

FOREST PULSE

Supporting children and young people with disabilities and their families

Trustees Annual Report, 1st April 2021 - 31st March 2022

Charity Management

A board of trustees comprised mainly of parents of children with additional needs oversaw the activities of the charity:

- | | |
|---------------------------|-----------------------------------|
| * Helen Baker—Chair | * Rosie Powell—Trustee |
| * Vikki Fellows—Trustee | * Lorraine Styles—Trustee |
| * Chantel Gardner—Trustee | * Nessa Thulbon—Trustee |
| * Mark Joyce—Treasurer | * Christine Woolstencroft—Trustee |
| * Ann Parry—Trustee | * Vikki Walters |

Aims & Objectives

To promote the education, welfare and benefit of children and young people with disabilities up to the age of 25 years who live or who attend school/college in the Forest of Dean, and their families. To provide activities and services in relation thereto:

- A range of accessible social, sport and recreational activities provided locally giving our members the same choices as their non-disabled peers for things to do and places to go.
- Support, advice and guidance for parents/carers
- Opportunities for parent members to meet for mutual support.
- To empower parents/carers to access the services they need for quality of life for them and their family members, both individually and by being part of a local group.
- To enable families as a whole to benefit from the group - not just the child with disabilities/additional needs.
- To promote interaction and good relations between the members and the community as a whole.

Staff

Pamela Jones—Charity Director
 Kimberly Roberts—Charity Manager
 Amy Millin—Activity Manager
 Samantha Whittington—Assistant Activity Manager
 Jean Wilkinson—Office Administrator
 Alexandra-Rae Middleton—Maternity Cover
 In addition we have 21 sessional staff.

Volunteers

We had 31 volunteers (including Trustees) join us over the period. We are steadily increasing the number of volunteers again after decreased numbers due to COVID

In readiness for Summer Activity Club we would normally go around all local schools and colleges to do a talk to recruit volunteers but again, due to COVID 19 we were unable to do this. Instead, we created a poster and emailed all information to all the local schools and colleges and asked them to circulate the information to the relevant aged pupils.

Activities

Forest Friends



After school club



Performing Arts



Bream Devils

Music

Weekend Activity Club



School Holiday Activities

Forest Pulse, C/O Heart of the Forest Special School, Speech House, Coleford, Gloucestershire, GL16 7EJ

Website: www.forestpulse.co.uk

Phone: 01594 826357

Our response to COVID 19

We are pretty much back to running as we did pre-covid, and able to now operate at full capacity and are dropping the times that our staff need to use PPE, and are no longer enforcing social distancing. It has been so lovely to welcome more of our members back and watching all the young people enjoy all the activities and socialise with their friends once more.

Parent Support

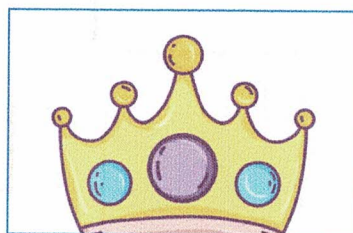
After securing funding we were able to put on some wonderful sessions for parents. Each session offered a different activity such as Bread Making and Flower Arranging and whilst the parents engaged in these activities Forest Pulse staff put on activities and supervised their children.



Future Activities

We are very excited to have secured some funding to allow us to start our very own group for those with Autistic Spectrum Disorder. It has very long been known that a lot of young people who are Autistic do not have many clubs they can access that meet their needs and that they wish to attend. Forest Pulse are hoping to create a solution by introducing their very own social group which will primarily be aimed at those who are Autistic. It is likely this club will run on a Thursday evening alongside Youth Club and will be run and support by some of our experienced staff members

Forest Pulse have also been lucky to secure some funding to help us celebrate the Queen's Platinum Jubilee this year. A group of young people will meet on a Wednesday evening to create and practice a performance and alongside members at our other activity clubs, will make various decorations and items for a celebration that will be held in June.



Our Achievements

279 families including 315 children and young people with special needs received circulated information (July 2021)

283 families including 316 children and young people with special needs received circulated information (Dec 2021)

288 families registered at the end of March 2022

After School/ Weekend Activity Sessions provided:

- * After School Club—29 Sessions
- * Performing Arts—22 sessions
- * Forest Friends—31 sessions
- * Music 20 sessions
- * WAC—48 sessions (16 jnr, 16 snr and 16 18+)

Holiday Activities Provided:

- * Easter—8 sessions
- * Whit—5 sessions
- * SAC—21 sessions
- * October—7 sessions
- * February—3 sessions

***440 people are part of the private Forest Pulse Facebook page.**

***390 people follow the Forest Pulse Fundraising page on Facebook.**

***66 followers on the Forest Pulse Twitter page.**

Financial Review

This year we were once again very lucky to get funding from Gloucestershire County Council and some very generous donations and fundraising events in the community. Special thanks this year goes to:

- * Gloucestershire County Council for Holiday Activities
- * TK Maxx Home Sense Foundation
- * Forest Lottery
- * Gloucester Master Masons Lodge
- * Blue Bird Club
- * Barnwood Trust
- * Carers Legacy Fund
- * Two Rivers
- * NHS Glos CCG Autism Community Support

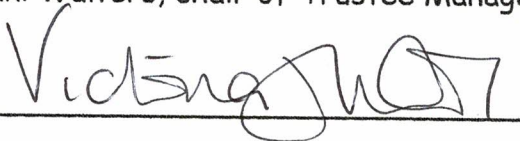
The trustees are delighted that during these financially challenging times, the annual accounts show the charity has maintained a healthy financial position..

The policy of the charity is to retain sufficient reserves to ensure the financial stability of the charity in the next financial year, whilst building up our designated funds as detailed below:-

£169,665 reserves held, of which the charity has designated:

- £85,000 Building Fund
- £15,000 Redundance/Maternity/Sickness Fund

Signed by Vikki Walters, chair of Trustee Management Committee:



Date: 14th September 2022



FOREST PULSE			Charity No (if any)	900216
Annual accounts for the period				
Period start date	01/04/2021	To	Period end date	31/03/2022

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	6,460	-	-	6,460	8,277
Charitable activities	S02	140,723	62,540	-	203,263	160,641
Other trading activities	S03	-	-	-	-	-
Investments	S04	22	-	-	22	49
Separate material item of income	S05	3,435	-	-	3,435	17,286
Other	S06	-	-	-	-	-
Total	S07	150,639	62,540	-	213,179	186,253
Resources expended (Note 4)						
Expenditure on:						
Raising funds	S08	735	-	-	735	735
Charitable activities	S09	148,316	43,663	-	191,979	169,447
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	149,051	43,663	-	192,714	170,182
Net income/(expenditure) before investment gains/(losses)						
	S13	1,588	18,877	-	20,465	16,071
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	1,588	18,877	-	20,465	16,071
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	1,588	18,877	-	20,465	16,071
Reconciliation of funds:						
Total funds brought forward	S21	149,200	-	-	149,200	133,129
Prior year adjustment		-	-	-	-	-
Transfer between funds		-	-	-	-	-
Total funds carried forward	S22	150,788	18,877	-	169,665	149,200

Section B Balance sheet

	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets	B01	-	-	-	-	-
Tangible assets (Note 8)	B02	18,371	-	-	18,371	23,510
Heritage assets	B03	-	-	-	-	-
Investments	B04	-	-	-	-	-
Total fixed assets	B05	18,371	-	-	18,371	23,510
Current assets						
Stocks	B06	-	-	-	-	-
Debtors (Note 9)	B07	27,939	-	-	27,939	558
Investments	B08	-	-	-	-	-
Cash at bank and in hand (Note 11)	B09	126,544	18,877	-	145,421	127,040
Total current assets	B10	154,483	18,877	-	173,360	127,598
Creditors: amounts falling due within one year (Note 10)	B11	3,189	-	-	3,189	1,908
Net current assets/(liabilities)	B12	151,294	18,877	-	170,171	125,690
Total assets less current liabilities	B13	169,665	18,877	-	188,542	149,200
Creditors: amounts falling due after one year	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	169,665	18,877	-	188,542	149,200
Funds of the Charity						
Endowment funds	B17	-	-	-	-	-
Restricted income funds (Note 12)	B18	-	18,877	-	18,877	-
Unrestricted funds	B19	150,788	-	-	150,788	149,200
Revaluation reserve	B20	-	-	-	-	-
Total funds	B21	150,788	18,877	-	169,665	149,200
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval dd/mm/yyyy		

Note 1 Basis of preparation**1.1 Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with

✓

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with

✓

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity does not constitute a public benefit entity as defined by FRS 102.

1.2 Going concern

There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Note 2

Accounting policies

2.1 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability. 	Yes ✓	No 	N/a
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes ✓	No 	N/a
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes ✓	No 	N/a
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes ✓	No 	N/a
Government grants	The charity has received government grants in the reporting period	Yes ✓	No 	N/a
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes ✓	No 	N/a
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes ✓	No 	N/a
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes 	No 	N/a ✓
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes 	No 	N/a ✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes 	No 	N/a ✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes 	No 	N/a ✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes 	No 	N/a ✓
Donated services and facilities	Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes ✓	No 	N/a
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.	Yes 	No 	N/a ✓
Support costs	The charity has incurred expenditure on support costs.	Yes ✓	No 	N/a
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes ✓	No 	N/a
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes ✓	No 	N/a
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes 	No 	N/a ✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes 	No 	N/a ✓
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes 	No 	N/a ✓

Investment gains and losses This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

Yes	No	N/a
		✓

2.2 EXPENDITURE AND LIABILITIES

Liability recognition Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Yes	No	N/a
✓		

Governance and support costs Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Yes	No	N/a
✓		

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Yes	No	N/a
		✓

Grants with performance conditions Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Yes	No	N/a
		✓

Grants payable without performance conditions Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.

Yes	No	N/a
		✓

Redundancy cost The charity made no redundancy payments during the reporting period.

Yes	No	N/a
✓		

Deferred income No material item of deferred income has been included in the accounts.

Yes	No	N/a
✓		

Creditors The charity has creditors which are measured at settlement amounts less any trade discounts

Yes	No	N/a
✓		

Provisions for liabilities A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date

Yes	No	N/a
		✓

Basic financial instruments The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.

Yes	No	N/a
		✓

2.3 ASSETS

Tangible fixed assets for use by charity These are capitalised if they can be used for more than one year, and cost at least

£400

They are valued at cost.

Yes	No	N/a
✓		

Intangible fixed assets The depreciation rates and methods used are disclosed in note 9.2. The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5

Yes	No	N/a
		✓

They are valued at cost.

Yes	No	N/a
		✓

Heritage assets The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.

Yes	No	N/a
		✓

They are valued at cost.

Yes	No	N/a
		✓

Investments Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

Yes	No	N/a
		✓

Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments

Yes	No	N/a
		✓

Stocks and work in progress Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.

Yes	No	N/a
		✓

Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

Yes	No	N/a
		✓

Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.

Yes	No	N/a
		✓

Debtors Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Yes	No	N/a
✓		

Current asset investments The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

Yes	No	N/a
✓		

They are valued at fair value except where they qualify as basic financial instruments.

Yes	No	N/a
		✓

Note 3 Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis						
Donations and legacies:	Donations and gifts	5,668	-	-	5,668	6,751
	Gift Aid	791	-	-	791	1,526
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
Total		6,460	-	-	6,460	8,277
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	140,723	62,540	-	203,263	160,641
Total		140,723	62,540	-	203,263	160,641
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
Total		-	-	-	-	-
Income from investments:	Interest income	22	-	-	22	49
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
Total		22	-	-	22	49
Separate material item of income:	Covid Support Scheme income	3,435	-	-	3,435	17,286
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
Total		3,435	-	-	3,435	17,286
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
Total		-	-	-	-	-
TOTAL INCOME		150,639	62,540	-	213,179	186,253

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

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Note 4

Analysis of expenditure

	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis					
Expenditure on raising funds:					
Incurred seeking donations	-	-	-	-	-
Incurred seeking legacies	-	-	-	-	-
Incurred seeking grants					
Operating membership schemes and social lotteries					
Staging fundraising events	735			735	735
Fundraising agents					
Operating charity shops					
Operating a trading company undertaking non-charitable trading activity					
Advertising, marketing, direct mail and publicity	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-
Database development costs	-	-	-	-	-
Other trading activities					
Investment management costs:	-	-	-	-	
Portfolio management costs	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-
Investment administration costs	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-
	-	-	-	-	-
Total expenditure on raising funds	735	-	-	735	735
Expenditure on charitable activities					
	-	-	-	-	-
Other	148,316	43,663	-	191,979	169,447
	-	-	-	-	-
	-	-	-	-	-
Total expenditure on charitable activities	148,316	43,663	-	191,979	169,447
Separate material item of expense					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Total	-	-	-	-	-
Other					
	-	-	-	-	-
	-	-	-	-	-
Total other expenditure	-	-	-	-	-
TOTAL EXPENDITURE	149,051	43,663	-	192,714	170,182

Section C	Notes to the accounts	(cont)
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Note 8 **Tangible fixed assets**

8.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	66,817	33,782	100,599
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	66,817	33,782	100,599

8.2 Depreciation and impairments

**Basis		Reducing Balance	Reducing Balance		Straight Line ("SL") or Reducing Balance ("RB")
** Rate		25%	15%		

At beginning of the year	-	-	50,961	26,130	77,091
Disposals	-	-	-	-	-
Depreciation	-	-	3,963	1,174	5,137
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	54,924	27,304	82,228

8.3 Net book value

Net book value at the beginning of the year	-	-	15,856	7,652	23,508
Net book value at the end of the year	-	-	11,893	6,478	18,371

Note 9 **Debtors and prepayments**

	This year £	Last year £
Trade debtors	26,802	558
Prepayments and accrued income	1,137	-
Other debtors	-	-
Total	27,939	558

Note 10 **Creditors and accruals**

	Amounts falling due within		Amounts falling due after	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	1,087	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	816	776	-	-
Taxation and social security	-	-	-	-
Other creditors	1,287	1,132	-	-
Total	3,190	1,908	-	-

Section C**Notes to the accounts****Note 5 Details of certain items of expenditure****Fees for examination of the accounts**

	This year £	Last year £
Independent examiner's fees	335	310
Assurance services other than audit or independent examination	0	0
Tax advisory fees	0	0
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	481	458

Note 6 Paid employees**6.1 Staff Costs**

	This year £	Last year £
Salaries and wages	135,558	126,232
Social security costs	5,130	3,374
Pension costs (defined contribution scheme)	10,031	8,746
Other employee benefits	-	-
Total staff costs	150,719	138,352

No employees received employee benefits

TRUE**6.2 Average head count in the year**

The parts of the charity in which the employees work

	This year Number	Last year Number
Charitable Activities	16	16
Other	2	2
Total	18	18

Note 7 Defined contribution pension scheme

Amount of contributions recognised in the SOFA as an expense

£10,031

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

The liability and expense of the statutory auto-enrollment defined contribution pension scheme is allocated to unrestricted funds and is all in relating to the charitable activities.

Section C	Notes to the accounts	(cont)
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Note 11 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
126,544	127,040
-	-
126,544	127,040

Note 12 **Charity funds**

12.1 Transfers between funds

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds	None	
Between endowment and restricted funds	None	
Between endowment and unrestricted funds	None	

12.2 Designated funds

Planned use	Purpose of the designation	Amount
Maternity, Sickness and Redundancy Fund	To ensure provision is maintained by ensuring ability to pay costs if required in future	£15,000
Building Fund	To build up a provision in readiness for the purchase of a suitable building/site	£85,000

Note 13 **Transactions with trustees and related parties**

13.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity

TRUE

13.2 Trustees' expenses

No trustee expenses have been incurred (True or False)

TRUE

13.3 Transaction(s) with related parties

There have been no related party transactions in the reporting period (True or False)

TRUE



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
FOREST PULSE

On accounts for the year
ended

31st March 2022

Charity no
(if any)

900216

Set out on pages

1 to 10

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2021.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

13/10/2022

Name:

Clare Phillips

Relevant professional
qualification(s) or body
(if any):

ICAEW FCA

Address:

Aubrey & Co

19 Church Street, Ross on Wye,

Herefordshire, HR9 5HN

Section B

Disclosure

None