

**Company registration number: NI040557**

**Antrim & Newtownabbey Seniors' Forum  
Company limited by guarantee**

**Unaudited financial statements**

**31 March 2023**

**Antrim & Newtownabbey Seniors' Forum**  
**Company limited by guarantee**

**Company information**

|                          |                                     |                  |
|--------------------------|-------------------------------------|------------------|
| <b>Trustees</b>          | S McCleave                          | Chairperson      |
|                          | A Watson                            | Vice Chairperson |
|                          | G Harper                            | Treasurer        |
|                          | E Gillespie (resigned 1 June 2022)  |                  |
|                          | H Caldwell                          |                  |
|                          | O Fitzgerald                        |                  |
|                          | J R Whittley                        |                  |
|                          | M Barefield (resigned 17 June 2022) |                  |
|                          | J Cosgrove                          |                  |
|                          | M Maguire                           |                  |
| <b>Secretary</b>         | D Irvine (appointed 17 June 2022)   |                  |
|                          | E Gillespie (resigned 1 June 2022)  |                  |
| <b>Company number</b>    | NI040557                            |                  |
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| <b>Charity number</b>    | NIC 101259                          |                  |
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| <b>Registered office</b> | The Barron Hall                     |                  |
|                          | 230 Antrim Road                     |                  |
|                          | Newtownabbey                        |                  |
|                          | BT36 7QX                            |                  |
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| <b>Accountants</b>       | Allen Fleming CA Limited            |                  |
|                          | Old Bank House                      |                  |
|                          | 161-163 Upper Lisburn Road          |                  |
|                          | Belfast                             |                  |
|                          | BT10 0LJ                            |                  |
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**Antrim & Newtownabbey Seniors' Forum  
Company limited by guarantee**

**Year ended 31st March 2023**

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**Antrim & Newtownabbey Seniors' Forum**  
**Company limited by guarantee**

**Trustees report**  
**Year ended 31st March 2023**

**Trustees' report for the year ended 31st March 2023**

The Trustees, who are also the Directors of the Company under the provisions of the Companies Act 2006, present their annual report and the audited financial statements for the year ended 31st March 2023. The Trustees have adopted the provisions of the Companies Act 2006 and the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" FRS 102 in preparing the annual report and audited financial statements of the Charity.

**Reference and administrative details of the charity**

Details of this information are included in the opening page. Structure, Governance and Management. Antrim & Newtownabbey Seniors' Forum is a charitable company limited by guarantee. These financial statements reflect its charitable activities for the 12 month period from 1st April 2022 to 31st March 2023. The Charity has also successfully registered with the Charity Commission for Northern Ireland number NIC101259. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up each member may be required to contribute an amount not exceeding £1.

The Charity is controlled by the Executive Committee. The executive committee meet on a monthly basis and make all decisions regarding the day to day management of the charity. New members of the Executive Committee meet with all members of the Executive Committee and are supplied with all key documentation.

Under the requirements of the Memorandum and the Articles of Association, the Trustees are elected to serve until the next Annual General Meeting at which they may, if willing to act, be reappointed. If not reappointed, they shall retain office until the meeting appoints someone in their place, or if it does not do so, until the end of the meeting. New trustees may be appointed if recommended by the trustees or proposed by a member qualifying to vote at the annual general meeting.

Currently the Forum is governed by 9 voluntary board/committee members (who are elected annually by the Forum members). The Forum has currently 2 full time workers (Project Coordinator and Project Support worker) who are both Line Managed by the ANSF Chairperson.

**Antrim & Newtownabbey Seniors' Forum**  
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**Trustees report**  
**Year ended 31st March 2023**

**Objectives and Activities:**

Objectives:

The Company is established to relieve poverty, to advance education and to promote the preservation and protection of health among people aged 50+ in the Antrim and Newtownabbey Borough Council area and its environs of Co. Antrim, without distinction of gender, sexual orientation, disability/ability, race, political, religious or other opinion, and in particular:

to provide facilities in the interests of social welfare for the education, recreation and leisure time occupation of senior citizens who by reason of social or economic circumstances have a need to such facilities.

**Antrim & Newtownabbey Seniors' Forum**  
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**Trustees report**  
**Year ended 31st March 2023**

Although staff returned full time to the office to hold face to face classes, the shadow of Corona Virus continued with regard to finding venues to allow large numbers to meet. Face classes however were up and running and included Art, Men's Drop In, Tuesday Living Well Group, Knitting & Crocheting, Music, Indoor and Outdoor Bowling and the Women's Drop in Group.

The Forum currently comprises 20 Groups and 238 Individual members.

Committee Meetings took place monthly *by zoom* up until April 2022 when face-to-face meetings resumed monthly in the Barron Hall. An AGM was held on 17<sup>th</sup> June 2022 in Carnmoney Presbyterian Church in order to meet Government guidelines.

Monthly Forum meetings began again the last Friday in September and as agreed with Antrim & Newtownabbey Borough Council, eight in total will be held across the year. Four of these will be in Glengormley (Lilian Bland Pavilion) and four in Antrim (Stiles Community Centre). They will alternate each month.

#### **Events**

As part of the Queen's Jubilee celebrations, men from Newtownabbey Senior Citizens Forum were invited to a Tree Appreciation Day at Hazelbank on Monday 11<sup>th</sup> April 2022 with Mary Peter's, who then joined them back at the Barron Hall for tea.

26<sup>th</sup> April 2022- Eithne from Age NI gave a presentation to the Tuesday Living Well Group on Care for the Elderly.

Tuesday 3<sup>rd</sup> May 2022 saw representatives from Phoenix Gas give a presentation to NSCF ladies in Mossley Pavilion on fuel saving tips.

On Monday 16<sup>th</sup> May 2022 the Sam Hunter Trophy was hotly contested by teams across the Province, in the annual Boccia Tournament held at Spectrum Centre, Belfast. The winners were Newtownabbey Senior Citizens, who brought home the trophy.

Mossley Pavilion was the venue for another presentation to NSCF ladies by representatives from the Continence Clinic on Tuesday 17<sup>th</sup> May 2022.

NSCF held their AGM on Friday 17<sup>th</sup> June 2022 in Carnmoney Community Church Hall where their name was changed to **"Antrim & Newtownabbey Seniors Forum"**.

On Tuesday 31<sup>st</sup> May 2022 a cinema day was held at Glengormley Movie House where 30 people attended as part of Volunteer Week. The movie was Top Gun – Maverick.

A group from ANSF attended the Healthy Ageing Showcase Event on Thursday 16th June 2022 in the Europa Hotel from 9:30 am to 4:00 pm. The event was to help test various Healthy Ageing solutions aimed at improving the health and wellbeing of older people.

On Wednesday 29<sup>th</sup> June attendees of classes were invited to a cinema day as a treat to the end of classes for the summer period. It took place in Glengormley Movie House and the movie shown was "Elvis".

The Men's Drop In took a day trip on 26<sup>th</sup> July 2022 to Dublin and had a wonderful day out.

A Well Being event was held at the Diamond, Rathcoole on 10<sup>th</sup> August 2022 where many Forum members attended. The Cancer bus was also on hand for anyone wanting a check up.

**Antrim & Newtownabbey Seniors' Forum**  
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**Trustees report**  
**Year ended 31st March 2023**

On 26<sup>th</sup> August, Clanmill Housing held a Funday event on 26<sup>th</sup> August. Part of the reason for the event was to introduce Senior Citizens to purpose-built housing for the elderly.

Antrim & Newtownabbey Borough Council held a Photo Shoot in Mossley Pavilion on Thursday 1<sup>st</sup> Sept. The Council recently purchased defibrillators (AEDs) for their Community buildings including Mossley Pavilion. The shoot was to promote use of the defibs and involved ANSF members who use the premises for their weekly class.

Volunteer Now organised a Men's Challenge Day for Wednesday 21<sup>st</sup> September 2022 from 10:30 am to 2:00 pm in Fortwilliam, which saw ANSF Men's Drop In Group participate in packing items. This was followed by lunch at Fortwilliam Golf Club.

ANSF together with the Community Relations Forum held a Quiz evening in the Barron Hall on Monday 3<sup>rd</sup> October 2022 to celebrate the start of Age Friendly Week.

As part of Positive Ageing Month, a Health Fair was held on Monday 3<sup>rd</sup> October 2022 in Theatre at the Mill. It began at 10:30 am and members of ANSF were in attendance, promoting the work of the Forum.

Randalstown Orange Hall was the venue for an ANSF inter-generational Boccia Competition on Wednesday 12<sup>th</sup> October 2022 from 10am – 12 noon. Fourteen teams participated and the winner was ANSF's "Gordies Heroes". Three of the teams were from local primary schools.

Members of ANSF attended the opening of Cancer Lifeline's new building on Tuesday 18<sup>th</sup> October 2022. The building at 44 Alliance Belfast received an £890,000 investment by Belfast City Council and the Department of Communities. Since 1999 the centre has provided a haven for individuals and families facing a cancer diagnosis, supporting them emotionally and physically through their cancer journey and treatment regimes.

Spectrum Centre was the venue for the Andy & Nessie Ross Boccia Tournament on Monday 24<sup>th</sup> October 2022 organised by Boccia N.I. Sixteen teams from around the Province competed. The winners were "The Valley" team from Newtownabbey.

22<sup>nd</sup> November saw Deirdre Speer Whyte from the Ulster Scots Community Network give a presentation to the Tuesday Living Well Group in Mossley Pavilion.

A Men's Health Day was held at Girdwood Hub on Wednesday 23<sup>rd</sup> November from 10:30 am to 1:30 pm and was attended by many of ANSF's Men's Drop In Group.

The new Ballyclare Men's Drop In Group visited McConnell's at Doagh on Monday 28<sup>th</sup> November 2022 for a bacon bap and a game of pool. Their usual meeting day is the first Friday of every month.

On Wednesday 30<sup>th</sup> November Robert hosted an inter-generational quiz at Randalstown Orange Hall from 10 am to 12 noon.

Robert also hosted another inter-generational quiz for 108<sup>th</sup> Guides & Brownies in Glengormley Presbyterian Church from 6:30 pm – 8pm.

December kicked off with a Quiz Night in the Barron Hall on Monday 5<sup>th</sup> December from 7pm to 9pm. 27 people were in attendance.

Another quiz was held on Tuesday Living Well Group on Tuesday 6<sup>th</sup> December 2022 at Mossley Pavilion with Robert as Quizmaster.

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**Year ended 31st March 2023**

The Barron Hall held its annual Christmas Dinner on Friday 9<sup>th</sup> December with many from ANSF in attendance. Dinner plus entertainment by Joe Laggan was £14.

On Tuesday 13<sup>th</sup> December ANSF held a cinema day for volunteers as a thank you for all their hard work. The film was "Violent Night" and was attended by 57 people.

All classes finished for the Christmas holidays on Friday 16<sup>th</sup> December 2022 and resumed on Tuesday 3<sup>rd</sup> January 2023.

On Monday 15<sup>th</sup> January Newtownabbey Men's Drop In and Ballyclare Men's Drop In held a pool and darts competition in McConnell's in Doagh. Ballyclare won and so Newtownabbey challenged them to a return indoor bowls match at Glengormley Sports Bowl on Tuesday 24<sup>th</sup> January. Newtownabbey won making it one all. A bowling decider match was then called for on Monday 20<sup>th</sup> February at Carnmoney Parish Church. Newtownabbey won.

Wednesday 22<sup>nd</sup> February saw an intergenerational boccia competition take place at Glengormley Integrated Primary School.

The yearly Boccia NI Dedication Tournament took place on Monday 27<sup>th</sup> February 2023 at Spectrum Centre. Headway Leaders from Belfast were the winners but Newtownabbey's Gordie's Heroes were Runners Up.



**Antrim & Newtownabbey Seniors' Forum**  
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**Trustees report**  
**Year ended 31st March 2023**

**Presentations**

Presentations to ANSF only began again in September 2022 due to covid and venue restrictions across the Borough prior to that. Because of the name change half of Antrim & Newtownabbey Seniors Forum monthly meetings are now being held in the Antrim area.

The first Forum meeting since February 2020 took place in the Lilian Bland Pavilion, Glengormley in September 2022 and saw Matthew Warwick from the Ulster Scots Community Network give a rousing presentation with music, poetry and history involved.

October 2022 saw the Forum meeting held for the first time in the Antrim area. The venue was Stiles Community Centre, 11 Fountain Hill, Antrim. The speaker was Jason from N.I. Fire & Rescue Service.

Lilian Bland Pavilion was the venue for the November 2022 Forum meeting with Jim Maguire from the Department of Finance giving a presentation and useful information on how to get rate reductions. Eddie Lynch, Commission for Older People in N. Ireland was also a guest speaker at this meeting.

January 2023 saw the Forum meet at Stiles Community Centre with Libby Higham from "Good Morning Antrim" introducing herself and her service and Barry McCauley the CEO of Arts Care followed with a presentation on art and a musical extravaganza which took us from Scotland to Ireland and then to the USA and back.

The February 2023 monthly Forum was held in Lilian Bland Pavilion and Nikki Terlick, Senior Manager from Libraries NI gave a presentation on what services the Libraries provide to the community.

The March Forum saw Kathy Wolff from Community Relations Forum facilitate a Workshop on "Leaders and Individuals and their Needs" as part of the Elevate Project. This was held in Stiles Community Centre, Antrim.

There was no Forum meeting held during the month of April but in May the Forum met back in the Lilian Bland Pavilion, where Anna Killen from N.I. Water gave a wonderful presentation followed by a question and answer session, and some useful free items were distributed to help save water, such as a 4 minute timer for the shower.

The last Forum meeting before breaking for summer was held in Stiles Community Centre where Tom Durant from Antrim & Newtownabbey Borough Council gave a presentation on Home Safety.

**Communication**

Monthly email sent out re Carnmoney Friendship Club which meets the second Wednesday of every month for refreshments, games, quizzes, talks etc. All welcome.

Invite sent from Community Relations Forum & the Junction Peace Building Programme on 25<sup>th</sup> April 2022 re a six week free course starting Thursday 19<sup>th</sup> May from 6:30 pm – 8:00pm in the Barron Hall. Subject is "Living with Imperial Legacies".

Email from Volunteer Now advising of Queen's Platinum Jubilee Programme of Events across Belfast. 26<sup>th</sup> April 2022.

Antrim & Newtownabbey Borough Council email advising of "Relaxation of Social Distancing Rules". 11<sup>th</sup> May 2022

Invite sent on 17<sup>th</sup> May 2022 from AGE NI re online Public Lecture on "Life After Retirement", Thursday 19<sup>th</sup> May from 3pm to 4:30 pm.

General Medical Council email invite to virtual engagement session on "Standards of Patient Care & Professional Behaviours". 20<sup>th</sup> May 2022

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**Year ended 31st March 2023**

AGE NI Invite to Healthy Ageing Showcase Event on Thursday 16th June 2022 in the Europa Hotel from 9:30 am to 4:00 pm.

Invite to join Women's Aid ABCLN and Spark Opera on Thursday 30th June\*, from 10.30am – 12.30pm for the launch of 'It's Never Too Late' a curated exhibition exploring the voices and lived experiences of older women affected by domestic abuse through a range of art forms including dance, visual arts and writing to mark **World Elder Abuse Awareness Day 2022**. Venue was The Junction Retail and Leisure Park, Antrim. Email sent to members on 1<sup>st</sup> August 2022 advising a Funeral plan company called "Safe Plan" recently went into administration. They had 46,000 live plans. Anyone who had purchased with them were advised to contact ANSF office or local Councillor Mark Cosgrove.

On August 3<sup>rd</sup> 2022 an email was disseminated advising of a Rathcoole Health & Wellness Day on Wednesday 10<sup>th</sup> August. An "Action Cancer" bus would be on site also. Bookings could be made online at [www.actioncancer.org/appointments](http://www.actioncancer.org/appointments) or by calling the Dunanney Centre on 90 861941. Other sessions available during the day were craft, hand massage, social dance, yoga, aerobics and plant potting.

Email re "End of Summer" Funday for Friday 26<sup>th</sup> August from 2-4pm in Rathcoole. Some members from ANSF attended to find out information regarding Mayfly Mews Green Space and new over 55's housing planned for the area.

Email from Libraries NI requesting an opportunity to present to the Forum regarding the range of services they provide for the community. Agreed date of Friday 24<sup>th</sup> February 2023 for presentation to the Forum.

Nov 7<sup>th</sup> email circulated to members advising plan to distribute first E- News Letter following deadline of 24th November. If members wished to send an article for inclusion they should submit by Thursday 17<sup>th</sup> Nov at 4pm.

Email sent inviting members to play (free of charge) in the Barron Hall on Thursday 8<sup>th</sup> December. Spanner in Works Theatre Company would be presenting "What If"? Written and directed by Patricia Downey about a mother losing her child in the Shankill Bombing.

First edition of ANSF e-newsletter disseminated to members on Monday 5<sup>th</sup> December advising (and showing pictures) of events which had taken place and others which are in the pipeline. Our Facebook is already up and running.

Email invite sent to Forum members from Spanner in the Works re Yellow Pack Play at Theatre at the Mill on Monday 6<sup>th</sup> February from 7pm. Tickets free.

15 February 2023 email re Intergenerational Boccia Competition in Glengormley Primary School. All Forum members welcome to join a team and play. The schoolchildren won.

ANBC email forwarded March 1 regarding a St. Patrick's Day show (on Thursday 16<sup>th</sup> February) at Theatre in the Mill. Entitled "Our Shared Saint" the show will have Irish and Ulster Scots acts. Tickets originally £19.50 but £10 to community Groups with code.

### **Public Benefit Statement**

The public benefits that flow from NSCF's purpose are:-

1. an enhanced quality of life and sense of well-being through engagement with and participation in activities and events that bring people aged 50+ together, leading to improvements in physical and emotional well-being, quality of life and a more stable and cohesive community.

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**Year ended 31st March 2023**

2. an intervention to prevent socially isolated senior citizens.

3. increased opportunities to engage in new activities regardless of:-

gender, sexual orientation, disability/ability, race, political, religious or other opinion; provision and use of local facilities for the social welfare, education, recreation and leisure time of senior citizens.

4. partnership working with community/voluntary groups and organisations that also use the facilities, resulting in a more efficient and quality service delivery, an improved quality of life and raised awareness of the needs of senior citizens across the Borough.

5. the beneficiaries are the general public aged 50+ and locally-based community and voluntary organisations. No private benefit arises from these purposes.

**Plans for future periods**

To secure future funding in order to continue resourcing the NSCF operational structure. Ultimately this is to provide a dedicated Project Officer and Administrator to work alongside NSCF volunteers to deliver the strategy to develop over 50s (seniors groups) and third age infrastructure in the Antrim & Newtownabbey Borough Council area.

**Financial Review**

The financial statements are presented in standard format required by Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" FRS 102 and covers the activities of Antrim & Newtownabbey Seniors' Forum. The Statements of financial Activities (SOFA) shows the gross income for all sources and is disclosed on **page 14**.

**Principal funding sources**

The company's principal source of funding is grants along with voluntary donations.

**Risk management**

The trustees have assessed the major risks to which the charity is exposed, and in operation and finances of the Fund are satisfied that systems are in place to mitigate any exposure to those risks. Risks are considered on an annual basis.

**Reserves policy**

The company's policy is to maintain a level of unrestricted funds excluding fixed assets (the free reserves) at approximately a level sufficient to meet the average charitable expenditure and running costs for a period equivalent to six months expenditure.

**Funds held as custodian trustee on behalf of others**

There are no funds held as custodian trustee on behalf of others.

**Antrim & Newtownabbey Seniors' Forum**  
**Company limited by guarantee**

**Independent Examiners Report**  
**Year ended 31st March 2023**

I report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 7 to 12.

**Respective responsibilities of charity trustees and examiner**

As the charity trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the charity is not subject to audit under company law, and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

**Basis of independent examiner's report**

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

**Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.

Chris Fleming FCA  
Allen Fleming CA Limited  
Chartered Accountants  
Old Bank House  
161-163 Upper Lisburn Road  
Belfast  
BT10 0LJ

Date: 24<sup>th</sup> November 2023

**Antrim & Newtownabbey Seniors' Forum**  
**Company limited by guarantee**

**Statement of income and retained earnings**  
**Year ended 31st March 2023**

|  | Note | Unrestricted<br>£ | Restricted<br>£ | 2023<br>£     | 2022<br>£       |
|--|------|-------------------|-----------------|---------------|-----------------|
| <b>Turnover</b>  |      | 3,052             | 77,823          | 80,875        | 44,311          |
| Administrative expenses  |      | (3,135)           | (65,593)        | (68,728)      | (59,880)        |
| <b>Operating profit/(loss)</b>   |      | <u>(83)</u>       | <u>12,230</u>   | <u>12,147</u> | <u>(15,569)</u> |
| Other interest receivable and similar income                               |      | 19                |                 | 19            | 20              |
| <b>Profit/(loss) on ordinary activities before taxation</b>                |      | <u>(64)</u>       | <u>12,230</u>   | <u>12,166</u> | <u>(15,549)</u> |
| Tax on profit/(loss) on ordinary activities                                |      | -                 | -               | -             | -               |
| <b>Profit/(loss) for the financial year and total comprehensive income</b> |      | <u>(64)</u>       | <u>12,230</u>   | <u>12,166</u> | <u>(15,549)</u> |
| <b>Reserves at the start of the year</b>                                   |      | 41,455            | (27,108)        | 14,347        | 29,896          |
| <b>Reserves at end of the year</b>   |      | <u>41,391</u>     | <u>(14,878)</u> | <u>26,513</u> | <u>14,347</u>   |

All the activities of the company are from continuing operations.

**Antrim & Newtownabbey Seniors' Forum**  
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**Statement of financial position**  
**31st March 2023**

|   |             | <b>2023</b>   |                      | <b>2022</b>   |                      |
|---|-------------|---------------|----------------------|---------------|----------------------|
|   | <b>Note</b> | <b>£</b>      | <b>£</b>             | <b>£</b>      | <b>£</b>             |
| <b>Fixed Assets</b>                                   |             |               |                      |               |                      |
| Tangible assets                                       | 7           | <u>353</u>    |                      | <u>471</u>    |                      |
|   |             |               | 353                  |               | 471                  |
| <b>Current assets</b>                                 |             |               |                      |               |                      |
| Debtors   | 8           | 290           |                      | 306           |                      |
| Cash at bank and in hand                              |             | <u>28,773</u> |                      | <u>21,815</u> |                      |
|   |             | 29,063        |                      | 22,121        |                      |
| <b>Creditors: amounts falling due within one year</b> | 9           | 2,903         |                      | 8,245         |                      |
| <b>Net current assets</b>                             |             |               | <u>26,160</u>        |               | <u>13,876</u>        |
| <b>Total assets less current liabilities</b>          |             |               |                      |               | <u>13,876</u>        |
| <b>Net assets/(liabilities)</b>                       |             |               | <u><u>26,513</u></u> |               | <u><u>14,347</u></u> |
| <b>Capital and reserves</b>                           |             |               |                      |               |                      |
| Restricted Fund                                       |             |               | (14,878)             |               | (27,108)             |
| Members Fund  |             |               | <u>41,391</u>        |               | <u>41,455</u>        |
| <b>Total</b>  |             |               | <u><u>26,513</u></u> |               | <u><u>14,347</u></u> |

For the year ending 31st March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements

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**Statement of financial position (continued)**  
**31st March 2023**

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

These financial statements were approved by the board of Trustees and authorised for issue on 24 November 2023, and are signed on behalf of the board by:

S McCleave  
Trustees

G Harper  
Trustees

Company registration number: NI040557

Charity Number NIC101259

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Company limited by guarantee**

**Notes to the financial statements  
Year ended 31st March 2023**

**1. General information**

The company is a private company limited by guarantee, registered in. The address of the registered office is The Barron Hall, 230 Antrim Road, Newtownabbey, BT36 7QX.

**2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

**Turnover**

Turnover relates to grants and donations received in the general running of the Forum.

**Taxation**

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in the statement of comprehensive income, except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves. In this case, tax is recognised in other comprehensive income or directly in capital and reserves, respectively. Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Deferred tax is recognised in respect of all timing differences at the reporting date. Unrelieved tax losses and other deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.



**Antrim & Newtownabbey Seniors' Forum  
Company limited by guarantee**

**Notes to the financial statements (continued)  
Year ended 31st March 2023**

**Tangible assets**

Tangible assets are initially recorded at cost and are subsequently stated at cost less any accumulated depreciation and impairment losses.

Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other comprehensive income and accumulated in capital and reserves, except to the extent it reverses a revaluation decrease of the same asset previously recognised in profit or loss. A decrease in the carrying amount of an asset as a result of revaluation is recognised in other comprehensive income to the extent of any previously recognised revaluation increase accumulated in capital and reserves in respect of that asset. Where a revaluation decrease exceeds the accumulated revaluation gains accumulated in capital and reserves in respect of that asset, the excess shall be recognised in profit or loss.

**Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment – 25% Reducing Balance

If there is an indication that there has been a significant change in depreciation rate, useful life or residual value of tangible assets, the depreciation is revised prospectively to reflect the new estimates.

**Antrim & Newtownabbey Seniors' Forum  
Company limited by guarantee**

**Notes to the financial statements (continued)  
Year ended 31st March 2023**

**Financial instruments**

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Where investments in non-convertible preference shares and non-puttable ordinary shares or preference shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in profit or loss. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in profit or loss, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised in profit or loss immediately.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised in profit or loss immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

**Defined contribution plans**

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised in finance costs in profit or loss in the period in which it arises.

**4. Limited by guarantee**

**Antrim & Newtownabbey Seniors' Forum  
Company limited by guarantee**

**Notes to the financial statements (continued)  
Year ended 31st March 2023**

**5. Loss/profit before taxation**

Loss/profit before taxation is stated after charging. (crediting):

|                                 | <b>2023</b> | <b>2022</b> |
|---------------------------------|-------------|-------------|
|                                 | £           | £           |
| Depreciation of tangible assets | <u>118</u>  | <u>159</u>  |

**6. Tangible assets**

|                                      | Fixtures,<br>fitting and<br>equipment<br>£ | <b>Total<br/>£</b> |
|--------------------------------------|--|--------------------|
| <b>Cost</b>                          |  |                    |
| <b>At 1<sup>st</sup> April 2022</b>  | 11,816                                     | 11,816             |
| Additions                            | <u>-</u>                                   | <u>-</u>           |
| <b>At 31<sup>st</sup> March 2023</b> | <u>11,816</u>                              | <u>11,816</u>      |
| <b>Depreciation</b>                  |  |                    |
| At 1 <sup>st</sup> April 2022        | 11,345                                     | 11,186             |
| Charge for the year                  | <u>118</u>                                 | <u>159</u>         |
| <b>At 31<sup>st</sup> March 2023</b> | <u>11,463</u>                              | <u>11,345</u>      |
| <b>Carrying amount</b>               |  |                    |
| <b>At 31<sup>st</sup> March 2023</b> | <u>353</u>                                 | <u>471</u>         |
| At 31 <sup>st</sup> March 2022       | <u>471</u>                                 | <u>630</u>         |

**7. Debtors**

|               | <b>2023</b> | <b>2022</b> |
|---------------|-------------|-------------|
|               | £           | £           |
| Other debtors | <u>290</u>  | <u>306</u>  |

**8. Creditors: amounts falling due within one year**

|                 | <b>2023</b>  | <b>2022</b>  |
|-----------------|--------------|--------------|
|                 | £            | £-           |
| PAYE            | 622          | 964          |
| Other creditors | <u>2,281</u> | <u>7,281</u> |
|                 | <u>2,903</u> | <u>8,245</u> |

**9. Controlling party**

The controlling party are the members of the Antrim & Newtownabbey Seniors' Forum

**Antrim & Newtownabbey Seniors' Forum  
Company limited by guarantee**

**Notes to the financial statements (continued)  
Year ended 31st March 2022**

**The following pages do not form part of the statutory accounts.**

**Antrim & Newtownabbey Seniors' Forum**  
**Company limited by guarantee**

**Detailed income statement (continued)**  
**Year ended 31st March 2022**

|  | <b>2023</b>    | <b>2022</b>    |
|--|----------------|----------------|
| <b>Turnover</b>  |                |                |
| Affiliation fees   | -              | -              |
| Donations  |                | 1,100          |
| Project income   | 3,052          | 1,377          |
| Big Lottery fund (Restricted funding)                    | 6,500          | 3,500          |
| A.N.B.C. (Restricted funding)                            | 67,323         | 40,500         |
| Age NI   |                | (2,166)        |
| Grant  | 4,000          | -              |
|  | <hr/> 80,875   | <hr/> 44,311   |
| <b>Gross Surplus</b>                                     | <hr/> 80,875   | <hr/> 44,311   |
| <b>Gross Surplus percentage</b>                          | 100.0%         | 100.0%         |
| <b>Overheads</b>   |                |                |
| Administrative expenses                                  | <hr/> (68,728) | <hr/> (59,880) |
|  | (68,728)       | (59,880)       |
| <b>Operating Surplus/ (Deficit)</b>                      | 12,147         | (15,569)       |
| <br>Other interest receivable and similar income         | <br>19         | <br>20         |
| Surplus/(Deficit) on ordinary activities before taxation | <hr/> 12,166   | <hr/> (15,549) |
|  | <hr/> <hr/>    | <hr/> <hr/>    |

## Detailed income statement (continued)

|                                  | 2023<br>£ | 2022<br>£ |
|----------------------------------|-----------|-----------|
| <b>Overheads</b>                 |           |           |
| <b>Administrative</b>            |           |           |
| Wages and salaries               | (51,649)  | (51,932)  |
| Venue hire                       | (2,430)   | (1,500)   |
| Rent                             | (1,575)   | (1,566)   |
| Project expenses                 | (5,455)   | (1,103)   |
| Insurance                        | (1,076)   | (1,129)   |
| General Running                  | (2,695)   | (710)     |
| Printing, postage and stationery | (1,557)   | (520)     |
| Tutor costs                      | -         | -         |
| Telephone                        | -         | -         |
| Computer costs                   | -         | -         |
| Legal and professional           | (729)     | (384)     |
| Accountancy fees                 | (420)     | (421)     |
| Bank charges                     | (108)     | (65)      |
| Staff welfare                    | (856)     | (331)     |
| General expenses                 | (60)      | (60)      |
| Depreciation of tangible assets  | (118)     | (159)     |
|                                  | 68,728    | (59,880)  |