

Good Morning Down

Northern Ireland · Charity number 101317

Details

Known as GMD

Status Received

Registered 2015-06-19

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address Office 1
Innovation House
Down Business Park
Belfast Road
Downpatrick
County Down
BT30 9up
BT30 9UP

Phone 028 4461 3434

Email info@goodmorningdown.co.uk

Website goodmorningdown.co.uk

Activities

Purposes: The Association is established to: 2.1 Good Morning Down is established to provide a free telephone befriending, support and alert service to older persons and vulnerable adults (hereinafter referred to as the 'beneficiaries') resident in the Co Down Area (hereinafter referred to as the 'area of benefit'), who are experiencing loneliness, social isolation, fear of crime and health-related problems by supporting the beneficiaries to remain independent within their homes and communities by the provision of practical and psychological support and relevant services and to encourage beneficiaries to build social networks. 2.2 to establish or to secure the establishment of 1 Centre in Co Down (hereinafter called "the Centre") and to maintain and manage or to co-operate with any local organisation(s) in the maintenance and management of such Centre for the activities promoted by Good Morning Down in furtherance of the above objects.

What the charity does: The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information,Community development,Counselling/support,Education/training,Relief of poverty,Volunteer development,Welfare/benevolent

Who the charity helps: Addictions (drug/solvent/alcohol abuse),Community safety/crime prevention,General public,Mental health,Older people,Physical disabilities,Sensory disabilities,Unemployed/low income,Volunteers

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£62,996	£55,271	£0	1

Trustees

Name	Role	Appointed
Mr Macartan Digney		
Mrs Bronagh Magorrian		
Mrs Daniella Mccarry		
Mrs Mavis Conlon		
Mrs Patricia Magee		
Mrs Sheileen Brady		
Ms Deborah Finlay		

Good Morning Down

Northern Ireland - Charity number 101317

Accounts

Good Morning Down

Statement of Receipts and Payments year ended 31st March 2025

	Restricted Funds £	Unrestricted Funds £	2025 Total Funds £	2024 Total Funds £
RECEIPTS				
South Eastern Health & Social Care Trust	17,472		17,472	15,094
National Lottery	15,000		15,000	10,000
Halifax Foundation NI	10,000		10,000	-
NI Housing Executive	7,500		7,500	7,500
Voluntary Donations	-	6,236	6,236	7,221
Ballymote Project Board	3,000		3,000	-
Allen Lane Foundation	2,500		2,500	-
Santander	888		888	-
ASDA Foundation	400		400	500
Garfield Weston Foundation	-	-	-	8,000
Ards & North Down District Council	-	-	-	3,500
John Moores Foundation	-	-	-	3,000
WG Edwards Funding	-	-	-	2,000
Total	56,760	6,236	62,996	56,815
PAYMENTS				
Salaries/HMRC	30,072	-	30,072	29,860
Rent	7,026	-	7,026	7,428
Other Events	2,905	-	2,905	2,433
Computer/IT Costs	2,919	863	3,781	631
Christmas Packs	2,117	-	2,117	2,168
Telephone	-	1,728	1,728	1,878
Volunteer Expenses	1,522	-	1,522	1,371
Insurance	-	1,227	1,227	1,065
Furniture	-	1,210	1,210	-
Travel & Transport	931	-	931	1,922
Accounting	-	840	840	660
General Running Costs	-	505	505	70
Advertising/Printing/Marketing	-	489	489	1,445
Electricity	-	400	400	572
Storage	-	240	240	120
Uniforms	-	230	230	150
Subscriptions	47	-	47	-
New Computer System	-	-	-	2,588
Thermos flasks	-	-	-	2,500
Repairs	-	-	-	1,542
Staff Leaving Costs	-	-	-	1,032
Boccia Event	-	-	-	881
Bookkeeping	-	-	-	95
Total	47,538	7,732	55,271	60,411
Net Receipts/Payments	9,222	(1,496)	7,726	(3,596)
Reconciliation at: 31 March 2025				
Deficit/Surplus for the year	9,222	(1,496)	7,726	(3,596)
Bank balance at 31 March 2024	0	12,108	12,108	15,704
Bank balance at 31 March 2025	9,222	10,612	19,834	12,108



Good Morning Down

Northern Ireland - Charity number 101317

Accounts

Charity Registration Number 101317

**GOOD MORNING DOWN
TRUSTEES REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2024**

EAMONN P McGRADY & Co

Chartered Accountants &

Registered Auditors

4-6 Market Lane

DOWNPATRICK

Co Down

BT30 6TH

Tel: 028 4461 4340

Email: eamonnmcgrady@yahoo.com

GOOD MORNING DOWN
TRUSTEES REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2024

CONTENTS

	PAGE
Charity Information	1
Trustees Report	2-6
Independent Examiner's Report	7
Statement of Receipts and Payments	8

GOOD MORNING DOWN
TRUSTEES REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2024

COMPANY INFORMATION

CHARITY NAME: Good Morning Down

CHARITY REG NO: NIC101317

REGISTERED OFFICE: Office 1 Innovation House
Down Business Park
46 Belfast Road
DOWNPATRICK
Co Down
BT30 9UP

TRUSTEES:

The following are charity trustees:

Deborah Boden
Patricia Magee
Daniella McCarry
Bridie Rogan
Mavis Conlon
Patricia Galloway
Liam Gunn

ACCOUNTANTS: Eamonn P McGrady & Co
Chartered Accountants &
Registered Auditors
4-6 Market Lane
DOWNPATRICK
BT30 6TH

BANKERS: Ulster Bank Ltd
2-8 Market Street
DOWNPATRICK
BT30 6BU

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

Good Morning Down was set up on 1st January 2005. It was developed as a charitable group with the assistance of Supporting Communities N.I.

Good Morning Down was registered with Charity Commission N. I. on 19.06.15

Charity no: **NIC101317**

Address: Office 1
Innovation House
Down Business Park
46 Belfast Rd
Downpatrick
BT30 9UP

Telephone No: 02844613434

Email: dan@goodmorningdown.co.uk

1.0 The Management Committee:

Following the Good Morning Down AGM on 15.12.2022 the following people were nominated and appointed to the Good Morning Down Board of Trustees and remained in position until the following AGM on 14th December 2023:

P. Magee	Community Volunteer	(Chairperson)
L. Gunn	N.I.H.E.	(Secretary)
P. Galloway	DCT	(Treasurer)
D. Boden	MYMY	
D. McCarry	C.D.R.C.N.	
B. Rogan	Good Morning Down Volunteer	
M. Conlon	Good Morning Down Volunteer	

Management committee from the 14th December 2023:

P. Magee	Community Volunteer	(Chairperson)
D. Finlay	(Secretary)	
M. Digney	(Treasurer)	
D. Boden	MYMY	
D. McCarry	C.D.R.C.N.	
S. Brady	DCT	
M. Conlon	GMD Volunteer	

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

Bridie Rogan resigned from the board in December 2023

Liam Gunn resigned from the board in September 2023

Deborah Boden resigned from the board in March 2024

The management committee met on 4 occasions during this reporting period: 29th June, 12th October, 15th December and 27th March 24. An additional “sub committee” meeting took place on 13th September 23.

2.0 Banker: Ulster Bank, Downpatrick Branch

During this reporting period, Good Morning Down registered for online banking with the Ulster Bank including an application for a bank card. The application was subsequently approved and GMD now enjoys the benefits of online banking and now has a mastercard debit card.

3.0 Accountant: Eamonn P McGrady & Co

Eamonn P McGrady & Co completed an independent examination of the Good Morning Down accounts for year end March 2023; there were no issues arising. Following agreement and sign-off by the board and in line with current guidance, the relevant accounts information was subsequently uploaded to the NI Charities Commission website, where it is accessible to anyone wishing to view the information.

4.0 GMD Key Objectives

The delivery of a free professional telephone befriending service to registered GMD clients, all of whom are adults and deemed to be vulnerable and/or elderly people. Calls will be made at the agreed times on agreed days. Through this service, GMD aims to assist in reducing social isolation and reducing the fear of crime amongst our service users, helping clients to remain living in their home environment.

4.1 Client Calls

GMD volunteers made calls to clients on all bank holidays from 1st April 2023 to the 31st March 2024 with the exception of three dates: December 25th & 26th and January 1st.

Clients were pleased to receive calls on bank holidays (& national Holidays) and support this enhancement in the GMD service.

For the period 1st April 2023 to 31st March 2024 – GMD volunteers and staff made a total of 20884 calls to clients of these 15729 were successful calls (clients answered) representing a 75% success rate.

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

5.0 Policies

GMD have a number of internal policies in place (listed below), these are “live” documents and are reviewed and updated where appropriate:

- Health & Safety policy
- Volunteer policy
- Volunteer expenses policy
- Acceptable use policy for I.T. equipment
- Confidentiality policy
- Reporting policy re abuse or mistreatment to vulnerable adults
- Complaints procedure
- Safeguarding adults in need of protection policy
- Safeguarding children and young people policy
- Equal opportunities policy
- Service user code of conduct policy
- Lone worker policy – (only applicable to certain staff)
- A business continuity plan has also been drafted

6.0 Finance & funding

GMD continued to receive annual grant funding from SEHSST, in addition grant funding was also received from: Garfield Weston Foundation (final payment of three year award), the Housing Executive (various grant programs), WG Edwards, John Moores Foundation and The National Lottery.

As stated earlier in this report and In line with NI Charities Commission guidance, previous Good Morning Down accounts are available to view on the NI Charities Commission website

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

7.0 New Referrals

Referrals into the Good Morning Down service come from a variety of sources. During the period of this report, referrals were received from:

- SE Trust – Safe n Well programme
- Self Referrals (website)
- Hospital Referrals
- PSNI Neighbourhood Teams
- Friends & Families
- Referrals following GMD invitational presentations

8.0 Review of year 2023 -2024

Staff and Volunteers – as of 31st March 2024:

- 1 Co-ordinator (Part-time)
- 22 volunteers
- 21 volunteers are active (6 new volunteers recruited during this reporting period)

Staff:

Dan McEvoy commenced employment as the GMD Project Manager on the 27th June 2022.

Aidan Harris retired from GMD with his last day being 30th June 2023 and Kathleen Greenwood also retired from GMD with her last day being 31st July 2023.

The Board record their thanks to both Aidan and Kathleen for their many years of service to GMD and record their best wishes to both for their retirement.

Volunteers:

Donna Marks & Josephine McAteer both left GMD as volunteers

9.0 History of Membership

At the outset of the project in Jan 2005, 18 clients were receiving calls. At the time of writing this report we are now supporting 184 members.

Staff and volunteers make between 360 to 400 telephone calls per week. These are made between 9.00am to 12.30pm over the 5 weekday mornings.

GMD made 20,884 calls from April 2023 to March 2024, a representing an increase of 1,464 calls (7.5%) from the total calls made during year end March 2023.

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

10.0 Calendar of Events 2023-2024

GMD were in position to deliver two client events during the period of this report, the first took place on Wed 29th November 2022 in the Burrendale Hotel Newcastle and the 2nd event took place on Wed 6th March 2024 in the Ballymote Centre Downpatrick.

Both of the above events were a great success and demonstrated how such events benefit our clients particularly those who suffer from social isolation.

In addition to the above, GMD Staff and volunteers attended 2 other events where they were able to chat about GMD and service offered to clients.

11.0 Donations & Fundraisers

Throughout the period of this report GMD received donations totalling £1695.00 in particular we thank the Hamilton family for their generous donation of £300.00. (Their father Thomas was a GMD client).

GMD hosted two fundraisers: ASDA backpack - £1255.00 was raised and our first ever Tractor Run raised - £1133.00.

12.0 Statement of Accounts for the year were produced by Eamonn P Mc Grady & Co.

Report approved by Trustees at their Board meeting and signed on their behalf by:



(Chairperson of Board)

17/10/24

GOOD MORNING DOWN

YEAR ENDED 31ST MARCH 2024

Independent Examiner's Report to the Trustees of Good Morning Down

Eamonn P McGrady & Co report on the accounts of Good Morning Down for the year ended 31 March 2024, which are set out on page 7.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (NI) 2008.

It is the responsibility of Eamonn P McGrady & Co to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general directions given by the Charity Commission under section 65(9) (b) of the Charities Act.
- state whether particular matters have come to our attention

Basis of independent examiner's statement

Eamonn P McGrady & Co have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission NI under section 65(9) (b) of the Charities Act.

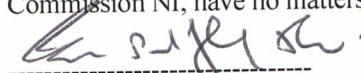
Our examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

The role of Eamonn P McGrady & Co is to state whether any material matters have come to our attention giving cause to believe:

- 1 that accounting records were not kept in accordance with section 62 of the Charities Act
- 2 that the accounts do not accord with those accounting records
- 3 that the accounts do not comply with the accounting requirements of the Charities Act
- 4 that there is further information needed for a proper understanding of the accounts to be reached

Independent examiners statement

Eamonn P McGrady & Co have completed an examination and have no concerns in respect of the matters 1 to 4 listed above and, in connection with following the Directions of the Charity Commission NI, have no matters that require to be drawn to your attention.



Eamonn P McGrady & Co
Chartered Accountants & Registered Auditors
21a Market Street
DOWNPATRICK
Co Down
BT30 6LP

17/10/24
Date

GOOD MORNING DOWN

STATEMENT OF RECEIPTS AND PAYMENTS

YEAR ENDED 31ST MARCH 2024

	Restricted Funds	Unrestricted Funds	2024 Total Funds	2023 Total Funds
	£	£	£	£
RECEIPTS				
NI Housing Executive	7,500	-	7,500	12,500
South Eastern Health & Social Care Trust	15,094	-	15,094	15,903
Newry Mourne & Down District Council	-	-	-	2,800
Ards & North Down Council - Boccia Event	1,000	-	1,000	-
Ards & North Down Council - Thermos Flask	2,500	-	2,500	-
Halifax Foundation NI	-	-	-	10,500
Voluntary Donations	-	7,221	7,221	3,205
Garfield Weston Foundation	8,000	-	8,000	8,000
John Moores Foundation	3,000	-	3,000	-
National Lottery	10,000	-	10,000	-
ASDA Foundation	500	-	500	-
WG Edwards Funding	<u>2,000</u>	<u>-</u>	<u>2,000</u>	<u>-</u>
Total	49,594	7,221	56,815	52,908
PAYMENTS				
Salaries/HMRC	29,860	-	29,860	31,423
Travel & Transport	446	1,476	1,922	1,125
Volunteer Expenses	1,371	-	1,371	1,647
Boccia Event	881	-	881	-
Christmas Packs	2,168	-	2,168	-
Other Events	2,433	-	2,433	-
Repairs	1,542	-	1,542	-
Thermos Flasks	2,500	-	2,500	-
Storage	-	120	120	-
Telephone	-	1,878	1,878	1,963
Electricity	-	572	572	524
Rent	7,428	-	7,428	7,939
Computer/IT Costs	145	486	631	877
New Computer System	2,588	-	2,588	-
Accountancy	-	660	660	600
Insurance	-	1,065	1,065	923
Catering/Parcels	-	-	-	3,220
Workshops	-	-	-	165
Advertising, Printing & Marketing	-	1,445	1,445	717
Book-Keeping	-	95	95	170
Subscriptions	-	-	-	234
Uniforms	-	150	150	325
Staff Leaving Costs	-	1,032	1,032	-
Bank Charges	-	-	-	30
General Running Costs	<u>-</u>	<u>70</u>	<u>70</u>	<u>182</u>
Total	<u>51,362</u>	<u>9,049</u>	<u>60,411</u>	<u>52,064</u>

	Restricted Funds £	Unrestricted Funds £	2024 Total Funds £	2023 Total Funds £
Net Receipts/Payments	<u>(1,768)</u>	<u>(1,828)</u>	<u>(3,596)</u>	<u>844</u>
Reconciliation at: 31 March 2024				
Deficit/Surplus for the year	(1,768)	(1,828)	(3,596)	884
Bank balance at 31 March 2023	<u>1,768</u>	<u>13,936</u>	<u>15,704</u>	<u>14,860</u>
Bank balance at 31 March 2024	<u>-</u>	<u>12,108</u>	<u>12,108</u>	<u>15,704</u>

Good Morning Down

Northern Ireland - Charity number 101317

Annual report

GOOD MORNING DOWN
TRUSTEES REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2024

COMPANY INFORMATION

CHARITY NAME: Good Morning Down
CHARITY REG NO: NIC101317
REGISTERED OFFICE: Office 1 Innovation House
Down Business Park
46 Belfast Road
DOWNPATRICK
Co Down
BT30 9UP

TRUSTEES:

The following are charity trustees:

Deborah Boden
Patricia Magee
Daniella McCarry
Bridie Rogan
Mavis Conlon
Patricia Galloway
Liam Gunn

ACCOUNTANTS: Eamonn P McGrady & Co
Chartered Accountants &
Registered Auditors
4-6 Market Lane
DOWNPATRICK
BT30 6TH

BANKERS: Ulster Bank Ltd
2-8 Market Street
DOWNPATRICK
BT30 6BU

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

Good Morning Down was set up on 1st January 2005. It was developed as a charitable group with the assistance of Supporting Communities N.I.

Good Morning Down was registered with Charity Commission N. I. on 19.06.15

Charity no: **NIC101317**

Address: Office 1
Innovation House
Down Business Park
46 Belfast Rd
Downpatrick
BT30 9UP

Telephone No: 02844613434

Email: dan@goodmorningdown.co.uk

1.0 The Management Committee:

Following the Good Morning Down AGM on 15.12.2022 the following people were nominated and appointed to the Good Morning Down Board of Trustees and remained in position until the following AGM on 14th December 2023:

P. Magee	Community Volunteer	(Chairperson)
L. Gunn	N.I.H.E.	(Secretary)
P. Galloway	DCT	(Treasurer)
D. Boden	MYMY	
D. McCarry	C.D.R.C.N.	
B. Rogan	Good Morning Down Volunteer	
M. Conlon	Good Morning Down Volunteer	

Management committee from the 14th December 2023:

P. Magee	Community Volunteer	(Chairperson)
D. Finlay	(Secretary)	
M. Digney	(Treasurer)	
D. Boden	MYMY	
D. McCarry	C.D.R.C.N.	
S. Brady	DCT	
M. Conlon	GMD Volunteer	

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

Bridie Rogan resigned from the board in December 2023
Liam Gunn resigned from the board in September 2023
Deborah Boden resigned from the board in March 2024

The management committee met on 4 occasions during this reporting period: 29th June, 12th October, 15th December and 27th March 24. An additional “sub committee” meeting took place on 13th September 23.

2.0 Banker: Ulster Bank, Downpatrick Branch

During this reporting period, Good Morning Down registered for online banking with the Ulster Bank including an application for a bank card. The application was subsequently approved and GMD now enjoys the benefits of online banking and now has a mastercard debit card.

3.0 Accountant: Eamonn P McGrady & Co

Eamonn P McGrady & Co completed an independent examination of the Good Morning Down accounts for year end March 2023; there were no issues arising. Following agreement and sign-off by the board and in line with current guidance, the relevant accounts information was subsequently uploaded to the NI Charities Commission website, where it is accessible to anyone wishing to view the information.

4.0 GMD Key Objectives

The delivery of a free professional telephone befriending service to registered GMD clients, all of whom are adults and deemed to be vulnerable and/or elderly people. Calls will be made at the agreed times on agreed days. Through this service, GMD aims to assist in reducing social isolation and reducing the fear of crime amongst our service users, helping clients to remain living in their home environment.

4.1 Client Calls

GMD volunteers made calls to clients on all bank holidays from 1st April 2023 to the 31st March 2024 with the exception of three dates: December 25th & 26th and January 1st.

Clients were pleased to receive calls on bank holidays (& national Holidays) and support this enhancement in the GMD service.

For the period 1st April 2023 to 31st March 2024 – GMD volunteers and staff made a total of 20884 calls to clients of these 15729 were successful calls (clients answered) representing a 75% success rate.

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

5.0 Policies

GMD have a number of internal policies in place (listed below), these are “live” documents and are reviewed and updated where appropriate:

- Health & Safety policy
- Volunteer policy
- Volunteer expenses policy
- Acceptable use policy for I.T. equipment
- Confidentiality policy
- Reporting policy re abuse or mistreatment to vulnerable adults
- Complaints procedure
- Safeguarding adults in need of protection policy
- Safeguarding children and young people policy
- Equal opportunities policy
- Service user code of conduct policy
- Lone worker policy – (only applicable to certain staff)
- A business continuity plan has also been drafted

6.0 Finance & funding

GMD continued to receive annual grant funding from SEHSST, in addition grant funding was also received from: Garfield Weston Foundation (final payment of three year award), the Housing Executive (various grant programs), WG Edwards, John Moores Foundation and The National Lottery.

As stated earlier in this report and In line with NI Charities Commission guidance, previous Good Morning Down accounts are available to view on the NI Charities Commission website

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

7.0 New Referrals

Referrals into the Good Morning Down service come from a variety of sources. During the period of this report, referrals were received from:

- SE Trust – Safe n Well programme
- Self Referrals (website)
- Hospital Referrals
- PSNI Neighbourhood Teams
- Friends & Families
- Referrals following GMD invitational presentations

8.0 Review of year 2023 -2024

Staff and Volunteers – as of 31st March 2024:

- 1 Co-ordinator (Part-time)
- 22 volunteers
- 21 volunteers are active (6 new volunteers recruited during this reporting period)

Staff:

Dan McEvoy commenced employment as the GMD Project Manager on the 27th June 2022.

Aidan Harris retired from GMD with his last day being 30th June 2023 and Kathleen Greenwood also retired from GMD with her last day being 31st July 2023.

The Board record their thanks to both Aidan and Kathleen for their many years of service to GMD and record their best wishes to both for their retirement.

Volunteers:

Donna Marks & Josephine McAteer both left GMD as volunteers

9.0 History of Membership

At the outset of the project in Jan 2005, 18 clients were receiving calls. At the time of writing this report we are now supporting 184 members.

Staff and volunteers make between 360 to 400 telephone calls per week. These are made between 9.00am to 12.30pm over the 5 weekday mornings.

GMD made 20,884 calls from April 2023 to March 2024, a representing an increase of 1,464 calls (7.5%) from the total calls made during year end March 2023.

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

10.0 Calendar of Events 2023-2024

GMD were in position to deliver two client events during the period of this report, the first took place on Wed 29th November 2022 in the Burrendale Hotel Newcastle and the 2nd event took place on Wed 6th March 2024 in the Ballymote Centre Downpatrick.

Both of the above events were a great success and demonstrated how such events benefit our clients particularly those who suffer from social isolation.

In addition to the above, GMD Staff and volunteers attended 2 other events where they were able to chat about GMD and service offered to clients.

11.0 Donations & Fundraisers

Throughout the period of this report GMD received donations totalling £1695.00 in particular we thank the Hamilton family for their generous donation of £300.00. (Their father Thomas was a GMD client).

GMD hosted two fundraisers: ASDA backpack - £1255.00 was raised and our first ever Tractor Run raised - £1133.00.

12.0 Statement of Accounts for the year were produced by Eamonn P Mc Grady & Co.

Report approved by Trustees at their Board meeting and signed on their behalf by:



(Chairperson of Board)

17/10/24

Good Morning Down

Northern Ireland - Charity number 101317

Annual return

GOOD MORNING DOWN

YEAR ENDED 31ST MARCH 2024

Independent Examiner's Report to the Trustees of Good Morning Down

Eamonn P McGrady & Co report on the accounts of Good Morning Down for the year ended 31 March 2024, which are set out on page 7.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (NI) 2008.

It is the responsibility of Eamonn P McGrady & Co to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general directions given by the Charity Commission under section 65(9) (b) of the Charities Act.
- state whether particular matters have come to our attention

Basis of independent examiner's statement

Eamonn P McGrady & Co have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission NI under section 65(9) (b) of the Charities Act.

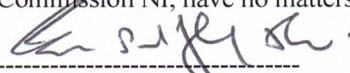
Our examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

The role of Eamonn P McGrady & Co is to state whether any material matters have come to our attention giving cause to believe:

- 1 that accounting records were not kept in accordance with section 62 of the Charities Act
- 2 that the accounts do not accord with those accounting records
- 3 that the accounts do not comply with the accounting requirements of the Charities Act
- 4 that there is further information needed for a proper understanding of the accounts to be reached

Independent examiners statement

Eamonn P McGrady & Co have completed an examination and have no concerns in respect of the matters 1 to 4 listed above and, in connection with following the Directions of the Charity Commission NI, have no matters that require to be drawn to your attention.



Eamonn P McGrady & Co
Chartered Accountants & Registered Auditors
21a Market Street
DOWNPATRICK
Co Down
BT30 6LP

17/10/24

Date

Good Morning Down

Northern Ireland - Charity number 101317

Accounts

GOOD MORNING DOWN

STATEMENT OF RECEIPTS AND PAYMENTS

YEAR ENDED 31ST MARCH 2023

	Restricted Funds £	Unrestricted Funds £	2023 Total Funds £	2022 Total Funds £
RECEIPTS				
NI Housing Executive	12,500	-	12,500	13,912
South Eastern Health & Social Care Trust	15,903	-	15,903	16,575
Newry, Mourne & Down District Council	2,800	-	2,800	-
Halifax Foundation NI	10,500	-	10,500	6,162
Voluntary Donations	-	3,205	3,205	517
Community Foundation NI	-	-	-	5,500
Garfield Weston Foundation	8,000	-	8,000	8,000
Co Down Rural Community Network	-	-	-	500
Total	<u>49,703</u>	<u>3,205</u>	<u>52,908</u>	<u>51,166</u>
PAYMENTS				
Salaries/HMRC	31,423	-	31,423	33,357
Travel	1,125	-	1,125	651
Volunteer Expenses	1,647	-	1,647	2,398
Telephone	1,963	-	1,963	1,987
Electricity	524	-	524	287
Rent	7,939	-	7,939	7,212
Computer/IT Costs	-	877	877	173
Accountancy	600	-	600	600
Insurance	923	-	923	830
Calendars	-	-	-	690
Parcels	2,953	-	2,953	2,782
Catering	2,263	-	2,263	680
Workshops	165	-	165	-
Postage & Stationery	-	215	215	-
Advertising & Marketing	-	502	502	-
Book-Keeping	-	170	170	180
Subscriptions	-	234	234	-
Uniforms	-	325	325	-
Bank Charges	-	30	30	-
General Running Costs	-	182	182	271
Total	<u>49,529</u>	<u>2,535</u>	<u>52,064</u>	<u>52,098</u>
Net Receipts/Payments	<u>174</u>	<u>670</u>	<u>844</u>	<u>(932)</u>
Reconciliation at: 31 March 2023				
Deficit/Surplus for the year	174	670	844	(932)
Bank balance at 31 March 2022	<u>1,594</u>	<u>13,266</u>	<u>14,860</u>	<u>15,792</u>
Bank balance at 31 March 2023	<u>1,768</u>	<u>13,939</u>	<u>15,704</u>	<u>14,860</u>

Good Morning Down

Northern Ireland - Charity number 101317

Annual report

GOOD MORNING DOWN
TRUSTEES REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED
31ST MARCH 2023

COMPANY INFORMATION

CHARITY NAME: Good Morning Down

CHARITY REG NO: NIC101317

REGISTERED OFFICE: Office 1 Innovation House
Down Business Park
46 Belfast Road
DOWNPATRICK
Co Down
BT30 9UP

TRUSTEES:

The following are charity trustees:

Deborah Boden
Patricia Magee
Daniella McCarry
Bridie Rogan
Mavis Conlon
Patricia Galloway
Liam Gunn

ACCOUNTANTS: Eamonn P McGrady & Co
Chartered Accountants &
Registered Auditors
21a Market Street
DOWNPATRICK
BT30 6LP

BANKERS: Ulster Bank Ltd
2-8 Market Street
DOWNPATRICK
BT30 6BU

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2023

Good Morning Down was set up on 1st January 2005. It was developed as a charitable group with the assistance of Supporting Communities N.I.

Good Morning Down was registered with Charity Commission N. I. on 19.06.15

Charity no: **NIC101317**

Address: Office 1
Innovation House
Down Business Park
46 Belfast Rd
Downpatrick
BT30 9UP

Telephone No: 02844613434

Email: dan@goodmorningdown.co.uk

1.0 The Management Committee:

Following the Good Morning Down AGM on 16.12.2021 and the subsequent GMD Board meeting of the 17.02.22, various personnel changes occurred in relation to the GMD Board membership, including that Susan Welsh tendered her resignation from the GMD Chairperson role. GMD record their thanks and gratitude to Susan for her many years of service and support to our organisation.

As a result of the above change the Management Committee agreed to appoint Patricia Magee to the position of Chairperson, therefore from 1st April 2022 the GMD Management Committee membership was:

P. Magee	Community Volunteer	(Chairperson)
L. Gunn	N.I.H.E.	(Secretary)
P. Galloway	DCT	(Treasurer appointed 4.5.22)
D. Boden	MYMY	
D. McCarry	C.D.R.C.N.	
B. Rogan	Good Morning Down Volunteer	
M. Conlon	Good Morning Down Volunteer	

The Management Committee met on 4 occasions during this reporting period: 4th May 2022, 8th September 2022, 15th December 2022 and 23rd March 2023.

The Good Morning Down AGM took place immediately following the board meeting on 15th December 2022.

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2023

2.0 Banker: Ulster Bank, Downpatrick Branch

During this reporting period, Good Morning Down registered for online banking with the Ulster Bank including an application for a Bank Card. The application was subsequently approved and GMD now enjoys the benefits of online banking and now has a mastercard debit card.

3.0 Accountant: Eamonn P McGrady & Co

Eamonn P McGrady & Co completed an independent examination of the Good Morning Down accounts for year end March 2022; there were no issues arising. Following agreement and sign-off by the Board and in line with current guidance, the relevant accounts information was subsequently uploaded to the NI Charities Commission website, where it is accessible to anyone wishing to view it.

4.0 GMD Key Objectives

The delivery of a free professional telephone befriending service to registered GMD clients, all of whom are adults and deemed to be vulnerable and/or elderly people. Calls will be made at the agreed times on agreed days. Through this service, GMD aims to assist in reducing social isolation and reducing the fear of crime amongst our service users, helping clients to remain living in their home environment.

4.1 Client Calls

GMD volunteers made calls to clients on all bank holidays from 1st September 2022 to the 31st March 2023 with the exception of two dates: December 25th and March 17th when volunteers were unavailable to assist.

Clients were pleased to receive calls on bank holidays (& national holidays) and support this enhancement in the GMD service.

For the period 1st April 2022 to 31st March 2023 – GMD volunteers and staff made a total of 19419 calls to clients. Of these 14,186 were successful calls (clients answered) representing a 73% success rate.

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2023

5.0 Policies

GMD have a number of internal policies in place (listed below), these are “live” documents and are reviewed and updated where appropriate:

- Health & Safety policy
- Volunteer policy
- Volunteer expenses policy
- Acceptable use policy for I.T. equipment
- Confidentiality policy
- Reporting policy re abuse or mistreatment of vulnerable adults
- Complaints procedure
- Safeguarding adults in need of protection policy
- Safeguarding children and young people policy
- Equal opportunities policy
- Service user code of conduct policy
- Lone worker policy – (only applicable to certain staff)

6.0 Finance & funding

GMD continued to receive annual grant funding from SEHSST, in addition grant funding was also received from The Halifax Foundation, Garfield Weston Foundation, NI Housing Executive (various grant programs), the NM&D Police Community & Safety Partnership and NM&D Good Relations.

In total, funding secured this year was £52,908 (2022 £51,166). Surplus of receipts over payments was £844, compared to a deficit of £932 last year.

Reserves at the end of the year amounted to £15,704.

As stated earlier in this report and in line with Charity Commission NI guidance, previous Good Morning Down accounts are available to view on the Charity Commission NI website.

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2023

7.0 New Referrals

Referrals into the Good Morning Down service come from a variety of sources. During the period of this report, referrals were received from:

- SE Trust – Safe n Well programme
- Self Referrals (website)
- Hospital Referrals
- PSNI Neighbourhood Teams
- Friends & Families
- Referrals following GMD invitational presentations

8.0 Review of year 2022 -2023

Staff and Volunteers:

- 1 Co-ordinator (Part-time)
- 2 Telephone Carers (Part-time)
- 18 volunteers
- 15 volunteers are active (4 of whom were recruited in Oct 2022)

Dan McEvoy commenced employment as the GMD Project Manager on the 27th June 2022 following a recruitment exercise after the retirement of the previous project coordinator Linda Baker in February 2022.

The Board record their thanks to Linda for her contribution and support to GMD over the past 16 years.

9.0 History of Membership

At the outset of the project in Jan 2005, 18 clients were receiving calls. At the time of writing this report we are now supporting 171 members.

Staff and volunteers make between 360 to 400 telephone calls per week. These are made between 9.00am to 12.30pm over the 5 weekday mornings.

GMD made 19,420 caring/befriending telephone calls from April 2022 to March 2023, a decrease of only 645 from the previous year. The number of successful first calls was 14,186 for the same period.

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2023

10.0 2022-2023 Calendar of Events

GMD were in a position to deliver two client events during the period of this report. The first took place on Wed 30th November 2022 in Downpatrick RGU club. This was funded with unspent monies from a previous Community Foundation Grant and was the first GMD event in over 36 months. The 2nd event took place on Wed 22nd March 2023 in the Millbrook Lodge hotel in Ballynahinch and was funded by NM&D PCSP with assistance from NM&D Good Relations.

Both of the above events were a great success and demonstrated how such events benefit our clients particularly as we emerged from the Covid Pandemic.

In addition to the above, GMD staff and volunteers attended 8 other events where they were able to chat about GMD and the service offered to clients.

11.0 Donations

Throughout the period of this report GMD received several donations totalling £3,000 approximately. In particular we wish to thank the McConvey family for their generous donation of £1000.00 in recognition of the service provided by GMD towards their recently deceased mother Ida McConvey.

12.0 Statement of Account

Account for year are produced by Eamonn Mc Grady.

13.0 Public Benefit Statement

The Trustees have had regard to the Public Benefit Requirement statutory guidance.

Report approved by Trustees at their Board meeting dated on Thursday 29th June 2023 and signed on their behalf by:



Patricia Magee (Chairperson of Board)

Good Morning Down

Northern Ireland - Charity number 101317

Annual return

GOOD MORNING DOWN
YEAR ENDED 31ST MARCH 2023

Independent Examiner's Report to the Trustees of Good Morning Down

Eamonn P McGrady & Co report on the accounts of Good Morning Down for the year ended 31 March 2023, which are set out on page 7.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (NI) 2008.

It is the responsibility of Eamonn P McGrady & Co to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general directions given by the Charity Commission under section 65(9) (b) of the Charities Act.
- state whether particular matters have come to our attention

Basis of independent examiner's statement

Eamonn P McGrady & Co have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission NI under section 65(9) (b) of the Charities Act.

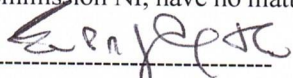
Our examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

The role of Eamonn P McGrady & Co is to state whether any material matters have come to our attention giving cause to believe:

- 1 that accounting records were not kept in accordance with section 62 of the Charities Act
- 2 that the accounts do not accord with those accounting records
- 3 that the accounts do not comply with the accounting requirements of the Charities Act
- 4 that there is further information needed for a proper understanding of the accounts to be reached

Independent examiners statement

Eamonn P McGrady & Co have completed an examination and have no concerns in respect of the matters 1 to 4 listed above and, in connection with following the Directions of the Charity Commission NI, have no matters that require to be drawn to your attention.



Eamonn P McGrady & Co
Chartered Accountants & Registered Auditors
21a Market Street
DOWNPATRICK
Co Down
BT30 6LP

29.6.23

Date