

**Derg Valley School of Kenpo Karate**

**Charity Commission NI NIC100891**

**Trustee Report for year ended 31 October 2018**

Trustees: Marie McMenamin (Secretary)

Mairead Mackay (Treasurer)

Eileen McKenna (Chair)

Public Address given by Marie McMenamin, 59a Lettercarn Road, Castlederg. BT81 7QZ

**Charitable Purpose:**

The school was set up to teach physical education, self-protection, self-awareness and dietary education. Furthermore it promotes Kenpo Karate as an amateur sport. The direct benefits which flow from this purpose includes increased fitness, promoting a healthy diet, participating as an individual or part of a team in Amateur competitions.

The benefits can be demonstrated by members achieving the next level/grade within their age group. The "grading" process is carried out by two qualified instructors. As a member becomes fitter this helps achieve the required "grading".

The Derg Valley School of Kenpo Karate had another successful year for the beneficiaries who are people living in around the area of Castlederg. The activities are outlined below:

Members attend at least one class in Derg Valley Leisure Centre, Castlederg with an additional class available in Coolcreaghy Hall.

All members progressed at least one "grading" and most junior members progressed 2/3 "gradings".

Several members attended a Training Camp in July in Co.Carlow which was facilitated by Master Lee Epperson, USA who was very impressed by the training given by our instructors. He then came to Castlederg and held one workshop in Coolcreaghy Hall and another one in Derg Valley Leisure Centre for all members of the club. Youth members were accompanied by the correct number of supervisors as per Child Protection Policy. These supervisors have had Child Protection/Vulnerable Adult training and have been Access NI checked.

Members travelled to 2 different competitions and 4 members of the club received medals for their achievements.

Additional safety equipment was required at a cost of £200 which was covered by membership fees.

Date: 1 November 2018