

# Sports Forum for the Disabled

(Formerly known as The Phab Sports Forum)

Registered Charity No. 900608

TRUSTEES' REPORT AND

ACCOUNTS

FOR THE YEAR ENDED

31<sup>ST</sup> MARCH 2023

# SPORTS FORUM FOR THE DISABLED

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# SPORTS FORUM FOR THE DISABLED

## GENERAL INFORMATION

CHARITY NUMBER:	900608
CHAIRMAN:	Richard Monaghan
TREASURER:	Helen Levy
SECRETARY:	-
TRUSTEES:	Richard Monaghan Chairman David Creech (resigned December 2022) Mike Harmer Sally Hargrave Patricia Attrill (resigned December 2021)
PRINCIPAL OFFICE:	30 Greenways Highcliffe Christchurch Dorset BH23 5BD
BANKERS:	CAF Bank Ltd 25 Kings Hill Avenue West Malling Kent ME19 4JQ

# SPORTS FORUM FOR THE DISABLED

## Trustees' Report for the year ended 31 March 2023

### Constitution

The Charity is governed under a Constitution dated 25 April 1990, amended 16 May 2007, 8 September 2009 and subsequently on 13 January 2013. The general management of the Charity is vested in an Executive Committee elected at each Annual General Meeting.

### Objectives

The objectives of the Charity are set out in the Constitution and relate, in summary, to the provision of sports and sports facilities to disabled people. The Executive Committee directs and controls the running of the Charity and is elected annually at General Meetings in accordance with the Constitution.

### Review of the Year

Last year the season was dominated by the leak that developed at the starboard rear engine compartment of Knoticat which very nearly proved the end of the boat because we simply could not find where the leak was coming from. It was sufficiently bad that we could not ignore it.

The boat had to be taken out of service for an extended time on the slipway to try to locate the problem.

Eventually it was solved, but the only way to confirm it was fixed was to put the boat back in the water and start using it again. We were also confused by the fact that there was a considerable amount of rainwater getting into the area, but we are now sure that the problem has been fixed. We have installed a super bilge pump on that side as an insurance!

Unfortunately it was incredibly expensive in terms of money, psychological trauma for us and the loss of a large part of the sailing season.

At least we know now that Knoticat has had a proper refit, engine service etc. and is ready for the 2023 season.

We have recently been informed by the insurance company that because Knoticat is now over 50 years old, it will need a complete marine survey every five years instead of 10 years, and the irony is that if we had known sooner, this could have been completed in the long period when the boat was on the slipway.....now we have to take it out again in the Autumn or Spring just for the survey alone!

We would like to thank all our sponsors for the long term support which we have received, without which we would not have been able to carry on giving our disabled members and carers the opportunity to sail beautiful Poole Bay and the Jurassic Coast.

Our website is [www.knoticatsailing.org.uk](http://www.knoticatsailing.org.uk).

Richard Monaghan (Chairman of Sports Forum for the Disabled)

## SPORTS FORUM FOR THE DISABLED

Chairman.....Date.....

# SPORTS FORUM FOR THE DISABLED

## Receipts and Payments Account Year ended March 31<sup>st</sup> 2023

Receipts	2023.	2022
	£	£
Gross Bank Interest	52	2
Wild Spirit and Friends	-	156
Murphy Neumann Charity Trust	-	500
Foyle Foundation	-	5,000
Whirlwind Charitable Foundation	10,000	14,000
Alice Ellen Cooper Dene Foundation	5,000	-
Cherries Community Fund	802	-
Talbot Village Trust	5,000	-
Valentine Charitable Trust	5,000	-
Souter Charitable Trust	1,000	-
Test (on new website)	9	-
 Total Receipts	 <u>26,863</u>	 <u>19,658</u>

# SPORTS FORUM FOR THE DISABLED

## Receipts and Payments Account Year ended 31<sup>st</sup> March 2023

Payments	2023	2022
	£	£
Insurances	3,118	3,746
Sea Start premium	167	166
Repairs / Adaptations / Refurbishment	11,866	4,126
Boat – depreciation	3,800	3,800
Undercover and Ashore storage	534	571
Volunteer expenses	-	-
Fuel Knoticat	262	201
Printing, Postage and Stationery	124	-
Telephone	150	207
New website	-	453
Sundries	2,559	100
Honorarium	2,000	1,250
Account fees	87	105
<b><u>Total Payments</u></b>	<b><u>24,667</u></b>	<b><u>14,725</u></b>
Total (Deficit) / Surplus	2,196	4,933
Balance brought forward	36,036	31,103
 Reserves Carried Forward	 <b><u>38,232</u></b>	 <b><u>36,036</u></b>

# SPORTS FORUM FOR THE DISABLED

Balance Sheet as at 31<sup>st</sup> March 2023

	2023	2022
	£	£
<b>Fixed Assets (see note 6)</b>		
Freedom Boat – Knoticat	22,800	26,600
<b><u>Total</u></b>	<b><u>22,800</u></b>	<b><u>26,600</u></b>
<b>Current Assets</b>		
Bank balances:		
CAF cash	4,824	4,866
CAF Gold	10,608	4,570
<b>Total Current Assets</b>	<b><u>15,432</u></b>	<b><u>9,436</u></b>
<b>Net Current Assets</b>	<b>15,432</b>	<b>9,436</b>
<b>Net Assets</b>	<b>38,232</b>	<b>36,036</b>
<b>Total Funds (of which £22,800 is boat valuation)</b>	<b><u>38,232</u></b>	<b><u>36,036</u></b>

These accounts were approved by the Executive Committee on ..... 2023  
and were signed on their behalf by;

Trustee

Trustee



# SPORTS FORUM FOR THE DISABLED

## Notes to the Accounts for the year ended 31 March 2023

### 1 Basis of Accounts Preparation

These accounts have been prepared on a receipts and payments basis, as amended for the depreciation of fixed assets. These accounts are prepared in compliance with the Statement of Recommended Practice "Accounting and Reporting by Charities" published in 2005.

### 2 Income

Voluntary income is received in cash by way of donations and gifts and special fund raising events in the local area. All voluntary income is included in full in the Receipts and Payments account as soon as it is received.

### 3 Interest Received

Bank and Building Society interest is included in the Receipts and Payments account when they are received.

### 4 Expenditure

All expenditure, other than that which has been capitalised, is included in the Receipts and Payments account.

### 5 Investments

All funds are held with CAF Bank and are disclosed as current assets.

### 6 Fixed Assets

The boat owned by the Charity has been included in these accounts at cost less a charge for depreciation at 10% per annum on a straight line basis. The boat engines were depreciated over 5 years and were fully depreciated at 31 March 2006. The Knoticat boat improvements are depreciated on the remainder of the boat's 10 year life, commencing on 1/4/19.

	"Knoticat"	Engines	Improvements	TOTAL
	£	£	£	£
Cost				
As at 01.04.22	17,250	6,390	75,795	99,435
Addition at valuation	-	-	-	-
As at 31.03.23	17,250	6,390	75,795	99,435
Depreciation				
As at 01.04.22	17,250	6,390	49,195	65,235
Charge for year	-	-	3,800	3,800
As at 31.03.22	17,250	6,390	52,995	69,035
Net book value				
31 March 2023	-	-	22,800	22,800
31 March 2022	-	-	26,600	26,600

Refurbishment costs between 2017 and 2019 totalled £ 119,421 . The boat was revalued at £38,000 as at 31 March 2019. This is being shown as a fixed asset, and depreciated over 10 years..

### 7 Funds and Loan

The Boat fund is held exclusively for the purchase, refurbishment and maintenance of Knoticat for the enjoyment of disabled members of the Charity.

There are no restricted funds.

The loan from Talbot Village Trust was repaid in 2022.

