

**Charity number: NIC 101247**  
**Company number: NI022926**

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Directors report and financial statements**  
**for the year ended 31 March 2025**

**Derry Well Women Limited**  
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**Legal and administrative information**

<b>Charity number</b>	NIC 101247 XR 35546
<b>Company registration number</b>	NI022926
<b>Business address</b>	17 Queen Street Derry BT48 7EQ
<b>Registered office</b>	17 Queen Street Derry BT48 7EQ
<b>Directors</b>	Philomena Mahon (Chairperson) Tara Boyle (Vice Chairperson) Sinead Callan (Treasurer) Pauline McClenaghan Nuala Doherty Paula Barr Mary Diamond Catherine Meehan Grainne McLaughlin Marie Claire Logue Sandra McNeill Sarah Ann Kelly (Resigned 6th June 2024)
<b>Secretary</b>	Marie Claire Logue (Appointed 6th June 2024)
<b>Auditors</b>	Mr Patrick McGroarty McGroarty McCafferty & Company 2 Carlisle Terrace Derry BT48 6JX
<b>Bankers</b>	Ulster Bank Ltd Da Vincis Complex Culmore Road Derry BT48 8JB
<b>Solicitors</b>	Kelly & Corr Solicitors 65 Clarendon Street Londonderry N. Ireland BT48 7ER

## **Derry Well Women Limited**

### **(A company limited by guarantee)**

The trustees present their report and the financial statements for the year ended 31st March 2025. The trustees, who are also directors for the purpose of company law and who served during the period and up to the date of this report are as follows: -

#### **Directors**

Philomena Mahon (Chairperson)  
Tara Boyle (Vice Chairperson)  
Sinead Callan (Treasurer)  
Pauline McClenaghan  
Nuala Doherty  
Paula Barr  
Mary Diamond  
Catherine Meehan  
Grainne Mc Laughlin  
Marie Claire Logue  
Sandra McNeill  
Sarah Ann Kelly (Resigned 6<sup>th</sup> June 2024)

#### **Structure, Governance and Management**

##### **Governing Documents**

Derry Well Women Limited is a charitable company limited by guarantee, incorporated on 31<sup>st</sup> October 1989 and registered as a Charity with the Northern Ireland Charity Commission on 19th January 2015 Charity Number NIC 101247 (formerly registered with HMRC UK Charity No. XR35546). The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

##### **Recruitment and Appointment of Board of Directors**

The subscribers to the Memorandum of Association of the Company and such other persons as are admitted to membership in accordance with the articles should be members of the company. No person shall be admitted as a member of the company unless s/he is approved by the directors. Every person who wishes to become a member shall deliver to the company an application for membership in such form as the directors require.

Board members are elected to serve for a period of up to three years after which they must be re-elected at the next Annual General Meeting. Mary Diamond, Grainne McLaughlin and Nuala Doherty are required to stand down by rotation and are putting themselves forward for re-election at the AGM to be held on 5<sup>th</sup> June 2025.

Derry Well Women's charity work inevitably focuses on women's health, health promotion, health education and addressing health inequalities. The Board, therefore, seeks to ensure that the needs of women in relation to their specific health issues are appropriately reflected and addressed through the skills, experience, and knowledge of the members. To enhance the membership, the Charity has supported the active participation of its clients and valued the input of their own experience to steer the work of the Charity.

Traditional skills related to healthcare and childcare are well represented on the Board, including Primary Care, Research, Social Work, Childcare, Family Law, Health Visiting, Nursing and Counselling. There is also a generic skills base including accountancy, legal, education, policy development, child development and community development. Board members are requested to provide a list of their skills (updated each year) and in the event of skills being lost due to retirement, individuals are approached to offer themselves for election to the board.

##### **Induction and Training of Board Members**

Board members are usually familiar with the practical work of the Charity, having been encouraged to read background information on the Charity and by meeting with other Board members and staff.

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Additionally, new members are invited to attend induction sessions which are jointly led by the Chairperson and General Manager and cover:

- The roles and responsibilities of board Members
- The main documents which set out the operational framework of the Charity, including:
- Memorandum and Articles of Association.
- Resourcing the organisation and staying abreast with the current financial position as set out in the latest published accounts.
- Strategic Plans
- Ethos of Derry Well Women
- Derry Well Women Policies/Procedures

On appointment Directors are required to:

- Complete a "fit and proper" declaration.
- Complete an Access NI clearance check.
- Complete a Conflict-of-Interest form.
- Under- take training related to designated roles i.e. Child Protection, Safeguarding Vulnerable Adults, Recruitment, Risk Management and Governance.

Annual strategic planning meetings are also held with the Board staff and clients.

The specific responsibilities of the Board are to:

- Formulate policies and maintain an overview of organisational direction
- Set strategic aims and objectives
- Provide leadership mentoring and support to facilitate the implementation of aims objectives and corporate policies
- Provide a line of accountability for staff, casual staff and volunteers
- Ensure good governance including risk management, ethical standards and quality assurance

A procedures manual has been produced for the control and management of financial systems and procedures within the organisation.

### **Risk Management**

In February 2014 the Management Board signed off the revised Risk Register and Continuity Plan for 2014. This was reviewed in 2024. Phil Mahon was appointed and acts as Designated Committee Governance and Risk Assessment Officer.

### **Maintaining Financial Stability**

In 2024/2025, the Board primarily focussed on applications to grant making trusts and attracting charitable giving. These initiatives have led to the development of a new framework for the expanded delivery of our core programmes including the rationalisation of some services, effective partnership working to maximise current resources, extending our services to other venues and locations, and maintaining our Strategic Plan for 2023/2026 which ensures we continue to deliver within the limitations of funding restraints.

April 2024 to March 2025 saw continued delivery on our contract with the Western Health and Social Care Trust (WH SCT) with an overall performance of delivering health improvement programmes to 2,972 women and children. The value of our contract for 2024-25 from the Western Health and Social Care Trust (WH SCT) was £145,244.

Derry Well Women continued delivery on our contract with the WH SCT Talking Therapies to deliver counselling to women with mild to moderate depression at an agreed hourly rate for our sessional counsellors.

Our funding from VSS was rolled over into 2024 – 2025 to continue our support to women survivors and victims. Derry Well Women continued to receive uplifted Pathways funding through Early Years the Organisation for Young Children to support the Creche Assistant post to March 2025.

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Significant funding was received from the National Lottery Charities Board People and Communities, Awards for All, BBC Children in Need, Thompson Trust, Halifax Foundation, Souter Trust, Pathways, Inner City Trust, The Honourable Irish Society, Ulster Bank Charity Trust, SJP Foundation, Enkalon, Danske Bank, PHA, Esme Mitchell, Department of Justice and Garfield Weston. This effort has ensured there has been minimal impact on the financial stability and strengthened the organisation's ability and capacity to deliver on its stated aims for year ahead.

### **Managing Financial Risks**

Internal control risks are minimised by the implementation of financial policies and procedures for separate authorisation of all transactions and payments. Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre.

Our audit of accounts is carried out by independent auditors appointed through a competitive tendering process (McGroarty Mc Cafferty & Company 2024/2025) and our monthly payroll is processed by a member of staff from firm of accountants Moore (NI) on a contractual basis overseen by our Treasurer who authorises monthly online BACS payments.

### **Organisational Structure**

Derry Well Women Ltd currently has a Board of 11 Directors who meet at least 10 times a year and is responsible for establishing policies overseeing their implementation and informing the strategic direction of the organisation. At present the board has 11 members from a variety of professional and community backgrounds relevant to the work of Derry Well Women. The overall organisational structure and staff levels have been addressed in a way which is both realistic and practical to meet the demands it faces and taking into consideration the environment in which the organisation must now operate.

A scheme of delegation is in place and day-to-day responsibility for the provision of the services rests with the Manager along with Programme Coordinator's and the Finance and Administration Officers. The Manager has responsibility for the strategic and day-to-day operational management of the centre, resourcing programmes, providing individual support and supervision to the staff team ensuring the team continue to develop their skills and working practices in line with best practice.

Staff implement Board strategy and policies and work to clear programmes of work and job descriptions to meet the objectives of the organisation. Staff are directly accountable to and report to the Board. Staff receive regular line management and support and supervision provided by Board officers and Manager.

Derry Well Women operates within the NICVA code of good governance and within a framework of professional and procedural standards including British Association of Counselling & Psychotherapy, PHA Standards, VSS Minimum Standards, and DHSS&PS NI Childminding and Day Care Standards.

### **Staffing**

#### **Core staff: Four Full Time and Five Part Time**

General Manager F/T

Programme Liaison Officer F/T

Personal Assistant and Programme Support Worker P/T

Trauma and Counselling Coordinator F/T

Creche Coordinator P/T

Creche Assistant P/T

Finance Administrator P/T

Cancer Connected Communities Coordinator F/T (on maternity leave)

Resource Assistant Cancer Connected Communities P/T

#### **Sessional Staff**

Counselling Team (11)

Complementary Therapy Team (6)

Support Group /Facilitation Team (17)

Creche Support Pool (1)

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**Related Parties and Policies**

Insofar as it is complementary to the organisation's objects, Derry Well Women is guided by both regional (DHSS & PSNI) PHA and local (WHSC) policy.

Derry Well Women works to minimum standards as set by PHA and BACP in relation to counselling and psychotherapy, complementary therapies, mental health services and DHSS&PS minimum standards in relation to Childcare and PHA standards in relation to Governance and service delivery.

Derry Well Women works in partnership with statutory, voluntary, community and independent services to facilitate referral, service development and mutual support systems.

**Policies**

<b>Financial Policies &amp; Procedures</b>	1.	Financial Statement Policy
	2.	Financial Systems Procedure
	3.	Policy and procedure for petty cash
	4.	Policy for Cash Handling
	5.	Procurement/Tendering Policy & Procedure
	6.	Purchasing Procedure
	7.	Rationales: Rent, Insurance, Electricity, Telephone, Oil, Water, Salaries
	8.	Retention of Documents Policy
	9.	Staff travel/mileage expenses Policy Tutor/Facilitator Travel Allowance
	10.	Asset Management Policy
	11.	Reserves Policy
	12.	Salary Review Policy
<b>Management Board</b>	13.	Management Committee Manual
	14.	Conflict of Interest Policy
<b>Personnel Policies</b>	15.	Alcohol and Drug Policy
	16.	Confidentiality Policy
	17.	Disciplinary Policy & Procedure
	18.	Fair Employment Policy
	19.	Dismissals Procedure
	20.	Age Discrimination Policy
	21.	Disability Discrimination Policy
	22.	Domestic Abuse Policy / Procedure
	23.	Equality Diversity and Inclusion Policy
	24.	Grievance Policy & Procedure
	25.	Handling and Assessing Criminal Conviction Information
	26.	Induction for Staff and Volunteers
	27.	Leave of Absence Policy
	28.	Lone Worker Policy
	29.	Managing Sickness at Work Policy
	30.	No Smoking Policy
	31.	Recruitment of Facilitators
	32.	Recruitment Policy & Procedure
	33.	Staff Development & Training Policy
	34.	Whistle Blowing Policy
	35.	Volunteer Policy
	36.	Work/Life Balance (Flexible Working) Policy & Procedure
	37.	Workplace Mental Health Policy
	38.	Managing Internal Conflict
	39.	Gifts and Hospitality Policy
	40.	Redundancy Policy
<b>Health &amp; Safety</b>	41.	Evacuation Procedure
	42.	Health and Safety Policy

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	43.	Risk Management Policy & Procedures
<b>Counselling</b>	44.	Suicide Risk Policy and Procedures
	45.	Vulnerable Adults Protection from Abuse Policy and Procedure
	46.	Safeguarding our Children and You
	47.	Referrals Policy
	48.	Negotiated Time Out Policy for Counsellors
	49.	Protect Life Policy
	50.	Serious Adverse Incident Reporting
<b>General</b>	51.	Complaints Policy
	52.	Data Protection Policy and Procedure
	53.	Email/Internet and Telephone Policy
	54.	Environmental Policy
	55.	Mobile Phone Policy
	56.	Publicity Policy and Strategy
	57.	Social Media
<b>Creche Specific Policies</b>	1.	Absence of Creche Coordinator Policy
	2.	Accidents Prevention Reporting & Notification Policy
	3.	Additional Needs Policy
	4.	Admissions Policy
	5.	Adverse Incident Reporting
	6.	Allegations against Staff Policy
	7.	Promoting Positive Behaviour Policy
	8.	Collection of Children Policy
	9.	Email Internet Telephone Policy
	10.	Evacuation Procedure
	11.	First Aid
	12.	Food and Drink
	13.	Induction for Staff and Volunteers
	14.	Infection Control
	15.	Line Management
	16.	Management & Replacement of play equipment
	17.	Management of Records Policy
	18.	Management of Emergencies
	19.	Management of Risks associated with the care of individual service users
	20.	Meeting Children's Individual Needs
	21.	Menu Planning
	22.	Parental Consent Policy
	23.	Parents Access to Records Policy
	24.	Participation Policy
	25.	Personal Care & Toileting Policy
	26.	Photography & Videography Policy
	27.	Play Policy
	28.	Procedure on Staff Use of Mobile Phones
	29.	Protecting Children and Workers Policy
	30.	Risk Policy Refer to Risk Policy in General Policies
	31.	Safeguarding our Children Policy Refer to General Policies
	32.	Security of Setting Policy
	33.	Settling in Policy
	34.	Trips Policy
	35.	Use of Student Guidance

This year the Board also reviewed and updated all our finance specific policies and creche specific policies and in addition the following Personnel and General policies:

- Equal Opportunities (updated to Equality Diversity and Inclusion)
- Whistleblowing



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- Disciplinary Procedures
- Maternity
- Domestic Abuse
- Staff Training and Development
- All creche specific policies
- Data Retention & Archiving
- Supervision and Appraisal
- Sickness Absence
- Induction
- Vulnerable Adults
- Safeguarding our Children

### **Financial Review and Principal Funding Sources**

Against the backdrop of increasingly limited resources and insecurities over funding, the organisation continues to meet financial challenges with a combination of sound strategic planning and financial management.

The principal funding sources for the Charity for 2024-2025 by way of Service Level Agreements and contracts with the Western Health and Social Care Trust, Department for Education Northern Ireland through the Pathway Fund, the Victims Survivors Service and The National Lottery Charities Board and BBC Children in Need.

Other funders included Awards for All, Thompson Trust, Halifax Foundation, Souter Trust, Inner City Trust, The Honourable Irish Society, Ulster Bank Charity Trust, SJP Foundation, Enkalon, Esme Mitchell, Garfield Weston, Danske Bank, Department of Justice and PHA. Unrestricted funding this year was raised primarily through donations.

### **Investment Policy**

As the availability of funds for investment does not arise such a policy does not exist at present. If the situation were to change the company would seek professional advice.

### **Reserves Policy**

#### **Principle**

Building reserves and tangible assets within Derry Well Women support the overall development of the organisation and are an integral part of our financial planning.

Unrestricted reserves ensure that we have adequate funds available for planning for growth and deal with opportunities and issues as they arise.

#### **Policy**

A policy on reserves for Derry Well Women was agreed at the 13<sup>th</sup> May 2013 and reviewed again at the March 2024 meeting of the Management Committee.

Derry Well Women has a reserves policy which requires:

1. Unrestricted Reserves be maintained at a minimum level of £20,000 with a desired level of £40,000 which ensures that the core activity of Derry Well Women could continue during a period of unforeseen difficulty for a period of two months based on the projected average monthly running costs of the agency approximating £20,000 per month.
2. A proportion of these reserves have to be maintained in a readily realisable form.

The calculation of the required level of reserves is an integral part of the planning, budget and forecast cycle of Derry Well Women.

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It takes into account:

1. Risks associated with each stream of income and expenditure being different from that budgeted.
2. Capacity to deliver planned activity levels is maintained.
3. Services are delivered and commitments to beneficiaries met.
4. Meeting planned or emergency maintenance requirements to the premises including those connected with Health & Safety, Disability Access, etc.
5. Bridging finance is available to maintain key posts for periods where release of funding by the funding body is delayed.

The present level of reserves available not invested in fixed assets is £19,526.

**Purpose of Derry Well Women**

To promote the physical and mental health of women in Derry and surrounding area irrespective of class, race or religion by: -

- (i) Financing and administering a centre which shall be known as The Derry Well Women which will provide premises for a range of services run by and for women.
- (ii) Establishing a health education programme for women in the Derry area.

Our core aim is to empower women to help us shape responses to meet their health needs, and to work in partnership with them and other agencies to deliver services which are evidenced based and rooted in best practice and address unmet needs. We are advocates for a gender approach to identifying the determinants of women's health and wellbeing, and for the need to devise cross cutting programmes tailored to the characteristics of our catchment area.

Our approach is underpinned by the goals of:

- i. Providing a leadership focus for gender specific health care.
- ii. Making health and social care systems work better for women.
- iii. Leveraging change in policy and where and how care is provided, and
- iv. Building a knowledge base to empower women in choices relating to their health and wellbeing.

Our programmes address the main causes of morbidity and mortality as identified by the Women's EU Convention - cardiovascular/respiratory disease, cancer, mental illness, osteoporosis and diabetes.

Our programmes are developed for a range of targeted groups, including lone parents, new mothers, older women and carers. Our programmes are designed to also address unmet need including eating disorders, women who experience Post Traumatic Stress Disorder and women managing long-term conditions.

In contextualising policy to local circumstances and in listening to the needs expressed by women the services we provide are:

- Counselling
- Mental Health Improvement Programmes
- Carers Support / Self Help
- Programmes for victim/survivors of trauma
- Supporting Mothers and Children programmes
- Cancer Programmes
- Frailty Programmes for older women
- Complementary Therapies and Holistic approach to health
- Chronic Illness Management
- Clinics and Screening programmes
- Promoting Social Inclusion
- Schools Education programmes

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### **Mission**

Derry Well Women's mission is to jointly - identify and work collaboratively to engage with the physical, physiological, social, and spiritual health needs and challenges of women of all ages from the Northwest of Ireland.

We deliver on this mission firstly by providing a wide range of quality services based exclusively on meeting women's needs and valuing their assets, using teams of health and social care professionals in collaboration with staff, volunteers, and service users, in a safe, secure, and relaxing environment.

Secondly, we campaign for and contribute to changes in health care policy and practice.

Thirdly, we embrace the WHO "Health for All" principles of equality, participation, empowerment and partnerships in achieving improved health and well-being for women, and work in partnership with a range of agencies and community bodies.

Specifically, we pursue women's equality and empowerment by involving our programme participants in the co-producing of relevant health programmes moving the participant from needs approach to a rights approach. Co-production of health programmes leading to co- production of health and wellbeing is the social justice model which is at the heart of our mission.

### **Strategic Aims**

Having reflected on our mission, ethos and the conceptual framework underlying our work and having considered the strategic context of rapid and unpredictable change, the Board of Derry Well Women agreed five strategic aims.

- i. To continue to provide women with a women-centred health service which will improve the health and wellbeing of women, families and community and recognises the changing needs of women's health.
- ii. To promote social inclusion, to address health inequalities and improve health by meeting the specific health needs of women generally and specifically marginalised groups of women including women victims of the conflict.
- iii. To further refine the conceptual framework and embed the theory and practice of co-producing in the work of Derry Well Women.
- iv. To continue to build and maintain a strategic complex of collaborative partnerships.
- v. To capture and share the learning from the work of Derry Well Women with women's health projects at home and abroad especially in post conflict societies.

These main aims are delivered through the maintenance of modern, professional and flexible structures designed to promote women's and community's health and wellbeing.

The main objectives and activities for the year continued to focus upon the health needs of women and children as identified through three approaches:

1. Clarifying the major causes of morbidity and mortality in women which inform departmental and governmental priorities for action.
2. Identifying what women themselves see as the significant personal and community health issues on which they seek support or wish to act.
3. Meeting priorities described within regional and local strategies relating to promoting health and wellbeing of women and children including DHSS&PS Health and Well Being" Delivering Together 2026" "Care Matters in Northern Ireland, A Bridge to a Better Future" 2007 DHSSPSNI, "Family Matters, DHSS&PS "Making Life Better" a whole system strategic framework for Public Health 2013 to 2023 "Western Health and Social Care Trust Infant Mental Health Strategy", "A Cancer Strategy for Northern Ireland 2022-2023",DOH "Mental Health Strategy" 2021 to 2031, DHSS&PS "Co-production Guide Connecting and Realising Value Through People".

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**Derry Well Women Service Delivery**

**We deliver under six broad categories of work. Contract Detail.**

**1. Supporting Families and Children**

- Breastfeeding Support
- Baby Massage
- Attachment Programmes
- Henry Programme
- Baby Swim
- Family Time
- Stay and Play
- Paediatric First Aid
- Autism Awareness
- Antenatal Classes
- Minding Mammy PND Support
- Family Respite
- Summer Scheme
- Registered Creche

**2. Gender Specific Interventions**

- Traumatic Childbirth and Pregnancy Loss Counselling
- Sexual health and emotional well-being
- Menopause Clinic and Managing the Menopause through CBT.
- Endometriosis Support Group

**3. Mortality/Morbidity**

- Cancer Counselling and Support Group
- The Well Programme
- Cancer Complementary Therapies
- Expert patient group
- Advice clinics
- Carers Support
- Mental Health and Well Being Programmes

**4. Managing Long Term Conditions**

- Gentle Yoga for Long Covid
- Endometriosis

**5. Mental Health and Well-being**

- Coping with Depression and Anxiety
- Reflexology
- Counselling
- Self Esteem
- Telephone helpline

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- Journey to Inner Peace
- Emotional Detox
- Yoga

**6. Practical Supports in Later Life**

- Young at Heart (support for women later in life)
- Podiatry Foot Care

**7. Social support programmes**

- Practitioners training
- Reduce overthinking/CBT
- Sound Meditation
- Journey to inner peace
- Tonicity
- Mindfulness
- Actions for Happiness/Transform

**What we did**

In 2024/2025 we delivered **45 interventions** to **3,648** women and children through the following range of programmes and supports:

- Women and Children Programmes.
- Childcare Services and Programmes including Crèche facilities
- Emotional Health and Mental Well Being Programmes
- Cancer Programmes including the Well Programme, Complementary Therapies Support Group and counselling
- Chronic Illness Management Programmes including Pain Management of Endometriosis
- Gender Specific Programmes (Menopause Clinic, Post Natal Depression; Ante-natal & Sexual Health Education for schools)
- Counselling Services (Generic, Trauma, Cancer, Listening Ear, Pregnancy and Bereavement Loss)
- Practical Supports in Later Life a Health Improvement Programme for women 65-90 years
- Three Support Groups (Breastfeeding, Cancer, Endometriosis)
- Health and Well Being and Social Support Programmes for women directly affected by The Troubles including Counselling, Complementary Therapies, Social Support Programmes and Listening Ear
- Programmes for the frail elderly
- Programmes for women living with long covid

It can be further noted that our highest demand and excess on targets was in our supporting families and children where we supported **1,923 women and children** in a range of programmes and activities with **131 children** supported in our creche. We saw an increase in need from mums needing creche services and respite creche and

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great increase in our mother and baby programmes. We noted a considerable increase in our numbers attending our Breastfeeding Support Group with an average of 9-14 each week.

We also saw greatest demand in relation to support from women around mental health and wellbeing and women affected by trauma. We have been able to meet this need by the range of programmes offered. We supported **575 women** with mental health and social support programmes.

We also noted an increase in women looking for support for specific long term conditions with increased numbers in our Endometriosis support group, Long Covid group and Cancer Support group and programmes. **176 women** were supported this year in our Long Covid group and **121 women** availing of our Cancer Supports.

Supporting women later in life continued to be one of our priorities with **89 women** supported this year in our Young at Heart Group and **140 women** attending our podiatry clinic.

The needs of our local women in the WHSCT increases each year with greater demands and complex needs. We listen to what our women are telling us and what this need and demand is, and we respond accordingly.

### **Additional Activity and added value**

#### **Cancer Connected Communities**

Cancer Connected Communities is a partnership led by Derry Well Women with Action Cancer, Advice NW, Cancer Focus, Care for Cancer, Omagh and SWELL Enniskillen.

The partnership is dedicated to supporting people affected by cancer in the Western Trust area by connecting them to each other, to sources of support within their communities and to those who can make a difference to how and where they receive services.

Although they do not benefit from the funding the project also has the partnership of the WHSCT and Macmillan.

This three-year project funded by a grant from the National Lottery Community Fund came to an end in November 2024. We have been delighted that the WHSCT have supported with short term continued funding until end of June 2025 with consideration for a further 12–18-month continuation.

#### **Women's Health Strategy for Northern Ireland**

Derry Well Women welcomes the commitment from Department of Health to prioritise a focus on Women's Health. We are delighted to be working in partnership with DoH and QUB on this and delighted to launch this at Stormont at the start of the year with support from the Health Minister.

The first part of the process has been the dissemination of Women's Health Survey for NI with excellent profiling and return rates so far. We will then commence focus groups and further engagement opportunities to ensure we capture the priorities and perspectives on health issues from a diverse range of women from across Ireland. We will remain in contact with DoH colleagues throughout to ensure that the analysis of the listening exercise shapes the development of a Women's Health Strategy for NI which adopts a life course approach to women's health.

#### **Psychological Hub**

Derry Well Women is contracted by WHSCT to deliver counselling for women referred with mild to moderate depression from the Psychological Hub.

The demand for this has increased year on year with largest referrals this year to date.

The value of this contract for the period 1<sup>st</sup> April – 31<sup>st</sup> March 2025 is paid by invoice at **£40.80 per session** (rising to £42.71 from 1<sup>st</sup> April 2025).

**The uniqueness of Well Women is that it doesn't categorise women into different areas – it appreciates and understands the mental and emotional impact on physical well-being and the impact of illness on mental and emotional health.**

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It is our ability to provide a wraparound service, combining a variety of approaches, one to one, group, outreach, advocacy, delivering a variety of interventions and choices - counselling, parenting programmes, positive mental health programmes, cancer support, living with chronic illness, in a variety of locations, through a multi-disciplinary team – that enables women to progress naturally within services, that makes Derry Well Women a unique service provider. And we do all of this both in setting and maintaining minimum standards of practice, particularly in the area of counselling, complementary therapies and mental health provision.

### **What difference did we make?**

We are one of the first organisations to have implemented Mental Health Impact Assessment measurements. We have been to the fore in involving service users in planning and decision making, particularly through our Three Tier Model of Engagement and believe that these all bring added value to the services that we are committed to deliver.

This ensures:

- Measurable improvements in quality of services provided.
- Measurable, enhanced quality of life, embracing factors such as positivity, hope, new outlooks or perspectives.
- Measurable health related improvements and adoption of positive health related behaviours.
- Measurable physical improvements; measurable emotional improvement.
- Improved resilience, including the adoption of coping strategies.
- Transformative personal qualities, such as self-awareness and focus, increased confidence and assertiveness and self-control.
- Reduced reliance on health and social services.
- Women who use our services set personal goals and make positive life choices, which do include a move to paid employment and further education.
- Measurable improvements in the quality of life in the communities where the participants live.

### **Our evaluation and feedback methods included:**

- Self-Assessment and Lifestyle Inventory (SALI)
- Rosenberg Scale
- Becks Inventory
- Microsoft Forms
- DWW evaluation (co-production template)

### **Other Evaluation Methods used to include qualitative methods**

- Feedback forms
- Case Studies
- Testimonials.
- CoreNet
- Verbal feedback from women
- Feedback from facilitators and other professionals
- Complaints and compliments
- Photographs to capture benefits



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### **Examples of qualitative feedback - From Feedback forms**

#### **Mindfulness Programme (September 2024)**

*"This mindfulness course has been transformative for me. I have been taught how to use mindfulness to deal with bereavement, loss, anxiety and health issues"*

*"I found this course very useful to not only myself but also, I brought the teachings home to my family. It was incredibly interesting every week. One of the aspects which stood out was the principle that thoughts are just that and how we should look at them".*

#### **Sing Tonicity (November 2024)**

*"I feel I have come a long way and feel a lot happier and content in myself. I have lots of good friends."*

*"Sing Tonicity has been a very important part of my self-care, health and wellbeing. The entire concept of the class, the songs, the subject matter, the friendships made and the laughter. It is all invaluable. Thank you so much to Siobhan and Derry Well Women."*

*"Sing Tonicity has undoubtedly improved my overall attitude, and I highly recommend it to everyone."*

*"At a positive and great place both mentally and physically, thanks to Derry Well Women, I have a good outlook in life!"*

#### **Minding Mammy (October 2024)**

*"I'm working on putting myself first, as I have learned it is the most important to look after myself and to be able to look after my children as best I can."*

*"I believe this programme brought a positive spin to a difficult time in my life. I would recommend this programme, and I feel like I have learned so much about life, myself, and others."*

*"Thank you so much for this opportunity, it has been amazing and vital for my mental health and being more resilient and calmer for my sake and my family."*

*"I have loved the course and feel I can now take these skills through life. Thank you, Derry Well Women, Carol and Sinead, you have made a huge difference to me."*

### **Feedback gathered by facilitators and Microsoft forms**

#### **Bright Minds Bold Heart (Younger Women's Programme) – (December 2024)**

*"Thanks to this course I have come off my medication. I feel reassured that I dealt with past situations/conflict (i.e. domestic abuse) in the best possible way, I'm confident to know how to handle future situations that may arise"*

*"I am so grateful to have been part of this group. The sessions were informative with practical take aways"*

*"I found Karen easy to connect with, she created a lovely environment for people to share their experiences with no judgement"*

*"I felt the session gave me great knowledge and skills to take into my life."*

*"Thank you for all the that I take away and bring into my life"*

*"Brilliant, informative with a beautiful sense of community".*

### **Feedback from Testimonials**

#### **Sing Tonicity (March 2025)**

*"A year from my brain surgery, my physical strength is improving steadily and mental health starting to improve with help of family and friends and Sing Tonicity. The hugs, care and good feeling I get has helped immensely during a tough year. The impact of this course on my attitudes and outlook has been very significant. It has brought me joy, confidence and much happiness. It is a very positive atmosphere and Siobhan is amazing!"*

*At the end of this 8-week course, so sad that it has come to an end. It has been uplifting, encouraging, empowering and so much fun. I would highly recommend this course to anyone.*



## **Derry Well Women Limited** **(A company limited by guarantee)**

*I am better at trusting myself, my boundaries are good, I am worthy of love just as I am doing the best that I can with the wellbeing tools that I have".*

### **Feedback from emails**

#### **Journey to Inner Peace (online programme) – (March 2025)**

*"This 8-week course helped me to assess my negative thinking patterns, which were contributing to a cyclical pattern of Anxiety and Depression. The online course was facilitated in such a Professional and gentle manner, and I was able to really examine how my lack of Self-Esteem/Self Regard is integral to my personal thinking patterns. The Breakout Rooms were managed and a Safe place to Share my experience of each session. Each participant was encouraged to be respectful and empathic to each other. I looked forward to every single session on a Monday evening. The sessions helped with isolation, and I managed to relate well to the other participants"*

#### **Feedback from Case Study (extract)**

#### **Sound Meditation – (June 2024)**

*"I had never tried sound meditation and didn't know what to expect but I am delighted that I joined the class and have enjoyed the many benefits. I have felt the mental, emotional and physical benefits of the class. In the first session I had an extremely painful foot and couldn't believe that by the end of the session the pain had lessened, and Joan had referred to my foot as she had noticed it moving etc. I also had increased energy as I left my first session. From this I had enjoyed weekly sessions where I have been able to manage stress and anxiety and gain a better perspective. I am grateful for the time for myself and self-improvement but also being around others and having different social networks has made a difference on my confidence. The sessions have instilled a positive routine in my life and my ability to relax has improved. During some sessions I go into deep relaxation which really helps my body and mind. I can honestly say that sound meditation has been an extremely positive experience for me. It helped improve mood, sleep, pain, energy levels and helped my relationships and confidence as having time to stop, and think has been so healing. Thank you so much to Joan and Elaine who are wonderful facilitators and have given me the fabulous benefits through these sessions".*

### **Moving Forward**

We would like to extend our sincere thanks to our core funders, contract managers and all the trusts and foundations, donors and supporters over the last year for their ongoing support to fund our ongoing mission at Derry Well Women.

This report demonstrates the huge benefit Derry Well Women makes to local women and their young children in the Northwest and the real difference it is making to improve health and wellbeing outcomes, provide an early intervention approach, support our statutory sector colleagues and ensure women's health is supported throughout their life course. We have also been at the forefront in leading research around women's health and ensuring the voice of women from all backgrounds and groups are included and listened to.

We are aware of increased demands on our services and the difficult funding environment that we are navigating on an ongoing basis.

We will continue to listen to what our local women are telling us to ensure we can work collaboratively to make a real difference for women and children in our local communities for the year ahead. We know our greatest achievements will continue to come not from individual efforts but from our ability to work together to continually strive for better.

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Report of the Directors**  
**for the year ended 31 March 2025**

**Responsibilities of the Board of Directors**

The directors are responsible for preparing the Directors' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial year, under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare financial statements on the going concern basis unless it is inappropriate to assume that the company will continue in operation.

The directors are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

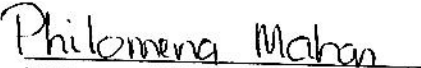
In so far as we are aware:

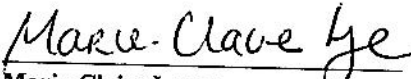
- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the directors have taken all steps that they ought to have taken in order to make themselves aware of any relevant audit information and to establish that the auditors is aware of that information.

**Auditors**

A resolution proposing that McGroarty McCafferty & Company be reappointed as auditors of the Charity will be put to the Annual General Meeting.

The financial statements were approved and authorised for issue by the board on 29 May 2025 and signed on its behalf by;

  
Philomena Mahon  
Director

  
Marie-Claire Logue  
Director

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Independent auditor's report to the directors of Derry Well Women Limited**

**Opinion**

We have audited the financial statements of Derry Well Women Limited for the year ended 31st March 2025 which comprise of the Statement of Financial Activities, Balance Sheet, Statement of Cashflows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

This report is made solely to the charitable company's directors, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's directors those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's directors as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Other information**

The directors are responsible for the other information. The other information comprises the information included in the directors' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinion on other matters prescribed by the Companies Act 2006**

In our opinion based on the work undertaken in the course of the audit:

- the information given in the Directors' Annual Report which includes the directors report prepared for the purposes of Company Law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors Annual Report has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors Annual Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a strategic report.

## **Derry Well Women Limited**

### **(A company limited by guarantee)**

#### **Responsibilities of the directors**

As explained more fully in the Directors' Responsibilities Statement, the directors (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

#### **Explanation as to what extent the audit was considered capable of detecting irregularities, including fraud;**

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. However, the primary responsibility for the prevention and detection of fraud lies with management and the board of directors of the charitable company.

#### **Identifying and assessing potential risks related to irregularities**

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we considered the following:

- the nature of the industry, sector and the specific control environment which it operates in;
- the charities own assessment of the risks that irregularities may occur, either as a result of fraud or error;
- representations and results from our enquiries with management and the board of directors about their own identification and assessment of the risks of irregularities;
- enquiries of management relating to cash handling, reviewing the policies and procedures relating to cash handling and cash recognition;
- any matters we have identified having obtained and reviewed the Charities policies and procedures relating to;
- \* identifying and assessing if laws and regulations are compliant and whether they are aware of any instances of non-compliance;
- \* detection and response to the risk of fraud and whether they are aware of any actual, suspected or alleged fraud instances;
- \* the internal controls designed to mitigate risks of fraud or non-compliance with laws and regulations, and to minimise risk of management overrides of such controls.
- all matters discussed among the audit engagement team regarding how and where fraud could occur and the potential indicators of fraud.

As a result of these procedures, we considered the opportunities and incentives that may exist within the charity for fraud. The audit included assessing the procedures and evaluating the cash handling procedures. In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override.

We also obtained an understanding of the legal and regulatory frameworks applicable to the charity and considered that the most significant are the Companies Act 2006, SORP 2019 (FRS 102) and Charities Act (Northern Ireland) 2008.

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Audit responses to risks identified**

Our procedures to respond to risks identified included the following:

- reviewing the financial statement disclosures, testing the relevant documentation to assess compliance with the significant laws and regulations - those described as having a direct effect on the financial statements;
- enquiring with management and obtaining third party confirmation from the Charities Solicitors regarding any actual or potential litigation and claims;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- reading minutes of board and management meetings;
- reviewing Companies House and Charity Commission Northern Ireland correspondence,
- review correspondence with HMRC, identifying non-compliance of specific information to be disclosed;
- in addressing the risk of fraud through management override of controls, testing the appropriateness of data entries and adjustments; and evaluating the rationale of any significant transactions that are unusual or outside the normal course of the Charities objectives.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or noncompliance with laws and regulations throughout the audit.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of the auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



**Derry Well Women Limited**  
**(A company limited by guarantee)**

*Patrick McGroarty*  
**Patrick McGroarty**

**Senior Statutory Auditor**

**for and on behalf of**

**McGroarty McCafferty & Company**

**Statutory Auditor**

**2 Carlisle Terrace**

**Derry**

**BT48 6JX**

**Dated: 29 May 2025**

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Statement of financial activities (incorporating the income and expenditure account)**

**For the year ended 31 March 2025**

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
<b>Incoming resources</b>					
Incoming resources from generating funds:					
Voluntary income	2	6,945	-	6,945	4,586
Investment income	3	36	-	36	34
Incoming resources from charitable activities	4	2,500	489,763	492,263	532,570
<b>Total incoming resources</b>		<u>9,481</u>	<u>489,763</u>	<u>499,244</u>	<u>537,190</u>
<b>Resources expended</b>					
Costs of generating funds:					
Charitable Activities	5	16,485	484,039	500,524	544,999
Governance costs	5	-	3,694	3,694	4,153
<b>Total resources expended</b>		<u>16,485</u>	<u>487,733</u>	<u>504,218</u>	<u>549,152</u>
<b>Net incoming / (outgoing) resources for the year</b>	14	(7,004)	2,030	(4,974)	(11,962)
Transfer of Funds					
		2,928	(2,928)	-	-
		(4,076)	(898)	(4,974)	(11,962)
Total funds brought forward		160,701	3,045	163,746	175,708
<b>Total funds carried forward</b>		<u>156,625</u>	<u>2,147</u>	<u>158,772</u>	<u>163,746</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.  
All of the above amounts relate to continuing activities.



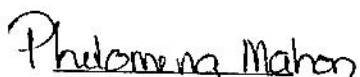
**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Balance sheet**  
**as at 31 March 2025**

	Notes	£	2025	£	£	2024	£
<b>Fixed assets</b>							
Tangible assets	9		139,246			142,140	
<b>Current assets</b>							
Debtors	10	13,834			6,783		
Cash at bank and in hand		39,112			121,542		
		<u>52,946</u>			<u>128,325</u>		
<b>Creditors: amounts falling due within one year</b>	11	(33,420)			(106,719)		
<b>Net current assets</b>			19,526			21,606	
<b>Net assets</b>			<u>158,772</u>			<u>163,746</u>	
<b>Funds</b>	12						
Restricted income funds	12		2,147			3,045	
Unrestricted income funds	12		<u>156,625</u>			<u>160,701</u>	
<b>Total funds</b>			<u>158,772</u>			<u>163,746</u>	

The financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 and the Charities SORP 2019 (FRS 102).

The financial statements were approved and authorised for issue by the Board 29 May 2025 and signed on its behalf by

  
**Philomena Mahon**  
**Director**

  
**Marie Claire Logue**  
**Director**

**Company Number: NI022926**

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Cash flow statement**

**for the year ended 31 March 2025**

	Notes	2025 £	2024 £
Net outgoing resources for the year		(4,974)	(11,962)
Interest receivable		(36)	(34)
Depreciation and impairment		5,814	5,460
Increase in debtors		(7,051)	(675)
Decrease in creditors		(73,299)	(24,801)
<b>Net cash outflow from operating activities</b>		<u>(79,546)</u>	<u>(32,012)</u>
Returns on investments and servicing of finance		36	34
Capital expenditure		(2,920)	(550)
<b>Decrease in cash in the year</b>		<u>(82,430)</u>	<u>(32,528)</u>
<b>Reconciliation of net cash flow to movement in net funds</b>	<b>13</b>		
Decrease in cash in the year		(82,430)	(32,528)
Net funds at 1 April 2024		121,542	154,070
<b>Net funds at 31 March 2025</b>		<u>39,112</u>	<u>121,542</u>

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Notes to financial statements**  
**for the year ended 31 March 2025**

**1. General information**

The charity is a private limited company by guarantee, registered in Northern Ireland and a registered charity in Northern Ireland. The address of the registered office is 17 Queen Street, Derry, BT48 7EQ.

**1.1. Accounting convention**

The charity constitutes a public benefit entity as defined by FRS102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland Charities SORP 2019 (FRS102), the Companies Act 2006 and the Charities Act (Northern Ireland) 2008.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**1.2. Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

**1.3. Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**1.4. Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost residual value of each asset over its expected useful life, as follows:

Buildings	-	2% Straight Line
Fixture & Fittings	-	10% Straight Line
Equipment	-	20% Straight Line

Buildings are not depreciated as per the directors.

**1.5. Debtors & creditors**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Notes to financial statements**  
**for the year ended 31 March 2025**

**1.6. Cash at bank and in hand**

Cash and cash equivalents include cash at bank and in hand.

**1.7. Defined contribution pension schemes**

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

**1.8. Foreign currencies**

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rates of exchange prevailing at the accounting date. Transactions in foreign currencies are recorded at the date of the transactions. All differences are taken to the statement of financial activities.

**1.9. Going concern**

The financial statements have been prepared on a going concern basis as the directors believe that no material uncertainties exist. The directors have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2. Voluntary income**

	Unrestricted funds £	2025 Total £	2024 Total £
Donations	3,017	3,017	2,587
Sundry Income	3,928	3,928	1,999
	<u>6,945</u>	<u>6,945</u>	<u>4,586</u>

**3. Investment income**

	Unrestricted funds £	2025 Total £	2024 Total £
Bank interest receivable	36	36	34
	<u>36</u>	<u>36</u>	<u>34</u>

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Notes to financial statements**  
**for the year ended 31 March 2025**

**4. Incoming resources from charitable activities**

	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Western Health and Social Care Trust	-	145,244	145,244	137,384
National Lottery Community Fund	-	108,090	108,090	167,229
WHSCC CCC	-	16,362	16,362	-
WHSCC/Talking Therapies	-	11,238	11,238	9,057
Trusthouse Foundation	-	798	798	27,863
Enkalon	-	500	500	292
Department of Health Childcare	-	-	-	2,500
Screwfix Foundation	-	-	-	4,000
Big Lottery (Awards for All)	-	18,870	18,870	-
Ulster Garden Villages	-	-	-	4,460
Souter Trust	-	4,200	4,200	4,000
Garfield Weston	-	9,162	9,162	-
SJP Foundation	2,500	1,650	4,150	2,450
Community Foundation DOH Cancer Fund	-	1,331	1,331	22,626
The Department of Justice	-	2,696	2,696	-
Ulster Bank	-	1,200	1,200	-
Danske Bank	-	2,500	2,500	-
Esme Mitchell	-	1,050	1,050	2,000
Victims Survivors Service	-	116,010	116,010	111,901
The Beatrice Lang Trust	-	-	-	2,500
CLEAR	-	960	960	750
Thompson Trust	-	2,000	2,000	2,000
Honourable Irish Society	-	900	900	-
Inner City Trust	-	1,000	1,000	-
PHA Research for Women's Health	-	9,984	9,984	-
Halifax Foundation	-	4,500	4,500	4,416
Pathway Fund	-	16,500	16,500	15,000
BBC Children In Need	-	13,018	13,018	12,142
	<u>2,500</u>	<u>489,763</u>	<u>492,263</u>	<u>532,570</u>

**Restricted Funds**

Funds received which are ear marked by the funder for specific purposes. Such purposes are within the overall aims of the organisation.

**Unrestricted Funds**

Funds which are expendable at the discretion of the company in furtherance of the aims of the charity. In addition funds may be held in order to finance capital investment and working capital.

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Notes to financial statements**  
**for the year ended 31 March 2025**

**5. Costs of generating funds:-**

<u>Charitable Activities</u>	Unrestricted Expenditure £	Restricted Expenditure £	2025 Total £	2024 Total £
Salaries & Wages	-	210,478	210,478	223,129
Employer's NIC	-	14,936	14,936	16,288
Pension costs	-	13,071	13,071	15,192
Rent	-	12,670	12,670	11,790
Rates & water charges	-	324	324	301
Light & heat	-	5,297	5,297	4,651
Repairs & maintenance	-	15,096	15,096	22,838
Insurance	-	2,629	2,629	2,479
Subscriptions	-	1,106	1,106	1,133
Publications & advertising	1,250	-	1,250	2,567
Training & facilitation	-	-	-	1,236
Travel & subsistence	-	2,093	2,093	1,764
Professional fees	6,290	648	6,938	3,240
Telephone	-	3,392	3,392	2,201
Office expenses - other	1,899	8,583	10,482	9,160
Research	-	9,984	9,984	-
Core programme costs	-	83,556	83,556	86,239
Cancer connected programme costs	-	54,537	54,537	88,083
VSS programme costs	-	41,120	41,120	42,625
Bank charges	-	593	593	550
Depreciation & impairment	3,845	1,969	5,814	5,460
General expenses	3,201	1,957	5,158	4,073
	<u>16,485</u>	<u>484,039</u>	<u>500,524</u>	<u>544,999</u>
<u>Governance Costs</u>			<b>Total</b>	<b>Total</b>
			<b>£</b>	<b>£</b>
Auditors remuneration			<u>3,694</u>	<u>4,153</u>

**6. Net outgoing resources for the year**

	2025 £	2024 £
Net outgoing resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	5,684	5,460
Auditors' remuneration	<u>3,694</u>	<u>4,153</u>

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Notes to financial statements**  
**for the year ended 31 March 2025**

**7. Employees**

<b>Employment costs</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Wages and salaries	210,478	223,129
Social security costs	14,936	16,288
Pension costs	13,071	15,192
	<u>238,485</u>	<u>254,609</u>

No employee receives emoluments of more than £60,000 (2024: None)

The company operates a Defined Contribution pension scheme.

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Defined contribution scheme	<u>13,071</u>	<u>15,192</u>

The average monthly numbers of employees (excluding the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

<b>2025</b>	<b>2024</b>
<b>Number</b>	<b>Number</b>
<u>9</u>	<u>9</u>

**8. Taxation**

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its chargeable objects. Accordingly, there is no taxation charge in these accounts.

**Derry Well Women Limited**  
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**Notes to financial statements**  
**for the year ended 31 March 2025**

**9. Tangible fixed assets**

	<b>Buildings</b>	<b>Fixtures &amp;</b>		
	<b>Freehold</b>	<b>Fittings</b>	<b>Equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>				
At 1 April 2024	150,000	34,391	36,043	220,434
Additions	-	-	2,920	2,920
Disposals	-	-	(11,574)	(11,574)
At 31 March 2025	<u>150,000</u>	<u>34,391</u>	<u>27,389</u>	<u>211,780</u>
<b>Depreciation</b>				
At 1 April 2024	12,000	34,391	31,903	78,294
Charge for the year	3,000	-	2,684	5,684
On disposals	-	-	(11,444)	(11,444)
At 31 March 2025	<u>15,000</u>	<u>34,391</u>	<u>23,143</u>	<u>72,534</u>
<b>Net book values</b>				
At 31 March 2025	<u>135,000</u>	<u>-</u>	<u>4,246</u>	<u>139,246</u>
At 31 March 2024	<u>138,000</u>	<u>-</u>	<u>4,140</u>	<u>142,140</u>

**10. Debtors**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Other Debtors & Prepayments	<u>13,834</u>	<u>6,783</u>

**11. Creditors: amounts falling due within one year**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Trade creditors	11,088	1,631
Other creditors	-	61
Accruals and deferred income	<u>22,332</u>	<u>105,027</u>
	<u>33,420</u>	<u>106,719</u>



**Derry Well Women Limited**  
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**Notes to financial statements**  
**for the year ended 31 March 2025**

**12. Analysis of net assets between funds**

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2025 as represented by:			
Tangible fixed assets	137,099	2,147	139,246
Current assets	19,526	33,420	52,946
Current liabilities & deferred income	-	(33,420)	(33,420)
	<u>156,625</u>	<u>2,147</u>	<u>158,772</u>

**13. Analysis of changes in net funds**

	Opening balance £	Cash flows £	Other changes £	Closing balance £
Cash at bank and in hand	121,542	(82,430)	-	39,112
<b>Net funds</b>	<u>121,542</u>	<u>(82,430)</u>	<u>-</u>	<u>39,112</u>

**14. Movements in Funds**

	At 1 April 2024 £	Incoming resources £	Outgoing resources £	Transfers £	At 31 March 2025 £
<b>Restricted funds:</b>					
Funds	3,045	489,763	(487,733)	(2,928)	2,147
Total restricted funds	<u>3,045</u>	<u>489,763</u>	<u>(487,733)</u>	<u>(2,928)</u>	<u>2,147</u>
<b>Unrestricted funds:</b>					
General funds	160,701	9,481	(16,485)	2,928	156,625
Total unrestricted funds	<u>160,701</u>	<u>9,481</u>	<u>(16,485)</u>	<u>2,928</u>	<u>156,625</u>
	<u>163,746</u>	<u>499,244</u>	<u>(504,218)</u>	<u>-</u>	<u>158,772</u>

**Purposes of Restricted Funds**

Restricted grants awarded to the charity are provided to cover the core objects as explained in the directors report.

**15. Related party transactions**

There were no related party transactions during the year.

**Derry Well Women Limited**  
**(A company limited by guarantee)**

**Notes to financial statements**  
**for the year ended 31 March 2025**

**16. Company limited by guarantee**

Derry Well Women Limited is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company, in the event of it being wound up.

**17. Controlling interest**

Controlling interest rests with the board of directors.

**18. Post Balance Sheet events**

No significant events have taken place since the year end that would result in adjustments to 2025 financial information or inclusion of a note thereto.