

# TIME 4 ME

Northern Ireland · Charity number 100979

## Details

Status	Overdue
Registered	2014-12-09
Register	<a href="#">View on the Charity Commission for Northern Ireland register</a>

## Contact

Address	36 Gallagher Road Toomebridge Antrim Bt41 3qu BT41 3QU
Phone	028 796 50420
Email	<a href="mailto:marthamarygrant@hotmail.co.uk">marthamarygrant@hotmail.co.uk</a>

## Activities

**Purposes:** The aim of the organisation is to improve mental and physical health and promote social interaction for the women in the Toomebridge area, by providing the following services;- a. Organise craft classes, training courses, workshops, social outings and exhibitions. b. Provide information and advice on health issues and financial matters by inviting professionals from the relevant agencies to address the group. c. Encourage women to partake in physical exercise, focusing on regular walking events and other physical activities.

**What the charity does:** The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

**How the charity works:** Arts,Community development,Disability,General charitable purposes

**Who the charity helps:** Older people,Physical disabilities,Women

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-06-30	£2,030	£1,749	£0	0

## Trustees

---

Name	Role	Appointed
Mrs Geraldine Kerr		
Mrs Martha Grant		
Mrs Patricia McLernon		

---

**TIME 4 ME**

Northern Ireland - Charity number 100979

---

# Accounts

---

### Time 4 Me accounts July 2023 - June 2024

DATE	PAYMENT REC	PAYMENT OUT	
Balance b/f			£1,699.81
19/09/2023		£100.00	Insurance
07/10/2023		£200.00	Cookery demo
09/10/2023		£120.00	Hall rent
10.10/2023		£120.00	Hall rent
22/10/2023		£255.00	Deposit Dunsilly Hotel
24/11/2023	£1,200		Grant Community Foundation
06/12/2023		£251.45	Payment Christmas Lunch
31/01/2024	£240.00		Members fees
08/02/2024		£200.00	Floral Demo
14/02/2024		£59.70	Lock Keepers Cottage Lunch
01/03/2024	£400.00		Grant Seniors lunch
10/03/2024		£57.50	Materials for flower arrange
12/04/2024	£120.00		Members fees
19/04/2024		£60.00	Refund A&N Boro Council
23/04/2024		£23.65	Groceries for group
28/05/2024		£27.00	Office equip cartridges
01/06/2024	£70.00		Cash withdrawal
07/06/2024		£50.00	Part payment Marine Hotel
12/06/2024		£225.00	Jam making demo
	£2,030.00	£1,749.30	

Inspected by A McDaid

Angela McDaid

28/05/2025

**TIME 4 ME**

Northern Ireland - Charity number 100979

---

# Accounts

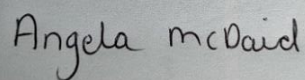
---

## Time 4 Me accounts July 2022

DATE	PAYMENT REC	PAYMENT OUT	TOTAL RECEIVED
			Balance
31/07/2022	<b>£1,360.51</b>		
16/09/2022		£201.60	£1,158.91
17/11/2022	£155.00		£1,313.91
29/11/2022		£120.00	£1,193.91
03/12/2022	£300.00		£1,493.91
06/12/2022		£400.00	£1,093.91
25/01/2023		£38.00	£1,055.91
10/02/2023	£820.00		£1,875.91
05/04/2023	£108.00		£1,983.91
08/04/2023		£135.00	£1,848.91
21/04/2023		£150.00	£1,698.91
06/06/2023	£324.00		£2,022.91
07/06/2023		£323.10	£1,699.81
<b>TOTAL</b>	<b>£3,067.51</b>	<b>£1,367.70</b>	

Inspected by

A McDaid


 Angela McDaid

**- June 2023**

ACCOUNT NO. 18726176
£1,360.51
Insurance
Weekly fees
Flower arranging
Christmas dinner grant
Tap House Christmas dinner
Coffee/scones Lock. Cottage
Community Fund Grant
Weekly fees
Flower arranging
Cookery demo Mark Wilson
Weekly fees
Lunch Millside
<b>£1,699.81</b>

**TIME 4 ME**

Northern Ireland - Charity number 100979

---

# Annual report

---

## **TIME 4 ME TRUSTEES REPORT      NC100979**

Trustees Report – 1<sup>st</sup> June 2022 – 31<sup>st</sup> July 2023

### **OBJECTIVES AND ACTIVITIES**

The purpose of Time 4 Me is to promote activities for the benefit of older women in Toome and surrounding areas. By providing them with a safe venue to meet socially while undertaking new activities and learning a variety of crafts. This in turns improves their health and wellbeing, increases confidence and alleviates social isolation and improves their quality of life. Volunteers benefit by becoming involved in the work of the group and deriving a sense of achievement and purpose. The group meet weekly during the winter months and the AGM is held in September, when a new committee is elected. During the reporting period Antrim & Newtownabbey Boro Council provided funding towards our Christmas Dinner, and The Community Foundation funded cookery and flower arranging demonstrations, both were well attended and the group enjoyed sampling the food which was prepared.

### **ACHIEVEMENTS**

The past year has been very successful for Time 4 Me, we have had visiting speakers covering a wide range of topics, mindfulness, meditation and hints on better sleeping. A local driving instructor gave a talk on safe driving followed by question- and- answer session.

### **PUBLIC BENEFITS**

Those who participate in the social outings benefit from visiting places of interest, meeting up with other groups and sharing their new acquired knowledge with family members. Benefits are also measured by the number of people attending the activities and by the feedback for members of the community. All our trustees have due regard for the Commission's Public Benefit requirement and statutory guidance. can verify the above Public Benefits.

### **FINANCIAL REPORT**

Opening balance 1<sup>st</sup> June 2022 balance £1360.51 current balance 31st July 2023 is £1699.81

Approved by Trustees 23<sup>rd</sup> January 2024

Martha Grant    Chairperson

Geraldine Kerr Treasurer

**TIME 4 ME**

Northern Ireland - Charity number 100979

---

# Annual return

---

## **Independent Examiners Report to the Charity Trustees of Time 4 Me**

I report on the account of the Charity for the year ended 30<sup>th</sup> June 2023

### **Respective responsibilities of charity trustees and examiner**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008

It is my responsibility to:

Examine the accounts under section 65 of the Charities Act

Follow the procedures laid down in the general directions given by the Commission under the section 65(9)(b) of the Charities Act

State whether particular matters have come to my attention.

### **Basis of Independent examiner's report**

I have examined your charity accounts as required under 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for N.I. under section 65(9)(b) of the Charities Act.

My examination included the review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether my material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached. Independent Examiner's Statement

### **Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matter (1) to (4) listed above, and in accordance with the following direction of the Charity Commission for N.I. I have found no matters that require drawing to your attention.

Name Angela McDaid

Profession Teacher

Address 38 Gallagher Road, Toomebridge, Co Antrim

Date 2/12/2023

**TIME 4 ME**

Northern Ireland - Charity number 100979

---

# Accounts

---

**TIME 4 ME ACCOUNTS 1ST JULY 2019 - 30TH JUNE 2020**

DATE	PAYMENT REC	PAYMENT OUT	Details	
01/07/2019	£1,391.51			
08/07/2019		£150.00	Rent	
17/09/2019	£48.00		Subscriptions	
24/09/2019	£42.00		Subscriptions	
08/10/2019	£56.00		Subscriptions	
11/10/2019		£190.00	Insurance	
15/10/2019	£52.00		Subscriptions	
29/10/2019	£51.00		Subscriptions	
29/10/2019	£892.80		Grant Big Lottery (Arts)	
05/11/2019	£45.00		Subscriptions	
12/11/2019	£48.00		Subscriptions	
17/11/2019	£45.00		Subscriptions	
26/11/2019	£63.00		Subscriptions	
03/12/2019	£48.00		Subscriptions	
10/12/2019		£962.80	Arts (Big Lottery)	
10/12/2019	£51.00		Subscriptions	
12/12/2019		£239.20	Christmas Lunch	
18/12/2019	£620.00		Enkalon Grant	
19/12/2019		£165.00	Rent	
07/01/2019	£102.00		Subscriptions	
28/01/2020	£42.00		Subscriptions	
28/01/2020	£99.20		Grant Big Lottery	
04/02/2020	£36.00		Subscriptions	
11/02/2020	£60.00		Subscriptions	
18/02/2020	£51.00		Subscriptions	
25/02/2020	£48.00		Subscriptions	
03/03/2020	£51.00		Subscriptions	
04/03/2020		£200.00	Cookery demo	
04/03/2020		£946.47	Computer purchase	
09/03/2020	£941.97		Computer grant	
12/03/2020		£120.00	Rent	
17/05/2020		£90.00	Plants	
19/05/2020		£54.40	Plants	
08/06/2020	£144.40		NICHI Grant Plants	
TOTAL	£5,028.88	£3,117.87	Balance 30/06/2020	£1,911.01
Chairperson	Martha Grant		<i>Martha Grant</i>	12/12/2020
Treasurer	Lorraine Barry		<i>Lorraine Barry</i>	12/12/2020

**TIME 4 ME**

Northern Ireland - Charity number 100979

---

# Annual report

---

## **TIME 4 ME TRUSTEES REPORT      NC100979**

Trustees Report – 1<sup>st</sup> July 2019 - 30<sup>th</sup> June 2020

### **OBJECTIVES AND ACTIVITIES**

The Group was established to benefit older women regardless of age, religion, colour or political opinion in the Toome Village and surrounding rural area. Providing them with a safe venue to socialise, learn new skills and crafts. This in turns improves their health and wellbeing, increases their self esteem and alleviates social isolation. The group meet weekly during the winter months and the AGM is held in September, when new members are elected.

### **ACHIEVEMENTS**

During the year the group received funding from the Big Lottery, this enabled them to do six weeks of various art projects, these were displayed in Castle Mall Antrim. The group went to Glenravel Community Hall to view a similar art project by the ladies from that area. A visit to Connswater Community Greenway funded by Groundwork NI provided a very enjoyable morning for the group, they planted herbs and some upcycling ideas were demonstrated by Heather. This was followed by lunch made from produce of the garden. A cookery demonstration funded by Enkalon Foundation was well attended, the group were given tips on healthy eating and how to cook nourishing meals on a budget. Floral arranging classes were offered and members created stunning table centre pieces for their homes.

### **PUBLIC BENEFITS**

A grant from NICHI was used to purchase bedding plants and bulbs these were planted by the group in various planters throughout Toome. They provided a very colourful display during the summer months. To enhance the health and wellbeing of the women in the group we organised various talks by health representatives these included; Breast Cancer, Cervical Cancer and Bowel Cancer awareness. A trip to Derry was planned when the group took part in a guided tour of the city, exploring the unique history and viewing the colourful murals. The day ended with a meal in the Exchange Restaurant. As some of our members are carers attending Time 4 Me give them a few hours respite from their caring role. All our trustees have due regard for the Commission's Public Benefit requirement and statutory guidance. can verify the above Public Benefits.

### **FINANCIAL REPORT**

Opening balance 1<sup>st</sup> July 2019 was £1391.51 current balance 30<sup>th</sup> June 2020 is £1911.01 The funding received by the group can potentially decrease the demand for social care and have positive impact on members health.

Martha Grant (Chairperson) 12/12/2020

**TIME 4 ME**

Northern Ireland - Charity number 100979

---

# Annual return

---

## **Independent Examiners Report to the Charity Trustees of Time 4 Me**

I report on the account of the Charity for the year ended 30<sup>th</sup> June 2020.

### **Respective responsibilities of charity trustees and examiner**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act (Northern Ireland) 2008

It is my responsibility to:

Examine the accounts under section 65 of the Charities Act

Follow the procedures laid down in the general directions given by the Commission under the section 65(9)(b) of the Charities Act

State whether particular matters have come to my attention.

### **Basis of Independent examiner's report**

I have examined your charity accounts as required under 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for N.I. under section 65(9)(b) of the Charities Act.

My examination included the review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether my material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached. Independent Examiner's Statement

### **Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matter (!) to (4) listed above, and in accordance with the following direction of the Charity Commission for N.I. I have found no matters that require drawing to your attention.

Name Angela McDaid

Profession Teacher

Address 38 Gallagher Road, Toomebridge, Co Antrim

Date 10/01/2021