



Trustees' Annual Report for the period

Period start date				Period end date			
From	1	April	2024	To	31	March	2025

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Rookdale	
Malton Road	
York	
Postcode	YO31 9LT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Angela Pericleous-Smith	Chair		
2	Vicky Parkin	Honorary Secretary		
3	Deborah Howe	Membership Secretary		
4	Caroline Spencer			
5	Helen Rowland	Information Officer	31.3.25	
6				
7				
8				
9				
10				
11				
12				
13				
14				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Independent Examiner		

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION ADOPTED 11 MAY 1990 AS AMENDED 10 MARCH 1990, 11 MAY 1991, 10 JUNE 1992 AND 20 MAY 1998. as amended on 27 Mar 2023
How the charity is constituted (eg. trust, association, company)	The charity is an unincorporated association.
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed or reappointed annually at the Annual General Meeting.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All Trustees give their time voluntarily and receive no remuneration.
Travel, stationery, and similar expenses are reimbursed to Trustees.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the charity are to promote the practice, study of, and research into infertility counselling and the publication of the useful results thereof.

Our regional groups, training workshops, conferences and informal networks enable members to stay abreast of new developments, explore and reflect on current issues and access support in their work.

The website and Journal are important resources for learning and our many Practice Guides provide essential insights into the specialist requirements of infertility counselling.

The BICA accreditation scheme gives members, as well as employers and clients, assurance of their competence as specialist counsellors in the field.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity holds conferences, training, regional groups and accreditation events throughout the year.

The charity publishes a journal three times per year.

Practise Guidelines are developed and published by BICA and reviewed at relevant periods.

The Trustees represent BICA on the Boards and Committees of all main professional organisations related to assisted conception.

The Trustees have considered the Charity Commission's guidance on public benefit when planning the charity's activities for the year.

Additional details of objectives and activities (Optional information)

N/A

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The charity continued to hold conferences, training and accreditation events, and these are well attended.

The Trustees represent BICA on various on working groups and the charity works alongside other professional organisations.

The membership numbers remain strong and the charity continues to successfully publish a journal three times per year in the Spring, Summer and Winter.

Section E Financial review

Brief statement of the charity's policy on reserves

BICA holds reserves equivalent to 6–12 months of operating costs to ensure financial stability. Funds are held in current, savings and fixed-term accounts.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

N/A

Section F Other optional information

Future plans

The charity plans to continue holding conferences, training and accreditation events, and publishing a quarterly journal in order to meet the charitable objects.

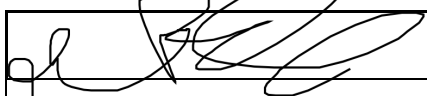
Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)


Angela Pericleous-Smith

Position (eg Secretary, Chair, etc)

Chair

Date

5th December 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
British Infertility Counselling Association

No (if any)
803743

CC16a

Receipts and payments accounts

For the period from	Period start date 1-Apr-24	To	Period end date 31-Mar-25
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Memberships	19,495	-	-	19,495	16,740
Conferences, Training and Accrediation	58,486	-	-	58,486	44,713
Publications	779	-	-	779	814
Other income	4,269	-	-	4,269	965
Sub total (Gross income for AR)	83,029	-	-	83,029	63,232
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	83,029	-	-	83,029	63,232
A3 Payments					
Conferences, Training and Accrediation	36,041	-	-	36,041	44,093
Publications	6,584	-	-	6,584	5,950
Committee and treasurer expenses	1,244	-	-	1,244	1,961
Website and Social Media	7,287	-	-	7,287	5,504
Independent Examination Fees	684	-	-	684	660
PayPal Fees	1,263	-	-	1,263	972
Miscellaneous Expenses	1,017	-	-	1,017	787
Subscriptions	902	-	-	902	779
Sub total	55,021	-	-	55,021	60,706
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	55,021	-	-	55,021	60,706
Net of receipts/(payments)	28,008	-	-	28,008	2,526
A5 Transfers between funds					
	-	-	-	-	-
A6 Cash funds last year end	135,989	-	-	135,989	133,463
Cash funds this year end	163,997	-	-	163,997	135,989

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Current Account	20,995	-	-
	PayPal Account	502	-	-
	Bank Deposits	142,500	-	-
	Total cash funds	163,997	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



Section A

Independent Examiner's Report

Report to the trustees

Charity Name

BRITISH INFERTILITY COUNSELLING ASSOCIATION

On accounts for the year
ended

31 MARCH 2025

Charity no
(if any)

803743

Set out on pages

RECEIPTS & PAYMENTS ACCOUNT

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 MARCH 2025.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

7 NOVEMBER 2025

Name:

KIM MARIE KNOWLES

Relevant professional
qualification(s) or body

FCCA

(if any):

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Address:

WALKER THOMPSON ACCOUNTANTS

EMPRESS HOUSE 43a BINLEY ROAD

COVENTRY CV3 1HU

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

THERE ARE NO MATTERS WHICH HAVE COME TO MY ATTENTION WHICH NEED TO BE DISCLOSED IN THIS REPORT