

HUMAN HEALTH PROJECT

Northern Ireland · Charity number 101323

Details

Status	Received
Registered	2015-01-29
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	Hool Law Room 311 Scottish Provident Buildi 7 Donegall Square West Belfast Bt1 6jh BT1 6JH
Phone	028 9581 1451
Email	info@humanhealthproject.org
Website	www.humanhealthproject.org

Activities

Purposes: The Charity's objects ("Objects") are the advancement of health for the public benefit by improving access to health information, empowering self-management of health conditions, promoting health equality for people all over the world regardless of geography or financial status, creating and supporting peer to peer support communities for better health and making health care more accessible to all.

What the charity does: The advancement of health or the saving of lives

How the charity works: Advice/advocacy/information,Counselling/support,Education/training,General charitable purposes,Human rights/equality,Medical/health/sickness,Research/evaluation

Who the charity helps: Adult training,Carers,Ethnic minorities,Ex-offenders and prisoners,General public,Men,Older people,Parents,Travellers,Women

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£0	£128	£0	0

Trustees

Name	Role	Appointed
Denny Elliot		
Mr John Kotick		
Ms Roisin Kelleher		

HUMAN HEALTH PROJECT

Northern Ireland - Charity number 101323

Accounts

GROUP NAME:
REPORTING PERIOD:
GROUPS REFERENCE NUMBER:

Human Health Project
1st July 2024 TO 30th June 2025

STATEMENT OF RECEIPTS AND PAYMENTS

	Unrestricted Funds £	Restricted Funds £	Year to Jun-25 TOTAL £	Period to Jun-24 TOTAL £
Receipts:				
Halifax Foundation NI grant	0	-	-	
Sale of Equipment	0	-	-	257
Fundraising Appeals	-	0	-	-
Bank Interest	-	0	-	-
Generated Income	-	0	-	-
Total Receipts	-	-	-	257
Payments:				
Accounting	-	0	-	-
Bank Fee	-	32	32	32
Dues & subs		0	-	-
Insurance	0	96	96	0
Programme expenses	0	0	0	-
Postage	-	0	-	-
Volunteer Cost	-	0	-	-
Asset and investment purchase				
Purchase of Equipment	0	0	0	0
Total Payments:	-	128	128	32
Net receipts/(payments)	0	(128)	(128)	225
Transfers to/(from) funds	0	0	0	0
Surplus/(deficit) for the year	0	(128)	(128)	225
<u>Reconciliation 30.06.2025</u>				
Cash at bank & in hand 30.06.2024	0	502	502	277
Surplus/(deficit) for this year end	0	(128)	(128)	225
Cash at bank & in hand 30.06.2025	0	374	374	502

GROUP NAME:

REPORTING PERIOD:

GROUPS REFERENCE NUMBER:

Human Health Project

1st July 2024 TO 30th June 2025

0

STATEMENT OF ASSET AND LIABILITIES

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
Funds Reconciliation				
Cash at bank & in hand 30.06.2024	0	502	502	277
Surplus/(deficit) for this year end	0	(128)	(128)	(32)
Cash at bank & in hand 30.06.2025	0	374	374	245

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
Bank & Cash Balances				
Bank Deposit Accounts	0	0	0	0
Bank Current Accounts	257	117	374	502
Cash in Hand	-	0	-	-
	257	117	374	502

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
Other Assets				
Computer equipment. Inc Ipads	0	0	0	0
	0	0	0	0

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
Liabilities				
Accounts Payable	0	273	273	273
Owed to Funder	0	100	100	100
	0	373	373	373

The financial statements were approved by the Trustees on 00nd Month 2025 and were signed on their behalf by:

Chief Executive:

00nd Month 2025

Date

HUMAN HEALTH PROJECT

Northern Ireland - Charity number 101323

Accounts

GROUP NAME:
REPORTING PERIOD:
GROUPS REFERENCE NUMBER:

Human Health Project
1st July 2023 TO 30th June 2024

STATEMENT OF RECEIPTS AND PAYMENTS

	Unrestricted Funds £	Restricted Funds £	Year to Jun-24 TOTAL £	Period to Jun-23 TOTAL £
Receipts:				
Halifax Foundation NI grant	0	-	-	
Sale of Equipment	257	-	257	-
Fundraising Appeals	-	0	-	-
Bank Interest	-	0	-	-
Generated Income	-	0	-	-
Total Receipts	257	-	257	-
Payments:				
Accounting	-	0	-	-
Bank Fee	-	32	32	33
Dues & subs		0	-	-
Insurance	0	0	0	0
Programme expenses	0	0	0	-
Postage	-	0	-	-
Volunteer Cost	-	0	-	-
Asset and investment purchase				
Purchase of Equipment	0	0	0	0
Total Payments:	-	32	32	33
Net receipts/(payments)	257	(32)	225	(33)
Transfers to/(from) funds	0	0	0	(1,270)
Surplus/(deficit) for the year	257	(32)	225	(1,303)
<u>Reconciliation 30.06.2024</u>				
Cash at bank & in hand 30.06.2023	0	277	277	1,580
Surplus/(deficit) for this year end	257	(32)	225	(1,303)
Cash at bank & in hand 30.06.2024	257	245	502	277

GROUP NAME:
REPORTING PERIOD:
GROUPS REFERENCE NUMBER:

Human Health Project
1st July 2023 TO 30th June 2024
0

STATEMENT OF ASSET AND LIABILITIES

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Funds Reconciliation				
Cash at bank & in hand 30.06.2023	0	277	277	1,580
Surplus/(deficit) for this year end	257	(32)	225	(1,303)
Cash at bank & in hand 30.06.2024	257	245	502	277

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Bank & Cash Balances				
Bank Deposit Accounts	0	0	0	0
Bank Current Accounts	257	245	502	277
Cash in Hand	-	0	-	-
	257	245	502	277

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Other Assets				
Computer equipment. Inc Ipads	0	0	0	0
	0	0	0	0

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Liabilities				
Accounts Payable	0	273	273	273
Owed to Funder	0	100	100	100
	0	373	373	373

The financial statements were approved by the Trustees on 00nd Month 2024 and were signed on their behalf by:



Chief Executive:

21st February 2025

Date

HUMAN HEALTH PROJECT

Northern Ireland - Charity number 101323

Annual report

Human Health Project (HHP), A Company limited by Guarantee, Report of the Trustees' (incorporating the Directors Report) for the year ended 30th June 2024 that have been vetted by HHP. Northern Ireland charity number 101323. Company number NI625043. Room 311, Scottish Provident Building, 7 Donegall Square West, Belfast BT1 6JH

TRUSTEES' REPORT

Human Health Project is a Northern Ireland based, holistic health literacy charity founded by Dr. Phil Harrington in 2014, following a 3-year undiagnosed illness. It is affiliated with legally separate, entities in California and the Republic of Ireland. It is primarily volunteer based.

1. Our Vision and Mission:

Our mission is **to improve the health of the underserved and vulnerable through holistic information, education and advocacy**. Through the work of our mission, we increase health literacy (the ability to find, understand, and use information and services to make health-related decisions and actions which can lead to better health and longer life) resulting in better outcomes and reduced medical errors. We envision a world where all people affected by health challenges live their healthiest lives supported by a community that cares. Our target demographic is people most at risk of poor outcomes, medical errors and deaths. This includes disadvantaged patients of all ages, and their caregivers, including populations with lower socioeconomic status, rural communities, people with cognitive and physical disabilities, immigrants and people who identify as LGBTQ.

2. Our Strategy:

- Raise £80,000 in annual revenue to support programming, operations and organize our significant volunteer base.
- Improve patient experience including offering translations in 3+ languages.
- Expand our programs to include non-communicable diseases and children's health literacy.
- Grow collaborative nonprofit and other business partnerships to expand awareness and reach
- Serve 60,000+ people by 2030

3. Our Programs:

a) Healthcare Access:

Access to the healthcare system is fundamental to good health. It includes active engagement in understanding and participating in our healthcare decisions. Activities include Patient advocacy workshops, 12 short video Learning Academy courses and peer to peer panels. Our goal is to reach 1,100+ people in 2025.

b) Shared Patient Information:

Sharing information about health conditions among patients offers significant benefits including early detection, adopting coping strategies, better health outcomes, and increased peer-to-peer connections with higher levels of empathy and advocacy. We collected SPI for Migraine from 13k people, and for Lupus from 400 with over (1 million)

page views. Next, we will add Type 2 Diabetes. Our goal is to reach 1,200 people in 2025.

c) Type 2 Diabetes:

It's a largely preventable epidemic in Northern Ireland. Our program, scheduled to launch in Q2 2025, includes a curriculum of 18 short videos delivered weekly by text or email to support a healthy lifestyle/diabetes prevention education, with monthly patient advocacy workshops. Our goal is to reach 2,600 people in 2025.

d) Children's Health Literacy:

Health literacy teaches children to understand and over time, to take control of their health, so that they learn its many benefits and eventually, health literate children can become health literate adults. We will deliver to three age groups, including parents and legal guardians, including short videos delivered by email or text with social media support. Our goal is to reach 430 people in 2025.

e) Technology

In association with HHP in the US and the Republic of Ireland, we are building a fully integrated experience with integration and automation of all aspects of our programs and with personalization driven by AI, resulting in better health outcomes. We will launch version 1 of our "Unified Patient Experience" in 2025.

The charity had debts of £373 at the end of June 30th 2024.

The accounts were verified by an independent examiner.

There were revenues of £257 and expenditure of £32 in the year to June 30th 2024.

The trustees have had regard to the Commission's Public benefit requirement statutory guidance.

The Trustee's report was approved by the Trustees on February 7th, 2025

A handwritten signature in dark ink, appearing to be 'PH', followed by a long horizontal line extending to the right.

Philip Harrington Chief Executive signed on behalf of the Trustees

HUMAN HEALTH PROJECT

Northern Ireland - Charity number 101323

Annual return

18th, March 2025

Attention: Northern Ireland Charities Commission

Re: Human Health Project,
Room 311, Scottish Provident Building, 7 Donegall Square West, Belfast BT1 6JH
Northern Ireland Charity number: 101323

Basis of independent examiner's report

I have examined your charity accounts for the year to 30th June 2024 as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

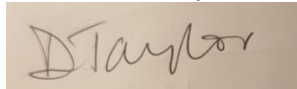
1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

CCNI ARR07 – supporting document 5 August 2016

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Name: David Taylor BSc (Hons) ACMA CGMA



Relevant professional qualification or body: Chartered Institute of Management Accountants

Bucklor Consulting Limited

38 Gipsy Lane Wokingham RG40 2BS
Company number 05283368

HUMAN HEALTH PROJECT

Northern Ireland - Charity number 101323

Accounts

GROUP NAME:
REPORTING PERIOD:
GROUPS REFERENCE NUMBER:

Human Health Project
1st July 2022 TO 30th June 2023

STATEMENT OF RECEIPTS AND PAYMENTS

	Unrestricted Funds £	Restricted Funds £	Year to Jun-23 TOTAL £	Period to Jun-22 TOTAL £
Receipts:				
Halifax Foundation NI grant	0	-	-	
Awards for All		-	-	-
Fundraising Appeals	-	0	-	-
Bank Interest	-	0	-	-
Generated Income	-	0	-	-
Total Receipts	-	-	-	-
Payments:				
Accounting	-	0	-	501
Bank Fee	-	33	33	32
Dues & subs		0	-	13
Insurance	0	0	0	1,470
Programme expenses	0	0	0	11,679
Postage	-	0	-	-
Volunteer Cost	-	0	-	-
Asset and investment purchase				
Purchase of Equipment	0	0	0	0
Total Payments:	-	33	33	13,695
Net receipts/(payments)	0	(33)	(33)	(13,695)
Transfers to/(from) funds	0	(1,270)	(1,270)	1,150
Surplus/(deficit) for the year	0	(1,303)	(1,303)	(12,545)
<u>Reconciliation 30.06.2023</u>				
Cash at bank & in hand 30.06.2022	0	1,580	14,125	14,125
Surplus/(deficit) for this year end	0	(1,303)	(1,303)	(12,545)
Cash at bank & in hand 30.06.2023	0	277	277	1,580

GROUP NAME:
REPORTING PERIOD:
GROUPS REFERENCE NUMBER:

Human Health Project
1st July 2022 TO 30th June 2023
0

STATEMENT OF ASSET AND LIABILITIES

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Funds Reconciliation				
Cash at bank & in hand 30.06.2022	0	1,580	1,580	14,125
Surplus/(deficit) for this year end	0	(1,303)	(1,303)	(12,545)
Cash at bank & in hand 30.06.2023	0	277	277	1,580

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Bank & Cash Balances				
Bank Deposit Accounts	0	0	0	0
Bank Current Accounts	-	277	277	1,580
Cash in Hand	-	0	-	-
	-	277	277	1,580

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Other Assets				
Computer equipment. Inc Ipads	0	0	0	0
	0	0	0	0

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Liabilities				
Accounts Payable	0	273	273	1,543
Owed to Funder	0	100	100	100
	0	373	373	1,643

The financial statements were approved by the Trustees on 26 January 2024 and were signed on their behalf by:



Chief Executive:

23 February 2024

Date

HUMAN HEALTH PROJECT

Northern Ireland - Charity number 101323

Annual report

Human Health Project (HHP), A Company limited by Guarantee, Report of the Trustees' (incorporating the Directors Report) for the year ended 30th June 2023 that have been vetted by HHP. Northern Ireland charity number 101323. Company number NI625043. Room 311, Scottish Provident Building, 7 Donegall Square West, Belfast BT1 6JH

TRUSTEES' REPORT

1. Vision and Mission

Vision: We envision a world where all people affected by health challenges live healthy lives supported by a community that cares.

Mission: To improve the health of the underserved and vulnerable through holistic information, education and advocacy.

2. Strategy

- Continue to focus on increasing health literacy, improving healthcare equity and access improving healthcare outcomes and decreasing medical errors and deaths.
- Focus on using our health literacy programmes to prevent noncommunicable diseases with an initial focus on Type 2 Diabetes and associated conditions.
- Make fundraising a primary focus of the organisation to fund the expansion of the work of the charity, helping more people in need.
- Apply for funding with all four HHP programs delivered in a unified experience with health literacy underlying all of HHP's programs.
- Identify and attract partnerships with clinician groups, health trusts, charities, universities, and other entities with whom we have a synergy.
- Recruit local councilors, assembly members and members of the UK parliaments to assist with furthering the HHP cause.
- Recruit one or more celebrities to be a spokesperson(s) for HHP.

In the year to June 30th 2023 and up to the time of completion of this report: Human Health Project (HHP) is a Northern Ireland holistic, health literacy charity. The organisation is a separate legal entity from, but closely affiliated with HHP in the Republic of Ireland and the US. It was founded by Dr. Phil Harrington, following a 3-year undiagnosed illness. The work of the charity is achieved primarily through the amazing work of HHP's team of dedicated volunteers in combination with grant and donor funding.

Health literacy is a necessary tool to navigate the complexities of the healthcare system and health conditions, especially for the underserved and vulnerable. Human Health Project aims to educate and empower individuals so that they can understand and access the healthcare system and manage their health, it works to achieve this goal using a three-pronged approach; Information, Education and Advocacy.

The target demographic of HHP's work comprises disadvantaged patients and caregivers within the age range of 18-69 who often struggle to effectively express their symptoms and needs. This includes individuals from low to middle-income backgrounds, with a specific emphasis on women, older adults, immigrants and refugees. These groups are frequently underrepresented and face numerous barriers in accessing appropriate healthcare services.

In 2024, we will translate our short patient education video courses into additional languages, and we will collect Shared Patient Information for non-communicable conditions with an initial focus on Diabetes. In parallel with work on our programmes, we will work on the development of our Unified Patient Experience which unites all our programmes using AI, into one guided experience, driven by profile and health condition real world data/Shared Patient Information.

Our Programs:

[Shared Patient Information \(Real World Data\)](#): HHP conducted pilot Migraine and Lupus surveys, where holistic Shared Patient Information was collected from over 13,000 people from 2016 to 2020. These surveys collected a) Causes b) Triggers c) Symptoms d) Treatments e) Treatment side effects and f) Treatment outcomes for these two health conditions. The data included conventional, natural, alternative, and over-the-counter treatments as so to draw from diverse experiences. 50 pages of survey reports can be seen for each of the two pilot conditions on this page <https://humanhealthproject.org/hhp-real-world-data-program/> Scroll down the page to view "What our Members are Saying" which displays the outcomes collected in 2020, at the bottom of the page. The HHP product and tech team are currently working on developing a unified patient experience which unites all our four programmes into one patient experience with real world data being used to best guide individuals to the resources and data that will be most helpful to them. Our next health condition focus is on non-communicable conditions, commencing with Diabetes and its associated conditions.

[Learning Academy](#): We launched our Learning Academy in 2021. The pilot, with substantial outcomes, includes six courses with the following titles:

<https://humanhealthproject.org/learning-academy/>

- "Your Rights as a Patient"
- "Patient Empowerment and the ePatient Movement (How to Stand Up for Yourself and be Heard)"
- "What to do When You Can't Get a Diagnosis"
- "Finding Credible Information Online (How to Research Online as an ePatient)"
- "Health Literacy (The Language of Health)"

- “How Real World Data is Transforming Healthcare.”

Courses in production which will be released in 2024 in multiple languages as well as the 6 existing courses include

- Where to Get Help in Northern Ireland
- Preventing Medical Errors
- Building Your Healthcare Team
- Approaches to Patient Advocacy
- Understanding the Role of a Patient Advocate
- What is an ePatient
- Managing Opioids and Controlled Substance
- Accessing Your Medical Records
- Making sense of your Medical Tests

[Patient Advocacy](#): HHP piloted its Peer-Led Patient Advocacy programme, titled "Understanding the Healthcare System" in 2022 with very good outcomes. The workshops are one to one and a half hour long and cover essential topics including:

- Knowing your Patient Rights
- How to Stand up and Be Heard
- How to Research online as an ePatient
- Where to Get Help in Northern Ireland

Webpage: <https://humanhealthproject.org/workshops/>

Currently online workshops take place monthly.

[Peer to Peer Events](#): From 2020 to 2022, We hosted 6 online peer to peer panels to over 1,000 attendees. Panelists were made up of patients and experts from Northern Ireland, Republic of Ireland the US and Canada. The latest panel was titled, “How to Stand Up for Yourself: Patient Empowerment and the ePatient Movement with a focus on IBD (Inflammatory Bowel Disease, Crohn’s & Ulcerative Colitis)”, and all panels are available on the Human Health Project website for anyone to watch <https://humanhealthproject.org/events/>

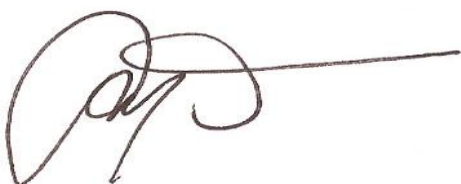
The charity had debts of £373 at the end of June 30th 2023.

The accounts were verified by an independent examiner.

There were no revenues and expenditure of £33 in the year to June 30th 2023.

The trustees have had regard to the Commission's Public benefit requirement statutory guidance.

The Trustees report was approved by the Trustees on January 26th 2024

A handwritten signature in dark ink, featuring a large, stylized initial 'P' followed by a series of loops and a long horizontal stroke extending to the right.

Philip Harrington Chief Executive signed on behalf of the Trustees

HUMAN HEALTH PROJECT

Northern Ireland - Charity number 101323

Annual return

29th February 2024

Attention: Northern Ireland Charities Commission

Re: Human Health Project,
Room 311, Scottish Provident Building, 7 Donegall Square West, Belfast BT1 6JH
Northern Ireland Charity number: 101323

Basis of independent examiner's report

I have examined your charity accounts for the year to 30th June 2023 as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

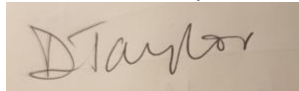
1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

CCNI ARR07 – supporting document 5 August 2016

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Name: David Taylor BSc (Hons) ACMA CGMA

A handwritten signature in dark ink, appearing to read 'D Taylor', on a light-colored rectangular background.

Relevant professional qualification or body: Chartered Institute of Management Accountants

Bucklor Consulting Limited

38 Gipsy Lane Wokingham RG40 2BS
Company number 05283368