

The Tuesday Club

Northern Ireland · Charity number 100227

Details

Status Received

Registered 2014-07-31

Register [View on the Charity Commission for Northern Ireland register](#)

Contact

Address Units 18-20
Cookstown Enterprise Centre
Derryloran Industrial Estate
Cookstown
BT80 9lu
BT80 9LU

Phone 028 8676 9005

Email ac_cookstown@hotmail.com

Activities

Purposes: The club is established to relieve poverty, advance education, and to promote the preservation and protection of health among older men aged 60 or over and promote the benefit of older people in Cookstown and its environs of Co.Tyrone (hereinafter called the "area of benefit") and in particular: A) To provide facilities in the interest of social welfare for recreation or other leisure time occupation, with the object of improving the conditions of life for older men; B) To raise awareness among the general public of the needs and experiences of older people in the area of benefit.

What the charity does: The advancement of health or the saving of lives, The advancement of citizenship or community development, The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage, Other charitable purposes

How the charity works: Accommodation/housing, Arts, Community development, Education/training, Sport/recreation, Volunteer development

Who the charity helps: General public, Men, Mental health, Older people, Volunteers, Women

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|--------|-------------|--------|-----------|
| 2025-03-31 | £8,552 | £8,552 | £0 | 0 |

Trustees

| Name | Role | Appointed |
|-----------------------|------|-----------|
| Jane Ringland | | |
| Margaret Park | | |
| Mrs Eileen Richardson | | |
| Mrs Elizabeth Stewart | | |
| Rosemary Mckernan | | |

The Tuesday Club

Northern Ireland - Charity number 100227

Accounts

The Tuesday Club
Receipts and Payments Account
for the year ended 31 March 2025

The Tuesday Club

Unit 18-20, Cookstown Enterprise Centre, Cookstown, Co Tyrone, BT80 9LU

Information

Accountants

McKinney Dawson
Accountants
28 Union Street
Cookstown
Co Tyrone
BT80 8NN

Business Address

Unit 18-20
Cookstown Enterprise Centre
BT80 9LU

Bankers

Ulster Bank Ltd
20 William Street
Cookstown
Co Tyrone
BT80 8ND

The Tuesday Club

Unit 18-20, Cookstown Enterprise Centre, Cookstown, Co Tyrone, BT80 9LU

Accountants Report

In accordance with instructions given to us we have prepared, without carrying out an audit, the financial accounts from the records, information and explanations supplied to us.

This report is made solely to our client. To the fullest extent permitted by law we do not accept or assume responsibility to anyone other than our client in the respect of the attached financial statements.

For the avoidance of doubt McKinney Dawson does not accept a duty of responsibility to any lender or other third party.



McKinney Dawson
Accountants
28 Union Street
Cookstown
Co Tyrone
BT80 8NN

20 February 2025

The Tuesday Club

18-20, Cookstown Enterprise Centre, Cookstown, Co Tyrone, BT80 9LU

Statement of Financial Activity for the year ending 31 March 2025

| | Unrestricted Funds | Restricted Funds | Total Funds 31.03.25 | Total Funds 31.03.24 |
|-------------------------------|-------------------------------|-----------------------------|---------------------------------|---------------------------------|
| Income Resources | | | | |
| Grants | 3,360 | - | 3,360 | 2,870 |
| Charitable Activities | 1,622 | - | 1,622 | 2,654 |
| Total Income | 4,982 | - | 4,982 | 5,524 |
| Expended Resources | | | | |
| Charitable Expenditure | | | | |
| Cost of Objectives | 3,853 | - | 3,853 | 6,640 |
| Administration | 200 | - | 200 | 200 |
| Total Expended | 4,053 | - | 4,053 | 6,840 |
| Net Income | 929 | - | 929 | (1,316) |
| Transfer between Funds | | | | |
| Total Fund Brought Forward | 3,570 | - | 3,570 | 4,886 |
| Total Fund Carried Forward | <u>4,499</u> | <u>-</u> | <u>4,499</u> | <u>3,570</u> |

The Tuesday Club

Unit 18-20, Cookstown Enterprise Centre, Cookstown, Co Tyrone, BT80 9LU

Balance Sheet as at 31 March 2025

| | 2025 | | 2024 | |
|--------------------------------|------------|--------------|----------------|--------------|
| Current Assets | | | | |
| Ulster Bank Ltd | 4,489 | | 3,570 | |
| Cash on Hands | <u>10</u> | | <u>-</u> | |
| | 4,499 | | 3,570 | |
| Current Liabilities | | | | |
| Creditors and Accrued Expenses | <u>-</u> | <u>4,499</u> | <u>-</u> | <u>3,570</u> |
| | | | | <u>3,570</u> |
| Capital and Reserves | | | | |
| Balance as at 1 April 2024 | 3,570 | | 4,886 | |
| Surplus/(Deficit) | <u>929</u> | <u>4,499</u> | <u>(1,316)</u> | <u>3,570</u> |

The Tuesday Club

Unit 18-20, Cookstown Enterprise Centre, Cookstown, Co Tyrone, BT80 9LU

Receipts and Payments Account for the year ended 31 March 2025

| RECEIPTS | £ | PAYMENTS | £ |
|-----------------------------|--------------|---------------------------------|--------------|
| Cash in Bank | | | |
| Ulster Bank Current Account | 3,570 | | |
| Grants | 3,360 | Accountancy | 200 |
| Hospitality | 274 | Arts & Crafts Classes | 1,750 |
| Donations | 183 | Room Hire | 450 |
| Membership | 359 | Bus Trips | 795 |
| Bus Trip | 806 | Computer Subscriptions | 120 |
| | | Laptop and Printer | 738 |
| | | Cash in Bank | |
| | | Ulster Bank Ltd Current Account | 4,489 |
| | | Cash on Hands | 10 |
| | <hr/> | | <hr/> |
| | <u>8,552</u> | | <u>8,552</u> |

We hereby certify the above Receipts and Payments Account prepared by us without carrying out an audit agreed with the Financial Books.



McKINNEY DAWSON
28 UNION STREET
COOKSTOWN

ACCOUNTANTS

20 February 2026

The Tuesday Club

Northern Ireland - Charity number 100227

Accounts

The Tuesday Club
Receipts and Payments Account
for the year ended 31 March 2024

The Tuesday Club

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The Tuesday Club

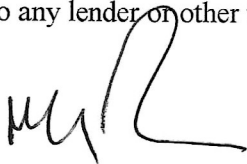
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20 September 2024

The Tuesday Club

Unit 18-20, Cookstown Enterprise Centre, Cookstown, Co Tyrone, BT80 9LU

Receipts and Payments Account for the year ended 31 March 2024

| RECEIPTS | £ | PAYMENTS | £ |
|-----------------------------|-------------|---------------------------------|-------------|
| Cash in Bank | | | |
| Ulster Bank Current Account | 4,886 | | |
| Grants | 2,870 | Accountancy | 200 |
| Hospitality | 2,636 | Arts & Crafts Classes | 3,448 |
| Donation | 18 | Room Hire | 1,510 |
| | | Bus Trips | 1,332 |
| | | Oil Stamps | 350 |
| | | Cash in Bank | |
| | | Ulster Bank Ltd Current Account | 3,570 |
| | <hr/> | | <hr/> |
| | 10,410 | | 10,410 |
| | <hr/> <hr/> | | <hr/> <hr/> |

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ACCOUNTANTS

McKINNEY DAWSON
28 UNION STREET
COOKSTOWN

20 September 2024

The Tuesday Club

Northern Ireland - Charity number 100227

Annual report

2023/2024 AGM - Annual Report

THE TUESDAY CLUB



AGM

19th November 2024

18-20 Cookstown Enterprise
Centre

Cookstown

BT80 9LU

Tuesday Club

The Tuesday Club was established to encourage members to meet together daily. This reduces isolation and loneliness as well as the opportunity to get a home cooked meal.



The annual Club membership fee remains £10.00 with a contribution for tea/coffee and additional costs for the activity involved. This money has been used for extra expenses – room hire from O4O, electricity costs and accountancy fees.

We are a voluntary club depending on our volunteers to deliver our services including completing funding applications, finances, organizing trips and refreshments for members taking part in activities.

Funding

This year we got funding from Mid-Ulster District Council and the Micro Community Investment Fund.

These grants have provided opportunities for older people to engage with others. As a result of these grants The Tuesday Club has been able to offer more opportunities for volunteering and placements.

The overall achievement has been the direct benefit to the older people who participated in the club.

Activities

Tuesday club meets in O4O Cookstown's premises from 1pm to 3 pm.

We continued with the Arts and Crafts classes, with thanks to Jean Donaghy for facilitating this, our members thoroughly enjoy all the wonderful creations.

Thanks to funding we were able to have a block of cooking classes by Joanna Neeson from Wyse Bytes, which was thoroughly enjoyed by all and everyone received a recipe booklet at the end.

This year we continued with our bus trips, with our members visiting - the Abbey Centre, Omagh, Junction One and Killymoon Castle, which were enjoyed by everyone!

If time allows Bingo or Beetle Drive is also played regularly. Sometimes we have other activities such as chair exercises or games/parties.

Speakers came to provide useful information about the services they provide. The fire service gave a great talk on fire safety at home and members were able to apply for a free Carbon Monoxide Alarm and a speaker from Agewell gave information on their services including the 'Good Morning Call' and Handyman.

In February this year we did a sponsored walk to raise funds to bring in extra funds to help O4O and the costs that are involved. It was a great event and well done to all those who collected sponsorship!

Volunteers

Volunteers play an important role for the Tuesday Club. Jane does the admin work and organizes the bus trips. Sharon helps with assisting members to complete their crafts. Most important are Jason and Lee who provide the tea or coffee and all the goodies!

New Members are always welcome to join the group!

The Tuesday Club Objectives:

1. To provide facilities in the interest of social welfare for recreation or other leisure time occupation, with the object of improving the conditions of life for older men.
2. To raise awareness among the general public of the needs and experiences of older people in the area of benefit.

Board of Directors 2023/2024

| | |
|--------------------------|-------------|
| Elizabeth Stewart | Chairperson |
| Eileen Richardson | Treasurer |
| Jane Ringland | Secretary |
| Margaret Park | Director |
| Rosemary McKernan | Director |

Working with O4O Cookstown Ltd

The Tuesday Club members have also been able to participate and enjoy a range of workshops and classes provided by O4O Cookstown Ltd. We are delighted that the collaboration between the two groups provides a great interactive program of activities for people aged over 50 years and allows members to avail of the Luncheon Club provided by O4O.

The Tuesday Club

Northern Ireland - Charity number 100227

Annual return

The Tuesday Club

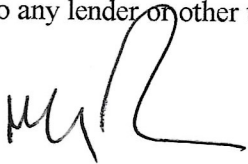
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BT80 8NN

20 September 2024

The Tuesday Club

Northern Ireland - Charity number 100227

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04 August 2023

The Tuesday Club

Unit 18-20, Cookstown Enterprise Centre, Cookstown, Co Tyrone, BT80 9LU

Receipts and Payments Account for the year ended 31 March 2023

| RECEIPTS | £ | PAYMENTS | £ |
|-----------------------------|---------------|---------------------------------|---------------|
| Cash in Bank | | | |
| Ulster Bank Current Account | 5,809 | | |
| Grants | 5,135 | Arts and Crafts | 6,840 |
| Hospitality | 2,848 | Bus Trip | 386 |
| | | Rent | 780 |
| | | Food | 900 |
| | | Cash in Bank | |
| | | Ulster Bank Ltd Current Account | 4,886 |
| | <u>13,792</u> | | <u>13,792</u> |

We hereby certify the above Receipts and Payments Account prepared by us without carrying out an audit agreed with the Financial Books.



ACCOUNTANTS

McKINNEY DAWSON
28 UNION STREET
COOKSTOWN

4 August 2023

The Tuesday Club

Northern Ireland - Charity number 100227

Annual report

2022/2023 AGM - Annual Report

THE TUESDAY CLUB



AGM

19th September 2023

18-20 Cookstown Enterprise
Centre

Cookstown

BT80 9LU

Tuesday Club

The Tuesday Club was established on March 2005 to encourage members to meet together daily. This reduces isolation and loneliness as well as the opportunity to get a home cooked meal.



The Tuesday Club continues to meet weekly in O4O Cookstown Ltd's Club facilities, which is based in Cookstown Enterprise Centre. Our club meets to enjoy programmes of tutor led activities. We aim to keep our members mentally active and offer engaging activities for which everyone can participate.

The Club commences at 1pm and finishes at 3pm.

We are a totally voluntary club i.e. we depend solely on volunteers to deliver our services -with the exception of our Arts and Crafts sessions which are paid for. The costs of the Arts and Crafts sessions are normally covered from Funding Bodies e.g. Mid Ulster District Council, Community Foundation for Northern Ireland

This year we got funding from Mid-Ulster District Council and the Community Foundation. We are pleased to say that along with our collaboration with O4O Cookstown Ltd, this allows the classes to take place five days a week.

| | |
|-----------|------------------|
| Monday | Knit & Natter |
| Tuesday | Painting Crafts |
| Wednesday | Arts & Craft |
| Thursday | Pharmacy Project |
| Friday | Card Making |

This year we continued with monthly outings - the Abbey Centre, Coleraine/Portrush, Craigavon and the Boulevard were enjoyed by everyone! Thanks to CDM Community Transport for their continued support on this.

If time allows Bingo or Beetle Drive is also played regularly. Sometimes we have other activities. Speakers came to provide useful information about the services they provide. Colene from Mid-Ulster Council gave us a talk on Home Safety and how to remain safe in our home. We also had story telling from the Verbal project. These were stories about different topics and some were entertaining or information but they always created discussions in the group.

The overall achievement of the Tuesday Club activities has been the direct benefit to the older people who participated in the club.

- Develop higher thinking skills
- Build self esteem

- Promotes relaxation and decreases disruptive behaviour
- Provides a form of nonverbal communication and expression
- Gives the individual a sense of choice and control
- Helps to reduce stress, fear, and anxiety
- Enriches relationships and encourages socialization
- Activates the senses and inspires spontaneity
- Encourages playfulness and a sense of humor
- Restores and motivates muscle memory
- Improves cognition and focuses attention
- Evokes new opportunities for connecting with others
- Reduces boredom
- Leads to self-expression and self-discovery
- Improves emotional and physical health
- Nurtures a sense of Self and renewed self-esteem

In March this year we did a sponsored walk to bring in extra funds to help O4O and the costs that are involved. It was a great event and raised £4655. Well done to all those who collected sponsorship.

The administration work which includes completion of funding applications, submitting claims for funding at the end of the year and all financial related duties including preparation of books for the accountant is done by Bridget Doyle and Jane Ringland in a voluntary capacity

Board of Directors 2022/2023

| | |
|--------------------------|-------------|
| Elizabeth Stewart | Chairperson |
| Eileen Richardson | Treasurer |
| Jane Ringland | Secretary |
| Margaret Park | Director |
| Rosemary McKernan | Director |

Volunteers

Volunteers play an important role for the Tuesday Club. Jane does the admin work and organizes the bus trips. Sharon helps with assisting members to complete their crafts. Most important are Jason and Lee who provide the tea or coffee and all the goodies.

Sincere thanks to you all for your continuing hard work!

O4O Cookstown Ltd

The Tuesday Club would like to thank O4O for the use of the Luncheon Club facilities.

Thanks

We would also like to give thanks to our tutor Jean Donaghy for the continuing support and organisation of activities. The crafts in the past year have been fantastic.

Membership

New Members are always welcome to join the group!

The annual Club membership fee remains £10.00 with a contribution for tea/coffee and additional costs for the activity involved. This money has been used for extra expenses – room hire from O4O, electricity costs and accountancy fees.

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4 August 2023