

# **Adventure Leadership Training Trust**

## **DIRECTORS REPORT**

The Directors present their report and accounts for the year ended 30 November 2022.

### **Principal activities**

The principal activity of the company during the year under review was Registered Charity.

### **Directors**

The Directors who served during the year were as follows:

J. Dunaway, J. Fisher, P. Fisher, B. Gates, K. Gonzalez and G. McCluskey

The Directors would like to thank everyone for their continued support as we navigated through post Covid.

### **Structure, governance and management**

The daily management is entrusted to the Directors and Management Committee. This year we continued to use Zoom for our monthly meetings.

### **Objectives and activities**

Adventure Leadership Training's mission is to empower and to develop the leadership skills of volunteers, youth leaders and young people across all communities, in and through the delivery of a range of programmes and social enterprises.

### **Objectives and activities are achieved through:**

**ALT Elite Centre at Bloomfield Shopping Centre in Bangor** continues under the instruction of Michael Fisher who is qualified under Irish Field Archery Association and Archery GB. He is assisted by a great group of volunteers.

During the year, all ages and abilities used the range. Michael continues to develop programmes for ASD young people, blind archers, wheelchair users and those who are life limited.

ALT Elite Centre is an ideal venue for all types of groups, fun days, birthday parties and one-one sessions for those who don't like mixing with other people. Michael provides respite for many parents who can meet for coffee with friends in the centre or in a café while the young person does a one-one.

We wish to thank Michael for all his hard work and effort that he has put into making the Elite Centre such a success post covid. The Elite Centre has become a 'safe place' for many people across all ages with various disabilities and mental health conditions.

### **ANVIL (A New Venture In Life)**

The Knit & Natter programme has grown both in numbers and opening times. The ladies now meet on Tuesday and Thursday mornings. Many of the women lived alone and said that this programme was so important for their mental health. In 2023 we hope to build a secure room to house all their various machines.

Post Covid we only had one **Social Action Mission Team** from Kentucky USA. The team helped in various programmes and have booked to return in 2023.

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During 2021-22 rather than the ALT house being vacant. We housed a young man who had become homeless and a single Mum with a daughter on a temporary basis until they got permanent accommodation.

**Eagle Creek** in Annalong is a place of respite, restoration, and reflection. We partnered with groups and a mental health organisation offering campcraft and hillwalking. One of the young people said, 'it was the best day of his life.' We also offered respite to Dad's who were having a challenging time through the family court system, which is affecting their mental health.

## **Fundraising**

This was another surprising year as we navigated through post covid. Thankfully all our expenses were covered by kind donations for home and abroad.

## **Financial review**

We wish to thank Irene Campbell for all the years she has been ALT bookkeeper. We wish her a happy retirement. We welcome Andrea Green who will be getting this year's accounts ready for Gerry O'Boyle. A copy of ALT's full financial report is available on request.

## **Reserves**

The Management Committee believes that the Charity should hold financial reserves because it has no endowment funding and is entirely dependent for income from year to year on donor funding, which is inevitably subject to fluctuation. There is also a need to make provision for the development of the charity's services.

## **Investment policy**

Adventure Leadership Training Trust will invest surplus funds not required for day-to-day operation in a secure high interest account. The prime consideration is to balance security with the need to make an adequate return on investment.

## **Future plans**

The charity is committed to and will be required to look for new sources of funds, which will enable their programmes to develop. We look forward to 2023 and a bright future for many of our clients.

# **Adventure Leadership Training Trust**

## **Statement of trustees' responsibilities**

The trustees are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice. Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime as set out in Part 15 of the Companies Act 2006.

J.D. Fisher  
Director  
August 8 2023