestricted funds			<u>52,054</u>	<u>51,655</u>
Total charity funds	11		<u>52,054</u>	<u>51,655</u>

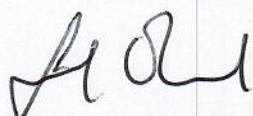
For the year ending 31 December 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 23 September 2024, and are signed on behalf of the board by:



Mr G O'Connell
Trustee

The notes on pages 7 to 11 form part of these financial statements.

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 December 2023

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in and a registered charity in Northern Ireland. The address of the registered office is 2 Beaver Crescent, Maghera, County Londonderry, BT46 5RG, United Kingdom.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2023

3. Accounting policies *(continued)*

Financial instruments *(continued)*

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Limited by guarantee

The company is limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

5. Investment income

	Unrestricted Funds	Total Funds 2023	Unrestricted Funds	Total Funds 2022
	£	£	£	£
Bank interest receivable	399	399	47	47

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2023

6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Counselling services	<u>—</u>	<u>—</u>	<u>2,590</u>	<u>2,590</u>

7. Expenditure on charitable activities by activity type

	Total funds 2023 £	Total fund 2022 £
Counselling services	<u>—</u>	<u>2,590</u>

8. Other expenditure

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Bank charges	<u>—</u>	<u>—</u>	<u>25</u>	<u>25</u>

9. Staff costs

The average head count of employees during the year was Nil (2022: Nil).

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

10. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

Nest Group Counselling (Ireland) Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 December 2023

11. Analysis of charitable funds

Unrestricted funds

	At 1 January 2023	Income £	Expenditure £	At 31 December 2023 £
General funds	<u>51,655</u>	<u>399</u>	<u>—</u>	<u>52,054</u>

	At 1 January 2022	Income £	Expenditure £	At 31 December 2022 £
General funds	<u>54,223</u>	<u>47</u>	<u>(2,615)</u>	<u>51,655</u>

12. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2023 £
Current assets	<u>52,054</u>	<u>52,054</u>

	Unrestricted Funds £	Total Funds 2022 £
Current assets	<u>56,555</u>	<u>56,555</u>