

Good Morning Carrickfergus

Northern Ireland · Charity number 101188

Details

Known as	GMC
Status	Received
Registered	2015-01-16
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	C/O Church Of The Nazarene Oakfield Drive Carrickfergus Bt38 7sp BT38 7SP
Phone	0289332 6000
Email	info@goodmorningcarrickfergus.com

Activities

Purposes: GMC is established to provide a free telephone befriending, support and alert service to older persons and vulnerable adults (hereinafter referred to as the "beneficiaries") resident in Carrickfergus, Greenisland and Whitehead areas (hereinafter referred to as the "area of benefit"), who are experiencing loneliness, social isolation, fear of crime and health-related problems by supporting the beneficiaries to remain independent within their homes and communities by the provision of practical and psychological support and services and to encourage beneficiaries to build social networks.

What the charity does: The advancement of citizenship or community development, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Advice/advocacy/information, Community development, Counselling/support, Education/training, Medical/health/sickness, Volunteer development

Who the charity helps: Community safety/crime prevention, Mental health, Older people, Physical disabilities, Sensory disabilities, Volunteers

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£28,551	£28,962	£0	1

Trustees

Name	Role	Appointed
Alan Mcmanus		
Joan Stephenson		
Julie Claire Patterson		
Margaret Liggett		
Philip Mcalister		
Robert Bryson Barfoot		

Good Morning Carrickfergus

Northern Ireland - Charity number 101188

Accounts

GOOD MORNING CARRICKFERGUS

UNAUDITED FINANCIAL STATEMENTS

31ST MARCH 2025

CHARITY NUMBER 101188

MCG Accountants Ltd
Accountants
3a 8 Kilroot Business Centre
Carrickfergus
BT38 7PR
T: 02890434562
E: mail@mcguinnessandco.co.uk

GOOD MORNING CARRICKFERGUS

FINANCIAL STATEMENTS

YEAR ENDED 31ST MARCH 2025

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**GOOD MORNING CARRICKFERGUS
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31st MARCH 2025**

	2025	2024
INCOMING RESOURCES		
Incoming resources from generating funds:		
Voluntary Income	28,551	33,869
Total Incoming Resources:	<u>28,551</u>	<u>33,869</u>
OUTGOING RESOURCES		
Charitable Activities	28,962	29,676
Total Outgoing Resources	<u>28,962</u>	<u>29,676</u>
NET INCOMING (OUTGOING) RESOURCES FOR THE YEAR	-411	4,193
RECONCILIATION OF FUNDS:		
Total funds brought forward	<u>39,619</u>	<u>35,426</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>39,208</u></u>	<u><u>39,619</u></u>

The statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

GOOD MORNING CARRICKFERGUS
BALANCE SHEET AS AT 31st MARCH 2025

	2025	2024
CURRENT ASSETS:		
Bank Current Account	<u>39,628</u>	<u>40,039</u>
	39,628	40,039
CURRENT LIABILITIES:		
Creditors and Accruals	<u>420</u>	<u>420</u>
	420	420
NET CURRENT ASSETS:	39,208	39,619
NET TOTAL ASSETS	<u>39,208</u>	<u>39,619</u>
FINANCED BY:		
Unrestricted Income Funds	<u>39,208</u>	<u>39,619</u>

These financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved by the members of the committee and authorised for issue and signed on their behalf by

Paul Stephens

27/11/25

GOOD MORNING CARRICKFERGUS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

1. ACCOUNTING POLICIES

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 20018), and the requirements of the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005).

Fixed Assets

There are no Fixed Assets held by the Charity.

2. VOLUNTARY INCOME

2025

MEA Agewell Partnership	22,399
Bank Interest	167
Gifts and Donations	5,985
Total Funds	<u>28,551</u>

GOOD MORNING CARRICKFERGUS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

3. COSTS OF ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Total 2025
Charitable Activity	28,962	28,962

4. COSTS OF ACTIVITIES BY ACTIVITY TYPE

	Direct Activities	Total 2025
Charitable Activity	28,962	28,962

5. NET INCOMING RESOURCES FOR THE YEAR:

This is stated after charging:

	2025
Accountancy Fees	420

6. STAFF COSTS AND EMOLUMENTS

Salaries cost for the year was £15,648.

GOOD MORNING CARRICKFERGUS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

7. DEBTORS

	2025
Prepayments	0

8. CREDITORS

	2025
Accruals	420

9. UNRESTRICTED INCOME FUNDS:

	Bal 1/4/24	Incoming	Outgoing	Balance 31/3/25
General Funds	39,619	28,551	28,962	39,208

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets	Net Current Assets	Total
Income Funds	0	39,208	39,208

Good Morning Carrickfergus

Northern Ireland - Charity number 101188

Accounts

GOOD MORNING CARRICKFERGUS

UNAUDITED FINANCIAL STATEMENTS

31ST MARCH 2024

CHARITY NUMBER 101188

MCG Accountants Ltd
Accountants
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GOOD MORNING CARRICKFERGUS

FINANCIAL STATEMENTS

YEAR ENDED 31ST MARCH 2024

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GOOD MORNING CARRICKFERGUS

TRUSTEES ANNUAL REPORT

YEAR ENDED 31ST MARCH 2024

The trustees present their report and the unaudited financial statements of the company for the year ended 31st March 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity name	GOOD MORING CARRICKFERGUS
Charity Registration number	101188
Principal Office	C/O Church of the Nazarene Oakfield Drive Carrickfergus BT38 7SP

The trustees who served during the period were as follows:

Joan Stephenson

Philip McAlister

Alan McManus

Julie Claire Patterson

Robert Bryson Barfoot

Independent Examiner

MCG Accountants Ltd
3a 8 Kilroot Business Centre
Carrickfergus
BT38 7PR

MCG Accountants Ltd have been appointed as independent examiner for the ensuing year

Signed on behalf of the trustees

C/O Church of the Nazarene
Oakfield Road
Carrickfergus
BT38 7SP



Trustee

**GOOD MORNING CARRICKFERGUS
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31st MARCH 2024**

	2024	2023
INCOMING RESOURCES		
<i>Incoming resources from generating funds:</i>		
Voluntary Income	<u>33,869</u>	<u>24,077</u>
Total Incoming Resources:	33,869	24,077
OUTGOING RESOURCES		
Charitable Activities	<u>29,676</u>	<u>22,032</u>
Total Outgoing Resources	29,676	22,032
NET INCOMING (OUTGOING) RESOURCES FOR THE YEAR	4,193	2,045
RECONCILIATION OF FUNDS:		
Total funds brought forward	<u>35,426</u>	<u>33,381</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>39,619</u></u>	<u><u>35,426</u></u>

The statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

GOOD MORNING CARRICKFERGUS
BALANCE SHEET AS AT 31st MARCH 2024

	2024	2023
CURRENT ASSETS:		
Bank Current Account	<u>40,039</u>	<u>35,846</u>
	40,039	35,846
CURRENT LIABILITIES:		
Creditors and Accruals	<u>420</u>	<u>420</u>
	420	420
NET CURRENT ASSETS:	39,619	35,426
NET TOTAL ASSETS	<u>39,619</u>	<u>35,426</u>
FINANCED BY:		
Unrestricted Income Funds	<u>39,619</u>	<u>35,426</u>

These financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved by the members of the committee and authorised for issue and signed on their behalf by

Jonathan Stephenson
Chairperson

22/10/24

GOOD MORNING CARRICKFERGUS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024

1. ACCOUNTING POLICIES

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 20018), and the requirements of the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in march 2005 (SORP 2005).

Fixed Assets

There are no Fixed Assets held by the Charity.

2. VOLUNTARY INCOME

2024

MEA Agewell Partnership	21,747
MEA Borough Grant	300
Lottery Funding	8,359
Community Foundation Fund	1,200
Gifts and Donations	2,263
Total Funds	<u>33,869</u>

GOOD MORNING CARRICKFERGUS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024

3. COSTS OF ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Total 2024
Charitable Activity	29,676	29,676

4. COSTS OF ACTIVITIES BY ACTIVITY TYPE

	Direct Activities	Total 2023
Charitable Activity	29,676	29,676

5. NET INCOMING RESOURCES FOR THE YEAR:

This is stated after charging:

	2024
Accountancy Fees	420
Lottery Projects	5,846

6. STAFF COSTS AND EMOLUMENTS

Salaries cost for the year was £14,668.

GOOD MORNING CARRICKFERGUS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024

7. DEBTORS

	2024
Prepayments	0

8. CREDITORS

	2024
Accruals	420

9. UNRESTRICTED INCOME FUNDS:

	Bal 1/4/23	Incoming	Outgoing	Balance 31/3/24
General Funds	35,426	33,869	29,676	39,619

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets	Net Current Assets	Total
Income Funds	0	39,619	39,619

Good Morning Carrickfergus

Northern Ireland - Charity number 101188

Annual report



Good Morning Carrickfergus

Chairperson's Report 1st April 2023 - 31st March 2024

It is a privilege to present the 15th annual report for Good Morning Carrickfergus, which serves the geographical areas of Whitehead, Carrickfergus and Greenisland.

I am pleased to report again that we did not miss one day of phone service delivery during the year.

I appreciate that each year I tend to say many of the same things, but I feel it is important to report on what are key issues pertaining to the ongoing service delivery.

Staffing and Volunteers

Elaine Rajkumar, our Co-ordinator continued to manage the service in a consistent and thoughtful manner and we very much appreciate her reliability and dedication to the service, clients, and volunteers. During the year we said goodbye to one volunteer but thankfully gained 3 new volunteers which was so helpful and released some of Elaine's and my time. These new volunteers have, like all our others, been faithful and reliable....and like our other volunteers.... are retired! GMC will always give new retirees a reason to get up in the morning!

Again, we would like to publicly thank each volunteer and to boast that we have a team of volunteers who excel in their dedication, loyalty, and compassion for the clients we serve. I know I say these words year on year but how better can I express the facts as they are!

We had 2 specific events for our volunteers during the year, including our first at Quarterhouse Café where we enjoyed the café to ourselves and, as usual, we enjoyed lovely food! Additionally, our volunteers were free to join with our clients when we had events for them. It is incumbent on us as an

organisation to care for our volunteers and to ensure they are getting the support they need and deserve. We always try to be cognisant of their health and wellbeing and will encourage them to look after themselves and take time out if they are facing personal issues. Time out is much better, for them and us, than losing them from the service.

I must also express my appreciation to our Board of Trustees:

Robert Barfoot, Honorary Treasurer; Alan McManus, Honorary Secretary; Julie Patterson, Safeguarding Officer, and Philip McAlister; Founder of the Service. Thank-you each one.

Funders

We are incredibly grateful for the support of the Mid and East Antrim Agewell Partnership (MEAAP) for their ongoing support in sourcing funding for us from the Community Planning Partnership led by the Council. This funding has enabled us to carry out our service and functions without the added burden of continually having to source core funding, especially for salary costs.

During the year, we also received funding from:

- The Big Lottery
- Department for Communities (Henry Gill Fund)

The Lottery funding enabled us to provide a substantial Christmas pack for clients, a Christmas dinner at a hotel, a new computer and printer as well as funding for our ladies' lunches and men's breakfasts. This funding will continue into the next financial year. The Henry Gill monies covered most of our phone costs for the year. We have been truly blessed but we are aware that it is important to use our finances with wisdom.

Clients

Sadly, we experienced the passing of 4 of our clients this year. We are always saddened when we hear of a client's death but realise that this is part of providing a service to elderly folk.

Probably the highlight of our social calendar this year has been the Christmas dinner (in January!) at the Curran Court Hotel in Larne when we

had to privilege of treating 82 clients and volunteers to what was a delicious meal. The transport was provided by United Bus Company. We also enjoyed time with clients at our monthly ladies' lunches and bi-monthly men's breakfasts. An issue we are now facing with regard to transport is the number of clients using rollators and the transportation of same. That solution is for another day!

A Pat on the Back!

We can't finish this year without congratulating Elaine and the team on being awarded Winner of the "Supporting older people Award" by the Mid and East Antrim Agewell Partnership. Six staff and volunteers attended an awards ceremony in the Tullyglass Hotel on 1st March and were rightfully pleased with the acknowledgement of their work,

Partnerships

We continue to make every effort to maintain our strong partnerships with other agencies such as the Mid & East Antrim Agewell Partnership, PSNI, Mid and East Antrim Borough Council and the Northern Health & Social Care Trust, among others.

We continue, as always, to appreciate the practical and prayerful support of our host.... Carrickfergus Church of the Nazarene.

In conclusion, and continuing my love of quotes about volunteering, I have selected this one for this year!

"Everybody can be great, because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve. You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love." -Martin Luther King, Jr.

Respectfully Submitted

Joan Stephenson

Joan Stephenson: Chairperson, Good Morning Carrickfergus

Good Morning Carrickfergus

Northern Ireland - Charity number 101188

Annual return

GOOD MORNING CARRICKFERGUS
INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF GOOD MORNING CARRICKFERGUS
YEAR ENDED 31ST MARCH 2024

I report on the accounts of the company for the year ended 31st March 2024 which are set out on pages 5 to 9.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER.

The company's trustees are responsible for the preparation of the accounts. The company's trustees consider that an audit is not required for the year ender section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS REPORT:

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the company and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matter. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out below.

INDEPENDENT EXAMINERS REPORT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

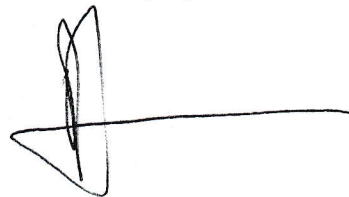
To keep accounting records in accordance with section 130 of the 2011 Act; and

To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

MCG Accountants Ltd ACPA IFA
3a 8 Kilroot Business Centre
Carrickfergus
BT38 7PR



22nd October 2024

Good Morning Carrickfergus

Northern Ireland - Charity number 101188

Accounts

GOOD MORNING CARRICKFERGUS

UNAUDITED FINANCIAL STATEMENTS

31ST MARCH 2023

CHARITY NUMBER 101188

MCG Accountants Ltd
Accountants
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GOOD MORNING CARRICKFERGUS

FINANCIAL STATEMENTS

YEAR ENDED 31ST MARCH 2023

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The following pages do not form part of the financial statements

Detailed statement of financial activities	9
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GOOD MORNING CARRICKFERGUS

TRUSTEES ANNUAL REPORT

YEAR ENDED 31ST MARCH 2023

The trustees present their report and the unaudited financial statements of the company for the year ended 31st March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity name	GOOD MORING CARRICKFERGUS
Charity Registration number	101188
Principal Office	C/O Church of the Nazarene Oakfield Drive Carrickfergus BT38 7SP

The trustees who served during the period were as follows:

Joan Stephenson

Philip McAlister

Alan McManus

Julie Claire Patterson

Robert Bryson Barfoot

Independent Examiner

MCG Accountants Ltd
3a 8 Kilroot Business Centre
Carrickfergus
BT38 7PR

MCG Accountants Ltd have been appointed as independent examiner for the ensuing year

Signed on behalf of the trustees

C/O Church of the Nazarene
Oakfield Road
Carrickfergus
BT38 7SP



Trustee

**GOOD MORNING CARRICKFERGUS
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31st MARCH 2023**

	2023	2022
INCOMING RESOURCES		
Incoming resources from generating funds:		
Voluntary Income	<u>24,077</u>	<u>28,009</u>
Total Incoming Resources:	24,077	28,009
OUTGOING RESOURCES		
Charitable Activities	<u>22,032</u>	<u>25,029</u>
Total Outgoing Resources	22,032	25,029
NET INCOMING (OUTGOING) RESOURCES FOR THE YEAR	2,045	2,980
RECONCILIATION OF FUNDS:		
Total funds brought forward	<u>33,381</u>	<u>30,401</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>35,426</u></u>	<u><u>33,381</u></u>

The statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

GOOD MORNING CARRICKFERGUS
BALANCE SHEET AS AT 31st MARCH 2023

	2023	2022
CURRENT ASSETS:		
Bank Current Account	<u>35,846</u>	<u>33,801</u>
	35,846	33,801
CURRENT LIABILITIES:		
Creditors and Accruals	<u>420</u>	<u>420</u>
	420	420
NET CURRENT ASSETS:	35,426	33,381
NET TOTAL ASSETS	<u>35,426</u>	<u>33,381</u>
FINANCED BY:		
Unrestricted Income Funds	<u>35,426</u>	<u>33,381</u>

These financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These financial statements were approved by the members of the committee and authorised for issue and signed on their behalf by

GOOD MORNING CARRICKFERGUS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023

1. ACCOUNTING POLICIES

Basis of Accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 20018), and the requirements of the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in march 2005 (SORP 2005).

Fixed Assets

There are no Fixed Assets held by the Charity.

2. VOLUNTARY INCOME

2023

MEA Agewell Partnership	21,897
MEA Borough Grant	650
Community Foundation Fund	1,200
Gifts and Donations	<u>330</u>
Total Funds	<u>24,077</u>

GOOD MORNING CARRICKFERGUS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023

3. COSTS OF ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Total 2023
Charitable Activity	20,032	22,032

4. COSTS OF ACTIVITIES BY ACTIVITY TYPE

	Direct Activities	Total 2023
Charitable Activity	22,032	22,032

5. NET INCOMING RESOURCES FOR THE YEAR:

This is stated after charging:

	2023
Accountancy Fees	420
Winter Projects	2,934

6. STAFF COSTS AND EMOLUMENTS

Salaries cost for the year was £13,244.

GOOD MORNING CARRICKFERGUS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023

7. DEBTORS

	2023
Prepayments	0

8. CREDITORS

	2023
Accruals	420

9. UNRESTRICTED INCOME FUNDS:

	Bal 1/4/22	Incoming	Outgoing	Balance 31/3/23
General Funds	33,381	24,077	22,032	35,426

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets	Net Current Assets	Total
Income Funds	0	35,426	35,426

Good Morning Carrickfergus

Northern Ireland - Charity number 101188

Annual report



Good Morning Carrickfergus

Chairperson's Report 1st April 2022 - 31st March 2023

It is a privilege to present this annual report for Good Morning Carrickfergus, covering the geographical areas of Whitehead, Carrickfergus and Greenisland.

I am pleased to report again that we did not miss one day of phone service delivery during the year.

Staffing and Volunteers

During the year we enjoyed relative stability of our volunteer group, with Elaine Rajkumar continuing to manage the service in a consistent and thoughtful way and we very much appreciate her reliability and dedication to the service, clients, and volunteers. During the year we lost a couple of volunteers who had been with us for only a short time but gained two new volunteers who have proven to be very faithful. One had been a client for some time and had been well enough to transition to become a volunteer. That, for us, is what the service is partly about.....empowering our clients to become more independent and outgoing.

As always, we would like to publicly thank each one of our volunteers and to boast that we have a team of volunteers who excel in their dedication, loyalty, and compassion for the clients we serve. I know I say these words year on year but how better can I express the facts as they are!

We had 3 events for our volunteers during the year and, as usual, this involved food! It is incumbent on us as an organisation to care for our volunteers and to ensure they are getting the support they need and deserve.

I must also express my appreciation to our Board of Trustees:

Robert Barfoot, Honorary Treasurer; Alan McManus, Secretary; Julie Patterson, Safeguarding Officer, and Philip McAlister; Church of the Nazarene Rep.

Thank-you each one.

Funders

We are incredibly grateful for the support of the Mid and East Antrim Agewell Partnership (MEAAP) for their ongoing support in sourcing funding for us from the Community Planning Partnership led by the Council. This funding has enabled us to carry out our service and functions without the added burden of continually having to source core funding.

During the year, we also received funding from:

- The Big Lottery
- Department for Communities (Henry Gill Fund)

The Lottery funding enabled us to provide a substantial Christmas pack for clients as well as a new desk top computer, a laptop computer, and a printer. The Henry Gill monies covered most of our phone costs for the year.

Clients

Sadly, we experienced the passing of 6 of our clients during the period December – February this year. This was unprecedented in the history of our service, and we were all devastated at the loss of so many valued clients.

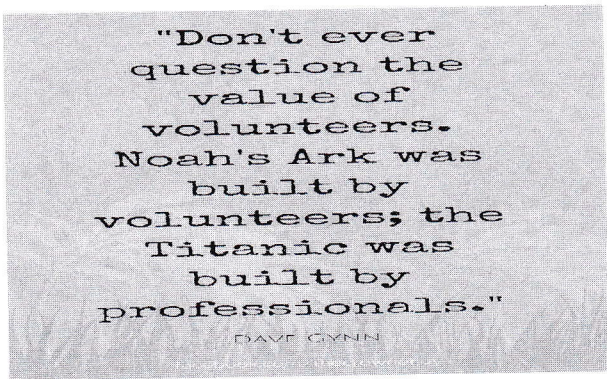
On a brighter note, we were able to restart some social events for clients in the New Year. It was good to get back to providing lunches/men's breakfasts and clearly the clients were pleased to be back together as well. In some respect, it was sad too because we did clearly notice significant deterioration and increased frailty in quite a few of our clients.

Partnerships

We continue to make every effort to maintain our strong partnerships with other agencies such as the Mid & East Antrim Agewell Partnership, PSNI, Mid and Est Antrim Borough Council and the Northern Health & Social Care Trust, among others.

We continue, as always, to appreciate the practical and prayerful support of our host.... Carrickfergus Church of the Nazarene.

In conclusion, and continuing my love of quotes about volunteering, I really like this one!



Respectfully Submitted

Joan Stephenson

Joan Stephenson: Chairperson, Good Morning Carrickfergus

Good Morning Carrickfergus

Northern Ireland - Charity number 101188

Annual return

GOOD MORNING CARRICKFERGUS
INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF GOOD MORNING CARRICKFERGUS
YEAR ENDED 31ST MARCH 2023

I report on the accounts of the company for the year ended 31st March 2023 which are set out on pages 5 to 9.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER.

The company's trustees are responsible for the preparation of the accounts. The company's trustees consider that an audit is not required for the year ender section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS REPORT:

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the company and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matter. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out below.

INDEPENDENT EXAMINERS REPORT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

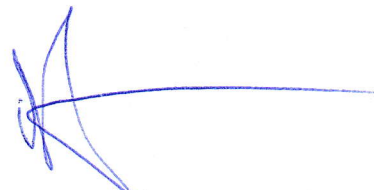
To keep accounting records in accordance with section 130 of the 2011 Act; and

To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

MCG Accountants Ltd ACPA IFA
3a 8 Kilroot Business Centre
Carrickfergus
BT38 7PR



2nd October 2023