INCREDABLE

Northern Ireland · Charity number 101118

Details

Known as	incredABLE
Status	Received
Registered	2014-12-02
Register	View on the Charity Commission for Northern Ireland register

Contact

Address	Incredable 162 Portadown Road Richhill Armagh Bt61 9lj BT61 9LJ
Phone	442838872111
Email	info@incredable.org.uk
Website	www.incredable.org.uk

Activities

Purposes: (i) to provide relief for people with learning difficulties/ disabilities who are in need by reason of financial hardship or poverty. (ii) to develop integrated leisure, educational and relationship activities/ opportunities for people with a learning disability, and to assist such persons to realise their full potential and lead fulfilling lives. Promote and advance the welfare, education, training and advancement in life of those persons with learning disabilities (hereinafter referred to as beneficiaries) so as to ensure that as far as possible they may develop as individuals and as members of society and that their disabilities may be relieved.

What the charity does: The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

How the charity works: Community development,Disability,Welfare/benevolent

Who the charity helps: Children (5-13 year olds),Learning disabilities,Physical disabilities,Sensory disabilities,Youth (14-25 year olds)

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Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,283,789	£1,103,680	£-62,314	60

Trustees

Name	Role	Appointed
Dr Alan Manson Turtle		
Mr Edwin Graham		
Mr Michael Best		
Mr Peter Hanna		
Mrs Kate Courtenay		
Mrs Mairead Mcalinden		
Mrs Susan Best		
Ms Emma Louise Mooney		

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INCREDABLE

Northern Ireland - Charity number 101118

Accounts

Company Registration Number: NI062968
Charity Number: NIC101118



incredABLE

(A company limited by guarantee, not having a share capital)

Annual Report and Audited Financial Statements

for the financial year ended 31 March 2025

Daly Park & Company Ltd
Chartered Accountants and Registered Auditors
4 Carnegie Street
Lurgan
Co. Armagh
BT66 6AS
Northern Ireland

incredABLE
(A company limited by guarantee, not having a share capital)
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REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees	Michael Joseph Best Susan Margaret Best Kathleen Elizabeth Courtenay Edwin Graham Peter Hanna Lisa Mallon (Resigned 10 February 2025) Anne Mairead McAlinden Emma Louise Mooney Carla Smyth (Resigned 16 November 2024) Dr Alan Manson Turtle Bernadette McKeown (Resigned 9 June 2025)
Company Secretary	Nigel Robert Hampton
Charity Number in Northern Ireland	NIC101118
Company Registration Number	NI062968
Registered Office and Principal Address	162 Portadown Road Richhill Co. Armagh BT61 9LJ Northern Ireland
Auditors	Daly Park & Company Ltd Chartered Accountants and Registered Auditors 4 Carnegie Street Lurgan Co. Armagh BT66 6AS Northern Ireland
Principal Bankers	Danske Bank 39 Market St Lurgan Co. Armagh BT66 6AB Northern Ireland

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2025

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the audited financial statements for the financial year ended 31 March 2025.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the trustees of incredABLE present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2025.

Structure, Governance and Management

Structure
incredABLE is a company limited by guarantee and a registered charity. The organisation is governed by the Trustees who delegate the daily operation of the charity to the Chief Executive Officer and management team.

Trustees

Trustees are recruited and appointed at its Annual General Meeting. The process for the appointment of Trustees is outlined in the governing documents. The directors of the organisation are also charity trustees for the purposes of charity law. Each new trustees undergoes an induction process and training in good governance.

Review of Activities, Achievements and Performance

Chief Executives Foreword

Dear friends, supporters, and members of the incredABLE community, It is with immense pride and gratitude that we present the incredABLE Annual Report for the year ended 31 March 2025. This report reflects another year of growth, innovation, and impact as we continue our mission to create incredible opportunities for individuals with learning/intellectual disabilities and/or autism.

Throughout 2024–25, incredABLE has deepened its reach and strengthened its services across the Southern Area, supporting over 554 children and adults through a diverse range of person-centred programmes and initiatives. From social enterprises and community engagement to tailored support services, our work continues to be shaped by the voices and aspirations of those we serve.

Our vision remains clear: a society where incredABLE people are inspired, empowered, and fully included. This vision is underpinned by our core values—commitment, collaboration, creativity, and community—which guide every decision and action we take.

In the pages that follow, you'll find highlights of our achievements, impact and insights into the services and projects that have made a real difference in the lives of incredABLE individuals and their families. Whether through new partnerships, expanded services, or innovative approaches, we are proud of the progress made and the resilience shown by our team.

As we look ahead, we are excited about the opportunities to further develop our services, embrace new challenges, and continue advocating for inclusion and empowerment. With your continued support, we will keep building a future where everyone has the opportunity to be incredABLE.

Thank you for being part of our journey.

Nigel Hampton, CEO

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2025

In the year ended 31 March 2025, incredABLE continued to provide exemplary support services throughout the Southern Area. Specifically, we were able to deliver that support to more and adults with a learning/intellectual disability and/or autism through our many exciting projects and services.

Mission:

To create incredible opportunities for incredABLE people! By delivering meaningful projects and quality services in partnership with individuals who have a learning/intellectual disability and/or autism.

Vision:

A society where individuals with a learning/ intellectual disability and/or autism are inspired, empowered and included.

Values:

Commitment
We are passionate and dynamic staff and volunteer team who are committed to people first and supporting individuals to realise their own vision of being incredABLE

Collaboration
We believe in the value of working in collaboration and proactively seek out partnerships to make incredABLE things happen

Creativity
We strive for creativity in our bespoke approach to opportunities so that they are meaningful, participatory and uniquely incredABLE

Community
We see Community as central to the incredABLE experience of inclusion and we work alongside to support engagement, access, and visibility of incredABLE individuals

incredABLE deliver projects and services in the Southern Health and Social Care Trust Area.

Projects & Services, Outputs & Achievements:

Adult Short Breaks (ASB) Service

In partnership with the Southern Health and Social Care Trust Adult Learning Disability Teams, incredABLE delivers the ASB service. Offering a wide range of meaningful activities and experiences, the ASB group residential breaks take place in venues across Northern Ireland. ASB offers both mid-week and weekend breaks in which participants choose everything from the breakfast menu to the activities.

As they make decisions about their time away, individuals on the ASB service socialise with peers, work on compromise and communication skills, practice daily living skills, and take part in many of the activities available across NI, such as visiting W5, Nearly Nogs Chocolate Factory and both the American Folk Museum and the Transport Museum. We offer tailored support, ensuring that we have the right staff with each group to ensure every participant has their specific, individual needs met within the group.

During the 2024-25 financial year this service provided 57 Adult Short Breaks, with forty-nine 2-night residentials, four 5-night residentials and four 7-night residentials. A total of 135 participants availed of the service.

BIG (Bespoke Individual and Group) Support Service

For many young people and adults, one to one or small group support is the best option to reach their goals. BIG is a service that provides exactly those options, with a service completely tailored to each individual, focused on their passions, their needs, and supporting them in bringing their dreams to life.

BIG can be as flexible or routine as the individual or group desires, as the plan is agreed with both the individual and their carers. Together, they establish the activities to be undertaken, the schedule, and the exact support an individual needs. Whether accessing live music, going shopping with friends, or getting exercise at the local swimming pool, anything is possible with BIG.

Most people access the BIG service using funds from Direct Payments via Self Directed Support (SDS). 22110 hours of support were delivered to 81 individuals during the 2024-25 financial year which is an 8.5% increase to last year.

Peer Outing Programme (POP)

incredABLE is proud to partner with the Southern Health and Social Care Trust Children and Young People's Disability Teams to offer the Peer Outing Programme. POP focuses on young people as they approach and go through the transition between school and adult services. POP provides social outings with peers while including opportunities for personal growth that serve young people into adulthood. Team building, communication, conflict mediation, and overall improvement in self-confidence are all outcomes that POP participants see over the course of the programme. POP outings take place once a month and can be activity-based or joining in with a community event.

While POP outings take place as a group, the project is still individualised, with specific supports designed to offer participants the chance to fully engage with their peers and their communities. POP gives young people control by making sure all activities are chosen by the young people themselves, promoting a person-centred approach in addition to the social inclusion built into the programme.

During the 2024-25 financial year, thirty POP Saturdays were delivered in three locations as well as four 2-night residentials and a total of 36 participants have availed of the service.

Youth Empowerment Programme (YEP)

YEP is a residential Service designed to support youth in gaining daily life skills in preparation for independent or supported living arrangements after leaving school. Made up of ten 3-day residentials over the course of a year, incredABLE delivers YEP in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams.

YEP focuses on four main areas including:

Personal Development- Learning to be independent and participating in a programme away from home.

Independent Living Skills- These will include key skills such as establishing morning routines, cooking, budgeting, relationships, personal care and home safety.

Social Development- To encourage peer support and increase social skills involving outings and attendance to a range of community and social events.

Self-esteem- The development of independent skills, having the confidence to offer an opinion when planning activities or shopping and feeling positive about reaching goals set.

During the 2024-25 financial year, 8 YEP residentials were delivered with 11 participants taking part in the programme.

Summer scheme
incredABLE's summer scheme is a long-running programme offered to ensure that young people with an intellectual disability and/or Autism are able to take part in the same exciting summer activities as other young people do during the school break. First offered as a pilot programme in 2018, the summer scheme has grown into one of our regular offerings, popular with both young people and their parents alike. Activities include many options that are difficult to access during the school year, with a new outing planned for each day.

The scheme runs for One week in each of the localities of Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne, Mon-Fri 9-5pm, each day and is delivered with the support of the Southern Health & Social Care Trust.

During the 3-week scheme 13 participants availed of this service in the 2024-25 financial year.

ASD Offerings

incredABLE has long been a trusted name in the world of local ASD provision, delivered in partnership with the Southern Health and Social Care Trust. The programme remains a staple for families in the SHSCT area, providing services that offer children and young people with Autism opportunities for socialisation, learning life skills for independent living, and practising important soft skills like cooperation, teamwork, and communication.

The ASD offerings have grown to include three programme strands, each run by staff with many years of experience working with children, youth, and adults on the spectrum.

Strand 1- Saturday clubs

incredABLE's Saturday Clubs are delivered in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams. Saturday clubs are unique in incredABLE's stable of services in providing weekly venue-based activities for children with Autism.

Two sessions are offered every Saturday, giving carers a short break whilst ensuring children have three hours of fun and social activities with peers. Activities change weekly and cover sensory, physical, and creative opportunities. Sessions run from 10am-1pm and from 2pm-5pm.

During the 2024-25 financial year incredABLE's Saturday clubs met 48 times and served 35 participants.

Strand 2- Community Connections

This youth-centred, asset-based community mapping program offers 15-17 year olds on the spectrum an opportunity to choose local supports they want to explore and plan visits based in three key areas: health and wellness, social networks, and community hubs. Participants have mapped and visited venues such as libraries, banks, transport hubs, gyms and activity groups, leisure and healthcare facilities, and interest-based clubs in their local area.

During the 2024-25 financial year 31 participants availed of two 10-week cycles.

Day Opportunities – "incredABLE Day's"

incredABLE Days have continued throughout 2024/25 to deliver meaningful and enterprising day time opportunity to adults at risk of social isolation and who still experience barriers to life opportunities. The service promotes empowerment and teamwork through soft skills development, employing incredABLE-y made print, production and packaging activities to facilitate provision in a safe and supportive environment, Monday – Friday 10.00 – 3.00pm.

2024/2025 marked a significant shift in direction for day opportunity provision with the discontinuation of direct-to-consumer sales of incredABLE-y made chocolate lollies. The decision was made to focus on existing supply chains and adopt a partnership approach. At this time, it was also decided that incredABLE-y made (as a brand name) would serve for what we do, not for what we are, hence our new service name - incredABLE Day's – speaks directly to what we facilitate and is more encompassing of our people rather than our product. The model has since been implemented and involves the hub teams producing lollies for corporate orders only, incredABLE Café's and local/retail supply chain partners such as Armagh Planetarium, Tree house soft play and Story Box to name a few.

One of the year's highlights has been a valuable packaging partnership secured with Electronic Excellence in May 2024...Other packaging collaborations throughout the year involved Millwood Crafts and previously Farringford Foods. Print activities are being planned and worked up for the next financial year which will involve groups working with textiles and vinyl, potentially for brand merchandising and stakeholder gifting in the future.

2024/2025 also saw incredABLE-y made chocolate participate in new trading events such as Richhill Apple Fayre (Oct 2024) and the first ever Rushmere Twilight Market (Nov 2024) giving our incredABLE people the opportunity to engage directly with the sale of their own product including the year's hottest innovation – Drinking Chocolate – following the purchase of a machine to use at winter trading events. The idea proved lucrative and was a key component to reaching out annual Christmas trading target of 2.5K, vital for supplementing the day opportunities budget for hub maintenance and occasional recreational activities

Between April 2024 and March 2025, incredABLE day opportunities maintained and further developed working relationships with other organisations/stakeholders such as SRC, facilitating successful Health and Social Care Placements, the charitable organisation 'Just a Chat' and hosted visits from both the Southeastern Trust as well as SEN/Dept of Economy.

During the 2024 – 2025 financial year, incredABLE day opportunities delivered meaningful activity to 48 participants, 7 days per week, across 4 hub sites, equating to 11,280 hours of beneficiary service delivery annually. Most individuals accessing the service continue to self-fund using direct payments via Self Direct Support (SDS). The year concluded by considering growth and development further in Lurgan and in Armagh with significant growth on the horizon for 2025/26, we look forward to an exciting year ahead.

Black Moon Disco – evening opportunity

Between April 2024 and March 2025, the incredABLE Black Moon team delivered six (Bimonthly) discos, adding the new "Movie Music Moves" themed disco to the Easter/Summer/Halloween/Christmas/Valentines schedule to avoid a large gap in service provision considering its growing popularity.

The year also saw attendance figures steadily climbed to all an all-time peak of around 150 attendees during the Valentines Disco in Feb 2025.

An additional attribute has been the growing support of attendees for traditional disco raffle on the night, which helps to offset costs and has grown in popularity bringing in an additional £250 approx. on the night. The potential is there for the event to generate funds in additional to covering costs but is not the primary objective
Door entry remained the same at £5.00 per individual, parent/carer donation optional and the team have been delighted to report that each disco, while retaining its usual crowd has also attracted new guests and a new following.

incredABLE Mourne Centre

The incredABLE Mourne Centre, Ballinran is used by incredABLE's groups for residential and holidays as well as being open on a self-catering residential basis to outside charitable groups. During the year we applied for a Tourism NÍ Hostel grading and were awarded a coveted 4-star rating.

New incredABLE Venues

Over of course of this year, incredABLE acquired 3 more venues that will enable us to provide additional services for our participants:

- In the Autumn of 2024 we bought a building in Market Street, Lurgan. Following some refurbishment work this building is being used for youth, community and social enterprise activity, particularly the Lurgan Heroes group and for Day opportunities. There are plans to make further use of this building in 2025 as it is in a prime location in the centre of Lurgan.
- In February 2025 we took on the lease of a building in Scotch Street, in the centre of Armagh City. This building is being used for youth, community and social enterprise activity, particularly the Armagh Heroes group and for day opportunities. There are plans to make further use of this building in 2025 as it is in a prime location in the centre of Armagh.
- In March 2025 incredABLE successfully acquired the lease of former Armagh City Youth Hostel. This is a fantastic facility that offers accommodation to is used by incredABLE's groups for residential and holidays as well as being open on a self-catering residential basis to outside charitable groups and therefore generating additional income.

PeacePlus HEROES+ Project

The projects objective is to promote and inspire participants from different backgrounds to build, maintain and manage strong positive relationships and collective identities, developing their potential and providing safe spaces for them to contribute to building an inclusive and cohesive society.

While many peace-building initiatives work across Northern Ireland, the Heroes+ programme is unique in offering those opportunities to young people with a learning disability and/or additional support needs, or those who are excluded from school.

Heroes+ is working with 12 cohorts per year, partnering with a number of organisations to provide quality programming. incredABLE is partnering with Heroes+ to deliver two cohorts per year, over a four-year period, in the Southern HSCT area and Monaghan. Over the 2024-25 financial year our Heroes+ program worked with 23 young people aged 14 – 17 in Lurgan and Armagh. They have opened 2 drop in Youth Clubs in Lurgan and Richhill for young people aged 14 to 25 with a learning disability.

During this year the Heroes plus team successfully registered to be able to deliver a Duke of Edinburgh program for the participants. The first group will start in the summer of 2025.

Café incredABLE @ Jethro

Our café in the Jethro Centre is running strong, open 5 days a week offering made to order meals from a carefully-crafted menu. Additionally, Café incredABLE caters for internal Jethro Centre clients as well as outside groups regularly, giving participant trainees the opportunity to learn catering in addition to cooking, serving, using the till, and more. Jethro's sales are up by 4.5% from the previous year, a small increase in transactions by 0.78% to 17,245. 4 staff were employed with a learning disability and a further 3 volunteers during this financial year.

Café incredABLE @ South Lake

Our flagship café in South Lake Leisure Centre in Craigavon also continues to shine. We are proud of the service we offer at SLLC, and we are even more proud that this café, in addition to having become a community hub, continues to be a place where we offer vocational training, employment, and meaningful daytime activity for individuals with a learning/intellectual disability and/or autism within our café spaces.

Our customer base continues to remain loyal, and we serve as many people who come to the South Lake Leisure Centre just for a coffee or breakfast as we do those who are in the SLLC already for their own purposes and stop by for refreshment before or after.

South Lakes sales increased by 2.5% on previous year to, transactions down by 1% to 140,719, large swimming galas bringing in record daily figures on some weekends. 11 staff were employed with a learning disability and a further 8 volunteers.

Café incredABLE @ Banbridge Leisure Centre

Our café in Banbridge Leisure Centre continues to gain momentum, open 7 days a week offering made to order meals from a carefully-crafted menu. Additionally, the café provides in-house catering for events being held within the centre and the council civic building opposite the centre.

Banbridge sales are up by 18.2% on previous year and transactions also increased by 12% to 40,313, helped by catering for large events such as Judo and Gymnastics competitions held in the centre. 4 staff were employed with a learning disability and a further 4 volunteers.

Financial Review
Our accounts for the year show a surplus of £180,109 for the year, which has increased the total fund balance carried forward. The Statement of Financial Activities for the year is detailed on page 12. The Board have examined the charity's requirements for reserves in light of the main risks of the organisation and established a policy whereby the unrestricted funds not committed or invested in fixed assets held by the charity should be between three and six months of expenditure. The Trustees have a strategy in place to build reserves through planned operating surpluses.

Financial Results
At the end of the financial year the company has assets of £1,348,415 (2024 - £1,181,301) and liabilities of £62,314 (2024 - £75,308). The net assets of the company have increased by £180,108.

Principal Risks and Uncertainties
incredABLE has a risk management strategy in place which is reviewed and updated each quarter by the management team and then presented and discussed at each board meeting. A risk register has been established. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

incredABLE
(A company limited by guarantee, not having a share capital)

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2025

Trustees
The trustees who served throughout the financial year, except as noted, were as follows:

Michael Joseph Best
Susan Margaret Best
Kathleen Elizabeth Courtenay
Edwin Graham
Peter Hanna
Lisa Mallon (Resigned 10 February 2025)
Anne Mairead McAlinden
Emma Louise Mooney
Carla Smyth (Resigned 16 November 2024)
Dr Alan Manson Turtle
Bernadette McKeown (Resigned 9 June 2025)

In accordance with the Articles of Association, the directors retire by rotation and, being eligible, offer themselves for re-election.

The secretary who served during the financial year was:

Nigel Robert Hampton

Compliance with Sector-Wide Legislation and Standards
- The Companies Act 2006
- The Charities SORP (FRS 102)

Public Benefit
The direct benefits which flow from our purposes include improvement in the wellbeing, self-esteem and quality of life for children and adults with a Learning/ Intellectual Disability as well as a reduction of anxiety and stress amongst carers of children and adults with a Learning/ Intellectual Disability. These benefits are demonstrated through our feedback from children and adults with a Learning/ Intellectual Disability and their carers; service evaluation forms; and compiled and summarised in our annual report. These purposes does not lead to harm. The charity's beneficiaries are children and adults with a Learning/ Intellectual Disability in the Southern Health & Social Care Trust Area. They also include family members and carers of those who are diagnosed with a Learning/ Intellectual Disability. A private benefit flowing from these purposes is that gained by a Trustee who also has a son or daughter who uses the support services. This trustee applies for and is assigned support in the same way as all other beneficiaries. This benefit is incidental and necessary to ensure the benefit is provided to our beneficiaries.

The Auditors
The auditors, Daly Park & Company Ltd, (Chartered Accountants) have indicated their willingness to continue in office in accordance with the provisions of Section 485 of the Companies Act 2006.

Approved by the Board of Trustees on 8 DEC 2025 **and signed on its behalf by:**

Alan M Turtle

Dr Alan Manson Turtle
Director

incredABLE
(A company limited by guarantee, not having a share capital)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2025

The trustees, who are also directors of incredABLE for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006 and. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the trustees have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Approved by the Board of Trustees on 8 DEC 2025 and signed on its behalf by:

Dr Alan Manson Turtle
Director

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

Report on the audit of the financial statements

Opinion
We have audited the company financial statements of incredABLE ('the company') for the financial year ended 31 March 2025 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion, when reporting in accordance with a fair presentation framework the financial statements:
- give a true and fair view of the state of the company's affairs as at 31 March 2025 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act (Northern Ireland) 2008.

Basis for opinion
We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information
The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinion on other matter prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of the audit:
- the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Annual Report has been prepared in accordance with applicable legal requirements.

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

Matters on which we are required to report by exception
In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:
- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemption in preparing the Trustees' Annual Report.

Responsibilities of trustees for the financial statements
As explained more fully in the Statement of Trustees' Responsibilities set out on page 7, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

There is an inherent difficulty in detecting irregularities during audit. However the effectiveness of entity's controls, the nature and extent of audit procedures performed, gives us confidence in detecting irregularities.

Further information regarding the scope of our responsibilities as auditor
As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:
- Identify and assess the risks of material misstatement of the , whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Ruairi Maginn (Senior Statutory Auditor)
for and on behalf of
DALY PARK & COMPANY LTD
Chartered Accountants and Registered Auditors
4 Carnegie Street
Lurgan
Co. Armagh
BT66 6AS
Northern Ireland
8/12/25

incredABLE

(A company limited by guarantee, not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)

for the financial year ended 31 March 2025

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Incoming Resources							
Voluntary Income	3.1	**46,314**	**637,168**	**683,482**	-	441,395	441,395
Activities for generating funds	3.2	**7,426**	**-**	**7,426**	6,213	-	6,213
Investments	3.3	**364**	**-**	**364**	527	-	527
Other income	3.4	**592,517**	**-**	**592,517**	420,163	-	420,163
Total incoming resources		**646,621**	**637,168**	**1,283,789**	426,903	441,395	868,298
Resources Expended							
Charitable activities	4.1	**489,272**	**614,408**	**1,103,680**	386,152	441,395	827,547
Net incoming/outgoing resources before transfers		**157,349**	**22,760**	**180,109**	40,751	-	40,751
Gross transfers between funds		**(9,120)**	**9,120**	**-**	-	-	-
Net movement in funds for the financial year		**148,229**	**31,880**	**180,109**	40,751	-	40,751
Reconciliation of funds:							
Total funds beginning of the year	15	**1,105,992**	**-**	**1,105,992**	1,065,242	-	1,065,242
Total funds at the end of the year		**1,254,221**	**31,880**	**1,286,101**	1,105,993	-	1,105,993

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

incredABLE
(A company limited by guarantee, not having a share capital)
Company Number: NI062968

BALANCE SHEET

as at 31 March 2025

	Notes	2025 £	2024 £
Fixed Assets			
Tangible assets	9	1,022,602	898,284
Current Assets			
Debtors	10	166,428	122,657
Cash at bank and in hand	11	159,385	165,360
		325,813	288,017
Creditors: Amounts falling due within one year	12	(62,314)	(72,874)
Net Current Assets		263,499	215,143
Total Assets less Current Liabilities		1,286,101	1,113,427
Creditors			
Amounts falling due after more than one year	13	-	(7,434)
Total Net Assets		1,286,101	1,105,993
Funds			
Restricted funds		31,880	-
Designated funds (Unrestricted)		1,022,602	898,284
General fund (unrestricted)		231,619	207,709
Total funds	15	1,286,101	1,105,993

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Approved by the Board of Trustees and authorised for issue on 8 DEC 2025 and signed on its behalf by

Dr Alan Manson Turtle
Director

incredABLE
STATEMENT OF CASH FLOWS
for the financial year ended 31 March 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Net movement in funds		**180,108**	40,751
Adjustments for:			
Depreciation		**55,875**	59,606
Interest receivable and similar income		**(364)**	(527)
Interest payable and similar expenses		**1,399**	2,679
Gains and losses on disposal of fixed assets		**(11,267)**	-
		225,751	102,509
Movements in working capital:			
Movement in debtors		**(48,771)**	15,923
Movement in creditors		**45,844**	(43,862)
Cash generated from operations		**222,824**	74,570
Interest paid		**(1,399)**	(2,679)
Net cash generated from operating activities		**221,425**	71,891
Cash flows from investing activities			
Interest received		**364**	527
Payments to acquire tangible assets		**(180,193)**	(92,119)
Receipts from disposal of tangible assets		**11,267**	-
Net cash used in investment activities		**(168,562)**	(91,592)
Cash flows from financing activities			
Repayment of short term loan		**(15,401)**	(14,121)
Advances from subsidiaries/group companies		**(43,437)**	(21,142)
Net cash used in financing activities		**(58,838)**	(35,263)
Net decrease in cash and cash equivalents		**(5,975)**	(54,964)
Cash and cash equivalents at the beginning of the year		**165,360**	220,324
Cash and cash equivalents at the end of the year	**11**	**159,385**	165,360

1. GENERAL INFORMATION

incredABLE is a company limited by guarantee incorporated in Northern Ireland. The registered office of the company is 162 Portadown Road, Richhill, Co. Armagh, BT61 9LJ, Northern Ireland which is also the principal place of business of the company The financial statements have been presented in Pound (£) which is also the functional currency of the company.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation
The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

As permitted by the Companies Act 2006, the company has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance
The financial statements of the company for the financial year ended 31 March 2025 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

Incoming Resources
Voluntary income or capital is included in the Statement of Financial Activities when the company is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the company has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

Resources Expended
All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Land and buildings freehold	-	4% Straight line
Plant and machinery	-	20% Straight line
Fixtures, fittings and equipment	-	20% Straight line
Motor vehicles	-	25% Straight line

Debtors
Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the company from government agencies and other co-funders, but not yet received at year end, is included in debtors.

Cash at bank and in hand
Cash at bank and in hand comprises cash on deposit at banks requiring less than three months' notice of withdrawal.

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 March 2025

Taxation
No current or deferred taxation arises as the company has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

3. INCOME

3.1 DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
Grant Income	**46,314**	**637,168**	**683,482**	441,395

3.2 OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
Fundraising events	**7,426**	**-**	**7,426**	6,213

3.3 INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
Investments	**364**	**-**	**364**	527

3.4 OTHER INCOME

	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
Other income	**592,517**	**-**	**592,517**	420,163

4. EXPENDITURE

4.1 CHARITABLE ACTIVITIES

	Direct Costs £	Other Costs £	Support Costs £	2025 £	2024 £
Charity Costs	**1,006,857**	**-**	**96,823**	**1,103,680**	827,547

4.2 SUPPORT COSTS

	Charitable Activities £	2025 £	2024 £
Support Costs	**96,823**	**96,823**	97,819

5. NET INCOMING RESOURCES

	2025 £	2024 £
Net Incoming Resources are stated after charging/(crediting):		
Depreciation of tangible assets	**55,875**	59,606
(Surplus) on disposal of tangible fixed assets	**(11,267)**	-
Auditor's remuneration:		
- audit services	**4,280**	3,840

6. INVESTMENT AND OTHER INCOME

	2025 £	2024 £
Bank interest	**364**	527

7. INTEREST PAYABLE AND SIMILAR CHARGES

	2025	2024
	£	£
On bank loans and overdrafts	**1,399**	2,679

8. EMPLOYEES AND REMUNERATION

The staff costs comprise:	2025	2024
	£	£
Wages and salaries	**716,379**	493,713
Pension costs	**12,120**	9,795
	728,499	503,508

9. TANGIBLE FIXED ASSETS

	Land and buildings freehold	Plant and machinery	Fixtures, fittings and equipment	Motor vehicles	Total
	£	£	£	£	£
Cost					
At 1 April 2024	936,202	5,648	95,326	144,677	1,181,853
Additions	155,000	5,366	19,827	-	180,193
Disposals	-	-	-	(6,048)	(6,048)
At 31 March 2025	1,091,202	11,014	115,153	138,629	1,355,998
Depreciation					
At 1 April 2024	127,742	4,838	76,711	74,278	283,569
Charge for the financial year	24,756	1,479	12,041	17,599	55,875
On disposals	-	-	-	(6,048)	(6,048)
At 31 March 2025	152,498	6,317	88,752	85,829	333,396
Net book value					
At 31 March 2025	**938,704**	**4,697**	**26,401**	**52,800**	**1,022,602**
At 31 March 2024	808,460	810	18,615	70,399	898,284

Northern Bank Limited holds a charge over property and lands at 42 Ballinran Road, Kilkeel, Co.Down and 162 Portadown Rd, Richhill, which contains fixed and floating charge. The charge was registered on 01/06/2017.
Northern Bank Limited holds a charge over the lands of the company in respect of mortgage totalling £95,000. The charge was created on 12/12/2011.

10. DEBTORS

	2025	2024
	£	£
Trade debtors	**154,374**	106,236
Other debtors	**8,670**	7,589
Taxation and social security costs	**-**	5,000
Prepayments and accrued income	**3,384**	3,832
	166,428	122,657

11. CASH AND CASH EQUIVALENTS

	2025	2024
	£	£
Cash and bank balances	**7,092**	1,377
Cash equivalents	**152,293**	163,983
	159,385	165,360

12. CREDITORS
Amounts falling due within one year

	2025	2024
	£	£
Bank loan	**8,833**	16,800
Trade creditors	**28,290**	6,287
Amounts owed to connected parties (Note 17)	**-**	43,437
Taxation and social security costs	**19,436**	-
Other creditors	**-**	330
Accruals and deferred income	**5,755**	6,020
	62,314	72,874

13. CREDITORS
Amounts falling due after more than one year

	2025	2024
	£	£
Bank loan	**-**	7,434
Repayable in one year or less, or on demand (Note 12)	**8,833**	16,800
Repayable between one and two years	**-**	7,434
	8,833	24,234

14. RESERVES

	2025	2024
	£	£
At the beginning of the year	**1,105,993**	1,065,242
Surplus for the financial year	**180,108**	40,751
At the end of the year	**1,286,101**	1,105,993

15. FUNDS
15.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
At 1 April 2023	1,065,242	-	1,065,242
Movement during the financial year	40,751	-	40,751
At 31 March 2024	1,105,992	-	1,105,992
Movement during the financial year	148,229	31,880	180,109
At 31 March 2025	**1,254,221**	**31,880**	**1,286,101**

15.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 April 2024 £	Income £	Expenditure £	Transfers between funds £	Balance 31 March 2025 £
Restricted funds					
SHSCT	-	405,499	405,499	-	-
National Lottery Dorman Accounts	-	65,062	38,727	-	26,335
Mencap - Heroes +	-	158,062	167,182	9,120	-
Duke of Edinburgh	-	5,545	-	-	5,545
TAK500	-	3,000	3,000	-	-
	-	637,168	614,408	9,120	31,880
Unrestricted funds					
Building Fund	898,284	-	-	124,318	1,022,602
Unrestricted General	207,708	646,621	489,272	(133,438)	231,619
	1,105,992	646,621	(489,272)	(9,120)	1,254,221
Total funds	**1,105,992**	**1,283,789**	**1,103,680**	**-**	**1,286,101**

15.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use £	Current assets £	Current liabilities £	Total £
Unrestricted general funds	1,022,602	325,813	**(62,314)**	1,286,101
	1,022,602	**325,813**	**(62,314)**	**1,286,101**

16. STATUS

The company is limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

17. RELATED PARTY TRANSACTIONS

The following amounts are due to other connected parties:

2025 £	2024 £
-	43,437

IncredABLE Enterprises is a company which is managed and controlled by members/directors of IncredABLE. During the course of the current year a number of transactions were made between the two organisations with a balance of £nil owed to IncredABLE Enterprises at the end of the year.

18 RECONCILIATION OF NET CASH FLOW TO MOVEMENT IN NET DEBT

	Opening balance	Cash flows	Closing balance
	£	£	£
Short-term borrowings	(24,234)	15,401	(8,833)
Total liabilities from financing activities	(24,234)	15,401	(8,833)
Total Cash at bank and in hand (Note 11)			159,385
Total net debt			150,552

19. TRUSTEE REMUNERATION

None of the Trustees received nor waived any kind of remuneration during the current or previous financial year.

INCREDABLE

Northern Ireland - Charity number 101118

Accounts

Company Registration Number: NI062968
Charity Number: NIC101118



incredABLE Annual Report

Year ended 31st March 2024

Daly Park & Company Ltd
Chartered Accountants and Registered Auditors
4 Carnegie Street
Lurgan
Co. Armagh
BT66 6AS
Northern Ireland

incredABLE
(A company limited by guarantee, not having a share capital)
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incredABLE
(A company limited by guarantee, not having a share capital)

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees	Michael Joseph Best Susan Margaret Best Kathleen Elizabeth Courtenay Edwin Graham Peter Hanna Deborah Suzanne Hoy Wilkinson (Resigned 17 April 2023) David Hughes (Resigned 17 April 2023) Lisa Mallon Anne Mairead McAlinden Emma Louise Mooney Carla Smyth Dr Alan Manson Turtle Bernadette McKeown
Company Secretary	Mr. Nigel Robert Hampton
Charity Number in Northern Ireland	NIC101118
Company Registration Number	NI062968
Registered Office and Principal Address	162 Portadown Road Richhill Co. Armagh BT61 9LJ Northern Ireland
Auditors	Daly Park & Company Ltd Chartered Accountants and Registered Auditors 4 Carnegie Street Lurgan Co. Armagh BT66 6AS Northern Ireland
Principal Bankers	Danske Bank 39 Market St Lurgan Co. Armagh BT66 6AB Northern Ireland

incredABLE
(A company limited by guarantee, not having a share capital)
TRUSTEES' ANNUAL REPORT
for the financial year ended 31 March 2024

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the audited financial statements for the financial year ended 31 March 2024.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the trustees of incredABLE present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2024.

Structure, Governance and Management

Structure
incredABLE is a company limited by guarantee and a registered charity. The organisation is governed by the Trustees who delegate the daily operation of the charity to the Chief Executive Officer and management team.

Trustees

Trustees are recruited and appointed at its Annual General Meeting. The process for the appointment of Trustees is outlined in the governing documents. The directors of the organisation are also charity trustees for the purposes of charity law. Each new trustees undergoes an induction process and training in good governance.

Review of Activities, Achievements and Performance

Chief Executives Foreword

Dear friends, supporters, and members of the incredABLE community,

It is with great pride and a sense of accomplishment that we present the incredABLE Annual Report for the year ended 31 March 2024. This report encapsulates the dedication, hard work, and unwavering commitment of our team, partners, and supporters in creating incredible opportunities for individuals with learning/intellectual disabilities and/or autism.

Over the past year, incredABLE has continued to make significant strides in delivering meaningful projects and quality services throughout the Southern Area. We have maintained our support to more than 731 children and adults through a variety of innovative and engaging initiatives.

Our mission to create incredible opportunities for incredABLE people is reflected in every aspect of our work. We are driven by our vision of a society where individuals with learning/intellectual disabilities and/or autism are inspired, empowered, and included. Our values of commitment, collaboration, creativity, and community are the foundation upon which we build our services.

The following pages provide a detailed overview of our projects and services, highlighting the outputs and achievements that have made a tangible difference in the lives of those we support.

As we reflect on the past year, we are reminded of the importance of our work and the positive impact it has on the lives of incredABLE individuals and their families. We are grateful for the continued support of our partners, funders, and the community, which enables us to pursue our mission with passion and determination.

Looking ahead, we remain committed to innovating and expanding our services to meet the evolving needs of those we serve. Together, we will continue to create a society where everyone has the opportunity to be incredABLE.
Thank you for your ongoing support.

Nigel Hampton, CEO

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2024

In the year ended 31 March 2024, incredABLE continued to provide exemplary support services throughout the Southern Area. Specifically, we were able to deliver that support to more than 731 (2022-23: 653) children and adults with a learning/intellectual disability and/or autism through our many exciting projects and services.

Mission:

To create incredible opportunities for incredABLE people! By delivering meaningful projects and quality services in partnership with individuals who have a learning/intellectual disability and/or autism.

Vision:

A society where individuals with a learning/ intellectual disability and/or autism are inspired, empowered and included.

Values:

Commitment
We are passionate and dynamic staff and volunteer team who are committed to people first and supporting individuals to realise their own vision of being incredABLE

Collaboration
We believe in the value of working in collaboration and proactively seek out partnerships to make incredABLE things happen

Creativity
We strive for creativity in our bespoke approach to opportunities so that they are meaningful, participatory and uniquely incredABLE

Community
We see Community as central to the incredABLE experience of inclusion and we work alongside to support engagement, access, and visibility of incredABLE individuals

incredABLE deliver projects and services in the Southern Health and Social Care Trust Area.

Projects & Services, Outputs & Achievements:

Adult Short Breaks (ASB) Service

In partnership with the Southern Health and Social Care Trust Adult Learning Disability Teams, incredABLE delivers the ASB service. Offering a wide range of meaningful activities and experiences, the ASB group residential breaks take place in venues across Northern Ireland. ASB offers both mid-week and weekend breaks in which participants choose everything from the breakfast menu to the activities.

As they make decisions about their time away, individuals on the ASB service socialise with peers, work on compromise and communication skills, practice daily living skills, and take part in many of the activities available across NI, such as attending Belfast Giants matches, visiting forest parks, walking along the beach in Newcastle, and much more. We offer tailored support, ensuring that we have the right staff with each group to ensure every participant has their specific, individual needs met within the group.

During the 2023-24 financial year this service provided 53 Adult Short Breaks, with forty-seven 2-night residentials, two 4-night residentials and four 7-night residentials. A total of 140 participants availed of the service, for an increase of 15% over 2022-23.

BIG (Bespoke Individual and Group) Support Service

For many young people and adults, one to one or small group support is the best option to reach their goals. BIG is a service that provides exactly those options, with a service completely tailored to each individual, focused on their passions, their needs, and supporting them in bringing their dreams to life.

BIG can be as flexible or routine as the individual or group desires, as the plan is agreed with both the individual and their carers. Together, they establish the activities to be undertaken, the schedule, and the exact support an individual needs. Whether accessing live music, going shopping with friends, or getting exercise at the local swimming pool, anything is possible with BIG.

Most people access the BIG service using funds from Direct Payments via Self Directed Support (SDS). 11,069 hours of support were delivered to 74 individuals during the 2023-24 financial year.

Peer Outing Programme (POP)

incredABLE is proud to partner with the Southern Health and Social Care Trust Children and Young People's Disability Teams to offer the Peer Outing Programme. POP focuses on young people as they approach and go through the transition between school and adult services. POP provides social outings with peers while including opportunities for personal growth that serve young people into adulthood. Team building, communication, conflict mediation, and overall improvement in self-confidence are all outcomes that POP participants see over the course of the programme. POP outings take place once a month and can be activity-based or joining in with a community event.

While POP outings take place as a group, the project is still individualised, with specific supports designed to offer participants the chance to fully engage with their peers and their communities. POP gives young people control by making sure all activities are chosen by the young people themselves, promoting a person-centred approach in addition to the social inclusion built into the programme.

During the 2023-24 financial year, twenty-nine POP Saturdays were delivered in three locations as well as five 2-night residentials and a total of 36 participants have availed of the service.

Youth Empowerment Programme (YEP)

YEP is a residential Service designed to support youth in gaining daily life skills in preparation for independent or supported living arrangements after leaving school. Made up of ten 3-day residentials over the course of a year, incredABLE delivers YEP in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams.

YEP focuses on four main areas including:

Personal Development- Learning to be independent and participating in a programme away from home.

Independent Living Skills- These will include key skills such as establishing morning routines, cooking, budgeting, relationships, personal care and home safety.

Social Development- To encourage peer support and increase social skills involving outings and attendance to a range of community and social events.

Self-esteem- The development of independent skills, having the confidence to offer an opinion when planning activities or shopping and feeling positive about reaching goals set.

During the 2022-23 financial year, 10 YEP residentials were delivered with 9 participants taking part in the programme.

Summer scheme

incredABLE's summer scheme is a long-running programme offered to ensure that young people with an intellectual disability and/or Autism are able to take part in the same exciting summer activities as other young people do during the school break. First offered as a pilot programme in 2018, the summer scheme has grown into one of our regular offerings, popular with both young people and their parents alike. Activities include many options that are difficult to access during the school year, with a new outing planned for each day.

The scheme runs for One week in each of the localities of Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne, Mon-Fri 9-5pm, each day and is delivered with the support of the Southern Health & Social Care Trust.

During the 3-week scheme a total of 36 participants availed of this service in the 2023-24 financial year.

ASD Offerings

incredABLE has long been a trusted name in the world of local ASD provision, delivered in partnership with the Southern Health and Social Care Trust. The programme remains a staple for families in the SHSCT area, providing services that offer children and young people with Autism opportunities for socialisation, learning life skills for independent living, and practising important soft skills like cooperation, teamwork, and communication.

The ASD offerings have grown to include three programme strands, each run by staff with many years of experience working with children, youth, and adults on the spectrum.

Strand 1- Saturday clubs

incredABLE's Saturday Clubs are delivered in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams. Saturday clubs are unique in incredABLE's stable of services in providing weekly venue-based activities for children with Autism.

Two sessions are offered every Saturday, giving carers a short break whilst ensuring children have three hours of fun and social activities with peers. Activities change weekly and cover sensory, physical, and creative opportunities. Sessions run from 10am-1pm and from 2pm-5pm.

During the 2023-24 financial year incredABLE's Saturday clubs met 48 times and served 30 participants.

Strand 2- Life Hacks Programme

The life hacks programme took inspiration from our original residential programme, focusing on providing skills for independent living but taking away the pressure of monthly residentials for those who need a more structured program in smaller sections. Life Hacks runs weekly for a total of 10 weeks in each cohort.

During the 2023-24 financial year we provided six 10-week sections of Life Hacks, serving a total of 60 participants.

Strand 3- Community Connections

This youth-centred, asset-based community mapping program offers 15-17 year olds on the spectrum an opportunity to choose local supports they want to explore and plan visits based in three key areas: health and wellness, social networks, and community hubs. Participants have mapped and visited venues such as libraries, banks, transport hubs, gyms and activity groups, leisure and healthcare facilities, and interest-based clubs in their local area.

During the 2023-24 financial year 20 participants availed of two 10-week cycles.

incredABLE-y Caring

Funded by Department of Health and administered by The Community Foundation Northern Ireland, IncredABLE-y caring was designed to give carers a short break from caring whilst providing a meaningful social evening and/or overnight opportunity for the person they care for. Participants had opportunities to engage in planning activities, meals, and outings throughout each programme. Activities included, but were not limited to, bowling, mini golf, cinema, walks in local parks, shopping trips, visiting the Christmas Markets in Belfast, and other community-based outings.

incredABLE-y Caring also provided workshops specifically to carers, offering them some well-deserved 'me time.' Carers sessions were designed to be a break in routine in which carers could try a new activity, engage in a hobby, or simply have a cup of tea and some company without the pressures of caring.

During the 2023/24 financial year there were four 10-week evening programmes, four programmes consisting of six 1-night overnights over a 12-week period, and four evening sessions for carers. A total of 99 participants availed of this programme.

Day Opportunities - incredABLE-y Made

The completion of the 5-year 'we are incredABLE' project towards the end of 2022 provided the context for consolidating efforts around the projects most successful strand - day opportunity provision - as evidenced by project beneficiaries and stakeholders.

incredABLE-y Made, which piloted over the previous 5 years, found purpose and structure as an enterprising day opportunity with a focus on print, production, and packaging activities. The model was required to become self-sustaining and successfully transitioned from a funded to a self-paying fee service by April 2023.

incredABLE-y Made day opportunities have since grown substantially and are designed to provide soft skills development for adults with a learning/intellectual disability and/or Autism with the added values of making friends and building confidence, motivation, and independence in a safe and supportive environment.

Between April 2023 and March 2024, incredABLE-y Made day opportunities maintained and further developed working relationships with other organisations such as Cedar Foundation, People First, and Clanrye offering placements for end-of-programme service users, identified as a primary target group. This financial year also saw incredABLE-y Made connect with other organisations such as Gateway, Mencap, and Caring Breaks, showcasing at Learning Disability Pride (9 June 2023), participating in the 'Do Your Thing' social media video challenge, and featuring at the Waterfronts successful Quirky

Wedding Event. incredABLE-y Made day opportunities also featured on BBC Newsline with Corman Campbell filming on 16th June 2023.

Through targeted marketing and promotion, incredABLE Day Opportunities have become well-known throughout the sector. The service has proved attractive to key workers in other organisations particularly as they searched out new skills-based opportunities for young adults who may otherwise fall through the known gap in service that exists for SEN school leavers.

incredABLE-y made as an enterprising day opportunity concept continues to enhance service provision and fill gaps connecting with many organisations across the public, private and voluntary sectors, most notable of these have been collaborations with ABC Council, Lord Mayor's Office, BNI Events Company, SENI Awards, Ulster Carpets, Camping NI, Open Farm Week, Messy Play NI and securing packaging contract with Farringford Foods....as well as many more, all of which are adding profile and in turn generating meaningful activity for our incredABLE participants.

By February 2024, the incredABLE-y made team required additional staff to support the strategic direction of day opportunities and two new roles were developed and recruited in Marketing Administration and Production Coordination. These roles have benefited the agenda of growth significantly.

During the 2023 – 2024 financial year, incredABLE day opportunities delivered meaningful activity to 45 participants, 6 days per week, across 4 sites, equating to 12,690 hours annually. Most individuals accessing the service are self-funded using direct payments via Self Direct Support (SDS).

incredABLE Black Moon – Evening Opportunity

October 2023 heralded the return of incredABLE Black Moon Disco following a 3-year hiatus owing to the Covid 19 pandemic.

The anticipated re-launch marked an extra special occasion which treated attendees to a 'Spooktacular' Halloween themed event on Friday 27th October 2023 at Armagh City Hotel and paid tribute to DJ Chill (Phil Cheung) who helped establish the disco in 2018 and sadly lost his life in Nov 2021 following short cancer battle.

The fundraising event which celebrated Phil, emphasised a monster raffle, costume/fancy dress, music choice, room décor and extra's such as a photobooth and professional photographer saw approximately 150 attendees come through the Fringe Lounge doors. It was a truly memorable occasion which generated the idea of theming discos going forward as an alternative to monthly discos which hadn't previously attracted those numbers...

Between April 2023 and March 2024, the incredABLE Black Moon team delivered three discos themed respectively around Halloween (relaunch Oct 2023) Christmas (Dec 2023) and Valentines Day (Feb 2024). It was agreed that discos would take place bi-monthly moving forward (reducing from 12 to 6) with more significance placed on theming room, music choice and adding extras. This decision proved to be a successful one with attendance figures remaining in and around the initial relaunch set.

Door entry remained the same at £5.00 per individual, parent/carer donation optional and the team have been delighted to report that each disco, while retaining its usual crowd has also attracted new guests and a new following.

IncredABLE Black Moon remains a core component of incredABLE's evening social provision for adults with learning/intellectual disabilities and/or autism attracting individuals from right across the Southern Health and Social Care Trust area and beyond.

Armagh City Hotel continues as host venue while the enhanced format maintains the opportunity for participants to socialise with peers, make new friends and develop confidence within a modern, positive, fun and safe environment.

Café incredABLE @ Jethro

Our café in the Jethro Centre is running strong, open 5 days a week offering made to order meals from a carefully-crafted menu. Additionally, Café incredABLE caters for internal Jethro Centre clients as well as outside groups regularly, giving participant trainees the opportunity to learn catering in addition to cooking, serving, using the till, and more.

Café incredABLE @ Jethro decreased total sales by 5% over the 2023-24 financial year, serving 17,112 customer transactions, employed 4 people with a learning disability and/or Autism, and facilitated a further 4 people in voluntary placement.

Café incredABLE @ South Lake

Our flagship café in South Lake Leisure Centre in Craigavon also continues to shine. We are proud of the service we offer at SLLC, and we are even more proud that this café, in addition to having become a community hub, continues to be a place where we offer vocational training, employment, and meaningful daytime activity for individuals with a learning/intellectual disability and/or autism within our café spaces.

Our customer base continues to remain loyal, and we serve as many people who come to the South Lake Leisure Centre just for a coffee or breakfast as we do those who are in the SLLC already for their own purposes and stop by for refreshment before or after.

In March 2024 not only did we continue to trade as normal but also provided catering for the Special Olympics Ireland Winter Games 2024, which resulted in our busiest weekend of trading since opening our doors in November 2020.

Café incredABLE @ South Lake increased the total sales by 8% over the 2023-24 financial year, serving 146,027 customer transactions, employing 9 people with a learning disability and/or Autism, and facilitating a further 9 people in voluntary placement.

Café incredABLE @ Banbridge Leisure Centre

Our café in Banbridge Leisure Centre continues to gain momentum, open 7 days a week offering made to order meals from a carefully-crafted menu. Additionally, the café provides in-house catering for events being held within the centre and the council civic building opposite the centre. On 19 May 2023 we saw our busiest trading day to date catering for the Armagh City, Banbridge, & Craigavon Local Election Count Centre.

Café incredABLE @ Banbridge had a total of 35,822 customer transactions, employed 3 people with a learning disability and/or Autism, and facilitated a further 3 in voluntary placement.

incredABLE Mourne Centre

The incredABLE Mourne Centre, Ballinran is used by incredABLE's groups for residential and holidays as well as being open on a self-catering residential basis to outside charitable groups. During the year we applied for a TourismNI Hostel grading and were awarded a coveted 4-star rating.

PeacePlus HEROES+ Project

incredABLE is always working to expand our impact and community offerings, and just prior to Christmas 2023 we were awarded funding for an exciting new project - taking part in the PEACEPLUS Youth Heroes+ programme. The projects objective is to promote and inspire participants from different backgrounds to build, maintain and manage strong positive relationships and collective identities, developing their potential and providing safe spaces for them to contribute to building an inclusive and cohesive society.

While many peace-building initiatives work across Northern Ireland, the Heroes+ programme is unique in offering those opportunities to young people with a learning disability and/or additional support needs, or those who are excluded from school.

Heroes+ is working with 12 cohorts per year, partnering with a number of organisations to provide quality programming. incredABLE is partnering with Heroes+ to deliver two cohorts per year, over a four-year period, in the Southern HSCT area and Monaghan. Over the 2023-24 financial year this resulted in the creation multiple funded positions including four full-time youth workers at incredABLE as well as two part-time youth work assistants. We are incredABLE-y excited to see this project through and report on the outcomes we see in our participants.

Financial Review
Our accounts for the year show a surplus of £40,751 for the year, which has increased the total fund balance carried forward. The Statement of Financial Activities for the year is detailed on page 12. The Board have examined the charity's requirements for reserves in light of the main risks of the organisation and established a policy whereby the unrestricted funds not committed or invested in fixed assets held by the charity should be between three and six months of expenditure. The Trustees have a strategy in place to build reserves through planned operating surpluses.

Financial Results
At the end of the financial year the company has assets of £1,181,301 (2023 - £1,219,675) and liabilities of £75,308 (2023 - £154,433). The net assets of the company have increased by £40,751.

Principal Risks and Uncertainties
incredABLE has a risk management strategy in place which is reviewed and updated each quarter by the management team and then presented and discussed at each board meeting. A risk register has been established. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Trustees
The trustees who served throughout the financial year, except as noted, were as follows:

Michael Joseph Best
Susan Margaret Best
Kathleen Elizabeth Courtenay
Edwin Graham
Peter Hanna
Deborah Suzanne Hoy Wilkinson (Resigned 17 April 2023)
David Hughes (Resigned 17 April 2023)
Lisa Mallon
Anne Mairead McAlinden
Emma Louise Mooney
Carla Smyth
Dr Alan Manson Turtle
Bernadette McKeown

In accordance with the Articles of Association, the directors retire by rotation and, being eligible, offer themselves for re-election.

The secretary who served during the financial year was:

Mr. Nigel Robert Hampton

Compliance with Sector-Wide Legislation and Standards
- The Companies Act 2006
- The Charities SORP (FRS 102)

Public Benefit
The direct benefits which flow from our purposes include improvement in the wellbeing, self-esteem and quality of life for children and adults with a Learning/ Intellectual Disability as well as a reduction of anxiety and stress amongst carers of children and adults with a Learning/ Intellectual Disability. These benefits are demonstrated through our feedback from children and adults with a Learning/ Intellectual Disability and their carers; service evaluation forms; and compiled and summarised in our annual report. These purposes does not lead to harm. The charity's beneficiaries are children and adults with a Learning/ Intellectual Disability in the Southern Health & Social Care Trust Area. They also include family members and carers of those who are diagnosed with a Learning/ Intellectual Disability. A private benefit flowing from these purposes is that gained by a Trustee who also has a son or daughter who uses the support services. This trustee applies for and is assigned support in the same way as all other beneficiaries. This benefit is incidental and necessary to ensure the benefit is provided to our beneficiaries.

The Auditors
The auditors, Daly Park & Company Ltd, (Chartered Accountants) have indicated their willingness to continue in office in accordance with the provisions of Section 485 of the Companies Act 2006.

Approved by the Board of Trustees on 16th December 2024 **and signed on its behalf by:**

Alan M. Turtle

Dr Alan Manson Turtle
Director

incredABLE
(A company limited by guarantee, not having a share capital)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2024

The trustees, who are also directors of incredABLE for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006 and. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the trustees have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Approved by the Board of Trustees on 16th December 2024 **and signed on its behalf by:**

Alan N Turtle

Dr Alan Manson Turtle
Director

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

Report on the audit of the financial statements

Opinion
We have audited the company financial statements of incredABLE ('the company') for the financial year ended 31 March 2024 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion, when reporting in accordance with a fair presentation framework the financial statements:
- give a true and fair view of the state of the company's affairs as at 31 March 2024 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act (Northern Ireland) 2008.

Basis for opinion
We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information
The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinion on other matter prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of the audit:
- the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Annual Report has been prepared in accordance with applicable legal requirements.

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

Matters on which we are required to report by exception
In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:
- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemption in preparing the Trustees' Annual Report.

Responsibilities of trustees for the financial statements
As explained more fully in the Statement of Trustees' Responsibilities set out on page 7, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

There is an inherent difficulty in detecting irregularities during audit. However the effectiveness of entity's controls, the nature and extent of audit procedures performed, gives us confidence in detecting irregularities.

Further information regarding the scope of our responsibilities as auditor
As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:
- Identify and assess the risks of material misstatement of the , whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Ruairi Maginn (Senior Statutory Auditor)
for and on behalf of
DALY PARK & COMPANY LTD
Chartered Accountants and Registered Auditors
4 Carnegie Street
Lurgan
Co. Armagh
BT66 6AS
Northern Ireland
16/12/24

incredABLE

(A company limited by guarantee, not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)

for the financial year ended 31 March 2024

	Notes	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
Incoming Resources							
Voluntary Income	3.1	-	441,395	441,395	-	476,471	476,471
Activities for generating funds	3.2	6,213	-	6,213	5,960	-	5,960
Investments	3.3	527	-	527	404	-	404
Other income	3.4	420,163	-	420,163	340,081	-	340,081
Total incoming resources		426,903	441,395	868,298	346,445	476,471	822,916
Resources Expended							
Charitable activities	4.1	386,152	441,395	827,547	319,690	476,471	796,161
Net incoming/outgoing resources before transfers		40,751	-	40,751	26,755	-	26,755
Gross transfers between funds		-	-	-	-	-	-
Net movement in funds for the financial year		40,751	-	40,751	26,755	-	26,755
Reconciliation of funds:							
Total funds beginning of the year	16	1,065,242	-	1,065,242	1,038,487	-	1,038,487
Total funds at the end of the year		1,105,993	-	1,105,993	1,065,242	-	1,065,242

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

incredABLE

(A company limited by guarantee, not having a share capital)
Company Number: NI062968

BALANCE SHEET

as at 31 March 2024

	Notes	2024 £	2023 £
Fixed Assets			
Tangible assets	10	**898,284**	865,771
Current Assets			
Debtors	11	**122,657**	133,580
Cash at bank and in hand	12	**165,360**	220,324
		288,017	353,904
Creditors: Amounts falling due within one year	13	**(72,874)**	(132,878)
Net Current Assets		**215,143**	221,026
Total Assets less Current Liabilities		**1,113,427**	1,086,797
Creditors			
Amounts falling due after more than one year	14	**(7,434)**	(21,555)
Total Net Assets		**1,105,993**	1,065,242
Funds			
Designated funds (Unrestricted)		**898,284**	865,771
General fund (unrestricted)		**207,709**	199,471
Total funds	16	**1,105,993**	1,065,242

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Approved by the Board of Trustees and authorised for issue on 16th December 2024 **and signed on its behalf by**

Alan M Turtle

Dr Alan Manson Turtle
Director

incredABLE
STATEMENT OF CASH FLOWS
for the financial year ended 31 March 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Net movement in funds		**40,751**	26,756
Adjustments for:			
Depreciation		**59,606**	42,271
Interest receivable and similar income		**(527)**	(404)
Interest payable and similar expenses		**2,679**	2,647
		102,509	71,270
Movements in working capital:			
Movement in debtors		**15,923**	(62,399)
Movement in creditors		**(43,862)**	18,247
Cash generated from operations		**74,570**	27,118
Interest paid		**(2,679)**	(2,647)
Net cash generated from operating activities		**71,891**	24,471
Cash flows from investing activities			
Interest received		**527**	404
Payments to acquire tangible assets		**(92,119)**	(12,867)
Net cash used in investment activities		**(91,592)**	(12,463)
Cash flows from financing activities			
Repayment of short term loan		**(14,121)**	(13,181)
Advances from subsidiaries/group companies		**(21,142)**	14,109
Net cash (used in)/generated from financing activities		**(35,263)**	928
Net (decrease)/increase in cash and cash equivalents		**(54,964)**	12,936
Cash and cash equivalents at the beginning of the year		**220,324**	207,388
Cash and cash equivalents at the end of the year	**12**	**165,360**	220,324

1. GENERAL INFORMATION

incredABLE is a company limited by guarantee incorporated in Northern Ireland. The registered office of the company is 162 Portadown Road, Richhill, Co. Armagh, BT61 9LJ, Northern Ireland which is also the principal place of business of the company The financial statements have been presented in Pound (£) which is also the functional currency of the company.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation
The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

As permitted by the Companies Act 2006, the company has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance
The financial statements of the company for the financial year ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

Incoming Resources
Voluntary income or capital is included in the Statement of Financial Activities when the company is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the company has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

Resources Expended
All resources expended are accounted for on an accruals basis. Charitable activities include costs of services and grants, support costs and depreciation on related assets. Costs of generating funds similarly include fundraising activities. Non-staff costs not attributed to one category of activity are allocated or apportioned pro-rata to the staffing of the relevant service. Finance, HR, IT and administrative staff costs are directly attributable to individual activities by objective. Governance costs are those associated with constitutional and statutory requirements.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Land and buildings freehold	-	4% Straight line
Plant and machinery	-	20% Straight line
Fixtures, fittings and equipment	-	20% Straight line
Motor vehicles	-	25% Straight line

Debtors
Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the company from government agencies and other co-funders, but not yet received at year end, is included in debtors.

Cash at bank and in hand
Cash at bank and in hand comprises cash on deposit at banks requiring less than three months' notice of withdrawal.

incredABLE
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2024

Taxation
No current or deferred taxation arises as the company has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

3. INCOME

3.1 DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Grant Income	-	441,395	441,395	476,471

3.2 OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Fundraising events	6,213	-	6,213	5,960

3.3 INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Investments	527	-	527	404

3.4 OTHER INCOME

	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Other income	420,163	-	420,163	340,081

4. EXPENDITURE

4.1 CHARITABLE ACTIVITIES

	Direct Costs £	Other Costs £	Support Costs £	2024 £	2023 £
Charity Costs	729,728	-	97,819	827,547	796,161

4.2 SUPPORT COSTS

	Charitable Activities £	2024 £	2023 £
Support Costs	97,819	97,819	89,408

5. ANALYSIS OF SUPPORT COSTS

	2024 £	2023 £
Support Costs	97,819	89,408

6. NET INCOMING RESOURCES

	2024 £	2023 £
Net Incoming Resources are stated after charging/(crediting):		
Depreciation of tangible assets	59,606	42,271
Auditor's remuneration:		
- audit services	3,840	4,240

7. INVESTMENT AND OTHER INCOME

	2024 £	2023 £
Bank interest	**527**	404

8. INTEREST PAYABLE AND SIMILAR CHARGES

	2024 £	2023 £
On bank loans and overdrafts	**2,679**	2,647

9. EMPLOYEES AND REMUNERATION

The staff costs comprise:	2024 £	2023 £
Wages and salaries	**493,713**	470,823
Pension costs	**9,795**	20,561
	503,508	491,384

10. TANGIBLE FIXED ASSETS

	Land and buildings freehold £	Plant and machinery £	Fixtures, fittings and equipment £	Motor vehicles £	Total £
Cost					
At 1 April 2023	936,202	5,648	91,207	56,677	1,089,734
Additions	-	-	4,119	88,000	92,119
At 31 March 2024	936,202	5,648	95,326	144,677	1,181,853
Depreciation					
At 1 April 2023	106,086	4,432	65,291	48,154	223,963
Charge for the financial year	21,656	406	11,420	26,124	59,606
At 31 March 2024	127,742	4,838	76,711	74,278	283,569
Net book value					
At 31 March 2024	**808,460**	**810**	**18,615**	**70,399**	**898,284**
At 31 March 2023	830,116	1,216	25,916	8,523	865,771

Northern Bank Limited holds a charge over property and lands at 42 Ballinran Road, Kilkeel, Co.Down and 162 Portadown Rd, Richhill, which contains fixed and floating charge. The charge was registered on 01/06/2017.
Northern Bank Limited holds a charge over the lands of the company in respect of mortgage totalling £95,000. The charge was created on 12/12/2011.

11. DEBTORS

	2024 £	2023 £
Trade debtors	**106,236**	101,805
Other debtors	**7,589**	8,468
Taxation and social security costs	**5,000**	-
Prepayments and accrued income	**3,832**	23,307
	122,657	133,580

incredABLE
(A company limited by guarantee, not having a share capital)
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 March 2024

12. CASH AND CASH EQUIVALENTS

	2024 £	2023 £
Cash and bank balances	**1,377**	1,106
Cash equivalents	**163,983**	219,218
	165,360	220,324

13. CREDITORS
Amounts falling due within one year

	2024 £	2023 £
Bank loan	**16,800**	16,800
Trade creditors	**6,287**	44,640
Amounts owed to connected parties (Note 18)	**43,437**	64,579
Taxation and social security costs	**-**	1,245
Other creditors	**330**	-
Accruals and deferred income	**6,020**	5,614
	72,874	132,878

14. CREDITORS
Amounts falling due after more than one year

	2024 £	2023 £
Bank loan	**7,434**	21,555
Repayable in one year or less, or on demand (Note 13)	**16,800**	16,800
Repayable between one and two years	**7,434**	21,555
	24,234	38,355

15. RESERVES

	2024 £	2023 £
At the beginning of the year	**1,065,242**	1,038,486
Surplus for the financial year	**40,751**	26,756
At the end of the year	**1,105,993**	1,065,242

16. FUNDS
16.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds £	Total Funds £
At 1 April 2022	1,038,487	1,038,487
Movement during the financial year	26,755	26,755
At 31 March 2023	1,065,242	1,065,242
Movement during the financial year	40,751	40,751
At 31 March 2024	**1,105,993**	**1,105,993**

16.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 April 2023	Income	Expenditure	Transfers between funds	Balance 31 March 2024
	£	£	£	£	£
CFNI - Dept of Health Carers Fund	-	37,500	37,500	-	-
SHSCT	-	372,228	372,228	-	-
BBC Children In Need	-	31,667	31,667	-	-
	-	441,395	441,395	-	-
Unrestricted funds					
Building Fund	865,771	-	-	32,513	898,284
Unrestricted General	199,471	426,903	386,152	(32,513)	207,709
	1,065,242	426,903	(386,152)	-	1,105,993
Total funds	**1,065,242**	**868,298**	**827,547**	**-**	**1,105,993**

16.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use	Current assets	Current liabilities	Long-term liabilities	Total
	£	£	£	£	£
Unrestricted general funds	898,284	283,017	**(67,874)**	**(7,434)**	1,105,993
	898,284	**283,017**	**(67,874)**	**(7,434)**	**1,105,993**

17. STATUS

The company is limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

18. RELATED PARTY TRANSACTIONS

The following amounts are due to other connected parties:

2024	2023
£	£
-	20,000
43,437	44,579
43,437	64,579

IncredABLE Enterprises is a company which is managed and controlled by members/directors of IncredABLE. During the course of the current year a number of transactions were made between the two organisations with the balance of £43,437 is still due to IncredABLE Enterprises at the end of the year. This disclosed in Note 13 and 18 to the financial statements.

19 RECONCILIATION OF NET CASH FLOW TO MOVEMENT IN NET DEBT

	Opening balance	Cash flows	Other changes	Closing balance
	£	£	£	£
Long-term borrowings	(21,555)	-	14,121	(7,434)
Short-term borrowings	(16,800)	14,121	(14,121)	(16,800)
Total liabilities from financing activities	(38,355)	14,121	-	(24,234)
Total Cash at bank and in hand (Note 12)				165,360
Total net debt				141,126

20. TRUSTEE REMUNERATION

None of the Trustees received nor waived any kind of remuneration during the current or previous financial year.

INCREDABLE

Northern Ireland - Charity number 101118

Annual report

incredABLE
(A company limited by guarantee, not having a share capital)
TRUSTEES' ANNUAL REPORT
for the financial year ended 31 March 2024

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the audited financial statements for the financial year ended 31 March 2024.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the trustees of incredABLE present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2024.

Structure, Governance and Management

Structure
incredABLE is a company limited by guarantee and a registered charity. The organisation is governed by the Trustees who delegate the daily operation of the charity to the Chief Executive Officer and management team.

Trustees

Trustees are recruited and appointed at its Annual General Meeting. The process for the appointment of Trustees is outlined in the governing documents. The directors of the organisation are also charity trustees for the purposes of charity law. Each new trustees undergoes an induction process and training in good governance.

Review of Activities, Achievements and Performance

Chief Executives Foreword

Dear friends, supporters, and members of the incredABLE community,

It is with great pride and a sense of accomplishment that we present the incredABLE Annual Report for the year ended 31 March 2024. This report encapsulates the dedication, hard work, and unwavering commitment of our team, partners, and supporters in creating incredible opportunities for individuals with learning/intellectual disabilities and/or autism.

Over the past year, incredABLE has continued to make significant strides in delivering meaningful projects and quality services throughout the Southern Area. We have maintained our support to more than 731 children and adults through a variety of innovative and engaging initiatives.

Our mission to create incredible opportunities for incredABLE people is reflected in every aspect of our work. We are driven by our vision of a society where individuals with learning/intellectual disabilities and/or autism are inspired, empowered, and included. Our values of commitment, collaboration, creativity, and community are the foundation upon which we build our services.

The following pages provide a detailed overview of our projects and services, highlighting the outputs and achievements that have made a tangible difference in the lives of those we support.

As we reflect on the past year, we are reminded of the importance of our work and the positive impact it has on the lives of incredABLE individuals and their families. We are grateful for the continued support of our partners, funders, and the community, which enables us to pursue our mission with passion and determination.

Looking ahead, we remain committed to innovating and expanding our services to meet the evolving needs of those we serve. Together, we will continue to create a society where everyone has the opportunity to be incredABLE.
Thank you for your ongoing support.

Nigel Hampton, CEO

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2024

In the year ended 31 March 2024, incredABLE continued to provide exemplary support services throughout the Southern Area. Specifically, we were able to deliver that support to more than 731 (2022-23: 653) children and adults with a learning/intellectual disability and/or autism through our many exciting projects and services.

Mission:

To create incredible opportunities for incredABLE people! By delivering meaningful projects and quality services in partnership with individuals who have a learning/intellectual disability and/or autism.

Vision:

A society where individuals with a learning/ intellectual disability and/or autism are inspired, empowered and included.

Values:

Commitment
We are passionate and dynamic staff and volunteer team who are committed to people first and supporting individuals to realise their own vision of being incredABLE

Collaboration
We believe in the value of working in collaboration and proactively seek out partnerships to make incredABLE things happen

Creativity
We strive for creativity in our bespoke approach to opportunities so that they are meaningful, participatory and uniquely incredABLE

Community
We see Community as central to the incredABLE experience of inclusion and we work alongside to support engagement, access, and visibility of incredABLE individuals

incredABLE deliver projects and services in the Southern Health and Social Care Trust Area.

Projects & Services, Outputs & Achievements:

Adult Short Breaks (ASB) Service

In partnership with the Southern Health and Social Care Trust Adult Learning Disability Teams, incredABLE delivers the ASB service. Offering a wide range of meaningful activities and experiences, the ASB group residential breaks take place in venues across Northern Ireland. ASB offers both mid-week and weekend breaks in which participants choose everything from the breakfast menu to the activities.

As they make decisions about their time away, individuals on the ASB service socialise with peers, work on compromise and communication skills, practice daily living skills, and take part in many of the activities available across NI, such as attending Belfast Giants matches, visiting forest parks, walking along the beach in Newcastle, and much more. We offer tailored support, ensuring that we have the right staff with each group to ensure every participant has their specific, individual needs met within the group.

During the 2023-24 financial year this service provided 53 Adult Short Breaks, with forty-seven 2-night residentials, two 4-night residentials and four 7-night residentials. A total of 140 participants availed of the service, for an increase of 15% over 2022-23.

BIG (Bespoke Individual and Group) Support Service

For many young people and adults, one to one or small group support is the best option to reach their goals. BIG is a service that provides exactly those options, with a service completely tailored to each individual, focused on their passions, their needs, and supporting them in bringing their dreams to life.

BIG can be as flexible or routine as the individual or group desires, as the plan is agreed with both the individual and their carers. Together, they establish the activities to be undertaken, the schedule, and the exact support an individual needs. Whether accessing live music, going shopping with friends, or getting exercise at the local swimming pool, anything is possible with BIG.

Most people access the BIG service using funds from Direct Payments via Self Directed Support (SDS). 11,069 hours of support were delivered to 74 individuals during the 2023-24 financial year.

Peer Outing Programme (POP)

incredABLE is proud to partner with the Southern Health and Social Care Trust Children and Young People's Disability Teams to offer the Peer Outing Programme. POP focuses on young people as they approach and go through the transition between school and adult services. POP provides social outings with peers while including opportunities for personal growth that serve young people into adulthood. Team building, communication, conflict mediation, and overall improvement in self-confidence are all outcomes that POP participants see over the course of the programme. POP outings take place once a month and can be activity-based or joining in with a community event.

While POP outings take place as a group, the project is still individualised, with specific supports designed to offer participants the chance to fully engage with their peers and their communities. POP gives young people control by making sure all activities are chosen by the young people themselves, promoting a person-centred approach in addition to the social inclusion built into the programme.

During the 2023-24 financial year, twenty-nine POP Saturdays were delivered in three locations as well as five 2-night residentials and a total of 36 participants have availed of the service.

Youth Empowerment Programme (YEP)

YEP is a residential Service designed to support youth in gaining daily life skills in preparation for independent or supported living arrangements after leaving school. Made up of ten 3-day residentials over the course of a year, incredABLE delivers YEP in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams.

YEP focuses on four main areas including:

Personal Development- Learning to be independent and participating in a programme away from home.

Independent Living Skills- These will include key skills such as establishing morning routines, cooking, budgeting, relationships, personal care and home safety.

Social Development- To encourage peer support and increase social skills involving outings and attendance to a range of community and social events.

Self-esteem- The development of independent skills, having the confidence to offer an opinion when planning activities or shopping and feeling positive about reaching goals set.

During the 2022-23 financial year, 10 YEP residentials were delivered with 9 participants taking part in the programme.

Summer scheme

incredABLE's summer scheme is a long-running programme offered to ensure that young people with an intellectual disability and/or Autism are able to take part in the same exciting summer activities as other young people do during the school break. First offered as a pilot programme in 2018, the summer scheme has grown into one of our regular offerings, popular with both young people and their parents alike. Activities include many options that are difficult to access during the school year, with a new outing planned for each day.

The scheme runs for One week in each of the localities of Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne, Mon-Fri 9-5pm, each day and is delivered with the support of the Southern Health & Social Care Trust.

During the 3-week scheme a total of 36 participants availed of this service in the 2023-24 financial year.

ASD Offerings

incredABLE has long been a trusted name in the world of local ASD provision, delivered in partnership with the Southern Health and Social Care Trust. The programme remains a staple for families in the SHSCT area, providing services that offer children and young people with Autism opportunities for socialisation, learning life skills for independent living, and practising important soft skills like cooperation, teamwork, and communication.

The ASD offerings have grown to include three programme strands, each run by staff with many years of experience working with children, youth, and adults on the spectrum.

Strand 1- Saturday clubs

incredABLE's Saturday Clubs are delivered in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams. Saturday clubs are unique in incredABLE's stable of services in providing weekly venue-based activities for children with Autism.

Two sessions are offered every Saturday, giving carers a short break whilst ensuring children have three hours of fun and social activities with peers. Activities change weekly and cover sensory, physical, and creative opportunities. Sessions run from 10am-1pm and from 2pm-5pm.

During the 2023-24 financial year incredABLE's Saturday clubs met 48 times and served 30 participants.

Strand 2- Life Hacks Programme

The life hacks programme took inspiration from our original residential programme, focusing on providing skills for independent living but taking away the pressure of monthly residentials for those who need a more structured program in smaller sections. Life Hacks runs weekly for a total of 10 weeks in each cohort.

During the 2023-24 financial year we provided six 10-week sections of Life Hacks, serving a total of 60 participants.

Strand 3- Community Connections

This youth-centred, asset-based community mapping program offers 15-17 year olds on the spectrum an opportunity to choose local supports they want to explore and plan visits based in three key areas: health and wellness, social networks, and community hubs. Participants have mapped and visited venues such as libraries, banks, transport hubs, gyms and activity groups, leisure and healthcare facilities, and interest-based clubs in their local area.

During the 2023-24 financial year 20 participants availed of two 10-week cycles.

incredABLE-y Caring

Funded by Department of Health and administered by The Community Foundation Northern Ireland, IncredABLE-y caring was designed to give carers a short break from caring whilst providing a meaningful social evening and/or overnight opportunity for the person they care for. Participants had opportunities to engage in planning activities, meals, and outings throughout each programme. Activities included, but were not limited to, bowling, mini golf, cinema, walks in local parks, shopping trips, visiting the Christmas Markets in Belfast, and other community-based outings.

incredABLE-y Caring also provided workshops specifically to carers, offering them some well-deserved 'me time.' Carers sessions were designed to be a break in routine in which carers could try a new activity, engage in a hobby, or simply have a cup of tea and some company without the pressures of caring.

During the 2023/24 financial year there were four 10-week evening programmes, four programmes consisting of six 1-night overnights over a 12-week period, and four evening sessions for carers. A total of 99 participants availed of this programme.

Day Opportunities - incredABLE-y Made

The completion of the 5-year 'we are incredABLE' project towards the end of 2022 provided the context for consolidating efforts around the projects most successful strand - day opportunity provision - as evidenced by project beneficiaries and stakeholders.

incredABLE-y Made, which piloted over the previous 5 years, found purpose and structure as an enterprising day opportunity with a focus on print, production, and packaging activities. The model was required to become self-sustaining and successfully transitioned from a funded to a self-paying fee service by April 2023.

incredABLE-y Made day opportunities have since grown substantially and are designed to provide soft skills development for adults with a learning/intellectual disability and/or Autism with the added values of making friends and building confidence, motivation, and independence in a safe and supportive environment.

Between April 2023 and March 2024, incredABLE-y Made day opportunities maintained and further developed working relationships with other organisations such as Cedar Foundation, People First, and Clanrye offering placements for end-of-programme service users, identified as a primary target group. This financial year also saw incredABLE-y Made connect with other organisations such as Gateway, Mencap, and Caring Breaks, showcasing at Learning Disability Pride (9 June 2023), participating in the 'Do Your Thing' social media video challenge, and featuring at the Waterfronts successful Quirky

Wedding Event. incredABLE-y Made day opportunities also featured on BBC Newsline with Corman Campbell filming on 16th June 2023.

Through targeted marketing and promotion, incredABLE Day Opportunities have become well-known throughout the sector. The service has proved attractive to key workers in other organisations particularly as they searched out new skills-based opportunities for young adults who may otherwise fall through the known gap in service that exists for SEN school leavers.

incredABLE-y made as an enterprising day opportunity concept continues to enhance service provision and fill gaps connecting with many organisations across the public, private and voluntary sectors, most notable of these have been collaborations with ABC Council, Lord Mayor's Office, BNI Events Company, SENI Awards, Ulster Carpets, Camping NI, Open Farm Week, Messy Play NI and securing packaging contract with Farringford Foods....as well as many more, all of which are adding profile and in turn generating meaningful activity for our incredABLE participants.

By February 2024, the incredABLE-y made team required additional staff to support the strategic direction of day opportunities and two new roles were developed and recruited in Marketing Administration and Production Coordination. These roles have benefited the agenda of growth significantly.

During the 2023 – 2024 financial year, incredABLE day opportunities delivered meaningful activity to 45 participants, 6 days per week, across 4 sites, equating to 12,690 hours annually. Most individuals accessing the service are self-funded using direct payments via Self Direct Support (SDS).

incredABLE Black Moon – Evening Opportunity

October 2023 heralded the return of incredABLE Black Moon Disco following a 3-year hiatus owing to the Covid 19 pandemic.

The anticipated re-launch marked an extra special occasion which treated attendees to a 'Spooktacular' Halloween themed event on Friday 27th October 2023 at Armagh City Hotel and paid tribute to DJ Chill (Phil Cheung) who helped establish the disco in 2018 and sadly lost his life in Nov 2021 following short cancer battle.

The fundraising event which celebrated Phil, emphasised a monster raffle, costume/fancy dress, music choice, room décor and extra's such as a photobooth and professional photographer saw approximately 150 attendees come through the Fringe Lounge doors. It was a truly memorable occasion which generated the idea of theming discos going forward as an alternative to monthly discos which hadn't previously attracted those numbers...

Between April 2023 and March 2024, the incredABLE Black Moon team delivered three discos themed respectively around Halloween (relaunch Oct 2023) Christmas (Dec 2023) and Valentines Day (Feb 2024). It was agreed that discos would take place bi-monthly moving forward (reducing from 12 to 6) with more significance placed on theming room, music choice and adding extras. This decision proved to be a successful one with attendance figures remaining in and around the initial relaunch set.

Door entry remained the same at £5.00 per individual, parent/carer donation optional and the team have been delighted to report that each disco, while retaining its usual crowd has also attracted new guests and a new following.

IncredABLE Black Moon remains a core component of incredABLE's evening social provision for adults with learning/intellectual disabilities and/or autism attracting individuals from right across the Southern Health and Social Care Trust area and beyond.

Armagh City Hotel continues as host venue while the enhanced format maintains the opportunity for participants to socialise with peers, make new friends and develop confidence within a modern, positive, fun and safe environment.

Café incredABLE @ Jethro

Our café in the Jethro Centre is running strong, open 5 days a week offering made to order meals from a carefully-crafted menu. Additionally, Café incredABLE caters for internal Jethro Centre clients as well as outside groups regularly, giving participant trainees the opportunity to learn catering in addition to cooking, serving, using the till, and more.

Café incredABLE @ Jethro decreased total sales by 5% over the 2023-24 financial year, serving 17,112 customer transactions, employed 4 people with a learning disability and/or Autism, and facilitated a further 4 people in voluntary placement.

Café incredABLE @ South Lake

Our flagship café in South Lake Leisure Centre in Craigavon also continues to shine. We are proud of the service we offer at SLLC, and we are even more proud that this café, in addition to having become a community hub, continues to be a place where we offer vocational training, employment, and meaningful daytime activity for individuals with a learning/intellectual disability and/or autism within our café spaces.

Our customer base continues to remain loyal, and we serve as many people who come to the South Lake Leisure Centre just for a coffee or breakfast as we do those who are in the SLLC already for their own purposes and stop by for refreshment before or after.

In March 2024 not only did we continue to trade as normal but also provided catering for the Special Olympics Ireland Winter Games 2024, which resulted in our busiest weekend of trading since opening our doors in November 2020.

Café incredABLE @ South Lake increased the total sales by 8% over the 2023-24 financial year, serving 146,027 customer transactions, employing 9 people with a learning disability and/or Autism, and facilitating a further 9 people in voluntary placement.

Café incredABLE @ Banbridge Leisure Centre

Our café in Banbridge Leisure Centre continues to gain momentum, open 7 days a week offering made to order meals from a carefully-crafted menu. Additionally, the café provides in-house catering for events being held within the centre and the council civic building opposite the centre. On 19 May 2023 we saw our busiest trading day to date catering for the Armagh City, Banbridge, & Craigavon Local Election Count Centre.

Café incredABLE @ Banbridge had a total of 35,822 customer transactions, employed 3 people with a learning disability and/or Autism, and facilitated a further 3 in voluntary placement.

incredABLE Mourne Centre

The incredABLE Mourne Centre, Ballinran is used by incredABLE's groups for residential and holidays as well as being open on a self-catering residential basis to outside charitable groups. During the year we applied for a TourismNI Hostel grading and were awarded a coveted 4-star rating.

PeacePlus HEROES+ Project

incredABLE is always working to expand our impact and community offerings, and just prior to Christmas 2023 we were awarded funding for an exciting new project - taking part in the PEACEPLUS Youth Heroes+ programme. The projects objective is to promote and inspire participants from different backgrounds to build, maintain and manage strong positive relationships and collective identities, developing their potential and providing safe spaces for them to contribute to building an inclusive and cohesive society.

While many peace-building initiatives work across Northern Ireland, the Heroes+ programme is unique in offering those opportunities to young people with a learning disability and/or additional support needs, or those who are excluded from school.

Heroes+ is working with 12 cohorts per year, partnering with a number of organisations to provide quality programming. incredABLE is partnering with Heroes+ to deliver two cohorts per year, over a four-year period, in the Southern HSCT area and Monaghan. Over the 2023-24 financial year this resulted in the creation multiple funded positions including four full-time youth workers at incredABLE as well as two part-time youth work assistants. We are incredABLE-y excited to see this project through and report on the outcomes we see in our participants.

Financial Review
Our accounts for the year show a surplus of £40,751 for the year, which has increased the total fund balance carried forward. The Statement of Financial Activities for the year is detailed on page 12. The Board have examined the charity's requirements for reserves in light of the main risks of the organisation and established a policy whereby the unrestricted funds not committed or invested in fixed assets held by the charity should be between three and six months of expenditure. The Trustees have a strategy in place to build reserves through planned operating surpluses.

Financial Results
At the end of the financial year the company has assets of £1,181,301 (2023 - £1,219,675) and liabilities of £75,308 (2023 - £154,433). The net assets of the company have increased by £40,751.

Principal Risks and Uncertainties
incredABLE has a risk management strategy in place which is reviewed and updated each quarter by the management team and then presented and discussed at each board meeting. A risk register has been established. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Trustees
The trustees who served throughout the financial year, except as noted, were as follows:

Michael Joseph Best
Susan Margaret Best
Kathleen Elizabeth Courtenay
Edwin Graham
Peter Hanna
Deborah Suzanne Hoy Wilkinson (Resigned 17 April 2023)
David Hughes (Resigned 17 April 2023)
Lisa Mallon
Anne Mairead McAlinden
Emma Louise Mooney
Carla Smyth
Dr Alan Manson Turtle
Bernadette McKeown

In accordance with the Articles of Association, the directors retire by rotation and, being eligible, offer themselves for re-election.

The secretary who served during the financial year was:

Mr. Nigel Robert Hampton

Compliance with Sector-Wide Legislation and Standards
- The Companies Act 2006
- The Charities SORP (FRS 102)

Public Benefit
The direct benefits which flow from our purposes include improvement in the wellbeing, self-esteem and quality of life for children and adults with a Learning/ Intellectual Disability as well as a reduction of anxiety and stress amongst carers of children and adults with a Learning/ Intellectual Disability. These benefits are demonstrated through our feedback from children and adults with a Learning/ Intellectual Disability and their carers; service evaluation forms; and compiled and summarised in our annual report. These purposes does not lead to harm. The charity's beneficiaries are children and adults with a Learning/ Intellectual Disability in the Southern Health & Social Care Trust Area. They also include family members and carers of those who are diagnosed with a Learning/ Intellectual Disability. A private benefit flowing from these purposes is that gained by a Trustee who also has a son or daughter who uses the support services. This trustee applies for and is assigned support in the same way as all other beneficiaries. This benefit is incidental and necessary to ensure the benefit is provided to our beneficiaries.

The Auditors
The auditors, Daly Park & Company Ltd, (Chartered Accountants) have indicated their willingness to continue in office in accordance with the provisions of Section 485 of the Companies Act 2006.

Approved by the Board of Trustees on 16th December 2024 **and signed on its behalf by:**

Alan M. Turtle

Dr Alan Manson Turtle
Director

incredABLE
(A company limited by guarantee, not having a share capital)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2024

The trustees, who are also directors of incredABLE for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006 and. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the trustees have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Approved by the Board of Trustees on 16th December 2024 **and signed on its behalf by:**

Alan N Turtle

Dr Alan Manson Turtle
Director

INCREDABLE

Northern Ireland - Charity number 101118

Annual return

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

Report on the audit of the financial statements

Opinion
We have audited the company financial statements of incredABLE ('the company') for the financial year ended 31 March 2024 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion, when reporting in accordance with a fair presentation framework the financial statements:
- give a true and fair view of the state of the company's affairs as at 31 March 2024 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act (Northern Ireland) 2008.

Basis for opinion
We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information
The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinion on other matter prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of the audit:
- the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Annual Report has been prepared in accordance with applicable legal requirements.

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

Matters on which we are required to report by exception
In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:
- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemption in preparing the Trustees' Annual Report.

Responsibilities of trustees for the financial statements
As explained more fully in the Statement of Trustees' Responsibilities set out on page 7, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

There is an inherent difficulty in detecting irregularities during audit. However the effectiveness of entity's controls, the nature and extent of audit procedures performed, gives us confidence in detecting irregularities.

Further information regarding the scope of our responsibilities as auditor
As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:
- Identify and assess the risks of material misstatement of the , whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Ruairi Maginn (Senior Statutory Auditor)
for and on behalf of
DALY PARK & COMPANY LTD
Chartered Accountants and Registered Auditors
4 Carnegie Street
Lurgan
Co. Armagh
BT66 6AS
Northern Ireland
16/12/24

INCREDABLE

Northern Ireland - Charity number 101118

Accounts

Company Number: NI062968
Charity Number: NIC101118



incredABLE

(A company limited by guarantee, not having a share capital)

Annual Report and Audited Financial Statements

for the financial year ended 31 March 2023

Daly Park & Company Ltd
Chartered Accountants and Registered Auditors
4 Carnegie Street
Lurgan
Co. Armagh
BT66 6AS
Northern Ireland

incredABLE
(A company limited by guarantee, not having a share capital)
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REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees	Michael Joseph Best Susan Margaret Best Kathleen Elizabeth Courtenay Edwin Graham Peter Hanna Deborah Suzanne Hoy Wilkinson David Hughes Lisa Mallon Anne Mairead McAlinden Emma Louise Mooney Carla Smyth Dr Alan Manson Turtle
Company Secretary	Mr. Nigel Robert Hampton
Charity Number in Northern Ireland	NIC101118
Company Number	NI062968
Registered Office and Principal Address	162 Portadown Road Richhill Co. Armagh BT61 9LJ Northern Ireland
Auditors	Daly Park & Company Ltd Chartered Accountants and Registered Auditors 4 Carnegie Street Lurgan Co. Armagh BT66 6AS Northern Ireland
Bankers	Danske Bank 39 Market St Lurgan Co. Armagh BT66 6AB Northern Ireland

incredABLE

(A company limited by guarantee, not having a share capital)

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2023

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the audited financial statements for the financial year ended 31 March 2023.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the trustees of incredABLE present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2023.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice (Charities SORP effective January 2015), the organisation has implemented its recommendations where relevant in these financial statements.

Structure, Governance and management

The charity was set up in February 2007 as a company limited by guarantee constituted under the Companies Act 2006 and is also registered with the Charity Commission for Northern Ireland as charitable company under ref NIC101118. The company is governed by its Memorandum and Articles of Association with the principal office of the company located at 162 Portadown Road, Richhill.

The trustees of the company are its directors for the purposes of charity law. IncredABLE is managed by a board of voluntary trustees with experience working in the charitable sector. Trustees are elected and appointed each year and can include representatives from some of the regional statutory agencies with experience working with individuals with autism / learning difficulties. Trustees receive an induction process which includes an explanation of the current and future plans for activity within the charity and guidance on governance and responsibilities of a trustee.

The day to day management of incredABLE is delegated to a management team headed by Nigel Hampton, CEO, which reports to the Board on a regular basis.

The charity's main risk assessed by the board is cashflow and the ability of the company to meet payments when they fall due. A reserves policy has been developed to help smooth cashflow pressure in circumstances where funding ceases or is delayed.

Review of Activities, Achievements and Performance

Chief Executives Foreword

Dear friends, supporters, and members of the incredABLE community,

As we reflect on the achievements and challenges of the past financial year, it is my honour to present this forward for the 2022-23 financial year. The year gone by was marked by resilience, adaptation, and the unwavering commitment of our incredABLE community in the face of the lingering impacts of the Covid-19 pandemic. Our collective efforts enabled us to rebuild and, with great satisfaction, witness a return to pre-pandemic levels of service delivery.

Throughout the year, we navigated the complexities of the pandemic, implementing necessary mitigations to safeguard the well-being of our participants, staff, and volunteers. The positive outcomes, reflected in our key performance indicators across all metrics, are a testament to the dedication and hard work of every individual associated with incredABLE. While we celebrate these achievements, we remain vigilant, cognisant of the economic and well-being challenges persisting in the wake of the pandemic.

The hashtag #incredABLEpeople not only encapsulates the remarkable individuals we serve but also extends to the invaluable contributors who make our organisation thrive. I express my deepest gratitude to our voluntary board of trustees for their wisdom, oversight, and unwavering support. Our incredible team of volunteers, whose skills and experiences defy quantification in monetary terms, have been indispensable in the delivery of our projects and services. Our devoted staff, known for going beyond the call of duty, also deserve special acknowledgment.

As we look ahead to the 2023-24 financial year, we anticipate facing exceptional cost pressures due to the rising cost of living. Inflationary increases pose challenges to both our beneficiaries and our organisation's operational costs. We are committed to diligently working to mitigate these impacts and ensure that our beneficiaries are shielded from the brunt of increased costs.

In the coming year, incredABLE will intensify its efforts to provide meaningful opportunities and high-quality services, shaped by the current and emerging needs of our community. Collaboration with families and individuals will remain central to our approach, emphasising effective support, co-production, and best practices. To meet the growing demand for our projects and services, we will focus on developing a sustainable, growth-oriented, and diverse funding base to fortify our financial resilience.

Our commitment to building an effective, resilient organisation remains steadfast. We will adapt to changing needs, be driven by impact, and continue our dedication to innovation. As we embark on this journey, we extend our gratitude to all those who have supported incredABLE financially during the past year. Your generosity has been instrumental in helping us recover from the financial challenges posed by the Covid-19 pandemic.

Together, with the continued support of foundations, trusts, and individuals, we are poised to make meaningful change and fulfil our mission. Thank you for being an integral part of this incredABLE community.

Warm regards,
Nigel Hampton, Director / CEO

In the year ended 31 March 2023, incredABLE continued to provide exemplary support services throughout the Southern Area. Specifically, we were able to deliver that support to more than 513 (2022-23: 653) children and adults with a learning/intellectual disability and/or autism through our many exciting projects and services.

Mission:

To create incredible opportunities for incredABLE people! By delivering meaningful projects and quality services in partnership with individuals who have a learning/intellectual disability and/or autism.

Vision:

A society where individuals with a learning/ intellectual disability and/or autism are inspired, empowered and included.

Values:

Commitment
We are passionate and dynamic staff and volunteer team who are committed to people first and supporting individuals to realise their own vision of being incredABLE

Collaboration
We believe in the value of working in collaboration and proactively seek out partnerships to make incredABLE things happen

Creativity
We strive for creativity in our bespoke approach to opportunities so that they are meaningful, participatory and uniquely incredABLE

Community
We see Community as central to the incredABLE experience of inclusion and we work alongside to support engagement, access, and visibility of incredABLE individuals

incredABLE deliver projects and services in the Southern Health and Social Care Trust Area.

Projects & Services, Outputs & Achievements:

Adult Short Breaks (ASB) Service

In partnership with the Southern Health and Social Care Trust Adult Learning Disability Teams, incredABLE delivers the ASB service. In fulfilling its dual aims of providing respite for carers and shattering the mold of bed-based respite to offer a wide range of meaningful activities and experiences, the ASB service offers group residential breaks in venues across Northern Ireland. ASB offers both mid-week and weekend breaks in which participants take the lead, choosing what they want to do, when, and where.

As they make decisions about their time away, individuals on the ASB service socialise with peers, work on compromise and communication skills, practice daily living skills, and take part in many of the activities available across NI, such as attending Belfast Giants matches, visiting forest parks, walking along the beach in Newcastle, and much more. We offer tailored support, ensuring that we have the right staff with each group to ensure every participant has their specific, individual needs met within the group.

During the 2022-2023 financial year there have been 54 ASB residentials. 48 x 2-night residentials, 2 x 3-night residential and 4 x 7-night residentials, and a total of 125 participants have availed of the service.

BIG (Bespoke Individual and Group) Support Service

For many young people and adults, one to one or small group support is the best option to reach their goals. BIG is a service that provides exactly those options, with a service completely tailored to each individual, focused on their passions, their needs, and supporting them in bringing their dreams to life.

BIG can be as flexible or routine as the individual or group desires, as the plan is agreed with both the individual and their carers. Together, they establish the activities to be undertaken, the schedule, and the exact support an individual needs. Whether accessing live music, going shopping with friends, or getting exercise at the local pool, anything is possible with BIG. Most people access the BIG service using funds from Direct Payments via Self Directed Support (SDS). 13,332 hours of support were delivered to 72 individuals during the 2022-23 financial year.

Peer Outing Programme (POP)

incredABLE is proud to partner with the Southern Health and Social Care Trust Children and Young People's Disability Teams to offer the Peer Outing Programme. POP is a service focused on young people as they approach and go through the transition between school and adult services. It provides social outings with peers and a number of opportunities for personal growth that serves the young people into adulthood including team building, communication, conflict mediation, and overall improvement in self-confidence. POP outings take place once a month and can be activity based or joining in with a community event.

While POP outings take place as a group, the project is still individualised, with specific supports designed to offer participants the chance to fully engage with their peers and their communities. POP gives young people control by making sure all activities are chosen by the young people themselves, promoting a person-centred approach in addition to the social inclusion built into the programme.

During the 2022-23 financial year, 27 POP Saturdays were delivered in 3 locations and 6, 2-night residentials.

Youth Empowerment Programme (YEP)

YEP is a residential service made up of ten 3-day residentials over the course of a year. We deliver YEP in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams and focuses on daily life skills in preparation for the possibility of independent or supported living arrangements once participants leave school. The four main areas YEP focuses on include:

- Personal Development- Learning to be independent and participating in a programme away from home.
- Independent Living Skills- These will include key skills such as establishing morning routines, cooking, budgeting, relationships, personal care and home safety.
- Social Development- To encourage peer support and increase social skills involving outings and attendance to a range of community and social events.
- Self-esteem- The development of independent skills, having the confidence to offer an opinion when planning activities or shopping and feeling positive about reaching goals set.

During the 2022-23 financial year, 10 YEP residentials were delivered and a total of 19 participants have availed of the service.

Saturday clubs

Saturday Clubs still stand as one of our newest services, only developed three years ago and now delivered in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams. Saturday clubs are unique in incredABLE's portfolio of services in providing weekly opportunities for venue-based activities.

Each Saturday, 2 separate sessions give carers a short break while making sure children have 3 hours of fun with their peers. Activities change weekly and cover sensory, physical, and creative opportunities. Sessions run from 10am-1pm and from 2pm-5pm.

During the 2022-23 financial year a total of 33 participants have availed of the service.

Summer scheme

Summer is traditionally a time for children and young people to avail of new, exciting activities they cannot access during the school year. For many young people with an intellectual disability and/or autism, that isn't possible due to a lack of supports. Over the past few years, incredABLE has sought to alleviate that concern by offering a 3-week summer scheme, delivered in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams.

The scheme runs for 1 week in each of the localities of Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne, Mon-Fri 9-5pm, each day and is delivered with the support of the Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne, Mon-Fri 9-5pm, each day.

During the 3-week scheme a total of 37 participants have availed of the service.

ASD

Strand One- ASD Life skills development residentials

This strand aims to provide support to young people with a diagnosis of ASD to develop independent living skills and life skills through an agreed programme, focusing on four distinct areas: Personal Development, Independent Living skills, Social Development & Building self-confidence, and self-esteem. During the year, two cohorts of 12 young people undertook a series of 6 residentials.

Strand Two- ASD Social Saturdays

The strand aims to provide support to young people with a diagnosis of ASD to develop independent living skills and life skills, through an agreed Saturday programme. It offers young people the chance to engage with peers outside of a school environment and as a group choose a range of different monthly activities that they would like to be part off. During the year, two cohorts of 12 young people undertook a series of 12 whole Saturday activity trips.

Strand Three- ASD Evening life skills programme

The strand aims to provide support to young people with a diagnosis of ASD to develop independent living skills and life skills, through an agreed 10-week evening programme. It offers young people the chance to engage with peers outside of a school environment and as a group choose a range of different weekly activities that they would like to be part off. During the year, four cohorts of 12 young people undertook a series of 10 evenings together.

ASD services are commissioned by the Southern Health & Social Care Trust and referrals are made through the ASD CAMHS Connect team.

During the 2022-23 financial year a total of 119 participants have availed of the ASD services strands.

We are incredABLE project

Strand One—incredABLE-y Made

IncredABLE-y Made is a social enterprise service that has grown and developed over the last six years to become a successful chocolate production venture. It offers a whole day opportunity in which participants learn and cultivate transferrable skills of production, packaging, and print that can be used across a wide range of employment opportunities. By offering meaningful, skills-based activities for young adults with an intellectual/learning disability and/or Autism, incred-ABLE-y made fills a need in the community while focused on the future goals of the trainees.

Currently incredABLE-y Made runs across three sites - Richhill Enterprise Hub, Tamnamore in Dungannon, and Jethro Community Centre in Lurgan - and all five weekdays, ensuring the opportunity is available to a wide range of trainees and meets all their needs.

Our most popular product is our luxury Belgian chocolate lollies are individually hand poured and handtied by our trainees and we are thankful to the many corporate customers for which we have created branded bespoke lollies for their business, and as a wedding favour for couples getting married, and for other special occasions. Sales increased by 138% in 2022-23 financial year.

Strand Two — incredABLE Me

IncredABLE Me facilitates independent living through a daily living skills project for adults with a learning/intellectual disability and/or Autism. Through learning cooking, safety, household skills, and more participants in this project achieve improved self-confidence as well as the ability to be active participants in the running of their homes.

The living skills programme runs over 16 weeks, working with small groups of young adults in order to give them one on one instruction leading to a better understanding of the topics covered over the duration of the course. Additionally, two residentials and one day trip give participants a chance to be assessed before the course ends so that we can focus further on areas of need while they continue to hone their skills in new ways and situations.

Strand Three — incredABLE Together

incredABLE Together is the social strand of the We Are incredABLE project, giving participants a social outlet to spend needed time with their peers while simultaneously building social skills to benefit their lives. Particularly important to these young adults is that they have left school and are often disconnected from their social circle. IncredABLE Together ensures that they create new social connections and have an opportunity to keep those connections thriving.

Social clubs took place in three areas, including Craigavon, Banbridge, and Keady. They meet weekly with different young adults taking part every other week to serve more participants. Participants also have a chance to take part in an end of year residential where they socialise for a longer period of time and get to experience new adventure-based activities that build group rapport.

During the 2022-23 financial year a total of 64 participants have availed of the We are incredABLE project. December 2022 marked the conclusion of the 6-year National Lottery Community Fund funding for the We are incredABLE project. As part of the exit strategy of this project, many former participants have transitioned to other service areas over the year and continues to be engaged and supported by incredABLE. Further work is ongoing to transition those individuals who have been involved in the project this year to existing or new service provision within incredABLE.

Café incredABLE @ Jethro

Our Café in the Jethro Centre is running strong, open 5 days a week offering made to order meals from a carefully-crafted menu. Additionally, Café incredABLE caters for internal Jethro Centre clients as well as outside groups regularly, giving participant trainees the opportunity to learn catering in addition to cooking, serving, using the till, and more.

Café incredABLE @ Jethro increased the total sales by 36% for the 2022-23 financial year, serving 18,102 customer transactions, but most importantly, employing and supporting 7 individuals with a learning/intellectual disability and/or autism.

Café incredABLE @ South Lake

Our flagship Café in South Lake Leisure Centre (SLLC) in Craigavon also continues to shine. We are proud of the service we offer at SLLC, and we are even more proud that this café, in addition to having become a community hub, continues to be a place where we offer training, employment, and meaningful daytime activity for individuals with a learning/intellectual disability and/or autism within our café spaces.

Our customer base continues to remain loyal, and we serve as many people who come to the South Lake Leisure Centre just for a coffee or breakfast as we do those who are in the SLLC already for their own purposes and stop by for refreshment before or after.

Café incredABLE @ South Lake increased the total sales by 10% for 2022-23 financial year, serving 135,463 customer transactions, but most importantly, employing and supported 13 individuals with a learning/intellectual disability and/or autism.

Café incredABLE @ Banbridge Leisure Centre

Through our successful collaboration with Armagh City, Banbridge and Craigavon Borough Council we were awarded the tender to operate a third café on the first floor of Banbridge Leisure Centre and Café incredABLE @ Banbridge Leisure Centre launched on the 7th November 2022. Our social enterprise cafes have gained traction as a means of achieving social impact while sustaining a profitable business model. A cafe designed to accommodate individuals with learning/intellectual disabilities and autism serves as an inclusive space and an employment platform for this underserved community. This latest development for the charity further extended our geographical reach to another town within our area of operation and provides much needed additional provision for individuals with a learning/intellectual disability and/or autism. The café has created seven new jobs and is open seven days a week serving a range of freshly made hot and cold options as well as in-house catering for events being held within the centre.

incredABLE Mourne Centre

The incredABLE Mourne Centre, Ballinran is used by incredABLE's groups for residential and holidays as well as being open on a self-catering residential basis to outside charitable groups. We continue to increase occupancy rates, with an increase of 15% this year over last.

Both our own groups and outside groups praise the centre for being comfortable with wonderful amenities and within easy distance of many attractions.

Financial Review
The current year financial results have shown an increase in both income and associated costs. Income is £822,916 (2022 £752,452), an increase of £70,464 (9.36%) Expenditure is £796,161 (2022 £694,024), an increase of £102,137 (14.72%). An operating surplus of £26,755 is recorded for the year compared to a surplus of £58,428 in 2022. These increases are a result of increased participation in projects and activities and additional staffing and other associated costs required to deliver the projects.

The trustees are satisfied that these results are in line with anticipated budgets and provide a basis for building reserves towards the targeted free reserves target.

Reserves policy
A reserves policy has been formulated to explain the rationale for holding reserves and the level of reserves that is appropriate for the charity. The trustees review this on an annual basis and believe a free reserve target of three months running costs would be appropriate, i.e.. Approx. £200,000.

Trustees
The trustees who served throughout the financial year, except as noted, were as follows:

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2023

Michael Joseph Best
Susan Margaret Best
Kathleen Elizabeth Courtenay
Edwin Graham
Peter Hanna
Deborah Suzanne Hoy Wilkinson
David Hughes
Lisa Mallon
Anne Mairead McAlinden
Emma Louise Mooney
Carla Smyth
Dr Alan Manson Turtle

In accordance with the Articles of Association, the directors retire by rotation and, being eligible, offer themselves for re-election. The charity also recruits new trustees when required

The secretary who served during the financial year was:

Mr. Nigel Robert Hampton

Compliance with Sector-Wide Legislation and Standards
The company engages pro-actively with legislation, standards and codes which are developed for the sector. incredABLE subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Public Benefit
The direct benefits which flow from our purposes include improvement in the wellbeing, self-esteem and quality of life for children and adults with a Learning/ Intellectual Disability as well as a reduction of anxiety and stress amongst carers of children and adults with a Learning/ Intellectual Disability. These benefits are demonstrated through our feedback from children and adults with a Learning/ Intellectual Disability and their carers; service evaluation forms; and compiled and summarised in our annual report. These purposes does not lead to harm. The charity's beneficiaries are children and adults with a Learning/ Intellectual Disability in the Southern Health & Social Care Trust Area. They also include family members and carers of those who are diagnosed with a Learning/ Intellectual Disability. A private benefit flowing from these purposes is that gained by a Trustee who also has a son or daughter who uses the support services. This trustee applies for and is assigned support in the same way as all other beneficiaries. This benefit is incidental and necessary to ensure the benefit is provided to our beneficiaries.

Auditors
The auditors, Daly Park & Company Ltd, (Chartered Accountants) have indicated their willingness to continue in office in accordance with the provisions of Section 485 of the Companies Act 2006.

Approved by the Board of Trustees on 11th December 2023 and signed on its behalf by:

Dr Alan Manson Turtle
Director

incredABLE

(A company limited by guarantee, not having a share capital)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2023

The trustees, who are also directors of incredABLE for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006 and. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the trustees have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Approved by the Board of Trustees on 11th December 2023 and signed on its behalf by:



Dr Alan Manson Turtle
Director

INDEPENDENT AUDITOR'S REPORT

to the Members of incredABLE

(A company limited by guarantee, not having a share capital)

Report on the audit of the financial statements

Opinion

We have audited the company financial statements of incredABLE ('the company') for the financial year ended 31 March 2023 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including the summary of significant accounting policies set out in note 3. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion, when reporting in accordance with a fair presentation framework the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2023 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act (Northern Ireland) 2008.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Annual Report has been prepared in accordance with applicable legal requirements.

INDEPENDENT AUDITOR'S REPORT
to the Members of incredABLE
(A company limited by guarantee, not having a share capital)

Matters on which we are required to report by exception
In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:
- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemption in preparing the Trustees' Annual Report.

Responsibilities of trustees for the financial statements
As explained more fully in the Statement of Trustees' Responsibilities set out on page 7, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

There is an inherent difficulty in detecting irregularities during audit. However the effectiveness of entity's controls, the nature and extent of audit procedures performed, gives us confidence in detecting irregularities.

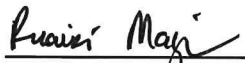
Further information regarding the scope of our responsibilities as auditor
As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:
- Identify and assess the risks of material misstatement of the , whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

INDEPENDENT AUDITOR'S REPORT

to the Members of incredABLE

(A company limited by guarantee, not having a share capital)

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Ruairi Maginn (Senior Statutory Auditor)
for and on behalf of
DALY PARK & COMPANY LTD
Chartered Accountants and Registered Auditors
4 Carnegie Street
Lurgan
Co. Armagh
BT66 6AS
Northern Ireland

11th December 2023

incredABLE

(A company limited by guarantee, not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)
for the financial year ended 31 March 2023

	Notes	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total 2023 £	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total 2022 £
Incoming Resources							
Voluntary Income	4.1	-	476,471	476,471	-	467,466	467,466
Activities for generating funds	4.2	5,960	-	5,960	25,126	-	25,126
Investments	4.3	404	-	404	453	-	453
Other income	4.4	340,081	-	340,081	259,407	-	259,407
Total incoming resources		346,445	476,471	822,916	284,986	467,466	752,452
Resources Expended							
Charitable activities	5.1	319,690	476,471	796,161	217,558	476,466	694,024
Net incoming/outgoing resources before transfers		26,755	-	26,755	67,428	(9,000)	58,428
Gross transfers between funds		-	-	-	-	-	-
Net movement in funds for the financial year		26,755	-	26,755	67,428	(9,000)	58,428
Reconciliation of funds							
Balances brought forward at 1 April 2022	16	1,038,487	-	1,038,487	971,058	9,000	980,058
Balances carried forward at 31 March 2023		1,065,242	-	1,065,242	1,038,486	-	1,038,486

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

incredABLE

(A company limited by guarantee, not having a share capital)
Company Number: NI062968

BALANCE SHEET

as at 31 March 2023

	Notes	2023 £	2022 £
Fixed Assets			
Tangible assets	11	**865,771**	895,175
Current Assets			
Debtors	12	**133,580**	71,181
Cash at bank and in hand		**220,324**	207,388
		353,904	278,569
Creditors: Amounts falling due within one year	13	**(132,878)**	(101,109)
Net Current Assets		**221,026**	177,460
Total Assets less Current Liabilities		**1,086,797**	1,072,635
Creditors			
Amounts falling due after more than one year	14	**(21,555)**	(34,149)
Net Assets		**1,065,242**	1,038,486
Funds			
Unrestricted designated funds		**865,771**	895,175
General fund (unrestricted)		**199,471**	143,311
Total funds	16	**1,065,242**	1,038,486

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Approved by the Board of Trustees and authorised for issue on 11th December 2023 and signed on its behalf by

Dr Alan Manson Turtle
Director

incredABLE
STATEMENT OF CASH FLOWS
for the financial year ended 31 March 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Net movement in funds		**26,756**	58,428
Adjustments for:			
Depreciation		**42,271**	43,037
Interest receivable and similar income		**(404)**	(453)
Interest payable and similar expenses		**2,647**	3,173
		71,270	104,185
Movements in working capital:			
Movement in debtors		**(62,399)**	(35,551)
Movement in creditors		**18,247**	11,103
Cash generated from operations		**27,118**	79,737
Interest paid		**(2,647)**	(3,173)
Cash generated from operations		**24,471**	76,564
Cash flows from investing activities			
Interest received		**404**	453
Payments to acquire tangible assets		**(12,867)**	(25,226)
Net cash generated from investment activities		**(12,463)**	(24,773)
Cash flows from financing activities			
Repayment of short term loan		**(13,181)**	(52,419)
Advances from subsidiaries/group companies		**14,109**	25,527
Net cash generated from financing activities		**928**	(26,892)
Net increase/(decrease) in cash and cash equivalents		**12,936**	24,899
Cash and cash equivalents at 1 April 2022		**207,388**	182,489
Cash and cash equivalents at 31 March 2023	**19**	**220,324**	207,388

2. GENERAL INFORMATION

incredABLE is a company limited by guarantee incorporated in Northern Ireland. The registered office of the company is 162 Portadown Road, Richhill, Co. Armagh, BT61 9LJ, Northern Ireland which is also the principal place of business of the company The financial statements have been presented in Pound Sterling (£) which is also the functional currency of the company.

3. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of preparation
The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

As permitted by the Companies Act 2006, the company has varied the standard formats in that act for the Statement of Financial Activities and the Balance Sheet. Departures from the standard formats are to comply with the requirements of the Charities SORP and are in compliance with section 4.7, 10.6 and 15.2 of that SORP.

Statement of compliance
The financial statements of the company for the financial year ended 31 December 2017 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

Incoming Resources
Voluntary income or capital is included in the Statement of Financial Activities when the company is legally entitled to it, its financial value can be quantified with reasonable certainty and there is reasonable certainty of its ultimate receipt. Entitlement to legacies is considered established when the company has been notified of a distribution to be made by the executors. Income received in advance of due performance under a contract is accounted for as deferred income until earned. Grants for activities are recognised as income when the related conditions for legal entitlement have been met. All other income is accounted for on an accruals basis.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Land and buildings freehold	-	4% Straight line
Plant and machinery	-	20% Straight line
Fixtures, fittings and equipment	-	20% Straight line
Motor vehicles	-	25% Straight line

Debtors
Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the company from government agencies and other co-funders, but not yet received at year end, is included in debtors.

Cash at bank and in hand
Cash at bank and in hand comprises cash on deposit at banks requiring less than three months' notice of withdrawal.

Taxation
No current or deferred taxation arises as the company has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

NOTES TO THE FINANCIAL STATEMENTS

continued

for the financial year ended 31 March 2023

4. INCOME

4.1 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	2023	2022
	£	£	£	£
Grant Income	-	476,471	476,471	467,466

4.2 OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	2023	2022
	£	£	£	£
Fundraising events	5,960	-	5,960	25,126

4.3 INVESTMENTS

	Unrestricted Funds	Restricted Funds	2023	2022
	£	£	£	£
Investments	404	-	404	453

4.4 OTHER INCOME

	Unrestricted Funds	Restricted Funds	2023	2022
	£	£	£	£
Other income	340,081	-	340,081	259,407

5. EXPENDITURE

5.1 CHARITABLE ACTIVITIES

	Direct Costs	Other Costs	Support Costs	2023	2022
	£	£	£	£	£
Charity Costs	736,974	-	59,187	796,161	694,024

5.2 SUPPORT COSTS

	Charitable Activities	2023	2022
	£	£	£
Support Costs	59,187	59,187	57,991

6. ANALYSIS OF SUPPORT COSTS

	2023	2022
	£	£
Support Costs	59,187	57,991

7. NET INCOMING RESOURCES

	2023	2022
	£	£
Net Incoming Resources are stated after charging/(crediting):		
Depreciation of tangible assets	42,271	43,037
Auditor's remuneration:		
- audit services	4,240	3,700
COVID Support Grants received	-	(8,852)

continued

8. INVESTMENT AND OTHER INCOME

	2023	2022
	£	£
COVID Support grants received	-	8,852
Bank interest	404	453
	404	9,305

9. INTEREST PAYABLE AND SIMILAR CHARGES

	2023	2022
	£	£
On bank loans and overdrafts	2,647	3,173

10. EMPLOYEES AND REMUNERATION

No remuneration was paid to any trustee in the current or previous financial year.

Number of employees
The average number of persons employed (including executive trustees) during the financial year was as follows:

	2023	2022
	Number	Number
Employees	20	20

The staff costs comprise:	2023	2022
	£	£
Wages and salaries	470,823	411,310
Pension costs	20,561	19,962
	491,384	431,272

11. TANGIBLE FIXED ASSETS

	Land and buildings freehold	Plant and machinery	Fixtures, fittings and equipment	Motor vehicles	Total
	£	£	£	£	£
Cost					
At 1 April 2022	936,202	5,648	78,340	56,677	1,076,867
Additions	-	-	12,867	-	12,867
At 31 March 2023	936,202	5,648	91,207	56,677	1,089,734
Depreciation					
At 1 April 2022	84,430	4,026	53,606	39,630	181,692
Charge for the financial year	21,656	406	11,685	8,524	42,271
At 31 March 2023	106,086	4,432	65,291	48,154	223,963
Net book value					
At 31 March 2023	**830,116**	**1,216**	**25,916**	**8,523**	**865,771**
At 31 March 2022	851,772	1,622	24,734	17,047	895,175

continued

Northern Bank Limited holds a charge over property and lands at 42 Ballinran Road, Kilkeel, Co.Down and 162 Portadown Rd, Richhill, which contains fixed and floating charge. The charge was registered on 01/06/2017.
Northern Bank Limited holds a charge over the lands of the company in respect of mortgage totaling £95,000. The charge was created on 12/12/2011.

12. DEBTORS

	2023	2022
	£	£
Trade debtors	**101,805**	58,967
Other debtors	**8,468**	3,481
Prepayments and accrued income	**23,307**	8,733
	133,580	71,181

13. CREDITORS
Amounts falling due within one year

	2023	2022
	£	£
Bank loan	**16,800**	17,387
Trade creditors	**44,640**	15,128
Amounts owed to connected parties (Note 18)	**64,579**	50,470
Taxation and social security costs	**1,245**	13,566
Accruals and deferred income	**5,614**	4,558
	132,878	101,109

14. CREDITORS
Amounts falling due after more than one year

	2023	2022
	£	£
Bank loan	**21,555**	34,149
Repayable in one year or less, or on demand (Note 13)	**16,800**	17,387
Repayable between one and two years	**16,800**	17,387
Repayable between two and five years	**4,755**	16,762
	38,355	51,536

15. RESERVES

	2023	2022
	£	£
At 1 April 2022	**1,038,486**	980,058
Surplus for the financial year	**26,756**	58,428
At 31 March 2023	**1,065,242**	1,038,486

continued

16. FUNDS

16.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds £	Total Funds £
At 1 April 2021	971,058	980,058
Movement during the financial year	67,428	58,428
At 31 March 2022	1,038,487	1,038,487
Movement during the financial year	26,755	26,755
At 31 March 2023	**1,065,242**	**1,065,242**

16.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 April 2022 £	Income £	Expenditure £	Transfers between funds £	Balance 31 March 2023 £
National Lottery Community Fund	-	86,045	86,045	-	-
CFNI - Dept of Health Carers Fund	-	37,500	37,500	-	-
Community Foundation for Northern Ireland	-	4,000	4,000	-	-
SHSCT	-	335,509	335,509	-	-
BBC Children In Need	-	8,417	8,417	-	-
LFT Trust	-	5,000	5,000	-	-
	-	476,471	476,471	-	-
Unrestricted funds					
Building Fund	895,175	-	-	(29,404)	865,771
Unrestricted General	143,312	346,445	319,690	29,404	199,471
	1,038,487	346,445	(319,690)	-	1,065,242
Total funds	**1,038,487**	**822,916**	**796,161**	**-**	**1,065,242**

16.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use £	Current assets £	Current liabilities £	Long-term liabilities £	Total £
Unrestricted general funds	865,771	353,904	**(132,878)**	**(21,555)**	1,065,242
	865,771	**353,904**	**(132,878)**	**(21,555)**	**1,065,242**

17. STATUS

The company is limited by guarantee not having a share capital. The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding £ 1.

continued

18. RELATED PARTY TRANSACTIONS

The following amounts are due to other connected parties:

	2023	2022
	£	£
Related party 1	**20,000**	20,000
Related party 2	**44,579**	30,470
	64,579	50,470

£20,000 of members loan is interest free and is repayable on demand as disclosed above.

IncredABLE Enterprises is a company which is managed and controlled by members/directors of IncredABLE. During the course of the current year a number of transactions were made between the two organisations with the balance of £44,579 (2022 £30,470) is still due to IncredABLE Enterprises at the end of the year. These amounts are included in note 13 .

19. CASH AND CASH EQUIVALENTS

	2023	2022
	£	£
Cash and bank balances	**1,106**	694
Cash equivalents	**219,218**	206,694
	220,324	207,388

20 RECONCILIATION OF NET CASH FLOW TO MOVEMENT IN NET DEBT

	Opening balance	Cash flows	Other changes	Closing balance
	£	£	£	£
Long-term borrowings	(34,149)	-	12,594	(21,555)
Short-term borrowings	(17,387)	13,181	(12,594)	(16,800)
Total liabilities from financing activities	(51,536)	13,181	-	(38,355)
Total Cash at bank and in hand (Note 19)				220,324
Total net debt				181,969

INCREDABLE

Northern Ireland - Charity number 101118

Annual report

incredABLE

(A company limited by guarantee, not having a share capital)

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2023

The trustees present their Trustees' Annual Report, combining the Directors' Report and Trustees' Report, and the audited financial statements for the financial year ended 31 March 2023.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the trustees of incredABLE present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2023.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice (Charities SORP effective January 2015), the organisation has implemented its recommendations where relevant in these financial statements.

Structure, Governance and management

The charity was set up in February 2007 as a company limited by guarantee constituted under the Companies Act 2006 and is also registered with the Charity Commission for Northern Ireland as charitable company under ref NIC101118. The company is governed by its Memorandum and Articles of Association with the principal office of the company located at 162 Portadown Road, Richhill.

The trustees of the company are its directors for the purposes of charity law. IncredABLE is managed by a board of voluntary trustees with experience working in the charitable sector. Trustees are elected and appointed each year and can include representatives from some of the regional statutory agencies with experience working with individuals with autism / learning difficulties. Trustees receive an induction process which includes an explanation of the current and future plans for activity within the charity and guidance on governance and responsibilities of a trustee.

The day to day management of incredABLE is delegated to a management team headed by Nigel Hampton, CEO, which reports to the Board on a regular basis.

The charity's main risk assessed by the board is cashflow and the ability of the company to meet payments when they fall due. A reserves policy has been developed to help smooth cashflow pressure in circumstances where funding ceases or is delayed.

Review of Activities, Achievements and Performance

Chief Executives Foreword

Dear friends, supporters, and members of the incredABLE community,

As we reflect on the achievements and challenges of the past financial year, it is my honour to present this forward for the 2022-23 financial year. The year gone by was marked by resilience, adaptation, and the unwavering commitment of our incredABLE community in the face of the lingering impacts of the Covid-19 pandemic. Our collective efforts enabled us to rebuild and, with great satisfaction, witness a return to pre-pandemic levels of service delivery.

Throughout the year, we navigated the complexities of the pandemic, implementing necessary mitigations to safeguard the well-being of our participants, staff, and volunteers. The positive outcomes, reflected in our key performance indicators across all metrics, are a testament to the dedication and hard work of every individual associated with incredABLE. While we celebrate these achievements, we remain vigilant, cognisant of the economic and well-being challenges persisting in the wake of the pandemic.

The hashtag #incredABLEpeople not only encapsulates the remarkable individuals we serve but also extends to the invaluable contributors who make our organisation thrive. I express my deepest gratitude to our voluntary board of trustees for their wisdom, oversight, and unwavering support. Our incredible team of volunteers, whose skills and experiences defy quantification in monetary terms, have been indispensable in the delivery of our projects and services. Our devoted staff, known for going beyond the call of duty, also deserve special acknowledgment.

As we look ahead to the 2023-24 financial year, we anticipate facing exceptional cost pressures due to the rising cost of living. Inflationary increases pose challenges to both our beneficiaries and our organisation's operational costs. We are committed to diligently working to mitigate these impacts and ensure that our beneficiaries are shielded from the brunt of increased costs.

In the coming year, incredABLE will intensify its efforts to provide meaningful opportunities and high-quality services, shaped by the current and emerging needs of our community. Collaboration with families and individuals will remain central to our approach, emphasising effective support, co-production, and best practices. To meet the growing demand for our projects and services, we will focus on developing a sustainable, growth-oriented, and diverse funding base to fortify our financial resilience.

Our commitment to building an effective, resilient organisation remains steadfast. We will adapt to changing needs, be driven by impact, and continue our dedication to innovation. As we embark on this journey, we extend our gratitude to all those who have supported incredABLE financially during the past year. Your generosity has been instrumental in helping us recover from the financial challenges posed by the Covid-19 pandemic.

Together, with the continued support of foundations, trusts, and individuals, we are poised to make meaningful change and fulfil our mission. Thank you for being an integral part of this incredABLE community.

Warm regards,
Nigel Hampton, Director / CEO

In the year ended 31 March 2023, incredABLE continued to provide exemplary support services throughout the Southern Area. Specifically, we were able to deliver that support to more than 513 (2022-23: 653) children and adults with a learning/intellectual disability and/or autism through our many exciting projects and services.

Mission:

To create incredible opportunities for incredABLE people! By delivering meaningful projects and quality services in partnership with individuals who have a learning/intellectual disability and/or autism.

Vision:

A society where individuals with a learning/ intellectual disability and/or autism are inspired, empowered and included.

Values:

Commitment
We are passionate and dynamic staff and volunteer team who are committed to people first and supporting individuals to realise their own vision of being incredABLE

Collaboration
We believe in the value of working in collaboration and proactively seek out partnerships to make incredABLE things happen

Creativity
We strive for creativity in our bespoke approach to opportunities so that they are meaningful, participatory and uniquely incredABLE

Community
We see Community as central to the incredABLE experience of inclusion and we work alongside to support engagement, access, and visibility of incredABLE individuals

incredABLE deliver projects and services in the Southern Health and Social Care Trust Area.

Projects & Services, Outputs & Achievements:

Adult Short Breaks (ASB) Service

In partnership with the Southern Health and Social Care Trust Adult Learning Disability Teams, incredABLE delivers the ASB service. In fulfilling its dual aims of providing respite for carers and shattering the mold of bed-based respite to offer a wide range of meaningful activities and experiences, the ASB service offers group residential breaks in venues across Northern Ireland. ASB offers both mid-week and weekend breaks in which participants take the lead, choosing what they want to do, when, and where.

As they make decisions about their time away, individuals on the ASB service socialise with peers, work on compromise and communication skills, practice daily living skills, and take part in many of the activities available across NI, such as attending Belfast Giants matches, visiting forest parks, walking along the beach in Newcastle, and much more. We offer tailored support, ensuring that we have the right staff with each group to ensure every participant has their specific, individual needs met within the group.

During the 2022-2023 financial year there have been 54 ASB residentials. 48 x 2-night residentials, 2 x 3-night residential and 4 x 7-night residentials, and a total of 125 participants have availed of the service.

BIG (Bespoke Individual and Group) Support Service

For many young people and adults, one to one or small group support is the best option to reach their goals. BIG is a service that provides exactly those options, with a service completely tailored to each individual, focused on their passions, their needs, and supporting them in bringing their dreams to life.

BIG can be as flexible or routine as the individual or group desires, as the plan is agreed with both the individual and their carers. Together, they establish the activities to be undertaken, the schedule, and the exact support an individual needs. Whether accessing live music, going shopping with friends, or getting exercise at the local pool, anything is possible with BIG. Most people access the BIG service using funds from Direct Payments via Self Directed Support (SDS). 13,332 hours of support were delivered to 72 individuals during the 2022-23 financial year.

Peer Outing Programme (POP)

incredABLE is proud to partner with the Southern Health and Social Care Trust Children and Young People's Disability Teams to offer the Peer Outing Programme. POP is a service focused on young people as they approach and go through the transition between school and adult services. It provides social outings with peers and a number of opportunities for personal growth that serves the young people into adulthood including team building, communication, conflict mediation, and overall improvement in self-confidence. POP outings take place once a month and can be activity based or joining in with a community event.

While POP outings take place as a group, the project is still individualised, with specific supports designed to offer participants the chance to fully engage with their peers and their communities. POP gives young people control by making sure all activities are chosen by the young people themselves, promoting a person-centred approach in addition to the social inclusion built into the programme.

During the 2022-23 financial year, 27 POP Saturdays were delivered in 3 locations and 6, 2-night residentials.

Youth Empowerment Programme (YEP)

YEP is a residential service made up of ten 3-day residentials over the course of a year. We deliver YEP in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams and focuses on daily life skills in preparation for the possibility of independent or supported living arrangements once participants leave school. The four main areas YEP focuses on include:

- Personal Development- Learning to be independent and participating in a programme away from home.
- Independent Living Skills- These will include key skills such as establishing morning routines, cooking, budgeting, relationships, personal care and home safety.
- Social Development- To encourage peer support and increase social skills involving outings and attendance to a range of community and social events.
- Self-esteem- The development of independent skills, having the confidence to offer an opinion when planning activities or shopping and feeling positive about reaching goals set.

During the 2022-23 financial year, 10 YEP residentials were delivered and a total of 19 participants have availed of the service.

Saturday clubs

Saturday Clubs still stand as one of our newest services, only developed three years ago and now delivered in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams. Saturday clubs are unique in incredABLE's portfolio of services in providing weekly opportunities for venue-based activities.

Each Saturday, 2 separate sessions give carers a short break while making sure children have 3 hours of fun with their peers. Activities change weekly and cover sensory, physical, and creative opportunities. Sessions run from 10am-1pm and from 2pm-5pm.

During the 2022-23 financial year a total of 33 participants have availed of the service.

Summer scheme

Summer is traditionally a time for children and young people to avail of new, exciting activities they cannot access during the school year. For many young people with an intellectual disability and/or autism, that isn't possible due to a lack of supports. Over the past few years, incredABLE has sought to alleviate that concern by offering a 3-week summer scheme, delivered in partnership with the Southern Health and Social Care Trust Children and Young People's Disability Teams.

The scheme runs for 1 week in each of the localities of Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne, Mon-Fri 9-5pm, each day and is delivered with the support of the Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne, Mon-Fri 9-5pm, each day.

During the 3-week scheme a total of 37 participants have availed of the service.

ASD

Strand One- ASD Life skills development residentials

This strand aims to provide support to young people with a diagnosis of ASD to develop independent living skills and life skills through an agreed programme, focusing on four distinct areas: Personal Development, Independent Living skills, Social Development & Building self-confidence, and self-esteem. During the year, two cohorts of 12 young people undertook a series of 6 residentials.

Strand Two- ASD Social Saturdays

The strand aims to provide support to young people with a diagnosis of ASD to develop independent living skills and life skills, through an agreed Saturday programme. It offers young people the chance to engage with peers outside of a school environment and as a group choose a range of different monthly activities that they would like to be part off. During the year, two cohorts of 12 young people undertook a series of 12 whole Saturday activity trips.

Strand Three- ASD Evening life skills programme

The strand aims to provide support to young people with a diagnosis of ASD to develop independent living skills and life skills, through an agreed 10-week evening programme. It offers young people the chance to engage with peers outside of a school environment and as a group choose a range of different weekly activities that they would like to be part off. During the year, four cohorts of 12 young people undertook a series of 10 evenings together.

ASD services are commissioned by the Southern Health & Social Care Trust and referrals are made through the ASD CAMHS Connect team.

During the 2022-23 financial year a total of 119 participants have availed of the ASD services strands.

We are incredABLE project

Strand One—incredABLE-y Made

IncredABLE-y Made is a social enterprise service that has grown and developed over the last six years to become a successful chocolate production venture. It offers a whole day opportunity in which participants learn and cultivate transferrable skills of production, packaging, and print that can be used across a wide range of employment opportunities. By offering meaningful, skills-based activities for young adults with an intellectual/learning disability and/or Autism, incred-ABLE-y made fills a need in the community while focused on the future goals of the trainees.

Currently incredABLE-y Made runs across three sites - Richhill Enterprise Hub, Tamnamore in Dungannon, and Jethro Community Centre in Lurgan - and all five weekdays, ensuring the opportunity is available to a wide range of trainees and meets all their needs.

Our most popular product is our luxury Belgian chocolate lollies are individually hand poured and handtied by our trainees and we are thankful to the many corporate customers for which we have created branded bespoke lollies for their business, and as a wedding favour for couples getting married, and for other special occasions. Sales increased by 138% in 2022-23 financial year.

Strand Two — incredABLE Me

IncredABLE Me facilitates independent living through a daily living skills project for adults with a learning/intellectual disability and/or Autism. Through learning cooking, safety, household skills, and more participants in this project achieve improved self-confidence as well as the ability to be active participants in the running of their homes.

The living skills programme runs over 16 weeks, working with small groups of young adults in order to give them one on one instruction leading to a better understanding of the topics covered over the duration of the course. Additionally, two residentials and one day trip give participants a chance to be assessed before the course ends so that we can focus further on areas of need while they continue to hone their skills in new ways and situations.

Strand Three — incredABLE Together

incredABLE Together is the social strand of the We Are incredABLE project, giving participants a social outlet to spend needed time with their peers while simultaneously building social skills to benefit their lives. Particularly important to these young adults is that they have left school and are often disconnected from their social circle. IncredABLE Together ensures that they create new social connections and have an opportunity to keep those connections thriving.

Social clubs took place in three areas, including Craigavon, Banbridge, and Keady. They meet weekly with different young adults taking part every other week to serve more participants. Participants also have a chance to take part in an end of year residential where they socialise for a longer period of time and get to experience new adventure-based activities that build group rapport.

During the 2022-23 financial year a total of 64 participants have availed of the We are incredABLE project. December 2022 marked the conclusion of the 6-year National Lottery Community Fund funding for the We are incredABLE project. As part of the exit strategy of this project, many former participants have transitioned to other service areas over the year and continues to be engaged and supported by incredABLE. Further work is ongoing to transition those individuals who have been involved in the project this year to existing or new service provision within incredABLE.

Café incredABLE @ Jethro

Our Café in the Jethro Centre is running strong, open 5 days a week offering made to order meals from a carefully-crafted menu. Additionally, Café incredABLE caters for internal Jethro Centre clients as well as outside groups regularly, giving participant trainees the opportunity to learn catering in addition to cooking, serving, using the till, and more.

Café incredABLE @ Jethro increased the total sales by 36% for the 2022-23 financial year, serving 18,102 customer transactions, but most importantly, employing and supporting 7 individuals with a learning/intellectual disability and/or autism.

Café incredABLE @ South Lake

Our flagship Café in South Lake Leisure Centre (SLLC) in Craigavon also continues to shine. We are proud of the service we offer at SLLC, and we are even more proud that this café, in addition to having become a community hub, continues to be a place where we offer training, employment, and meaningful daytime activity for individuals with a learning/intellectual disability and/or autism within our café spaces.

Our customer base continues to remain loyal, and we serve as many people who come to the South Lake Leisure Centre just for a coffee or breakfast as we do those who are in the SLLC already for their own purposes and stop by for refreshment before or after.

Café incredABLE @ South Lake increased the total sales by 10% for 2022-23 financial year, serving 135,463 customer transactions, but most importantly, employing and supported 13 individuals with a learning/intellectual disability and/or autism.

Café incredABLE @ Banbridge Leisure Centre

Through our successful collaboration with Armagh City, Banbridge and Craigavon Borough Council we were awarded the tender to operate a third café on the first floor of Banbridge Leisure Centre and Café incredABLE @ Banbridge Leisure Centre launched on the 7th November 2022. Our social enterprise cafes have gained traction as a means of achieving social impact while sustaining a profitable business model. A cafe designed to accommodate individuals with learning/intellectual disabilities and autism serves as an inclusive space and an employment platform for this underserved community. This latest development for the charity further extended our geographical reach to another town within our area of operation and provides much needed additional provision for individuals with a learning/intellectual disability and/or autism. The café has created seven new jobs and is open seven days a week serving a range of freshly made hot and cold options as well as in-house catering for events being held within the centre.

incredABLE Mourne Centre

The incredABLE Mourne Centre, Ballinran is used by incredABLE's groups for residential and holidays as well as being open on a self-catering residential basis to outside charitable groups. We continue to increase occupancy rates, with an increase of 15% this year over last.

Both our own groups and outside groups praise the centre for being comfortable with wonderful amenities and within easy distance of many attractions.

Financial Review
The current year financial results have shown an increase in both income and associated costs. Income is £822,916 (2022 £752,452), an increase of £70,464 (9.36%) Expenditure is £796,161 (2022 £694,024), an increase of £102,137 (14.72%). An operating surplus of £26,755 is recorded for the year compared to a surplus of £58,428 in 2022. These increases are a result of increased participation in projects and activities and additional staffing and other associated costs required to deliver the projects.

The trustees are satisfied that these results are in line with anticipated budgets and provide a basis for building reserves towards the targeted free reserves target.

Reserves policy
A reserves policy has been formulated to explain the rationale for holding reserves and the level of reserves that is appropriate for the charity. The trustees review this on an annual basis and believe a free reserve target of three months running costs would be appropriate, i.e.. Approx. £200,000.

Trustees
The trustees who served throughout the financial year, except as noted, were as follows:

TRUSTEES' ANNUAL REPORT

for the financial year ended 31 March 2023

Michael Joseph Best
Susan Margaret Best
Kathleen Elizabeth Courtenay
Edwin Graham
Peter Hanna
Deborah Suzanne Hoy Wilkinson
David Hughes
Lisa Mallon
Anne Mairead McAlinden
Emma Louise Mooney
Carla Smyth
Dr Alan Manson Turtle

In accordance with the Articles of Association, the directors retire by rotation and, being eligible, offer themselves for re-election. The charity also recruits new trustees when required

The secretary who served during the financial year was:

Mr. Nigel Robert Hampton

Compliance with Sector-Wide Legislation and Standards
The company engages pro-actively with legislation, standards and codes which are developed for the sector. incredABLE subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Public Benefit
The direct benefits which flow from our purposes include improvement in the wellbeing, self-esteem and quality of life for children and adults with a Learning/ Intellectual Disability as well as a reduction of anxiety and stress amongst carers of children and adults with a Learning/ Intellectual Disability. These benefits are demonstrated through our feedback from children and adults with a Learning/ Intellectual Disability and their carers; service evaluation forms; and compiled and summarised in our annual report. These purposes does not lead to harm. The charity's beneficiaries are children and adults with a Learning/ Intellectual Disability in the Southern Health & Social Care Trust Area. They also include family members and carers of those who are diagnosed with a Learning/ Intellectual Disability. A private benefit flowing from these purposes is that gained by a Trustee who also has a son or daughter who uses the support services. This trustee applies for and is assigned support in the same way as all other beneficiaries. This benefit is incidental and necessary to ensure the benefit is provided to our beneficiaries.

Auditors
The auditors, Daly Park & Company Ltd, (Chartered Accountants) have indicated their willingness to continue in office in accordance with the provisions of Section 485 of the Companies Act 2006.

Approved by the Board of Trustees on 11th December 2023 and signed on its behalf by:

Dr Alan Manson Turtle
Director

incredABLE

(A company limited by guarantee, not having a share capital)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2023

The trustees, who are also directors of incredABLE for the purposes of company law, are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the trustees as the directors to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the net income or expenditure of the company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with the relevant financial reporting framework, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006 and. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the trustees have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Approved by the Board of Trustees on 11th December 2023 and signed on its behalf by:



Dr Alan Manson Turtle
Director

INCREDABLE

Northern Ireland - Charity number 101118

Annual return

INDEPENDENT AUDITOR'S REPORT

to the Members of incredABLE

(A company limited by guarantee, not having a share capital)

Report on the audit of the financial statements

Opinion

We have audited the company financial statements of incredABLE ('the company') for the financial year ended 31 March 2023 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including the summary of significant accounting policies set out in note 3. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion, when reporting in accordance with a fair presentation framework the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2023 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act (Northern Ireland) 2008.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Annual Report has been prepared in accordance with applicable legal requirements.

INDEPENDENT AUDITOR'S REPORT

to the Members of incredABLE

(A company limited by guarantee, not having a share capital)

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemption in preparing the Trustees' Annual Report.

Responsibilities of trustees for the financial statements

As explained more fully in the Statement of Trustees' Responsibilities set out on page 7, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

There is an inherent difficulty in detecting irregularities during audit. However the effectiveness of entity's controls, the nature and extent of audit procedures performed, gives us confidence in detecting irregularities.

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

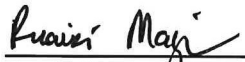
- Identify and assess the risks of material misstatement of the , whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

INDEPENDENT AUDITOR'S REPORT

to the Members of incredABLE

(A company limited by guarantee, not having a share capital)

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Ruairi Maginn (Senior Statutory Auditor)
for and on behalf of
DALY PARK & COMPANY LTD
Chartered Accountants and Registered Auditors
4 Carnegie Street
Lurgan
Co. Armagh
BT66 6AS
Northern Ireland

11th December 2023